

OSHER
LIFELONG
LEARNING
INSTITUTE

OSHER

AT THE UNIVERSITY OF RICHMOND

FALL 2024



CELEBRATING OUR LOVE
OF LIFELONG LEARNING



UNIVERSITY OF RICHMOND
School of Professional
& Continuing Studies™

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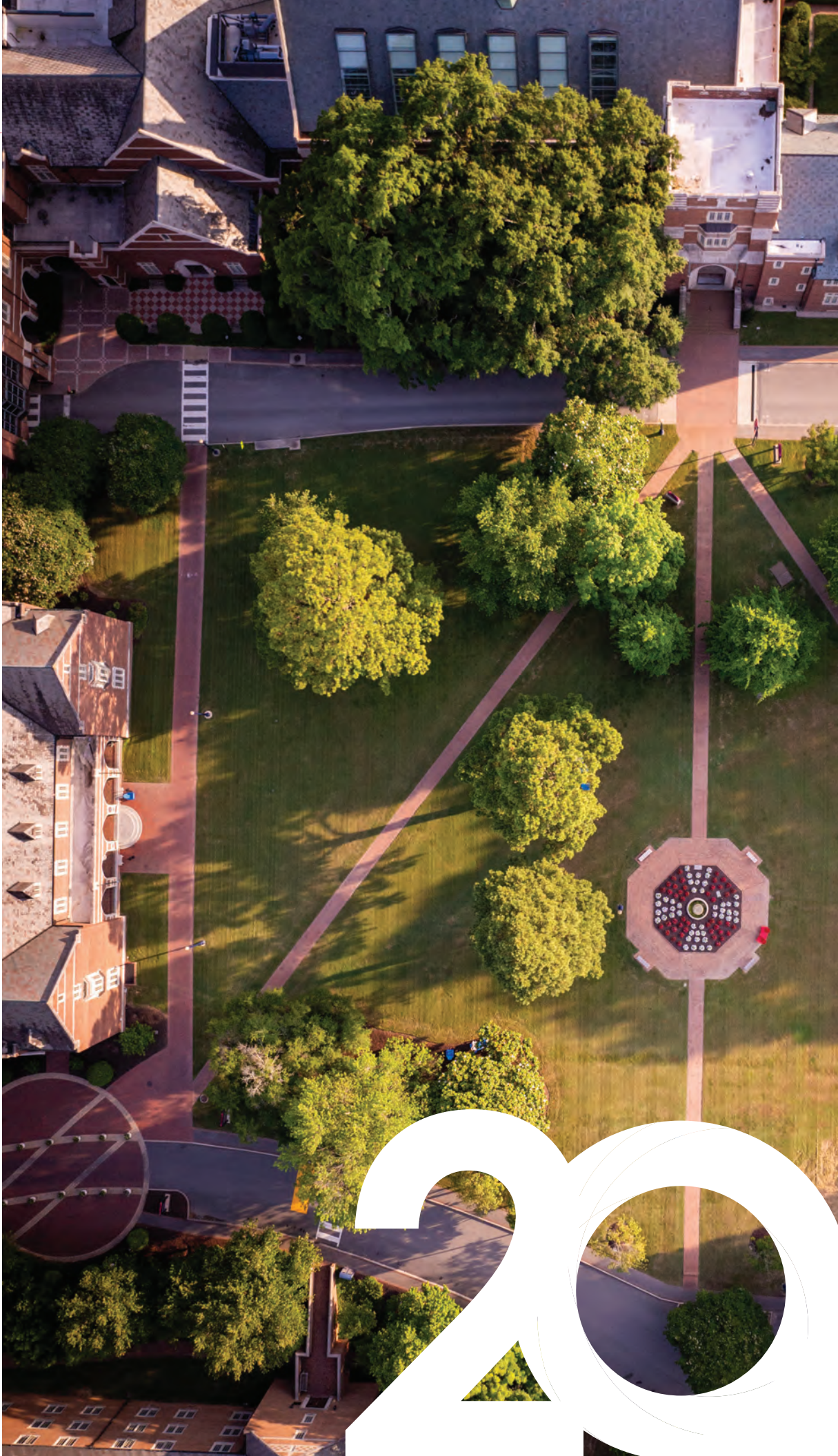


Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 124 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, courses, free lectures, and more. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.





Let's Celebrate!

It's hard to believe the University of Richmond's Osher Institute is now 20 years old! What a milestone — to evolve from a casual conversation at a conference to a robust, well established lifelong learning institute with more than 1,200 members. It's a noteworthy achievement, and we want to celebrate!

We will recognize those who had the vision and created this institute. We want to tell our story from inception to the present. We're excited that two Osher leaders have agreed to document this for us.

Beginning in September, we will offer events that celebrate our 20th year. These will include our annual Back-to-School Event, football tailgates, movies, musical events, and lots more. We will include some of these in this fall catalog — look for the 20th anniversary icon — others we will announce via email as the details are confirmed. These will be fun ways to gather and highlight our 20th!

Here are a few of the 20th Anniversary events that you'll find listed in this catalog and available for registration:

SEPT 17 BACK-TO-SCHOOL EVENT

This is always a great way to kick off the fall semester. Come kick off our 20th with your Osher colleagues and get ready to enjoy some great classes!

OCT 19 SPIDER FOOTBALL GAME AND OSHER TAILGATE

NOV 2 2ND SPIDER FOOTBALL GAME AND OSHER TAILGATE

Two opportunities to tailgate with Osher! Bring a dish to share and join your fellow members for a fall afternoon of socializing and cheering the Spiders on to victory.

NOV 7 VINO AND TRIO

Join us for a night of music with three of the finest musicians in Richmond. We'll start with wine and hors d'oeuvres, then sit back and enjoy their great talents.

DEC 17 TACKY HOLIDAY SWEATER MOVIE PARTY

Wear your most outrageous holiday sweater and join your Osher friends for some popcorn and a movie. We'll pick a holiday movie that will go well with our sweaters!

In addition to the 20th Anniversary event icon, look for new icons to represent Zoom classes and the Regirer Aging Well Series throughout the catalog. It's part of a minor redesign to enhance readability and make course selection and registration easier. National Osher Online classes are also highlighted with a new blue box to make them easier to find. We've included a class key on page 5 for reference.

Let's celebrate our love of lifelong learning together! We all can be proud of what we've created together over the last 20 years — and there's lots more to come!



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Romney

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WHERE DO I START?

FALL 2024

ONLINE REGISTRATION

- Log in to the online registration portal. Visit osher.richmond.edu/schedule, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew?
Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **August 15**. Register starting **August 22**.
- Your shopping cart will hold up to 10 class registrations at a time. Then, you must check out and pay, if required. You may fill up your cart and check out as many times as needed to register for all desired classes.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

FOR REMOTE CLASSES

For UR Osher Courses:

- You’ll receive a Zoom link via email the day before each class.
- Log in 5-10 minutes early.
- Use your first and last name as your screen name to help with attendance.
- The instructor and class host will identify the best way to ask questions.

For National Osher Online Courses:

- There are not individual zoom links that will be sent for each course. Rather, all course links are housed online at the **Osher Online website: www.osheronline.net**
- You will need to go to this website for each session of each course.
- To enter this site, you will need your username, and password.
- **Username:** This is the e-mail address used when registering for your courses.
- **Password:** will be provided by National Osher .
- *Please note that as you visit the site, you will only have access to the courses for which you are registered.*
- *National Osher Online courses are not recorded.*

FOR IN-PERSON CLASSES

- In-person classes have **limited seats available** and may fill up.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
 - Osher staffers manage the **waitlists** all semester. There’s always a good chance that you’ll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You’ll receive an **email** prior to class that will identify the classroom location.
- Allow time for parking and walking to class.

ID & PASSWORD REMINDERS

- Your **UR ID** is used to confirm your affiliation with the University.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create your Net ID.
- Your **Net ID** is used to access University-hosted resources.
 - Within a few days of enrollment, you will receive an email with the subject “**University of Richmond Account Activation**,” which will contain your unique activation link; to activate your account, please click on this link.
 - You will need your UR student ID number to activate your account
 - For students who are not new, but have never established their NetID, please email the Computer Help Desk, helpdesk@richmond.edu, to request an Account Activation Link. You will need to provide your UR student ID number in this email.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to osher.richmond.edu/schedule, then Online Registration Portal, to access.
 - Create password and username of your choice.
 - May require **UR ID** for one-time setup.
 - Note: This is not connected to your **Net ID**.



TWENTIETH TIDBIT

We were established in 2004 at the University of Richmond with a gift from the Bernard Osher Foundation.

September

News from the Microbiome



BACK BY POPULAR DEMAND

Scientific understanding of the human gut has changed radically, revealing that microbes may be powerful allies in our search for health. Does our modern way of living damage these helpful bacteria? Are diet changes or probiotics helpful? This course will focus on a few recent developments in microbiome science, and refer to research studies that may help us protect our own microbiomes and well-being.

R, F • Sep 5, 6 • 10 AM-12 PM
• \$40/Silver

Leader: Patricia Ryther

Osher Member Orientation



Learn how to access and fully enjoy the many benefits of being a member of the Osher Institute and the larger UR community. Designed for new members, but offers tips for all.

M • Sep 9 • 1-3 PM • Free to Members
Leader: Osher Leadership Council

Four Seasons of the James River Park System

NEW PHOTOS This class will explore Richmond's James River Park features and recreational opportunities offered throughout the year. We'll include maps and photographs, many of which come from the recently published book 'A Photographic Journey through the James River Park System.'

T • Sep 10 • 10-11:30 AM • \$20/Silver
Leader: Bill Draper

Memoir: Telling Your Story



NEW We all have a story that is unique, yet universal. Julie Fritz, who wrote her memoir,

'Remembering a Hill,' about growing up in the 1950's, will tell of her journey traveling back to her childhood, remembering events and details, writing down those details, researching for accuracy, crafting the story, revising,

printing, distributing and marketing. She will share her experiences with self-publishing and going through a publishing house.

T • Sep 10 • 1-2:30 PM • \$20/Silver
Leader: Julie Fritz

Spite House, Book 7 of the Old Town Mystery Series

NEW, AUTHOR'S BOOK TALK John Wasowicz will discuss 'Spite House,' book 7 of his Old Town (Alexandria) Mystery Series. He will discuss the evolution of the series and the creation of the latest novel, which deals with the inhabitant of one of Old Town's four 'spite houses' accused of murdering a neighbor with a poisoned cupcake OUT OF SPITE!

T • Sep 10 • 3-4:30 PM • \$20/Silver
Leader: John Wasowicz

Nature Photography with a Focus on the Garden

NEW Nature photographer and Certified Master Naturalist Jim Easton will cover aspects of creating a good photograph, including light, location, equipment, and several of the important design elements of composition. His presentation includes stunning images, all of which were taken at area gardens. Jim will share technical info and practical tips, along with some philosophical quotations and musings on the art of photography.

W • Sep 11 • 10-11:30 AM • \$20/Silver
Leader: Jim Easton

Kingsmill Excavations: Curation and Conservation 50 years Later

NEW Ever wonder what happens to artifacts and records after large-scale archaeological excavations end? This class will look at the excavations at Kingsmill in Williamsburg, Virginia, through the lens of a current project funded by the Save America's Treasures Grant.

W • Sep 11 • 1-2:30 PM • \$20/Silver
Leader: Chelsea Blake, Serena Soterakopoulos

Choice, Chance, and Ants: This is Art?

NEW This lecture focuses on themes and movements in modern and contemporary art such as Dada, Surrealism, Abstract Expressionism, Fluxus, and performance art, specifically examining the role of choice and chance as a means for creating artwork. We will discuss how and why artists use selection versus arbitrariness in their artistic creations and consider the benefits and drawbacks of such approaches to art making.

W • Sep 11 • 3-4:30 PM • \$20/Silver
Leader: Elizabeth Schlatter

Medicare 101



BACK BY POPULAR DEMAND

Class provides an overview of Original Medicare A/B, including costs & coverages, when/how/if to enroll, Medicare supplements, Part D drug cards, and Medigap plans. Beneficial for those who have not yet transitioned to Medicare.

R • Sep 12 • 10-11:30 AM • \$20/Silver
Leader: Chris Lynch

Bounty of Boatwright



Learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

R • Sep 12 • 3:30-5 PM
• Free to Members
Leader: Carol Wittig

Landscape Plants for Year-Round Garden Interest

NEW This lecture covers herbaceous perennials, vines, shrubs, and trees that will enhance your property throughout the year, with emphasis on native species.

F • Sep 13 • 10-11:30 AM • \$20/Silver
Leader: Chris Catanzaro

CLASS KEY – Look for these icons and designations throughout the schedule for special classes.



20TH ANNIVERSARY
EVENTS



ZOOM
CLASS



REGIRER AGING
WELL SERIES

NATIONAL OSHER ONLINE



Touring the VA War Memorial

FIELD TRIP, DRIVE TO EVENT Join us for a tour of the Virginia War Memorial. The tour will include the new Virginia War Memorial exhibit, 'D+80: Virginians in the Normandy Invasion,' which opened June 6, 2024: the 80th anniversary of D-Day, when American and Allied forces landed on the beaches of Normandy in France in 1944 during World War II.

F • Sep 13 • 1-3 PM • Free to Members
Leader: Kyndall Drumheller

Thinking Like a CFO: Optimizing Personal Financial Strategy During Retirement

A NEW In this course, we'll apply a CFO mindset to the challenges of managing household finances during retirement. The goal is to equip you with critical concepts you can use to structure your thinking, to be more rigorous in your decision-making, and to act more confidently in the choices you make. No prior financial knowledge is required for this course: the goal is to make a sophisticated grasp of this subject accessible to everyone.

M, T, W • Sep 16, 17, 18, 23, 24, 25, 30, Oct 1, 2 • 10 AM-12 PM • \$60/Silver
Leader: Mark Yourek



Scribal Practice and the Early History of the Alphabet

NEW This course continues exploration of the origin of what many label as a 'revolution' and deem as the 'Ferrari' of ancient and modern writing systems. Named as an incipient invented in ancient Egypt, the Alpha-beta boasts use in over a hundred languages and two-billion speakers. But who first inspired it? Using the unrepresented number of recent inscriptional finds, we will focus on the scribal apparatus that made it all possible.

M • Sep 16, 23, 30, Oct 7 • 1-3 PM
• \$60/Silver
Leader: Jonathan Waybright

The Art and History of Pressed Flowers

NEW, HANDS ON In this hands-on course, students will have the opportunity to learn and create with pressed flowers. The lecture will cover the history of this ancient artform followed by a step-by-step demonstration on how to press flowers like a pro. Each student will receive their very own flower press to take home and will get to create one handcrafted pressed flower notecard as well. Fees are non-refundable unless we are able to fill your vacated slot.

M • Sep 16 • 3:30-5 PM
• \$30/All Members
Leader: Conner Parrish




Globalization, Trade, and VA . . . Oh, My!

NEW International trade and tariffs have become issues in the upcoming national election. This is often part of a larger discussion about the pros and cons of 'Globalization.' Is it good or bad for Virginia? What is the significance of trade and international investment in Virginia? Join us for a lively presentation and discussion of these topics and more.

T • Sep 17 • 1-3 PM • Free to Members
Leader: George Hiller

Osher Annual Fall Back-to-School Mixer

 Join your fellow Osher members, Osher staff, and UR administration for an evening of fun, food, and festivities as we celebrate our 20th anniversary. Volunteer leaders will staff information tables and will be happy to talk about their special interest groups and work teams.

T • Sep 17 • 5-7 PM • \$25/All Members
Leader: Osher Leadership Council

Naturalization Ceremony & Tour of United States Courthouse

NEW, FIELD TRIP, DRIVE TO EVENT Sign up to experience this wonderful opportunity to see civics in action. Visit the United States Courthouse and participate in a Naturalization ceremony for new United States citizens. Tour the Courthouse and learn about the court process from current court personnel. Be a part of history in the making!

W • Sep 18 • 12-2:30 PM • Free to Members
Leader: Linnea Parker



The Life and Selected Works of Michelangelo

Z **NEW** More than five centuries ago, on March 6, 1475, a titan was born: Michelangelo Lodovico Buonarroti-Simone. Painter, sculptor, architect, and poet, he was called 'Il Divino' (The Divine One) during his lifetime. He towered far over his contemporaries. He was patronized by nine popes, and today, Michelangelo would be labeled a workaholic. Learn about this amazing genius, his 'terrible' personality, and many of his major works.

W • Sep 18, 25, Oct 2, 9, 16, 23
• 3:30-5 PM • \$60/Silver
Leader: Juana Levi

Architecture and History at Patrick Henry's 'Red Hill'

NEW Join the American Revolution Round Table - Richmond for dinner and to learn about Patrick Henry's 'Red Hill' located in Charlotte County, VA. With artifacts and documents relating to Patrick Henry, his family, and the enslaved and free Black inhabitants, Red Hill also includes historic buildings and two cemeteries, one of which includes Patrick Henry's grave.

W • Sep 18 • 5:30-8 PM • Lecture Free to Members; Pay for Meal at Dining Hall Entrance
Leaders: Cody Youngblood, William M. Welsch

Our Amazing Universe: Things That Go Bump in the Night

NEW We will cover the important aspects of our weird, wonderful, majestic universe. Topics will include



how the universe got started; the evolution of stars, galaxies, planets and the formation of Earth; dark forces of matter and energy behind what we see; sculpting and molding the universe with Einstein's Relativity; and the very small foundations: atoms and quantum physics. Searching for Earth 2.0 and Extraterrestrials will also be discussed.

R • Sep 19, 26, Oct 3, 10, 17, 24, 31, Nov 7 • 10 AM-12 PM • \$60/Silver
Leader: Fred Silva

Wine: \$ vs \$\$\$ - Can You Tell The Difference?

NEW, FIELD TRIP, DRIVE TO EVENT
 Do you have to spend a lot of money for a good bottle of wine? Can you tell the difference when you do? We will taste similar wines at different prices, learn what makes the difference, and if you can tell. Eight wines will be tasted, each as a pairing: one inexpensive and one more expensive. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

R • Sep 19 • 1-3 PM • \$50/All Members
Leader: Warren Haskell

Sun Seekers: Life Amid the Darkness

A **NEW, AUTHOR'S BOOK TALK**
 Local author Rachel McRady discusses her debut novel 'Sun Seekers,' and her desire to reach caregivers and loved ones of those battling dementia and Alzheimer's disease. She'll discuss writing about complicated family dynamics and writing books that focus on celebrating life amid the darkness.

R • Sep 19 • 3:30-5 PM • \$20/Silver
Leader: Rachel McRady



Remembering Paulé: A Photo Memoir of Novelist Paule Marshall's Richmond Years

NEW Daryl Dance will discuss 'Remembering Paulé,' the story of her thirty-plus year friendship with novelist Paulé Marshall. Marshall and Dance were both committed truth tellers, teachers, cultural critics, writers, and activists who wielded their pens to revolutionize their literary world. Dance will detail years of teaching, traveling, lecturing, walking, dining, drinking, laughing, talking, and writing together. Lauren Alleyne declares of the book: 'Marshall lives on -- vibrantly, vividly -- in Dance's detailed and precious memories.'

F • Sep 20 • 10 AM-12 PM
• Free to Members
Leader: Daryl Cumber Dance

The Valentine's Wickham House

NEW, FIELD TRIP, DRIVE TO EVENT
 Enjoy a guided tour of the Wickham House, a National Historic Landmark built between 1812-1815. This tour challenges guests to explore aspects of life in the early 19th Century. The Wickham House was purchased by Mann S. Valentine II and in 1898 became the first home of the Valentine Museum. Come enjoy the recently reopened second floor, which focuses on the underrepresented stories within this historic home. Fees are non-refundable unless we are able to fill the slot.

F • Sep 20 • 1:30-3 PM
• \$8/All Members
Leader: Jessica Delbridge

2024 Osher Leadership Council

The Osher Institute depends on its members to assist with many aspects of the Institute. Our volunteer leaders are critical in ensuring that our institute is responsive to its membership.

Members of our 2024 Council include:

Alice Waagen, Chair
akwaagen@gmail.com

Janice Jones, Co-Vice Chair
jlynn50@gmail.com

Laura Soles, Co-Vice Chair
laurasoles@aol.com

Becky Hudson, Past Chair
edraywva@gmail.com

Steve Anders John Mahone

Tom Cox George Pangburn

Tanya Dolphin John Roberts

Kathie Howe Robb Wiczorek

If you are interested in volunteering within Osher and throughout the University, the opportunities are numerous.

For more information, please contact the Osher Office at osher@richmond.edu.

The Political Philosophy of Albert Camus

NEW Albert Camus is an iconic figure of 20th Century French literature, and one of France's most widely read novelists and essayists. He was awarded the Nobel Prize for Literature in 1957, three years before his death in a tragic car accident at age 47. In this seminar we will examine not only his biography but also the themes of some of his most famous works, including 'The Stranger,' 'The Rebel,' and 'The Myth of Sisyphus.'

M • Sep 23, 30, Oct 7 • 3:30-5:30 PM
• \$60/Silver
Leader: Jack Kangas

Root Hog or Die: Famous Last Stands

Z NEW Before the Battle of the Bulge in World War II, General George Patton proclaimed, 'Everyone in this army must understand: it's root hog or die!' This idiomatic expression means, 'We are on our own!' For Patton, the battle was a potential 'last stand' that, if lost, might have prolonged the war. History has other 'last stands.' We will examine four of them and identify their contexts, importance, and legacies.

T • Sep 24, Oct 1, 8, 15 • 1-3 PM
• \$60/Silver
Leader: L. Jon Grogan

Learning About the Holocaust, Part 1

BACK BY POPULAR DEMAND What is the effect on people when their right to live is taken away by their government? 'The Holocaust was a systematic, bureaucratic, state-sponsored persecution and murder of approximately six million Jews by the Nazi regime and collaborators' (USHMM). How did the unthinkable become reality through government and law?

T • Sep 24, Oct 1, 8, 15, 22, 29
• 3:30-5:30 PM • \$60/Silver
Leader: Rena Berlin

Help, You're Not My Type: Implications for Communication

A NEW Do you enjoy being the center of attention? Are you more interested in facts than in theories? Do you make 'to do' lists? Would you rather be truthful or tactful? Do you decide with your head or with your heart? In this introduction to the Myers-Briggs Type Indicator (MBTI), you will informally assess your 'type' and discover how understanding and appreciating differences can enhance communication and enrich relationships.

W • Sep 25, Oct 2 • 1-3 PM • \$40/Silver
Leader: Pamela Wiegardt

Let's Talk Politics: 2024 Election Issues

NEW The course will focus on seeking to understand the major issues surrounding the 2024 presidential election, identifying credible sources of information, and guiding attendees through a search for common ground on those issues. Note: The last class on Nov 7 will be at Independence Golf Course 2-5pm.

R • Sep 26, Oct 10, 24, Nov 7
• 1-4 PM • \$60/Silver
Leader: James Narduzzi, Aleta Richards

Shalom Farms: Overview of Food Justice Mission, Farm Operations, and Programs

FIELD TRIP, DRIVE TO EVENT Attendees will visit Shalom's Powhatan farm location to learn all about Shalom Farms' food justice initiatives. We'll discuss Shalom's mission, purpose and programming with the beautiful farm as our backdrop and then segue into an in-depth tour of our fields (complete with tasting opportunities, of course!) where we can dig in to Shalom's crop selection and agriculture practices.

F • Sep 27 • 9-10:30 AM
• Free to Members
Leader: Hannah Wittwer

Fiction into Film: Banned Books

Book banning is on the rise across the US. In recognition of Banned Book Week, 'The Perks of Being a Wallflower,' will be shown. This is a critically-acclaimed movie based on a bestselling book that is in the top ten of most challenged books for 2023. A discussion will follow.

F • Sep 27 • 2-4:30 PM
• Free to Members
Leader: Jane Dowrick

NATIONAL OSHER ONLINE

First Ladies: More Than the Women Behind the Men

Z Did John Adams listen to Abigail? Was Mary Todd Lincoln depressed? Did Eleanor advise Franklin? Did Edith Wilson really take over for the president? Was Hillary really a co-president?



TWENTIETH TIDBIT
We have more than 14,500 course registrations each year.

From the birth of our country through the present, this course will explore the evolution of the role and the Office of First Lady. We will examine how First Ladies helped shape history and left lasting legacies that impact many of us today.

M • Sep 30, Oct 7, 14, 21, 28, Nov 4
• 3-4:30 PM • \$60/All Members
Leader: Diana Carlin, Myra Gutin

Come . . . and BeMoved®!



BACK BY POPULAR DEMAND

Come to this class to learn about the long-term health benefits of just moving! BeMoved® embraces the joy of dance with people of all movement abilities. Movement expressed through dance and music has a transformative power that enriches a person's well-being above and beyond the well-known physical fitness benefits. BeMoved® is a dance fitness experience that begins with easy-to-follow therapeutic movements that flow into dance styles inspired by a wide variety of musical genres.

M • Sep 30, Oct 7, 14, 21, 28, Nov 4, 11, 18, Dec 2, 9, 16 • 5:30-6:30 PM
• \$100/All Members
Leader: Myra Daleng

NATIONAL OSHER ONLINE

Medieval Science: Exploring Insights and Discoveries



This course provides a comprehensive exploration of medieval scientific thought, encompassing various disciplines such as medicine, astronomy, and geography. We will delve into the groundbreaking insights and theories proposed by influential figures like Alhazen and Hildegard of Bingen. Through in-depth analysis and interactive discussions, we will uncover the complex network of scientific inquiry that defined the medieval era. Join this enlightening exploration, as we discover the wonders of medieval science.

M • Sep 30, Oct 7, 14, 21, 28, Nov 4
• 7-8:30 PM • \$60/All Members
Leader: Ilya Dines

October

NATIONAL OSHER ONLINE

Peace Leadership: Exploring Peacebuilding from the Ground Up



Explore peacebuilding stories behind the headlines. What has drawn far less attention than high-profile diplomats and politicians are the valiant and courageous efforts of peace builders working in unimaginable circumstances, and in many cases in partnership or cooperation with sworn enemies. This course will examine the elements of a construct known as 'positive peace,' which can and does exist, even in areas where conflict continues, through the lens of peace activists working on the ground.

T • Oct 1, 8, 15, 22, 29, Nov 5
• 1-2:30 PM • \$60/All Members
Leader: Aleen Bayard

NATIONAL OSHER ONLINE

Architecture, Engineering, Design, and Technology: Case Studies from the Past, Present, and Future



This course presents case studies in the history of architecture, civil and structural engineering, and industrial design. Specific design and building types will be discussed, and the course will examine instances where architecture, design, and engineering are impacted by technological advances catalyzed by rivalry and conflict – military, political, or economic/commercial – and overall motivations related to wealth and power as much as to design, scientific, or engineering advances.

W • Oct 2, 9, 16, 23, 30, Nov 6
• 11 AM-12:30 PM • \$60/All Members
Leader: John Zukowsky

NATIONAL OSHER ONLINE

Who is Fredrick Law Olmsted? An Examination of This Visionary's Life, Work, and Living Legacy



Famed landscape architect Frederick Law Olmsted has been called the most important historical figure that Americans know the least about. This course aims to change that by introducing the multi-faceted life, career, and legacy of Olmsted who was not only a landscape architect, but also a journalist, conservationist, farmer, and public servant.

W • Oct 2, 9, 16, 23, 30, Nov 6
• 1-2:30 PM • \$60/All Members
Leader: Dede Petri

NATIONAL OSHER ONLINE

The Power of Introverts



'Introverts are hermits. Introverts don't like people. Introverts can't hold a conversation.' These are some of the myths associated with introversion, a highly misunderstood personality type. In a society where the most extroverted are celebrated and rewarded, how do introverts fit in? In this course we will unpack this together and discuss the power of introverts, the beautiful balance of relationships with extroverts, how we can support and honor both personality types, and much more.

W • Oct 2, 9, 16, 23, 30, Nov 6
• 7-8:30 PM • \$60/All Members
Leader: Jeri Bingham

NATIONAL OSHER ONLINE

Gender and the Law



This course will explore the legal history of gender and the law, understanding gender in its broadest sense including sex, sexuality, and gender identity. We will discuss sex discrimination doctrines under the Equal Protection Clause of the United States Constitution as well as under federal laws such as Title VII of the Civil Rights Act of 1964 and Title IX of the Education Amendments Act of 1972.

R • Oct 3, 10, 17, 24, 31, Nov 7
• 11 AM -12:30 PM • \$60/All Members
Leader: Lauren Andersen



TWENTIETH TIDBIT
We serve more than 1,200
members each year.



The University of Richmond Osher Institute is again serving as a pilot site for the next round of Osher Online courses offered through the Osher National Resource Center (NRC).

You will register for these just as you would for a UR Osher course. Each is listed with the instructor, dates/times, and description in this catalog, clearly marked with this blue bar:

NATIONAL OSHER ONLINE

PLEASE NOTE:

- Seats are limited because we are sharing with other institutes across the nation.
- ALL members pay for these courses because we share the programming costs with the National Resource Center.

Italian Regional Rome

NEW, FIELD TRIP, DRIVE TO EVENT

Rome: a city unto itself, full of history, art, and delicious food! Learn a modern version of the classic Saltimbocca using chicken, fresh sage, and prosciutto. Bucatini All'Amatriciana gets its deep flavor from Guanciale, red pepper, quality tomatoes and pecorino cheese. Roman Ricotta Crostata is a dessert of creamy ricotta, tart cherries, and crisp pastry. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

R • Oct 3 • 1-3 PM • \$70/All Members

Leader: Warren Haskell

Beyond the Bounty

If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

R • Oct 3 • 3:30-5 PM

• Free to Members

Leader: Carol Wittig

Pundits, Polls & Politics: The '24 Election



NEW The '24 Election is here! Let us review POTUS approval history 1945-2020, explore how better voter polls are done, discuss pundits, define generations, and review current polls, then conduct some

in-class polls. Next, we'll try a Corporate Assessment Model, a business tool to rank the issues and the candidates. Finally, we'll make a class electoral vote prediction. A cellphone and some familiarity with QR codes is helpful, but not required. This is a non-partisan discussion!

F • Oct 4 • 10-11:30 AM • \$20/Silver

Leader: Doug Stowell

Four Friday Films

NEW Join us for four delightful movies. Two are touching stories that you might have missed: The Hundred Foot Journey (with Hellen Mirren) and Mr. Church (by the director of Driving Miss Daisy). We'll also watch Moonrise Kingdom, the first major film to display the distinctive style of Wes Anderson (of Grand Budapest Hotel). We'll end with the quirky comedy about dancing, breaking the rules, and of course, love: Strictly Ballroom.

F • Oct 4, 18, 25, Nov 1 • 1-3:30 PM

• \$60/Silver

Leader: Eric Holzwarth, Anne Barash

NATIONAL OSHER ONLINE

The Season of Sports Journalism: Tackle Media Coverage of the Summer Olympics Evolving into Fall Athletics Across the Globe



The world enjoyed the Paris 2024 Summer Olympics, but let's explore what it is like to cover those competitors from the proverbial press box. What research do reporters need to have at the ready? Where do journalists get it right or wrong in the rapidly changing gender dynamic of college athletics? How do we understand the dynamics at play when talking about controversies? Discuss these questions and more with Annie Krall, a sports and news broadcaster.

S • Oct 5, 12, 19, 26, Nov 2, 9

• 11 AM-12:30 PM • \$60/All Members

Leader: Annie Krall

The Hot and Cold of Climate

NEW The Hot and Cold of Climate takes a look at the scientific debate over climate change. Does it pose an existential threat, or are proposed solutions worse than the problem? Course topics include data, the physics of climate, human impacts, past climates, climate models, renewables, the smart grid, nuclear power, electric vehicles, green hydrogen, and possible effects of climate policy on energy, food, water, sustainability, and economic development.

M • Oct 7, 14, 21 • 10 AM-12 PM

• \$60/Silver

Leader: James Miller

Richmond Symphony: Symphony Series Companion Course 2024-25



UPDATED Join this deep dive into the music of the 2024-25 Richmond Symphony Series

Concert Season. Each session will focus on the repertoire of the Symphony's next concert performance and feature a special guest with a critical role in the performance. Guests will include conductors, composers, soloists, and more! Through recordings, images, scholarship, biographies, backstage stories, and discussion we will listen and engage more deeply with the music and the artists who bring it to life.

M • Oct 7, 21 • 7-8:30 PM • \$40/Silver

Leader: Walter Bitner

In Cold Blood: Truman Capote and the Novelization of Truth

NEW In 1965, Truman Capote applied his talents as a novelist to the chilling true story of the brutal murder of a Kansas farm family. This course will examine his 'non-fiction novel' as both a literary and journalistic work and will consider the impact writing the book had on the life and career of its unique and controversial author.

T • Oct 8, 15, 22 • 10 AM-12 PM

• \$60/Silver

Leader: Thomas Cox

NATIONAL OSHER ONLINE

Psychology Fundamentals

Z This introductory course is designed to provide a glimpse into different areas of psychology. We will learn more about how psychology can help us understand humans. We will look at the influence of geography on psychology, and what psychology can learn by becoming more cross-cultural. Whether this is your first step into the world of psychology, or you are looking to deepen your existing knowledge, the discussions promise something new and exciting for all.

T • Oct 8, 15, 22, 29, Nov 5, 12
• 11 AM-12:30 PM • \$60/All Members
Leader: Andres Gvirtz

Chain Maille - Flower Chain Bracelet or Necklace

NEW, PATTERN, HANDS ON This cute beginner's weave can be worn with just about everything. It is made up of three ring sterling silver 'flowers' which are then connected with more sterling silver jumpings. As with all chain maille classes, your supplies will be provided and all you need to bring is GOOD eyesight, PATIENCE, and a good SENSE OF HUMOR. Lovely to wear for the holidays or to give as a gift. Depending on your skill level, there may be some 'homework' required in between classes.

T • Oct 8, 15 • 1-3 PM • \$65 Bracelet, \$110 Neckace - All Members
Leader: Celeste Miller

NATIONAL OSHER ONLINE

Wellness From Within

Z This course explores mental, spiritual, and physical health and wellness through interactive discussion, brief meditation, creative writing, reading aloud, and plenty of humor. The workshops explore universal human issues while offering valuable techniques for enhancing both written and oral communication. Classes are low-tech, focusing on meaningful interaction, and a satisfying shared experience. Topics include managing stress, creative self-expression, the power of words, the value of self-care, adapting to change, and establishing healthy boundaries.

T • Oct 8, 15, 22, 29, Nov 5, 12
• 3-4:30 PM • \$60/All Members
Leader: Mónica E. Gómez

NATIONAL OSHER ONLINE

Art Movements from the Roaring '20s to the Swinging '60s

Z The 20th Century was a time of social and political change reflected in the art world. The changes manifested during World War I and its aftermath were felt in the cutting-edge art movements that questioned existing world order. In the shadow of World War II, artists rallied to make sense of the changes brought about by post-war social shifts. We will explore how artists challenged not only traditional art but also previous avant-garde art forms.

T • Oct 8, 15, 22, 29, Nov 5, 12
• 7-8:30 PM • \$60/All Members
Leader: Eleanor Schrader

NATIONAL OSHER ONLINE

The Empowered Consumer: Finding your Purchasing Superpower

Z Navigating the online marketplace can indeed be challenging. Unfortunately, e-commerce tips the advantage toward very sophisticated marketers. How do you protect yourself from being duped out of money or having your account information stolen? In this course, we will discuss factors that can affect information perceptions and good buying decisions. And we will offer a variety of resources to enhance your ability to make safe, sharp, and savvy purchasing decisions with sellers you can trust.

R • Oct 10, 17, 24, 31, Nov 7, 14
• 3-4:30 PM • \$60/All Members
Leader: Susan Loyd

In Cold Blood: Movie Screening of 'In Cold Blood'

Join this free movie screening to enhance your enjoyment of the October Osher course 'In Cold Blood: Truman Capote and the Novelization of Truth.'

R • Oct 10 • 5-7 PM • Free to Members
Leader: Thomas Cox

OUR OSHER SOCIALS CONTINUE!

We're excited to announce our fall dates. All are in person, and we'll send email reminders, so that you'll know the exact location for each event.



COFFEE CHATS

At Tyler's in the Commons

First Wednesday of each month
 at 8:30 a.m.

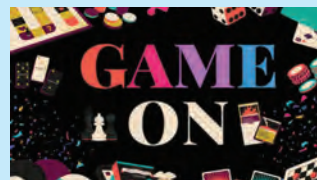
Sept 4 • Oct 2 • Nov 6 • Dec 4



HAPPY HOURS

Second Thursday of each month
 starting at 4:30 p.m.

Sept 12 - Brambly Park
Oct 10 - Legends
Nov 14 - Capital Ale
Dec 12 - VMFA



GAME DAYS

Typically on the third Thursday
 every month.

Sept 19 • Oct 17 • Nov 12 • Dec 19
Jepson Alumni Center

Beethoven's Late Period Piano Sonatas - Part 2

NEW Join us for the second installment in a series of classes working through the five piano sonatas Beethoven composed during his Late Period, with complete performance and running commentary on two of them: Op. 109 and Op. 111. These works are less widely known than the sonatas with nicknames from earlier in his career, but are nevertheless deeply expressive and challenging.

F • Oct 11 • 10 AM-12 PM • \$20/Silver
Leader: Alan Pollack

NATIONAL OSHER ONLINE

The Great Con: The Talented Mr. Ripley in Literature and Film



American writer Patricia Highsmith published 'The Talented Mr. Ripley' in 1955.

The story is told from the point of view of Tom Ripley, a man who is young, clever, and has a knack for fraud. In this course, we will study the Highsmith novel as well as the 1999 film adaptation directed by Anthony Minghella. We will close out the course with a

discussion of the 2023 film 'Saltburn,' which is indebted to the novel.

F • Oct 11, 18, 25, Nov 1, 8, 15
• 11 AM-12:30 PM • \$60/All Members
Leader: Heather Brown

What's That You're Listening To: Classical Music?

NEW Books on music appreciation strive to elevate your listening experience. However, these books don't always highlight the specific tools a composer uses to move the music forward. Hear a composer's perspective that may enhance your understanding of classical music. Composers use rhythm, melody, harmony, timbre, and texture: but each tool is not always used equally. By listening to examples from Chopin to Ravel, we'll discover which parameters the composers used to propel the music.

F • Oct 11 • 1-3 PM • \$20/Silver
Leader: Tim Kloth

The Electoral College: Past, Present and Future

NEW The upcoming presidential election will again be resolved by a peculiar institution: the electoral college. In this course we will go back to the Constitutional Convention and see why the Framers choose this methodology. We will also examine the evolution and operation of this system. We will then evaluate the pros and cons of this admittedly complicated process, and we will conclude by discussing alternatives to this system.

M • Oct 14, 21 • 1-3 PM • \$40/Silver
Leader: Michael Kerley

Stepwells of India

NEW Stepwells are structures unique to India, built at least as early as 600 CE. They are magnificent feats of architectural and engineering ingenuity found most commonly across Northern India. These huge architectural gems, built deep into the Earth like inverted fortresses, are examples of art and unique water conservation techniques practiced in ancient India. There are more than 3,000 such structures scattered in Gujarat, Rajasthan, Madhya Pradesh, Punjab, and Pakistan.

M • Oct 14 • 3:30-5:30 PM • \$20/Silver
Leader: Shantaram Talegaonkar

2024 OSHER GIVING

A Great Way to Celebrate Our Love of Lifelong Learning



Kicking off our 20th year anniversary is a great time to celebrate and appreciate our vibrant lifelong learning community. Year-after-year, we are grateful to our members for their steadfast support of Osher through their time, talent, and treasures.

During UR Here Giving Day this past April, a generous Osher member challenged our membership to make gifts to Osher, doubling all gifts up to \$5,000. Members responded big-heartedly, offering donations that together far exceeded this match challenge. We were amazed and are grateful to all who contributed.

Seeing the success of this first Osher match challenge, a group of Osher members in four Osher households decided to honor Osher's 20th Anniversary with another match challenge. This new match challenge will double all gifts made September through December, up to \$5,000.

We hope you will make a gift to Osher in 2024. Money raised in 2024 will support special events, speaker travel expenses, our instructor and volunteer recognition gathering, as well as grow financial reserves. All gifts made anytime in 2024 count towards our dollar and participation goals of \$38,000 from 28% of our membership.

Easy and safe ways to make a gift include:

- Online Credit Card gift via osher.richmond.edu/give
- Check (made out to University of Richmond, Osher in the memo line) brought to class and handed to Osher staff, dropped by the Osher office, or mailed to:

University of Richmond, Osher Office
Special Programs Building
490 Westhampton Way
University of Richmond, VA 23173

Thank you to all who have already made a gift to Osher in 2024. If you have any questions or if you would like to explore ways to maximize your charitable impact in strategic ways such as a qualified charitable distribution gift, please reach out to Amy Edwards (aedwards@richmond.edu).

NATIONAL OSHER ONLINE

Language Myths Debunked

Z 'Eskimos have many words for snow.' 'A language is a dialect with an army and a navy.' 'Aborigines speak primitive languages.' 'English has the world's richest vocabulary.' 'Children learn languages more easily than adults.' 'Languages die because they are not fit enough for the modern world.' 'Animals speak their own language.' You may hear many of these statements, but are they actually true? In this course, we will examine these and related beliefs about language.

M • Oct 14, 21, 28, Nov 4, 11, 18
• 5-6:30 PM • \$60/All Members
Leader: Asya Pereltsvaig

UR's Heilman Dining Center: Behind the Scenes Tour

BACK BY POPULAR DEMAND Join Heilman Dining Center staff for a tour beyond what you normally see when dining in 'D-hall'. Learn what it takes to run this award-winning facility, from purchasing, menu planning, and safety practices, to technology, staffing, and sustainability efforts. Come away with an appreciation for how it operates and fuels our Spider community.

T • Oct 15 • 3-4:30 PM
• \$14/All Members
Leader: Tyler Betzhold, Vincent Savage

Women's Spider Basketball - What a History and What a Future!

UPDATED, BACK BY POPULAR DEMAND In 2024 the Richmond Women's Basketball team won their first Atlantic 10 Regular Season title, claimed their first Atlantic 10 Championship, and went undefeated inside the Robins Center at 14-0. This class will focus on Spider history going back to 1919, the historic 2023/2024 season, and the expectations for the upcoming 2024/2025 season. If you love Spider Women's Basketball or want to see what all the excitement is about, this is the class for you. Two

additional sessions – one practice and the opening game – will be included with dates and times announced in class.

W • Oct 16 • 10 AM-12 PM
• Free to Members
Leader: John Festa, Aaron Roussell

Fiber Arts – Knitting

NEW Many people find knitting relaxing and stress reducing. Others love it for the creativity. Join this class and become a knitter. You will learn how to cast on, knit, purl, increase, decrease and cast off. Practice supplies will be provided for the first class, but you will need to get your own materials for your first project. Knitters who want to brush up on their skills or need help with pattern directions are all welcome.

W • Oct 16, 23, 30, Nov 6, 13
• 1-3 PM • \$60/Silver
Leader: Kathie Howe

An Introduction to US Air Force History Part 2

NEW This is the second half of a two-semester course surveying the history of the US Air Force from the earliest beginnings of flight through the end of the Cold War and into the first Persian Gulf War. The course progresses chronologically and includes an overview of evolving technological aviation advancements, organizational changes, aircraft roles and missions, major air-related military operations, and famous personalities associated with Air Force history. Part 1 is not required.

W • Oct 16, 23, 30, Nov 6, 13
• 1-3 PM • \$60/Silver
Leader: Randall Lanning

Southern Mediterranean Cuisine

NEW, FIELD TRIP, DRIVE TO EVENT Explore the flavors of the Southern Mediterranean that are at the same time familiar and new! Creamy Hummus with Zaatar roasted root vegetables, 7 Spice Beef Kabobs with Sumac Pickled Onions and Lemon Yogurt Sauce, Orange Scented Semolina Cake. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

R • Oct 17 • 1-3 PM • \$70/All Members
Leader: Warren Haskell

Five Big Changes Coming to Medicare

A Z **NEW** Medicare is literally rewriting the rules of health care every year, but next year will bring the most far-reaching changes in 20 years. Philip Moeller, Richmond-based author of 'Get What's Yours' guides to Medicare and Social Security, will explain them and tell you how to make the best choices for your health needs and your pocketbook. The latest edition of his Medicare book will be released prior to Medicare's annual enrollment period.

R • Oct 17 • 4-5 PM • \$20/Silver
Leader: Philip Moeller

NATIONAL OSHER ONLINE

Exploring Crosswords

Z Would you like to better understand crosswords, have greater success in completing them, increase your enjoyment of the process, and impress your friends as a cruciverbalist? Besides being fun, crosswords have been shown to improve cognitive reserve and mental flexibility. We will cover the highlights of crossword history and culture, learn about different types of crosswords, discuss solving strategies and techniques, explore online sources and applications, and introduce the process of constructing crosswords.

R • Oct 17, 24, 31, Nov 7, 14, 21
• 5-6:30 PM • \$60/All Members
Leader: Steve Weyer

In Cold Blood: Movie Screening of 'Capote'

Join this free movie screening to enhance your enjoyment of the October Osher course 'In Cold Blood: Truman Capote and the Novelization of Truth.'

R • Oct 17 • 5:30-7:30 PM
• Free to Members
Leader: Thomas Cox



TWENTIETH TIDBIT
We offer more than 330
courses each year.

The Christiana Resistance and Treason Trial of 1851

NEW This is now a little-known incident from a decade before the Civil War began, but it intensified disagreements between the North and South that led to war. This fugitive slave case also influenced events at the war's end. A Maryland man was killed while trying to retrieve four enslaved men who escaped from his farm. Thirty-eight men were charged with a total of 117 counts of treason because of the incident.

F • Oct 18 • 10 AM-12 PM • \$20/Silver
Leader: Dick Pennock

Spiders Football Tailgate and Game



Join the University of Richmond family for a great Saturday in the Robins Stadium as our football team takes on Delaware. Our Osher tailgate will start at 1:30 pm in the R45 parking lot, and the game starts at 3:30 pm.

S • Oct 19 • 1:30-6 PM
• \$10/All Members
Leader: Osher Member Connections Team

The United States, Russia, and the New Cold War

NEW This seminar will examine the sources of Russian conduct in the current era (updating George Kennan's famous phrase) with particular reference to the war in Ukraine as well as the calculus of decision of both the U.S. and Russia as the two countries respectively struggle for power and influence in the new world disorder. Selected readings will be assigned in class.

M • Oct 21, 28, Nov 4, 11 • 3:30-5:30 PM
• \$60/Silver
Leader: Jack Kangas

Explore China: Not for all the TEA in China

BACK BY POPULAR DEMAND We will explore the history of Chinese Tea including The Tea Horse Road, which is called The Forgotten Road. Learn about the plant itself, where it grows, and how it is harvested. We will also examine the differences between the major groups of Chinese teas. The last 2 sessions (divided into 12 students each week) will be a tea tasting at the instructor's home

where tea storage and brewing will be explained.

T • Oct 22, 29, Nov 5, 12 • 1-3 PM
• \$60/Silver
Leader: Donna Callery

Inside Baseball: A Discussion of Recent Rules and Knotty Situations

NEW This course will allow knowledgeable baseball fans an opportunity to discuss recent and infrequently invoked rules and their application in unusual or knotty situations. Topics will include designated hitter usage, 'shift' restrictions, plays subject to review, obstruction/interference calls, batting out of order, dropped third strikes, and the Infield Fly Rule. While this will not be an umpire-level course, a working knowledge of basic baseball rules will be helpful.

W • Oct 23, 30 • 10 AM-12 PM
• \$40/Silver
Leader: Bob Jaspen

Green Revolutions: Rachel Carson's America

NEW In 1962, Rachel Carson published 'Silent Spring,' alerting the public to the dangers of radiation and pesticides. In response, manufacturers and government officials attacked her work. Carson, struggling with her health, managed to rally support among the public and in the Kennedy White House. This course will focus on Rachel Carson's world, a time of nuclear threats amid Cold War tensions, a rush toward global industrial agriculture, and the beginnings of ecology.

F • Oct 25, Nov 1, 8, 15 • 10-11:30 AM
• \$60/Silver
Leader: Patricia Ryther

VMFA's Fine Arts and Flowers Guided Tour

NEW, FIELD TRIP, DRIVE TO EVENT Fine Arts & Flowers 2024 will be a spectacular museum-wide exhibition of floral designs inspired by works of art in VMFA's permanent collection. Held biennially since 1987, Fine Arts & Flowers 2024 is presented by The Council of the Virginia Museum of Fine Arts with creative floral designs by the Garden Club of Virginia, Virginia Federation of Garden Clubs, and Ikebana of Richmond. Fees are non-refundable unless we are

able to fill the slot. Offered twice; please register for only one.

F • Oct 25 • 1:30-2:30 PM
• \$15/All Members
Leader: Kathy Parrish

VMFA's Fine Arts and Flowers Guided Tour

NEW, FIELD TRIP, DRIVE TO EVENT Fine Arts & Flowers 2024 will be a spectacular museum-wide exhibition of floral designs inspired by works of art in VMFA's permanent collection. Held biennially since 1987, Fine Arts & Flowers 2024 is presented by The Council of the Virginia Museum of Fine Arts with creative floral designs by the Garden Club of Virginia, Virginia Federation of Garden Clubs, and Ikebana of Richmond. Fees are non-refundable unless we are able to fill the slot. Offered twice; please register for only one.

S • Oct 26 • 11:30 AM-12:30 PM
• \$15/All Members
Leader: Kathy Parrish

How to View, Understand and Appreciate Art



REVISED Learn the language of art to analyze, interpret, and critique artworks using art works from the Smithsonian American Art Museum and the VMFA. Build your visual vocabulary by examining the choices artists make in their works and why they make these choices. Learn how to be comfortable viewing art and to enjoy talking about art with others. This program has been offered before, but always with new artworks to expand your skills at viewing art!

M • Oct 28 • 10-11:30 AM • \$20/Silver
Leader: Alice Waagen, Ralph Kidder

Making Sense of the US Supreme Court

NEW Free and fair elections, desegregated schools, fair labor practices, the line-item veto, acid rain, abortion, the death penalty: these are only some of the significant political, social, moral, and scientific issues that the Supreme Court has helped to shape. This class covers the basics of Supreme Court procedure, recent cases, and the role the Court plays in our system of government to help make sense of the institution.

M • Oct 28, Nov 4 • 1-3 PM • \$40/Silver
Leader: Lauren Bell

Nature's Pharmaceuticals: Why We Need Amphibians and Their Toxins

NEW The most threatened group of vertebrate creatures in the world are amphibians. Over 40% of global amphibian species are threatened. This presentation provides an overview of their importance, current threats, and conservation efforts. The use of amphibian toxin in the development of new products by the pharmaceutical industry will be discussed. Also, attendees will learn about ways to help attract local amphibians to their property. A resource list for additional education will be provided.

T • Oct 29 • 10-11:30 AM • \$20/Silver
Leader: Rod Allen

Citizen Watchdogs: Following the General Assembly, Tracking Legislation and Keeping Government Accountable

NEW With shrinking state and local news outlets, it is now harder than ever to find out what your state lawmakers are up to in Richmond. This nonpartisan course teaches students about the Virginia legislative process and how to search for and track bills that are of interest to you. Participants will also learn how to connect financial contributions to candidates and elected officials, and how to use open government laws to keep everyone accountable.

W • Oct 30, Nov 6, 13 • 3:30-5 PM
• \$60/Silver
Leader: Megan Rhyne

VA Wine: After The Crush with Winemakers

NEW, FIELD TRIP, DRIVE TO EVENT

Celebrate Virginia wine month and join us for a discussion and tasting of Virginia wines with two wine makers who will talk about what they do, how the season went, and why they grow and make the wines they do. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

R • Oct 31 • 1-3 PM • \$50/All Members
Leader: Warren Haskell



OSHER SPECIAL INTEREST GROUPS

Formed and led by Osher members, our Osher Institute Special Interest Groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Addressing the Climate Crisis: Renee Purdy • renee.purdy@richmond.edu and Holly Blake • hblake@richmond.edu

Baseball: Dan Begley • osherbaseball@gmail.com

Bridge: Bob Warwick • raw29@cornell.edu and Bill McGuire • wmcguire52@aol.com • (410) 409-1394

Contemporary Issues: John Mahone • mahone.john@gmail.com

Fab and Fit Spiders: Brenda Davis, bdavis@lakewoodwestend.org

Golf: Tom Cox • tcox.attorney@gmail.com and Pam Wiegardt • wiegar@gmail.com

Hikers: Lex Bailey • alexander.neale.bailey@gmail.com

Historically Speaking: Louis Ceil • ceilb2@aol.com

Investments: Currently not active; seeking volunteers to lead the group

Knitting & Handwork: Bridget Westhoven at westhoven5@mac.com

Literary Dreamers: Jerry Lutkenhaus • jervalaw@aol.com and Virginia Manuel • vmanuelva@gmail.com

Love of Vinyl Records: Murray Ellison • ellisonms2@alumni.vcu.edu

Memoir Writing: Lynn Blankman, Karen Mizrach, and Lisa Johnson • ljohnson978@gmail.com
There is currently a waiting list, and we're happy to add your name.

Mystery Lovers: Nancy Newins • nnewins@verizon.net and Leigh McDonald • lmcdonal@richmond.edu

Our Earth and Beyond: Joel Gottlieb • Joel.gottlieb@gmail.com

Photography: Peter Blankman • pblankman@gmail.com

RVA Classics Book Club: Eric Holzwarth • holzwarth.barash@gmail.com

Sociable French Conversations: Allan Blum • allan_blum@yahoo.com

Theatre Lovers: Janice Jones and Anne Wescott
oshertheater@gmail.com

Travel: Celeste Miller • OSHERtravel@gmail.com

Women's Basketball Silver Spiders: John Festa • johnfesta@comcast.net

November

Origin Stories: Court End Tour

NEW, FIELD TRIP, DRIVE TO EVENT

Join us as we explore Richmond's origin stories in The Valentine Museum's Court End Neighborhood. One of the oldest neighborhoods in Richmond, Court End grew into an affluent area in close proximity to the newly-established Virginia State Capitol during the early 19th Century. On this walking tour, you'll discover stories of early Richmonders and surviving architectural gems nestled in the ever-evolving center of the city. This is a 90-minute walking tour, with some standing required. Fees are non-refundable unless we are able to fill the slot.

F • Nov 1 • 1-2:30 PM

• \$20/All Members

Leader: Jessica Delbridge

Spiders Football Tailgate and Game



Join the University of Richmond family for a great Saturday in the Robins

Stadium as our football team takes on Towson. Our Osher tailgate will start at 12:00 pm in the R45 parking lot, and the game starts at 2:00 pm.

S • Nov 2 • 12-4:30 PM

• \$10/All Members

Leader: Osher Member Connections Team

Key West

NEW Margaritaville, Hemingway, pirates, ghosts, Bone Island, Harry Truman, Conch Republic, hurricanes, festivals, Sloppy Joe's Bar, Key Lime Pie, marijuana, watersports, sunset celebrations, Duval Crawl, Flagler's Folly, Mile Post Zero, Southernmost Point, a State of mind. . . . Let's talk about it all!

M • Nov 4 • 10 AM-12 PM • \$20/Silver

Leader: Mike Lewandowski

Say What? The Use of Text in Modern and Contemporary Art

NEW This talk introduces artists, artworks, and relevant themes and movements in modern and contemporary art that incorporate text. We will begin by reviewing the historical relationship between art and text, including Egyptian hieroglyphics, medieval manuscripts, and Asian calligraphy. Then we'll focus on twentieth- and twenty-first-century artists who engage in wordplay, popular culture, and societal and biographical references.

T • Nov 5 • 10 AM-11:30 AM • \$20/Silver

Leader: Elizabeth Schlatter

Introduction to Sign Language



NEW In this class, you will learn basic sign language, including finger spelling, signing, facial expressions, so that you'll be able to communicate with a hearing-impaired person.

T • Nov 5, 12, 19, 26, Dec 3, 10

• 3:30-5 PM • \$60/Silver

Leader: Ruth Schoenhaut

A Tale of Two Cities by Charles Dickens

NEW 'A Tale of Two Cities' by Charles Dickens depicts both the best and worst of times, and it is a 'far better' novel than any other that attempts to depict the chaotic period leading up to the French Revolution. It rises above a typical historical novel, focusing on myriad dualistic themes. To get the most out of the presentation and discussion, the instructor recommends that participants read one of the three parts before each class.

W • Nov 6, 13, 20 • 10 AM-12 PM

• \$40/Silver

Leader: Murray Ellison

Vino and Trio



NEW Join us for a night of music with three of the finest musicians in Richmond. Tenor Pablo Talamante, soprano Margaret Woods, and pianist Charles Staples will enthrall you with the performance of some of their favorite pieces. We'll start with wine and hors d'oeuvres, then sit

back and enjoy their great talents. Fees are non-refundable unless we are able to fill the seat.

R • Nov 7 • 6-8:30 PM

• \$50/All Members

Leader: Charles Staples

Civil War Decision Styles

NEW This course will use a cognitive model to examine the decision styles of principal commanders of armies in the eastern theater of the Civil War. This includes optimism and confirmation bias, too high or too low a degree of fight in their amygdalae, and high reliance on Type I thinking.

F • Nov 8, 15 • 12:30-2 PM • \$40/Silver

Leader: Herbert Loveless

A Better Life for Their Children: Julius Rosenwald, Booker T. Washington, and the 4,978 Schools That Changed America

NEW, FIELD TRIP, DRIVE TO EVENT

This VMHC exhibition explores the history and legacy of one of the most transformative educational initiatives in American history forged by Booker T. Washington, a Black educator, and Julius Rosenwald, a Jewish businessman and philanthropist. Between 1912 and 1937, their program provided seed money to build thousands of schools for Black children across the segregated South. These schools countered the deep educational disparities during Jim Crow and had a profound and lasting impact on our nation. Fees are non-refundable unless we are able to fill the slot. Offered twice; please register for only one.

F • Nov 8 • 3-4 PM • \$14/All Members

Leader: Maggie Creech

Commemorating Veterans Day



Join your fellow Osher members as we remember all who have served in our armed forces over the years. Osher member/instructor and Vietnam veteran Steve Anders will be our keynote speaker.

M • Nov 11 • 10-11:30 AM

• Free to Members

Leader: Steve Anders

Vino and Trio



A SPECIAL **20** ANNIVERSARY EVENT

Join us for a night of music with three of the finest musicians in Richmond. Tenor Pablo Talamante, soprano Margaret Woods, and pianist Charles Staples will enthrall you with the performance of some of their favorite pieces.

We'll start with wine and hors d'oeuvres, then sit back and enjoy their great talents.

THURSDAY • NOVEMBER 7 • 6-8:30 PM

\$50 ALL MEMBERS • REGISTRATION REQUIRED

Adult and Pediatric CPR/AED Certification



BACK BY POPULAR DEMAND, HANDS ON Get certified!

Learn the valuable skills of administering CPR and using an AED. Sign up for this course to gain the knowledge and skill set required to be certified to assist both children and adults. Fees are non-refundable unless we are able to fill your slot.

M • Nov 11 • 1-4 PM • \$45/All Members
Leader: Pamela Wiegardt

Building the Appalachian Mountains

NEW The Appalachian Mountains once stood as proud and tall as the lofty Himalayas. Their misty, worn peaks speak to ages past and time lost to memory. Cemented and hardened through eons of geological time, the rocks we uncover reveal an ancient heritage built by colliding continents. Even today, a thin remnant of what is now Africa lies beneath our feet in Virginia. Come and learn more about our ancient mountain heritage.

T • Nov 12 • 10 AM-12 PM
• Free to Members
Leader: David Kitchen

Contemporary American Indian Art



NEW American Indian artists have made commercially successful art since the early

20th Century and ledger art since the mid-19th, although Indigenous pottery, baskets, and quilt work date from much earlier times. In this interactive session, we will explore modern American Indian artists and their work. Driven in part by the American Indian Movement and other activist groups of the 1960s and 1970s, contemporary American Indian artists capture the history, culture, and spirit of Indigenous peoples.

R • Nov 14 • 10-11:30 AM • \$20/Silver
Leader: Alice Waagen, Ralph Kidder

Big Flavors, Small Budget

NEW, FIELD TRIP, DRIVE TO EVENT

In this class, we will work with pork shoulder, an easily available and affordable cut that isn't just for BBQ! We will show you how to roast a pork shoulder and make a Creamy Scratch Mac and Cheese to serve with it, then transform

the remaining pork shoulder into carnitas served with a zesty slaw. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

R • Nov 14 • 1-3 PM • \$70/All Members
Leader: Warren Haskell

Hidden Treasures: An Introduction to Boatwright Library's Distinctive Collections



Boatwright Library is currently undergoing construction, part of which will be a newly redesigned floor showcasing the Galvin Rare Book Room, Archives, and Book Arts. This class will introduce participants to the library's rare book, archival, and book arts collections, highlighting some of the distinctive holdings and areas of interest.

R • Nov 14 • 3:30-5 PM
• Free to Members
Leader: Lynda Kachurek

A Better Life for Their Children: Julius Rosenwald, Booker T. Washington, and the 4,978 Schools That Changed America

NEW, FIELD TRIP, DRIVE TO EVENT

This VMHC exhibition explores the history and legacy of one of the most transformative educational initiatives in American history forged by Booker T. Washington, a Black educator, and Julius Rosenwald, a Jewish businessman and philanthropist. Between 1912 and 1937, their program provided seed money to build thousands of schools for Black children across the segregated South. These schools countered the deep educational disparities during Jim Crow and had a profound and lasting impact on our nation. Fees are non-refundable unless we are able to fill the slot. Offered twice; please register for only one.

F • Nov 15 • 3-4 PM • \$14/All Members
Leader: Maggie Creech


TWENTIETH TIDBIT

We offer members 21 different special interest groups, all formed and led by Osher members.

Architecture of Gilded Age Mansions

Study the architectural design of the great houses on 5th Avenue in New York City and their summer 'cottages' in Newport, RI, which were built in The Gilded Age. Learn about the architects hired, what the design of the great edifices and opulent interiors were trying to achieve, and on what architectural precedents they were based.

M • Nov 18, 25 • 10-11:30 AM
• \$40/Silver

Leader: Ken Gallaughier

Adult CPR/AED Certification



BACK BY POPULAR DEMAND, HANDS ON Get certified!

Learn the valuable skills of administering CPR and using an AED. Sign up for this course to gain the knowledge and skill set required to be certified in both. Fees are non-refundable unless we are able to fill the slot.

M • Nov 18 • 1-3 PM • \$45/All Members
Leader: Pamela Wiegardt

The Conspiracy Theory Called The Protocols of the Elders of Zion

NEW We will examine the Anti-Semitic formula that started in the beginning of the 20th Century and continues to this day. We will consider some exhibits of the 'protocols' and explain the history of how Russian authorities created and used it. We will then examine how the 'protocols' were imported to the United States and elsewhere around the world. We will examine how this conspiracy theory continues to create and spread hatred.

M • Nov 18, 25 • 3:30-5:30 PM
• \$40/Silver

Leader: Sam Asher

The Romance of Route 66

NEW The class is designed to capture the best of Route 66 and how to photograph, plan, and enjoy the 'Mother' of all road trips. A trip of this magnitude requires attention to details and a plan which will result in memories of a lifetime.

T • Nov 19, 26 • 10 AM-12 PM
• \$40/Silver

Leader: Dan Walker

Just and Unjust Wars

NEW The United States often fights wars, directly or indirectly, around the world. Are there rules to war? Should there be? Which causes or goals justify going to war, and which ones do not? What ways of waging war are justified, and what ways are not? Is there such a thing as war crimes? If so, how should they be tried and punished? Do rules for war work?

T • Nov 19, 26, Dec 3 • 1-2:30 PM
• \$60/Silver

Leader: Ryan Ahlgrim

Battleships: From the Merrimack to the Missouri



NEW The age of Battleships spanned less than 80 years and for much of that period they were either not ready for prime time or well past their prime. This course follows the Battleship from the first ironclads to the giants of World War II, including the development of steam engines, the shift from pistons and coal to turbines and oil, the early triumphs and disasters of fleets, and the far-flung engagements of the great Dreadnoughts.

W • Nov 20, Dec 4, 11, 18 • 1-3 PM
• \$60/Silver

Leader: Buck Beasom

The Hudson River School: Lesser-Known Artists



NEW This interactive session will continue our exploration of how American landscape painting came to prominence in the mid-19th Century through the work of The Hudson River School artists. Based on works from the Smithsonian American Art Museum and Virginia Museum of Fine Art collections, we will investigate the contributions to this body of work from some of the lesser-known members of America's first true artistic fraternity.

W • Nov 20 • 3:30-5 PM • \$20/Silver
Leader: Alice Waagen, Ralph Kidder

Contemporary Issues Presents: The November 2024 Elections - What Happened?

NEW Please join Bill Leighty, Chief of Staff to two former Virginia Governors, as he leads a panel discussion with seasoned political analysts and commentators of the November 2024 elections: both the 'what' and the 'why.' Inexorably, this discussion will lead to questions about the implications for Virginia's next statewide election cycle in 2025.

R • Nov 21 • 10 AM-12 PM
• Free to Members

Leader: William Leighty

Virginia Museum of Fine Arts: Behind the Scenes Tours

NEW, FIELD TRIP, DRIVE TO EVENT

Join us for two unique tours of VMFA: one focused on conservation of art work in the galleries, and the second looking at VMFA from 1936 to today and traces the museum's history and its major donors. Each participant will experience both tours. There will be an opportunity for those who want to discuss and socialize to meet at VMFA's BEST Café after the tours end.

R • Nov 21 • 3-5 PM • \$20/Silver
Leader: James Schuyler, Terry Morgerson

Contextualizing Reuse: Marble Furniture Tops in the J. Henry Brown Order Books

NEW Come hear this fascinating story. The J. Henry Brown order books offer important evidence for the reuse of marble furniture tops as gravestones and for understanding the significance of this practice in Richmond's African American community in the first half of the 20th Century. Detailed orders for grave inscriptions to be carved on stones provided by the purchasers confirm this practice, documented at Evergreen, East End, and other Black cemeteries in the area.

F • Nov 22 • 10 AM-12 PM
• Free to Members
Leader: Elizabeth Baughan

The Impending Crisis

NEW, FIELD TRIP, DRIVE TO EVENT

The American Civil War Museum's 'The Impending Crisis' is the first exhibit in a multi-year initiative, 'Civil War and Re-making America,' covering the causes, course, and consequences of the Civil War. Through a guided tour, we will look at how the issue of slavery divided Americans -- Black and White, enslaved and free -- and motivated them to take up arms against each other. Offered twice on the same day; please register for only one. Fees are non-refundable unless we are able to fill the slot.

F • Nov 22 • 1:30-2:30 PM
• \$16/All Members
Leader: Kelly Hancock

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F • Nov 22 • 2:30-3:30 PM
• \$16/All Members
Leader: Kelly Hancock

December

Circles RVA: Build Community to End Poverty

NEW Come hear about Circles RVA, which equips and inspires individuals and families to move out of poverty permanently and begin to thrive. This organization creates intentional relationships that expand support communities and engage the wider community to reduce or eliminate the systemic barriers that hinder people from rising out of poverty.

M • Dec 2 • 1-2:30 PM • \$20/Silver
Leader: Christy Ellis, Vincent White

Two Daltons, Two Styles: The Dalton Legacy in Virginia

NEW This lecture will focus on the career of Federal Judge Theodore Roosevelt Dalton (1901-1989) and Governor John Dalton (1931-1986), two individuals who, as father and son, had an impact on Virginia and the Republican party in the years between 1936 and 1986.

M • Dec 2 • 3:30-5:30 PM • \$20/Silver
Leader: H.E. 'Chip' Mann

Estate Planning, Elder Law, IRAs



BACK BY POPULAR DEMAND

Let's talk about planning for the future. How can you ensure that your preferences and directives for your financial assets are carried out correctly? We'll discuss the legal options available to assist in making the best decisions. Elder Law will also be discussed. Questions are welcome!

T • Dec 3 • 10-11:30 AM • \$20/Silver
Leader: Paula Peaden

Boatwright Library Through the Years

NEW Join us for this overview of Boatwright Memorial Library from its early planning stages until its latest addition. It will include a look at early libraries on campus and its librarians.

W • Dec 4 • 10-11:30 AM
• Free to Members
Leader: Dywana Saunders

Victorian Christmas Traditions



NEW Christmas today is far removed from what it was in the mid-19th Century, yet it was during that period that many of our present-day traditions developed. Discover the origin of some of the most beloved elements of Christmas and hear accounts of Civil War Christmases.

W • Dec 4 • 3:30-4:30 PM • \$20/Silver
Leader: Kelly Hancock

Book Swap: Share Your Love of Books

BACK BY POPULAR DEMAND This is the fourth semester for Book Swap, a class for book lovers to share their love of books. Bring your favorite book and share it with the class for 10 minutes. All book genres are open to share. If you register for this class you are expected to present a book. The instructor will reach out to the registered students to discuss your book idea and help you with a suggested format.

R • Dec 5, 12 • 10 AM-12 PM • \$40/Silver
Leader: John Festa

The Wilds of Borneo: Orangutans & Beyond

NEW Join us on our photo trip of Borneo where we'll see orangutans, proboscis monkeys, sun bears, and much more.

R • Dec 5 • 1-3 PM • \$20/Silver
Leader: Celeste Miller, Don Miller

Eliza Trist: A Woman's 1783 Westward Journey

NEW, AUTHOR'S BOOK TALK This class reviews the life, journey, and journal of Eliza House Trist, who traveled west two decades before Lewis and Clark and kept a journal for Thomas Jefferson.

R • Dec 5 • 3:30-5 PM • \$20/Silver
Leader: Karen Chase

Nature Photography with a Focus on Birds

NEW Local nature photographer Jim Easton will cover aspects of creating a good photograph, including light, location, equipment and several of the important design elements of composition. His presentation includes stunning images of birds, many of which were taken at local trails, parks, and gardens. Jim will share technical info and practical tips, along with some philosophical quotations and musings on the art of photography.

F • Dec 6 • 10-11:30 AM • \$20/Silver
Leader: Jim Easton

WE LOVE OUR VOL

FALL 2024



Wine and Cheese Pairing w/Truckle

NEW, FIELD TRIP, DRIVE TO EVENT

It's the holiday season, and who doesn't need some new wines and cheeses to add to their holiday table or take to their next holiday event? Join Maggie of Truckle Cheesemongers for six new and interesting pairings and a diverse selection of wines and cheeses. Class may run over/under the allotted time. Fees are non-refundable unless we are able to fill your vacated slot.

F • Dec 6 • 1-3 PM • \$50/All Members
Leader: **Warren Haskell**

Cool Flicks

NEW, MOVIES Join Dan this fall in his quest for the funniest movies. We'll view 'What's Up, Doc?', a 1972 film directed by Peter Bogdanovich and starring Barbra Streisand and Ryan O'Neal. Then we'll watch 'The Awful Truth', a 1937 film starring Irene Dunne and Cary Grant. We'll end with 'The Lady Eve', a 1941 film starring Barbara Stanwyck and Henry Fonda.

F • Dec 6, 13, 20 • 1-3 PM • \$60/Silver
Leader: **Dan Begley**

The Governor's Mansion: The Art Experience

NEW, ARTWORK, FIELD TRIP This exhibition features artwork and artifacts that portray the spirit of Virginia: its past, its present, its landscape, and its people. The Art Experience at the Executive Mansion highlights works from a mix of genres and mediums with particular focus on Virginia artists and themes. It is a living display which will evolve and change over time as additional works of art become available and as different parts of the Virginia story become the focus.

M • Dec 9 • 10-11:30 AM • \$20/Silver
Leader: **Judy Boland**

Become an Osher Member

You can become an Osher member at any time during the year for as little as \$75 per year. A summary follows of membership levels and benefits.

To become a member, visit our online registration portal at sl.richmond.edu/tg and create a new account. Once your account has been created and you are logged in, select the **MEMBERSHIPS & RENEWALS** category and purchase a new membership.

Your membership is valid for one year from the date you join.

MEMBERSHIP LEVELS

Silver: \$75/year (Rolling 12-month)

Our Silver membership is the perfect get acquainted level for individuals who are interested in seeing what Osher has to offer. For a small annual fee, an individual receives a University of Richmond One Card and e-mail address, parking pass, full use of the library including access to online databases while on campus and access to register for Osher courses. However, Silver members pay for each course in which they enroll, \$100 to audit available semester-long credit courses, and special course fees.

Gold: \$350/year (Rolling 12-month)

Our Gold membership is perfect for individuals who want to take advantage of the entire Osher Lifelong Learning

Institute experience. This individual membership includes a University of Richmond One Card and e-mail address, parking pass and full use of the library including access to online databases while on campus. In addition, Gold members have unlimited access to most Osher courses free of charge (excluding those that have required fees for all members). Available undergraduate semester-long courses may be audited at no additional charge.

UR Osher: \$25/year (Rolling 12-month)

Exclusively for UR faculty, staff and retirees and their spouse/partner who want to receive notices of special Osher member events and programs. For additional details, contact the Osher Institute office.

Upgrading Your Membership

Are you a Silver member who is wondering if an all-inclusive Gold membership is right for you? Silver members may upgrade at any time during the first six months of their membership year. Upgrades will not change the membership term dates. When upgrading, the \$75 Silver membership fee will be applied to the upgrade.

Your Credit During Retirement



NEW If your mortgage is paid off and you're not in the market for financing large purchases, does your credit matter during retirement? Yes, preserving your credit is important, even in your golden years! In this seminar, let's learn ways to protect your credit, maintain your score, and keep your finances at ease.

M • Dec 9 • 10-11:30 AM • \$20/Silver
Leader: Sabrina Guerin

Osher Member Orientation

Learn how to access and fully enjoy the many benefits of being a member of the Osher Institute and the larger UR community. Designed for new members, but offers tips for all.

M • Dec 10 • 1-3 PM • Free to Members
Leader: Osher Leadership Council, Osher Staff

UR Campus Walk



Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2024 college guide. Learn about the history of the University, enjoy the beautiful landscaping and architecture, and hear some stories along the way. The walk will be about 2.5 miles in length and will require climbing steps and walking on various surfaces. Walking shoes and water are recommended.

T • Dec 10 • 8:30-10:30 AM
• Free to Members
Leader: Marshall Irvine

The Art of War: The Vietnam War Part 2



NEW Last spring, we introduced the art of the Vietnam war, focusing on portraits and landscapes. In this session, we continue to view Vietnam soldier art, exploring more themes reflected in their works. Join us as we analyze and discuss how wartime artists serving on the frontlines applied their artistic talents to express what they experienced in real-time from their own unique perspectives.

W • Dec 11 • 10 AM-12 PM • \$20/Silver
Leader: Alice Waagen, Ralph Kidder, Steve Anders

The Cultural Significance of Women Songwriters



NEW Songwriters serve as historians and preservers of oral tradition in our culture. Songs reflect and influence what humans consider important: ideas, feelings, and stories. Women songwriters and singers greatly reflect and influence the culture. Linda will share songs by brilliant women songwriters (Bonnie Raitt, Lucinda Williams, Mary Chapin Carpenter, Iris Dement, Mary Gautier, Alice Randall) and discuss their relevant lyrics.

W • Dec 11, 18 • 3:30-5:30 PM
• \$40/Silver
Leader: Linda MacCleave

Wildlife of the James River at Maymont

NEW, FIELD TRIP, DRIVE TO EVENT

Join a Maymont staff member as we explore animals of the James River and other ecological diversity of the Chesapeake Bay watershed. Participants will enjoy up-close views of wildlife while learning about their natural history, habitat, and behavior, including an otter presentation and turtle feeding. Fees are non-refundable unless we are able to fill the slot.

R • Dec 12 • 1:30-3:30 PM
• \$25/All Members
Leader: Krista Weatherford

Live Wreath Making Workshop

NEW, HANDS ON Learn how to make your very own live evergreen wreath from instructor and local farmer Conner Parrish. We will work with grape vine wreaths and live greens from the farm. All materials will be included with the course. Fees are non-refundable unless we are able to fill the slot.

F • Dec 13 • 10 AM-12 PM
• \$65/All Members
Leader: Conner Parrish

Visiting Patrick Henry's Scotchtown

NEW, FIELD TRIP, DRIVE TO EVENT

Scotchtown is the only original standing home of Patrick Henry, known as the 'orator of the American Revolution,' that is open to the public. Henry lived here from 1771 to 1778 and conceived

his most influential revolutionary ideas at the home, including his famous 'Liberty or Death' speech. Fees are non-refundable unless we are able to fill the slot. Offered twice; please register for only one.

F • Dec 13 • 1:30-2:30 PM
• \$10/All Members
Leader: Patrick Laird

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F • Dec 13 • 2:30-3:30 PM
• \$10/All Members
Leader: Patrick Laird

Cello Through the Years, with Holiday Music

BACK BY POPULAR DEMAND This class will take you on a musical tour of the history of the cello, featuring both lecture and musical examples played live. We will begin with a brief history of bowed string instruments, we'll toss in a little non-classical music, and end with a few holiday favorites in the Christian and Jewish traditions.

M • Dec 16 • 10 AM-12 PM • \$20/Silver
Leader: Sheryl Smith

Let's See What's Cooking in Songs and Sonatas

NEW Let's discover how the five basic ingredients of pop songs are mixed. These ingredients are verse, refrain, introduction, bridge, and coda. Composers mix them together in different orders and quantities to achieve a multitude of effects.

M • Dec 16 • 1-3 PM • \$20/Silver
Leader: Tim Kloth



TWENTIETH TIDBIT

We offer three different membership levels to best align with a member's learning preferences.

The VirginiaNavigator Family of Websites



BACK BY POPULAR DEMAND

Learn how to use VirginiaNavigator.org and its family of sites, SeniorNavigator, disAbilityNavigator, and VeteransNavigator. VirginiaNavigator.org aims to empower older adults, individuals with disabilities, and veterans to maintain their independence while also aiding family caregivers. VirginiaNavigator's online directory, boasting over 26,000 resources, is a rich source of information for those seeking help related to health and aging concerns, financial matters, caregiver support, housing resources, and more.

M • Dec 16 • 3:30-4:30 PM • \$20/Silver
Leader: Bonnie Scimone

Tales of the South Pacific: Easter Island to Bali

NEW Come learn about the history of Polynesian settlement, where the moai (heads) on Rapa Nui came from, what became of the Bounty mutineers, the crisis of ocean plastics, and what has decimated the birds of the Pacific Islands. Decide for yourself the fate of Michael Rockefeller. These and many other fascinating facts, and beautiful scenes of the Pacific Islands, will be shared as we sail across many thousands of miles of the South Pacific.

T • Dec 17 • 10 AM -12 PM • \$20/Silver
Leader: Bill Hafker

Lafayette and Cornwallis in Central Virginia - Spring of 1781: The Cat and Mouse Prelude to Yorktown

NEW Beginning with the Revolutionary War Battle of Petersburg (April 25, 1781), events led inexorably to the denouement at Yorktown. When Cornwallis arrived in Petersburg on May 20, he developed an aggressive strategy to move north and engage Lafayette who had arrived in Richmond three weeks earlier. The two adversaries began a cat (Cornwallis with 7,000 troops) and mouse (Lafayette with 3,000) game that lasted over a month and stretched across 200 miles through central Virginia.

T • Dec 17 • 1-3 PM • \$20/Silver
Leader: H.E. 'Chip' Mann

Tacky Sweater Holiday Movie Afternoon



NEW Join your fellow Osher members for a fun afternoon. Celebrate our 20th Anniversary and the holidays! Wear your tacky holiday sweater and watch a funny holiday movie!

T • Dec 17 • 4-7 PM • Free to Members
Leader: Osher Member Connections Team

The Empowered Caregiver



NEW This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Caregivers can register for individual courses to meet their needs or complete the entire series. Topics include: Building Foundations of Caregiving, Supporting Independence, Communicating Effectively, Responding to Dementia-Related Behaviors, Exploring Care and Support Services.

W, R, F • Dec 18, 19, 20 • 10-11 AM
• \$40/Silver
Leader: Rachel Lawson, Jill Carroll

Understanding Long Term Care Insurance



BACK BY POPULAR DEMAND We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

W • Dec 18 • 10 AM-12 PM • \$20/Silver
Leader: Linda Tsironis Caruthers

Wait Wait, Don't Tell Me: Slow Looking at Art

NEW Ever get caught up in reading about art more than actually looking at it? It's a common experience, but there's value in slowing down to truly see. This program concentrates on a few artworks, offering exercises to pause, rest our eyes and minds, and engage with art in a visual and contemplative way. It's about forging a unique connection between viewer and artwork, allowing for a personal, meaningful experience.

R • Dec 19 • 1-2:30 PM • \$20/Silver
Leader: Elizabeth Schlatter

Obituary Writing Workshop



BACK BY POPULAR DEMAND

Are you ready to transform the somber task of writing an obituary into a joyful celebration of life? By adding a little humor to an obituary and straying away from tradition, you can give readers insights into your or your loved one's unique personality. Embark on a journey of remembrance and celebration. This workshop promises to make the experience meaningful and uplifting for all. In this class, learn how to write an obituary for anyone with these tips and prompts. In this workshop you will be doing the writing and sharing and working to create your obituary.

R • Dec 19 • 3-4:30 PM • \$20/Silver
Leader: Jennifer Moss

Right Way to Rightsize: Making YOUR Plan



REVISED Thinking about downsizing but don't know where to start? Join industry expert Jaime Ebanks and learn how to prepare, organize, and jumpstart your downsizing journey in the New Year. These tips to downsizing will make the process seem achievable and dare we say, fun? There's no better time than right now to start!

F • Dec 20 • 1-2:30 PM • \$20/Silver
Leader: Jaime Ebanks




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to preview the term's schedule and
see what we're offering each month.



OSHER LIFELONG LEARNING INSTITUTE

AT THE UNIVERSITY
OF RICHMOND

MEMBER BENEFITS AT A GLANCE

- Membership is good for 12 months from the date you join - several membership options available to meet each member's specific needs
- Free Osher member orientation and a variety of bonus classes that are free to all members
- Osher members receive individual performance discounts at the Modlin Center for the Arts for 2024-25 season
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk at (804) 287-6400 or helpdesk@richmond.edu
- Use of more than 300 online databases at the UR Library
- UR *One Card* used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily *SpiderBytes* email to keep informed about UR lectures, programs and events
- Osher members leading our classes have access to UR Technology Learning Center (TLC) for preparing presentations at (804) 289-8777 or tlc@richmond.edu
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members



490 Westhampton Way
University of Richmond, VA 23173

If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.



The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better. We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts.

Join the fun today and be a part of our 20th Anniversary celebration!

AT THE UNIVERSITY
OF RICHMOND