Let's Flourish!

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU
From languishing to flourishing. We’re in this together!

You’ve read all the pandemic news and learned all the new buzzwords and phrases. At the beginning, we ‘sheltered at home’ and ‘practiced social distancing.’ Then, we ‘pivoted’ to online options for almost everything, including family visits and learning. We sadly learned the new meaning for ‘long haulers,’ and more recently we’ve experienced 2021’s version of supply chain shortages.

Psychologists have noted that the pandemic has left us ‘languishing,’ in a ‘prolonged limbo.’ We are neither happy nor depressed. Meh.

It is true that we’ve had silver linings – participating in more outdoor activities, learning technologies we didn’t know we needed, and creating meaningful ways to contribute and stay engaged. A perfect example is Women’s Spider Basketball Has Arrived, a multifaceted new course that mixed learning about collegiate women’s basketball history with attending a full practice with players and coaches, and then cheering on the team at a home game. And yet, we still find ourselves worrying about being mask-less in public places and being in crowds.

Here at the Osher Institute, we are right there with you. We’re figuring out where we are, where you want us to be, and what we can do to move forward. It’s all about that new normal or working our way to whatever that is. Are we working remotely or in the office – or is there some happy blend of the two? Do you want to continue zooming Osher classes, or are you more than ready to return to in-person courses on campus with your Osher colleagues – or is there a happy blend of both? Thankfully, concrete answers to all of these questions are not mandatory right now. We can continue to figure this out by offering some in-person classes, some online ones, and even a few hybrid ones with students in person and online at the same time.

What we do know is that we all want to move from languishing to flourishing — a feeling of contentment and a realization that our lives have purpose and meaning. We’re missing those wonderfully satisfying, happy ah-ha moments where we stop in our tracks and say, ‘wow, this is really great.’

Your Osher staff has felt this with the simple act of returning to the office and having you stop by to visit, pick up a parking decal, or ask a question. It feels like old times, and it makes us smile and warms our hearts. This is why we love what we do! YOU give us purpose.

We believe that our mission is to keep you engaged mentally, socially, and physically through the courses and events we offer and through the activities of our Osher Special Interest Groups. We hope every individual Osher class allows you to grow and learn, even in small ways. We hope our social events encourage you to take a small step virtually or in person to meet new people or reengage with pre-Covid acquaintances.

Languishing? Meh? NAH! Together let’s move forward to reconnect, study and learn, and keep our brains sharp. Let’s flourish!

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Jeanne Clery Disclosure Statement
The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department’s Annual Report, call (804) 289-8715, write to the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.
Where do I start?

Online Registration

- Log in to the online registration portal. Visit [osher.richmond.edu/schedule](https://osher.richmond.edu/schedule), then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select My Profile once logged in.
  - Not yet a member? Need to renew? Select MEMBERSHIPS & RENEWALS.
- Preview classes starting December 6. Register starting December 14.
- Register for up to 10 classes in any one transaction. Check out and pay as needed. You may process as many transactions of up to 10 classes as you wish.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

- You’ll receive a Zoom link via email the day before class.
  - Please don’t share this access link with others. It’s exclusive to Osher members.
  - If a class is recorded, you’ll be notified.
- Log in 5-10 minutes early using a device with a camera, microphone, and speaker.
  - Install Zoom on your device well before your session. Visit [zoom.us/download](https://zoom.us/download).
  - For optimal experience, use a large tablet or computer.
  - Use your first and last name as your screen name for attendance verification.
- Follow class host and instructor preferences for participation.

For In-person Classes

- In-person classes have limited seats available and may fill up this spring.
  - If a class you wish to take is full, be sure to add that class to your cart and check out to place your name on the waitlist.
  - Osher staffers manage the waitlists all semester. There’s always a good chance that you’ll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You’ll receive an email prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your UR ID is used to confirm your affiliation with the University.
  - Contact Osher staff to obtain your UR ID number.
  - Use when requesting technical assistance at the Help Desk.
  - Use to acquire UR photo identification and to create other IDs.
- Your Net ID is used to access University-hosted resources.
  - Go to [webpass.richmond.edu](https://webpass.richmond.edu). Requires UR ID and birthdate to create.
  - Requires 16-character password, changed annually.
- Provides access to UR email, wifi, VPN and library databases.
- Your Osher membership ID is used to register for Osher classes online. Go to [osher.richmond.edu/schedule](https://osher.richmond.edu/schedule), then Online Registration Portal, to access.
  - May require UR ID for one-time setup.
  - Create password and username of your choice.
  - Note: This is not connected to your Net ID.
Zoom vs. In-Person Classes: Mark Your Calendars Well

As we move gradually out of the pandemic, our Osher Institute class offerings are changing. Our Fall 2021 Planning Survey told us that you like online classes, and some of you even prefer them, given your location, as well as your ability to drive, park, and walk to classrooms. That said, we realize that the majority do love in-person, on-campus classes.

We have heard you: we are continuing to offer both! This means that you will need to mark your calendars well. We have denoted every Zoom class clearly in the print and online catalogs, but you’ll want to make that same distinction in your personal schedule.

Another hint: Just in case the Zoom vs. in-person classes do get mixed up, why not always bring your laptop, tablet, or cell phone when you come to campus? That way, if a class is remote but you are on campus, you can always find a quiet spot and zoom into your online class.

Songs of the 60s: The Poetry of Our Generation

NEW | Let’s take a look at the songs written by some songwriter-poets of the 60s. We will analyze the lyrics for their poetic techniques and messages. The artists chosen for this class are Leonard Cohen, Joni Mitchell, Paul Simon, Sam Cooke, and Bob Dylan.
T/R • Jan 4, 6, 11, 13, 18 • 1-2:30pm • $60/Silver
Leader: Linda MacCleave

Completing the Constitution: Ratification and the Bill of Rights

NEW | This course continues the story of how our Constitution came into existence. We will examine the events that ensued immediately after the conclusion of the Constitutional Convention of 1787. In particular, we will discuss the nationwide debates regarding the ratification of the Constitution that took place in 1787 and 1788. And we will see how these debates formed the genesis of our Bill of Rights.
T • Jan 18, 25, Feb 1, 8, 15 • 1-2:15pm • $60/Silver
Leader: Michael Kerley

Let’s Talk Parks: Touring the Maggie Walker National Historic Site

NEW | Join us for a virtual tour of the Maggie L. Walker National Historic Site in downtown Richmond. A National Park Service ranger will lead the tour, which is the next offering in the Osher Travel Interest Group’s series, ‘Let’s Talk Parks.’ Following the virtual tour, there will be a facilitated sharing of participants’ questions and tips about National Parks they are hoping to visit or have visited. Come join the fun!
W • Jan 19 • 10-12pm • Free to Members
Leaders: Bill Hafker, Ajena Rogers

Osher Member Orientation

NEW | Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.
W • Jan 19 • 1-2:30pm • Free to Members
Leader: Osher Membership Team

Understanding Jesus’ Parables

NEW | Historians believe that Jesus’ parables are the key to understanding the original Jesus. This course will examine how scholars in the last hundred years have revolutionized our understanding of Jesus’ parables: their method, function, and message.
R • Jan 20, 27, Feb 3 • 10-11am • $40/Silver
Leader: Ryan Ahlgrim

The Life and Selected Works of Salvador Dalí

NEW | Salvador Dalí is one of the best-known and controversial artists of the 20th Century. When he died in 1989, at the age of 84, his personality had become as well-known as his paintings.
R • Jan 20, 27, Feb 3, 10, 17, 24 • 1-2:30pm • $60/Silver
Leader: Juana Levi

Bounty of Boatwright

At this session, you’ll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.
F • Jan 21 • 10-11:30am • Free to Members
Leader: Carol Wittig

Hidden Treasures: An Introduction to Boatwright Library’s Distinctive Collections

Boatwright Library is currently undergoing construction, part of which will be a newly redesigned floor showcasing the Galvin Rare Book Room, Special Collections, and Book Arts. This class will introduce the general collections, highlight some special materials and areas of interest, and preview the upcoming new areas.
F • Jan 21 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek
Verdura: Legendary Jewels and the People Who Wear Them

NEW  Leaders: Alice Waagen, Ralph Kidder
M • Jan 24 • 10-11:30am • $20/Silver Leader: James Haag

EARLY AMERICAN ART

REVISED Leaders: Alice Waagen, Ralph Kidder
M • Jan 24 • 12-1:30pm • $20/Silver

Come . . . and BeMoved®!

NEW Leaders: Alice Waagen, Ralph Kidder
M • Jan 24 • 1-3pm • $110/Gold/Silver/UR Leader: Myra Daleng

THE SILVER TSUNAMI: THE POWER OF THE BOOMER GENERATION

NEW Leaders: Alice Waagen, Ralph Kidder
M • Jan 24, 28, Feb 7, 28, Mar 7, 21, Apr 11, 18, 25, May 2, 9 • 5:30-6:30pm • $110/Gold/Silver/UR Leader: Myra Daleng

GINTER-ARENTS PHILANTHROPIC LEGACY: 100 YEARS AS RICHMOND BENEFACORS

NEW Leaders: Alice Waagen, Ralph Kidder
W • Jan 26 • 10-11:30am • $20/Silver Leader: John Musgrove

TELLING AMERICA’S STORIES THROUGH ART: THE NEW NATION

REVISED Leaders: Alice Waagen, Ralph Kidder
W • Jan 26 • 12-1:30pm • $20/Silver

Brain Power Hour

UPDATED Leaders: Alice Waagen, Ralph Kidder
W • Jan 27, Feb 3, 10 • 3-4pm • $40/Silver Leader: Rachel Lawson

SPIDERS WOMEN’S BASKETBALL GAME

Leaders: Rob Hafker, Wayne Boese, David Frimpter, Steve Hamilton
W • Feb 2 • 6-8pm • Free to Members Leader: UR Athletics Department

Telling America’s Stories Through Art: The Civil War

REVISED Leaders: Alice Waagen, Ralph Kidder
T • Feb 1 • 3-4:30pm • $20/Silver

Experience ‘The Joy Luck Club’ by Amy Tan

NEW Leaders: Alice Waagen, Ralph Kidder
W • Feb 2, 9 • 10-12pm • $40/Silver Leader: Murray Ellison

Great Decisions 2022

UPDATED, HYBRID Designed by the Foreign Policy Association (FPA) and facilitated at the grassroots level, the Great Decisions program highlights eight thought-provoking foreign policy challenges facing Americans each year. The 2022 Great Decisions videos and briefing book serve as the focal material for the class. It is strongly recommended that students purchase the briefing book and read the relevant topic before each class. To purchase the briefing book visit http://www.fpa.org. NOTE: You must also register for one sub-session: in person or remote.
W • Feb 2, 9, 16, 23, Mar 2, 9, 16, 23, 30 • 1-3pm • $60/Silver Leaders: Rob Hafker, Wayne Boese, David Frimpter, Steve Hamilton
Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay $100 for each audit class.

Contact Nell Smith at nsmith3@richmond.edu for registration procedures.

Fairy Tales and Fables from the Galvin Rare Book Room

The stories from our childhood take us to places where dragons are real and dreams were magical transformations of the impossible. In this course, we will explore some of the storytelling literature from the Galvin Rare Book Room’s collections of historic children’s literature.

F • Feb 4 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek

Is America ‘One Nation under God’?

America is now badly divided in many ways. Can we say that it is still one nation? If so, on what basis? Can and should a belief in God be the basis of that unity? But what does it mean to be ‘under God’? Class one will address ‘one nation,’ and class two will address ‘under God.’

M • Feb 14, 21 • 3-4pm • $20/Silver
Leader: Ellis West

Capitalism, Government, Money, and the Future of the World: Part Two

Last fall, we looked at the development of capitalism from its beginnings through the 20th Century. Now it’s time to look at the 21st Century. Are recent events in accord with our earlier observations from history? Does the US have its act together, to be able to compete against an immensely powerful, ascendant China? What choices do we need to make, to ensure the most secure future for ourselves, and for future generations of Americans?

T/W • Feb 15, 16, 22, 23, Mar 1, 2, 8, 9 • 10-12pm • $60/Silver
Leader: Mark Yourek

Folk Art

Great artists share a passionate will to create. Folk artists, not trained by formal art education, use imaginative materials and techniques to express powerful, inspirational works. We will explore the motivations and personal visions of these artists.

T • Feb 15 • 3-4:30pm • $20/Silver
Leaders: Alice Waagen, Ralph Kidder

Spring Severe Storms! A Practical Guide for Understanding Risk and Staying Safe

Spring severe storm season is almost here. Jim Duncan explores the relationship between forecasting and communicating weather risk to enhance public safety, and will take you on an inside tour of how life-saving decisions are made by the National Weather Service and others.

R • Feb 10 • 10-12pm • $20/Silver
Leader: Jim Duncan


While the world struggles to grapple with the effects of the COVID-19 pandemic, economic dislocation, and climate change, the US and China appear to be locked in a zero-sum contest over Asian security, economic prowess, innovative technology and talent, leadership on the global stage, ideology, human rights and more. Join us as we explore US relations with China, the problems they present and the prospects for future progress.

R • Feb 3 • 10-11:30am • Free and Open to the Public
Leader: Susan Ashton Thornton

Going Greek Again: Cooking with Chef Mike Lampros

Join Chef Mike as he walks you through creating a Greek Meze Platter with all the fixings. Then he’ll tackle Pastitsio, which is often referred to as Greek Lasagne—and he’ll work hard to convince you that it’s better than lasagne! You’ll enjoy the demonstration and will be easily tempted to try the recipes yourself.

T • Feb 8 • 10-12pm • $20/Silver
Leader: Mike Lampros

More to Life Than More

Alan is publishing a book about how his loss became the catalyst for a nonprofit that has since touched thousands of young lives. He tells the story of his son’s learning challenges, his grief after Lee’s death, and finally his efforts to form a successful center to help children with learning disabilities. Alan will discuss becoming an entrepreneur, founding a nonprofit in retirement, and writing a book as an octogenarian.

R • Feb 17 • 10-11:30am • $20/Silver
Leaders: Alan Pesky, Claudia Aulum
Voyages Real and Imaginary from the Galvin Rare Book Room

Using travel guides, ship’s logs, and images of faraway places, come explore some of the many travel adventures that reside in the Galvin Rare Book Room. Join us as we travel from ancient Pompeii to the early United States, through the grand tours of Europe and into the South American landscapes. Adventures real and imagined come alive through the words and images left behind by those who journeyed before us.

**F • Feb 18 • 1-2:30pm • Free to Members**

Leader: Lynda Kachurek

Spiders Women’s Basketball Game

Come join the fun and watch a women’s basketball game in the Robins Center. The women will be taking on Rhode Island at 4:00pm in the Robins Center.

**S • Feb 19 • 4-6pm • Free to Members**

Leader: UR Athletics Department

Capitalism in China: The Rise of a Global Giant

**BACK BY POPULAR DEMAND** Many Americans don’t realize that capitalism is alive and well in ‘communist’ China. But China is now an overwhelmingly capitalist country, and emerging as a formidable rival to the US. How is China doing it? In this class we compare the US and Chinese models of capitalism and government, and the strengths and weaknesses of each.

**T • Feb 22, March 1, 8 • 1-3pm • $60/Silver**

Leader: Mark Yourek

The Hedgehog and the Fox: Reading Sir Isaiah Berlin’s Essay on Tolstoy’s View of History

**NEW** It was the 7th Century BC Greek lyric poet who coined the whimsical epigram ‘the fox knows many small things while the hedgehog knows one big thing.’ The British philosopher Isaiah Berlin resurrected this epigram in the 1950s when he embarked on a study of Leo Tolstoy’s historical vision.

**T • Feb 22, Mar 1, 15 • 3:30-5pm • $60/Silver**

Leader: Jack Kangas

A High Schooler’s Exploration of Holocaust Stories

**NEW** High Schooler Abby Crowe’s op-ed about interviewing a Holocaust survivor was published in the Richmond Times-Dispatch in September 2021. This experience has led her to explore more about the Holocaust. Hear her share the importance of learning about people different from oneself and the value of listening with an open mind. She will share her thoughts, and wants to hear yours, about spreading the message: ‘more love, less hate.’

**W • Feb 23 • 3:30-4:30pm • Free to Members**

Leader: Abby Crowe

Equal Exchange: An Alternative, Fair Trade Model

**NEW** What if food could be traded in a way that is honest and fair? Equal Exchange has built an alternative trade system in solidarity with small farmers and consumers. This system has helped small farmers gain a meaningful seat at the table while affording them more economic power, better lives, and healthier communities. We’ve proven that there is a viable alternative to the for-profit, winner-take-all system.

**R • Feb 24 • 10-11:30am • $20/Silver**

Leader: Susan Sklar

The US and China in a Changing World: Problems and Prospects

**THE IRBY B. BROWN OPENING LECTURE FEATURING SUSAN ASHTON THORNTON**

While the world struggles to grapple with the effects of the COVID-19 pandemic, economic dislocation and climate change, the US and China appear to be locked in a zero-sum contest over Asian security, economic prowess, innovative technology and talent, leadership on the global stage, ideology, human rights and more. Can these two giants find a way to manage their differences so they can work together on pressing problems, or will changing power dynamics and mutual suspicions lead us down a path to confrontation and even conflict? Join us as we explore US relations with China, the problems they present and the prospects for future progress.

**R • Feb 3 • 10-11:30am • Free to Members**

Leader: Susan Ashton Thornton

Zoom link to lecture: https://richmond.edu/chinafest

Cell Phone Photography for Travel and Adventure

**BACK BY POPULAR DEMAND** The class is designed to enhance your cell phone photography while traveling. We will cover improving cell phone images regardless of brand or model, editing cell phone images and available features on the iPhone.

**M • Feb 28, Mar 7 • 10-12pm • $40/Silver**

Leader: Dan Walker

Music for Two Hands

**NEW** Brilliant virtuosity with pedagogical rigor.

**R • Mar 3, 10 • 10-11:30am**

Leader: Alan Pollack

Back to Bach’s Keyboard Music for Two Hands

**NEW** Alan brings his combination of live piano performance and running commentary to Bach’s solo keyboard music. Our focus will be on the extraordinary manner in which the composer balances the competing demands of brilliant virtuosity with pedagogical rigor.

The program will include selections from his Inventions, Toccatas, Suites, and the Well-Tempered Clavier.

**R • Mar 3, 10 • 10-11:30am • $40/Silver**

Leader: Alan Pollack
Interested in Teaching for the Osher Institute?

If you’ve thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor Bill Bailey can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

Mindfulness Meditation, Journey to a Happier Healthier Life

BACK BY POPULAR DEMAND
This session will include all the reasons that making meditation a daily practice will improve your health, focus, and relationships.

R • Mar 3 • 1-2pm • $20/Silver
Leader: Helen Landry

Book Discussion: Elie Wiesel’s ‘Night’

NEW The Holocaust was responsible for the death of more than six million people. It is impossible to really understand this number, but reading the words of a Holocaust survivor brings depth to our study of it. All participants will be asked to read ‘Night’ before the class begins and will also be asked to read selected excerpts during the class.

R • Mar 3, 10, 17, 24, 31 • 3:30-4:45pm
• $60/Silver
Leader: Rena Berlin

World War II in the Air Over Europe (1939-1945)

NEW Much of World War II can be broken down into component parts. In this course, we will look at the impact of air operations on four of these parts: the German conquest of western Europe, the Battle of Britain, the allied reconquest of western Europe, and the allied strategic bombing campaign against Germany.

F • Mar 4, 11, 18 • 10-12pm • $60/Silver
Leader: William Riffer

A Touch of Spring: Botanicals from the Archives

NEW Are you missing the beauty of summer flowers? Or feeling the need for a little touch of spring color? Come join us for a peek at the beautiful botanicals that live within the Galvin Rare Books and Special Collections. In this course, we’ll explore some rare botanical collections, highlighted by the newly donated set of 19th Century engraved lilies from the renowned French botanical artist Pierre-Joseph Redouté.

F • Mar 4 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek

UR Campus Walk

Take a walking tour of the UR campus, named the nation’s most beautiful campus in the Princeton Review’s 2021 college guide.

M • Mar 7 • 1:30-3:30pm • Free to members
Leader: Marshall Ervine

Osher Member Orientation

Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

R • Mar 10 • 1-2:30pm • Free to Members
Leader: Osher Membership Team

‘The Metaphysical Thomas Jefferson’: Compelling Messages for Today

NEW, AUTHOR’S BOOK TALK If you could talk with Thomas Jefferson, what questions would you ask? This class explores Mr. Jefferson’s fascinating current views on government, foreign policy, religion, the military, race relations, slavery, Sally Hemmings, higher education, and other Founding Fathers, including ‘song and dance man’ Alexander Hamilton.

F • Mar 11 • 1-2:30pm • $20/Silver
Leader: Suzanne Munson

Energy and Sustainability

NEW The course will explore available energy technologies, from fossil fuels and nuclear power through renewables such as hydropower, wind, and solar energy, with a focus toward achieving sustainability on the local, national and global scale. Topics will include energy carriers and energy storage, transmission and distribution, along with resource requirements, environmental impact, and economic evaluation of the various energy options.

M • Mar 14, 21, 28 • 10-12pm • $60/Silver
Leader: James Miller

The Mighty Pen Project: Keeping Our Veterans’ Stories Alive

NEW The Mighty Pen Project was founded in 2014 by bestselling writer, playwright, and philanthropist David L. Robbins. In partnership with the Virginia War Memorial, the Mighty Pen Project provides writing instruction and continuing writing support to those who have experienced our nation’s military events either through service or as a supporter of the military.

M • Mar 14 • 1-3pm • $20/Silver
Leader: David Robbins

School, The Courts, and the Right to an Education

NEW The US Constitution does not mention schools or education, yet some of the most important cases in American Constitutional history involve either access to public education or the respective rights of students, teachers, and parents. This course will examine some of the most significant court decisions and the legal and policy issues they address, and how courts have both recognized and limited the scope of constitutional rights of students and educators.

T • Mar 15, 22 • 10-12pm • $40/Silver
Leader: Thomas Cox
Understanding Long Term Care Insurance

**BACK BY POPULAR DEMAND**

We’ll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual’s circumstances, to pay for long term care? There is no one-size-fits-all solution.

**W** • Mar 16 • 10-12pm • $20/Silver

Leader: Linda Tsironis Caruthers

Aging in Place

**NEW** Let’s discuss ‘Aging in Place.’ We will offer useful tips for making your home safe and accessible as you grow older right where you are living now.

**R** • Mar 17 • 10-12pm • $20/Silver

Leaders: Diane Andrews, Martha Gilliam

The Impact of British Monarchs on Virginia 1607-2007

**NEW** This course will explore the political and historical relationship between British Monarchs (and their governments) and the citizens of Virginia. It will use the actions of monarchs from Elizabeth I to George III to focus on how the understanding of political rights changed up to and after the American Revolution.

**R** • Mar 17, 24, 31 • 1-3pm • $60/Silver

Leader: H.E. ‘Chip’ Mann

Belle Isle History Hike

**BACK BY POPULAR DEMAND, DRIVE TO EVENT** Learn the unique story of Richmond’s historical gem, Belle Isle, and the role it has played in our developing city over time. This class will include a two-mile hike over flat terrain with loose gravel.

**F** • Mar 18 • 1:30-3:30pm • $20/Silver

Leaders: Bryce Wilk, Tyler Twyford

Bach and His Friends and Successors

**NEW** Let’s talk Bach! We will discuss the influential works by J. S. Bach and those whom he directly influenced during his lifetime. We will also learn about the Rudolf von Beckerath two-manual tracker organ in Cannon Memorial Chapel. This class precedes an organ concert of some of these works on March 28 at 7:30 pm in the chapel.

**M** • Mar 21 • 1-3pm • $20/Silver

Leader: Bruce Stevens

The Osher Institute Special Interest Groups

The Osher Institute Special Interest Groups Formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

**Biking** John Bander, johnabander@icloud.com

**Bridge** Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402

**Contemporary Issues** Bill Pawelski, wjpinva@gmail.com and Alan Corbett, alan.corbett@comcast.net

**Great Conversations** Vera Mulherin, paxvera@netscape.com

**Historically Speaking** Louis Cei, ceilb2@aol.com

**Investments** Brian McNeil, mcneilfb@verizon.net

**Literary Dreamers** Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com

**Memoir Writing** Two groups, both of which are full at this time.

**NEW** **Mystery Lovers** Nancy Newins, nnewins@verizon.net

**Photography** Peter Blankman, pblankman@gmail.com

**Theatre Lovers** Due to Covid restrictions, the theater group has been “dark.” As theaters reopen, so will our adventures into drama, comedy, and musicals. BUT we need your input and your leadership. Interested ‘thespians’ please email the Osher staff at Osher@richmond.edu.

**Travel** Celeste Miller, OSHERtravel@gmail.com

**NEW** **UR Women’s Basketball** John Festa, johnfesta@comcast.net

Spring Exhibition at UR Museums

**Ri** Walk through the Harnett Museum of Art with Martha Wright to see the current special exhibition on view! We will talk about the artist on view, the content, and do some interactive chatting. Expect thought-provoking content as well as the typical humor that comes with any tour by Martha.

**T** • Mar 22 • 1-2pm • Free to Members

Leader: Martha Wright

Poetry from the New Yorker

**BACK BY POPULAR DEMAND** Close, careful reading of poetry allows us to understand ourselves better by forcing us to participate in someone else’s thinking. The New Yorker still selects some of the best challenging, contemporary poems. We’ll read and analyze each week’s new poems. Heavy class participation is expected.

**T** • Mar 22, 29, Apr 5 • 3:30-5:30pm • $60/Silver

Leader: Riker Purcell
Dean Jamelle Wilson: A Discussion of Public Education in 2022

In 2021, more than 90% of America’s children attended K-12 public schools, just as many of us did. Yet, today’s public schools may look and feel a bit different than what we remember or what we imagine. In this conversation, we will examine the current landscape of public schools in Virginia and consider how that landscape must continue to change to serve future generations.

W • Apr 6 • 10-11:30am • Free to Members
Leader: Jamelle Wilson

Marriages of Art Illustration and Classic Literature

NEW Z Join us as we examine the ways that classic 19th and early 20th Century authors used illustrations to illuminate the themes of their texts. We will examine the illustrator choices that writers such as Mark Twain, Lewis Carroll, Beatrix Potter, and T.S. Elliot made, as well as the different means that artists used to add visual vibrancy to books like Tom Sawyer, Huck Finn, Alice in Wonderland, Peter Rabbit, and Old Possum’s Book of Practical Cats.

W • Mar 23, 30 • 10-12pm • $40/Silver
Leaders: Murray Ellison, Alice Waagen

Let’s Talk Parks - Fort Monroe: The Gibraltar of the Chesapeake

NEW Z Join us for a virtual tour of Fort Monroe, ‘The Gibraltar of the Chesapeake,” and Fort Wool. These US strongholds were key to the defense of Hampton Roads, and instrumental in the 1862 Peninsula Campaign: the first major offensive campaign to capture Richmond. This ranger-led tour is part of the Travel Special Interest Group’s ‘Let’s Talk Parks’ outings. We’ll also have a facilitated sharing of general questions and tips about national parks that participants have or hope to visit.

R • Mar 24 • 10-12pm • Free to Members
Leaders: Bill Hafker, Aaron Firth

Cool Flicks: More of the Greatest Comedies

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This spring we will watch and discuss these classics: ‘Bluebeard’s 8th Wife’ (1938) with Gary Cooper and Claudette Colbert; ‘The Great Buster: The Life of Buster Keaton’ (with all his funny film clips); and ‘I Married a Witch’ (1942) with Veronica Lake and Fredric March.

F • Mar 25, Ap 1, 8 • 10-12pm • $60/Silver
Leader: Dan Begley

Who Doesn’t Love Soups?

NEW, DRIVE TO EVENT Who doesn’t love soup? Whether hot or cold, soups can be nourishing and filling. Learn how to make these delicious starters or have a second bowl and call it dinner! We will prepare and enjoy Portuguese Kale Soup, Pear and Pancetta Soup, Macadamia Nut Gazpacho, and Mango Soup.

F • Mar 25 • 1:30-3:30pm • $65/Gold/Silver/UR
Leader: Tammy Brawley

How to Travel Like a College Student

NEW Designing travel for university students and then having them make it their own is one of the best ways to encourage young people to connect with others abroad. Join UR’s Dean of International Education Martha Merritt as she discusses designing the programs that rank our University #2 nationally for study abroad and what she learns every year from students, and hear from Spiders themselves as they talk about navigating the world.

M • Mar 28 • 1-3pm • Free to Members
Leader: Martha Merritt

Touring Germany’s National Parks

NEW, HYBRID We will discuss the role of National Parks globally, compare those in Germany to those in America and the rest of Europe, and explore many of the German National Parks themselves. We will also look at several other things that might inspire you to visit Germany and its parks. NOTE: You must also register for one sub-session: in person or remote.

T • Mar 29 • 10-12pm • $20/Silver
Leader: Bill Hafker

Arthur Ashe: A Very Richmond Life

NEW Join this class to explore the life of Richmond native Arthur Ashe. Although Ashe was an amateur and professional tennis phenomenon playing all over the globe, his ties and family kept bringing him back to Richmond. He said, ‘I have a love/hate relationship with Richmond.’ We will explore Ashe’s rise from a seven-year-old restricted to playing on the segregated tennis courts in Richmond to his prominence as a world-class tennis star and worldwide activist.

T • Mar 29 • 1-3pm • $20/Silver
Leader: John Festa

Voting Rights in America

NEW Let’s explore the many ins and outs of this topic: and there is much to explore! We will trace the somewhat circuitous history of voting rights, look at voting patterns and behavior, and culminate with a discussion of the current tension between voter suppression and voter fraud.

R • Mar 31 • 10-12pm • $20/Silver
Leader: James Narduzzi

Nightingsales of the South

NEW During the American Civil War, women by the thousands volunteered to work as nurses. Some served officially, others unofficially; all made an impact. This talk will explore the lives and experiences of three women: Sally Tompkins, Phoebe Yates Pember, and Susie King Taylor.

M • Apr 4 • 1-2:30pm • $20/Silver
Leader: Kelly Hancock
Salsa Meets Jazz
NEW Join UR Music Professor Mike Davison and friends for a wonderful exploration of Cuban Jazz. Dr. D. and his guests will keep you engaged with their insights and their performances of this special genre of jazz!
M/W • Apr 4, 6 • 4-6pm • Free to Members
Leaders: Mike Davison, Daniel Guzmán Loyzaga, Peter Loman

Important Aspects of the Golden Age of Islam
NEW This course will focus on contributions made by earlier civilizations which helped lay the foundation for the Golden Age of Islam, the ‘seats of learning’ within the Islamic World during this period, and glimpses of contributions made by Arabs and Muslims in different scientific fields.
T • Apr 5, 12, 19 • 10-12pm • $60/Silver
Leader: Malik Khan

Advancements in Acute Stroke Treatment
NEW This presentation will review causes, signs, and symptoms of stroke. The latest advancements in acute stroke therapy will be reviewed, including emergency medical and endovascular surgical treatments.
T • Apr 5 • 1-2:30pm • $20/Silver
Leader: David Loy

Dean Jamelle Wilson: A Discussion of Public Education in 2022
NEW In 2021, more than 90% of America’s children attended K-12 public schools, just as many of us did. Yet, today’s public schools may look and feel a bit different than what we remember or what we imagine. In this conversation, we will examine the current landscape of public schools in Virginia and consider how that landscape must continue to change to serve future generations.
W • Apr 6 • 10-11:30am • Free to Members
Leader: Jamelle Wilson

Common Ground
UPDATED Are you tired of the polarization on the major issues facing our country? Are there solutions that will meet the needs of the majority of us rather than one extreme or the other? We’ll examine key issues of interest to the participants, bring in data on the subject, and work to find practical solutions. This is not a class to push your personal opinions, but one for open exchange and to find ‘common ground.’
W • Apr 6, 13, 20, 27 • 1-3pm • $60/Silver
Leader: Don Miller

Goochland’s Second Union Rosenwald School
DRIVE TO EVENT Take a drive to Goochland and tour the Second Union Rosenwald School, built to educate rural Black students in the early 1900s.
R • Apr 7 • 2-3pm • Free to Members
Leader: Calvin Hopkins

The Virginia War Memorial: The Old and The New
DRIVE TO EVENT Take a tour of the Virginia War Memorial, both the old and the new. Completed in 1956, the original Memorial houses the monument, museum, and educational center honoring all Virginians who served from World War II through today. The Memorial’s February 2020 addition features a shrine to those killed in action in the 21st Century, a long-distance learning and oral history studio, a veterans art gallery, a Medal of Honor Gallery, and a lecture hall.
F • Apr 8 • 1:30-3:30pm • Free to Members
Leader: Kyndall Drumheller

Your Local Habitat, and Why It Is Important
UPDATED Wish you had more birds, bees, and butterflies where you live? This class will discuss how to improve the habitat around you using native plants, whether you have a traditional yard, container garden, or community space.
M • Apr 11, 18 • 10-12pm • $40/Silver
Leader: Sheryl Smith
The Language of COVID: An Interdisciplinary Symposium on COVID-19

There are many facets of the COVID-19 pandemic, and we need to learn and understand as much as we can about them. Experts in each of the following areas have been invited to address various topics pertaining to COVID-19 in a two-day symposium this spring.

Panel Topics:
- Panel 1: Communication and Social Behavior
- Panel 2: Latin American, Latino, and Iberian Studies (LALIS)
- Panel 3: Covid's Impact on Education
- Panel 4: The Particularity of National Responses to Covid (vs. Global Phenomenon)
- Panel 5: Biopolitics of Covid: the language of the “state of exception”
- Panel 6: Covid & the Transformation of Labor Practices
- Panel 7: Performing arts in the age of COVID-19
- Panel 8: Social Media and Covid

Dates: April 13-14, 2022
Times and Locations: To be determined, so look for emails prior to April 13th
Delivery: Some in person, some on line.
Organized by the University of Richmond’s Department of Languages, Literatures and Cultures

Chain Maille: Flight of Fancy Bracelet
UPDATED We will be creating a bracelet with sterling silver. The Flight of Fancy Bracelet is an easy bracelet to make and is great to wear every day. This bracelet combines two classic chain maille weaves, Byzantine and Celtic line, in an attractive arrangement.
T • Apr 12, 19 • 1-3pm • $75/Gold/Silver/UR
Leader: Celeste Miller

Chakras and Energy Bodies
NEW How is your energy flowing these days? Learn about the seven energy centers (chakras) in your body and how your energy body responds to, and engages with, the world around you. This talk will help those who want to dive deeper into spiritual and energetic awareness.
W • Apr 13 • 10-11:30am • $20/Silver
Leader: Martha Wright

Protecting Yourself from Cybercriminals and Scam Artists
NEW Professor Nancy Bagranoff and FBI Supervisory Special Agent David Johnson will talk about how hackers and other scam artists target individuals and what steps you can take to protect yourself from identity theft, loss of assets, and privacy loss. The presentation will include ways to protect yourself from attacks where hackers and other criminals use social engineering or psychological manipulation to gain trust and information.
T • Apr 12 • 3:30-5pm • $20/Silver
Leaders: Nancy Bagranoff, David Johnson

Ticks to T-Rex
NEW During the Cretaceous Period, from 145 to 66 million years ago, dinosaurs of all shapes and sizes dominated the planet. As children, we marveled at their shapes and sizes dominated the planet. As children, we marveled at their shapes and sizes dominated the planet. We were fascinated by their large eyes, their teeth, the shapes and sizes, and the diversity of the dinosaur world. Each time we visit the Museum of Natural History, we see pictures from our many visits and come away with a better understanding of the ancient world that was shared with us.
R • Apr 14 • 10-12pm • $20/Silver
Leader: David Kitchen

Virginia Holocaust Museum Tour
NEW, DRIVE TO EVENT Join this on-site tour for a walk through the museum, along with a comprehensive overview of the history of the Holocaust incorporating the stories of survivors who made Richmond their home.
R • Apr 14 • 1:30-3:30pm • Free to Members
Leader: Matthew Simpson

For the Beauty of It All: National Parks East
BACK BY POPULAR DEMAND Take a look at our National Parks and other places of beauty in the Eastern USA: that is, east of the Mississippi. Videos and pictures from our many visits and commentary will be featured.
F • Apr 15, 22, 29 • 10-12pm • $40/Silver
Leaders: Dennis Cogswell, Nancy Cogswell

The Pumphouse History Tour
NEW, DRIVE TO EVENT The Pumphouse History Tour takes participants on a journey through time as they explore the 1883 Pumphouse, which brought unfiltered river water to the citizens from Richmond from 1883 to 1913. The building was designed as both a functional piece of public works and also a community gathering space.
F • Apr 15 • 1:30-3:30pm • $20/Silver
Leaders: Tyler Twyford, Bryce Wilk

Richmond Tourism: Where Are We Now?
UPDATED Tourism is a huge economic development engine in the Richmond Region. It has been hit hard by the pandemic, but people are eager to travel again. Are they coming back to Richmond? Do we have enough workers to support this industry now?
M • Apr 18 • 1:30-3:30pm • Free to Members
Leader: Jack Berry

Reading Cormac McCarthy’s ‘Blood Meridian or The Evening Redness in the West’
NEW In this seminar we will examine the major themes of the novel ‘Blood Meridian’ and try to answer the question of what McCarthy was trying to accomplish by writing this violent yet pastoral and in many ways profound contribution to the best that American literature has to offer.
T • Apr 19, 26, May 3, 10 • 3:30-5pm • $60/Silver
Leader: Jack Kangas
Medicare Education 101
BACK BY POPULAR DEMAND
This class provides an overview of the various pieces of Medicare, including Parts A and B, supplements, drug cards, and Medicare Advantage plans. Eligibility, timing, and enrollment in the various parts of Medicare are covered.
R • Apr 21 • 10-11:30am • $20/Silver Leaders: Chris Lynch, Sarah Lynch

UR Campus Spring Gardens Walk
Come prepared to enjoy the beautiful UR campus in the springtime. We will focus on the many gardens on campus.
R • Apr 21 • 1:30-3:30pm • Free to Members Leader: Marshall Ervine

UR Behind the Scenes: The Cannon Memorial Chapel
Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013, the Columbarium, and the Wilton Center.
F • Apr 22 • 1:30-3pm • Free to Members Leader: Betty Ann Dillon

From Plaszów to Richmond and Points in Between
NEW Holocaust refugee/survivor Captain Alex Keisch, Maritime, shares his journeys from Kraków-Plaszów concentration camp to Richmond and the oldest Holocaust Memorial site in North America. Using humor and hard facts from his family's story of surviving the Holocaust, he fashions a tale of pain and pleasure explaining the need for Holocaust Education to help mitigate Jewish and Zionist hate.
M • Apr 25 • 1-3pm • $20/Silver Leader: Alex Keisch

iPad Basics
BACK BY POPULAR DEMAND
Are you getting the most out of your iPad? Learn short cuts, tricks, and how to enjoy and use your iPad.
T • Apr 26, May 3 • 10-12pm • $40/Silver Leader: Betsy Spath

‘Isaac’s Beacon’: The Birth of the State of Israel
NEW, AUTHOR’S BOOK TALK ‘Isaac’s Beacon’ is a sweeping historical tale based on the real events of Israel’s founding, bringing alive the power and complexities of the birth of the Jewish state out of the ashes of the Holocaust. Join bestselling author David L. Robbins as he describes turning his mastery of the historical novel to another defining moment of the twentieth century: the birth of the state of Israel.
T • Apr 26 • 1-3pm • $20/Silver Leader: David Robbins

Following the Footsteps of Buddha
NEW Come walk with us as we journey with Dr. Talegaonkar to the holy sites of Buddha’s birth, enlightenment, first sermons, and his maha parinirvaan.
W • Apr 27 • 10-12pm • $20/Silver Leader: Shantaram Talegaonkar

History of Richmond Craft Beer Part 6: Castleburg Brewery
NEW, DRIVE TO EVENT The session includes a brief history of Castleburg along with other historical beer highlights from the neighborhood. A tour of the brewery, one of Richmond’s smallest, will be followed by beer tastings. Participants are welcome to extend their tasting and knowledge with the leader after the session is over.
W • Apr 27 • 5-7pm • $20/Silver Leader: Wade Reynolds

Tasting Virginia Wines with the Experts
DRIVE TO EVENT Virginia is becoming known as an up-and-coming wine region for the caliper of wines being produced in the Commonwealth. We’ll taste the wines of three wineries and meet the winemakers that are making these wines.
R • Apr 28 • 10-12pm • $30/Gold/Silver/UR Leader: Annette Boyd

Tour of UR’s Historic Bottomley House
Come learn how this historic home was acquired by UR and moved onto campus, tour the home, and hear about its many lovely features.
F • Apr 29 • 1:30-3pm • Free to Members Leader: Betty Ann Dillon

MAY
Music, Politics, and the Eurovision Song Contest
NEW What do ABBA and Céline Dion have in common? They won the Eurovision Song Contest (ESC). This annual pan-European cultural event began in 1956 and became the world’s most-watched live music event. Participants in this class will enjoy videos that show the fun of this spectacle but also explore the history and politics that explain the creation of the Contest. Learn how to enjoy the ESC in Italy in May 2022!
M • May 2 • 1-2:30pm • $20/Silver Leader: Sharon Scinicariello
You Have Done it Again!

We are grateful and happy to share that the University of Richmond’s Osher Institute has met and exceeded its 2021 Osher Annual Fund goals of $27,500 from 20% of our members. YOU, our members, made this happen!

As of November 15 2021, 243 Osher members in 187 Osher households have made financial gifts to Osher totaling $31,115. The number of participating households represents a new all-time high participation rate of 29% of those solicited. Notably, more members than ever made their gifts through tax-advantaged traditional IRA gifts and donor advised funds, creating win-win scenarios.

The 2021 Honor Roll of Donors year-to-date can be found on our website, https://spcs.richmond.edu/lifelong-learning/usher/giving/2021.html. Please accept our heartfelt appreciation for your financial generosity!

If you have not made a gift to the Osher Institute yet in 2021 and would like to join your fellow Osher members who have supported Osher with a financial gift, please visit https://usher.richmond.edu/give, or email Amy Edwards (aedwards@richmond.edu), Stewardship Assistant.
Coffee Chats, Happy Hours, Game Nights

During the past year, our awesome Member Connections Team has offered many ways to stay connected. You may recall that pre-COVID, we hosted Happy Hours in The Cellar on campus. When the pandemic hit, our volunteer-led Coffee Chats, Happy Hours, and Game Nights were all virtual, hosted on Zoom.

As we figure out our new normal, our Happy Hours are now in-person events, each one at a different venue around town. These in-person social events are growing, especially as you become more willing to venture out.

We anticipate more of these events in the spring, but our Member Connections Team will monitor the interest in virtual versus in-person events and plan accordingly. Be on the lookout for email announcements!

Osher Membership

You can become an Osher member at any time during the year for as little as $75 per year. A summary follows of membership levels and benefits. To become a member, visit our online registration portal at https://www.enrole.com/richmond/jsp/index.jsp?categoryId=OSHER and create a new account. Once your account has been created and you are logged in, select the MEMBERSHIPS & RENEWALS category and purchase a new membership. Your membership is valid for one year from the date you join.

**Membership Levels**

**Silver: $75/year** (rolling 12-month)

Our Silver membership is the perfect get acquainted level for individuals who are interested in seeing what Osher has to offer. For a small annual fee, an individual receives a University of Richmond One Card and e-mail address, parking pass, full use of the library including access to online databases while on campus and access to register for Osher courses. However, Silver members pay for each course in which they enroll, $100 to audit available semester-long courses, and special course fees.

**Gold: $350/year** (rolling 12-month)

Our Gold membership is perfect for individuals who want to take advantage of the entire Osher Lifelong Learning Institute experience. This individual membership includes a University of Richmond One Card and e-mail address, parking pass and full use of the library including access to online databases while on campus. In addition, Gold members have unlimited access to all Osher courses free of charge (excluding off-campus trips). Available undergraduate semester-long courses may be audited at no additional charge.

**UR Osher: $25/year** (rolling 12-month)

Exclusively for UR faculty, staff and retirees and their spouse/partner who want to receive notices of special Osher member events and programs. For additional details, contact the Osher Institute office.

**Upgrading Your Membership**

Are you a Silver member who is wondering if an all-inclusive Gold membership is right for you? Silver members may upgrade at any time during the first six months of their membership year. Upgrades will not change the membership term dates. When upgrading, the $75 Silver membership fee will be applied to the upgrade.
Welcome to the Osher Lifelong Learning Institute at the University of Richmond. Our mission is to provide lifelong learners with opportunities to engage in intellectual and cultural activities. We offer a wide variety of courses and events that cater to diverse interests and learning styles.

If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.

Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR’s Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk – offering remote support (804-287-6400 or helpdesk@richmond.edu)
- Use of more than 300 online databases at the UR Library
- UR ‘One Card’ used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily ‘SpiderBytes’ messaging for UR programs and events
- Access to UR help center for preparing presentations – offering remote support (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members
- Free bonus classes and special events

Explore your love of learning at UR’s Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it’s your love of learning that counts. Join the fun today!

For more information, contact us today:

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If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.