
OSHER
LIFELONG
LEARNING
INSTITUTE

OSHER

AT THE UNIVERSITY OF RICHMOND

FALL 2018



**We're weaving a web of fun
and learning.**



RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 122 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail margaret.watson@richmond.edu.

Photo credit on the cover, this page and page 16: Peter Blankman, Osher member

On pages 12, 22-23: Tim Hanger, Osher member
Inside pages: Kevin Schindler

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 31 UR Drive, University of Richmond, VA 23173 or access the report online at police.richmond.edu.



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Get Caught in the Spiders' Web!

This fall, let the University of Richmond's Osher Institute weave a web around you and lure you into a season of great fun and learning.

First, join us for our Back-to-School event on Tuesday, September 11th, 5:00-6:30 pm. Feel free to bring a friend, too! This is a great way to get caught up with your fellow Osher members and to get caught in the web of fall Osher courses and activities. Come meet Dr. David Kitchen, SPCS Associate Dean for Professional Education & Special Programs, who is now supervising the Osher Institute's activities.

Then, we invite you to review this catalog and sign up for courses. We have many great speakers this fall, and we're especially pleased that UR's President Emeritus Edward Ayers and Provost Jeffery Legro will be a part of our lineup. We also have a wonderful day trip planned to Yorktown battlefields and the American Revolution Museum, along with several local excursions to the Valentine, WCVE, Ampthill Farm, and MCV's Children's Pavilion. As always, there is a full array of literature, history, science, and religion courses.

Although we concluded the work associated with our generous grant from the Regier Foundation in May, we are continuing to offer important courses on health, wellness, legal, and financial issues. These are marked as part of our 'Aging Well' series with the symbol **Aw**.

Taking classes is not the only way to weave your way into Osher's web. Expand your Osher involvement by joining one of our interest groups (be sure to note on page 22 the new 'Historically Speaking' group that's just been formed).

Also, the Richmond Spiders have invited us to attend a fall football game. Come cheer for the Spiders as we take on Delaware on October 6th. Thanks to UR Athletics for reaching out to the Osher Institute and offering us a block of tickets at a great price! You will find the game listed as a 'class' in this catalog. Just add it to your shopping cart as you would for other classes.

There's only one spider mascot in higher education. And that is fitting, because there's only one school like Richmond. So, get lured into the Osher Institute and get caught in the web!

Programs PAGE 6



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Getting Started 4

Where do I start?

1

Sign up for an annual membership.

You can become an Osher member at any time during the year. We invite you to come and try out one of our many free Osher events before you join. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a **Se**.

\$75 – Silver Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES, PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

\$350 – Gold Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & UNLIMITED FREE CLASSES ON CAMPUS

\$275 – Upgrade to Gold

AVAILABLE TO SILVER MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

\$25 – UR Membership

FOR QUALIFIED UR FACULTY, STAFF, UR RETIREES, AND SPOUSES/PARTNERS. (SAME BENEFITS AS SILVER MEMBERSHIP)

\$325 – Upgrade to Gold

AVAILABLE TO UR MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at osher.richmond.edu.

A membership form is also available at osher.richmond.edu/schedule. Contact the Osher Institute office with any questions or to schedule a visit by calling (804) 287-6608.

2

Register for classes.

We've organized this schedule of classes chronologically by start date to help members better plan their schedules. All types of Osher events are included in the program listing.

Special events and member bonus programs are designated with special icons.

Classes may change or be canceled after the printing of this schedule.

The University of Richmond **Ri** designation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

We encourage members to register online or print and complete a paper registration form, which may be found on our website at osher.richmond.edu/schedule

If completing on paper, please mail, fax, or deliver your registration and any required payment. Most programs are free to Gold members. Fees for Silver/UR members are noted.

Osher members interested in course audit opportunities should contact the Osher office. See page 11 for details.

The UR Osher Institute offers need-based scholarships for Osher on-campus mini-courses and talks. To inquire about a scholarship, contact the Osher office.

3

Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

This spring, bonus (free for members) programs, denoted with **Bo**, include:

- Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses
- Bounty of Boatwright
- Osher Member Orientation
- UR Behind the Scenes: The Cannon Memorial Chapel

- Tour of UR's Historic Bottomley House
- Osher Breakfast Social and VMFA Talk
- Trump in a Global Perspective
- Ending the Civil War
- Give To Live: Finding the Right Volunteering Opportunities
- Inspiring Wellness with VCU Health Systems
- The Best Seat in the House

And join us for several special events, free to Osher members and open to the public. They're a great way to get friends and colleagues engaged with Osher. Special events, denoted with **Se**, include:

- Osher Annual Fall Back-to-School Event
- UR Campus Walk/Tour
- UR Museums Campus Walk
- RVA: The Latest News About Tourism and Its Importance in Richmond
- Edward Weston Exhibition Opening Lecture

Se Special Events

Ri University of Richmond

Bo Bonus Programs for Members

Aw Aging Well Series

Using the Osher Online Registration System

Access the online registration system through the Osher website at osher.richmond.edu/schedule.

Registration for Fall 2018 classes opens at 9 a.m. on Wednesday, August 15, 2018.

Registering for Classes

If you've registered online before, or if you've recently purchased a membership online, start by logging into the registration system.

1. Confirm that you are **logged in** ("Hello, [Your Name]" appears at the top of the page)
2. Use the **left menu** to visit a category of interest.
3. Select the **dates** shown for a class for which you'd like to register.
4. When you see the session detail, only the **price applicable for your membership** level will be available.
5. Add the course to your cart, then **Continue Checkout**
 - a. If required, provide additional information on the following screen, then **Next**

- b. Confirm order and continue to **credit card processing** if applicable (the interface will change)

6. Log out and check your email

You will receive several email messages from this transaction.

1. An immediate **transaction confirmation** listing all courses or membership purchased.
2. An immediate **receipt** from Nelnet (our credit card processor), if your registration required payment.
3. For every course or membership purchased, a **registration confirmation** with course or membership details, sent daily starting at 4:30 p.m.

Purchasing New Membership

Prospective and New Osher Institute members should create their accounts first.

1. Create a **new account**.
 - a. Select the yellow **Sign In/New Account** button at the top of the page.
 - b. Select the **Create Account** button on the Customer Account/Sign In page
 - c. Complete the form and **Submit**. (Note: You should leave the UR ID blank.)

You'll know you've succeeded when you see the message

"Hello, [Your Name]" at the top of the page.

2. Purchase membership by visiting the **Membership Purchase** area in the left menu.
 - a. Select the link under **Osher Membership** (New or Renewal)
 - b. Under **Session**, select your membership level using the dropdown menu.
 - c. **Add to Cart**, then continue to **Continue Checkout** to complete your transaction.

Existing Members Without a Shopping Cart Account

Osher Institute members who have not yet set up a shopping cart account must follow these directions the **first time** they access the online registration system.

1. Create a **new account** using their 8-digit UR ID.
 - a. Select the yellow **Sign In/New Account** button at the top of the page.
 - b. Select the **Create Account** button on the Customer Account/Sign In page
 - c. Complete the form **including UR ID** and Submit.

You'll know you've succeeded when you see the message "Hello, [Your Name]" at the top of the page.

2. Log out, then log back in using the yellow **Sign In/New Account** button.
 - a. Select **My Account** in the left menu.
 - b. Confirm that your **Membership Level** and **End Date** are accurate.

If you see the correct membership level and end date, your account is set up and ready to shop and register! If not, please contact the Osher office.

AUGUST

Edward Weston Exhibition Opening Lecture

Ri Se The Director of the VMFA presents the keynote lecture for a photography exhibition on Edward Weston. A reception and viewing of the exhibition will follow.

W • Aug 29 • 6-8 PM • Free and open to the public
Leader: Alex Nyerges

SEPTEMBER

Lunch at Ampthill Farm with a Nutrition Presentation and Tour

FIELD TRIP

Aw **REPRISED** Enjoy a relaxing afternoon in the country at Ampthill Farm, located in Cartersville, about an hour's drive west of Richmond. A colorful, nutritious lunch will be served in the barn, followed by a presentation on the history of the property, which was once a Southern plantation, and an explanation of the health benefits of apples, walnuts, and butternut squash, all of which will be featured in the buffet lunch. A tour of the property will follow. Participants are responsible for their own transportation to the farm.

F • Sep 7 • 11:30 AM-2:00 PM • \$35/Gold/Silver/UR
Leader: Paula Harrison

Come . . . and BeMoved®!

ACTIVITY

Ri Aw Come to this class to learn about the long-term health benefits of just moving! 'Be-Moved®' embraces the joy of dance with people of all movement abilities. Movement expressed through dance and music has a transformative power that enriches a person's wellbeing above and beyond the well-known physical fitness benefits. 'BeMoved®' is a dance fitness experience that

begins with easy-to-follow therapeutic movements that integrate the upper and lower body. The warm up flows into dance styles inspired by a wide variety of musical genres. Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment. Come each week and 'get moving!'

M • Sep 10, 17, Oct 1, 8, 15, 22, 29, Nov 5, 12, 26, Dec 3, 17 • 5:30-6:30 PM • \$110/Gold/Silver/UR
Leader: Myra Daleng

Osher Annual Fall Back-to-School Event

Se Thinking about joining the Osher Institute? Are you already an Osher member? Join us for this free meet-and-greet event with great food and spirits for members and 'not yet' members. Learn about our various interest groups, and hear how to get involved with our teams. We will also recognize our many wonderful Osher Institute volunteers. Dress is casual; bring a friend. Please register by September 4th.

T • Sep 11 • 5:00-6:30 PM • Free and open to the public

Osher Member Orientation

Ri Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

W • Sep 12 • 9:30-11:00 AM • Free to members
Leaders: Osher Membership Team

Campus Walk/Tour

Ri Se Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin

Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

W • Sep 12 • 11:00 AM-12:30 PM • Free and open to the public
Leaders: Osher Membership Team

Rebalancing: It's Not Just For Your Portfolio

LECTURE, DISCUSSION, ACTIVITIES

Aw **NEW!** This workshop will provide a targeted look at our inherent need for balance in order to be well and feel fulfilled. We will consider how we achieved balance when we were working, compared to how we need to reset when work is not part of our daily life. We will use the Mindfulness Model and Maslow's Hierarchy as the basis for understanding how to effectively consider balance and fulfillment.

W, F • Sep 12, 14 • 1-3 PM • \$40/Silver
Leader: Alice Berman

PBS and NPR Tour: Inside Your Community Idea Stations (WCVE)

FIELD TRIP

REPRISED Did you know that Sesame Street is right here in Chesterfield County? Learn all about what happens 'behind the scenes' at your local NPR/PBS affiliate, the Community Idea Stations. Presentations by the station managers of television and radio programming, representatives from the development and community engagement offices, and CEO Curtis Monk will be followed by a tour of the facilities. Learn about the history, the technology, and the challenges of your local public media company, whose goal is 'to educate, entertain, and inspire.' This class will be held at the station, located at 23 Sesame Street, Richmond, VA 23235, which is off Robious Road. Join your Osher friends to 'chase the clouds away'!

R • Sep 13 • 1-3 PM • \$20/Silver
Leaders: Curtis Monk, Christopher Lee

Osher Breakfast Social and VMFA Talk

LECTURE

Bo Join us in the Heilman Dining Center's Westhamp-ton Room for fellowship, food, and a talk by the Virginia Museum of Fine Art's staff and volunteers. Hear about the VMFA's current and future exhibits, many of which are one-of-a-kind, exclusive shows. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to **dining.richmond.edu** for menu and fees.

F • Sep 14 • 8–10 AM •

Free to members

Leader: Debra Stoss

Yorktown Bus Trip

FIELD TRIP

NEW! Join your Osher colleagues on an all-day bus trip to Yorktown Battlefield and the American Revolution Museum at Yorktown. We will tour the indoor exhibits at both sites and ride around the battlefield. At a few battle route stops we will get off the bus and briefly walk these historical grounds. Admission fees to both sites are included in the cost of the trip. Tour participants should plan to bring their own lunches or purchase their meals at the American Revolution Museum's small café. (There are no refunds on field trips unless your spot can be filled by another student.)

M • Sep 17 • 8:00 AM–6:30 PM • \$85/
Gold/Silver/UR

Leader: Bill Seward

Women Preachers in the 'Great Awakenings'

LECTURE, DISCUSSION

NEW! Five white and black women evangelical preachers during the 'Great Awakenings' in the US documented their experiences. Jarena Lee, Zilpha Elaw, Julia Foote, Harriet Livermore, and Nancy Towle challenged religious and cultural barriers to follow their calling.

T • Sep 18 • 10:00 AM–12:00 PM •
\$20/Silver

Leader: Judith Bailey

Understanding Opera, Part 1

LECTURE

UPDATED This course will enhance students' appreciation for opera by introducing them to the first two productions of Virginia Opera's 2018-2019 season: Weill's 'Street Scene' and Mozart's 'Don Giovanni.' Examples will include audio and video excerpts, and the class is recommended for neophytes and aficionados alike.

T • Sep 18, 25, Oct 2 • 1–3 PM •
\$60/Silver

Leader: Glenn Winters

Comedy Connects: Improv for Seniors

HANDS-ON ACTIVITIES

NEW! Create, laugh, play, connect, and discover the invigorating world of improv! Students will explore not only what it means to say YES in improv, but they will understand the importance of saying YES to life! Join this class to engage in activities that enliven your mind, body, and spirit!

T • Sep 18 • 3:30–5:00 PM • \$20/Silver

Leader: Elizabeth Byland

The Impact of Child Abuse and Neglect in Our Community

LECTURE, Q&A

Compared with other health problems, the burden of child maltreatment is profound. This course will educate the community about the costs associated with child abuse and the benefits, cost-effectiveness, and importance of child abuse and neglect prevention efforts.

W • Sep 19 • 10:00 AM–12:00 PM •
\$20/Silver

Leaders: Jeannine Panzera, Barbara Herzog

Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. This will be held in the Richmond Room, on the lower level of the Heilman Dining Center. The menus will be announced three weeks before each event.

The dates for the 2018-2019 year are as follows:

September 26

November 6

February 14

March 27

June 6

Time: 11:30 am – 1:30 pm

Fee: \$16.00 per person; reservations are required.

Contact Cindy Stearns at **cstearns@richmond.edu** or 804-289-8788 to reserve your spot.



Type 2 Diabetes: New Approaches to a Growing Epidemic

LECTURE, Q&A

Aw This lecture will review current understanding of diabetes and how treatment strategies are changing to meet the anticipated epidemic. An inter-professional approach to chronic care management will be emphasized.

W • Sep 19 • 1–3 PM • \$20/Silver

Leaders: John Clore, Linda Thurby-Hay

Campus Health & Wellness Opportunities

The University of Richmond's Weinstein Center for Recreation and Wellness offers many classes that are perfect for Osher members. Director of Health Promotion Heather Sadowski suggests these classes:

Yoga Fundamentals

Water Works (water aerobics)

Tai Chi

All of these are no charge for Weinstein Center members or \$5 per class for Osher members with UR ID.

For days and times for any of these classes, please check on the web site at: recreation.richmond.edu. Just come a bit early, and check in and/or pay at the front desk. The customer service representatives can direct you to locker rooms, if you need them and also to the class location.

Also, please remember that one-day use of the Weinstein Center for Recreation and Wellness is available to all Osher members with your UR ID for \$5 per day. Within the center, you may use any of the equipment and take any class offered that day (there are no sign-ups, so it is first come, first served).

Osher members may also join the Weinstein Center as community members. Typically, there is a wait list, but please review the web site for the application and all other information regarding membership.

'Inspiring Wellness' with VCU Health Systems

FIELD TRIP



NEW! The theme of the 2018 Active Aging Week is 'Inspiring Wellness.' Be inspired during a tour of the highly interactive and fun Children's Pavilion: a special tour crafted just for Osher members! See and experience the Arthur Ashe Reading Center where children visiting the hospital get free books – sometimes their first one! Hear about inspirational volunteering at VCU Health Systems, and get a chance to meet and greet members of the MCV Hospitals Auxiliary Board. Tour will meet at MCV Children's Hospital Conference Room 5-086. (Self-park for \$2 on Level P-3)

R • Sep 20 • 9–11 AM •

Free to members

Leaders: Joyce Burgess, Amanda Landes

Dead Sea Scrolls

LECTURE

REPRISED On the western shore of the Dead Sea, about eight miles south of Jericho, lies a complex of ruins known as Khirbet Qumran. The site occupies one of the lowest spots on Earth. At this location were found more than 900 ancient individual documents that shook the world of biblical studies. Known as the Dead Sea Scrolls, the documents contain not only the oldest copies of the Bible, but also Jewish texts that date from the 3rd century BC through Rome's catastrophic war with Judea in the 1st century AD.

R • Sep 20, 27, Oct 4, 11, 18, 25 •

9:30–11:30 AM • \$60/Silver

Leader: Glenn Markus

UR Museums Campus Walk



A campus walk will be combined with viewing the current exhibits at many of the wonderful museums throughout the University of Richmond.

R • Sep 20 • 10:00 AM–12:00 PM •

Free and open to the public

Leader: Marshall Ervine

Give to Live: Finding the Right Volunteering Opportunities



NEW! Giving back to others enhances one's life, helps build new meaningful relationships, and creates learning opportunities for both the volunteer and those served. But finding the right volunteer opportunities that match your interests, skills, and schedule is not always easy. Find out about the new Osher 'UR Giveback' volunteering program and how to find a volunteering opportunity that's a great match for you. Speaking as a part of this class will be UR SPCS Dean Jamelle Wilson and UR Bonner Center for Civic Engagement Associate Director Adrienne Piazza.

R • Sep 20 • 1–3 PM •

Free to members

Leaders: Robert Hafker, John Mahone

Let Your Yoga Dance

LECTURE, ACTIVITIES



NEW! This delightful practice is for anyone who enjoys moving and having fun! No previous yoga or dance experience needed. We dance through the seven chakras (energy centers), experiencing 'where joy and fun meet deep and sacred.' Join the aliveness!

R • Sep 20, 27, Oct 4, 11 •

3:30–5:00 PM • \$60/Silver

Leader: Martha Tyler

Old Richmond Houses

LECTURE, Q&A

NEW! Mary Wingfield Scott was a fierce advocate for local preservation before any of the current organizations in the city and region were founded to ensure the past did not get destroyed in the progress of city growth. Her books are testaments to these landmarks, and this two-session course will take you throughout the city's amazing inventory of historic sites and dwellings that remain viable parts of our modern narrative.

F • Sep 21, 28 • 10:00 AM–12:00 PM • \$40/Silver

Leader: Alyson Taylor-White

What the Dickens?!

MOVIES, DISCUSSION

UPDATED Come enjoy six of the greatest film versions of six of Charles Dickens' greatest novels. We will view and discuss the following films: David Copperfield (1935), A Tale of Two Cities (1935), Great Expectations (1946), A Christmas Carol (1951), Oliver! (1968), and Nicholas Nickleby (2002).

F • Sep 21, 28, Oct 5, 12, 19, 26 • 1-4 PM • \$60/Silver

Leader: Greg Hall

Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses

Bo Are you contemplating teaching an Osher course? Facilitated by Osher members who lead courses, this session covers the ingredients of peer-led Osher Institute courses.

F • Sep 21 • 1-4 PM •

Free to members

Leader: Bill Bailey

Overcoming Racial Amnesia

LECTURE, Q&A

NEW! Come hear the story of how I learned late in life that my Virginia ancestors were slave owners: a story that lay buried by a century of denial and historical amnesia. I wrote a book about it: 'Uncle George and Me: Two Southern Families Confront a Shared Legacy of Slavery.'

M • Sep 24 • 10:00 AM-12:00 PM • \$20/Silver

Leader: Bill Sizemore

Brown v. Board of Education in Virginia, 1951-1959

LECTURE, Q&A

NEW! This lecture will examine the role of Virginia in the Brown v. Board of Education decision (1954), the state's response to the decision, and the process of initial school desegregation in Virginia in 1959.

M • Sep 24 • 1-3 PM • \$20/Silver

Leader: Brian Daugherty

Medicare 101

LECTURE, Q&A

Aw **REPRISED** This class provides an overview of the various pieces of Medicare including Part A & B, supplements, drug cards, and Medicare Advantage plans. Eligibility and enrollment in the various parts of Medicare will also be covered.

M • Sep 24 • 3:30-5:00 PM • \$20/Silver

Leader: Chris Lynch

The Realist Visions of Eakins and Homer

LECTURE, Q&A

NEW! At the time of the nation's centennial, two dissimilar artists emerged who would come to define American art for generations. Learn how Thomas Eakins and Winslow Homer discovered new subjects for their pictures and new ways of seeing old ones.

T • Sep 25 • 10-11:30 AM • \$20/silver

Leader: Christopher Semtner

Capitalize on Your Intellectual Property

LECTURE, Q&A

NEW! Do you have a story to tell? Is an invention brewing in your brain? Have you thought about selling your artwork? Are you starting an 'encore career' with a mobile app? Learn about the different types of intellectual property and how to protect them.

T • Sep 25 • 3:30-5:30 PM • \$20/Silver

Leader: Ashley Dobbs

Common Ground

FACILITATED DISCUSSION

Are you tired of the polarization on the major issues facing our country? Are there solutions that will meet the needs of the majority of us rather than one extreme or another? We'll examine key issues of interest to participants, bring in data on the subject, and work to find practical solutions. Topics will be determined by participants. This is not a class to push your personal opinions, but one to find 'common ground.'

W • Sep 26, Oct 10, 24, Nov 7 • 10:00 AM-12:00 PM • \$60/Silver

Leader: Don Miller

Boatwright Memorial Library Benefits: Did You Know?

Boatwright Library's physical collection comprises approximately 500,000 volumes of books, more than 100,000 bound periodicals, and thousands of multimedia items. More than 110,000 journals, 245,000 books, and nearly 375 research databases are accessible through the library computers.

All Osher Institute members may use the Boatwright's vast resources by borrowing books, audiobooks, and music recordings. The online library databases are also available to members and may be accessed from the UR campus via a network ID and password.

And, each semester, the Osher Institute offers courses taught by our expert University librarians. Classes range from learning how to use the Boatwright Library to appreciating the Galvin Rare Book Room and Special Collections.

Use of this wonderful library is a benefit of Osher membership, and we hope you take full advantage of it. If you would like to be involved in the work of the library, the **Friends of the Boatwright Memorial Library** offers a way to volunteer in an active way. To learn more, contact Osher members Marshall Ervine at marshe73@verizon.net or Carl Booberg at cbooberg@aol.com.



Continuing our Aging Well Series

Thanks to a generous grant from the Walter W. Regirer and Maria Teresa Regirer Foundation, the Osher Institute at the University of Richmond had the opportunity for 18 months to focus on health and wellness, along with legal and financial topics especially for those '50 and better.' Our grant concluded on May 31, 2018, but our interest in offering these topics to our members continues.

For the fall semester, we will mark courses and events that address these areas by using the **Aw** designation. On our web site, we will continue to maintain the 'Series On Aging Well' section, which highlights our activities. Visit <http://spcs.richmond.edu/osher/schedule/aging-well.html> to learn more.



Holocaust History and Postwar Justice

FIELD TRIP

NEW! Session will consist of a tour of the Virginia Holocaust Museum, followed by a lecture and Q&A from historian, Dr. Charlie Sydnor.

W • Sep 26 • 1-3 PM • \$20/Silver
Leaders: Dr. Charles Sydnor, Matthew Simpson

Understanding Paul

LECTURE, Q&A

NEW! The Apostle Paul is the most controversial figure in the New Testament. He fundamentally influenced the Christian faith, but his

thinking is complex, sometimes inscrutable, and often shocking. What did he really believe? Which letters did he actually write? Recent scholarship throws new light on Paul.

R • Sep 27, Oct 4, 11 • 1-3 PM • \$60/Silver
Leader: Ryan Ahlgrim

Understanding Healthcare Benefits: Rights, Rules, and Regulations

LECTURE, Q&A

Aw **NEW!** This class seeks to help you better understand the fundamental basics of healthcare options, terminology, and benefits. We plan to discuss both government (Medicare) and private commercial coverage.

R • Sep 27, Oct 4, 11 • 6:30-8:00 PM • \$60/Silver
Leaders: Chris Wieder, Sarah Wieder

OCTOBER

Race, Justice, and American Sports: From Jackie Robinson to Colin Kaepernick

LECTURE, Q&A

NEW! Beginning even before Jackie Robinson broke baseball's color barrier in 1947, prominent athletes have often played a role (usually but not always intentionally) in controversial and highly charged societal issues. This course will consider the actions of several of those athletes, including Robinson, Muhammad Ali, O. J. Simpson, and Colin Kaepernick, as well as the American public's responses to them.

M • Oct 1, 8 • 10:00 AM-12:00 PM • \$40/Silver
Leader: Thomas Cox

Reconstruction: The Post-Civil War South

LECTURE, Q&A

NEW! This second class on Reconstruction focuses on Reconstruction after the Civil War, 1865-1877. We will review the successes and challenges of Reconstruction and how these events affect our citizens

today. You need not have attended the first class to enjoy this.

M • Oct 1 • 1-3 PM • \$20/Silver
Leader: James Adler

Richmond's Unhealed History

LECTURE, Q&A

NEW! Join this class as we describe 400 years of unhealed history from the initial European settlement through the Virginia Slave Codes and the American Half-Revolution to the latest repetition of structural inequity in the 20th and 21st centuries.

M • Oct 1, 8, 15, 22, 29, Nov 5, 12 • 3:30-4:45 PM • \$60/Silver
Leader: Benjamin Campbell

How Religious Freedom Was Established in Various States After 1776

LECTURE

Ri **NEW!** The religion clauses of the First Amendment are best understood as protecting the religious freedom that already existed in most of the states. This course tells the 'stories' of how religious freedom was established in those states and how they understood it.

T • Oct 2, 9, 16 • 10:00 AM-12:00 PM • \$60/Silver
Leader: Ellis West

God is Like Jesus

LECTURE, Q&A

NEW! Join Rev. Campbell for a presentation of Christianity that is actually good news and Bible-based. Recommended reading and reference: New Revised Standard Version of the Bible.

T • Oct 2, 9, 16, 23, 30, Nov 6, 13 • 3:30-4:45 PM • \$60/Silver
Leader: Benjamin Campbell

Introduction to Functional Medicine

LECTURE, Q&A

Aw **NEW!** Functional medicine (FM) is medical practice for the 21st century. Conventional medicine evolved out of our primary health needs from a former era: infectious disease and trauma.

This lead to a paradigm of 'one target, one pill' and a concentration on polypharmacy as our primary medical/health tool. It worked! Now, however, many health issues and costs are due to chronic disease management and end-of-life care. The conventional system is not working, and chronic illnesses are expanding under our current medical systems. Functional medicine is the next evolution in modern medicine. This class will teach the foundational paradigm, diagnostics and therapeutic strategies employed in FM, as well as how to seek proper care from providers and FM practitioners.

T • Oct 2, 9, 16 • 6–7:30 PM • \$60/Silver

Leader: Tressa Breindel

Opioid Crisis Update

LECTURE, Q&A

Aw **NEW!** Come join Dr. Master as he describes the serious opioid crisis in America.

He'll look at why it began, how and why it has progressed, and why it is improving. This class will offer a close look at this epidemic, as this has been Dr. Master's area of expertise for many years.

W • Oct 3 • 9:30–11 AM • \$20/Silver

Leader: Sherman Master

Photography Round Table - 'The Beginning'

DISCUSSION

NEW! The round table discussion is designed for individuals new to photography. Discussion will cover basic camera settings, selection of equipment, and what to know to start editing images on the computer. Feel free to bring your camera.

W • Oct 3 • 1–3 PM • \$20/Silver

Leader: Daniel Walker

Trump in a Global Perspective

LECTURE, Q&A

Ri Bo **NEW!** This lecture explores how President Trump's foreign policy compares to that of other presidents and world leaders and considers the international

sources and consequences of the Trump presidency.

W • Oct 3 • 3:30–5 PM •

Free to members

Leader: Jeffrey Legro

What Happened Next?: After The Evacuation Fire

LECTURE, Q&A

NEW! This is the second in a series of 'What Happened Next' after pivotal events in Richmond's history. This one-session course takes you to Richmond in April 1865 when the city fell to the Union forces. The after-shocks of the massive fire that devastated a major portion of the former Confederate Capitol destroyed many records and properties in its wake. You'll learn who saved the city from total annihilation and what's left of that chapter in our past.

F • Oct 5 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Alyson Taylor-White

Spiders Football Outing

Ri **NEW!** Join the University of Richmond family for a great Saturday afternoon in Robins Stadium as our football team takes on Delaware at 3 pm. We've reserved a section just for Osher members, and our generous Athletics Department is providing discounted tickets (\$10) for this event. Go Spiders!

RICHMOND SPIDERS

S • Oct 6 • 3–6 PM • \$10.00/ Gold/Silver/UR

Leaders: UR Athletics Department

Healthy Spine and Better Posture

LECTURE, ACTIVITIES

Aw **NEW!** Research indicates that postural changes begin in early adulthood and increase in significance with age. There are simple and practical things adults can do to remain upright, mobile, and active. This interactive class will review current research and address practical strategies for achieving a taller spine, stronger core, and mindfulness, while maintaining musculoskeletal health.

M • Oct 8 • 1–3 PM • \$20/Silver

Leader: Karen Roodman

Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Debra Guild at **dguild@richmond.edu** for registration procedures.

Military Diplomacy: How Defense is Substituting for State Department

LECTURE, Q&A

NEW! The budget for the Department of Defense (DOD) tops \$700 billion and dwarfs the State Department's \$40 billion. This imbalance has allowed the DOD to usurp Department of State as the leader in foreign policy. This course will investigate how the DOD does in fact conduct foreign policy.

T • Oct 9, 16, 23 • 1–3 PM • \$60/Silver

Leader: William Davis



Osher Volunteer Leadership Opportunities

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher leadership Council.

Leadership Council members for 2018 include:

Lee Ann Pickering, Chair
lapicker11@gmail.com

Don Miller, Vice-Chair
dlmcmmbanet.net

Charlie Huffstetler Past Chair
clh1146@verizon.net

Ruth Blevins	Kay King
Donna Callery	Jeff Keil
Marlene Ebert	Bill Pawelski
Rob Hafker	

Project teams include:

Curriculum Development	Marketing Membership
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Details of leadership opportunities are online at osher.richmond.edu.

Interested in serving?

Contact Peggy Watson at margaret.watson@richmond.edu.

Chain Maille Jewelry - Olympus Bracelet

DEMONSTRATION, HANDS-ON ACTIVITIES

If you haven't tried chain maille, this is a great chance! Learn how to open and close sterling silver and gold-filled jumpings and interlock them in a set pattern. This two-tone bracelet is light, lacy and versatile. Wear it dressed up or dressed down. All materials will be provided by the instructor: you only need to bring your good eyesight and be able to work with pliers in both hands. Come have fun and leave this two-session class wearing a beautiful bracelet!

W • Oct 10, 24 • 1–3 PM •
\$65/Gold/Silver/UR
Leader: Celeste Miller

James Joyce's 'Dubliners'

LECTURE, DISCUSSION

NEW! James Joyce's 'Dubliners' is arguably one of the most accomplished collections of short stories in the English language. Intending to write a moral history of Ireland through the 15 stories, Joyce chose Dublin because 'that city seemed to me the center of paralysis.' The seminar will seek to uncover key themes in the stories and to identify Joyce's political and social vision.

W • Oct 10, 17, 24, 31, Nov 7, 14 •
3:30–5:30 PM • \$60/Silver
Leader: Jack Kangas

Music and Lyrics of the 1940s American Renaissance

LECTURE, DISCUSSION

NEW! We will listen to original and contemporary arrangements from several of the greatest composers of the 'Renaissance' period of 1940s American music, including George and Ira Gershwin, Harold Arlen, Irving Berlin, Cole Porter, Jerome Kern, Richard Rodgers, Lorenz Hart, Oscar Hammerstein, Billy Strayhorn, Billie Holliday, and Dorothy Fields. These classes will inform or remind us about the moods of America before and after World War II. We will also reflect on how our grandparents or parents identified with these

songs, and how we might still find them relevant today. Come in 1940s outfits (if you like), and be prepared to sing and dance, learn something, and have a great time!

F • Oct 12, 19 • 10:00 AM–12:00 PM •
\$40/Silver
Leader: Murray Ellison

Fashion, Food, and Fun

FIELD TRIP

Ri NEW! This opportunity to enjoy a meal together and learn fashion history will center on a curator-led gallery tour of the exhibition 'Pretty Powerful: Fashion and Virginia Women,' followed by lunch discussion led by Laurant Lee, at the Valentine Museum. Students are asked to read 'The Lost Art of Dress: The Women Who Once Made America Stylish' by Linda Przybyszewski (Basic Books, 2014). Students should bring money for lunch, which will be in Garnett's at the Valentine (<http://www.garnetts-downtown.com>)

M • Oct 15 • 10:00 AM–12:30 PM •
\$15/Gold/Silver/UR (museum admission and parking fee included)
Leader: Laurant Lee

From Snapshots to Photographs

LECTURE, HANDS-ON, Q&A

REPRISED This is a course for all. Whether you have a point-and-shoot, a fancy SLR or a Brownie Automatic: come! If you are an occasional shooter or you incorporate it into your life: come! The focus of the fun will not be very technical. We will major in composition, lighting, perspective and attempt to turn our casual snapshots into photographs that draw the interest of the viewer. Students will have weekly assignments for practice. There may be a possibility of a practice session (field trip) outside of class time.

M • Oct 15, 22, 29, Nov 5, 12 •
10:30 AM–12:00 PM • \$60/Silver
Leader: Gilpin Brown

Classical Piano - Recital/Lecture Series, 2018 Program

LECTURE, RECITAL

NEW! Based around live performance of piano compositions spanning two centuries, you will learn how to listen more attentively to music and develop an awareness of the various ways in which it sets a mood, builds tension towards climax, and plays on our expectations. Over the course of three sessions, we will work our way from the Baroque period of Couperin, Bach, Handel, and Scarlatti to the Classical Period of Haydn, Mozart, and Beethoven, and into the early 20th century of the French Impressionists (Debussy and Ravel) and Americans Joplin and Gershwin. Comments about each piece will include biographical tidbits and hints about what in particular to listen for. No musical background or experience is required.

W • Oct 17, 24, 31 • 10:00 AM–12:00 PM • \$60/Silver
Leader: Alan Pollack

The Best Seat in the House

LECTURE, Q&A, BOOK SIGNING

Bo **NEW!** Since being struck by polio in 1973, John Hager has enjoyed life as a participatory sport — in the game, not on the sidelines. Life for him has been whole and exciting by doing not observing, and his 'up close and personal' involvement with so many individuals, organizations, and groups has been enriching and fulfilling. In this class, John Hager will talk about his life and how what some see as a handicap has instead been an enabling, not disabling, opportunity to serve others. At times he has found himself and his wheelchair in the front, often in the middle, and sometimes in the back of the room, but they were all 'the best seat in the house.'

W • Oct 17 • 1-3 PM
Free to members
Leader: John Hager

Understanding Long Term Care Planning and Insurance Options

LECTURE, Q&A

Aw **REPRISED** After 17 years of specializing in long term care planning to include

long term care insurance design and claim filing, Linda will help you understand the core features and benefits of a policy as well as various funding options available. Long term care planning to include a long term care policy should be an informed and educated decision.

R • Oct 18 • 10:00 AM–12:00 PM • \$20/Silver
Leader: Linda Tsironis Caruthers

Women As Photographers

LECTURE, DISCUSSION

NEW! Women are asserting their own unique style in photography. This class is designed to help you find your way in photography and discover your creative self. The discussion will also include equipment selection and camera setups to achieve the desired results. We will be focusing on women, but all are welcome to attend.

R • Oct 18 • 1–3 PM • \$20/Silver
Leader: Daniel Walker

Ending the Civil War

LECTURE

Ri **Bo** **NEW!** After a decade of thinking about the American Civil War as our city has wrestled with the subject and as I have written another book on the topic, it is time for me to move on to other parts of American history. Before I do, I would like to offer some reflections on what I have learned over those years.

R • Oct 18 • 3:30–5:30 PM • Free to members
Leader: Ed Ayers

Hindu Epics Introduction

LECTURE

NEW! Indian religious literature falls into two broad classes. The most holy and oldest is Sruti, 'that which was heard.' This includes Vedic literature from Vedas to Upanishads. The second great class of literature is Smriti, 'that which was remembered.' There is yet another class known as Itihasa Purana. In its original context it implies legends about Kings and Sages believed to have lived in remote past. Purana means 'ancient'

and the Puranas are collections of legends, myths and moral precepts, orally transmitted up to the time of writing. There are 18 Puranas, but in upcoming classes, we will consider the two voluminous works classed as Itihasa, the great Epics of India: the Mahabharata and the Ramayana.

M • Oct 22 • 10:00 AM–12:00 PM • \$20/Silver
Leader: Shantaram Talegaonkar

The Progressive Era, 1900-1920

LECTURE, Q&A

NEW! Progressivism is the way America coped with corporate industrialism. It was not quite socialism, but not laissez-faire capitalism either. Yet the US abandoned Progressivism in 1920. Why did American reject Progressive ideology and what can it tell us about current and future policies?

M • Oct 22, 29 • 1–3 PM • \$40/Silver
Leader: Louis Cei

Moving From Paper to Digital: Managing Our Calendar and Other Information

LECTURE, HANDS-ON, Q&A

Aw **NEW!** Many of us still carry around a physical appointment book, address book, birthday calendar, to-do and shopping lists, reminders, and other notes we have written down. This course will look at how we can move this information to our computers, tablets, and smart phones for improved convenience, accuracy, and efficiency. Because we like to have this information with us wherever we go, those of us that carry a smart phone will benefit the most from this course. Also, since we will be looking primarily at Google services and apps, having a Gmail/Google account will be beneficial but not a requirement. You can email the course leader at westcobb@gmail.com with any questions regarding the course.

T, R • Oct 23, 25 • 9:30–11:30 AM • \$40/Silver
Leader: West Cobb

THE
**MADNESS
OF GEORGE III**
BY ALAN BENNETT



Osher/Modlin Partnership 2018-19

National Theater Live & Bolshoi Ballet – Fall 2018 Schedule

Osher Price: \$10 modlin.richmond.edu

NATIONAL THEATRE LIVE BROADCAST SERIES

NT Live: Julie

Thursday, September 6, 2018 at 2 PM (Live) & 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

NT Live: King Lear

Thursday, September 27, 2018 at 2 PM (Live) & 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

NT Live: Macbeth

Thursday, October 11, 2018 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

NT Live: The Madness of George III

Thursday, November 29, 2018 at 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

NT Live: Antony & Cleopatra

Thursday, December 6, 2018 at 2 PM (Live) & 7PM (Encore)

Camp Concert Hall, Booker Hall of Music

BOLSHOI BALLET BROADCAST SERIES

Bolshoi Ballet: Don Quixote

Sunday, December 9, 2018 at 12:55 PM

Camp Concert Hall, Booker Hall of Music

ASK ABOUT OUR OSHER DISCOUNT!

Additional broadcasts will be added throughout the season. For tickets and the latest information, visit modlin.richmond.edu, call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.

Presented in partnership with Modlin Center for the Arts & Osher Lifelong Learning Institute.

Winston Churchill - The Formative Years

LECTURE, Q&A

NEW! Join this class for a review of Churchill's first 40 years. His upbringing, his education, his military service, his career as a war correspondent, and early political career will be discussed. Was he heroic and brilliant, or an undependable, self-aggrandizing adventurer?

R • Oct 25, Nov 1, 8, 15 • 1–3 PM • \$60/Silver

Leader: Tommy Hudson

Dealing With the Tax Cut and Jobs Act - Effects on Individuals

LECTURE, Q&A



NEW! This course will examine the effects of the 2017 Tax Cut and Jobs Act on individual taxpayers. Note that the Act's provisions establishing a new deduction for income from pass-through entities, although included in the Act's individual provisions, will be covered in this term's course examining the Act's effects on business taxes.

R • Oct 25 • 3:30–5:30 PM • \$20/Silver

Leader: Bob Warwick

A Tree Grows in Brooklyn

LECTURE, DISCUSSION

NEW! 'A Tree Grows in Brooklyn' is a powerful and sometimes too honest novel, based on the life of the author Betty Smith and her family, who struggled for survival and dignity as Irish Immigrants in New York in the early 1900s. Written in the 1940s, the author recalls her youth through the eyes of Francie, as she recalls it, both the way she grew up and the way she imagined it should have been. She identifies with a Magical Tree that grows outside her tenement apartment window, which is determined to survive despite society's attempt to cut it down. Readers with immigrant grandparents or parents who grew up in large cities in the early 1900s may learn something important about them

and about themselves by reading and discussing this inspiring book.

F • Oct 26 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Murray Ellison

Mahabharata

LECTURE

NEW! Mahabharata composed between 300BCE and 300CE has the honor of being the longest epic in world literature: 100,000 two-line stanzas making it eight times as long as Homer's Iliad and Odyssey combined, and more than three times as long as the Bible. The story revolves around two branches of a family (the Pandavas and Kauravas) who in the Kurukshetra War battled for the throne of Hastinapur. Interwoven into this narrative are several smaller stories about people dead or living, as well as philosophical discourses.

M • Oct 29 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Shantaram Talegaonkar

Cybersecurity Defense Tips and Tactics

LECTURE, Q&A



NEW! Learn tactics and tips to protect yourself against cyber threats. The instructor will walk through common cyberattacks along with how to identify and block them.

T • Oct 30 • 10:00–11:00 AM • \$20/Silver

Leader: Shana Bumpas

The Art of Costuming

LECTURE, Q&A

NEW! What does it take to design, create, and maintain costumes for a professional ballet company? See some of Richmond Ballet's costumes up close and learn what takes place throughout the season in the Ballet's own Costume Shop.

T • Oct 30 • 11:30 AM–12:30 PM • \$20/Silver

Leader: Emily Morgan DeAngelis

The Gadget: Building the Atomic Bomb

LECTURE, Q&A

NEW! This class will explore the history of the Manhattan Project, the top-secret effort that produced the first atomic bombs during World War II. We will discuss the international work which provided the scientific basis for the bomb; the major challenges and key players of the project; the secret cities of Oak Ridge, Los Alamos and Hanford; the initial atomic test in the New Mexico desert, the debate over the use of the atomic bomb; the effects of the bomb on Hiroshima and Nagasaki; and the ways in which the bomb changed the world.

T • Oct 30, Nov 6, 13 • 1–3 PM • \$60/Silver

Leader: George Pangburn

The Story of Venice

LECTURE, Q&A

NEW! In this three-part class (first of a two-part series), we will study Venice, Its Origins and Early History; Venetian Sea Power and Commercial Enterprise; and The Venetian Social Order and the Structure of the Republic's Government. (In the 2019 spring semester, we will study Venetian Music, Art, Architecture, and Printing.)

W • Oct 31, Nov 7, 14 • 1–3 PM • \$60/Silver

Leader: Elizabeth Cuthbert

NOVEMBER

The Changing American Scene

LECTURE, DISCUSSION

NEW! Starting in the second decade of the 20th century, American short stories began to reflect the psychological consequences on ordinary citizens resulting from major changes taking place in the United States: changes such as industrialization and the shift in population from farms and small towns to cities. We will explore these changes in the lives of ordinary citizens. Four short stories by Sherwood Anderson, Edna Ferber, Robert McAlmon, and F. Scott Fitzgerald will be read and discussed. This class stands alone or can serve as a prelude to *The Sun Also Rises* (and *Sets*), another course offered

this term. No purchase of texts will be necessary for the short stories.

R • Nov 1, 8 • 10:00 AM–12:00 PM • \$40/Silver

Leader: Larry Braja

Identity Theft Awareness and Prevention

LECTURE, Q&A



NEW! This presentation by an FBI Special Agent speaking on white collar crime will provide participants with a current assessment of the identity theft threat, and practical suggestions to minimize exposure.

R • Nov 1 • 3:30–5:30 PM • \$20/Silver

Leader: David Hulser

Poe's Only Novel: The Narrative of Arthur Gordon Pym

LECTURE, Q&A

NEW! Although Edgar Allan Poe only completed one novel, this strange work influenced such diverse writers as Jules Verne and H.P. Lovecraft. Part hoax, part adventure, part science fiction, and definitely weird, this novel has provoked both outrage and praise.

F • Nov 2 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Christopher Semtner

Cool Flicks: More of the Greatest Comedies

MOVIES, DISCUSSION

UPDATED Continuing our quest for the funniest movies of all time, we will watch and discuss these classics: 'I'm no Angel' (1933, Mae West and Cary Grant), 'Sullivan's Travels' (1941, Joel McCrea and Veronica Lake), and 'The Thin Man' (1934, Myrna Loy and William Powell).

F • Nov 2, 9, 16 • 1–3 PM • \$60/Silver

Leader: Dan Begley

Bhagvatgita

LECTURE

NEW! Included in the Mahabharata is the Bhagvadgita, currently the most important and influential religious text of India. It is also the best known Hindu text in the West, for it was the first to be translated into a European

language (by pioneer Sanskrit scholar Charles Wilkins in 1785), and versions of it exist in all major languages of the world. It has been universally admired and a source of inspiration to millions of non-Hindus, as well as to the descendants of those for whom it was originally composed. Bhagvadgita is the culmination of Upanisadic traditions. It is in the form of dialogue between Krishna and his friend Arjuna on the battlefield of Kurukshetra and forms a very important part of Mahabharata.

M • Nov 5 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Shantaram Talegaonkar

Creativity: Who Has It, Who Wants It, and How Do I Get It?

LECTURE, DISCUSSION, ACTIVITIES

NEW! This course will explore, through interactive participation, the facts and myths of creativity. We'll cover awareness, idea generation, historic creative individuals, abstract thinking, advertising, visualization, animation, symbolism, and cognitive recognition. We'll include hands-on exercises that will allow students to apply these components of creativity. We'll talk about how creativity can be used and applied in the corporate world.

M • Nov 5, 12, 19 • 1–3 PM • \$60/Silver

Leader: Gordon Russell

Apple iPhone Essentials

LECTURE, HANDS-ON, Q&A

REPRISED If you are using an iPhone, this class will help you learn more about physical features and controls; security, backup, and other key settings; how to install, organize, and delete apps; using the camera and photos apps; sending emails and sharing photos; messaging/texting; how iCloud works; and maps and navigation. If you plan on using your iPhone to follow along during class, your phone should be updated to the latest iOS version and you should know your Apple ID and password. You can email the course leader at westcobb@gmail.com with any questions regarding the course.

T, R • Nov 6, 8, 13, 15, 20 • 9:30–11:30 AM • \$60/Silver

Leader: West Cobb

Class Attendance Expectations

We understand that things come up in each person's life, and that class attendance is not always the first priority. However, we ask that you be considerate of the program, your colleagues, and our instructors and withdraw from any course you can not attend, so that other Osher members may enjoy. If you are signed up for a course and find you cannot attend even one session, please email the office as soon as you can. It is not necessary to let us know if you're missing just one part of a multi-session course (we would not fill your slot with another student for only part of a course).

And, when you do attend class . . .

- Please sign in on the roster for each class that you attend and refrain from signing in for anyone else.
- Please sign in only for the session you are attending on that day.

And when you are serving as a class assistant:

- Please make sure each attendee signs in on the roster.
- Please conduct a quick head count that should match the roster to help us record accurate attendance data.

Thank you for your help in continuing to make our Osher program a great experience for everyone involved.



1918 Influenza Pandemic

LECTURE, Q&A

Ri **NEW!** The 1918 influenza virus caused a massive number of deaths (estimated at 50 to 100 million worldwide; 500,000 to 700,000 in the US) and indeed in many places posed a serious threat to the social fabric of civilization. Can it happen again? Maybe we should ask not 'if,' but 'when!'

T • Nov 6 • 10:00 AM-12:00 PM • \$20/Silver

Leaders: Wilson Sprenkle, Elizabeth Outka

Dealing With the Tax Cut and Jobs Act - Business Tax Provisions

LECTURE, Q&A

NEW! The course will examine effect of the 2017 Tax Cut and Jobs Act on business taxpayers. The course will include discussion of the new deduction for income from pass-through entities.

R • Nov 8 • 3:30-5:30 PM • \$20/Silver

Leader: Bob Warwick

'The Catcher in the Rye' by J.D. Salinger

LECTURE, DISCUSSION

NEW! The main character of J.D. Salinger's 'The Catcher in the Rye,' Holden Caulfield, is alienated from his friends, family, society, and even from himself. He attempts to sort out his conflicted values in several comic and tragic footloose adventures through prep schools, trains, bars, taxicabs, flophouses, and cultural landmarks in New York in the 1940s. On visiting a museum of natural history, he wishes 'Certain things should stay as they are,' saying, 'You ought to stick them in big glass cages and leave them alone.' However, this book became its own cultural landmark, rediscovered and highly treasured by youngsters rebelling against society in the 1960s. We will take this book out of its glass cage and seek to rediscover the ways it might still speak to our generation of middle-aged and senior readers.

F • Nov 9 • 10:00 AM-12:00 PM • \$20/Silver

Leader: Murray Ellison

Ramayana

LECTURE

NEW! Ramayana is an ancient epic poem which narrates the struggle of the divine prince Rama to rescue his wife Sita from the demon king Ravana with the help of an army of monkeys. It is traditionally attributed to the authorship of sage Valmiki and dated to around 500 to 200BCE. The work has had a profound influence on every aspect of India including its art and literature. The far-reaching impact of Ramayana can be seen in distant lands such as Indonesia and Cambodia.

M • Nov 12 • 10:00 AM-12:00 PM • \$20/Silver

Leader: Shantaram Talegaonkar

'The Sun Also Rises' (and Sets)

LECTURE, DISCUSSION

NEW! November 2018 will mark the 100th anniversary of the ending of World War I. We will experience the aftermath of the war on the Lost Generation by reading Ernest Hemingway's 'The Sun Also Rises.' Then we will extend our experience past its timeline into the beginning of the Great Depression by reading and discussing 'Babylon Revisited,' the most anthologized short story by F. Scott Fitzgerald.

T • Nov 13, 20, 27 • 10:00 AM-12:00 PM • \$60/Silver

Leader: Larry Braja

Jefferson and Wilson: Two Virginians, Two Worldviews

LECTURE, Q&A

NEW! This single-session lecture will compare and contrast the views of Jefferson and Wilson on liberty, individual rights, sovereignty, the Declaration of Independence and Constitution, the role of government, and the relationship of the individual to the state.

W • Nov 14 • 10:00 AM-12:00 PM • \$20/Silver

Leader: J. Kennerly (Ken) Davis, Jr.

Bounty of Boatwright

Ri Bo Are you excited about the ability to use the wonderful resources of Boatwright Memorial Library, but not sure where to start? At this session, you'll learn how to find books, articles, and other resources that are of interest to you. We'll also highlight some of the more interesting and unusual digital collections and databases that you might not have seen yet.

F • Nov 16 • 8:30–10:00 AM •
Free to members
Leader: Natisha Harper

Tour of Edward Weston Exhibition

LECTURE, MUSEUM TOUR

Ri NEW! Take a tour through the special exhibition on Edward Weston, on display in the Hartnett Museum of Art here at the University of Richmond. Edward Weston was a prominent American photographer from the 20th century, famous for his dramatic use of light and shadow. This exhibition has no labels and will be an opportunity to interpret art in informal and creative ways.

F • Nov 16 • 10:30–11:30 AM •
\$20/Silver
Leader: Martha Wright

American Culture as Seen Through Baseball

DOCUMENTARY MOVIES, DISCUSSION

NEW! Sometimes baseball stories reflect change in American culture that is not readily apparent at that

moment in time. We will look at three documentaries that focus on baseball, but we will discuss the deeper, broader issues that each represents. Movies we'll review include 'Life and Times of Hank Greenberg,' 'Ghosts of Flatbush,' and 'The Curious Case of Curt Flood.'

M • Nov 19, 26, Dec 3 •
10:00 AM–12:00 PM • \$60/Silver
Leader: Dan Begley

Drones: Practical Applications, and Laws That Affect Use

LECTURE, Q&A

REPRISED This course offers insights into the legal issues that confront the use of Drones/UAVs (Unmanned Aerial Vehicles) for real estate-related purposes and the various benefits of utilizing this technology.

M • Nov 19, 26, Dec 3, 10 •
3:30–4:30 PM • \$40/Silver
Leader: Gregory Mays

Memoir Writing And Confronting The Past

LECTURE, DISCUSSION

NEW! The workshop will deal with the various types of memoirs. The instructors will cite their own memoirs and how memoir writing can be cathartic.

M • Nov 26 • 1–3 PM •
\$20/Silver
Leaders: David Cariens, Gwen Keane

iPad Basics

LECTURE, HANDS-ON, Q&A

REPRISED Are you getting the most out of your new iPad? Learn short cuts, tricks, and how to make your iPad your own. This class will offer an overview of the basics, generous Q&A time, and email communication with instructor. In addition, there is a website that will help you after the class is over to reinforce your learning experience. This class is intended for students who own an iPad that is updated with the latest iOS software and registered on UR network (instructions are online at <https://is.richmond.edu/get-connected/mobile-devices/iOS-wireless.html>). You may also contact the course leader at ipadbasics@aol.com for help or questions related to the software update.

T • Nov 27, Dec 4 •
10:00 AM–12:00 PM • \$40/Silver
Leader: Betsy Y. Spath

Edgar Allan Poe's Comedies

LECTURE, Q&A

NEW! Poe's name may be synonymous with terrifying tales, but he actually wrote far more comedy than horror. How funny Poe was remains a matter of debate. His comedies have been admired by modern writers ranging from Flannery O'Connor to the Surrealists.

T • Nov 27, Dec 4 • 1–2:30 PM •
\$40/Silver
Leader: Christopher Semtner

History of Music Part I: Medieval and Renaissance

LECTURE

REPRISED Why does a Gregorian chant have that ethereal yet empty sound? What was the musical world like when there was no orchestra, no opera, no clarinets, and no violins? This class will be a multimedia exploration of early Western European music, and is part one of a three-part series. No musical background or experience is required.

W • Nov 28, Dec 5 •
10:00 AM–12:00 PM • \$40/Silver
Leader: Sheryl Smith



Three Days In Mayberry

LECTURE, DISCUSSION

NEW! This class will focus on three episodes from the Andy Griffith Show. Basic background information will be presented about each show. Students will watch the show, then participate in a discussion based upon the script, the humor, and the take-away.

W • Nov 28 • 1–3 PM •
\$20/Silver
Leader: Bill Pike

How To Retire Successfully In The Current Economy

LECTURE, Q&A

Aw **REPRISÉ** If you're within five years of retirement or recently retired, and you have questions or concerns about any of the following topics, then this course is for you. What does a successful retirement look like? What are the impacts of recent tax changes? What about rising healthcare costs? Which assets do you access when? How to assess investment risk vs reward? How to make your money last? This two-part course will address these topics in plain language.

W • Nov 28, Dec 5 • 4–6 PM •
\$40/Silver
Leader: Jeremy Shipp

African American Women's Humor

LECTURE, DISCUSSION

Ri **NEW!** Join this class for a discussion on and illustrations of African American women's historical use of humor to teach, to entertain, to empower, and to survive. We'll talk about the subject matter, style, function, and importance of this humor.

R • Nov 29 • 10–11 AM • \$20/Silver
Leader: Daryl Cumber Dance

Poets of the Piano: Acts of Faith

LECTURE, RECITAL

NEW! This lecture-recital celebrates the magic and poetry of piano music that transcends the instrument. The music on this program explores how

composers communicated faith and spirituality through their music: either by using specific music from liturgy, or creating an aura of faith through art alone. Behind each great piece, there is a story that will enrich your experience and open your ears to new possibilities. A 45-minute lecture is followed by an hour-long concert.

R • Nov 29 • 1–3 PM •
\$20/Silver
Leader: Nathan Carterette

Epidemics Then and Now

LECTURE, DISCUSSION

NEW! Let's take a look at epidemics throughout history. We'll study the Black Death and Spanish Flu, leading up to present-day emerging diseases. We will discuss practical issues arising from current infectious threats.

R • Nov 29, Dec 6, 13 • 3:30–5:30 PM
• \$60/Silver
Leader: Ernest Fornaris

The Galapagos: A Struggle to Maintain Its Uniqueness

LECTURE, Q&A

NEW! The Galapagos are unequivocally one of the 'wonders on our planet.' However, the Archipelago is facing stress from both within and outside despite its classification by UNESCO as a World Heritage Site in 1978. We'll talk about the political threats to its precious natural flora and fauna.

F • Nov 30, Dec 7 • 10:00 AM–
12:00 PM • \$40/Silver
Leader: Ted Hoagland

The Body's Gyroscope, Staying Upright and Fall Prevention

LECTURE, DEMONSTRATION, Q&A

Aw **REPRISÉ** The course will provide an overview of how the body is able to stay upright and what happens when disease or aging puts us at risk for falling. Come learn strategies to minimize falling.

F • Nov 30 • 1–3 PM •
\$20/Silver
Leader: Sandra Mitchell

DECEMBER

Explore China: Chinese Snuff Bottles

LECTURE, Q&A

NEW! These tiny and exquisite curiosities that once housed tobacco are highly prized. Snuff bottles have fascinated Western and Asian collectors since they were first produced. Conceived as precious containers, they were initially made for the emperor. Eventually the snuff bottles were produced in greater quantities for a public who enjoyed their functionality as well as their display as symbols of status. These miniatures provide us with a window on the life and culture in late imperial China.

M • Dec 3 • 1–3PM •
\$20/Silver
Leader: Donna Callery



Understanding Long Term Care Planning and Insurance Options

LECTURE, Q&A

Aw **REPRISED** After 17 years of specializing in long term care planning to include long term care insurance design and claim filing, Linda will help you understand the core features and benefits of a policy as well as various funding options available. Long term care planning to include a long term care policy should be an informed and educated decision.

T • Dec 4 • 10:00 AM–12:00 PM • \$20/Silver

Leader: Linda Tsironis Caruthers

RVA: The Latest News About Tourism and Its Importance to Richmond

LECTURE, Q&A

Se Come hear from the head of Richmond Regional Tourism about the important role tourism plays in Virginia's capital city. From sports to food to beer to history, Richmond is becoming a mecca for many and for many different reasons!

W • Dec 5 • 1–30 PM • Free and open to the public
Leader: Jack Berry

History of Christmas Music

LECTURE

This class is intended to be a non-analytical review of the development of Christmas music over time. We'll look at how Christmas music got started and listen to clips from many different types of Christmas music and learn a little about their origins and how the music has changed. The focus will be on the enjoyment of the music and what it adds to our holiday spirit.

R • Dec 6 • 10:00 AM–12:00 PM • \$20/Silver
Leader: Ken Spady

Legal Issues as You Age

LECTURE, Q&A

Aw **REPRISED** As we age, we should approach legal questions, issues, and situations a bit differently. While estate planning can be done at any age, elder law starts a whole new conversation. Attend this class offered by an elder law expert as she talks about what legal options you may wish to consider, what critical legal decisions should not be overlooked, and how to know and choose what's best for you.

R • Dec 6 • 1–3 PM • \$20/Silver
Leader: Paula Peaden

UR Behind the Scenes: The Cannon Memorial Chapel

Ri **REPRISED** This stately building with the dramatic stained glass windows has served the UR campus since its dedication in 1929, not only for religious services but also for cultural and academic events. Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013. We will also include the Columbarium and the Wilton Center in this program.

F • Dec 7 • 1–3 PM • Free to members
Leader: Betty Ann Dillon

Osher Member Orientation

Ri Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

M • Dec 10 • 9:30–11:00 AM • Free to members
Leaders: Osher Membership Team

Campus Walk/Tour

Ri Se Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman



Give a Gift of Membership

Anniversaries, birthdays, Valentine's, Mother's Day, Father's Day, Christmas, and other celebrations are a great time to give the gift of Osher membership. This is SO much better than another sweater, candy, or a pair of socks! This is perfect for a spouse, partner, friend, parent, grandparent, or neighbor.

Osher membership offers great classes, wonderful benefits, and often leads to longtime friendships. Members may engage in interest groups, book clubs, courses, special events, and travel opportunities, as well as attend special lectures, musical performances, and art exhibit openings. Rather than giving something that is consumed or shoved in a closet, give this great gift of intellectual activities, social engagement, and fun!

For more information, contact Peggy Watson at margaret.watson@richmond.edu.

Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

M • Dec 10 • 11:00 AM–12:30 PM • Free and open to the public
Leaders: Osher Membership Team

Born To Be Wild: Rediscover the Freedom of Fun

DISCUSSION, ACTIVITIES

Aw **REPRISED** For many of us, somewhere along the journey to becoming responsible adults, we forgot how to have fun. You may be someone who has let life's responsibilities, hurts and losses send your sense of joy underground. If so, you might be long overdue for this interactive course that invites you to take a journey through your own life. Here you'll learn how to rediscover the freedom of fun that's inside you, just waiting to be resurrected. And by the end of our time together, you will have completed a custom-designed plan for bringing more celebration and adventure into your days. There is homework but, of course, it's fun!

M • Dec 10, 17 • 1–3 PM • \$40/Silver
Leader: Jill Baughan

Tour of UR's Historic Bottomley House

Ri Bo **REPRISED** Although the Jepson Alumni Center is a modern facility completed in 1997, its history dates back to 1915. In that year, William Lawrence Bottomley, the eminent early 20th-century New York architect, designed and built his first house in the Richmond area. The historic 6,000 square-foot home was located just across the road from the University of Rich-

mond, which had established itself in the neighborhood just the year before. Come learn how this historic home was acquired by UR and moved onto campus. Attendees will tour the home and hear about its many lovely features.

F • Dec 14 • 1–3 PM •
Free to members
Leader: Betty Ann Dillon

The Other Side of Christmas Music

LECTURE

NEW! This course will complement the class on the History of Christmas Music, but neither is a prerequisite of the other. In this course, we'll examine the 'non-traditional' side of Christmas music, looking at some familiar tunes performed in a different style as well as newer, unfamiliar compositions written with a Christmas theme. We'll also look at some regional Christmas favorites that are well-known in certain parts of the country yet totally unfamiliar in others.

M • Dec 17 • 10:00 AM–12:00 PM •
\$20/Silver
Leader: Ken Spady



You Can Make a Difference

We hope you will support Osher this year during our **2018 Osher Annual Fund Campaign**. When you make a gift to the **2018 Osher Annual Fund Campaign**, you help ensure excellent education and social programs continuing at Osher in the future. Gifts can be one-time or recurring. Whatever works best for you.

- You can give online at **osher.richmond.edu/give**.
- You can drop a check by the Osher office.
- Matching gifts may enable you to double or triple the value of your gift.
- Planned gifts leave a legacy.
- Gifts of appreciated stock are often a tax-advantaged way to give, and information can be found at **businessaffairs.richmond.edu/give**.
- Members can respond to the 2018 Annual Fund Campaign letter that will arrive in their mailboxes in mid-August, returning the gift card along with a check or charge card gift in the postage pre-paid business reply envelope.

Participation in the **2018 Osher Annual Fund Campaign** really does matter. Your gift of any amount helps. The Bernard Osher Foundation looks to see how individual members invest in Osher's future, as the Foundation continues to support its 122 Osher Institutes across the U.S.

Should you have any questions about how to make your difference through a gift to the Osher Institute at the University of Richmond, please contact: **Amy Edwards, Stewardship Assistant**, at **804-287-1946** or **aedwards@richmond.edu**.

Making a Difference

Osher Lifelong Learning Institute's successes this past year would not have been possible without our supportive and engaged Osher members and friends. Thank you to our Osher members and friends for all you do each day you participate with us and contribute.

One of Osher's recent successes is tied directly to last year's 2017 Annual Fund Campaign, the hiring of a new, permanent Osher part-time staff member. This support comes in handy when you consider the behind-the-scenes work that supports some other noteworthy Osher accomplishments this past year including:




1,000+
members


255
courses


8,487
course registrations,
85% were self-registrations
through the new
online system


4.5
average course rating out of
5 for Spring 2018 courses,
gathered through our new
online evaluation system

A special thank you to our 2017 Annual Fund Campaign donors.

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* Multiple year donor

We also extend our gratitude to the following corporate donors for matching gifts: Bank of America, Charter Oak Credit Union, Genworth Financial & PEO Chapter.

These donors are acknowledged on our web site at <https://spcs.richmond.edu/osher/giving/donors.html>.

Are you ready to make a difference in 2018? We hope so. Please see page 20 for more information.

Osher Interest Groups

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at **osher.richmond.edu**. An Osher Institute membership is required for interest group participants.

Bicycling

This group will explore bike trails mainly in the Richmond area, with possible rides on trails around Virginia. Group members will use their personal bikes and helmets and provide their own transportation to the bike trails. Most rides will be on weekdays, of moderate difficulty, and several hours duration. The group coordinator is John Votta at **johnjoy2you@verizon.net**. All participants are required to sign a liability release form.

Bridge

The social/duplicate bridge group meets on the first Friday of each month at 1:00 pm (except in the summer months). A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at **efine98@aol.com** or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

Contemporary Issues

Contemporary Issues (CI) is an interest group devoted to consideration of important news topics of the day. Invited guest speakers and CI committee facilitate exploration of focus topics, followed by open discussions of contemporary issues suggested by staff and members. These discussions feature lively debates and a free flow of information, opinions, and ideas with the hope that our understanding of the thoughts and concerns of our members with differing viewpoints will help us all to better appreciate our national and state discourse. Previous focus topics include: The Opioid Crisis, Redistricting, Health Care in Virginia, The Limits of Free Speech, Basics of Cryptocurrency, and Democracy and Authoritarianism in the U.S. This interest group is coordinated by Bill Pawleski, Alan Corbett, Susan Phieffer, John Schofield, and Joyce Rothschild. Sessions will be held the first Wednesday of each month, starting in September. To join, please contact Susan Phieffer at **sphieffer@gmail.com**.

Great Conversations

For the past ten years, our group has been discussing short stories, essays and poetry, with a few novellas mixed in for flavor. We've even done a few documentary films. The subjects of our lively conversations? We floated deep into the Heart of Darkness with Joseph Conrad. We watched a Total Eclipse with Annie Dillard. We took a car ride with Flannery O'Connor's grandmother who convinced us that A Good Man is Hard to Find. We observed the Century of Self through the lens of Freud's nephew, Edward Bernays. We hope you'll join us on the fourth Wednesday of every month from 2-4 pm at local libraries for sparkling, cordial conversations about shoes and ships and sealing wax, not to mention cabbages and kings—and who knows what else? If you'd like to join us, or if you have questions, please contact Vera Mulherin at **paxvera@netscape.com**. We look forward to hearing from you.



Hikers

Come with us and explore the wonders of nature: the breathtaking waterfalls, wildlife, various plants and vegetation, not to mention historic urban settings. Our hikes run from September through June and cover an array of venues from the Shenandoah National Forest to urban hikes, and all points in between. Our hikes generally run between four and seven miles in length with varying degrees of difficulty and elevation change. We generally leave campus around 8 AM and return by 5 PM. For more information, contact the group coordinator: Amelia Wolfe, **awolfe@richmond.edu**. All participants are required to sign a liability release form. Upcoming hikes include:

- **Thursday, September 13**
Highlands Rustic Trails

- **Monday, October 15**
Rock Fish Valley Trails
- **Thursday, November 1**
Crow's Nest Natural Area Preserve
- **Thursday, December 13**
Charlottesville Urban Hike
- **Monday, January 14**
Pocahontas State Park

Historically Speaking

History Special Interest Group forming! The Osher Institute offers a wide variety of history classes, and they are well attended. We easily average 60–80 attendees in our history classes. However the Osher Institute does not yet have a History Special Interest Group.

But that is about to change. A core group has been established to bring together Osher members who enjoy reading about and discussing historical issues. One of the goals for this new organization is to discuss new or classic history books. In addition, the History Special Interest Group will seek to improve our Osher history course offerings. Finally, the group will provide a way for those who love history to enjoy fellowship and discussions related to history.

Once the group has officially formed, and settled on meeting dates, we will notify all who have signed up. To join or for more information, please contact Group Leader Lou Cei at **ceilb2@aol.com**.

Investments

Raise your financial IQ. Join other members of the Osher Investment Interest Group once a month to hear and interact with guest experts in the field of Investments and Personal Finance. Our speakers include Robins Schools of Business students who manage part of the U of R endowment fund, professors, estate lawyers, and a variety of financial professionals for you to ask questions and grow your financial IQ.

The Fall 2018 meeting dates are Sept 21, Oct 19, Nov 16, Dec 7 (meeting room tba). We meet in the Robins School of Business from 10 am to Noon on the 3rd Friday of the month except December 7th.

Investments group members will be offered an **American Association of Individual Investors**, (AAII)

E.Membership. The E.Membership is an online membership only, nothing is sent via postal mail. You will have access to member benefits online. This would include Model Portfolios, Journal articles, Search Engines and more.

To be added to the meeting announcement email list, email Jerry Cooney jerrycooney@gmail.com, or for more information, contact an OIIG coordinator: F. Brian McNeil fmcneil@gmail.com, or Dave Messenger ddmessenger87@gmail.com.

Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. To join, please contact Polly Chamberlain pollypatria@gmail.com, Dorothy Schoeneman dorth325@hotmail.com or Jerry Lutkenhaus JerVaLaw@aol.com. Unless otherwise specified, all meetings will be on the last Saturday of the month. Upcoming books include:

August 25

Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibrahm X. Kendi

Sept. 29

Water for Elephants by Maria Benedict

October 27

Gentleman in Moscow by Amor Towles

November 17

Gray Mountain by John Grisham

December 1

Business Meeting and 2019 book selection

Memoir Writing

Are you interested in writing your life story - in small chunks and with the help of like-minded others? The Memoir Writing Group is a supportive group that meets at least monthly, sharing our writing and offering advice and feedback to one another. This is not a group that focuses on publication but on evoking memories and improving our writing. If you are interested in joining, please email Lynn Blankman at lynnblankman@gmail.com.



Photography

The Photography Interest Group offers photographers with a range of experience and interest the opportunity to come together regularly to share, learn, and develop their skills. Tip sessions, photo outings, and presentations on such topics as composition, exposure, and editing software are offered. To join or learn more, please email coordinator Peter Blankman at pblankman@gmail.com.

Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest group. This Osher interest group explores the Richmond theatre scene by selecting and attending various performances throughout the year.

The theatre group has selected the following five shows for the 2018-19 season. Other shows may be added when smaller theatres announce their performances in the next couple of months. Dates, times and additional shows will be published for the Osher mixer and sent to group members via email. The theatre group attends performances on Sunday matinees.

- **Curious Incident of the Dog in the Night Time**, Virginia Rep
- **Les Miserables**, Altria
- **Sister Act**, Virginia Rep
- **Red Velvet**, Shakespeare Theatre
- **Pride and Prejudice**, Shakespeare Theatre

There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact Linda Turner at ltturner@richmond.edu.

Travel

Attention all travelers! Celeste Miller is spearheading the Osher special interest group for those who love to travel. The objectives of the group are to share information regarding trips taken and most importantly, to help coordinate future Osher travel. If you have interest in learning from fellow travelers, if you'd like to share your experiences, or if you are willing to help to lead the development of future Osher trips, this is the special interest group for you! We plan to focus on day trips and overnight excursions, as well as domestic and international travel. To join or to learn more, please email OSHERtravel@gmail.com. Come join the fun and expand your experiences!

Upcoming Trips

September 17 - October 1, 2018:
England, Scotland & Wales

December 1-15, 2018:
Expedition Antarctica

March 8-14, 2019:
Iceland's Magical Northern Lights

July 12-23, 2019:
Amazing Alaska Adventure

August 14 - 20, 2019:
Black Hills, Badlands, and Legends of the West

September 11 - 20, 2019:
Memorials of World War II
(Normandy, Reims, Paris, London)

October 27 - November 1, 2019:
Great Trains and Grand Canyons

More details on these trips are available on web site: spcs.richmond.edu/osher/schedule/travel



Member Benefits at a Glance

- Membership is good for 12 months from date you join
 - Several membership options
 - Free Osher member orientation and tour
- Osher members receive a discount at the Modlin Center for the Arts
 - Free parking on UR campus
 - Unlimited borrowing privileges at the UR's Boatwright Library
 - Access to the UR Technology Help Desk
 - Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
 - UR email address
 - Daily 'SpiderBytes' messaging for UR campus programs and events
- Access to UR help center for preparing presentations
 - Opportunity to audit credit classes
 - Unlimited on-campus Osher classes for Gold members
 - Free bonus classes and special events

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information, contact us today:

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