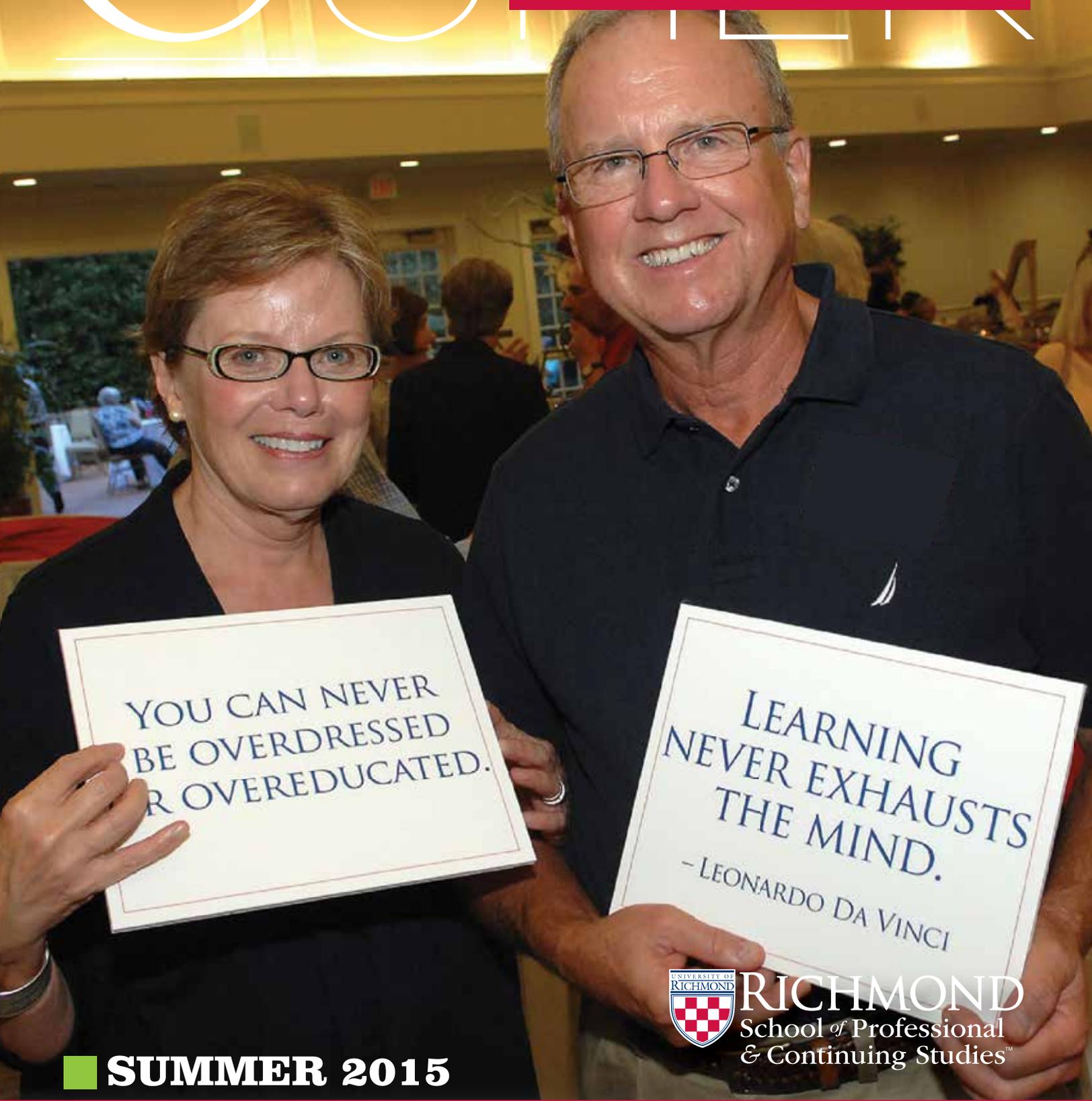




OSHER
LIFELONG
LEARNING
INSTITUTE

OSHER

AT THE UNIVERSITY OF RICHMOND



SUMMER 2015



RICHMOND
School of Professional
& Continuing Studies™

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 119 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail margaret.watson@richmond.edu.

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Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 31 UR Drive, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Bring your curiosity to the Osher Institute...



And you'll have the time of your life.

There's no better time to be a part of the Osher Lifelong Learning Institute at the University of Richmond. It's our 10th anniversary, and we are continuing to celebrate.

We're excited about this summer's selection of classes and special programs. Included are several field trips, some of your favorite summer instructors, and some new evening events. We hope you'll try them all!

Our strategic planning process and the resulting document are completed, and now we are excited about implementing the great ideas we've generated. Continuing to offer quality programming is a key component of the plan, so we hope you'll find these offerings appealing.

Ready to get started? Familiarize yourself with our schedule by reviewing page 4. Then sign up for an annual membership. Already a member? Register for summer classes and programs. Volunteer to serve on an Osher team. Join an interest group. Get involved!

Peggy Watson, W'76
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Programs

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Where do I start?

1

Sign up for an annual membership.

You can become an Osher member at any time during the year. We invite you to come and try out one of our many free Osher events before you join. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a **Se**.

\$75 – Silver Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES,
PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

\$350 – Gold Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS &
UNLIMITED FREE CLASSES ON CAMPUS

\$25 – UR Membership

FOR QUALIFIED UR FACULTY, STAFF AND UR RETIREES.

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at osher.richmond.edu.

A membership form is also included in the insert in this schedule. Contact the Osher Institute office with any question or to schedule a visit by calling (804) 287-6608.

2

Register for classes.

We've organized this schedule of classes chronologically by start date to help members better plan their schedules. All Osher events are included in the program listing.

Special events, talks and member bonus programs are designated with special icons. Mini-courses are not designated.

The University of Richmond **Ri** designation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

We encourage members to register online for special events. For all other programs, complete the registration form in the insert in the middle of this schedule. Programs are listed in date order.

Mail, fax, or deliver your registration and any required payment. Most programs are free to Gold members. Fees for Silver members are noted.

Osher members interested in course audit opportunities should contact the Osher office. See [page 7](#) for details.

The UR Osher Institute offers need-based scholarships for Osher on-campus mini-courses and talks. To inquire about a scholarship, contact the Osher office.

Se

Special Events

Ri

University of Richmond

Bo

**Bonus Programs
for Members**

3

Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

For your convenience, all bonus programs are listed in the schedule and denoted in the schedule with a **Bo**.

For spring, bonus programs include:

- Osher Member Orientation
- The Bounty of the Boatwright: An Orientation to the Boatwright Library

- Tour of UR's Historic Bottomley House.
- Virginia Tech: Make Sure it Doesn't Get Out
- Connecting Our Community: Bus Rapid Transit
- Beautiful Books of Boatwright
- Preserving Your Family's History
- Dinner and an ARRT-R Talk: Benedict Arnold Sets Richmond Ablaze in 1781

- Dinner and a Talk: A Behind the Scenes Look at the Vital Role that Technology Plays in a University Dining Center.

And join us for several special events, free to Osher members and open to the public. They're a great way to get friends and colleagues engaged with Osher. Special events are denoted in the schedule with a **Se**.

SUMMER 2015 OSHER SCHEDULE OF CLASSES

JUNE

James Dean: Immortal Rebel

MOVIE, DISCUSSION

Dean was a cult hero in the 1950s, although he made only three major films. We will view and examine those films plus a Robert Altman documentary on Dean and a play about his fans. (Included films: East of Eden, Rebel Without a Cause, Giant, The James Dean Story, and Come Back to the Five and Dime, Jimmy Dean, Jimmy Dean.)

T • Jun 2, 9, 16, 23, 30; Jul 7 • 1:00 PM–4:00 PM • \$60-SILVER • Greg Hall

Osher Breakfast Social and VMFA Talk

Se Join us at the Heilman Dining Center's Westhampton Room for fellowship, food, and a talk by the Virginia Museum of Fine Art staff and volunteers. Hear about the VMFA's current and future exhibits, many of which are one-of-a-kind, exclusive shows. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to dining.richmond.edu for menu and fees.

W • Jun 03 • 9:00 AM–11:00 AM • Members Free • Sally Josephson

Paris Through a Literary Lens

READING, LECTURE, DISCUSSION

REPRISED! We will read together excerpts from American writers who lived in Paris during the first part of the 20th century. Please read before the first class chapters 1-5 from Gertrude Stein's 'Autobiography of Alice B. Toklas.' Selections from Sylvia Beach's 'Shakespeare and Companion' will be assigned for the second class. A reading from the revised edition of Hemingway's 'A Moveable Feast' will be assigned for the third class.

W • Jun 3, 10, 17 • 1:00 PM–3:00 PM • \$60-SILVER • Bitsy Gilfoyle

Rome Against Carthage: The Punic Wars

LECTURE, DISCUSSION

NEW! 'Carthage must be destroyed!' So argued the Roman senator Cato the Elder, who demanded that Rome should annihilate once and for all its most formidable enemy in the western Mediterranean world. This class examines how and why these two powers fought each other three times, ending with the destruction of Carthage in the 2nd Century BC.

R • Jun 4, 11, 18, 25 • 9:30 AM–11:30 AM • \$60-SILVER • Glenn Markus

The Fundamentals of Bird Feeding

LECTURE, DEMONSTRATION, DISCUSSION

NEW! The course will cover information on basic bird feeding, describing best practices, debunking common myths, and showing new techniques and ideas for attracting a wide variety of birds to the yard.

R • Jun 04 • 1:30 PM–3:30 PM • \$20-SILVER • Meredith Bass

Tour of UR's Historic Bottomley House

LECTURE, TOUR

Ri Bo **NEW!** Although the Jepson Alumni Center is a modern facility completed in 1997, its history dates back to 1915. In that year, William Lawrence Bottomley, the eminent early 20th-century New York architect, designed and built his first house in the Richmond area. The historic 6,000 square-foot home was located just across the road from the University of Richmond, which had established itself in the neighborhood just the year before. Come learn how this historic home was acquired by UR and moved onto campus. Attendees will tour the home and hear about its many lovely features.

F • Jun 05 • 1:30 PM–3:00 PM • Members Free • Betty Ann Dillon

Think Like a Shrink: Suicide With Special Emphasis on Older Adults

LECTURE, DISCUSSION

UPDATED! In the past year there have been too many suicides by older Americans and Veterans of all ages. Many, possibly most, though not all, of these tragedies can be prevented. The psychological and biological aspects of suicide will be discussed, as well as warning signs and treatment recommendations. Recommended but not required reading: William Styron's 'Darkness Visible.' Note: Students who attended last fall's class can attend for free: please check with the Osher office for further information.

M • Jun 08 • 10:00 AM–12:00 PM • \$20-SILVER • Arlene Lerner

Special Discount on Culinary Classes

We want to extend a special, limited-time offer to our active Osher members. Through June 30, you and your friends may register for discounted Culinary classes through the SPCS Center for Culinary Arts, located in Gayton Crossing.

We encourage you to take advantage of this unique opportunity to explore what the Center has to offer, at a significant savings over the standard pricing. The **\$20 discount** per class may be used as many times as you wish between now and the end of June, and you may share the discount with your friends as well.

See the full listing of classes online at spcs.richmond.edu/osher/schedule-culinary, use online coupon code **OLLI20** to register.



◀ At the Osher Lifelong Learning Institute, our mission is to be a community of mature lifelong learners engaging in stimulating and fun learning activities in an academic setting. We value the shared knowledge and talents of our members; the support of our members for the Osher Institute; a spirit of collaboration and respect among Osher members and with the University of Richmond; and the diversity of our members that enhances learning opportunities.

Cool Flicks: More of the Greatest Comedies

MOVIES, DISCUSSION

UPDATED! Continuing our quest for the funniest movies of all time, we will watch and discuss these classics: 'The Awful Truth' (1937), 'Born Yesterday' (1950), and 'Oh, God!' (1977).

M • Jun 8, 15, 22 • 3:00 PM–5:00 PM • \$60-SILVER • Dan Begley

iPad Basics

LECTURE, DEMONSTRATION, Q&A

REPRISED! Are you getting the most out of your new iPad? Learn short cuts and tricks to make your iPad truly your own. We will cover the basics from setup onward, and here will be generous question-and-answer time and email communication with instructor. Designed for students who own a 2nd generation or newer iPad with OS 7.0+ software. Registration on the UR network is necessary instructions online at <http://is.richmond.edu/telecom/portable/mobile-registration-form.html>. You may also contact the course leader at ipad-basics@aol.com for help related to the software update.

T • Jun 9, 16, 23 • 10:30 AM–12:30 PM • \$60-SILVER • Betsy Y. Spath

Learning About Oils & Vinegars

LECTURE, DEMONSTRATION, TASTINGS

NEW! We will talk about how olive oil is produced, where it comes from, and the difference in the olive

oil grades. Learn the difference between balsamic vinegar and vinegar, what is meant by the 'Mediterranean Diet,' and how to pair oils and vinegars.

W • Jun 10 • 10:00 AM–12:00 PM • \$20-SILVER • Stacy Buttrey-Drudge, Robin Gouckenour

Religion in Prisons: Virginia's Approach

LECTURE, Q&A

NEW! Religious freedom: how does that translate into life in Virginia's prisons? We will review and analyze the why and how religions are managed in the Virginia Department of Corrections. Included will be constitutional issues, Supreme Court rulings, and legislative acts affecting this issue.

R • Jun 11 • 1:00 PM–3:00 PM • \$20-SILVER • Louis Cei

Risks and Rewards of Finance

LECTURE, DISCUSSION

REPRISED! Investors tend to believe that their decisions are purely rational, carefully calculating the tradeoff between risk and return. But are we truly acting without any emotional bias? This three-part course will provide a broad overview of a sound retirement plan, touching on topics including behavioral finance, investment basics, and portfolio design, as well as the mitigation of risk.

R • Jun 11, 18, 25 • 5:30 PM–7:30 PM • \$60-SILVER • Ben Sadtler

A Dribbler Down the Line: Baseball Players on the Border

LECTURE, DISCUSSION

Ri NEW! Everyone has a list: slights and snubs who got lost in the shuffle. Players who were considered among the greats at some point only to fade from view; flashes in the pan who should have made it; and those who toiled in obscurity but deserve to be remembered better. Join us as we take a look at some of the

forgotten stars and unsung heroes of baseball, weighing their claims to fame.

F • Jun 12, 19, 26 • 10:00 AM–12:00 PM • \$60-SILVER • Phil Melita, Tim Williams

International Negotiations

LECTURE, DISCUSSION

REPRISED! This class will discuss past and present negotiations with an emphasis on current efforts. We will examine negotiation strategies and tactics, then discuss negotiating efforts currently in play.

F • Jun 12, 19, 26 • 2:00 PM–3:00 PM • \$60-SILVER • Joel McKean

Osher Member Orientation

Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

T • Jun 16 • 1:30 PM–3:00 PM • Members Free • Osher Membership Team

Campus Walk/Tour

Ri Se Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

T • Jun 16 • 3:00 PM–4:00 PM • Members Free • Marshall Ervine, Floyd Myers

Making History: Transcription at the Library of Virginia

LECTURE, HANDS-ON

REPRISED! Using the Library's manuscript collections, students will learn tips and tricks for transcribing historical documents and will have

SUMMER 2015 OSHER SCHEDULE OF CLASSES

a chance to practice their new skills on previously un-transcribed historical manuscripts.

W • Jun 17 • 10:00 AM–12:00 PM • \$20-SILVER • *Adrienne Robertson, Catherine Wyatt*

Virginia Tech: Make Sure it Doesn't Get Out

LECTURE, DISCUSSION, BOOK SIGNING

Bo **REPRISED!** This discussion deals with the multiplicity of causes that led to one of the nation's worst school shootings. Hear the author talk about how 11 of the Tech families told their stories and about the survivor who gave a first-hand account of the rampage.

R • Jun 18 • 1:30 PM–3:30 PM • Members Free • *David Cariens*

Dinner and a Talk: A Behind the Scenes Look at the Vital Role that Technology Plays in a University Dining Center

LECTURE, TOUR

Ri Bo **REPRISED!** In the last decade, university food service has changed dramatically due to new demands. Challenges for the industry such as increased numbers of students with food allergies, food recalls from farms and factories, ever-growing demand for variety, and wild pricing fluctuations have required employing advanced technology to meet customer needs. Learn about the current technology used to manage large-scale menu planning, inventory and purchasing, nutritional accounting, and other aspects of running university dining facilities. Come enjoy dinner in the Heilman Dining Center, then hear the talk and take a behind-the-scenes tour. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to dining.richmond.edu for menu and fees.

F • Jun 19 • 5:00 PM–7:00 PM • Members Free • *Jerry Clemmer*

Russell H. Conwell, 'The Man Who Discovered Acres of Diamonds'

LECTURE, DISCUSSION

NEW! Examine the story of a remarkable, multi-faceted, and highly motivated man who influenced thousands of people to seek success in their lives through the lecture, 'Acres of Diamonds.' He used the proceeds from more than five thousand lectures to fund Temple University in Philadelphia.

M • Jun 22 • 10:00 AM–12:00 PM • \$20-SILVER • *Madison R. Price*

Hillwood Mansion and Garden Day Trip

FIELD TRIP

NEW! Enjoy docent-led tours of Marjorie Merriweather Post's home and gardens. She was a legendary heiress, pioneering businesswoman, diplomat, philanthropist, and distinguished collector. You will see one of the finest Russian collections in the world and some beautiful French decorative arts. We will have lunch in the gourmet cafe, and there will be enough time to visit the gift shop and to revisit the mansion and/or gardens. Space is limited; please make your reservation and submit payment by June 5th.

W • Jun 24 • 7:30 AM–5:00 PM • \$90-SILVER/GOLD • *Donna Gallery*

Connecting Our Community: Bus Rapid Transit

LECTURE, Q&A

Ri Bo **NEW!** This program will describe the work underway for bus rapid transit (BRT) in Richmond and Henrico, and the potential of region-wide BRT for improving the livability of our community for all citizens.

R • Jun 25 • 1:30 PM–3:00 PM • \$20-SILVER • *Dillon Massey*

Understanding and Enjoying Wine

LECTURE, HANDS-ON, TASTINGS

Ri **NEW!** This introductory class is a great step toward truly gaining a working knowledge of and appreciation for wine. Learn the technical terms describing how a wine 'tastes' and why these are important. Explore what we actually see, smell and taste when enjoying wine. Learn what you need to know choose a bottle of wine for your next occasion, including how to tell a 'bad' wine from one you just don't like. Students will taste a half-dozen wines to illustrate the various body, taste and flavor components. Students will also get 'inside' a winery with an amazing and informative video of the steps in the wine production process. We'll also cover the three techniques for easily and flawlessly pairing up your favorite wine with a great dish. Fairly substantial hors d'oeuvres will be served. Note: Ages 21 and over.

F • Jun 26 • 6:00 PM–8:00 PM • \$40-SILVER/GOLD • *Thom Horsey*

Course Audit Opportunities

Osher Institute members may audit selected University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring; summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students to have ample 'air time' in class discussions.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Debra Guild at dguild@richmond.edu for registration procedures.

Wilderness Medicine in Your 'Backyard'

LECTURE, DISCUSSION

NEW! Most of us do not venture to the Australian outback, the Amazon or African jungles, or the Sahara Desert. However, we have numerous chances for encounters with potentially menacing critters right here at home, including local snakes, spiders, insects, etc. Some of these encounters are just a nuisance, while others can lead to potentially serious medical problems. We will discuss the possible encounters and their medical implications.

M • Jun 29 • 1:30 PM–3:30 PM • \$20-SILVER • Wilson Sprengle

Red Wines of the World

LECTURE, HANDS-ON, TASTINGS



NEW! Explore the red wines of the world with Thom Horsey, wine industry veteran

California Rail: San Francisco, Lake Tahoe, and the Napa Valley Wine Train

TRIP

This wonderful seven-day tour out west will feature rail experiences through the Napa Valley and Sierra Nevada, as well as cruises in the San Francisco Bay and Lake Tahoe. Visits to Sausalito, San Francisco, and Virginia City are also included. The trip includes round-trip airfare, nine meals, and six nights of accommodations. Tentative departure date is October 7, 2015, and the cost will be approximately \$2,500. For details, contact Amanda Speer at aspeer@premierworlddiscovery.com or 1-919-609-5325.

of more than 30 years, and National Wine Educator for Ste. Michelle Wine Estates. In this two-hour class you will learn the importance of body, taste and flavor in red wines and discover how these contribute to a life-long appreciation of wine. You will be led on a tour through all the major red grape varieties of the world and taught how to ask the right questions to ensure you get the wine that best suits you. We'll also reveal the eight tips of 'flawless matching' with food and wine. Fairly substantial hors d'oeuvres will be served. Note: Ages 21 and over.

M • Jun 29 • 6:00 PM–8:00 PM • \$40-SILVER/GOLD • Thom Horsey

JULY

Appetizers with Oils & Vinegars

LECTURE, DEMONSTRATION, TASTINGS

NEW! Learn how to make simple appetizers with oils and vinegars. This class will teach you how to make bite-sized hors d'oeuvres that are both easy and delicious.

M • Jul 06 • 10:00 AM–12:00 PM • \$20-SILVER • Stacy Buttrey-Drudge, Robin Gouckenour

The Bounty of Boatwright: An Orientation to the Boatwright Library

UR, Bonus Access to the vast resources of the Boatwright Memorial Library is a benefit of Osher Institute membership. Students will tour the library building and learn how to navigate the library's web site. An activated UR network ID is required: visit <https://webpass.richmond.edu> for instructions.

T • Jul 07 • 10:00 AM–12:00 PM • Members Free • Carrie Ludovico

The Hidden Treasures of Korean Art and Modern Korea

MOVIE, LECTURE

NEW! An offering of the Korean Spirit and Culture Promotion Project, this class will feature two documentary

films about Korea: one that illustrates the artistic and cultural achievements of Korea's past such as Hangeul (Korean alphabet) and The Tripitaka Koreana (a national treasure of Korea and registered as part of UNESCO's 'Memory of the World'), and a second film that shows Korea's industrial achievements since the Korean War. Following the films there will be a reenactment of a Korean traditional wedding ceremony. Complimentary Korean traditional refreshments will cap off the class.

W • Jul 08 • 1:00 PM–3:00 PM • \$20-SILVER • Kyung Won Pak

Facing Life's Transitions

LECTURE, DISCUSSION

NEW! Using her own life transitions as a model, this instructor/author will outline what it took to make them happen: overcoming failures, taking risks, having determination, and being focused. Participants will have the opportunity to discuss important transitions in their own lives and should leave class with some new ideas for coping with them.

R • Jul 09 • 9:00 AM–11:00 AM • \$20-SILVER • Emily Kimball

Critical Thinking

LECTURE, DISCUSSION

NEW! Join this class for a lively discussion of processing information. We will first examine what types of information are available, then we will look at and discuss examples.

RF • Jul 9, 10 • 2:00 PM–3:00 PM • \$40-SILVER • Joel McKean

New Fashioned: Narrative Fashion Design

LECTURE, DISCUSSION, HANDS-ON

NEW! Create a narrative garment from non-traditional materials as we explore artistic inspiration, recycled materials, and alternative garment construction. No fashion or sewing skills required. Students interested in art, fashion, storytelling and/or the creative design process are encouraged to enroll.

MTWTF • Jul 13, 14, 15, 16, 17 • 10:00 AM–12:00 PM • \$60-SILVER • Maureen Regulinski

SUMMER 2015 OSHER SCHEDULE OF CLASSES

The Return of the Versatile Accordion

LECTURE, DISCUSSION, PERFORMANCE

NEW! Come enjoy our discussion on the history and types of accordions, what's inside, and why they are becoming so popular today. A musical presentation will follow. Enjoy the different types of music played on accordions as you discover this magical instrument!

M • Jul 13 • 1:30 PM–3:30 PM • \$20-SILVER • Al Mermelstein, David Rissell

An Introduction to a Small Winery and Vineyard Operation

FIELD TRIP

NEW! Enjoy a field trip to Goochland County to tour the Grayhaven Winery. We will learn about the wine production process and vineyard operations, then have an opportunity to sample the wines. The wine tasting is optional for an additional \$5, payable at the winery.

T • Jul 14 • 1:00 PM–3:00 PM • \$20-SILVER • Charles Peple, Deon Abrams

Beautiful Books of Boatwright

Ri Bo **NEW!** A beautiful book is a portable work of art. This course examines some of the most beautiful books housed in Boatwright Library's Rare Book collection as we explore the artistry of binding and illustration.

W • Jul 15 • 1:30 PM–3:30 PM • Members Free • Betty Dickie

How Much Income Inequality is Too Much?

LECTURE, DISCUSSION

Ri **NEW!** Inequality is a dominant topic in political discourse, media reports, and dinner-table conversations. Through a presentation of facts about income distribution at the national and international levels,

this course will encourage participants to examine how inequality is defined and measured.

R • Jul 16, 23, 30 • 10:00 AM–12:00 PM • \$60-SILVER • Maia Linask

Drones: New Uses, New Potential, New Risks

LECTURE, DISCUSSION

NEW! Drones continue to be featured in our daily news, from both a military perspective and a commercial one. We even read about drones landing on the lawn of the White House. This begs the question: how are drones monitored and controlled? What laws govern their use? Come hear how this ever-changing invention has created a firestorm of legal debate and FFA regulations and how drones have affected air transport, law enforcement, personal privacy, recreation, and the environment.

M • Jul 20 • 10:00 AM–12:00 PM • \$20-SILVER • Russ Hunter

Health & Belief

LECTURE, ACTIVITIES

NEW! Learn how the body, mind, and belief system work together to influence physical health and affect the response to medical advice. Investigate the body's energy system and learn how to release faulty thoughts preventing you from being your best.

MF • Jul 20, 24, 27, 31 • 1:30 PM–3:30 PM • \$60-SILVER • Maureen Regulinski

American Diplomacy and World War II: 1933-45

LECTURE, DISCUSSION

NEW! Join this class to review and analyze the strategies and policies used by the US in confronting the expansionist threat of Germany and Japan from 1933 through 1945. We will examine and discuss realism and idealism in foreign policy, the role of German and Japanese diplomatic relations, the war in Europe and in the Pacific, and isolationism versus internationalism.

TW • Jul 21, 22 • 10:00 AM–12:00 PM • \$40-SILVER • Louis Cei

Preserving Your Family's History

Ri Bo **REPRISED!** Do you have boxes of photographs or family papers stored away in a closet or attic? This course provides a basic introduction to organizing and preserving family history materials including books, papers, and photographs.

T • Jul 21 • 1:30 PM–3:30 PM • \$20-SILVER • Lynda Kachurek

Southern Italy: Sorrento, Naples, Capri, Pompeii, and Amalfi

OVERSEAS TRIP

Sorrento, Italy is a lovely old town of exquisite gardens and historic buildings, and it is also a perfect base for excursions along the majestic Amalfi Coast. With visits to the famous ruins of Pompeii, the Isle of Capri, and a day in Rome, this tour provides some of the very best of Italy. This fully escorted nine-day tour includes round-trip airfare, all breakfasts, and seven dinners. Tentative departure date is November 6, 2015, and the cost will be approximately \$3,000. For details, contact Bryan McDowell at bmcdowell@worldculturaltours.com or 1-877-218-8687.

Osher Volunteer Leadership Opportunities

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher Leadership Council.

Current Leadership Council members include:

George Pangburn, Chair
gpangburn@hotmail.com

Landon Woody, Vice-Chair
landonhw@gmail.com

Sheryl De Leo, Past Chair
skd48@comcast.net

Bill Bailey
Peter Goodman
Jamie Lou Hawthorne
Anne Huffstetler
Charlie Huffstetler
David Owens
Linda Ventura

Project teams include:

- Curriculum
- Development
- Leader Support
- Marketing
- Membership
- Newsletter

Details of leadership opportunities are online at osher.richmond.edu.

Interested in serving? Contact **Peggy Watson** at margaret.watson@richmond.edu.

Roadside Architecture: The Diner in Virginia

LECTURE

NEW! Have you ever wondered about those big stainless steel and neon restaurants that dot the roadside? This short course will explore the history of the diner restaurant, an American icon. We will feature a general history, examine diners in Virginia (some still extant and some long gone), and explore several diners restored to their former glory.

W • Jul 22 • 1:30 PM–3:30 PM • \$20-SILVER • *Marc Wagner, Mike Lessin*

Cuba: Past, Present and Future

LECTURE, DISCUSSION

NEW! Do you have a desire to visit Cuba, or are you interested in what normalization of relations between Cuba and the US might mean? Back from a recent cultural exchange visit, we'll share our learnings, thoughts, questions, and pictures!

R • Jul 23, 30, Aug 6 • 1:30 PM–3:30 PM • \$60-SILVER • *Don Miller, Celeste Miller*

'Votes for Women!': The Women's Suffrage Movement in Britain

LECTURE, DISCUSSION

NEW! This course will examine the creation of a unique female and performative political movement in Britain before World War I. It will trace the historical arguments for and against women's suffrage and the development of the women's suffrage movement through both its radical and moderate wings in Britain in the late 19th and early 20th centuries.

M • Jul 27 • 10:00 AM–12:00 PM • \$20-SILVER • *Christine Anderson*

The Independent Bookstore In The Digital Age

LECTURE, DISCUSSION, Q&A

NEW! What does it mean to be an independent bookstore owner these days? What strategies are

employed to survive? What does the future look like for independent bookstores? Come hear the straight story from a local independent bookstore owner.

T • Jul 28 • 10:00 AM–12:00 PM • \$20-SILVER • *Kelly Justice*

AUGUST

Dinner and an ARRT-R Talk: Benedict Arnold Sets Richmond Ablaze in 1781

LECTURE

Bo NEW! Have dinner in the Heilman Dining Center's Westhampton Room, then enjoy a lecture on Benedict Arnold's raid on Richmond in 1781 as seen through the eyes of a British general during the Revolutionary War. This class is co-sponsored by the American Revolution Round Table - Richmond. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to dining.richmond.edu for menu and fee. For more on ARRT-R, visit <http://arrrt-richmond.blogspot.com>.

W • Aug 12 • 5:00 PM–7:00 PM • *Members Free* • *Mark Lender*

SEPTEMBER

Sturgeon on the James River

FIELD TRIP

NEW! Ride aboard the 40-foot pontoon boat, the Spirit of the James, and discover one of the James River's secrets: Atlantic Sturgeon in September. Witness their acrobatic leaps, called breaching, as they heave their 4- to 8-foot bodies completely out of the water. Learn about their comeback from the leading sturgeon researcher on the James River, Dr. Matt Balazik.

T • Sep 29 • 5:00 PM–7:30 PM • \$65-SILVER/GOLD • *Capt. Mike Ostrander, Dr. Matt Balazik*

If you would like to explore forming a new interest group please contact the Osher office at (804) 287-6344 or margaret.watson@richmond.edu.

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at osher.richmond.edu. UR Osher Institute membership is required for interest group participants.

Bicycling

This group will explore bike trails mainly in the Richmond area, with possible rides on trails around Virginia. Group members will use their personal bikes and helmets and provide their own transportation to the bike trails. Most rides will be on week days, of moderate difficulty, and several hours duration. The group coordinator is John Votta at johnjoy2you@verizon.net.

Bridge

The social/party/duplicate bridge-group meets on the first Friday of each month at 1 p.m. A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at efine98@aol.com or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

Great Conversations

We meet monthly to discuss memorable poems, stories, and essays. Applying our own experience to what we learn can transform good discussions into great conversations, full of twists and turns and modern, personal meaning. To learn more, send an email to Don Warner at donald.warner@richmond.edu.

Hikers

Come explore the outdoors with us on trails of varying difficulty, both in Richmond and throughout Virginia. The group coordinator is Tim Hanger at tmhang5@gmail.com

Osher Speakers Bureau

Need a speaker for your club or book group? The Osher Speakers Bureau can provide presentations on the history and current offerings of the University of Richmond's Osher Institute. For more information contact Peggy Watson at margaret.watson@richmond.edu or (804) 287-6344.

Investments

Now is a great time to join the Investments group. Share your knowledge and gain new ideas that may help you in your personal portfolio. Participants assume any and all risks related to their investment decisions. The group coordinator is Charlie Huffstetler at clh1146@verizon.net.

Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. The group coordinator is Kelly Winters at kwpw79@gmail.com.

Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest group. This new Osher interest group hopes to explore the Richmond theatre scene by selecting and attending various performances throughout the year. There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact Linda Turner at ltturner@richmond.edu.



Osher Interest Groups

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Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. All will be held in the Richmond Room, on the lower level of the Heilman Dining Center. The menus will be announced three weeks before each event.

Dates:

June 12, 2015

Time: 11:30 AM – 1:30 PM

Fee: \$13.75 per person; reservations are required.

Contact Cindy Stearns at cstearns@richmond.edu or 804-289-8788 to reserve your spot.



Member Benefits at a Glance

- Membership is good for 12 months from date you join
- Several membership options
- Free Osher member orientation and tour

- Osher members receive a discount at the Modlin Center for the Arts
- Free parking on UR campus
- Online 'Osher Insider' newsletter each semester at osher.richmond.edu
- Unlimited borrowing privileges at the UR's Boatwright Library

- Use of more than 100 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
- UR email address

- Daily 'SpiderBytes' notice of free UR campus programs and events
- Access to UR help centers for preparing presentations and using technology
- Opportunity to audit credit classes
- Unlimited on campus classes for Gold members

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director
 margaret.watson@richmond.edu
 (804) 287-6344

Debra Guild, Administrative Coordinator
 dguild@richmond.edu
 (804) 287-6608

CELEBRATING



AT THE UNIVERSITY OF RICHMOND