DSHER LIFELONG LEARNING INSTITUTE

# Uni th e a t SU Learr a lifetime. Bring your curiosity to the Osher Institute

and you'll have the time of your life.

# (free)sher

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Look for this symbol to find free classes and programs for Osher members, and some for prospective Osher members.

# FOR PEOPLE 50 AND BETTER!

FREE EVENTS **MINI COURSES** CREDIT CLASSES FOR AUDIT **INTEREST GROUPS** LEARNING ON THE RUN LECTURES LOTS OF MEMBER BENEFITS

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Richmond 

# Summer 2012 Schedule of Classes Membership Benefits at a Glance

For complete details, visit us online at osher.richmond.edu

- An Osher membership is a great value, providing up to \$7 in benefits for each \$1 of an Osher membership fee
- Join any time of the year
- feesher Membership is good for 12 months from date you join
- feesher Free Osher member orientation and tour
- feesher A user friendly web site at osher.richmond.edu
- freesher Your friends are welcome at Osher events that are free and open to the public
  - Osher members receive a discount at the Modlin Center for Performing Arts, at a value up to \$8 off each ticket
  - Year-round program offerings (in spring, summer and fall semesters), of Osher Mini Courses, lectures, and credit classes for audit by Osher members\*
- freesher Free participation in Osher Interest Groups
- freesher Free parking on UR campus
- feesher Online "Osher Insider" newsletter each semester
  - Osher After Five programs and classes conveniently scheduled in the evening and on the weekend – great for the 'not yet retired'
- feesher Unlimited borrowing privileges at the UR Library
- feesher Use of more than 100 online databases at the UR Library
  - Membership in Friends of the Boatwright Memorial Library\*\*
- University of Richmond "One Card" used to access full privileges at the UR Library or at some area retailers for discounts
- freesher UR email address
- freesher Daily UR "SpiderBytes" notices of free UR programs and events
- freesher Access to UR help centers for preparing presentations and using computer technololgy
  - Opportunities to serve as an Osher Institute volunteer, to plan and/or lead Osher programs
  - Osher members are welcome at University of Richmond venues and programs such as the dining centers and coffee shop, University Libraries and Museums, Bookstore, Technology Learning Center, Speech Center, the Center for Civic Engagement, Modlin Center and more
- feesher Osher Social Networking, Osher pictures and documents via a WIKI and postings online via Facebook and Twitter
  - silver members pay course/audit fees; no fees for Gold/Gold plus one members
  - \*\* benefit for Gold/Gold plus one members

# OSHER LIFELONG LEARNING INSTITUTE

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#### Osher Lifelong Learning Institute Mission, Values and History

**Our mission** is to be a community of mature lifelong learners engaging in stimulating and fun learning activities in an academic setting.

#### We value

• the shared knowledge and talents of our members

• the support of our members for the Osher Institute

• a spirit of collaboration and respect among Osher members and with the University of Richmond

• the diversity of our members that enhances learning opportunities

#### **Our History**

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and through an endowment from the Bernard Osher Foundation of San Francisco. There are more than 100 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners, age 50 and better. Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic and liberal arts courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, community service projects, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all-it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.

### **Becoming an Osher Member**

You can become an Osher member at any time during the year. We invite you to come and try out one of our free Osher events, listed in this schedule, before you join. For as little as \$75, Silver Osher members enjoy a wide array of member benefits and pay low course fees, plus the option to upgrade their membership. Gold and Gold Plus One members enjoy unlimited free classes on campus for an annual fee as low as \$325. UR faculty, staff and retirees may join as a UR Osher for \$25, some restrictions apply. Member benefits are outlined "At a Glance" inside the front cover of this schedule. Complete details and membership forms are online at osher.richmond.edu. A membership form is also included in this schedule. We invite you to schedule a visit to the Osher Institute office by calling (804) 287-6608.

#### **Osher Member Orientation**

Sign up for a free session to learn how to fully access all of your Osher member benefits, such as free parking, a UR email address, full privileges at the UR library and more. [See page 4 for details]

#### Registration is Required for Osher Classes and Programs

Please go to osher.richmond.edu for details and the registration forms (online and paper are both available). A registration form is also included in this schedule.

#### Making a Gift to the Osher Institute

Osher Institute members and friends of the Osher Institute are encouraged to consider tax deductible gifts to the Osher Institute. Your gift is a gift of learning that helps us continue to provide excellent lifelong learning opportunities and to keep Osher Institute fees affordable. For details on making a gift, please contact the Osher Institute office at (804) 287-6344.

#### Osher Volunteer Leadership Opportunities

Members of the Osher Lifelong Learning Institute are invited to participate as volunteers in many aspects of the Institute: serving as a class assistant, leading an Osher class, serving on Osher project teams, and on the Osher Leadership Council. Details of leadership opportunities, including a list of the current Osher Leadership Council, and members of project teams for Curriculum, Development, Leader Support, Marketing and Membership, are online at osher.richmond.edu.

#### **Scholarships**

The UR Osher Institute is pleased to be able to offer need-based scholarships for Osher on-campus mini-courses. To inquire about a scholarship contact the Osher office.



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail jdowrick@ richmond.edu

#### **Common Ground Mission Statement**

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

#### Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 31 UR Drive, University of Richmond, VA 23173 or access the report online at *police.ricmond.edu*.



### Bonus Programs for Osher Members feesher

Free! Make the most of your Osher member benefits, learn more about UR campus resources, explore special opportunities open to Osher members and enjoy social gatherings. Free to Osher members, and some of the bonus programs are open to prospective Osher members.

# Osher Member Orientation Sessions

#### (free)sher

Learn how to access and fully enjoy the many benefits of being an Osher member and a member of the UR Community. Free to Osher members, registration required using Osher registration form.

#### **Orientation 1:**

Date(s): Monday, June 4 Time: 10:00 AM – 12:00 PM CRN Gold: 50322, CRN Silver: 50323

#### **Orientation 2:**

Date(s): Monday, July 23 Time: 10:00 AM – 12:00 PM CRN Gold: 50044, CRN Silver: 50045



#### The Bounty of the Boatwright: Reading for the Fun of It!

freesher

Just in time for your summer reading list, find out how to make the most of Boatwright Library's recreational print and audio book collections. We'll also discuss how to search for various categories of fiction in our permanent collection. Free to Osher Members, registration required using Osher registration form.

Leader(s): Marcia Whitehead Date(s): Tuesday, June 5 Time: 2:00 PM – 3:30 PM CRN Gold: 50324, CRN Silver: 50325 Fee: Free to Osher Members, registration required

#### Taking Your Passion for Learning to the Next Level: A Workshop for Developing and Leading Osher Courses

#### (free)sher

Are you thinking about leading an Osher course? Facilitated by Osher members who lead Osher courses, this session covers the ingredients of peer-led Osher Institute courses.

Leader(s): Osher Leader Support Team Members Date(s): Monday, July 23 Time: 1:00 – 4:00 PM CRN Gold: 50046, CRN Silver: 50047 Fee: Free to Osher Members, registration required

# Osher Breakfast and Dinner Bunch Socials

Meet fellow Osher members in the Westhampton Room of the Heilman Dining Center, and bring a friend who might be interested in joining the Osher Institute. Meals are all-youcan-eat, cafeteria style. Cost per person is: breakfast \$6.50/senior \$5.50; dinner \$9.50/senior \$8. No registration needed. The Heilman Dining Center is open to the public; go to dining.richmond.edu for menu and schedule details.

#### Breakfast

Thursday, June 7 any time from 7:30 - 9 AM **Dinner** Tuesday, June 5 any time from 5 - 6:30 PM

# Osher Special Events

# Auto 101: How to Buy and Sell a Vehicle

#### (Usher freesher

Learn the art of how to buy, sell and restore a vehicle.

Leader(s): Kenneth Meyer Date(s): Thursday, June 21 Time: 6:00 PM – 8:00 PM CRN Gold: No CRN required, CRN Silver: Fee: Free and open to the public, event registration at spcs.richmond.edu/osher/events.html

#### Roots of Rock & Roll: Music of the 60s



Join us for this quick study of musical artists, with a focus on The Beach Boys, beach music and the 60s.

Leader(s): Tony Booth, Ron Moody Date(s): Tuesday, June 5 Time: 7:00 PM – 10:00 PM CRN Gold: No CRN required, CRN Silver: Fee: Free and open to the public, event registration at spcs.richmond.edu/osher/events.html

#### Rough Waters Ahead: Navigating Health Reform and the Future of Healthcare with John Duval, CEO for MCV Hospitals and the VCU Health System

#### (free)sher

This comprehensive overview of recent health reform legislation will cover its impact on hospitals and the American healthcare system. Topics include the uninsured, insurance exchanges, healthcare workforce shortages, healthcare quality and the future of healthcare. John F. Duval is CEO for MCV Hospitals and the VCU Health System, serves as chair of the Virginia Hospital and Healthcare Association and is a member on the University Health System Governing Board. This program is sponsored by the MCV Hospitals Auxiliary.

Leader(s): John Duval Date(s): Tuesday, July 10 Time: 12:30 PM – 2:30 PM CRN Gold: No CRN required, CRN Silver: Fee: Free and open to the public, event registration at spcs.richmond.edu/osher/events.html

> Osher Trips

#### Richmond's Historic Churches and Hollywood Cemetery

At Monumental Church, listed as a National Historic Landmark in 1969, we will begin with a tour by the Historic Richmond Foundation. In the Church Hill area of Richmond, named by This Old House magazine as among the best old-house neighborhoods in the country, we will visit St. John's Church, where Patrick Henry gave his famous 'Give me liberty or give me death' speech. Our lunch at the Tobacco Company Restaurant is all-inclusive with tax, tip, beverage, entree and dessert. Following lunch, we will tour, via our motorcoach, through Hollywood Cemetery, one of the country's most beautiful cemeteries and one of Richmond's major attractions.

#### Leader(s): Helene Wagner

Date(s): Friday, July 20 Time: 8:30 AM – 2:30 PM CRN Gold: 50056, CRN Silver: 50057 Fee: \$70 for all Osher members

#### Southside Virginia Sojourn

tour, lecture, discussion Take a trip to Charlotte and Halifax County for the day with Matthew Krogh, historian and wine aficionado. Students will travel down the Old Richmond Road to Charlotte Courthouse to see a building designed by Thomas Jefferson in a quaint village setting. They will then visit Staunton River Bridge on the anniversary of the Civil War battle to view live demonstrations and take a tour of the pristine earthworks and visitor's center (ride provided for battlefield tour). Lastly, students will stop at historic Annefield Vineyards, a circa 1858 plantation that is now producing great Virginia wine! Students should pack a lunch, or bring \$5 to purchase lunch. Optional wine tasting is an additional \$5, and this fee may be used toward wine purchase at Annefield Vineyards. Students will provide their own transportation and help forming carpools will be provided by the Osher Office.

Leaders: Matthew Krogh Dates: Saturday, June 23 Time: 8:00 AM – 6:00 PM CRN Gold: 50374, CRN Silver: 50375 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### **Osher Interest Groups**

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at *http://spcs.richmond.edu/osher/interest-groups/index.ht ml.* UR Osher Institute membership is required for interest group participants. If you would like to explore forming a new interest group please contact the Osher office at (804) 287-6344 or at jdowrick@richmond.edu.

#### **Bridge**

The social/party/duplicate bridgegroup meets on the first Friday of each month. We play at member's houses. A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at efine98@aol.com or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

#### **Great Conversations**

We meet monthly to discuss memorable poems, stories and essays. Applying our own experience to what we learn can transform good discussions into great conversations, full of twists and turns and modern, personal meaning. To learn more, send an email to Don Warner at don.warner@richmond.edu.

#### **Hikers**

Come explore the outdoors with us on trails of varying difficulty, both in Richmond and throughout Virginia. The group coordinator is Floyd Myers at floyd.hikes@gmail.com

#### **Literary Dreamers**

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. The group coordinator is Linda Ventura at linda.ventura@richmond.com.

#### Investments

Now is a great time to join this investment interest group. Share your knowledge and gain new ideas that may help you in your personal portfolio. Partipants assume any and all risks related to their investment decisions. The group coordinator is Peggy Ware at yimbrok@comcast.net. Osher has that way of getting you to do things that are very important but that we, in our busy lives, might not otherwise do.





# Learning on the Run Talks

#### Emerging Adults: Why Aren't They Growing Up?

#### (free)sher

Learn about the transition between adolescence and adulthood in contemporary society. They just don't seem to be growing up like they used to - the younger generation is taking longer to mature. Drew Lichtenberger, professional mentor and coach to late-teens and young adults, will share from his experience and research. Get a glimpse into this life stage that is being called 'Emerging Adulthood' and join in the discussion about what can be done to help this younger generation.

Leader(s): Drew Lichtenberger Date(s): Tuesday, June 19 Time: 12:30 PM – 2:00 PM CRN Gold: 50326, CRN Silver: 50327 Fee: Free to Osher Members, registration required

# In Good Keeping: Virginia's Folklife Apprenticeships

Author Jon Lohman will share stories from his exploration of Virginia's folk traditions through the creative and diverse work of more than forty individuals who are passing on their art form to apprentices. Old-time string-band music, waterfowl decoys, ham curers, hot rod riggers and much more are the subjects of the book, available for sale and signing.

Leader(s): Jon Lohman Date(s): Tuesday, June 26 Time: 2:00 PM – 3:30 PM CRN Gold: 50328, CRN Silver: 50329 Fee: Free to Osher Members, registration required

#### Principles for Decision Making and for Life

#### (free)sher

lecture, discussion

An entrepreneur who has launched many successful businesses will address 18 principles designed to help people solve life's problems in an organized way. Designed for non-business participants who want to consider an entrepreneurial approach to managing life's problems, this program may stimulate your mind in a direction that you have never considered before, and it offers a new method of viewing the world. You may find yourself thinking about becoming an entrepreneur! Copies of Joe Geiger's book Entrepreneurial *Success: The Road to the Top - 101 Business Principles Learned Over 50* Years will be available for sale and signing by the author.

Leader(s): Joe Geiger Date(s): Wednesday, June 27 Time: 12:30 PM – 2:00 PM CRN Gold: 50372, CRN Silver: 50373 Fee: Free to Osher Members, registration required

#### Tornados, Tsunamis and More

#### Usher freesher

Does it seem like there have been an unusually high number of natural disasters over the past few years? This talk will focus on gaining an understanding of natural disasters and the potential for their occurrence in the US.

Leader(s): David Kitchen Date(s): Monday, July 9 Time: 5:30 PM – 7:00 PM CRN Gold: 50040, CRN Silver: 50041 Fee: Free to Osher Members, registration required



Look for this symbol to find free classes and programs for Osher members, and some for prospective Osher members.



# Osher Mini Courses

### Art

# Try It Out: An Art Experience for the Adult Pre-Beginner

#### **U**sher

activity, discussion New! Do you want to make art but you're not sure where or how to begin? These fun and instructional classes will help you find out what art medium best suits your interests and your pocketbook. We will try out drawing, watercolor, pastels and acrylic painting. Come and dabble with us before you plunk down a big

your time. Leader(s): Artists from 'Artful Minds' Date(s): Thursdays, July 12, 19, 26 and August 2 Time: 6:30 PM – 8:00 PM CRN Gold: 50052, CRN Silver: 50053 Fee: \$60 for all levels of Osher members

investment on supplies, classes, and

### **Communications Arts**

#### Transforming Memories into Memoirs

writing, discussion

**Reprised!** Only you can tell your unique story, so join others in exploring a variety of venues and methods to stimulate your memory into a memoir, a priceless heirloom for the next generation. This class offers writing time, plus the opportunity to share your stories with others. The first session will include a complete overview of the class.

Leader(s): Nancy Owens Date(s): Mondays, June 11, 18, July 9, 30 Omit June 25, July 2, 16, 23 Time: 10:00 AM – 12:00 PM CRN Gold: 50345, CRN Silver: 50346 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

### **Dramatic Arts**

#### Cool Flicks: More Greatest Comedies

viewing, discussion Updated! Continuing our quest for the funniest movies of all time, we will watch and discuss these Peter Sellers classics: *The Mouse that Roared, Dr. Strangelove, and I Love You Alice B. Toklas.* 

Leader(s): Dan Begley Date(s): Thursday, July 12, 19, 26 Time: 2:00 PM – 4:00 PM CRN Gold: 50050, CRN Silver: 50051 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### **Readers' Theater**

reading, activity, discussion Updated! This class is for anyone who loves the theater and wants to develop play-reading skills. No experience is necessary, simply a desire to participate with fellow class members. Using short pieces with no more than four or five characters will allow frequent participation. Learning to be a good audience member will also be a part of this class experience. Participants will be encouraged to set aside time for a brief rehearsal with fellow performers either before or after class or by phone. The actors will concentrate on facial and vocal expression rather than movement. Break a leg, thespians!

Leader(s): Jane Tombes, Linda Ventura Date(s): Tuesdays, July 10, 17, 24, 31 Time: 3:30 PM – 5:30 PM CRN Gold: 50048, CRN Silver: 50049 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

### Geography

#### **Asia Past and Present**

**New!** The leader and students will map out Asia's natural resources, migration patterns, and tribal as well as other ethnic populations. Trade patterns between Asia and other nations will be examined alongside current Asian economic activities.

Leader(s): William Seay Date(s): Fridays, June 22, 29 Time: 10:00 AM – 12:00 PM CRN Gold: 50340, CRN Silver: 50341 Fee: \$40 for Silver Members, no fee for Gold/Gold Plus One members

# History

#### Islam and the Architecture of Mosques

lecture, discussion Updated! This class will open a window into the world of Islam and the mosques of North Africa, Turkey, Iran and India.

Leader(s): Hans Oppe Date(s): Wednesdays, July 11, 18, 25 Time: 10:00 AM – 11:30 AM CRN Gold: 50054, CRN Silver: 50055 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### **Oh, What a Game!**

lecture, discussion New! Baseball history is filled with many games justifiably labeled 'the greatest game of all time.' From the Homer in the Gloamin' to the Giants Win the Pennant to the Fisk Foul Pole and beyond, we each have our own favorites. Come join our two baseball fanatics as they cover their picks of the 'greatest' from top to toe: 1960 World Series Game 7, 1978 one-game playoff, and the new classic, 2011 World Series Game 6.

Leader(s): Phil Melita, Tim Williams Date(s): Thursday, June 7, 21, 28 (Omit June 14) Time: 3:00 PM – 5:00 PM CRN Gold: 50334, CRN Silver: 50335 Fae: \$60 for Silver Members, no fee for

**Fee:** \$60 for Silver Members, no fee for Gold/Gold Plus One members

### Interdisciplinary

# Better Wines: What Does That Mean?



lecture, discussion

New! We will explore the many dimensions of wine, including the characteristics of well-made wine, and enjoy some wine tasting. This class meets off-campus at J.Emerson Fine Wine on Grove Avenue near the UR campus. J.Emerson is the Richmond area's longest-established fine wine retailer, online at jemersonfinewine.com

Leader(s): Jim Compton Date(s): Mondays, June 11, 18, 25 Time: 7:00 PM – 9:00 PM CRN Gold: 50350, CRN Silver: 50351 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### Blogging: A Journal You Create Using Your Computer

lecture, discussion, activity

New! A blog is a log, or journal, you create on the Web. In a small group of no more than eight students, learn how to begin a private digital journal for your eyes only, or one to share with a small group of family and friends. You may also expand your readership and opt for a public blog, focusing on a favorite hobby or interest. Keeping a blog encourages you to record your thoughts about family, travels and life in general, all accompanied by your own photos. And, it's free! Students should be familiar with basic word processing and managing digital photos.

Leader(s): Karen Wellek Scott Date(s): Monday, July 9, 16 Time: 2:30 PM – 4:00 PM CRN Gold: 50061, CRN Silver: 50062 Fee: \$40 for Silver Members, no fee for Gold/Gold Plus One members

# Finding Meaning, Making A Difference

discussion

**New!** Are you a change agent? Are you volunteering to solve social problems in the community? Come join in this discussion with fellow Osher members. We will share experiences and explore service learning opportunities. Recommended reading: *The Civically Engaged Reader, Ed. Davis & Lynn.* 

Leader(s): Jane Dowrick Date(s): Thursdays, June 7, 14, 21, 28 Time: 12:45 PM – 2:45 PM CRN Gold: 50348, CRN Silver: 50349 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### A World of Ideas: TED Talks

viewing, discussion

New! The nonprofit organization TED (ted.com) promotes the power of ideas to change the world. We will view and discuss several of the short TED talks on a wide variety of topics. Students will help select the talks and are encouraged to view one or two talks before the first class session and make notes of their thoughts about the talks.

Leader(s): Jane Dowrick Date(s): Friday, June 1, 8, 15 Time: 10:00 AM – 12:00 PM CRN Gold: 50320, CRN Silver: 50321 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

# **History and Culture Series**

These four sessions will illuminate a wide range of topics. You may register for the series or for individual sessions.

CRN Gold: 50332, CRN Silver: 50333 (series registration numbers)

Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### History and Culture Series: Creation of the Italian Nation

lecture, discussion New! Italy is a young nation with a complex history. Celebrating its 150th anniversary in 2011, there is much concern over how divided Italy still is and what its future holds. This talk will focus on the process of building the Italian nation, from the 19th century Risorgimento through its tumultuous first few decades as a nation-state.

Leader(s): Christine Contrada Date(s): Monday, June 11 Time: 2:00 PM – 4:00 PM CRN Gold: 50336, CRN Silver: 50337 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### History and Culture Series: Folk Music Traditions of Eastern Europe, the Balkans and the Mediterranean

New! We will listen to an eclectic mix of folk music and learn about the cultural traditions of Klezmer, Yiddish, Israeli, Chassidic, Ladino and Roma music. Our course leader is a founder of the musical group 'My Son the Doctor' which performs in various venues around Richmond.

Leader(s): Louis Schwartz Date(s): Monday, June 18 Time: 2:00 PM – 4:00 PM CRN Gold: 50338, CRN Silver: 50339 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### History and Culture Series: Restoration of the Virginia Governor's House

lecture, discussion

**New!** We will examine the history of the Virginia Governor's House and the project undertaken during the administration of Governor James Gilmore to restore the house and prepare it for modern living. The book *Restoring the Virginia Governor's House* will be available for sale and signing at the end of the session.

Leader(s): Roxane Gilmore Date(s): Monday, June 4 Time: 2:00 PM – 4:00 PM CRN Gold: 50330, CRN Silver: 50331 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### History and Culture Series: Richmond Then and Now lecture. discussion

**Updated!** The co-authors of two books about Richmond will share their discoveries of little-known facts about our fair town through stories and photographs. Copies of *Facts & Legends of the Hills of Richmond* and *Songlines of Richmond* will be avail-

able for sale and signing. Leader(s): Wayne Dementi, Brooks Smith Date(s): Monday, June 25 Time: 2:00 PM – 4:00 PM CRN Gold: 50342, CRN Silver: 50343 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

Leave your inhibitions behind and join the fun of Readers Theater. see page 8.

Learn more about our Osher course leaders online at *osher.richmond.edu*. Osher is online at osher.richmond.edu • (804) 287-6608

#### The Fickle Finger of Fashion

#### lecture, discussion

**New!** Why do we wear what we do? This brief history of fashion from the 30's to the 70's will explore what goes on the racks and what goes by the wayside.

Leader(s): Charla Bjostad Date(s): Wednesdays, July 11, 18, 25 Time: 3:00 PM – 5:00 PM CRN Gold: 50063, CRN Silver: 50064 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

# Different Worlds: Common Threads

lecture, discussion, activity New! Works by women writers from different worlds, cultures and times often reflect similar themes. We will read and discuss nine women writers. The first session will examine Woolf's, Shakespeare's Sister, Marshall's Poets in the Kitchen, and Walker's, In search of Our Mothers' Gardens. These works should be read in advance of the first session. For the second session, we'll focus on Gilman's, Turned, Wharton's, Roman Fever, and Hurston's, Sweat. In the third session, we'll discuss Mukherjee's, The Management of Grief, Vramontes', The Months, and Edrich's, The Shawl. All of these works except Wharton's story are in The Norton Anthology of Women's Literature, Volume Two. In order to create a collaborative learning experience, students will be responsible for doing some basic research about the authors' lives and presenting that information at the beginning of each class.

Leader(s): Bitsy Gilfoyle Date(s): Fridays, June 15, 22, 29 Time: 1:00 PM – 3:00 PM CRN Gold: 50356, CRN Silver: 50357 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### Literature

# It Sucks! The Vampire in Literature

reading, discussion

New! How did the Vampire become such an iconic figure in today's culture? We will read and discuss several short stories in our required text, *Dracula's Guest*, ed. Michael Sims and view a related film. Our goal will be to determine the origins of this creature and how it has changed through the years. You should read the Introduction and the stories 'The End of my Journey,' 'The Vampyre,' and 'The Deathly Lover' prior to the first class.

Leader(s): Dave Hubbard Date(s): Tuesdays, July 10, 17, 24 Time: 10:00 AM – 12:00 PM CRN Gold: 50065, CRN Silver: 50066 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### Reapproaching Poetry Using The New Yorker Magazine

reading, discussion Updated! Read poetry for pleasure? The poems printed in The New Yorker reward good, close reading. Exercise your mind, experience subtle emotions, and recall the language of literary analysis. Offered previously, this class will consider a new group of poems with a freshened and updated approach.

Leader(s): Riker Purcell Date(s): Wednesdays, June 6, 13, 20 Time: 10:00 AM – 12:00 PM CRN Gold: 50352, CRN Silver: 50353 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### Shakespeare: Tragedy, Romance and Comedy

reading, lecture, discussion Updated! Our focus will be on Cymbeline and The Merry Wives of Windsor, both to be offered by Richmond Shakespeare in their summer season. Recommended reading before the first class session is Cymbeline.

#### Leader(s): Sally Wood

Date(s): Wednesdays, June 6, 20 (no class on June 13, meets EO week) Time: 2:00 PM – 4:00 PM CRN Gold: 50354, CRN Silver: 50355 Fee: \$40 for Silver Members, no fee for Gold/Gold Plus One members

#### **Music**

#### The Evolution of Rock & Roll: The Sixties

Updated! We will focus on the creation and impact of this genre on music, culture and society with a spotlight on The Beach Boys, beach music and the 60s.

Leader(s): Tony Booth, Ron Moody Date(s): Wednesdays, July 11, 18, 25 Time: 7:00 PM – 9:00 PM CRN Gold: 50067, CRN Silver: 50068 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

# **Books and Supplies for Osher Classes**

Many Osher classes have required or recommended reading which will be listed in the class description in this schedule. A few copies of required books will be available in the UR Bookstore, and you are welcome to purchase books there or elsewhere, such as through local or online book sellers.

Osher members are eligible for a student discount on selected computer software at the UR Bookstore, however there is no discount on books or any other items.

From time to time, Osher classes, such as trips or classes that require various materials, have fees that need to paid by all Osher members, Gold/Gold Plus One, Silver or UR Osher; such fees will be noted in the class fee information in this schedule.

#### **Philosophy**

#### **Aesthetics**

#### guided conversation

New! Defined as 'the appreciation and criticism of the beautiful,' 'aesthetics' is a term that is used at least ten different ways, from shallow to profound. We'll discuss the several definitions, and work toward an examination of the way different 'artists' express 'beauty' as well as how we talk about the appreciation of various art forms, including visual art, literature and maybe theology. Class members should bring any materials that may bear on the subject, along with examples of the use of the word 'aesthetic' from the popular press.

#### Leader(s): Riker Purcell

Date(s): Thursdays, July 12, 19, 26 and August 2 Time: 10:00 AM – 12:00 PM CRN Gold: 50069, CRN Silver: 50070 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

#### **Science**

### Ancient Greek Science

lecture, discussion

**New!** Natural science and western philosophy originated in the 6th century BCE in the prosperous Greek city-state of Miletus. This seminal period, known as the pre-Socratic era, introduced an entirely new way of looking at nature and the universe.

Leader(s): Glenn Markus Date(s): Thursdays, June 7, 14, 21 Time: 9:30 AM – 11:30 AM CRN Gold: 50358, CRN Silver: 50359 Fee: \$60 for Silver Members, no fee for Gold/Gold Plus One members

### Osher Speakers Bureau

Need a speaker for your club or book group? The Osher Speakers Bureau will arrange a stimulating talk on a wide variety of topics. For more information contact **jdowrick@** 

richmond.edu or call **287-6344**.

#### Wellness

#### Got Health? Nutrition Revisited - Facts, Myths & Solutions

() sher

lecture, discussion

**Updoted!** We will learn about food politics, nutrition manipulation, foods to eat and avoid, foods with healing and disease-preventing properties, what turns on/off cancer genes, and dieting myths/fads. Topics will also include children's health, heart disease, obesity, diabetes, and the research behind the information provided. The focus will be on health solutions and a handout will be available at the end of the class.

Leader(s): Tami Hulcher Date(s): Wednesday, June 27 Time: 6:00 PM – 8:00 PM CRN Gold: 50370, CRN Silver: 50371 Fee: \$20 for Silver Members, no fee for Gold/Gold Plus One members

# **Health News You Can Use Series**

**New!** This series of talks by medical practitioners offers up-to-the-minute information on topics that are vital to your health. We are grateful to the Hospital Corporation of America (HCA) for making this program available.

#### CRN Gold: 50360, CRN Silver: 50361

Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### **Sprains and Strains**

Stay active and treat injuries as you age. A sports orthopedic surgeon and a rehab specialist will talk about dealing with and preventing injuries.

Date(s:) Tuesday, June 5 Time: 9:30 AM – 11:30 AM CRN Gold: 50362, CRN Silver: 50363 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### **A Heart Healthy Life**

A Cardiologist will help you learn how to keep your heart healthy, and an SPCS Culinary chef will talk about Heart Healthy foods that taste good.,

Date(s): Tuesday, June 12 Time: 9:30 AM – 11:30 AM CRN Gold: 50364, CRN Silver: 50365 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### **Hip and Knee Health**

Nobody wants or plans to have a knee or hip injury. What can you do to keep your knees and hips strong? If you need knee surgery, learn what to do before surgery to make your recovery more successful.

Date(s): Tuesday, June 19 Time: 9:30 AM – 11:30 AM CRN Gold: 50366, CRN Silver: 50367 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

#### Technology and Where Medicine is Going

Have you ever heard of an EICU, replacing a heart value through your thigh, or having a GPS of brain tumors during a surgery? How about never having to fill in paperwork at a doctor's office again? There is an IT explosion in medicine bringing new innovations every day. This will be a discussion of current and near-future technologies.

Date(s): Tuesday, June 26 Time: 9:30 AM – 11:30 AM CRN Gold: 50368, CRN Silver: 50369 Fee: \$20 for one topic, \$60 for the series for Silver Members, no fee for Gold/Gold Plus One members

Learn more about our Osher course leaders online at *osher.richmond.edu*. Osher is online at osher.richmond.edu • (804) 287-6608



# **Membership Form**

#### □ NEW MEMBERSHIP RENEWAL MEMBERSHIP

Please use black ink. Print clearly. Please complete payment information. This form is also available online at

osher.richmond.edu

Membership (	<b>Options</b> Please select	your annual membe	rship level. You m	ay join at anytime	during the year.	Your membership is
valid for one year fro	om the date you join. See	e "Membership" in C	sher schedule for	complete details.		

#### **GOLD \$425**

#### **GOLD PLUS ONE \$650** Please note: Both Gold Plus One members must complete Member-

ship Forms.

#### □SILVER \$75

**UR OSHER \$25** 

(for UR faculty, staff, retirees)

**GRIEND OF BML** 

Please enroll me as a Friend of the Boatwright Memorial Library as part of my Gold or Gold Plus One membership.

Name of member with whom you are joining.

Member Information	ame of member with whom you are joining.
Name	Today's Date
UR ID Number	Date of Birth / /
Home Address	
City	State Zip Code
Telephone (Day)	(Evening)
Email	US Citizen 🗅 Yes 🗅 No 🛛 Gender 🗅 Male 🗅 Female
How did you hear about the Osher Institute?	
Are you a UR Alumna/us? 🗖 Yes 🗖 No	Year of GraduationDegree
Ethnicity/Race (Optional)	
	estion, please select one from the following ethnicities that best describe you: sian  Black or African American  Native Hawaiian or Other Pacific Islander  White
Primary local contact person	Phone
Address	
City	State Zip Code
FORM AND COURSE REGISTRATION MU	accompany this form. to University of Richmond. WHEN PAYING BY CHECK, PAYMENT OF MEMBERSHIP ST BE SUBMITTED ON SEPARATE CHECKS. or American Express. (Credit card information is not retained.) Please complete the following: charge my: VISA A MasterCard American Express Expiration Date
	•
Cardholder's Name: (as it appears on the ca	<u>(</u>
Signature	Amount to be Charged \$
<b>Please mail or fax your form to us:</b> Osher Lifelong Learning Institute School of Professional and Continuing Studies University of Richmond, VA 23173 SECURE FAX: (804) 287-1264	You may also drop off your form: Osher Institute Office Special Programs Building (#31 on UR Campus Map) Room 100

#### Making a Gift to the Osher Institute

Osher Institute members and friends of the Osher Institute are encouraged to consider tax deductible gifts to the Osher Institute. Your gift is a gift of learning that helps us continue to provide excellent lifelong learning opportunities and to keep Osher Institute fees affordable. For details on making a gift, please contact the Osher Institute office at (804) 287-6344.





# **Course Registration and Semester Calendar**

Please use black ink. Print clearly. This form is also available online at osher.richmond.edu

Your Osher membership must be current for the time period of the course(s) in which you enroll. **Registrations are accepted up to one** *week before the class start date.* Please use black ink. Print clearly. Each registrant must use a separate form.

Name			Today's [	Date	
UR ID Number			Date of I	Birth / /	
Address					
Telephone (Day)		(Evening)		(Cell)	
Email			🗅 Male	🗅 Female	
Check one:	Gold/Gold Plus One Member (may register for different classes)	□ Silver Member	Guest/Non-member	UR Osher	
My membership i	s current through	_ (date).			

**Course Registration:** Make your selections on the reverse side of this page. No fees for Gold and Gold Plus One members unless specified, e.g. off-campus or other programs with fee. Silver members pay course fees noted. Each person must complete an individual registration form. **Please register only for courses you plan to attend**. *Our refund policy is online at osher.richmond.edu*.

**Registration and Classroom Confirmation:** For each class you select, you will receive an email a few days before each class begins, to confirm your registration and to provide classroom and parking locations. **Please register only for courses you plan to attend.** If the course you select is full, you will be contacted soon after you submit your registration. Osher classes are held in various buildings on campus. Refer to the campus map in the Osher schedule or online for building locations.

Payment Information FOR SILVER MEMBERS ONLY. Your payment MUST accompany this form.

**Check.** Please enclose check made payable to University of Richmond. WHEN PAYING BY CHECK, PAYMENT OF MEMBERSHIP APPLICATION AND COURSE REGISTRATION MUST BE SUBMITTED ON SEPARATE CHECKS.

Credit Card. We accept VISA, MasterCard or American Express. (Credit card information is not retained.) Please complete the following:

Please charge my:  $\Box$  VISA  $\ \Box$  MasterCard  $\ \Box$  American Express

Account Number	Expiration Date	
Cardholder's Name: (as it appears on the card)		
Signature	Amount to be Charged \$	
<b>Please mail or fax your registration to us:</b> Osher Lifelong Learning Institute School of Professional and Continuing Studies University of Richmond, VA 23173 Secure FAX: (804) 287-1264	<b>You may also drop off your registration:</b> Osher Institute Office Special Programs Building (#31 on UR Campus Map) Room 100	

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CRN#	Class/Program Title	Dates/Time/Day	Fee*	Ρ
<b>5</b> 0320/50321	A World of Ideas: TED Talks		\$60.	
□ 50320/50321 □ 50322/50323	Osher Member Orientation 1		Free to members	
□ 50322/50323 □ 50332/50333	History and Culture Series		\$60.	
□ 50330/50331	HC Series: Session 1: (all 4 sessions) Restoration of the Governor's House		\$20.	
□ 50360/50361 □ 50360/50361	Health News You Can Use Series (4 sessions)		\$60.	1
□ 50362/50363	Health News, Session One: Sprains & Strains		\$20.	1
■ 50302/50303 ■ 50324/50325	Bounty of the Boatwright: Reading for the Fun of It!		Free to members	
-				
<b>5</b> 0352/50353	Reapproaching Poetry Using The New Yorker Magazine		\$60.	1
<b>5</b> 0354/50355	Shakespeare: Tragedy, Romance and Comedy		\$40.	1
<b>5</b> 0358/50359	Ancient Greek Science		\$60.	1
<b>5</b> 0348/50349	Finding Meaning, Making A Difference		\$60.	
<b>5</b> 0334/50335	Oh, What a Game!		\$60.	
50345/50346	Transforming Memories into Memoirs		\$60.	
-	for office use only]	10:00-noon		
50336/50337	HC Series: Session 2: Creation of the Italian Nation		\$20.	
<b>5</b> 0350/50351	Better Wines: What Does That Mean	•••	\$60.	
<b>5</b> 0364/50365	Health News, Session Two: Heart Healthy Life	Jun 12, 9:30-11:30(T)	\$20.	
<b>5</b> 0356/50357	Different Worlds: Common Threads	Jun 15, 22, 29,1:00-3:00(F)	\$60.	,
50338/50339	HC Series: Session 3: Folk Music Traditions of Eastern Europe	Jun 18, 2:00-4:00(M)	\$20.	
50366/50367	Health News, Session Three: Hip & Knee Health	Jun 19, 9:30-11:30(T)	\$20.	
50326/50327	Emerging Adults: Why Aren't They Growing Up	Jun 19,12:30-2:00(T)	Free to members	
50340/50341	Asia Past and Present	Jun 22, 29,10:00-noon(F)	\$40.	_
50374/50375	Southside Virginia Sojourn	Jun 23, 8:00-6:00pm(S)	\$60.	_
50342/50343	HC Series: Session 4: Richmond Then and Now	Jun 25, 2:00-4:00(M)	\$20.	
50368/50369	Health News, Session Four: Technology		\$20.	
50328/50329	In Good Keeping: Virginia's Folklife Apprenticeships	Jun 26, 2:00-3:30(T)	Free to members	
50372/50373	Principles for Decision Making and for Life		Free to members	
50370/50371	Got Health? Nutrition Revisited		\$20.	
<b>5</b> 0061/50062	Blogging: A Journal You Create Using Your Computer		\$40.	
<b>→</b> 50040/50041	Tornados, Tsunamis and More		Free to members	
<b>50065/50066</b>	It Sucks! The Vampire in Literature		\$60.	,
<b>50048/50049</b>	Readers' Theater		\$60.	_
□ 50054/50055	Islam and the Architecture of Mosques		\$60.	
<b>50063/50064</b>	The Fickle Finger of Fashion		\$60.	
□ 50063/50064 □ 50067/50068	The Evolution of Rock and Roll: The Sixties		\$60.	
<ul> <li>❑ 50069/50070</li> <li>❑ 50050/50051</li> </ul>	Aesthetics		\$60.	
-	Cool Flicks: More Greatest Comedies		\$60.	
<b>5</b> 0052/50053	Try It Out: An Art Experience for the Adult Pre-Beginner		\$60.**	
<b>50056/50057</b>	Richmond's Historic Churches and Hollywood Cemetery		\$70.**	
50044/50045	Osher Member Orientation 2		Free to Members	
50046/50047	Taking Your Passion for Learning to the Next Level		Free to Members	
FOTAL # OF CLA		TOTAL \$:		
	nd open to the public): members and guests, please regis	-		
	and Roll: Music of the Sixties		Free	
	v to Buy and Sell a Vehicle		Free	
Rough Water	Ahead: Health Reform, Healthcare with John Duval, CEO-MCV, VCU	Jul 10, 12:30-2:30(T)	Free	_

Audit Course Registration: Please list audit course request(s) below. There is no fee to Gold/Gold Plus One members for audit courses. Silver members pay \$100 per audit course. Securing placement is based on availability of space in the class.

CRN Subj/Course#/Sect Course Title

Day /Time/Instructor

# Osher Audit Course Opportunities

Osher Institute members may audit selected University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring; summer classes have a shorter and more intense schedules and are not recommended for a first-time Osher audit student. Osher members who audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree seeking students to have ample 'air time' in class discussions.

**Gold/Gold Plus One members** pay no additional fees to audit credit classes.

Silver members pay \$100 for each audit class.

To view the list of credit classes, go online to the Registrar's Schedule at **registrar.richmond.edu/planning/schedule/current.html.** From that page, select the link for School of Professional and Continuing Studies to look at the credit class excel list, and then use the Osher registration form to indicate the class(es) you would like to audit. The Osher office staff will check to see if the class(es) you have selected are available for Osher audit. Classes most available for Osher audit are those in the liberal arts and in the 300 and 400 levels. Osher students are not permitted to audit online credit classes. For questions and assistance related to Osher audits, please contact the Osher Institute staff.

#### Osher Institute Summer Volunteer Course Leaders, Alphabetically with Course/ Lecture Page Number: Many thanks to these 36 individuals and organizations who are generously donating their time this semester!

Leader Bios are Online at osher.richmond.edu



Osher Lifelong Learning Institute Special Programs Building University of Richmond, VA 23173

# Explore your love of learning with the Osher Institute.



Look for this symbol to find free classes and programs for Osher members, and some for prospective Osher members. MEMBERSHIPS START AT JUST \$75

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of courses in the liberal arts in the fall, spring and summer semesters. The offerings are a combination of undergraduate credit courses for audit, special interest groups, mini-courses, community service projects, performing arts events and more.

There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information on this exciting program, contact us today:

Jane Dowrick, Osher Director (804) 287-6344 or jdowrick@richmond.edu

Debra Guild, Osher Administrative Coordinator (804) 287-6608 or dguild@richmond.edu

Osher Office Special Programs Building (#31) Room 100



If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.