OSHER LIFELONG LEARNING INSTITUTE
AT THE UNIVERSITY OF RICHMOND
SUMMER 2022

Lifelong Learning, Coast to Coast

MEMBERS WITHIN VA (2.8% Non-VA)
Northern VA, Fredericksburg, Chesterfield, Kilmarnock, Charlottesville, Hanover, Goochland, UR, Henrico, Tappahannock, Smithfield, Norfolk, Petersburg

INSTRUCTORS WITHIN VA (5.8% Non-VA)
Northern VA, Fredericksburg, Chesterfield, Kilmarnock, Charlottesville, Hanover, Goochland, UR, Henrico, Tappahannock, Smithfield, Norfolk, Petersburg
Our History

Established in 2004 at the University of Richmond’s School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 126 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it’s your love of learning that counts. If you’re 50 or better with a curious mind and a keen interest in learning, we’d love for you to join us.

From Sea to Shining Sea . . . Literally

All of us are cautiously excited and optimistic about what’s ahead as we pass the two-year point in this pandemic. As I write this, the COVID restrictions are lessening, and the University has gone GREEN. We all hope we’ll continue to move in the right direction.

We have learned much in the past two years — far more and far different learnings than we could have imagined. Here at the Osher Institute we believe that we have broadened our vision and stretched our outreach. As we entered into the pandemic, we learned how to offer online classes, and as we emerge from it, we are back face-to-face and on campus. While this has been a tough two years, we must give a small nod to the pandemic for where we are now, which is offering both types of classes for the foreseeable future (but likely no blended or “hybrid” courses).

We regularly receive feedback from our members and instructors – all with vastly differing opinions about our course delivery: I hate Zoom! I love Zoom! I will only Zoom! I will only take in-person classes!

The Osher staff is doing its best to make sure we have something for everyone. We have instructors who can only zoom or will only teach in person – and we schedule accordingly – especially as we acknowledge that our amazing instructors are volunteering their time and expertise.

In reality, we have expanded our reach, from one coast to the other. We can recruit and invite instructors who live far away if they are willing to teach online. Our generous Osher colleagues across the nation have offered to share their instructors, and we have happily invited those instructors to teach for us. Yet, we never want to lose sight of our member-instructors and our local experts. These leaders are the backbone of our courses and our curriculum, and we are grateful for their continued willingness to teach. The locals have the option to teach in person or remotely, and many have successfully done both.

Likewise, the network of our members has broadened and changed. Members have moved away or experienced health issues or are happily enjoying their beach houses and have been able to continue to enjoy the UR Osher Institute, thanks to our online offerings, virtual Coffee Chats, and virtual Game Nights. We have also recruited UR alumni from across the state and nation, and they can feel connected to their alma mater through Osher’s remote courses. And, yet we know that we must always celebrate and recognize our local members who register for and lead our classes, attend UR lectures and special events, and volunteer in various ways across campus. These members bring new meaning to the importance of the social aspects of Osher, as they enjoy our monthly Happy Hours at locations throughout the Richmond area.

We are happy to celebrate our instructors and our members, wherever they are. It’s a really nice place to land after a pandemic.

Peggy Watson, W’76
Director
margaret.watson@richmond.edu
804-287-6344

Neill Smith
Program Coordinator
nsmith3@richmond.edu
804-287-6608

Amy Edwards, L’97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
catherine@richmond.edu
Where do I start?

Online Registration

• Log in to the online registration portal. Visit [osher.richmond.edu/schedule](osher.richmond.edu/schedule), then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.

• Confirm your membership is active. Select My Profile once logged in.
  - Not yet a member? Need to renew? Select MEMBERSHIPS & RENEWALS.

• Preview classes starting May 3. Register starting May 10.

• Your shopping cart will hold up to 10 class registrations at a time. Then, you must check out and pay, if required. You may fill up your cart and check out as many times as needed to register for all desired classes.

• If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

• You’ll receive a Zoom link via email the day before class.
  - Please don’t share this access link with others. It’s exclusive to Osher members.
  - If a class is recorded, you’ll be notified.

• Log in 5-10 minutes early using a device with a camera, microphone, and speaker.
  - Install Zoom on your device well before your session. Visit [zoom.us/download](https://zoom.us/download).
  - For optimal experience, use a large tablet or computer.
  - Use your first and last name as your screen name for attendance verification.

• Follow class host and instructor preferences for participation.

For In-person Classes

• In-person classes have limited seats available and may fill up.
  - If a class you wish to take is full, be sure to add that class to your cart and check out to place your name on the waitlist.
  - Osher staffers manage the waitlists all semester. There’s always a good chance that you’ll get into the class if others withdraw or a sufficiently large classroom can be reserved.

• You’ll receive an email prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

• Your UR ID is used to confirm your affiliation with the University.
  - Contact Osher staff to obtain your UR ID number.
  - Use when requesting technical assistance at the Help Desk.
  - Use to acquire UR photo identification and to create other IDs.

• Your Net ID is used to access University-hosted resources.
  - Go to [webpass.richmond.edu](https://webpass.richmond.edu). Requires UR ID and birthdate to create.
  - Requires 16-character password, changed annually.

• Provides access to UR email, wifi, VPN and library databases.

• Your Osher membership ID is used to register for Osher classes online. Go to [osher.richmond.edu/schedule](osher.richmond.edu/schedule), then Online Registration Portal, to access.
  - May require UR ID for one-time setup.
  - Create password and username of your choice.
  - Note: This is not connected to your Net ID.
Zoom vs. In-Person Classes: Mark Your Calendars Well

As we move gradually out of the pandemic, our Osher Institute class offerings are changing. Our Fall 2021 Planning Survey told us that you like online classes, and some of you even prefer them, given your location, as well as your ability to drive, park, and walk to classrooms. That said, we realize that the majority do love in-person, on-campus classes.

We have heard you: we are continuing to offer both! This means that you will need to mark your calendars well. We have denoted every Zoom class clearly in the print and online catalogs, but you’ll want to make that same distinction in your personal schedule.

Another hint: Just in case the Zoom vs. in-person classes do get mixed up, why not always bring your laptop, tablet, or cell phone when you come to campus? That way, if a class is remote but you are on campus, you can always find a quiet spot and zoom into your online class.

JUNE

Osher Member Orientation

Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

W • Jun 1 • 10-12pm • Free to Members
Leader: Osher Member Connections Team

My Journey Through Eldercare

NEW While based on a book, this presentation is not a sales pitch, nor is it a ‘how-to.’ It is a deep discussion of what it means to be a caregiver and how to make peace with that life.

W • Jun 1 • 1-2pm • $20/Silver
Leader: Bonnie Atwood

The VirginiaNavigator Family of Websites

BACK BY POPULAR DEMAND Finding local support services is as simple as a click of a mouse. Learn how to find information about health and aging issues, financial concerns, legal questions, caregiver support, housing and assisted living communities, and much more.

W • Jun 1 • 3-4:30pm • $20/Silver
Leader: Bonnie Scimone

Belle Isle History Hike

DRIVE-TO EVENT, BACK BY POPULAR DEMAND Learn the unique story of Richmond’s historical gem, Belle Isle, and the role it has played in our developing city over time. This class will include a two-mile hike over flat terrain with loose gravel.

R • Jun 2 • 9-11am • $20/Silver
Leader: Tyler Twyford

Bounty of Boatwright

Ri Bo Z At this session, you’ll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

R • Jun 2 • 1-2:30pm • Free to Members
Leader: Carol Wittig

Pearl Harbor to Midway: Six Months That Changed the World?

REPRISED WITH NEW DATA First taught in 2018, this course is being offered again to commemorate the 80th anniversary of the Pearl Harbor attack and the Battle of Midway, incorporating new material that has been published since the course was originally offered. The focus will be the first six months of US participation, beginning with the attack on Pearl Harbor and concluding with the ‘Miracle’ at Midway.

R • Jun 2, 9, 16 • 3:30-5:30pm • $60/Silver
Leader: Robert Warwick

A History of Germany, 1815-2000

NEW Germany was responsible for facilitating WWI and starting WWII, as well as perpetrating one of the greatest atrocities in world history, the Holocaust. Yet today Germany stands as a peaceful, prosperous democracy. What caused such a drastic change?

F • Jun 3, 10, 17, 24, Jul 1 • 10-11am • $60/Silver
Leader: Louis Cei

The Periodic Table - Design, Function, and Insights on the Elements

NEW The periodic table is a marvelous creation: a grand summary on a single page of everything you have ever seen in your life. We will talk about the Table, briefly consider its history, and see how its modern design links to its function. We will also discuss how we can tell from the table how the elements tend to combine.

F • Jun 3 • 1-2:30pm • $20/Silver
Leader: Kelling Donald

Flip the Lens Belonging Project

NEW The Belonging Project is an initiative that blends journalism, cultural studies, human interest, and social activism. We will share some techniques for engaging in curiosity as a practice, being an active listener, and connecting with others through conducting interviews. Attendees are welcome to join the Belonging Project.

M • Jun 6 • 10-11:30am • $20/Silver
Leader: Meg Pier
Questions About Richmond You’ve Always Wanted to Ask But Never Dared!: Light-hearted Reflections on Our Area’s Quirkiness

NEW! I was told on my first day in town that Richmonders do not like newcomers to ask critical questions. Now, after 25 years here, may I be allowed some scope for comment and query? For example, why does the RTD delivery agent throw my paper on the lawn when it is raining or wet but on the driveway on dry days? Why does PBS start at 5am weekdays but 8am on weekends? And many more!

M • Jun 6 • 1-2pm • $20/Silver
Leader: Tony Pelling

Getting Started on Genealogical Research

NEW! This course looks at the tools available to Osher members to build out a family tree. Topics include how to use and search census, vital records, newspapers, and immigration sources. We will also touch upon use of DNA genealogical research as well as how to document sources to ensure validity of information.

M/W • Jun 6, 8, 13, 15 • 3-4:30pm • $60/Silver
Leader: Rebecca Ireland

Understanding Long Term Care Insurance

BACK BY POPULAR DEMAND
We’ll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual’s circumstances, to pay for long term care? There is no one-size-fits-all solution.

T • Jun 7 • 10-12pm • $20/Silver
Leader: Linda Tsironis Caruthers

Photography as an Art Form

NEW
This interactive session focuses on viewing photography as a form of artistic expression. We will draw on great photographic works from the Smithsonian American Art Museum to help us learn how to look at, analyze, and see art in these photographs, encouraging us to look beyond the technical composition of a photograph to appreciate its artistic value.

T • Jun 7 • 1-2:30pm • $20/Silver
Leaders: Alice Waagen, Ralph Kidder

MRI Guided Focused Ultrasound

NEW Come learn about the exciting new technology advancement in the field of neurosurgery. MRI guided focused ultrasound is an incisionless treatment option for individuals with Essential Tremor or Tremor-Dominant Parkinson’s disease.

T • Jun 7 • 3:30-5pm • $20/Silver
Leaders: Dr. Singh Sahni, Deborah Burley

Stock Market Volatility in Perspective During COVID

NEW Covid-19 was first formally recognized in the United States on December 31, 2019. How has the United States stock market performed since then, with all the significant disruptions Covid has caused? How has our economy (and society) changed during these volatile times, and is some of this change permanent? What are possible ‘lessons learned’ for long-term investors?

W • Jun 8 • 10-12pm • $20/Silver
Leader: John Mahone

Social Security and Estate Planning

BACK BY POPULAR DEMAND
An overview of Social Security (including eligibility, filing and benefits), the estate planning landscape, and the Secure Act, new legislation that affects retirement planning and estate planning.

W • Jun 8, 15, 22 • 1-2pm • $40/Silver
Leaders: James Schreiber, Shelley White

Cornerstone Contributions: Opening the Boxes Under the Lee Monument

NEW Would you like to find out what happened AFTER the containers found under Lee were opened? Kate Ridgway, State Archaeological Conservator for the Department of Historic Resources, talks about the efforts to preserve artifacts removed from the Lee Monument, including preparing for the day they were found through the current preservation efforts and how these efforts helped inform the removal of the cornerstone boxes under other monuments on Monument Avenue.

R • Jun 9 • 10-11:30am • $20/Silver
Leader: Kate Ridgway

The UR Help Desk: All You Need to Know

BACK BY POPULAR DEMAND
The UR Computer/Technology Help Desk is available to Osher members, but do you really know what services it provides? Join this session to find out how to take full advantage of this great benefit of Osher membership.

R • Jun 9 • 1-2:30pm • Free to Members
Leader: Scott Tilghman

Ancient Greek Sculpture: Art, Culture, Politics, and Man

NEW This online course offers a journey into the fascinating developments in Greek sculpture from ca. 1200 BCE to ca. 30 BCE. Participants will have a unique chance to learn about the very beginnings of art as it developed in Greece and then spread and evolved over the centuries. Our learning journey begins with the earliest images of man, presented first as geometric forms and becoming ever-more naturalistic.

F • Jun 10, 17, 24, Jul 1 • 12-1:15pm • $60/Silver
Leader: Debra Israel
2022 UR Osher Institute Leadership Council

The Osher Institute depends on its members to assist with many aspects of the institute. Members of our 2022 Council include:

Christine Campbell, Chair cmcampbell903@gmail.com
Becky Hudson, Vice Chair edraywva@gmail.com
Colleen Anders, Past Chair anders1036@comcast.net
John Bailey Laura Soles
Kathy Barley Alice Waagen
Janice Jones Anne Wescott
John Mahone

If you are interested and willing, Osher would welcome your help.

Project teams include Curriculum, Marketing, and Member Connections. Volunteering opportunities within Osher and throughout the University are numerous.

For more information, please contact the Osher office at osher@richmond.edu.

The Great Stink of 1858 and Today’s Sewerage Systems

Queen Victoria, Dickens, Disraeli, Gladstone, and Faraday all complained about the stench, thus providing impetus for modern sewerage systems including those in Richmond and Henrico. London in 1860s and 70s was transformed with river embankments and a huge new sewer system showing how decent public health could enable modern cities to thrive.

M • Jun 13 • 1-2pm • $20/Silver
Leader: Tony Pelling

Come . . . and BeMoved®!

Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment.

M • Jun 13, 27, Jul 11, 18, 25, Aug 1, 8 • 5:30-6:30pm • $60/Gold/Silver
Leader: Myra Daleng

Creating a National Park to Commemorate Julius Rosenwald and Rosenwald Schools

Julius Rosenwald, the son of German Jewish immigrants, helped make Sears Roebuck the retailing powerhouse of the early twentieth century, and then used his wealth to become an inspiring philanthropist. He helped build nearly 5,000 Rosenwald Schools that educated one-third of Southern African Americans during the Jim Crow era. Learn about the life and legacy of Rosenwald and the Campaign to create a National Park to commemorate him and the Rosenwald Schools.

T • Jun 14 • 10-11:30am • $20/Silver
Leader: Dorothy Canter

Latino Art

The lives of Latino artists provide insights into the context of their works. Learn about the diverse body of artwork created by artists of Hispanic heritage and the historical, social, and cultural events, as well as life experiences, that inspired their work. All art presented in this session is part of the Smithsonian American Art Museum collection.

T • Jun 14 • 1-2:30pm • $20/Silver
Leaders: Alice Waagen, Ralph Kidder

How 1968 Changed Baseball (Along With Most Everything Else)

1968 was a year of political unrest and societal upheaval. Major League Baseball, then still considered the ‘National Pastime,’ was not immune from the turmoil. We will profile some of that year’s great players and performances. Dominated by pitchers such as Bob Gibson and Denny McLain, 1968 is still known as ‘the Year of the Pitcher,’ resulting in permanent changes to the game. Richmond ‘Silver Squirrels’ ticket holders can make it a ‘double-header’ on Tuesday June 21st by attending the Squirrels’ game following that afternoon’s class.

T • Jun 14, 21 • 3:30-5:15pm • $40/Silver
Leader: Thomas Cox

Nuclear Fusion - Power for the Future?

Will nuclear fusion be the ultimate solution to providing a source of environmentally benign, sustainable energy? This lecture explores the science and engineering of nuclear fusion. Topics include an explanation of the fusion process, the engineering means of producing fusion, the present state of fusion research, proposed future designs of fusion power plants, thermonuclear weapons, cold fusion, and the standard solar model.

W • Jun 15 • 10-12pm • $20/Silver
Leader: James Miller

Live Edge: From a Tree to a Table

Are you drawn to finely crafted wood furniture? This class will take you on a creative journey to understand how it is made. Follow a master woodworker from a tree in the forest, to a local sawmill, to designing, making and finishing a custom-designed hardwood table. This is not a hands-on course, but participants...
Is it OK to say ‘Queer’? A Dialogue and an Update on LGBTQ Terminology

**NEW** It’s important to stay up to date! The world is constantly changing and so is terminology and language in the LGBTQ+ community! Join this session to explore the evolution of language within the LGBTQ+ community. Let’s learn and contribute to a culture of inclusiveness.

- **R** • Jun 23, 30 • 1-2pm • Free to Members
- **Leaders:** Glyn Hughes, Jaide Hinds-Clarke

Wine’s Complex Journey from Grape to Glass

**NEW** Alcoholic beverages remain among the most heavily regulated consumer products in the US, governed by laws passed after Prohibition. Learn all that happens just to get a favorite wine into your glass.

- **W** • Jun 29 • 10-12pm • $20/Silver
- **Leader:** Terri Cofer Beirne

Only Hope: My Mother and the Holocaust Brought to Light

**NEW** A Book Talk Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps. These powerful stories have been published by her son, Irving Lubliner. He will share excerpts from ‘Only Hope: A Survivor’s Stories of the Holocaust,’ shedding light on his mother’s experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions.

- **R** • Jun 23, 30 • 1-2pm • Free to Members
- **Leaders:** Marshall Ervine, Robert Andrejewski

How to Leverage Technology to Help with IADLs (Instrumental Activities of Daily Living)

**NEW** How to use various apps on your phone, websites, and other devices to help you with your Instrumental Activities of Daily Living? Ever used Uber for transportation, Amazon for supply delivery, or Instacart for grocery shopping? Learn great tips from a certified care manager and an occupational therapist.

- **W** • Jun 22 • 10-12pm • $20/Silver
- **Leaders:** Colleen Dennis, Juli Dzemyan

Defending the Worst President

**NEW** James Buchanan has been consistently ranked as America’s worst President over the last 150 years. He was also our only President to remain unmarried. Could there be a compelling link between these two facts?

- **R** • Jun 23 • 10-11:30am • $20/Silver
- **Leader:** John Musgrove

How to use various apps on your phone, websites, and other devices to help you with your Instrumental Activities of Daily Living? Ever used Uber for transportation, Amazon for supply delivery, or Instacart for grocery shopping? Learn great tips from a certified care manager and an occupational therapist.

- **W** • Jun 22 • 10-12pm • $20/Silver
- **Leaders:** Colleen Dennis, Juli Dzemyan

Social Media Primer

**NEW** Yik Yak is back? Wait, I thought that was TikTok. So the Ukrainian president Zelenskyy uses Telegram? I thought that was WhatsApp. Where did Twitter go, and why isn’t anyone posting on Facebook anymore? Oh, wait, we still post to Facebook. The social media universe expands and contracts, and we’re left trying to figure out how to see pictures of the grand-cats and grand-dogs. Join us for a primer on social media platforms, origins, demographics and possible futures.

- **M** • Jun 27 • 10-12pm • Free to Members
- **Leader:** David Kitchen

UR Campus Walk, Including the Eco-Corridor

**NEW** Take a walking tour of the UR campus, this time focusing on the Eco-Corridor. UR’s Director of Sustainability will be joining us to provide the background and details.

- **T** • Jun 28 • 1-3pm • Free to Members
- **Leaders:** Marshall Ervine, Robert Andrejewski

How the United States Created Canada

**NEW** Did you ever wonder why visiting Canada looks familiar but feels different? It’s because Canada is not America, and Americans made it that way. The American struggle for independence and its subsequent drive of Manifest Destiny had profound impacts on the nation that would become Canada. These impacts go deeper than ‘eh!’ or the exchange on the dollar: they create misunderstanding and dysfunction between cousins.

- **T** • Jul 5 • 10-12pm • $20/Silver
- **Leader:** Bud (Alan) Taylor

Saving for Education with Invest529

**NEW** For more than twenty years, Virginia529 has helped millions of families plan and save for future college expenses. Now, its tax-advantaged 529 savings programs can help you save for all future higher education expenses, K-12 tuition at private and religious schools, student loan repayment, and more. Join this session to learn a variety of ways to achieve your higher education savings goals with Invest529.

- **R** • Jul 7 • 10-11am • $20/Silver
- **Leader:** Brittany Bullock
Interested in Teaching for the Osher Institute?

If you’ve thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor Bill Bailey can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

Those Plucky Women of WWII

NEW, BOOK TALK Few believed they could do it. During World War II, 350,000 American women joined the Army, Navy, Coast Guard, Army Air Corps, and Marines. Many people disapproved of women in uniform, but the women persevered. Kayleen Reusser, author of books on World War II, has compiled stories from interviews with women who served. From flying military aircraft to nursing wounded men in France, these women responded during their country’s time of need and helped to win the war.

R • Jul 7 • 1-2pm • $20/Silver
Leader: Kayleen Reusser

Cool Flicks: More of the Greatest Comedies

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This summer we will watch and discuss these classics: ‘The Shop Around the Corner’ (1940) with James Stewart, ‘Platinum Blonde’ (1931) with Jean Harlow, and ‘Double Wedding’ (1937) with William Powell and Myrna Loy.

F • Jul 8, 15, 22 • 10-12pm • $60/Silver
Leader: Dan Begley

Ancient Mesoamerican Civilizations - Part I

NEW Let’s switch from Old World Empires to nearby Mesoamerica in Central America. Here, 4,000 years ago hunter-gatherers formed complex civilizations. Explore their rise/fall, ruins, artifacts, art. Ancient Olmecs, Teotihuacan, Zapotec and Maya civilizations led to today’s cultural mosaic. Consider Maya writing, architecture, math, astronomy, calendars. Discuss the major impact of the Spanish Conquest.

M • Jul 11, 18, 25 • 1-3pm • $60/Silver
Leader: Ernest Fornaris

Apple iPad Essentials

NEW Learn how to navigate the iPad, customize settings, and use popular apps. Apps to be covered include the App Store, Calendar, Contacts, Kindle, Netflix, Notes, Photos, Reminders, Safari, and YouTube. An iPad updated to the latest version of iPadOS is recommended for this class.

T/R • Jul 12, 14, 19, 21 • 9-11am • $60/Silver
Leader: West Cobb

Har! Har! Noir

NEW Film Noir, with its dark view of human existence, has inspired many cinematic spoofs. We will view three of the funniest on consecutive afternoons: ‘To Die For,’ starring Nicole Kidman; ‘The Big Lebowski,’ starring Jeff Bridges; and ‘The Naked Gun,’ starring Leslie Nielsen. You needn’t have taken L.A. Noir last fall to enjoy this class, but if you liked that course, you should love this one.
Crossing the Atlantic Ocean in a Rowboat
NEW The Talisker Whisky Atlantic Challenge is an annual rowing race from the Canary Islands to Antigua, a distance of 3000 miles. The competition features around 30 teams, racing for up to 60 days. Richmond-born Isaac Mackey, who finished the 2021 race as a member of the Pacific Boys team, will guide us through his team’s formation all the way to post-race take-aways. The presentation will feature video from the race, followed by a Q&A session.
W • Jul 20 • 1-2:30pm • $20/Silver
Leader: Isaac Mackey

Athena Militant - The Importance of 19th Century Female Military Organizations
NEW When women were allowed to enlist in the US military in 1917, the decision was universally lauded. Such an undertaking would have met a different response in 1870. Somehow, in the intervening years, public attitudes shifted. The story of how America came to view women’s military capabilities differently is the subject of this course. These long-forgotten female military organizations were critical to overcoming the last barrier to universal suffrage.
W • Jul 20 • 3-4:30pm • $20/Silver
Leader: Gary Mitchell

Explore China: A Look at Asian Women’s Bare Necessities
NEW The purpose of clothing was not just for protection and hiding one’s body. Clothing also represented differences in social status, aesthetics, and culture. Part of the lecture will focus on three important Chinese dynasties. You will also learn about the clothing worn in Bali, Japan, Viet Nam, by Singapore’s Peranakans, and in Hill Tribes
R • Jul 21 • 1-3pm • $20/Silver
Leader: Donna Callery

Understanding Grief: Prescription for Your Broken Heart
NEW Grief is one of the most misunderstood growth processes, and it can allow space for myths to spread. People say you have to move on in your life, but they don’t tell you how. This session will leave you with a broader understanding of grief, life events that may trigger the emotions of grief, grief myths, and how to make space to grieve effectively.
M • Jul 25 • 10-12pm • $20/Silver
Leader: Lina Lassiter

The Osher Institute Special Interest Groups
Osher Institute Special Interest Groups are formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Biking John Bander, johnabander@icloud.com
Bridge Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402
Contemporary Issues Bill Pawelski, wjpinja@gmail.com
Great Conversations Vera Mulherin, paxvera@netscape.com
Hikers Lex Bailey, alexander.neale.bailey@gmail.com
Historically Speaking Louis Cei, celib2@aol.com
Investments Brian McNeil, mcneilfb@verizon.net
Literary Dreamers Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com
Memoir Writing Karen Mizrach, krmizrach@gmail.com
Two groups, both of which are full at this time.
Mystery Lovers Nancy Newins, nnewins@verizon.net
Photography Peter Blankman, pblankman@gmail.com
Theatre Lovers Janice Jones, jlynn50@aol.com and Anne Wescott, Anne.Wescott@comcast.net
Travel Celeste Miller, OSHERtravel@gmail.com
Women’s Basketball John Festa, johnfesta@comcast.net

What to Expect as You Plan for Long Term Care
NEW We will use Genworth’s cost of care survey to educate on the price points of different care options in RVA. We will show how to research residential care options, what to ask on tours, and what to expect during your stay (therapy, nursing, billing). We will also share details of a typical LTC insurance claims process.
T • Jul 26 • 10-12pm • $20/Silver
Leaders: Cary Scharf, Patrick Gantz, Jenny Morris, Shawn Hicks
Why does our Osher Institute Fundraise?

Joining its host school (The School of Professional & Continuing Studies) and the larger University, the Osher Institute enthusiastically participated in the university-wide UR Here Campaign held on April 6 and 7, 2022. Many thanks to all Osher members and friends who included Osher in their campaign gifts.

Our Osher Institute has concentrated on fundraising the past six years under the support and guidance of the Osher Foundation. The Foundation encourages a culture of giving to ensure lifelong learning opportunities and programming can remain vibrant and strong, even when times are economically difficult. Dollars raised have allowed Osher to bring in high quality speakers from outside the Richmond area, as well as build up financial reserves equivalent to half a year’s operating budget, a safety net we were missing prior to our Capacity Building grant years.

If you’d like to participate in Osher’s fundraising efforts, please reach out to Amy Edwards (aedwards@richmond.edu). Remember, all gifts, of all amounts, made any time of the year, are appreciated and count towards our fundraising dollar and participation goals.

P.S. Looking for a way to maximize your gift and perhaps create tax savings for you? Consider a Qualified Charitable Distribution from your traditional IRA.
Thank you to the 264 Osher members from 202 Osher households who contributed $33,245 to the Osher 2021 Fund Campaigns. This gift generosity and participation represent 20.9% over our dollar goal, and 56% over our participation goal. We are grateful.

Becky Adams  
Betsy Adkins  
Betty Ames  
Colleen and Steve Anders *  
Barbara and John Apostle*  
Kay and George Atwell *  
Lewis Avery *  
Beth Williamson Ayers *  
Deanne and John Bailey *  
Peter Bailey *  
Mary Barker *  
Kathy and Steven Barley *  
Sara and William Bateman *  
Peter Begans *  
Kelly Berryman  
Betsy Blevins *  
Ruth Blevins *  
Jean and David Blunt *  
Jim Boomer  
Linda Borland *  
Marie Boylan *  
Carol Boysen *  
Carol Campbell *  
Pam and George Pangburn *  
Ann and Robert Oakes *  
Ellen and Richard November *  
Joan and Tom Nickels *  
Bonnie and Jim Narduzzi *  
Joan and Tom Nickels *  
Ellen and Richard November *  
Ann and Robert Oakes *  
Pam and George Pangburn *  
Bob Parker *  
Robert Parker, Jr. *  
Mary Pasco *  
Mary and Bill Pawelski *  
Tony and Ginger Pelling *  
Nancy and Bob Perrow *  
Ray Pettway *  
Sheryl Phillips  
Lee Ann and Bill Pickering *  
Martha Pittaway *  
Chaya and Alan Pollack *  
Marge and Milton Pritchett  
Ginny and Riker Purcell *  
Carol Rauschberg *  
Lucretia McCulley and Daniel Ream  
Joan Reynolds and John Roach *  
John Roberts  
Jacky Robinson *  
Penny Roman  
Fred and Steve Ecker *  
Amy and Jeff Edwards *  
Thomas Eliseuson  
Earl Ellis *  
Catherine Englishman *  
Elisa and Marshall Ervine *  
Terry and Tom Fauerbach *  
Joan Faulkner *  
Terry and John Festa *  
Elaine and David Fishman  
Don Fleming, Jr. *  
Barbara and Ernie Fornaris *  
Ken Gallaugher *  
Martin Gary *  
Cheryl Genovese  
Emily Goodykoontz *  
Gail and Stuart Grandis *  
Michael Grow  
Bill Hafker *  
Lisa and Rob Hafker *  
Karen and Robert Hamlett *  
Carol Valentine and Robert Heilman *  
Deborah and Daniel Hocutt *  
Karen and Barry Hofheimer *  
Ellie and Richard Hollands *  
Wendy and Randy Howard *  
Chris Howell  
Becky and Tommy Hudson *  
Anne and Charlie Huffstetler *  
Cathy Ireland *.  
Tracey and Robert Ivey  
Tobe and Jeff Jacoby  
Nancy and Tom Jennings *  
Suzanne and Frank Jeppson *  
Ann Johnson *  
Kitty Johnson *  
Janice Jones *  
Marty Jones *  
Barbara and Harry Kaplowitz *  
Jeff Keil *  
Kathy Kelley *  
Karen Keser *  
Amy King *  
Kay and Dennis King *  
Susan King *  
Joseph Kirkpatrick *  
Bob Knisely *  
Linda and Michael Koch *  
Karen and Fred Krageg *  
Les Kreisler *  
Jessica Kyles  
Cathy and Robert Lacy *  
Joan and Al Langer  
Dan Larkin *  
Page and Tom Layell  
Nancy and Norman Ledgerwood *  
Don Lee *  
Judith Levine-Maizens *  
Barbara and Tom Lockard *  
Jean Lum *  
Jerry Ludkenhaus *  
Debbie and John Mahone *  
Joan Maitre *  
Janet Marcus *  
Sandra Markham *  
Edna Massey  
Marybeth Matthews *  
Deborah and William McGuire  
Connie Harvey and Jim McNeil *  
Joyce and Brian McNeil *  
Al Meyer *  
Celeste and Don Miller *  
Paula and Mark Miller *  
Claudia Mills *  
Shirley Modlin *  
Martha and Richard Morrill *  
Nancy Moser *  
Mary Murphy *  
Janet and Donald Murray *  
Priscilla and Floyd Myers *  
Loretta and Jim Narduzzi *  
Joan and Tom Nickels *  
Ellen and Richard November *  
Ann and Robert Oakes *  
Pam and George Pangburn *  
Bob Parker *  
Robert Parker, Jr. *  
Mary Pasco *  
Mary and Bill Pawelski *  
Tony and Ginger Pelling *  
Nancy and Bob Perrow *  
Ray Pettway *  
Sheryl Phillips  
Lee Ann and Bill Pickering *  
Martha Pittaway *  
Chaya and Alan Pollack *  
Marge and Milton Pritchett  
Ginny and Riker Purcell *  
Carol Rauschberg *  
Lucretia McCulley and Daniel Ream  
Joan Reynolds and John Roach *  
John Roberts  
Jacky Robinson *  
Penny Roman  
Rebecca and Leslie Rose *  
Sonnie Rosemond *  
Carole Royall *  
Faith and Larry Sartoris *  
Tony Schmiegelow *  
Ruth and Mike Schoenhaut  
John Schofield *  
Jane and Maurice Schwarz *  
Cathy Skintos *  
Tony Scrimizzi *  
Barbara Sensabaugh *  
Bette Shiflett *  
Anne and Bob Shotwell *  
Ellen Shuler *  
Peter Sizemore *  
Neil and Chris Smith *  
Laura and Bobby Soles *  
Jennifer Stancil  
Gregory Tait *  
Catherine and Derek Taylor *  
Jan Thomas  
Doris Thrift *  
Linda Turner *  
Mary Jo Sisson Vaughan and Robert  
Vaughan *  
Ann Vazzquez  
Gina Venn *  
Ed Villanueva *  
Joan and Geoff Viol *  
Alice and Chris Waagen *  
Carol Wampier *  
Sherrye Ward *  
Sandie and Bob Warwick *  
Peggy and Bruce Watson*  
Bonnie and Oliver Way *  
Diane Weakley *  
Anne and Bill Wescott *  
Catherine White*  
Jane Dowrick and Michael Whitlow *  
Nanoette and Richard Whittt *  
Robby Wieczorek *  
Sue and Tim Williams *  
Sara and Claude Wilson *  
Joy Winstead *  
Sara and Claude Wilson *  
Joy Winstead *  
Sara and Claude Wilson *  
Joy Winstead *  
Sara and Claude Wilson *  
Joy Winstead *  
Sara and Claude Wilson *  
Joy Winstead *  
Sara and Claude Wilson *
Member Benefits at a Glance

• Membership is good for 12 months from the date you join
• Several membership options
• Free Osher member orientation and bonus classes
• Osher members receive individual performance discounts at the Modlin Center for the Arts
• Free parking on UR campus
• Unlimited borrowing privileges at UR’s Boatwright Library (including audio, e-books, and videos)
• Access to the UR Technology Help Desk (804-287-6400 or helpdesk@richmond.edu)
• Use of more than 300 online databases at the UR Library
• UR ‘One Card’ used to access full privileges at the UR Library and discounts at some retailers
• UR email address
• Daily ‘SpiderBytes’ messaging for UR programs and events
• Access to UR Technology Learning Center (TLC) for preparing presentations – (804-289-8777 or tlc@richmond.edu)
• Opportunity to audit undergraduate credit classes
• Unlimited Osher classes for Gold members

Explore your love of learning at UR’s Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it’s your love of learning that counts. Join the fun today!

For more information, contact us today:
Margaret “Peggy” Watson, Director, W’76
margaret.watson@richmond.edu
804-287-6344

Nell Smith, Program Coordinator
nsmith3@richmond.edu
804-287-6608

Amy Edwards, L’97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
c taylor6@richmond.edu