



Overseas Adventure Travel Invites UR's Osher Institute on its Trip to..



Tallinn, Estonia



Rumsiskės, Lithuania

The Baltic Capitals

Lithuania: Vilnius, Klaipeda | **Latvia:** Riga | **Estonia:** Tallinn | **Finland:** Helsinki



16 days starting from **\$7,265**

including international airfare
from Richmond, VA

Single Supplement: **FREE**

Departure Date: JUNE 4, 2026

Return Date: JUNE 19, 2026

Activity Level:

① ② ③ ④ ⑤ Moderately Easy

ITINERARY SUMMARY

DAYS	DESTINATION
1	Fly to Vilnius, Lithuania
2-4	Vilnius
5-6	Klaipeda
7-9	Riga, Latvia
10-12	Tallinn, Estonia
13-15	Helsinki, Finland
16	Return to U.S.

PLEASE MENTION THIS
CODE WHEN BOOKING

G627-098

Information & Reservations 1-800-955-1925

Overseas Adventure Travel®

www.oattravel.com/blt

ITINERARY

Day 1 • Depart U.S.

You depart today on your overnight flight to Vilnius, Lithuania.

Day 2 • Arrive in Vilnius, Lithuania

Upon arrival in Vilnius, we meet travelers from the pre-trip extension to *Poland: Krakow, Auschwitz & Warsaw*.

Congress Avenue Hotel or similar

Day 3 • Vilnius • KGB Museum visit

Our city tour of Vilnius will focus on the restored Baroque buildings and medieval charm of Old Town, a UNESCO World Heritage Site. We'll also view the linked courtyards of 16th-century Vilnius University, and speak with a local student about their studies. Later, tour the KGB Museum.

Meals: B,L,D | Congress Avenue Hotel or similar

Day 4 • Vilnius • Trakai • Karai culture • Home-Hosted Dinner

After a conversation with a local expert about Lithuanian independence, we'll visit Trakai, the medieval Lithuanian capital. We'll meet with some local Karaims, members of an ancient Turkish tribe, and enjoy a Karai cooking demonstration before returning to Vilnius. Tonight, enjoy a **Home-Hosted Dinner** with a local family.

Meals: B,L,D | Congress Avenue Hotel or similar

Day 5 • Rumsiskes Open-Air Museum • Klaipeda

On our way to Klaipeda, stop at Rumsiskes, an open-air ethnographic museum of rural dwellings and farmsteads from Lithuania's past. We'll also stop by one of the original railway cars used during deportations in the 1930s.

Meals: B,L | National Hotel Klaipeda or similar

IT'S INCLUDED

- 14 nights accommodation
- International airfare, airport transfers, government taxes, fees, and airline fuel surcharges unless you choose to make your own air arrangements
- All land transportation
- 31 meals—14 breakfasts, 10 lunches, and 7 dinners (including 1 Home-Hosted Dinner)
- 24 small group activities
- Services of a local O.A.T. Trip Experience Leader
- Gratuities for local guides, drivers, and luggage porters
- 5% Frequent Traveler Credit toward your next adventure

Please Note: Travelers purchasing their own international flights will be responsible for additional internal flight costs.

Day 6 • Klaipeda • Curonian Spit • Hill of Witches

Begin today with a visit to the Curonian Spit, a UNESCO World Heritage Site, where we'll hunt for some of the amber that washes up on the beaches during storms. Then we'll hike to the "Hill of Witches," a forested path through the dunes filled with unique wooden sculptures. After lunch in the private tavern of a local family, visit an amber workshop for a hands-on demonstration of the uses for this fossil resin found along the Baltic Sea.

Meals: B,L,D | National Hotel Klaipeda or similar

Day 7 • Klaipeda • Riga, Latvia

On our way to Latvia, visit Lithuania's Cold War Museum and legendary Hill of Crosses, a grassy double hillock blanketed by several thousand crosses. We'll arrive in Riga later this afternoon.

Meals: B,L,D | Radisson Blu Ridzene Hotel or similar

Day 8 • Riga • Controversial Topic: Latvia Now: Separating from Soviet inheritance • Visit Rumbala Holocaust Memorial & Salaspils labor camp

We'll start off the day with a conversation with a local on the **Controversial Topic** of Latvia's separation from vestiges of the



Vilnius, Lithuania



Riga, Latvia

Soviet era. Then, our tour of Riga continues at the Salaspils labor camp, which was established in 1941 during the Nazi regime and saw the demise of thousands. We'll also stop at Rumbala Memorial, which commemorates the lives lost in Latvia during the Holocaust.

Meals: B | Radisson Blu Ridzene Hotel or similar

Day 9 • A Day in the Life of a Latvian goat farm

Today we'll enjoy *A Day in the Life* of a family-owned goat farm outside of Riga. We'll tour the farm, have an opportunity to help out with some farm chores, and assist in preparing our lunch.

Meals: B,L | Radisson Blu Ridzene Hotel or similar

Day 10 • Tallinn, Estonia • Visit Parnu • Song Festival Grounds

On our way to Estonia, stop briefly in Parnu for a glimpse of Estonia's premier seaside resort, before arriving in Tallinn, the northernmost of the Baltic capitals. Then visit the Song Festival Grounds, the site of the city's famous Singing Revolution.

Meals: B,L,D | Tallink City Hotel or similar

Day 11 • Tallinn

Enjoy a walking tour of Tallinn's UNESCO World Heritage-listed Old Town, whose cobbled streets are lined with preserved 14th- and 15th-century buildings.

Meals: B,L | Tallink City Hotel or similar

Day 12 • Tallinn • Conversation about Estonia: Now and Then • Optional Olde Hansa Medieval Feast

Begin your day with a conversation about Estonian independence. Afterward, you may choose to join an optional tour featuring a medieval feast at Olde Hansa.

Meals: B | Tallink City Hotel or similar

Day 13 • Tallinn • Ferry to Helsinki, Finland

Today, we'll board a ferry for the 50-mile journey across the Baltic Sea to Helsinki, Finland. Upon arrival, enjoy an orientation walk, which concludes at a nearby library.

Meals: B,D | Clarion Collection Hotel Katajanokka or similar

Day 14 • Helsinki

Enjoy a walking tour of Helsinki's historic city center. Our walk concludes in Market Square at the Old Market Hall, where we'll have lunch at a local restaurant.

Meals: B,L | Clarion Collection Hotel Katajanokka or similar

Day 15 • Helsinki • Visit Porvoo • Discover Malmgård Manor

Discover the rural village of Porvoo, Finland's second oldest town, followed by a tour of Malmgård Manor, a Swedish noble estate that traces its history back to the 17th century. After lunch at the manor, return to Helsinki. Enjoy an included Farewell Dinner tonight.

Meals: B,L,D | Clarion Collection Hotel Katajanokka or similar

Day 16 • Return to U.S.

Fly back to the U.S., or begin your post-trip extension to *Lapland, Finland*.

Meals: B



Narva, Estonia

2026 Departure Dates & Prices

Additional departure cities are available

Date JUN 4, 2026
Return JUN 19, 2026

Small Group Adventure only	\$5,495
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AIR ADD-ON

Richmond, VA	\$1,770
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Additional departure cities are available. Call for details.

Deposit: \$500 per person.

Travel Protection: Starting from \$649.

Single Supplement: FREE. Single accommodations are limited. If single rooms are full, ask about our Roommate Matching Service.

RESERVATIONS & INFORMATION:

1-800-955-1925

DATES, PRICES, ITINERARIES SUBJECT TO CHANGE

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Here's how you'll save with our exclusive Good Buy Plan:

based on a trip price of \$6,500 per person

Months That You Pay in Full Prior to Your Departure Date (Must Pay in full from a checking account)	Guarantee Your Price and Receive:	Good Buy Plan Savings Per Person:	Good Buy Savings Per Couple:
15 months or more	10% off	\$650	\$1,300
14 months prior	9% off	\$585	\$1,170
13 months prior	8% off	\$520	\$1,040
12 months prior	7.5% off	\$488	\$975
11 months prior	6% off	\$390	\$780

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