

OSHER

OSHER
LIFELONG
LEARNING
INSTITUTE

AT THE UNIVERSITY OF RICHMOND

FALL 2023

learn
mindful zest challenge
creative peace happiness
explore enthusiasm
gratitude meaningful hopeful appreciation
purposeful finding grow
fulfilled joy exuberance
independent enrich
generosity active
wonder hope healthy
social connected
delight love discover
inspire kindness



UNIVERSITY OF RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 125 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



And a Sense of Belonging

There's something about our organization that creates a sense of belonging. And, there's a special *je ne sais quoi* about our Osher Institute that's hard to describe. How can we articulate and measure that special something?

University of Richmond's President Kevin Hallock joined our Leadership Council's retreat in May 2022. He spoke to us, engaged with our group, challenged us with the question, "How do you measure joy?" Ah, maybe that's it? Joy?

Perhaps joy is not easily measured by numbers and cannot be backed up with hard data, although our biennial survey shows that our members keep coming back. They are finding something within Osher that resonates.

We think joy is more easily measured by anecdotal examples. It's not hard data, but we see it every day. Here's what joy looks like at Osher:

Joy is two single members, both very active, attending classes, joining social events, and enjoying theater performances. And, voila, they found each other and are now engaged.

Joy is celebrating our volunteers with an ice cream social. We see our members teaching Osher classes, serving as class hosts, working in the UR Bookstore, assisting with Alumni Weekend, ushering at the Modlin Center, helping with the Great Big Yard Sale and Special Olympics, mentoring undergrads, and shepherding students as part of the PACE initiative. Why? We believe this brings them joy – a way to contribute meaningfully here on campus. Ice cream was just a fun way to acknowledge their efforts, and we hope it did bring joy!

Joy is definitely our Happy Hour, Game Night, and Coffee Chat attendees. These events bring a different group of Osher members every time. These extroverts love talking and drinking (whatever and whenever!), and they find joy in doing so!

Joy certainly is visible in our Osher instructors. Often, they say they teach for selfish reasons – because they are curious about a specific subject. In their desire to learn more and share new-found knowledge with others, they exhibit excitement, passion . . . and joy.

Joy can be seen in our interest groups, whether they are hiking, gaining investment insights, reviewing mystery, history, and other books, or sharing the love of a sport – or actually playing it. You may find our members gathered for a meal just before attending a theater performance, or you may find them creating new hand-blown glass treasures. They travel together, near and far, as close as a local national park to as far as Iceland.

Osher is not just about these groups. It's about every single member who engages with the Osher Institute, in whatever way fits best.

Metrics may be hard to discern when it comes to joy, but your Osher staff feels it and sees it each and every day. Thanks to each of you for bringing joy and a true sense of belonging!

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This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email margaret.watson@richmond.edu.

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Photos by Chris Ijams and Kevin Schindler.

Where do I start?

Online Registration

- Log in to the online registration portal. Visit **osher.richmond.edu/schedule**, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **August 11**. Register starting **August 22**.
- Your shopping cart will hold up to 10 class registrations at a time. Then, you must check out and pay, if required. You may fill up your cart and check out as many times as needed to register for all desired classes.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

For UR Osher Courses:

- You'll receive a **Zoom link** via email the day before each class.
- Log in 5-10 minutes early.
- Use your **first and last name** as your screen name to help with attendance.
- The instructor and class host will identify the best way to ask questions.

For National Osher Online Courses:

- There are not individual zoom links that will be sent for each course. Rather, all course links are housed online at the **Osher Online website: www.osheronline.net**
- You will need to go to this website for each session of each course.
- To enter this site, you will need your username, and password.
- **Username:** This is the e-mail address used when registering for your courses.
- **Password:** will be provided by National Osher .
- *Please note that as you visit the site, you will only have access to the courses for which you are registered.*
- *National Osher Online courses are not recorded.*

For In-person Classes

- In-person classes have **limited seats available** and may fill up.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
- Osher staffers manage the **waitlists** all semester. There's always a good chance that you'll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You'll receive an **email** prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create your Net ID.
- Your **Net ID** is used to access University-hosted resources.
 - Within a few days of enrollment, you will receive an email with the subject ‘**University of Richmond Account Activation,**’ which will contain your unique activation link; to activate your account, please click on this link.
 - o You will need your UR student ID number to activate your account
 - For students who are not new, but have never established their NetID, please email the Computer Help Desk, **helpdesk@richmond.edu**, to request an Account Activation Link. You will need to provide your UR student ID number in this email.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to **osher.richmond.edu/schedule**, then Online Registration Portal, to access.
 - Create password and username of your choice.
 - May require **UR ID** for one-time setup.
 - Note: This is not connected to your **Net ID**.

Osher Online

National Osher Online Courses for Fall 2023

The University of Richmond Osher Institute is pleased to offer Osher Online courses from the Osher National Resource Center (NRC). We expect to see more courses for the fall coming soon. Please check our online registration system for updates.

You will register for these just as you would for a UR Osher course. Each is listed with the instructor, dates/times, and description in this catalog, clearly marked with this icon **Oo**.

All members pay the same fee for these courses, as we share the costs of this programming with the National Resource Center.

SEPTEMBER

When the Cold War Turned Hot: Virginia's Vietnam Experience

NEW Z Virginia society during the 1960s and 1970s, along with the rest of the United States, was dominated by the conflicts surrounding the Vietnam War. Thousands of Virginians from all walks of life were affected by the conflict. Join us to learn the stories of some of these remarkable Virginia soldiers, protestors, and diplomats who experienced the hottest moments of the Cold War.

M • Sep 11 • 10-11am • \$20/Silver
Leader: Sam Florer

Virginia Holocaust Museum Tour

Bo **DRIVE TO EVENT, FIELD TRIP** Join this on-site tour for a walk through the museum, along with a comprehensive overview of the history of the Holocaust incorporating the stories of survivors who made Richmond their home.

M • Sep 11 • 1-3pm •
Free to members
Leader: Matthew Simpson

Bringing Biochemistry to Life; Wound Healing and Combat Casualty Care

Aw NEW Z An overview of the biochemistry and cell biology mechanisms responsible for normal, chronic and fibrotic wound healing. Focus will be on diabetic, pressure and venous stasis ulcers as well as keloids and hypertrophic burn scars. Description of the development of a novel technology to control life-threatening bleeding in combat casualty and civilian trauma and gunshot injuries.

T • Sep 12 • 10-11:30am • \$20/Silver
Leader: Robert Diegelmann

Now's the Time to Write Your Novel

NEW Z Now's the time to write your book, whether it's historical fiction, a memoir, romance, or mystery. Author and attorney John Wasowicz will share the trials and tribulations of his five-book Old Town (Alexandria) mystery series.

T • Sep 12 • 1-2:30pm • \$20/Silver
Leader: John Wasowicz

Bounty of Boatwright

Ri Bo Z Learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

W • Sep 13 • 10-11:30am •
Free to members
Leader: Carol Wittig

War in the Pacific

NEW Z This course, a bookend to the course 'War in the Skies: The Air War in Europe 1939-45,' covers the War in the Pacific, with a particular focus on the air war. It traces the development of Japan as a modern military power and how the Allies turned the tide, mainly using air power launched from carriers or air bases. It concludes with the immolation of Japan under the weight of American incendiaries and atomic bombs.

W • Sep 13, 20, 27, Oct 4, 11 • 1-3pm
\$60/Silver
Leader: Buck Beasom

Medieval Art: The Age of Spirituality?

NEW Z Often referred to as 'The Dark Ages,' art and architecture in the Latin West (Europe) inspires a very different interpretation. Characterized by soaring cathedrals, brilliant stained glass, and precious manuscripts, art and culture flourished from the 5th through the 15th centuries, laying the groundwork for the renaissance of classical learning in the art of the Renaissance.

W • Sep 13, 20, 27, Oct 4 • 3:30-5pm
• \$60/Silver
Leader: Debra Israel

Spiders Football Tailgate and Game

Ri Bo Join the University of Richmond family for a great Saturday in the Robins Stadium as our football team takes on Delaware. Our Osher tailgate will start at 1:30 pm in the R45 parking lot; game starts at 3:30 pm.

S • Sep 16 • 1:30-5:30pm •
\$10/All members
Leaders: UR Athletics Department, Osher Member Connections Team

Reading Giorgio Bassani: The Garden of the Finzi-Contini

NEW This novel is one of the classics of post-war Italian literature. Bassani was one of the 'Open City' group of Italian writers who tried to come to grips after the war with the Italian experience with Fascism and anti-Semitism. The novel portrays a young Jewish boy who witnesses the disintegration of an aristocratic Jewish family in Ferrara under the regime of Mussolini and also falls in love with the daughter of the family.

M • Sep 18, 25, Oct 2 • 10am-12pm •
\$60/Silver
Leader: Jack Kangas

Tell Lachish: Prosperity, Destruction, and Excavation in the Ancient Near East

NEW The ruins resting within the 22-acre mound of Tell Lachish, nestled in the low-lying hills of ancient Judea, tell the story of a prominent Near Eastern city over a three-thousand-year period. Explore its birth and prosperity as a Canaanite city-state, its ensuing decline and Egyptian domination, and rebirth as part of a

nascent Judean Kingdom, eventually becoming second only to Jerusalem in the biblical periods and witnessing violent Assyrian and Babylonian destructions and Persian occupation.

M • Sep 18, 25, Oct 2, 9 • 2-3:30pm • \$60/Silver

Leader: Jonathan Waybright

Richmond Symphony's 2023-24 Symphony Series Companion Course

UPDATED **Z** Join this deep dive into the music of Richmond Symphony's 2023-24 Symphony Series concert season. Each monthly session will focus on the repertoire of the Symphony's next concert performance and features a special guest with a critical role in the performance. Guests will include conductors, composers, soloists, and more! Through recordings, images, scholarship, biographies, backstage stories, and discussion we will listen and engage more deeply with the music and the artists who bring it to life.

M • Sep 18, Oct 9, 30 • 7-8:30pm • \$60/Silver

Leader: Walter Bitner

Osher Annual Fall Back-to-School Mixer

Ri Join your fellow Osher members, Osher staff, and UR administration for an evening of fun, food, and festivities. Volunteer leaders will staff information tables and will be happy to talk about their special interest groups and work teams.

T • Sep 19 • 5-7pm • \$20/All members

Leaders: Osher Leadership Council, Osher and SPCS Staff

'Future Perfect'- Technology Trends by 2030

NEW **Z** One thing we all know for sure, the pace of technological change has accelerated! Remember how you did 'things' prior to the Smartphone? Now, what's likely to happen in, say, six years, driven by technology? We'll look ahead at autos, airplanes, highways, healthcare, education, climate & environment, energy generation, et al. Are you ready for driverless cars, pilotless airliners and the 'A/I' world? Will this be the 'Future Perfect'? Let's find out!

W • Sep 20 • 10-11:30am • \$20/Silver
Leader: Doug Stowell

Osher Member Orientation

Bo Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

R • Sep 21 • 10am-12pm •

Free to members

Leaders: Osher Leadership Council, Osher Staff

Regional US Cooking: Tex/Mex Cuisine - We Won't Spice You Out!

DRIVE TO EVENT, NEW, FIELD TRIP Join us to explore regional US cooking with Tex/Mex Cuisine. Explore the flavors of Western Texas, New Mexico. Don't worry, we won't spice you out! We'll feature Beef Tamale Pie, Cheese and Veggie Enchilada with Red Sauce, Texas Caviar, and Salsa Verde. Fees for this class are non-refundable.

R • Sep 21 • 1-3:30pm • \$70/All members

Leader: Warren Haskell

Contemporary Issues Presents: A Panel on Artificial Intelligence

Bo **NEW** The Osher Contemporary Issues Special Interest Group is opening its fall program to all members. This session will examine what artificial intelligence is and how it is rapidly transforming the world. Its applications and potential threats will be explored. Life as we currently know it may be changed in ways never imagined. The discussion will include a panel from the education, business, cyber-security and engineering perspectives.

F • Sep 22 • 10am-12pm • Free to members

Leader: Jenilee Stanley-Shanks

Swinging London

NEW In the early 1960s, as the British Empire receded, a new generation emerged from the rubble of post-war London and conquered the world's culture. We'll take a look at the period's art, music, film, and fashion that included the Beatles and the Rolling Stones, designer Mary Quant, model Twiggy, actors Julie Christie, Tom Courteney, and Terrance Stamp, and photographer David Bailey. Shawn Levy's 'Ready, Steady, GO!' will serve as the main text.

F • Sep 22 • 1-4pm • \$20/Silver
Leader: Peter Begans

Incredible Rajasthan and Golden Triangle of India

NEW Come and learn more about travel to India and the wondrous sites and experiences that Northern India has to offer. From the Taj Mahal in Agra, to the Pink City of Jaipur, to the Citadel in Jodhpur, come and learn about the amazing culture and cuisine of people in the largest democracy in the world. This will be accomplished through slides, personal travel photos, and personal experiences of the presenters.

T,R • Sep 26, 28 • 10-11:30am • \$40/Silver

Leaders: John Bavaro, Stanley Koepke

The Legacy and Future of The Richmond Forum

Bo **NEW** Executive Director Heather Crislip will tell the story of the history of The Richmond Forum as a pillar of public discourse in Richmond, and how they plan to continue that mission into the future.

T • Sep 26 • 1-2:30pm • Free to members
Leader: Heather Crislip





RU Giving Back?

Join our “UR Give Back” Volunteering Efforts!

The Osher “UR Give Back” program provides opportunities for our Osher members to volunteer within the University of Richmond (UR) community. Osher members volunteer as a form of “giving back” to UR for its continuing support of our organization. As Osher members, we enjoy gorgeous facilities and grounds, IT support, full library access, college sports and exercise opportunities and, of course, our Osher courses!

There are many fun ways to volunteer at UR, such as serving as:

- Ushers for SPCS Night and SPCS Graduation
- Spider Shop helpers: Text book distribution, shop floor assistance, and stocking
- Spider Shop helpers at football games
- Alumni Relations helpers for registration at Reunion Weekend, Family Weekend and Homecoming Weekend
- Host families for international students
- Mentors to students; Career panelists
- Assistants at the Sierra Club/UR Big Yard Sale
- Ushers at the Chaplaincy’s Weinstein-Rosenthal Forum, the Festival of Lessons and Carols, and the Sylvester Spirituality Series
- Assistants during Student Move-In Day
- Mentors for Business School Junior and Senior students by offering your career experiences or help one weekend with Q Camp
- Modlin Center Volunteers: Help with ticketing, ushering, serving and office help (orientation required)
- Volunteers for Osher phone-a-thons and special event staffing, as well as class hosts, AV/Zoom assistants
- Assistants with PACE (Pathways to a College Experience) elementary and middle school group visits

If you have any questions, please contact Tanya Dolphin (tparkerdolphin@gmail.com) or Amy Edwards (aedwards@richmond.edu).



Steps to Successfully Stay at Home as You Age



NEW Most people say they want to remain in their home as they age, but how feasible is that goal? This program offers an in-depth look at strategies to remain in your home, and how to find caregivers if additional help is needed. Costs of care and potential home modifications are discussed.

T • Sep 26 • 3:30-5pm • \$20/Silver
Leader: Lisa Isbell

Apart & Akin: African Americans and Indigenous Peoples: Similarities and Differences in Historical/Legal/Political Experiences in the US



NEW Join this class for a comparative analysis of the broad similarities and critical differences in the historical experiences of African Americans and Indigenous

peoples in their engagements with the federal government and the American public. Too many people lump peoples of color together and assume they’ve had comparable experiences. This is not the case at all, and the experiences of Blacks and Native peoples, in particular, prove this conclusively.

W • Sep 27 • 10am-12pm • Free to members

Leader: David Wilkins

Studies in Architecture: 12 Iconic Buildings



By looking at ‘great’ buildings throughout history, we will learn about the principals of architecture and the importance of materials, technology and patronage. Each week we will examine one or two important buildings and the role that innovation plays in any building, no matter its historical origins.

W • Sept 27, Oct 4, 11, 18, 25, Nov 1 • 7-8:30pm • \$60/All members

Leader: Nancy McAfee

Themes in Philosophy, Part 1



Explanation and discussion of fascinating themes in philosophy—a philosophy buffet! Topics include rationality, knowledge, mind-brain relationship, free will, human rights theory and application, and philosophy of democracy. How does reason work, what is its role in our lives, and what are its limitations? What is knowledge and how is it different from opinion? Are your mind and brain different or the same thing? What is free will and is it real? How should we think about human rights and what is the relationship between rights and democracy? David will address these questions and more and will include discussion in each session. Come join us!

W • Sept 27, Oct 4, 18 Nov 1, 15, 29 • 4-5:30pm • \$60/Silver

Leader: David Smith

The Eastern Shore of Virginia

NEW Let’s explore part of this unique peninsula bounded by the Chesapeake Bay and Atlantic Ocean. We’ll learn about the 17.6-mile-long Chesapeake Bay Bridge-Tunnel; laid-back Cape Charles with its beaches, shops, and great food; the Pony Swim at Chincoteague; rocket launches from NASA’s Wallops Flight Facility; pristine barrier islands; Tangier Island; chartered fishing trips out of Wachapreague; the Artisan Trail; biking routes; campgrounds; Assateague beach; and the historic town of Onancock.

R • Sep 28 • 1-3pm • \$20/Silver
Leader: Mike Lewandowski

M=MONDAY, T=TUESDAY, W=WEDNESDAY, R=THURSDAY, F=FRIDAY, S=SATURDAY, U=SUNDAY

Going Viral: An Introduction to Virology

Oo **z** "Going Viral" implies explosive growth and spread – like bad news on social media. Or Covid-19. Safe to say, viruses have been around way longer than people. They're everywhere! But what ARE viruses? Are they mini-cells? Are they even 'alive'? We naturally focus on those that infect humans, but they have ramifications far beyond us. They DO indeed infect us and can cause diseases, but we humans make use of viruses as well in basic research and even clinical practice. In this class we'll look into the many ways viruses work in the biosphere – extending even to the 'calling cards' of viral DNA that makes up a significant fraction of our human genome. No previous science background required (basic background on cells and microbes will be included). This class is primarily lecture with directed discussions.

R • Sept 28, Oct 5, 12, 19, Nov 2, 9 • 1-2:30pm • \$60/All members
Leader: John Kloetzel

Amanda Thorp, Nickelodeons, and Black Vaudeville

AUTHOR'S BOOK TALK AND SALE, NEW At the age of 45, Amanda Thorp came to Richmond from Ohio in 1908 and established the first silent movie theater here. She followed up by developing other movie venues in Richmond including the fondly-recalled Bluebird. Thorp, a White woman, also saw a market for providing Black-centric entertainment. She first converted the Dixie to all-Black patronage, then later built the Hippodrome, bringing to Richmond scores of Black vaudeville acts.

R • Sep 28 • 3:30-5pm • \$20/Silver
Leader: Kathi Clark Wong

American Civic Education

NEW Civic Education has been around for a long time, but it takes many forms these days. Using Richard Haass' new book, 'The Bill of Obligations: The Ten Habits of Good Citizens', this class will focus on finding a balance between rights and obligations. Invite an Osher friend to register with you. If you are a Democrat, invite a Republican. If you are straight, invite a gay person. If you are Christian, invite a Muslim or Jewish person. Together, we will learn and practice the steps of compromise to help restore a sense of community. Come join us - our democracy depends on it.

F • Sep 29, Oct 6, 13, 20 • 10-11:30am • \$60/Silver
Leader: Aleta Richards

Traveler Safety

Aw **NEW** The Traveler Safety Training course was designed by a team of national professionals with critical real-world experience and deep instructional-design backgrounds. The breadth of experience ranges from local to Federal Law Enforcement professionals who themselves have traveled all over the world conducting investigations, operations, and simple personal travel. They have first-hand knowledge of what this class will offer you.

F • Sep 29 • 1-3pm • \$20/Silver
Leader: David Brackins

OCTOBER

The Bird Life of University of Richmond

Ri **Bo** The University of Richmond is home to many kinds of birds. This class will go through the habitats on campus and what species are found during each season of the year. Identification by sight and sound will also be a part of this class. Come be one of my Peeps and up your birding game!

T • Oct 3 • 8-10am • Free to members
Leader: Mary Elfner

American Sign Language for Beginners

Ri **NEW** This interactive and introductory series covers basic fingerspelling, numbers, colors, feelings, and more. Beginner vocabulary, grammar, and ASL signs will be introduced, with attention to how signs are formed: the shape of hands, the orientation of hands relative to the body, signing space, movement, and non manual markers. Students will be provided with practice suggestions and resources to increase confidence and skills.

T • Oct 3, 10 • 11am-12pm
\$40/Silver
Leaders: Reba Poole, Mary Catherine Raymond

Lacey Chain Bracelet or Necklace

REVISED Join us to create another beautiful bracelet or something new - a necklace. The Lacey Chain is worthy of the phrase 'understated elegance'. While the weave looks complicated to make, it really is not. You will love the quick results along with the compliments when wearing it. The sterling silver jump rings and clasp is included. Necessary tools avail-

able to borrow. All YOU need to bring is your very good eyesight (or magnifiers), patience and sense of humor. Note: Be sure to register for the correct piece of jewelry you wish to make.

T • Oct 3, 10 • 1-3pm •
Bracelet \$65/All members
Necklace \$110/All members
Leader: Celeste Miller

Anti-Intellectualism

Oo **z** The description for this national class was not available at press time, but will be included in our online registration system.

T • Oct 3, 10, 17, 24, 31, Nov 7 • 1-2:30pm • \$60/All members
Leader: Timothy Lacy

Beyond the Bounty

Ri **Bo** If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

W • Oct 4 • 10-11:30am •
Free to members
Leader: Carol Wittig

Understanding Long Term Care Insurance

Aw **BACK BY POPULAR DEMAND** We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

W • Oct 4 • 10am-12pm • \$20/Silver
Leader: Linda Tsironis Caruthers





2023 UR Osher Institute Leadership Council

The Osher Institute depends on its members to assist with many aspects of the Institute. Our volunteer leaders are critical in ensuring that our institute is responsive to its membership. Members of our 2023 Council include:

Becky Hudson, Chair
edraywva@gmail.com

Alice Waagen, Vice Chair
akwaagen@gmail.com

Christine Campbell, Past Chair
cmc Campbell903@gmail.com

Kathy Barley
Thomas Cox
Tanya Dolphin
Janice Jones

John Mahone
George Pangburn
John Roberts
Laura Soles
Anne Wescott

If you are interested in volunteering within Osher and throughout the University, the opportunities are numerous.

For more information, please contact the Osher office at osher@richmond.edu.



Crime and Punishment: Murder, Mystery, and the Menace of Ideas

Oo **Z** In 1866, the Russian novelist Fyodor Dostoevsky wrote what would become one of the world's great novels about murder. And it's told from the murderer's point of view. People are still reading it and arguing about what it means—indeed, it can be read in more than 170 languages. It's an odd yet compelling book—we learn from the murderer Raskolnikov that he is indeed guilty. The mystery revolves around why he committed the murder—Raskolnikov keeps changing his own explanations. Here is a novel about the dangerous powers of ideas, revolving around the question of whether a truly extraordinary person can overstep the barriers of morality and law; a story of friendship, love, and redemption, asking the ultimate questions about human life. This discussion course anticipates that students will read the novel and actively participate in class discussion about each week's reading.

W • Oct 4, 11, 18, 25, Nov 1, 8 •
12-1:30pm • \$90/All members
Leader: Peter Kaye

The Art of Smart Fitness, Flow and Form

Aw **NEW** Moving wisely and integrating the body to maintain strength, balance, flexibility and ease of motion are the components of this course. Applying the principles of anatomical alignment and movement efficiency will deepen and enhance the process of staying fit and feeling great!

R • Oct 5, 12, 19, 26, Nov 2, 9, 16, 30
• 8:30-9:30am • \$60/Silver
Leader: Melanie Richards

Weed Killer in Food: What to Know

Aw **NEW** The herbicide called Roundup was first marketed to US farmers in 1974. It was hailed as an ideal herbicide: effective, versatile, and yet as safe as table salt. Roundup and its imitators are now the most-used herbicides on the globe, and scientists are concerned. This course will explore several sides of the ongoing controversy, with opinions from government, industry, science, and farm groups.

R • Oct 5, 12 • 10:30am-12pm •
\$40/Silver
Leader: Patricia Ryther

Wine of the Rhone Valley

DRIVE TO EVENT, NEW, FIELD TRIP In this series we will explore wines from the Rhone Valley. Mike Kotrady of Kysela Peres Fils has selected eight wines to showcase the flavors of the region. Fees for this class are non-refundable.

R • Oct 5 • 1-3:30pm •
\$50/All members
Leader: Warren Haskell

Prose and Poetry - You Can Do It!

NEW This course seeks to offer help for both the beginner and advanced writer. Prose styles covered will include journalistic formats while poetry will encompass both rhyming and freestyle. Come find what you need to know to develop and polish your own individual writing gift!

R • Oct 5, 12, 19, 26 • 4-5:30pm •
\$60/Silver
Leader: Mark Davy

How the Modern World is Made: The Story of Modern Manufacturing Processes and the Things They Make

Oo **Z** Have you ever wondered how modern appliances are made? Why certain plastic things cost pennies and others are hundreds of dollars? Ever been frustrated by a cheap gadget breaking? Want to catch up on the latest 3D printing use cases? In this course, we'll explore a series of case studies which will explain various manufacturing techniques which make our modern life possible and provide answers to the above questions and more. No previous knowledge of manufacturing is required.

R • Oct 5, 12, 19, 26, Nov 2, 9 •
5-6:30pm •
\$60/All members
Leader: Eliot Bethke

Equality, Equity, and the Journey toward Justice

Oo **Z** This course will explore historical roots of systemic oppression through current policies and practices, such as the recent decision to undo affirmative action. Together, we will examine the difference between equality and equity, reflect on individual identity and behaviors, and explore our roles in the journey toward justice. This discussion course anticipates that students will actively participate in class

conversation, break out rooms and workshop activities each week.

F • Oct 6, 13, 20, 27, Nov 3, 10 • 12-1:30pm • \$90/All members
Leader: Atia Thurman

Fiction into Film - Banned Books

Bo **NEW** The specter of book banning is on the rise across the US. In recognition of Banned Book Week, two movies based on books that have been the subject of banning attempts will be shown, with a discussion following: Friday afternoon: 'I Know Why the Caged Bird Sings' and Friday evening: 'Fahrenheit 451' (1966, directed by Truffaut).

F • Oct 6 • 2-4:30pm and 6:30-8:30pm
• Free to members
Leader: Jane Dowrick

Jazz as Social Protest

Oo **Z** Jazz is a storied and complicated genre within the landscape of American popular music. Over the course of six weeks, we'll evaluate a variety of different artists, subgenres, and songs through the lens of social activism and protest. During the first week, we'll examine what core components are necessary to make a genre or song 'protest music.' Once we have established our criteria, we'll take a deep dive into all sorts of subgenres of jazz to find examples of social protest through swing. Our course will cover a wide variety of artists, but will focus especially on the output of some of jazz's more socially active personalities such as Charles Mingus, Nina Simone, and Billie Holiday.

R • Oct 12, 19, 26, Nov 2, 9, 16
11:00am-12:30pm • \$60/All members
Leader: Caleb Westby

Spiders Football Tailgate and Game

Ri Join the University of Richmond family for a great Saturday in the Robins Stadium as our football team takes on Maine. Our Osher tailgate will start at 1:30 pm in the R45 parking lot; game starts at 3:30 pm.

S • Oct 7 • 1:30-5:30pm • \$10/All members
Leaders: UR Athletics Department, Osher Member Connections Team

Picturing the Civil War

NEW Civil War soldiers did not only fight, march, and camp. They also entered a creative struggle to represent and record the conflict, in which they relied upon visual culture as an effective means by which to convey the experiences of war.



Some created romantic illustrations to justify their cause, in line with the popular depiction of warfare. Others abandoned these strategies in search of new ways to communicate war's violence.

M • Oct 9 • 10-11:30am • \$20/Silver
Leader: James Brookes

Surviving in Today's Economy

Aw **NEW** In times of economic uncertainty, let's focus on what you can control. This course shares tips on increasing your value in the workplace, cutting expenses, boosting savings, and reducing debt.

M • Oct 9 • 12:30-1:30pm • \$20/Silver
Leader: Sabrina Guerin

Come . . . and BeMoved®!

Ri **Aw** **BACK BY POPULAR DEMAND** Learn about the long-term health benefits of just moving! Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment.

M • Oct 9, 16, 23, 30, Nov 6, 13, 27, Dec 4, 11, Jan 8, 22, 29 • 5:30-6:30pm
• \$110/All members
Leader: Myra Daleng

Understanding Opera: Ring 101

UPDATED Let's delve into the complicated world of Wagner's 'Der Ring des Nibelungen.' Often regarded as one of the most monumental works in Western culture, this complex and controversial work is endlessly fascinating. Based on the Virginia Opera's fall productions of 'Siegfried,' the third opera in the cycle, Understanding Opera will help you enjoy opera and better listen to the world around you.

T • Oct 10 • 9-10:30am • \$20/Silver
Leader: Joshua Borths

Senior Living Options Outside the Home

Aw **BACK BY POPULAR DEMAND** There are countless options for senior living today, including many you have probably never considered. Today's senior living offers many more options than the dreaded 'nursing home' environment of yesteryear. This interactive presentation will discuss all of the senior living acronyms (CCRC, SNF, MC, AL, IL, etc.) and the pros and cons of each, so an informed decision can be made about lifestyle and care choices as you plan for your future.

T • Oct 10 • 3:30-5pm • \$20/Silver
Leader: Lisa Isbell

The Worlds of Comedy

Oo **Z** There are survey courses in art, history, art history, and (this is true) history of art history. Isn't it time for one of the most vibrant and popular of the arts to be taken seriously? This course has the temerity to claim humor is an art form, then try to prove it by looking at what it is and how it works – the history, mythology, anthropology, biology, psychology, philosophy and even theology of comedy. Examples come from the form's most expert practitioners: Chaplin, Keaton, Groucho, Wilder, Sellers, Allen, Martin, Ferrell, Python, Pryor, Colbert, C.K., Stiller, Silverman and Schumer. David also draws from his background in comedy to show how professional humor is constructed.

T • Oct 10, 17, 24, Nov 7, 14, 21 • 4-5:30pm • \$60/All members
Leader: David Misch

Using Redlining as a New Way to Look at Health and Climate

Ri Bo **NEW** We'll discuss the UR Digital Scholarship Lab's redlining project and its uses by health and environmental scholars studying contemporary health and climate disparities. We will introduce redlining through examples in Richmond and then pivot to issues like heat islands and flooding and disparities in morbidities and mortality that have been analyzed using the HOLC redlining data—all with really compelling maps that dramatically convey this history and its lasting legacies.

W • Oct 11 • 10am-12pm • Free to Members • Leader: Robert Nelson

The Life and Selected Works of Gian Lorenzo Bernini

NEW Z A child prodigy, Bernini was touted as 'the new Michelangelo.' Meet the man who is credited with creating the Baroque style of sculpture, was the last architect of Saint Peter's Basilica and who some modern scholars say could run circles around Michelangelo.

W • Oct 11, 18, 25, Nov 1, 8, 15 • 3:30-5pm • \$60/Silver Leader: Juana Levi

Scott Joplin's School of Ragtime

NEW Come and tap your feet to a program of pieces composed by the 'Three Greats' of Classic Ragtime: Scott Joplin, James Scott, and Joseph Lamb. Per-

formed on piano accompanied by your class leader's signature commentary.

R • Oct 12 • 1-3pm • \$20/Silver Leader: Alan Pollack

Valentine Museum Tour: Sign Spotting Exhibit

DRIVE TO EVENT, FIELD TRIP Join us at the Valentine Museum to experience their new exhibit. 'Sign Spotting' features an interactive gallery of signs from Richmond businesses and attractions. Fees for this class are non-refundable.

F • Oct 13 • 1:30-3:30pm • \$15/All members Leader: Jessica Delbridge

The Future of Energy

NEW The Future of Energy explores the global energy picture, including an understanding of the electric power grid and contributions of fossil fuels, nuclear fission, and renewables toward grid stability and reliability. Additional topics include electric vehicles, the hydrogen economy, and advanced nuclear.

M • Oct 16, 23, 30 • 10am-12pm • \$60/Silver Leader: James Miller

UR Campus Walk

Ri Aw Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide. Learn about the history of the University, enjoy the beautiful landscaping and architecture, and hear some stories along the way. The walk will be about 2.5 miles in length and will require climbing steps and walking on various surfaces. Walking shoes and water are recommended.

M • Oct 16 • 1-3pm • Free to members Leader: Marshall Irvine

The Federal Convention of 1787

NEW 'The Miracle of America' by Catherine Drinker Bowen tells a compelling story of America's Constitutional Convention, which many have seemed to have forgotten. Americans should remember its meaning and purpose to understand where we came from.

M • Oct 16, 23, 30 • 3:30-5pm • \$60/Silver Leader: Joel Marks

Women's Spider Basketball - What a History and What a Future!

Ri Bo **REVISED, BACK BY POPULAR DEMAND** Discover the evolution of today's fast-paced NCAA Women's Basketball game. In 1895 the collegiate women had 11 players per side and were prohibited from dribbling, or guarding, or even talking! We will quickly move to the modern era of NCAA Women's basketball and look some of the most decorated programs. Finally, we will focus on the history of our own UR Women's Basketball Program, including attending a special practice and a Spider Women's home game. *Dates for practice session and game will be provided prior to the start of class.*

T • Oct 17 • 10am-12pm • Free to members Leaders: John Festa, Aaron Roussell, John Studer

Learning About the Holocaust, Part 1

BACK BY POPULAR DEMAND What is the effect on people when their right to live is taken away by their government? 'The Holocaust was a systematic, bureaucratic, state-sponsored persecution and murder of approximately six million Jews by the Nazi regime and collaborators' (USHMM). How did the unthinkable become reality through government and law?

T • Oct 17, 24, 31, Nov 7, 14, 21 • 1-3pm • \$60/Silver Leader: Rena Berlin

Case Studies in Democracy

NEW Z This interactive class will use the Case Study methodology to study history via the book, 'Case Studies in Democracy,' by David Moss (2017). You will role-play the decision makers of the day, as you analyze problems that eventually led to momentous decisions in our nation's history. Experience history in a more immersive way, and emerge with a greater appreciation of the strengths, weaknesses and resilience of our American Democracy.

T • Oct 17, 24, 31, Nov 7, 14 • 4-6pm \$60/Silver Leader: Earl Richardson

Women's Health: What to Expect As We Age

Aw **NEW Z** When you think of health concerns among women, what comes to mind? Osteoporosis, breast cancer, diabetes, and hypertension are common challenges women face as they age: but there is



much more than that. This course will cover many of the gynecological problems and other health issues women can experience as they enter their post-menopausal years. Join our private, anonymous Zoom class to learn more about these issues as well as treatment options for finding relief.

W • Oct 18 • 11:30am-1pm • \$20/Silver
Leader: Kenley Neuman

Landmark Ladies: Women and the Law

NEW **Z** Even though the Great Chief Justice John Marshall would never have imagined American women serving in US politics or law, there have been numerous women since his death in 1835 who have asserted female representation in the legal sphere. This presentation will explore some of the landmark ladies who reclaimed and redefined the judicial systems that John Marshall built.

W • Oct 18 • 2-3pm • \$20/Silver
Leaders: Miller Bowe, Meika Downey

How to Make Your PowerPoints Suck Less Than Usual

Bo **NEW** In this one-session course, long-time educator Josh Pachter offers practical strategies for bringing dull PPT slides and presentations to a more vibrant and effective life. This session is aimed specifically at Osher instructors but is open to all who might be interested.

R • Oct 19 • 10:30am-12pm •
Free to members
Leader: Josh Pachter

Regional US Cooking: Coastal Virginia

DRIVE TO EVENT, NEW, FIELD TRIP Join us to explore regional US cooking with recipes from Coastal Virginia. Warren grew up in Gloucester, VA and his family has been there for nearly 400 years! Learn about the cuisine and dishes of the Chesapeake Bay region with Guinea Clam Chowder and more. Fees for this class are non-refundable.

R • Oct 19 • 1-3:30pm •
\$70/All members
Leader: Warren Haskell

Tour of Battle of Drewry's Bluff - May 15, 1862

DRIVE TO EVENT, FIELD TRIP Join Chip at Drewry's Bluff to experience what happened in the Civil War that led to this resounding Southern victory.

F • Oct 20 • 1:30-3:30pm • \$20/Silver
Leader: H.E. 'Chip' Mann



The Osher Special Interest Groups

Formed and led by Osher members, our Osher Institute Special Interest Groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Baseball Dan Begley, osherbaseball@gmail.com

Birding with Audubon Mary Elfner, melfner@gmail.com

Bridge Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402

Contemporary Issues Alan Corbett, alan.corbett@comcast.net, 804-651-0958

Fab and Fit Spiders Brenda Davis, bdavis@lakewoodwestend.org

Golf Tom Cox, tcox.attorney@gmail.com and Don Miller, miller.dl@verizon.net

Hikers Lex Bailey, alexander.neale.bailey@gmail.com

Historically Speaking Louis Ceil, ceilb2@aol.com

Investments F. Brian McNeil, fbmcneil@gmail.com

Literary Dreamers Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com

Memoir Writing Lynn Blankman, Karen Mizrach, and Lisa Johnson, lajohnson978@gmail.com. We have three groups, with openings available in one.

Mystery Lovers Nancy Newins, nnewins@verizon.net

Our Earth and Beyond Joel Gottlieb, Joel.gottlieb@gmail.com

Photography Peter Blankman, pblankman@gmail.com

Sociable French Conversations Allan Blum, allan_blum@yahoo.com

Theatre Lovers Janice Jones and Anne Wescott, oshertheater@gmail.com

Travel Celeste Miller, OSHERtravel@gmail.com

Women's Basketball Silver Spiders John Festa, johnfesta@comcast.net



Support What Brings You JOY! Make YOUR Difference to Osher!

As you join us this fall virtually and in-person during Osher courses, trips, and special interest group activities, we also hope you'll make a gift to our Osher Institute at the University of Richmond in 2023. With the guidance of our Osher Leadership Council, our Osher Institute has set its 2023 annual fundraising goals at \$33,000 from 28% of current Osher membership.

All gifts given to Osher any time of the year count towards our annual goals. Money raised in 2023 will support special events and speakers, our instructor and volunteer recognition gatherings, as well as grow financial reserves.

The past six years, the Osher Institute has done a paper Osher Annual Fund Campaign each August. While the university may send a paper fundraising solicitation, Osher is experimenting with an email Osher Annual Fund Campaign and this article. The reasons for this include a number of members have already made a gift, stepping forward their gifts earlier in 2023 during the university-wide UR Here/Giving Day campaign, and also a rising number of issues have been reported to us regarding lost or unreceived mail, including catalogs and gift checks.

Easy and safe ways to make a gift, and make sure it gets to us, include:

- online via our osher.richmond.edu/give,
- this Venmo code (@SpiderGiving, Osher Fund 20939 in the comments),



- a check (made out to University of Richmond, Osher 20939 in the memo line) brought to class given to Osher staff, dropped by the office, or mailed in to:

University of Richmond Osher Office
Special Programs Building
490 Westhampton Way
University of Richmond, VA 23173

Thank you to all who have already made a gift to Osher in 2023. If you have any questions or if you would like to explore ways to maximize your charitable impact in strategic ways such as a qualified charitable distribution gifts, please reach out to Amy Edwards, Osher Office (aedwards@richmond.edu). Donors will be recognized in our Honor Rolls which are viewable in our summer catalog, on our website, and on our poster Honor Rolls.



Capitol Secrets: Leadership Wisdom From a Lifetime of Public Service

NEW, AUTHOR'S BOOK TALK AND SALE Join author Bill Leighty, former chief of staff to Virginia Governors Warner and Kaine, as he discusses his book, 'Capitol Secrets: Leadership Wisdom from a Lifetime of Public Service.' Bill will walk us through his book of humorous and educational stories regarding his service to twelve governors of Virginia.

M • Oct 23 • 1-2:30pm • \$20/Silver
Leader: William Leighty

Olmsted's America: Seeing the Future

NEW Before he became the nation's first landscape architect, Frederick Law Olmsted was a failed sailor, farmer, writer, and gold miner. His writings influenced international opinion on slavery, and his vision created a system of parks which would remain relevant for hundreds of years. This course will focus on Olmsted's life and world, a time of civil war, rapid nation-building, and the beginning of the American park system.

T • Oct 24, 31, Nov 7, 14 • 10-11:30am
• \$60/Silver
Leader: Patricia Ryther

Great Expectations by Charles Dickens Live (A Master Class)

NEW Set some great expectations to expand your reading horizons this fall. Murray Ellison and Eric Holzwarth will explore and dramatize parts of 'Great Expectations'. We will also consider how the book reflects the author's life and the social, class, and cultural realities taking place in England in the 1860s when it was published.

W • Oct 25, Nov 1, 8 • 10am-12pm • \$60/Silver
Leaders: Murray Ellison, Eric Holzwarth, and our beloved John Schofield

Can We Stop Climate Change?

NEW **Z** This course is designed for people who are already concerned about climate change, want to learn more, and are considering taking action to mitigate the impact of climate change on our planet and ourselves. The course covers problems, basic science, and equity issues. It reviews a powerful simulation tool and a wide range of climate change solutions. Participants will be placed in small groups and will learn how to communicate with others and join together to take action.

W • Oct 25, Nov 1, 8, 15 • 1-2:30pm • \$60/Silver
Leaders: Tony Lee, Margie Lee

Title IX and the Revolution in Women's Sports

NEW Enacted in 1972, Title IX permanently altered the landscape of American interscholastic and intercollegiate athletics. In this course, two instructors, both participants in the early implementation of Title IX, will explore (1) the impact of Title IX's prohibition on sex discrimination in education; (2) the post-Title IX explosion of participation in girls' and women's sports; (3) athletes and coaches propelling the growth of women's sports; and (4) ongoing controversies, including transgender and athlete compensation issues.

R • Oct 26, Nov 2 • 10am-12pm • \$40/Silver
Leaders: Thomas Cox, Pamela Wiegardt

Two Sides of a Pancake: The United States of 'Mingo'

NEW, AUTHOR'S BOOK TALK AND SALE We will discuss 'Mingo,' a gold medal winner for southern fiction, set against the backdrop of the first two decades of the twentieth century in West Virginia and Richmond. The class will cover mine wars history, discuss the book's themes on class, race, and labor relations, and explore the modern implications of a phrase in the book that has resounded with so many readers: 'no matter how thin the pancake is, there's always two sides.'

R • Oct 26 • 1-2:30pm • \$20/Silver
Leader: Jeff Barnes

Planning for Lifetime Income in Retirement

Aw **NEW** This class will help investors and particularly retirees understand the debilitating effects that inflation can have on one's portfolio.

R • Oct 26 • 3-4:30pm • \$20/Silver
Leaders: Ron Cain, John Cain

All About Cuba

Ri Bo **NEW** Join Dr. Mike Davison and Ed Tillett for a spirited dialogue about their work documenting contemporary Cuban culture, music, and its people. Collaborating for over 20 years, their work has resulted in the production of numerous film projects, performances, and friendships in Cuba and the US through the University of Richmond. Insights into the challenges of filming in Cuba will be explored with delightful tales about their adventures and a preview of their next project.

F • Oct 27 • 10am-12pm • Free to members
Leaders: Mike Davison, Ed Tillett

Notable Women of Hollywood Cemetery

DRIVE TO EVENT, NEW, FIELD TRIP For those who have taken the regular tour of Hollywood Cemetery, you know that a much of it concerns Civil War soldiers, generals, and US Presidents. But what about the ladies? Come join me as we discuss women 'residents' who made major contributions in education, women's rights, literature, health care, business, and historic preservation. Good walking shoes are recommended.

F • Oct 27 • 1:30-3pm • \$20/Silver
Leader: LeAnn Hensche

Revitalization Renaissance in Virginia

NEW Historic communities throughout Virginia are experiencing a renaissance. In this course, find out how State and Federal Historic Investment Tax Credits have served as a catalyst for revitalization. Learn how the rehabilitation of historic buildings in urban areas has served as the framework for further infill development and encouraged healthier, more livable communities.

M • Oct 30 • 1-2:30pm • \$20/Silver
Leaders: Robert Mills, Elizabeth Tune



NOVEMBER

Regional US Cooking: Food of the Pacific Northwest

DRIVE TO EVENT, NEW, FIELD TRIP Join us to explore regional US cooking with food of the Pacific Northwest. We'll make Pear & Hazelnut Salad w/Oregon Blue Cheese; Salmon with Wild Mushrooms, Swiss Chard, and red wine reduction; and Oregon Mixed Berry Cobbler with Ice Cream. Fees for this class are non-refundable.

R • Nov 2 • 1-3:30pm • \$70/All members
Leader: Warren Haskell

George Washington

NEW Let's talk about The Greatest American: First in peace, first in War, and first in the hearts of his countrymen.

R • Nov 2, 9, 16 • 4-5:30pm • \$60/Silver
Leader: Joel Marks

Pamplin Historical Park and the National Museum of the Civil War Soldier

DRIVE TO EVENT, NEW, FIELD TRIP Join your Osher friends at Pamplin Historical Park. It is a 424-acre historical campus that features world-class museums, antebellum homes, a National Historic Landmark Civil War battlefield, and a slave life exhibit. It has been called 'the new crown jewel of Civil War sites in America.' Fees for this class are non-refundable.

F • Nov 3 • 10am-2pm • \$11/All members
Leader: Amanda Jones



Apple iPhone Productivity Apps

Aw **UPDATED** **Z** Do you still use an appointment book, address book, to-do and shopping lists, and depend on other handwritten passwords, reminders, and notes? This class will look at how the Contacts, Calendar, Reminders, Notes, and Password iPhone apps can help us better manage this information and our daily activities.

M,R • Nov 6, 9, 13, 16 • 9-11am • \$60/Silver
Leader: West Cobb

Brain Power Hour: 50s and 60s

Aw **Z** The 'Fabulous 50s' and 'Groovy 60s' were a time filled with Poodle Skirts, sideburns, tie-dye, and mood rings. Let's challenge our brains as we engage together and interact with a few brain games and social activities. Just as physical exercise can help keep a body strong, mental exercise can help a brain work better and lower the risk of mental decline. This course will be a fun and interactive way to flex those mental muscles.

M • Nov 6 • 11:30am-12:30pm • \$20/Silver
Leader: Rachel Lawson

Fascism: Revolutionary or Reactionary? 1919-2023

NEW **Z** Is Fascism, and its current manifestations, a revolt against Democracy, Capitalism, and Communism, or is it reactionary, turning the clock back concerning race, women, liberty, and progress itself? We will explore these topics in this study of Fascism. We will examine the conclusions of eight scholars on four topical areas (one each week) which will serve as springboards for discussion: Definition, Causation, Revolutionary or Reactionary, and Can Fascism Return?

M • Nov 6, 13, 20, 27 • 1-2:30pm • \$60/Silver
Leader: Louis Cei

Architecture of Andrea Palladio

NEW Recognized as the most influential architect in the Western world, we will study the life and works of Andrea Palladio and the Four Books of Architecture that he produced. In the 17th and 18th centuries, British aristocrats visited his villas and used his Books to design their grand country estates. And then Thomas

Jefferson and American colonists used the same models from his Books to design their plantation homes in Virginia, Maryland, and the Carolinas.

M • Nov 6, 13, 20 • 3:30-5pm • \$60/Silver
Leader: Ken Gallagher

Beethoven's Late Period Piano Sonatas

NEW Join us for what plans to be a series of classes working through the five piano sonatas Beethoven composed during his Late Period, with complete performance and running commentary on two of them: Op. 101 and Op. 110. These works are less widely known than the sonatas with nicknames from earlier in his career, but are nevertheless deeply expressive and challenging.

R • Nov 9 • 1-3pm • \$20/Silver
Leader: Alan Pollack

Contemporary Issues Presents: Political Polarization in America

Bo **NEW** The Osher Contemporary Issues Special Interest Group invites you to explore root causes of political polarization in the U.S. and its divisive impact on both politics and everyday life. The questions of how we got here, what are the threats to our country's well-being, and where do we go from here will be discussed.

F • Nov 10 • 10am-12pm • Free to members
Leader: George Chieffo

Six Habits of Effective Communicators: How to Connect With Anyone, Anywhere, Anytime

Aw **NEW** Communication is at the heart of everything we do. As simple as it is, it is a skill that takes every bit of intentionality, to ensure we reap the benefits of long-lasting and healthy relationships.

F • Nov 10 • 1-3pm • \$20/Silver
Leader: Fred Gatty

Brain Power Hour: 70s and 80s

Aw **Z** From '70s Nostalgia' of all things hippie and bell-bottoms to the 'Rise of Remembering the 80s,' let's have some fun as we challenge our brains with some brain games and activities. Studies show that just as

physical exercise can help keep a body strong, mental exercise can help a brain work better and lower the risk of mental decline. Join us as we have some fun and flex those mental muscles.

M • Nov 13 • 11:30am-12:30pm • \$20/Silver
Leader: Rachel Lawson

Blackjacks and Iron Workers on the Underground Railroad

NEW **Z** Due to recent scholarship, the Underground Railroad can be viewed as a movement that includes a multifaceted history. Included in this history are the well-known conductors Harriet Tubman and Josiah Henson as well as Free Blacks such as William Still. Two lesser-known occupational groups, Black Jacks (African American sailors) and Iron Furnace workers, became instrumental parts in the Underground Railroad by providing valuable information and transportation to Freedom Seekers escaping the bondage of slavery.

W • Nov 15 • 10-11:30am • \$20/Silver
Leaders: Bill Hafker, Tim Van Cleave

Virginia Wines: After the Crush

DRIVE TO EVENT, NEW, FIELD TRIP After the crush and with harvest over, the juice, in barrels and tanks, is turning into delicious wine. Come meet the winemaker/s and learn about the seasons of winemaking while tasting their current vintages and learning of what's to come. Fees for this class are non-refundable.

R • Nov 16 • 1-3:30pm • \$50/All members
Leader: Warren Haskell

Understanding Opera: The World of the Bel Canto

NEW Let's delve into the wide and wonderful world of bel canto opera. Based on the Virginia Opera's fall production of 'The Barber of Seville,' we will explore the operas of Rossini, Donizetti, and Bellini whose works encapsulate this Italian style from the early nineteenth century. Whether you are a longtime fan or new to the art form, Understanding Opera will help you enjoy opera and better listen to the world around you.

F • Nov 17 • 10-11:30am • \$20/Silver
Leader: Joshua Borths

Book Swap: Share Your Love of Books

UPDATED This is a class for book lovers and those who like to share their love of books. Bring your favorite book and share it with the class for 5 to 10 minutes. All book genres are open to share. If you register for this class you are expected to present a book. The instructor will reach out to the registered students to discuss your book idea and help you with a suggested format.

M • Nov 20, 27 • 10am-12pm • \$40/Silver
Leader: John Festa

The Music and Lyrics of Four Influential Canadian Folksingers

NEW **z** In this Zoom Session, DJ Murray Ellison will introduce, play, and discuss the music and poetic lyrics of four of the most influential Canadian folk singer/songwriters: Joni Mitchell, Leonard Cohen, Gordon Lightfoot, and KD Lang. We will also consider why these and some other Canadian artists have had such a big impact on popular music. Participants will have the option of just listening in or providing feedback about the singers and their music and lyrics.

T • Nov 21, 28, Dec 5 • 10am-12pm • \$60/Silver
Leader: Murray Ellison

Asian American Art

NEW **z** This is another of our heritage programs exploring the connections between various minority groups in America and the art they create. Based primarily on works from the Smithsonian American Art Museum collection, this interactive session will explore how Asian American artists have captured the historical oppression faced by the Asian American community in America, explored topics like Asian migration and immigration to the United States, and used their art to address recent social issues.

M • Nov 27 • 3-4:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

The Inside Story of How Netflix Started

Ri Bo **BACK BY POPULAR DEMAND** **z** Hear the trials and tribulations of a dot-com start-up of the late 1990s: Netflix. Founded by a team with no entertainment experience and with the

Coffee Chats and Happy Hours

During Covid, our wonderful Member Connections Team hosted monthly Coffee Chats, Happy Hours, and Game Nights, all on Zoom. As we have become more comfortable with in-person activities, we've moved our Happy Hours to various fun locations around town. Our early morning Coffee Chats are now mixing it up – some in person and some virtual.

We will host Happy Hours in a different location each month. Here are the dates for these fun events:



Coffee Chats –
First Wednesdays,
8:30am, In Person or
Virtual via ZOOM

September 6 – In person
 October 4 – Virtual
 November 1 – In person
 December 6 – Virtual



Happy Hours –
Second Thursdays, 4:30pm
until ... IN PERSON

September 14
 October 12
 November 9
 December 14

No registration is needed for these events. We'll send reminders several weeks, then several days prior to each, but perhaps you'll want to add these to your calendar now.

goal of taking on industry giant Blockbuster, this group of brilliant renegades ended up changing the face of entertainment forever. Hear stories and lessons from the University of Richmond's Joel Mier, a former director of Netflix during its formative first decade.

T • Nov 28 • 1-2:30pm •
Free to members
Leader: Joel Mier

Only Hope: My Mother and the Holocaust Brought to Light

Bo **BACK BY POPULAR DEMAND** **z** Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos

and two Nazi concentration camps. These powerful stories have been published by her son, Irving Lubliner. He will share excerpts from 'Only Hope: A Survivor's Stories of the Holocaust,' shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions.

T • Nov 28 • 3:30-5:30pm •
Free to Members
Leader: Irving Lubliner



University of
Richmond



Bonus Programs
for Members



Regirer Aging
Well Series



National Osher
Online



Special
Events



Zoom
Class

SPCS Community Conversation – Cousins: Connected Through Slavery and Now Reaching Across the Racial Divide

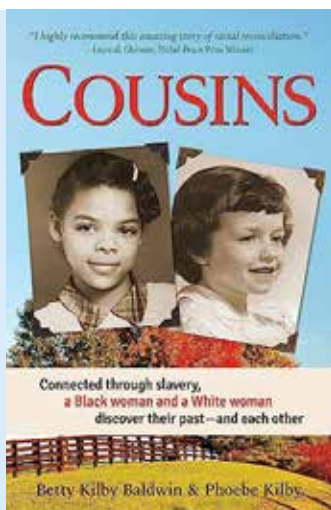
Wednesday, November 29
4:30 – 6:30 pm • Free Event
Jepson Alumni Center, Robins Pavilion
Phoebe Kilby and Betty Kilby Baldwin



Dr. Martin Luther King, Jr. had a dream that ‘the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.’ As daughters,

Betty Kilby Baldwin and Phoebe Kilby found a way to live Dr. King’s dream. They will tell you their story of discovering their family connections and embarking on a path toward reconciliation and reparation. You will learn about ways that you too can reach across the racial divide and work toward racial reconciliation, whether or not your family has connections to slavery. Their presentation will draw on lessons from their 2021 book, ‘Cousins: Connected Through Slavery, A Black Woman and a White Woman Discover Their Past and Each Other.’

Osher members may register for this just as any other class.
Non-members are welcome and should register at
<https://sl.richmond.edu/k2>.



Woman and a White Woman Discover Their Past and Each Other.’
W • Nov 29 • 4:30-6:30pm •
Free to members
Leaders: Phoebe Kilby, Betty Kilby Baldwin

Photographing Costa Rica

NEW Join this class to gather great ideas and tips on how to take wonderful photographs of colorful Costa Rica.

R • Nov 30 • 10am-12pm • \$20/Silver
Leader: Dan Walker

Continuing to Explore International National Parks

NEW Join us as we continue exploring the wonders of nature and history in the world’s national parks. We’ll complete our tour of South and Central American parks, head to Canada, venture through Greenland (largely icy) and Iceland (largely green, or just rock), and perhaps start into Europe. We’ll see how park systems are similar and different in their missions, and explore what we can learn from them, and do for them, to advance those missions.

R • Nov 30 • 1-3pm • \$20/Silver
Leader: Bill Hafker

DECEMBER

How Edgar Allan Poe Invented the Detective Story

NEW In this lecture, we will find out how Poe became the first American author to invent a new literary genre. We’ll look at the people and works that inspired him as well as the elements he combined and refined to change the face of world literature and add a section to your local bookstore.

F • Dec 1 • 10-11:30am • \$20/Silver
Leader: Chris Semtner

Cool Flicks: It’s a Robert Redford Drama Festival!

NEW FILMS Join Dan Begley to watch and enjoy these three classics: ‘Barefoot in the Park’ (1967); ‘Butch Cassidy and the Sundance Kid’ (1969); and ‘The Sting’ (1973).

F • Dec 1, 8, 15 • 1-3pm • \$60/Silver
Leader: Dan Begley

American Visions: The United States, 1800-1860



NEW Join UR President Emeritus Ed Ayers as he talks about his new book,

‘American Visions: The United States, 1800-1860,’ which offers a hopeful interpretation of our past as we face the future.

W • Nov 29 • 10am-12pm •
Free to members
Leader: Edward Ayers

Shakespeare and Law

BACK BY POPULAR DEMAND Shakespeare wrote his plays knowing that lawyers were often in the audience. In fact, two-thirds of Shakespeare’s plays contain legal references or trial scenes. His plays have had a significant influence over American judges: a review of the history of legal decisions in the United States reveals that over 800 judicial opinions reference Shakespeare. We will take a fun

look at Shakespeare’s legal acumen and influence on American jurisprudence. No previous Shakespeare or legal knowledge is necessary.

W • Nov 29 • 1-3pm • \$20/Silver
Leader: Jay O. Millman

SPCS Community Conversation – Cousins: Connected Through Slavery and Now Reaching Across the Racial Divide



NEW Dr. Martin Luther King, Jr. had a dream that ‘the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.’ As daughters, Betty Kilby Baldwin and Phoebe Kilby found a way to live Dr. King’s dream. Their presentation will draw on lessons from their book, ‘Cousins: Connected Through Slavery, A Black

M=MONDAY, T=TUESDAY, W=WEDNESDAY, R=THURSDAY, F=FRIDAY, S=SATURDAY, U=SUNDAY

Review of Selected Basic and New Technologies

Aw **NEW** **Z** Let's explore these topics: bits and bytes; the Internet; files and file managers; ChatGPT and AI; cloud computing; augmented/virtual reality; and passwords, passkeys, and authentication apps.

M,R • Dec 4, 7, 11, 14 • 9-11am • \$60/Silver
Leader: West Cobb

Reading Dostoevsky: 'The Grand Inquisitor' (Ch. 5 of The Brothers Karamazov)

NEW 'The Brothers Karamazov' is Dostoevsky's greatest novel. The power of the novel is revealed most dramatically in Chapter 5 which recreates the Legend of the Grand Inquisitor, the encounter between the Anti-Christ and Christ. We will explore the themes of the chapter and seek to find their relevance to today's world.

M • Dec 4, 11, 18 • 10am-12pm • \$60/Silver
Leader: Jack Kangas

Book Discussion: The Sun Does Shine

Ri **NEW** 'The Sun Does Shine - How I Found Life, Freedom, and Justice' is the story of Anthony Ray Hinton. Mr. Hinton spent almost thirty years on Alabama's death row for being wrongly convicted of committing three murders. This is a powerful story, and it is a story that needs to be revisited and discussed more than once.

M • Dec 4 • 1-3pm • Free to members
Leaders: Jamelle Wilson, Bill Pike

Planning Final Arrangements: Pre-Plan to Make It Right

Aw Along with financial and estate planning, one of the best gifts we can give our families is planning our final arrangements. Losing a loved one is difficult. Prearranging the funeral eases the stress and guesswork for families and ensures that final wishes are honored. Learn about the important steps to provide this gift for yourself and family through an overview of the information and concerns when planning. There will be an opportunity to ask questions.

M • Dec 4 • 3:30-5pm • \$20/Silver
Leader: Susan Campbell

What is EMS All About?

Aw **NEW** We give little thought to EMS until we call 911 and want help instantly at our door. The class will include a brief overview of EMS, including its history and evolution. It will discuss training needed to provide various levels of prehospital emergency care. Learn what to tell a 911 dispatcher when calling for help and how to make sure first responders can get to you as soon as possible.

W • Dec 6 • 10am-12pm • \$20/Silver
Leader: Sandie Warwick

Costa Rica Wilderness Explorer

NEW Come join us as we explore southern Costa Rica. Our adventure takes us off the typical tourist track to the rain forests and mist-shrouded mountains in search of the country's wildlife.

W • Dec 6 • 1-3pm • \$20/Silver
Leaders: Celeste Miller, Don Miller

Insulin and Diabetes: A Historical and Medical Travelogue

Aw **NEW** The discovery and history of insulin (which resulted in several Nobel Prizes), as well as how these discoveries influenced our understanding of diabetes, will be reviewed. The lecture will be targeted to a non-medical audience and will present basic concepts in human physiology. No specific medical advice or recommendations will be provided.

W • Dec 6 • 3:30-5pm • \$20/Silver
Leader: John Nestler

Wine and Cheese Pairing Class

DRIVE TO EVENT, NEW, FIELD TRIP Join Sara Adduci 'The Luckiest Cheesemonger' and David Witkowsky of Potomac Selections for this festive holiday class. We will feature six wines perfectly paired with delicious cheese and ready for your holiday table. We will sample a diverse mix of wines: red, white, and bubbly paired with cheeses found locally and from around the world. Fees for this class are non-refundable.

R • Dec 7 • 1-3:30pm • \$50/All members
Leader: Warren Haskell

Interested in Teaching for the Osher Institute?

If you've thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor **Bill Bailey** can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

We also have posted on our website a video for potential course leaders. This features three Osher instructors who offer ideas and insights on teaching for our institute. spcs.richmond.edu/lifelong-learning/osher/lead-volunteer/index.html

Cello Through the Years, with Holiday Music

BACK BY POPULAR DEMAND This class will take you on a musical tour of the history of the cello, featuring both lecture and musical examples played live. We will begin with a brief history of bowed string instruments, we'll toss in a little non-classical music, and end with a few holiday favorites in the Christian and Jewish traditions.

F • Dec 8 • 10am-12pm • \$20/Silver
Leader: Sheryl Smith

BUS TRIP: Military Actions in Petersburg During the Revolution - 1781

NEW, BUS TRIP Hop on a bus with Chip, then settle back to explore the various stops in Petersburg that played a part in our Revolutionary War efforts. Fees for this class are non-refundable.

M • Dec 11 • 1-4:30pm • \$40/All members
Leader: H.E. 'Chip' Mann

War and Art: Soldier Artists in World War II

NEW Z Throughout much of our history, artists have been embedded on the battlefield to capture soldiers in action. Join us as we analyze and discuss how wartime artists serving on the frontlines applied their artistic talents to express what they experienced real-time from their own unique perspectives. In this two-part program, we will look at the Army War Artist Program focusing on World War II and the battle theatres of Europe, North Africa and the Pacific.

T • Dec 12, 19 • 10am-12pm • \$40/Silver
Leaders: Alice Waagen, Ralph Kidder, Steve Anders

Brain Power Hour: Nutrition

Aw Z Proper nutrition is a key component to one having a healthy lifestyle that can help us decrease our risk of developing dementia and other serious chronic conditions. What we feed our bodies is the fuel that keeps our brains actively working. Together we will have a little fun as we engage and interact with a few nutrition theme brain games and social activities, all while we learn about new healthier choices that we can build into our everyday routines.

T • Dec 12 • 1-2pm • \$20/Silver
Leader: Rachel Lawson

Planning Your Estate

Aw BACK BY POPULAR DEMAND Z Let's talk about planning for the future. How can you ensure that your preferences and directives for your financial assets are carried out correctly? We'll discuss the legal options available to assist in making the best decisions.

T • Dec 12 • 2:30-4pm • \$20/Silver
Leader: Paula Peaden

John Maynard Keynes: An Economist's Ecstasy in a Spreadsheet

NEW Z Arguably one of the most influential economists of the twentieth century, Keynes was ahead of his time for conceptualizing the downstream effects of punishing other countries through sanctions, reparations, and embargoes. Yet his undergraduate years were spent in hedonistic pursuits with his fellow Apostles. At Cambridge he developed his famed spreadsheets: ranking his fellow students on their sexual prowess, as he had experienced it first-hand with his male classmates.

W • Dec 13 • 10-11:30am • \$20/Silver
Leader: John Musgrove

President John Tyler: Forgotten Legacy

NEW Z Washington, Jefferson, Jackson, Lincoln, Wilson, Roosevelt (Theodore and Franklin), and a handful of other American Presidents are household names. Their images appear on money; cities, towns, and schools are named for them, and one, Andrew Jackson, is associated with an entire era of 'age.' Their impact on American society is unquestionable. However, a handful of lesser-known Chief Executives changed the course of American history. One of them is Virginian John Tyler. This course will examine how his presidency affected the office well into the twentieth century.

W • Dec 13 • 12-1:30pm • \$20/Silver
Leader: L. Jon Grogan

Horse Sense: The History of The Horse in Virginia

NEW Z From Virginia's earliest days to the 2000 Olympics, when four members of the bronze medal-winning three-day evening team hailed from Middleburg, the commonwealth has nurtured a special relationship with the animal. In sport, there's the development of the Quarter Horse. In battle, horses like Traveller witnessed pivotal movements of the Civil War. And in popular culture, stories like 'Misty of Chincoteague' have all cemented Virginia's status as a state with a unique equine history.

W • Dec 13 • 2-3pm • \$20/Silver
Leader: Maggie Creech

Latino Art

REVISED Z The lives of Latino artists provide insights into the context of their works. Learn about the diverse body of artwork created by artists of Hispanic heritage and the historical, social, and cultural events, as well as life experiences, that inspired their work. All art presented in this session is part of the Smithsonian American Art Museum collection.

R • Dec 14 • 12-1:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Art and Medicine: New Horizons

NEW The lecture will focus on innovative cutting-edge artistic interventions (VR/AR, Improvisation, Dance, Drawing, etc.) to enhance the education of medical students and other trainees, as well as to enhance medical care. Many of these interventions are currently being implemented or are in the testing phase at the VCU Medical Center.

R • Dec 14 • 2:30-4pm • \$20/Silver
Leader: John Nestler

The Ghosts in the Machine: Upsides and Downsides of Artificial Intelligence in Healthcare

Bo NEW In certain respects, artificial intelligence can multiply the power of healthcare professionals by extending their cognitive powers and freeing up their schedules. But the rise of ChatGPT and other generative programs has also demonstrated dark sides to AI. These include the production and dissemination of false information (on command or autonomously) and potential overreliance on AI. The reflexive response—more regulation—poses grave risks of its own.

F • Dec 15 • 10am-12pm • Free to Members
Leader: Robert Graboyes

Stop the Bleed

Aw NEW This course is taught in conjunction with partners at VCU Medical Center. This is a class in how to respond to a serious bleeding incident. The course was born out of the tragic Sandy Hook School shooting to help lay people respond to serious bleeding injuries. The course has two components: a lecture followed by a skills session.

M • Dec 18 • 1-3pm • \$20/Silver
Leader: David Brackins



Osher Membership

You can become an Osher member at any time during the year for as little as \$75 per year. A summary follows of membership levels and benefits. To become a member, visit our online registration portal at <https://www.enrole.com/richmond/jsp/index.jsp?categoryId=OSHER> and create a new account. Once your account has been created and you are logged in, select the MEMBERSHIPS & RENEWALS category and purchase a new membership. Your membership is valid for one year from the date you join.

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Membership Levels

Silver: \$75/year (rolling 12-month)

Our **Silver** membership is the perfect get acquainted level for individuals who are interested in seeing what Osher has to offer. For a small annual fee, an individual receives a University of Richmond One Card and e-mail address, parking pass, full use of the library including access to online databases while on campus and access to register for Osher courses. However, **Silver** members pay for each course in which they enroll, \$100 to audit available semester-long credit courses, and special course fees.



Gold: \$350/year (rolling 12-month)

Our **Gold** membership is perfect for individuals who want to take advantage of the entire Osher Lifelong Learning Institute experience. This individual membership includes a University of Richmond One Card and e-mail address, parking pass and full use of the library including access to online databases while on campus. In addition, **Gold** members have unlimited access to all Osher courses free of charge (excluding off-campus trips). Available undergraduate semester-long courses may be audited at no additional charge.

UR Osher: \$25/year (rolling 12-month)

Exclusively for UR faculty, staff and retirees and their spouse/partner who want to receive notices of special Osher member events and programs. For additional details, contact the Osher Institute office.

Upgrading Your Membership

Are you a **Silver** member who is wondering if an all-inclusive **Gold** membership is right for you? **Silver** members may upgrade at any time during the first six months of their membership year. Upgrades will not change the membership term dates. When upgrading, the \$75 **Silver** membership fee will be applied to the upgrade.



Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation and bonus classes
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk (804-287-6400 or helpdesk@richmond.edu)
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Osher members leading our classes have access to UR Technology Learning Center (TLC) for preparing presentations – (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members

If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it's your love of learning that counts. Join the fun today!

For more information, contact us today:

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