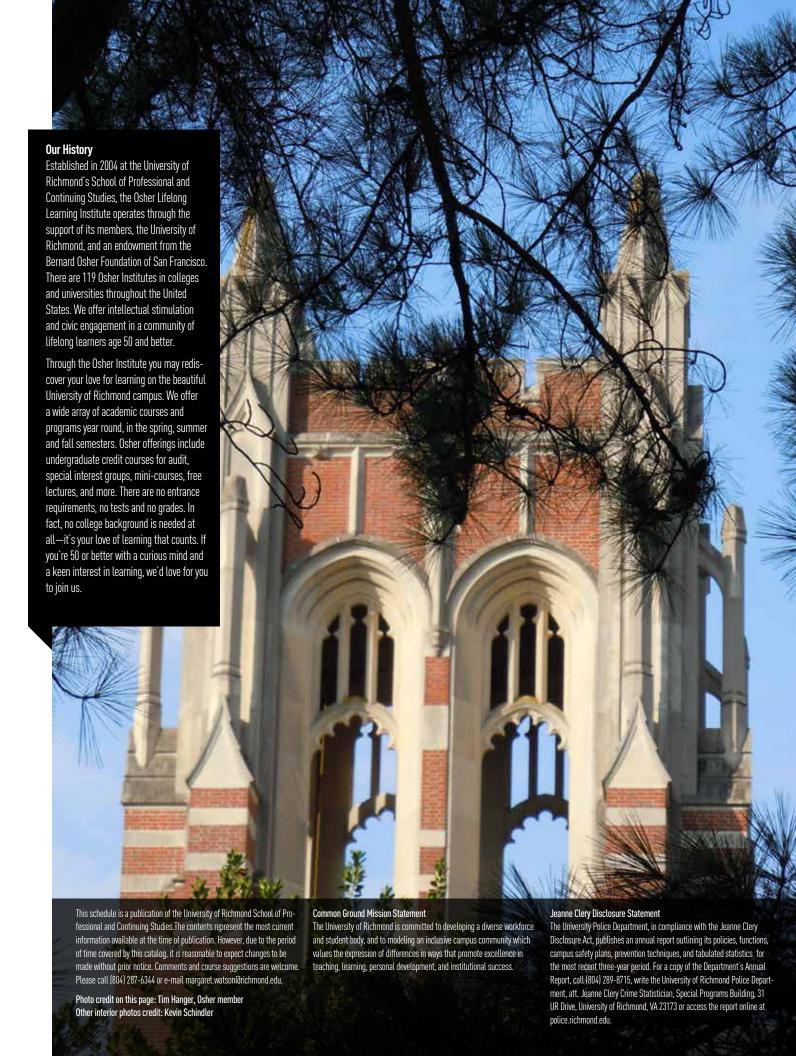


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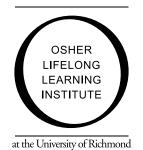
Continue your lifelong learning journey at the Osher Institute.

FALL 2015





"Wonderlust," you say?



osher.richmond.edu

You know what "wonderlust" is, right? It's the strong desire to learn. And there's no better time than now to explore your "wonderlust" at the Osher Lifelong Learning Institute at the University of Richmond.

Take a close look at this fall's selection of classes and special programs. Included are several field trips, some of your favorite instructors, and some new evening events. We hope you'll try them all!

Our strategic plan is in the implementation phase now. Continuing to provide quality programming is a key component of the plan, so we hope you'll find these offerings appealing.

Partnerships are also a part of our strategic plan, so be sure to note our continuing partnership with The Center for Culinary Arts. There are Osher classes led by the Center's instructors and an Osher discount for the Center's courses.

Our Osher Institute is continuing to offer domestic and international trips. We are planning the 2016 trips now, so let us hear from you about places you'd like to go!

Ready to get started? Familiarize yourself with our schedule by reviewing page 4. Then sign up for an annual membership. Already a member? Register for fall classes and programs. Volunteer to serve on an Osher team. Join an interest group. Get involved!

Peggy Watson, W'76 Director

margaret.watson@richmond.edu

Debra Guild Adminstrative Coordinator

dguild@richmond.edu

Del





Getting Started......4

Membership Application......Insert Registration Form.....Insert

Where do I start?



Sign up for an annual membership.

You can become an Osher member at any time during the year. We invite you to come and try out one of our many free Osher events before you join. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a se.

\$75 – Silver Membership ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES,

NJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FI PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

\$350 - Gold Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & UNLIMITED FREE CLASSES ON CAMPUS

\$25 – UR Membership

FOR QUALIFIED UR FACULTY, STAFF AND UR RETIREES.

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at osher.richmond.edu.

A membership form is also included in the insert in this schedule. Contact the Osher Institute office with any question or to schedule a visit by calling (804) 287-6608.

2

Register for classes.

We've oganized this schedule of classes chronologically by start date to help members better plan their schedules. All Osher events are included in the program listing.

Special events, talks and member bonus programs are designated with special icons. Mini-courses are not designated. The University of Richmond Ridesignation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

We encourage members to register online for special events. For all other programs, complete the registration form in the insert in the middle of this schedule. Programs are listed in date order.

Mail, fax, or deliver your registration and any required payment. Most programs are free to Gold members. Fees for Silver members are noted.

Osher members interested in course audit opportunities should contact the Osher office. See page 7 for details.

The UR Osher Institute offers needbased scholarships for Osher on-campus mini-courses and talks. To inquire about a scholarship, contact the Osher office.



Special Events



University of Richmond



Bonus Programs for Members



Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

For your convenience, all bonus programs are listed in the schedule and denoted in the schedule with a 1800.

For fall, bonus programs include:

- Osher Member Orientation
- The Bounty of the Boatwright: An Orientation to the Boatwright Library

- Tour of UR's Historic Bottomley House.
- Hidden Treasures: UR's Galvin Rare Book Room
- Back Roads of Virginia
- Campus Walk with UR Museums Visits
- Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses

And join us for several special events, free to Osher members and open to the public. They're a great way to get

friends and colleagues engaged with Osher. Special events denoted with a se, include:

- Osher Fall Mixer
- Young and Hungry: A Freelance Photograher in Vietnam
- Osher Campus Walk/Tour
- Reinventing Health Care: IT-Style Innovation
- The Economics of Tourism in the Richmond Region
- A Dickens of a Christmas Carol

SEPTEMBER

Osher Fall Mixer



Thinking about joining the Se Osher Institute? Are you already an Osher member?

Join us for this FREE meet-and-greet event with great food and entertainment for Osher members and 'not yet' members. Learn about the various interest groups, and hear how to get involved with our teams. We will also recognize our many wonderful Osher Institute volunteers. Dress is casual. Please register by September 3rd.

R • Sep 10 • 5:00 PM-6:30 PM Free • Leaders: Osher Staff

Young and Hungry: A Freelance Photographer in Vietnam





NEW In 1966 Robert Se Hodierne dropped out of college to

cover the Vietnam War because he was convinced the war would be over before he could graduate the next year. He became the youngest fully accredited foreign correspondent to cover the war. In his more than two years photographing the war, he went into combat with service people from every branch of the armed forces and visited every corner of Vietnam. His photographs appeared in all the world's major newspapers and magazines and continue to appear in books and documentaries about the war. He will talk about what it was like to cover the last American war in which there was no media censorship and few restrictions on where and how journalists covered the war. He will contrast that to coverage in Iraq and Afghanistan, which he has also covered. An exhibit of his Vietnam photographs opens that night in the Lora Robins Gallery.

W • Sep 16 • 6:00 PM-7:00 PM Free • Leader: Robert Hodierne

Fall Migrants and Residents Bird Walk

NARRATED WALK



Richmond campus to look and listen for fall migrant and resident birds. Please dress appropriately for the weather, wear comfortable shoes, and bring binoculars, if you have them.

T • Sep 22 • 8:00 AM-10:00 AM • \$20 Leader: Mary Elfner

Understanding Opera, Part 1

LECTURE. DISCUSSION

UPDATED This course will provide a survey of the first half of Virginia Opera's 2015-2016 season. Works discussed will be Offenbach's zany comedy 'Orpheus in the Underworld' and Puccini's beloved romantic classic, 'La Boheme.' The course will include musical/dramatic analysis with audio and video excerpts. Recommended for beginners and aficionados alike.

T • Sep 22, 29, Oct 6 • 1:00 PM-3:00 PM \$60 • Leader: Glenn Winters

Osher Member Orientation

Learn from other Osher BO members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

W • Sep 23 • 9:30 AM-11:00 AM Members Free • Leaders: Osher Membership Team

Campus Walk/Tour





Join us for a walking tour of the beautiful University of Rich-

mond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, OneCard Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for the Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

W • Sep 23 • 11:00 AM-12:00 PM • Free • Leaders: Osher Membership Team

Special Discount on Culinary Classes

We have extended the special, culinary offer to our Osher members. Through December 31, you and your friends may register for discounted classes through the SPCS Center for Culinary Arts, located in Gayton Crossing.

We encourage you to take advantage of this unique opportunity to explore what the Center has to offer at a significant savings over the standard pricing. The \$20 discount per class may be used as many times as you wish between now and the end of December, and you may share the discount with your friends as well.

See the full listing of classes online at spcs.richmond.edu/ osher/schedule-culinary; use online coupon code **OLLI20** to register.



◀ At the Osher Lifelong Learning Institute, our mission is to be a community of mature lifelong learners engaging in stimulating and fun learning activities in an academic setting. We value the shared knowledge and talents of our members; the support of our members for the Osher Institute; a spirit of collaboration and respect among Osher members and with the University of Richmond; and the diversity of our members that enhances learning opportunities.

Religious Diversity in **America**

LECTURE. DISCUSSION

NEW The United States was founded on principles of religious freedom. Come trace the variety and diversity of religions in America from colonial contact through today.

R • Sep 24, Oct 1 • 5:00 PM-7:00 PM \$40 • Leader: Annie Blazer

How to Look at Art LECTURE, ACTIVITIES, DISCUSSION



NEW Do you dislike visiting museums because you don't 'get' the art? Do you often

think 'I could make that' in museums? This class is a fun and informal discussion on how to look at art. In this class we will share strategies on how to read artworks and develop opinions about art on the spot.

F • Sep 25, Oct 2 • 10:00 AM-12:00 PM \$40 • Leader: Martha Wright

Hidden Treasures: UR's Galvin Rare Book Room





REPRISED Curious Bo about what hidden treasures are housed in the UR Rare Book Room? This

session will provide an introduction to the resources and materials available in the Galvin Rare Book Room and Special Collections, including highlights of the collection.

W • Sep 23 • 1:00 PM-3:00 PM Members Free • Leader: Lynda Kachurek

Ancient Rome and Rise of Christianity: From Rome's **Point of View**

READING, LECTURE, DISCUSSION

REPRISED The historical beginnings of Christianity can be examined in the context of the various religious, cultural, and political forces that shaped the Greco-Roman world in the period between Alexander the Great (4th Century BC) and the Roman Emperor Constantine the Great (4th Century AD). Much of this turbulent period was marked initially by clashes between the Jews and Greeks, and then between the Jews and Romans. over issues of political autonomy and religious practices. Eventually, the emergence of Christianity at the turn of the millennium brought about still further conflict between this nascent religious movement and imperial Rome. This history course looks at this conflict-from Rome's point of view.

R • Sep 24, Oct 1, 8, 15, 22, 29 9:30 AM-11:30 AM • \$60 Leader: Glenn Markus

Life Beyond Midlife

LECTURE, DISCUSSION, Q&A

Come join this interactive class as we describe life beyond midlife in dynamic (rather than chronological) terms. We explore four stable periods and three transitions, and use simple words (body, mind, heart, spirit, home, money, structure) that frame how we understand and tell our stories.

F • Sep 25, Oct 2 • 1:00 PM-3:00 PM \$40 • Leader: Henry Simmons

'To Kill a Mockingbird' and 'Go Set a Watchman'

READING, LECTURE, DISCUSSION

UPDATED This class will be a discussion of Harper Lee's books, their themes, and the characters. We will look for deeper meanings behind simple stories. Reading both books is a 'must' before the first class, and viewing the movie, 'To Kill a Mockingbird,' would also be helpful.

M • Sep 28, Oct 5, 12, 19, 26 10:00 AM-12:00 PM • \$60 Leader: Henry Murray Massie Jr.

Cool Flicks: More of the **Greatest Comedies**

MOVIES, DISCUSSION

UPDATED Continuing our quest for the funniest movies of all time, we will watch and discuss these classics: 'Adam's Rib' (1949), 'The Great Dictator' (1940), and 'The Seven Year Itch' (1955).

M • Sep 28, Oct 5, 12 • 1:00 PM-3:00 PM \$60 • Leader: Dan Begley

Living Inside the **Narrative World**

LECTURE, DISCUSSION

NEW Narratives often present strong characters, with whom the reader bonds and through whom the reader lives out the events of the story world. In this class, we will examine this process for sacred and secular texts.

T • Sep 29, Oct 6 • 10:00 AM-12:00 PM \$40 • Leader: Eric Douglass

Sturgeon on the James River

FIELD TRIP

NEW Ride aboard the 40-foot pontoon boat, the Spirit of the James, and discover one of the James River's secrets: Atlantic Sturgeon in September. Witness their acrobatic leaps, called breaching, as they heave their four- to eight-foot bodies completely out of the water. Learn about their comeback from the leading sturgeon researcher on the James River, Dr. Matt Balazik.

T • Sep 29 • 5:00 PM-7:30 PM • \$65/ Silver/Gold • Leaders: Capt. Mike Ostrander, Dr. Matt Balazik

Managing Caregiving and Your Own Health

LECTURE. DISCUSSION

REPRISED Drawing on personal experience in caregiving for her husband with ALS/Lou Gehrig's disease, and the recovery of her son from a car accident, Renee focuses on the many adults who are unpaid caregivers. She will outline dos and don'ts for caregivers and others supporting

the family. Learn tips about what to do during hospital stays and their aftermath and how to get good medical care. Included are spreadsheets and other helpful documents to assist you in managing the health care of your loved ones.

W • Sep 30 • 10:30 AM-12:00 PM • \$20 Leader: Renée Norman

Salsa Meets Jazz: Dance and Music of Cuba

LECTURE, DEMONSTRATION, Q&A



NEW Which came first, salsa music or salsa dance? Dr. Davison and Professor

Daleng will discuss Cuban music and dance. Join them in exploring music and dance as a cultural practice in Cuba that reflects and impacts local communities and global cultures.

W • Sep 30 • 1:00 PM−3:00 PM • \$20 Leaders: Myra Daleng, Dr. Mike Davison

Topical Discussions

LECTURE, DISCUSSION

UPDATED Join this student-driven class for spirited, yet respectful discussions on issues that affect us, our communities, Virginia, and the country. The class leader will research chosen topics to provide a factual framework for monthly discussions. Class participants will use the knowledge gained from any and all media to explore the meaning and effects of an issue. Topics can range from federal and state policies, to health care, to seniorrelated issues, to environmental concerns and more.

W • Sep 30, Oct 14, 28, Nov 11, Dec 2 3:00 PM-5:00 PM • \$60 • Leader: David Owens

OCTOBER

Guiding You through the **Medicare Maze**

LECTURE. Q&A

NEW Figuring out Medicare and what's right for you is no easy

task, especially when it comes to medications. Come learn how to navigate the Part D Plan Finder on medicare.gov and how simple changes can make a big financial difference.

R • Oct 1 • 1:30 PM-3:30 PM • \$20 Leader: Tom Chamouris

The Great Patriotic War: The Eastern Front during WWII

LECTURE. DISCUSSION

NEW In June 1941, Germany launched a massive invasion of Russia, triggering the bloodiest and largest land war in modern history. It was also arguably the most important front of WWII. What were the key components of the Eastern Front during the Second World War? This course will review the strategies, tactics, major blunders, key battles, the overall course of the war, who won and why, and finally the overall historical context of this struggle.

W • Oct 7, 14, 21 • 10:00 AM-12:00 PM \$60 • Leader: William (Bill) Riffer

Super Foods for Better Health

LECTURE, CLASS ACTIVITY, Q&A



NEW This course will examine foods rich in phytochemicals, plant

compounds that are believed to promote health and protect against disease. From acai berries to yogurt, we will discuss the benefits of 40 amazing foods.

W • Oct 7 • 1:00 PM-3:00 PM • \$20 Leader: Paula Harrison

The Rise and Fall of the **Berlin Wall**

LECTURE

NEW This presenter will offer a firsthand view of the Berlin Wall, having lived on both sides of it. Come learn more about this symbol of the Cold War, which was built in 1961 and completely enclosed West Berlin, separating it from East Germany.

W • Oct 7 • 3:30 PM-4:30 PM • \$20 Leader: Hans Oppe

Richmond's The Old Stone House and Edgar Allan Poe

LECTURE. DISCUSSION

NEW Join this class to learn the historical details of the Old Stone House and the people connected to it. Hear how, after 1912, the house began to evolve into the Edgar Allan Poe Museum, today's largest repository in the world of Poe-related items.

R • Oct 8, 15, 22, 29 • 1:00 PM-3:00 PM \$60 • Leader: RoseMarie Mitchell

Course Audit **Opportunities**

Osher Institute members may audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring; summer classes have shorter and more intense schedules and are not recommended for a firsttime Osher audit student.

Osher members who audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degreeseeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Debra Guild at dguild@richmond.edu for registration procedures.



2015-2016

UNIVERSITY OF RICHMOND

ASK ABOUT OUR OSHER DISCOUNT!

GISELLE

SUNDAY, OCTOBER 11, 2015 | **12:55 PM** (Live Broadcast) Camp Concert Hall, Booker Hall of Musc

JEWELS

SUNDAY, DECEMBER 6, 2015 | 12:55 PM (Encore Broadcast) Camp Concert Hall, Booker Hall of Musc

THE TAMING OF THE SHREW

SUNDAY, JANUARY 24, 2016 | 12:55 PM (Live Broadcast) Camp Concert Hall, Booker Hall of Musc Osher Price \$ 10

DON QUIXOTE

SUNDAY, APRIL 24, 2016 | **12:55 PM (Encore Broadcast)** Camp Concert Hall, Booker Hall of Musc Osher Price \$ 10

BY



Additional NT Live broadcasts will be added throughout the season. For tickets and the latest information, visit modlin.richmond.edu, call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.

Presented in partnership with Osher Lifelong Learning Institute

The Periodic Table

LECTURE, DISCUSSION, Q&A



NEW The periodic table is a fascinating device used in all branches of chemistry.

Everything you see, eat, touch, and are is on the periodic table. Understanding it is the starting point for appreciating why things exist as they do at room temperature and under our atmosphere.

R • Oct 8 • 5:00 PM-7:00 PM • \$20 Leader: Kelling Donald

Tour of UR's Historic **Bottomley House**

LECTURE, TOUR





REPRISED Although the Jepson Alumni Center is a modern

facility completed in 1997, its history dates back to 1915. In that year, William Lawrence Bottomley, the eminent early 20th-century New York architect, designed and built his first house in the Richmond area. The historic 6,000 square-foot

home was located just across the road from the University of Richmond, which had established itself in the neighborhood just the year before. Come learn how this historic home was acquired by UR and moved onto campus. Attendees will tour the home and hear about its many lovely features.

F • Oct 9 • 10:00 AM-12:00 PM Members Free • Leader: Betty Ann Dillon

Hammett!

MOVIES, DISCUSSION

NEW The hard-boiled detective fiction of Samuel Dashiell Hammett was the source of classic film noirs: 'The Thin Man,' 'The Maltese Falcon,' 'The Glass Key,' 'The Dain Curse' (two versions), and 'Hammett' (a fictional story about his life). Join this class to watch and discuss these great films!

F • Oct 9, 16, 23, 30, Nov 6, 13 1:00 PM-4:00 PM • \$60 Leader: Greg Hall

Helping the Formation of Good Character: Doing It Smartly

READING, LECTURE, DISCUSSION

NEW Interested in helping the young (and perhaps the not-soyoung!) continue to form good character, in conjunction with churches, the schools, and other positive influences? The presenter will provide and explain take-homeand-use materials, including what one must know and strategies that make a difference.

T • Oct 13, 20 • 10:00 AM-12:00 PM \$40 • Leader: Peter Greer

History of Music, Part III: Romantic and Beyond

LECTURE. DISCUSSION

REPRISED This class will listen to and hear about the classical music of the mid 1800's through the present. Some of our most beloved and well known music comes from the Romantic period, created by composers such as Brahms, Schubert, and Wagner. We will also listen to a sampling of beautiful music of the 20th and 21st centuries (yes,

it exists!). Part I and Part II are not required prerequisites for this class.

T • Oct 13, 20 • 1:00 PM-3:00 PM \$40 • Leader: Sheryl Smith

Preparing for Your Trip to Italy: iFantastico!

LECTURE, ACTIVITIES

NEW Begin your Italian adventure here with us! This class is designed for beginner students who are specifically interested in acquiring basic communication skills before traveling to Italy. Students will learn many useful skills, including greeting others, ordering in a restaurant, and asking for directions. The instructor will also impart key, culture-specific tips regarding everyday life in Italy.

W • Oct 14, 21, 28 • 10:00 AM-12:00 PM \$60 • Leader: Tea Erario

Basics of Western Art History

LECTURE, DISCUSSION



NEW Do you love looking at art and going to museums, but don't have much familiar-

ity with Art History? This course is an informal lecture about art from the ancients through Modern 21st Century. This session is perfect for those who like to have a bit of sass and humor with their lectures.

W • Oct 14 • 1:00 PM-3:00 PM • \$20 Leader: Martha Wright

Autumn Cooking with Oils and Vinegars

LECTURE, DEMONSTRATION, Q&A

NEW Learn how to prepare your autumn meals using oils and vinegars paired to the foods of the season.

R • Oct 15 • 3:30 PM-5:30 PM \$20 • Leaders: Robin Gouckenour, Stacy Buttrey-Drudge

Secrets of Shockoe: Richmond's Shockoe Hill Cemetery

LECTURE, FIELD TRIP

NEW Nestled on a few acres off of Hospital Street, one of the city's greatest historical treasures lies

waiting to be discovered. Learn about the creation of this burying ground, and why so many major historical figures from Virginia and the nation's history lie here. Whether your interest is in family history, or you just love rich stories, you will enjoy this class that includes a guided tour of Shockoe Hill Cemetery, which is on the National and Virginia Historic Registers.

F • Oct 16, 23 • 10:00 AM-12:00 PM \$40 • Leader: Alyson Taylor-White

Trans-Siberian Express: Vladivostok to Moscow by Rail

LECTURE, Q&A

NEW Travel across seven time zones from the Pacific to Moscow, with a side trip to Ulaan Bator in Mongolia. Come, see, hear, and learn about fish from Lake Baikal that melt in sunlight; Yurts and Genghis Khan; Lenin's biggest head; and Old Believers. Come join the ride, as we jump from Asia to Europe on the Trans-Siberian Express.

M • Oct 19, 26 • 1:00 PM-3:00 PM \$40 • Leaders: Connie Gottwald, William (Bill) Gottwald

Reinventing Health Care: **IT-Style Innovation**

LECTURE. Q&A



NEW America's stagnant **Se** health care debate focuses on insurance, not on quality

of care or health itself. Come hear Dr. Robert F. Graboyes of the Mercatus Center at George Mason University, whose research focus is health care innovation and supply. He says we need to ask how health care can be as innovative in the next 25 years as information technology was in the last 25. Join us to hear his insights on this important issue.

W • Oct 21 • 2:00 PM-4:00 PM Free • Leader: Robert Graboyes

Bounty of Boatwright





Access to the vast Bo resources of the Boatwright Memo-

rial Library is a benefit of Osher Institute membership. Students will tour the library building and learn how to navigate the library's web site. An activated UR network ID is required: visit https://webpass. richmond.edu for instructions.

R • Oct 22 • 3:30 PM-5:30 PM Members Free • Leader: Carrie Ludovico

Back Roads of Virginia

LECTURE, BOOK SIGNING



NEW Come wander down the Bo back roads of the Commonwealth with two of our great

local journalists! Enjoy pictures and stories from the road with Times-Dispatch columnist Bill Lohmann and photographer Bob Brown.

T • Oct 27 • 10:00 AM-12:00 PM Members Free Leaders: Bill Lohmann, Bob Brown

Washington's Lieutenants: The Generals of the Continental Army

LECTURE. DISCUSSION. Q&A

NEW Who were the commander-inchief's subordinate generals? Find out who they were, as well as their backgrounds, relations with Washington, Congress, and each other. We will also explore their contributions to victory, foreign generals, anecdotes, and historical evaluation. Special mention will be made of Virginia generals.

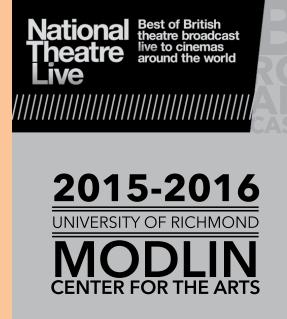
T • Oct 27 • 1:00 PM-3:00 PM • \$20 Leader: William M. Welsch

Ladies, Keep Your **Buckets Full**

LECTURE. Q&A

REPRISED This course is designed to help women understand strategies for creating and assuring a lifelong income. The presentation and discussion will take them through both the accumulation and the withdrawal phases of retirement income.

W • Oct 28 • 1:00 PM-3:00 PM • \$20 Leaders: Wayne Bullis, Keith Burton



ASK ABOUT OUR OSHER DISCOUNT!

SDAY, SEPTEMBER 2, 2015 | **7:30 PM (Encore Broadcast)** oncert Hall, Booker Hall of Musc



THE BEAUX' STRATEGEM

THURSDAY, SEPTEMBER 24, 2015 | 2:00 PM (Live Broadcast) SUNDAY, SEPTEMBER 24, 2015 | 3:00 PM (Encrore Broadcast)
Camp Concert Hall, Booker Hall of Musc
Osher Price \$ 10



HAMLET with Benedict Cumberbatch

THURSDAY, OCTOBER 15, 2015 | 2:00 PM (Live Broadcast) SUNDAY, OCTOBER 18, 2015 | 3:00 PM (Encrore Broadcast) Camp Concert Hall, Booker Hall of Musc Osher Price \$ 10



Additional NT Live broadcasts will be added throughout the season. For tickets and the latest information, visit modlin.richmond.edu, call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.

ARTS COUNCIL BY EXPERIENCE HD

Presented in partnership with Osher Lifelong Learning Institute



NOVEMBER

Helping Birds Survive the **Cold Winter**

LECTURE, DISCUSSION, Q&A

NEW Winter is on the way! We have coping mechanisms to adjust to the weather, and so do our feathered friends. This course will address birds' adaptive behaviors and additional needs to survive cold weather.

M • Nov 2 • 10:00 AM-12:00 PM • \$20 Leader: Meredith Bass

Heart-Healthy Eating

LECTURE. DISCUSSION. Q&A

NEW This course will explain the latest dietary recommendations for a healthy heart. Principles of the DASH diet and the Mediterranean diet will be discussed, and sample menus will be provided. A grocery shopping list and a list of tips for eating out will be included.

M • Nov 2 • 1:00 PM-3:00 PM • \$20 Leader: Paula Harrison

Exploring the Internet

LECTURE, HANDS-ON, Q&A

NEW This class will cover the fundamentals of the design, operation, and use of the Internet. Planned topics include: identifying some of the best web sites (news, fun, research), conducting business using the Internet (DMV, banking, shopping), Internet safety and privacy considerations, using the full capabilities of the Google/Bing search engines, understanding web browsers (Internet Explorer, Google Chrome), and making sense of key terminology (Flash, Java, cookies, the 'Cloud').

T, R • Nov 3, 5, 10, 12 • 9:30 AM-11:00 AM • \$60 • Leader: West Cobb

Sophocles: Three Theban **Plays**

READING, LECTURE, DISCUSSION

NEW Most of us are familiar with the story of Oedipus Rex: he kills his father, marries his mother, then blinds himself. The other two plays in the triptych are studied less frequently. 'Oedipus at Colonus' describes a less tragic Oedipus as he faces death.

'Antigone,' written first, actually concludes the story. It describes the fates of Oedipus's four orphan children. We'll discuss some ancient Greek history, mythology, and philosophy, and we'll outline the first two plays. Then we'll focus on how 'Antigone,' the drama, reveals the origins of modern thought about human existence. We'll use the Penguin Classics edition, 'The Three Theban Plays,' translated by Robert Fagles.

T • Nov 3, 10, 17, Dec 1 • 1:00 PM-3:00 PM • \$60 • Leader: Riker Purcell

Apostle's What?

LECTURE. DISCUSSION. Q&A

NEW Ever wondered what the Christian Church taught before the New Testament was assembled and made canonical? In this course, we will look at the writings, debates, and discourses of the Early Church Fathers on topics such as the Nature and Divinity of Christ, the Eucharist, Baptism, and the Authority of Bishops. Recommended text: 'The Teachings of the Church Fathers' by John R. Willis, S.J.

W • Nov 4, 11, 18, Dec 2 • 10:00 AM- 12:00 PM • \$60 • Leader: Adam Stvnchula

Think Like a Shrink: Old and New

LECTURE. DISCUSSION

UPDATED Join this class to appreciate how we can understand literature through psychology and psychology through literature the art and the science. See how famous writers managed to get the description of a diagnosis right, even a century ahead of the science. We will look at narcissism as seen in Jane Austen's 'Lady Susan,' PTSD as seen in 'All Quiet on the Western Front,' and new this year, a happiness and resiliency book (to be determined).

W • Nov 4, 11, 18 • 1:00 PM-3:00 PM \$60 • Leader: Arlene Lerner

A History of the U.S. **Army Ordnance Corps**

LECTURE. Q&A

NEW Since before the American Revolution, Army Ordnance has played a distinctive and significant role in Army and American history. Not only has it supplied the armament for the American Army, it played a significant role in the American Industrial Revolution. This class will look at these contributions of the US Army Ordnance Corps from the Colonial era through the 20th Century.

W • Nov 4, 11, 18 • 1:00 PM-3:00 PM \$60 • Leader: Karl Rubis

iHola! An Exploration of **Basic Spanish**

LECTURE, ACTIVITIES



NEW Do you love the sound of international languages? Would you

enjoy exploring one this semester? In this new introductory series, discover the Spanish language through fun and interactive sessions. We'll cover basic vocabulary and pronunciation, popular greetings, and useful phrases. You'll be amazed at how easy it can be to embark on a new language with a solid foundation and simple grammar. i Bienvenidos!

R • Nov 5, 12, 19 • 12:00 PM-1:00 PM \$40 • Leader: Mary Catherine Raymond

The Face of Battle: A **Meditation on Warfare** through the Ages

LECTURE. Q&A

NEW This course will address the history of warfare from ancient times to the present. Using British historian John Keegan's classic 1976 book, 'Face of Battle' as a starting point, we will examine in some detail three case studies: the 415-413 BCE Sicilian Expedition (Peloponnesian War), the 1864 Battle of the Crater (American Civil War), and the 2008 Battle of Wanat (current War in Afghanistan). Our goal will be to uncover insights about the nature of warfare, history, memory by looking at three very different times and events in military history.

R • Nov 5, 12, 19 • 2:00 PM-4:00 PM \$60 • Leader: Steven E. Anders

1619 - A Crucial Year for Virginia

LECTURE, DISCUSSION, Q&A

NEW If you grew up in Virginia, you'll recall 1619 as a pivotal year in our history and will want to come to this 'refresher' course. If you didn't study Virginia history, attend to gain a better understanding of this important 'red letter' year for our state. This class will focus on the impact of three critical events that took place in the Commonwealth in the year 1619: the first meeting of the Virginia General Assembly, the arrival of the first Africans, and the arrival of the first single women.

F • Nov 6, 13, 20 • 10:00 AM-12:00 PM \$60 • Leader: Horace Mann

Taking Your Passion to the Next Level: A Workshop for Developing and **Leading Osher Courses**



Are you contemplat-Bo ing teaching an Osher course? Facili-

tated by Osher members who lead courses, this session covers the ingredients for a successful, peerled Osher Institute course.

M • Nov 9 • 10:00 AM-12:00 PM Members Free • Leaders: Osher Leader Support Team

Campus Walk with UR **Museums Visits**





NEW Come join a Bo few of our hiking leaders for a campus walk

that will be combined with viewing of the current exhibits at the Joel and Lila Harnett Museum of Art, the Lora Robins Gallery of Design from Nature, and the Carole Weinstein International Center galleries. At each museum location, students will receive a short explanation from museum staff about the current exhibitions followed by time for

M • Nov 9 • 10:00 AM-12:00 PM Free • Leaders: Marshall Ervine, Floyd Myers

What Should We Expect from Intelligence?

LECTURE, ACTIVITY, Q&A

REPRISED The course will examine the Intelligence Community, specifically the CIA. The instructor will lecture on what we should and should not expect from intelligence through readings and an exercise. The instructor will dissect an intelligence failure and a success.

M,T • Nov 16, 17 10:00 AM-12:00 PM • \$40 Leader: David Cariens

When A University Takes Over a School System

LECTURE. DISCUSSION

NEW No university had ever done it before. In the late 1980s Boston University took over the failing Chelsea, MA, Public Schools – lock, stock, and barrel – and remained in charge for more than 15 years. This lecturediscussion will probe what actually happened and the hard lessons learned, as seen by the leader of the project for the first several years.

M • Nov 16 • 1:00 PM-3:00 PM • \$20 Leader: Peter Greer

Tangier Island: The People, the Landscape, and the Architecture

I FCTURE, O&A

NEW If you have heard of or visited Tangier Island, you know it for its great harvest of seafood, namely Blue Crabs. Named the 'Russell Isles' by John Smith in 1608, Tangier Island is Virginia's unique Chesapeake Bay watermen's community. Successive groups of prehistoric indigenous people harvested marine life and other resources there for millennia, a tradition maintained through contact with European explorers during the 17th Century. The Island is also known for its Chesapeake Bay spoken accent, its rich religious history influenced by Methodist minister Joshua Thomas, its involvement in the War of 1812, and its role in enslaved African American emancipation. Now threatened by erosion and sea level rise, the Island's historic area was recently placed on the Virginia Landmarks Register and the National Register of Historic Places, and it is a site on the National Park Services' Network to Freedom. This lecture will explore the Island's unusual historic themes, the architecture, and the landscape/seascape.

F • Nov 20 • 1:00 PM-3:00 PM • \$20 Leader: Marc Wagner

Cowboy Music

LECTURE WITH RECORDED PERFORMANCES. DISCUSSION

NEW For several years, singer/ songwriter Michael Martin Murphey found success in popular and country music with a string of hits. In the early 1990s, Murphey changed course and recorded an album of traditional and non-traditional songs about the life of the cowboy. The course will focus on recordings by Murphey and the musicians and poets who recorded for the Warner Brothers Western label. Additionally, we will trace the origin of cowboy songs, reference

some of the early purveyors of cowboy music, and showcase interviews and performances from these artists.

M • Nov 30 • 10:00 AM-12:00 PM • \$20 Leader: Bill Pike

Beautiful Books of **Boatwright**

LECTURE, Q&A





REPRISED A beauti-Bn ful book is a portable work of art.

This course examines some of the most beautiful books housed in Boatwright Library's Rare Book collection by exploring the artistry of binding and illustration.

M • Nov 30 • 1:00 PM-3:00 PM Members Free • Leader: Betty Dickie

Osher Member Orientation



Learn from other Osher Roman members how to access and fully enjoy the many benefits of being an Osher member and a

member of the UR community. M • Nov 30 • 1:30 PM-3:00 PM

Members Free • Leaders: Osher Membership Team

Campus Walk/Tour





Join us for a walking tour of the beautiful University of Rich-

mond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for the Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

M • Nov 30 • 3:00 PM-4:00 PM • Free Leaders: Osher Membership Team

DECEMBER

IPad Basics

LECTURE, DEMONSTRATION, ACTIVITIES, Q&A

REPRISED Are you getting the most out of your new iPad? Learn short cuts and tricks to make your iPad truly your own. We will cover the basics from setup onward, and there will be generous question-andanswer time and email communication with the instructor. Designed for students who own a 2nd generation or newer iPad with OS 7.0+ operating software. Registration on the UR network is necessary: see instructions online at http://is.richmond. edu/telecom/portable/mobileregistration-form.html. You may also contact the course leader at ipadbasics@aol.com for help related to the software update.

T • Dec 1, 8 • 10:30 AM-12:30 PM \$40 • Leader: Betsy Y. Spath

The Economics of Tourism in the Richmond Region

LECTURE, Q&A



REPRISED Tourism is a Se huge economic development engine in the Rich-

mond Region. Come to this class to hear how the UCI Road World Championship bike race has affected the Richmond metropolitan region for the past months and even years. Learn not only the impact of this event, but also what conventions and visitors mean to our local economy.

W • Dec 2 • 1:00 PM-2:30 PM Free • Leader: Jack Berry

The Cold War, 1945-1991

LECTURE, Q&A

NEW This course will provide a review and analysis of the global conflict between the US and the Soviet Union. US leaders through the years, including Truman, Eisenhower, Kennedy, Johnson, Nixon,

Carter, Reagan, and Bush, will be discussed in the context of the Cold War.

R • Dec 3, 10 • 10:00 AM-12:00 PM \$40 • Leader: Louis Cei

A Dickens of a Christmas Carol

PERFORMANCE, DISCUSSION



REPRISED We will examine Se the culture of Charles Dickens's time, followed by a

dramatic reading of 'A Christmas Carol' using the author's own manuscript.

R • Dec 3 • 1:00 PM-3:00 PM Free • Leader: Eric Douglass

Making History: Transcription at the Library of Virginia

LECTURE, HANDS-ON

REPRISED Learn how you can help make history accessible to all. This class will teach the skills involved in transcribing historical documents: skills that you can use to help local museums make their records more accessible and that are helpful in deciphering your own family papers.

F • Dec 4 • 10:00 AM-12:00 PM • \$20 Leaders: Adrienne Robertson, John

Healthy Cooking Techniques Luncheon and Demonstration

NEW Students will be **Ri** treated to a delicious, on-the-healthy-side, three-course lunch and cooking

demonstration at the UR Center for Culinary Arts. Beer and wine will be served.

F • Dec 4 • 11:30 AM-1:30 PM • \$40/ Silver/Gold • Leader: Martin Gravely

Osher Institute Travel for 2016

The Osher Institute has several interesting domestic and international trips for 2016 in the planning stages right now. You will want to stay tuned for more information, but right now, here's what we're considering:

Domestic

We've narrowed down our choices to two different trips. One would be to the Canadian Rockies, including Glacier National Park and Banff. The other under consideration is Nova Scotia, including Halifax, Cabot Trail, and Prince Edward Island. Travel for either would be in August of 2016.

International

We are excited to offer a trip to China in 2016. We have an Osher member who has lived in Singapore and has offered to coordinate this trip. Don't miss this opportunity to visit the Forbidden City, Great Wall of China, the Terracotta Army in Xi'an, and other unique world treasures. This customized trip will be approximately 14-18 days (depending on price) and will depart in early October of 2016.

We are considering an additional trip for 2016 or 2017 – to Spain or Prague/Vienna/Salzburg – if there is sufficient interest.

Let us hear from you! We'd appreciate your input on where you'd like to go and what type of trip (active, cruise, etc.) you prefer. For questions or comments, please contact Peggy Watson at margaret.watson@richmond.edu.

Gifts to Osher: A Way to Honor and Remember

There are times when a beloved family member or special friend inspires us to acknowledge and pay tribute to that individual in a distinctive and meaningful manner. A meaningful expression is a charitable gift to the UR Osher Lifelong Learning Institute made in honor or memory of that person. Your gift will help advance Osher's mission of enriching the lives of mature lifelong learners. For questions or to make a contribution, please contact the Osher office at (804) 287-6344 or margaret.watson@richmond.edu.

Osher Volunteer Leadership **Opportunities**

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher Leadership Council.

Current Leadership Council members include:

George Pangburn, Chair gcpangburn@hotmail.com

Landon Woody, Vice-Chair landonhw@gmail.com

Sheryl De Leo, Past Chair skd48@comcast.net

Bill Bailev Peter Goodman Jamie Lou Hawthorne Anne Huffstetler Charlie Huffstetler David Owens Linda Ventura

Project teams include:

- Curriculum
- Development
- Leader Support
- Marketing
- Membership
- Newsletter

Details of leadership opportunities are online at **osher.richmond.edu**. Interested in serving? Contact **Peggy Watson** at margaret.watson@richmond.edu.



Feminist Theology and **Baptist Women Pastors**

LECTURE, BOOK SIGNING, Q&A

NEW Join this class to learn about the Southern Baptist women who became pastors in the context of the cultural, historical, and theological movements in the US since the 1980s, with an emphasis on the influence of feminism and feminist theology. Recommended text is 'Strength for the Journey: Feminist Theology and Baptist Women Pastors.' Available at www.Strength-ForTheJourneyBook.com

M • Dec 7 • 10:00 AM-12:00 PM • \$20 Leader: Judith Bledsoe Bailey

Preview of the 2016 Session of the General Assembly of VA

LECTURE, DISCUSSION, Q&A

NEW What's hot and what's not in 2016 in Virginia politics? Come to this class for a review of the 2015 House and Senate elections. Learn from an expert in government relations in Virginia which issues are hot and which issues are not, and why.

M • Dec 7 • 1:00 PM-3:00 PM • \$20 Leader: David Bailey

Osher Speakers Bureau

Need a speaker for your club or book group? The Osher Speakers Bureau can provide presentations on the history and current offerings of the University of Richmond's Osher Institute. For more information contact Peggy Watson at margaret.watson@richmond.edu or (804) 287-6344.



If you would like to explore forming a new interest group please contact the Osher office at (804) 287-6344 or margaret.watson@richmond.edu.

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at osher.richmond.edu. An Osher Institute membership is required for interest group participants.

Bicycling

This group will explore bike trails mainly in the Richmond area, with possible rides on trails around Virginia. Group members will use their personal bikes and helmets and provide their own transportation to the bike trails. Most rides will be on week days, of moderate difficulty, and several hours duration. The group coordinator is John Votta at johnjoy2you@verizon.net. All participants are required to sign a liability release form.

Bridge

The social/party/duplicate bridgegroup meets on the first Friday of each month at 1 p.m. A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at efine98@aol.com or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

Hikers

Come with us and explore the wonders of nature. The breathtaking waterfalls, wildlife, various plants and vegetation; not to mention historic urban settings. Our hikes run from September through June and cover an array of venues from the Shenandoah National Forest to urban hikes. and all points in between. Our hikes generally run between four and seven miles in length with varying degrees of difficulty and elevation change. We generally leave campus around 8 AM and return by 5 PM. For more information, contact the group coordinator; Tim Hanger at tmhang5@gmail.com.

Here are the hikes planned for this fall:

September 17th (Thursday) Fluvanna Heritage Trail

October 15th (Thursday) Grelen Trails, Orange County

October 26th (Monday) Rose River Loop, Shenendoah National Forest

November 16th (Monday) Westmoreland State Park

December 10th (Thursday) Colonial Williamsburg Urban Hike

January 11th (Monday) Westview On The James

To sign up or to ask questions, contact the group's coordinator, Tim Hanger, at tmhang5@gmail.com. All participants are required to sign a liability release form.

Investments

Now is a great time to join the Investments group. Share your knowledge and gain new ideas that may help you in your personal portfolio. Participants assume any and all risks related to their investment decisions. The group coordinator is Charlie Huffstetler at clh1146@verizon.net.

Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. The group coordinator is Kelly Winters at kwpw79@gmail.com.

Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest

group. This new Osher interest group hopes to explore the Richmond theatre scene by selecting and attending various performances throughout the year. Here's this year's line-up:

09/12/15 Capitol Steps

10/25/15 Peter and the Starcatcher

11/22/15 Equus

12/13/15 Holiday Memories

01/31/16 Unexpected Tenderness

03/20/16 Moon Over Buffalo

05/11/16 The Lion King

06/26/16 The Boy From Oz

There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact Linda Turner at lturner@richmond.edu.



Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. All will be held in the Richmond Room, on the lower level of the Heilman Dining Center. The menus will be announced three weeks before each event.

Dates:

September 17, 2015 November 5, 2015 February 12, 2016 March 22, 2016 June 10, 2016

Time: 11:30 AM – 1:30 PM

Fee: \$13.75 per person; reservations are required.

Contact Cindy Stearns at cstearns@richmond.edu or 804-289-8788 to reserve your spot.



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Osher Lifelong Learning Institute Special Programs Building University of Richmond, VA 23173

Member Benefits at a Glance

- Membership is good for 12 months from date you join
- Several membership options
- Free Osher member orientation and tour
- Osher members receive a discount at the Modlin Center for the Arts
- Free parking on UR campus
- Online 'Osher Insider' newsletter each semester at osher.richmond.edu
- Unlimited borrowing privileges at the UR's Boatwright Library
- Use of more than 100 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
- UR email address
- Daily 'SpiderBytes' notice of free UR campus programs and events
- Access to UR help centers for preparing presentations and using technology
- Opportunity to audit credit classes
- Unlimited on campus classes for Gold members

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all–it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director margaret.watson@richmond.edu (804) 287-6344

Debra Guild, Administrative Coordinator dguild@richmond.edu (804) 287-6608

