

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 126 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



From Sea to Shining Sea . . . Literally

All of us are cautiously excited and optimistic about what's ahead as we pass the two-year point in this pandemic. As I write this, the COVID restrictions are lessening, and the University has gone GREEN. We all hope we'll continue to move in the right direction.

We have learned much in the past two years — far more and far different learnings than we could have imagined. Here at the Osher Institute we believe that we have broadened our vision and stretched our outreach. As we entered into the pandemic, we learned how to offer online classes, and as we emerge from it, we are back face-to-face and on campus. While this has been a tough two years, we must give a small nod to the pandemic for where we are now, which is offering both types of classes for the foreseeable future (but likely no blended or “hybrid” courses).

We regularly receive feedback from our members and instructors – all with vastly differing opinions about our course delivery: I hate Zoom! I love Zoom! I will only Zoom! I will only take in-person classes!

The Osher staff is doing its best to make sure we have something for everyone. We have instructors who can only zoom or will only teach in person – and we schedule accordingly – especially as we acknowledge that our amazing instructors are volunteering their time and expertise.

In reality, we have expanded our reach, from one coast to the other. We can recruit and invite instructors who live far away if they are willing to teach online. Our generous Osher colleagues across the nation have offered to share their instructors, and we have happily invited those instructors to teach for us. Yet, we never want to lose sight of our member-instructors and our local experts. These leaders are the backbone of our courses and our curriculum, and we are grateful for their continued willingness to teach. The locals have the option to teach in person or remotely, and many have successfully done both.

Likewise, the network of our members has broadened and changed. Members have moved away or experienced health issues or are happily enjoying their beach houses and have been able to continue to enjoy the UR Osher Institute, thanks to our online offerings, virtual Coffee Chats, and virtual Game Nights. We have also recruited UR alumni from across the state and nation, and they can feel connected to their alma mater through Osher's remote courses. And, yet we know that we must always celebrate and recognize our local members who register for and lead our classes, attend UR lectures and special events, and volunteer in various ways across campus. These members bring new meaning to the importance of the social aspects of Osher, as they enjoy our monthly Happy Hours at locations throughout the Richmond area.

We are happy to celebrate our instructors and our members, wherever they are. It's a really nice place to land after a pandemic.

Peggy Watson, W'76
Director
margaret.watson@richmond.edu
804-287-6344

Nell Smith
Program Coordinator
nsmith3@richmond.edu
804-287-6608

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
ctaylor6@richmond.edu

This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email margaret.watson@richmond.edu.

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Where do I start?

Online Registration

- Log in to the online registration portal. Visit osher.richmond.edu/schedule, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **May 3**. Register starting **May 10**.
- Your shopping cart will hold up to 10 class registrations at a time. Then, you must check out and pay, if required. You may fill up your cart and check out as many times as needed to register for all desired classes.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

- You'll receive a **Zoom link** via email the day before class.
 - Please don't share this access link with others. It's **exclusive to Osher** members.
 - If a class is recorded, you'll be **notified**.
- Log in 5-10 minutes early using a device with a **camera, microphone, and speaker**.
 - Install Zoom on your device well before your session. Visit zoom.us/download.
 - For optimal experience, use a **large tablet or computer**.
 - Use your **first and last name** as your screen name for attendance verification.
- Follow class host and **instructor preferences** for participation.

For In-person Classes

- In-person classes have **limited seats available** and may fill up.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
 - Osher staffers manage the **waitlists** all semester. There's always a good chance that you'll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You'll receive an **email** prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
 - Contact Osher staff to obtain your UR ID number.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create other IDs.
- Your **Net ID** is used to access University-hosted resources.
 - Go to webpass.richmond.edu. Requires **UR ID** and birthdate to create.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to osher.richmond.edu/schedule, then Online Registration Portal, to access.
 - May require **UR ID** for one-time setup.
 - Create password and username of your choice.
 - Note: This is not connected to your **Net ID**.

Zoom vs. In-Person Classes: Mark Your Calendars Well

As we move gradually out of the pandemic, our Osher Institute class offerings are changing. Our Fall 2021 Planning Survey told us that you like online classes, and some of you even prefer them, given your location, as well as your ability to drive, park, and walk to classrooms. That said, we realize that the majority do love in-person, on-campus classes.

We have heard you: we are continuing to offer both! This means that you will need to mark your calendars well. We have denoted every Zoom class clearly in the print and online catalogs, but you'll want to make that same distinction in your personal schedule.

Another hint: Just in case the Zoom vs. in-person classes do get mixed up, why not always bring your laptop, tablet, or cell phone when you come to campus? That way, if a class is remote but you are on campus, you can always find a quiet spot and zoom into your online class.

JUNE

Osher Member Orientation

Bo Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

*W • Jun 1 • 10-12pm • Free to Members
Leader: Osher Member Connections Team*

My Journey Through Eldercare

Aw **NEW** While based on a book, this presentation is not a sales pitch, nor is it a 'how-to.' It is a deep discussion of what it means to be a caregiver and how to make peace with that life.

*W • Jun 1 • 1-2pm • \$20/Silver
Leader: Bonnie Atwood*

The VirginiaNavigator Family of Websites

Aw **BACK BY POPULAR DEMAND** Finding local support services is as simple as a click of a mouse. Learn how to find information about health and aging issues, financial concerns, legal questions, caregiver support, housing and assisted living communities, and much more.

*W • Jun 1 • 3-4:30pm • \$20/Silver
Leader: Bonnie Scimone*

Belle Isle History Hike

DRIVE-TO EVENT, BACK BY POPULAR DEMAND Learn the unique story of Richmond's historical gem, Belle Isle, and the role it has played in our developing city over time. This class will include a two-mile hike over flat terrain with loose gravel.

*R • Jun 2 • 9-11am • \$20/Silver
Leader: Tyler Twyford*

Bounty of Boatwright

Ri **Bo** **Z** At this session, you'll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

*R • Jun 2 • 1-2:30pm • Free to Members
Leader: Carol Wittig*

Pearl Harbor to Midway: Six Months That Changed the World?

REPRISED WITH NEW DATA **Z** First taught in 2018, this course is being offered again to commemorate the 80th anniversary of the Pearl Harbor attack and the Battle of Midway, incorporating new material that has been published since the course was originally offered. The focus will be the first six months of US participation, beginning with the attack

on Pearl Harbor and concluding with the 'Miracle' at Midway.
*R • Jun 2, 9, 16 • 3:30-5:30pm • \$60/Silver
Leader: Robert Warwick*

A History of Germany, 1815-2000

NEW **Z** Germany was responsible for facilitating WWI and starting WWII, as well as perpetrating one of the greatest atrocities in world history, the Holocaust. Yet today Germany stands as a peaceful, prosperous democracy. What caused such a drastic change?

*F • Jun 3, 10, 17, 24, Jul 1 • 10-11am • \$60/Silver
Leader: Louis Cei*

The Periodic Table - Design, Function, and Insights on the Elements

Ri **NEW** The periodic table is a marvelous creation: a grand summary on a single page of everything you have ever seen in your life. We will talk about the Table, briefly consider its history, and see how its modern design links to its function. We will also discuss how we can tell from the table how the elements tend to combine.

*F • Jun 3 • 1-2:30pm • \$20/Silver
Leader: Kelling Donald*

Flip the Lens Belonging Project

NEW **Z** The Belonging Project is an initiative that blends journalism, cultural studies, human interest, and social activism. We will share some techniques for engaging in curiosity as a practice, being an active listener, and connecting with others through conducting interviews. Attendees are welcome to join the Belonging Project.

*M • Jun 6 • 10-11:30am • \$20/Silver
Leader: Meg Pier*



Questions About Richmond You've Always Wanted to Ask But Never Dared!: Light-hearted Reflections on Our Area's Quirkiness

NEW I was told on my first day in town that Richmonders do not like newcomers to ask critical questions. Now, after 25 years here, may I be allowed some scope for comment and query? For example, why does the RTD delivery agent throw my paper on the lawn when it is raining or wet but on the driveway on dry days? Why does PBS start at 5am weekdays but 8am on weekends? And many more!

M • Jun 6 • 1-2pm • \$20/Silver
Leader: Tony Pelling

Getting Started on Genealogical Research

NEW This course looks at the tools available to Osher members to build out a family tree. Topics include how to use and search census, vital records, newspapers, and immigration sources. We will also touch upon use of DNA genealogical research as well as how to document sources to ensure validity of information.

M/W • Jun 6, 8, 13, 15 • 3-4:30pm • \$60/Silver
Leader: Rebecca Ireland

Understanding Long Term Care Insurance

Aw **BACK BY POPULAR DEMAND** We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

T • Jun 7 • 10-12pm • \$20/Silver
Leader: Linda Tsironis Caruthers

Photography as an Art Form

NEW **z** This interactive session focuses on viewing photography as a form of artistic expression. We will draw on great photographic works from the Smithsonian American Art Museum to help us learn how to look at, analyze, and see art in these photographs, encouraging us to look beyond the technical composition of a photograph to appreciate its artistic value.

T • Jun 7 • 1-2:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

MRI Guided Focused Ultrasound

Aw **NEW** Come learn about the exciting new technology advancement in the field of neurosurgery. MRI guided focused ultrasound is an incisionless treatment option for individuals with Essential Tremor or Tremor-Dominant Parkinson's disease

T • Jun 7 • 3:30-5pm • \$20/Silver
Leaders: Dr. Singh Sahni, Deborah Burley

Stock Market Volatility in Perspective During COVID

NEW Covid-19 was first formally recognized in the United States on December 31, 2019. How has the United States stock market performed since then, with all the significant disruptions Covid has caused? How has our economy (and society) changed during these volatile times, and is some of this change permanent? What are possible 'lessons learned' for long-term investors?

W • Jun 8 • 10-12pm • \$20/Silver
Leader: John Mahone

Social Security and Estate Planning

Aw **BACK BY POPULAR DEMAND** An overview of Social Security (including eligibility, filing and benefits), the estate planning landscape, and the Secure Act, new legislation that affects retirement planning and estate planning.

W • Jun 8, 15, 22 • 1-2pm • \$40/Silver
Leaders: James Schreiber, Shelley White

Cornerstone Contributions: Opening the Boxes Under the Lee Monument

NEW **z** Would you like to find out what happened AFTER the containers found under Lee were opened? Kate Ridgway, State Archaeological Conservator for the Department of Historic Resources, talks about the efforts to preserve artifacts removed from the Lee Monument, including preparing for the day they were found through the current preservation efforts and how these efforts helped inform the removal of the cornerstone boxes under other monuments on Monument Avenue.

R • Jun 9 • 10-11:30am • \$20/Silver
Leader: Kate Ridgway



The UR Help Desk: All You Need to Know

Ri **Bo** **BACK BY POPULAR DEMAND** **z** The UR Computer/Technology Help Desk is available to Osher members, but do you really know what services it provides? Join this session to find out how to take full advantage of this great benefit of Osher membership.

R • Jun 9 • 1-2:30pm • Free to Members
Leader: Scott Tilghman

Ancient Greek Sculpture: Art, Culture, Politics, and Man

NEW **z** This online course offers a journey into the fascinating developments in Greek sculpture from ca. 1200 BCE to ca. 30 BCE. Participants will have a unique chance to learn the about the very beginnings of art as it developed in Greece and then spread and evolved over the centuries. Our learning journey begins with the earliest images of man, presented first as geometric forms and becoming ever-more naturalistic.

F • Jun 10, 17, 24, Jul 1 • 12-1:15pm • \$60/Silver
Leader: Debra Israel

2022 UR Osher Institute Leadership Council

The Osher Institute depends on its members to assist with many aspects of the institute. Members of our 2022 Council include:

Christine Campbell, Chair
cmcampbell903@gmail.com

Becky Hudson, Vice Chair
edraywva@gmail.com

Colleen Anders, Past Chair
anders1036@comcast.net

John Bailey **Laura Soles**
Kathy Barley **Alice Waagen**
Janice Jones **Anne Wescott**
John Mahone

If you are interested and willing, Osher would welcome your help.

Project teams include Curriculum, Marketing, and Member Connections. Volunteering opportunities within Osher and throughout the University are numerous.

For more information, please contact the Osher office at osher@richmond.edu.

Medicare Education 101

Aw **BACK BY POPULAR DEMAND**
This class provides an overview of the various pieces of Medicare, including Parts A and B, supplements, drug cards, and Medicare Advantage plans. Eligibility, timing, and enrollment in the various parts of Medicare are covered.

M • Jun 13 • 10-11:30am • \$20/Silver
Leader: Chris Lynch



The Great Stink of 1858 and Today's Sewerage Systems

NEW Queen Victoria, Dickens, Disraeli, Gladstone, and Faraday all complained about the stench, thus providing impetus for modern sewerage systems including those in Richmond and Henrico. London in 1860s and 70s was transformed with river embankments and a huge new sewer system showing how decent public health could enable modern cities to thrive.

M • Jun 13 • 1-2pm • \$20/Silver
Leader: Tony Pelling

Come . . . and BeMoved®!

Aw Ri Learn about the long-term health benefits of just moving! Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment.

M • Jun 13, 27, Jul 11, 18, 25, Aug 1, 8
• 5:30-6:30pm • \$60/Gold/Silver
Leader: Myra Daleng

Creating a National Park to Commemorate Julius Rosenwald and Rosenwald Schools

NEW Z Julius Rosenwald, the son of German Jewish immigrants, helped make Sears Roebuck the retailing powerhouse of the early twentieth century, and then used his wealth to become an inspiring philanthropist. He helped build nearly 5,000 Rosenwald Schools that educated one-third of Southern African Americans during the Jim Crow era. Learn about the life and legacy of Rosenwald and the Campaign to create a National Park to commemorate him and the Rosenwald Schools.

T • Jun 14 • 10-11:30am • \$20/Silver
Leader: Dorothy Canter

Latino Art

NEW Z The lives of Latino artists provide insights into the context of their works. Learn about the diverse body of artwork created by artists of Hispanic heritage and the historical, social, and cultural events, as well as life experiences, that inspired their work. All art presented in this session is part of the Smithsonian American Art Museum collection.

T • Jun 14 • 1-2:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

How 1968 Changed Baseball (Along With Most Everything Else)

NEW 1968 was a year of political unrest and societal upheaval. Major League Baseball, then still considered the 'National Pastime,' was not immune from the turmoil. We will profile some of that year's great players and performances. Dominated by pitchers such as Bob Gibson and Denny McLain, 1968 is still known as 'the Year of the Pitcher,' resulting in permanent changes to the game. Richmond 'Silver Squirrels' ticket holders can make it a 'double-header' on Tuesday June 21st by attending the Squirrels' game following that afternoon's class.

T • Jun 14, 21 • 3:30-5:15pm • \$40/Silver
Leader: Thomas Cox

Nuclear Fusion - Power for the Future?

NEW Will nuclear fusion be the ultimate solution to providing a source of environmentally benign, sustainable energy? This lecture explores the science and engineering of nuclear fusion. Topics include an explanation of the fusion process, the engineering means of producing fusion, the present state of fusion research, proposed future designs of fusion power plants, thermonuclear weapons, cold fusion, and the standard solar model.

W • Jun 15 • 10-12pm • \$20/Silver
Leader: James Miller

Live Edge: From a Tree to a Table

NEW Are you drawn to finely crafted wood furniture? This class will take you on a creative journey to understand how it is made. Follow a master woodworker from a tree in the forest, to a local sawmill, to designing, making and finishing a custom-designed hardwood table. This is not a hands-on course, but participants

will have the option of receiving instructions and material to make a charcuterie board on their own time.

T • Jun 21, 28 • 11-12pm • \$25/Gold/Silver
Leader: Craig DeBussey

Only Hope: My Mother and the Holocaust Brought to Light

NEW, BOOK TALK **Z** Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps. These powerful stories have been published by her son, Irving Lubliner. He will share excerpts from 'Only Hope: A Survivor's Stories of the Holocaust,' shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions.

T • Jun 21 • 1-2:30pm • \$20/Silver
Leader: Irving Lubliner

How to Leverage Technology to Help with IADLs (Instrumental Activities of Daily Living)

Aw **NEW** Know how to use various apps on your phone, various websites, and other devices to help you with your Instrumental Activities of Daily Living? Ever used Uber for transportation, Amazon for supply delivery, or Instacart for grocery shopping? Learn great tips from a certified care manager and an occupational therapist.

W • Jun 22 • 10-12pm • \$20/Silver
Leaders: Colleen Dennis, Juli Dzemyan

Purchased & Possessed: Slavery in the John Marshall House

NEW Let's examine the lives and labors of those the Chief Justice enslaved on his Richmond property from 1790 to 1835, such as Henry, Robin, and Agnes, among others.

W • Jun 22 • 3-4pm • \$20/Silver
Leaders: Meika Downey, Emma Clark

Defending the Worst President

NEW **Z** James Buchanan has been consistently ranked as America's worst President over the last 150 years. He was also our only President to remain unmarried. Could there be a compelling link between these two facts?

R • Jun 23 • 10-11:30am • \$20/Silver
Leader: John Musgrove

Is it OK to say 'Queer'? A Dialogue and an Update on LGBTQ Terminology

Aw Ri Bo **NEW** It's important to stay up to date! The world is constantly changing and so is terminology and language in the LGBTQ+ community! Join this session to explore the evolution of language within the LGBTQ+ community. Let's learn and contribute to a culture of inclusiveness.

R • Jun 23, 30 • 1-2pm • Free to Members
Leaders: Glyn Hughes, Jaide Hinds-Clarke

Extreme Weather and the New Normal

Ri Bo **NEW** Let's discuss the impact of climate change on extreme weather events in the United States and consider how to cope, adapt, and mitigate its worst impacts.

M • Jun 27 • 10-12pm • Free to Members
Leader: David Kitchen

Social Media Primer

Aw Ri Bo **NEW** Yik Yak is back? Wait, I thought that was TikTok. So the Ukrainian president Zelenskyy uses Telegram? I thought that was WhatsApp. Where did Twitter go, and why isn't anyone posting on Facebook anymore? Oh, wait, **we** still post to Facebook. The social media universe expands and contracts, and we're left trying to figure out how to see pictures of the grand-cats and grand-dogs. Join us for a primer on social media platforms, origins, demographics and possible futures.

M • Jun 27 • 1-3pm • Free to Members
Leader: Daniel Hocutt

UR Campus Walk, Including the Eco-Corridor

Aw Ri Bo **NEW** Take a walking tour of the UR campus, this time focusing on the Eco-Corridor. UR's Director of Sustainability will be joining us to provide the background and details.

T • Jun 28 • 1-3pm • Free to Members
Leaders: Marshall Ervine, Robert Andrejewski

Wine's Complex Journey from Grape to Glass

BACK BY POPULAR DEMAND Alcohol remains among the most heavily regulated consumer products in the US, governed by laws passed after Prohibition. Learn all that happens just to get a favorite wine into your glass.

W • Jun 29 • 10-12pm • \$20/Silver
Leader: Terri Cofer Beirne

Shakespeare and Law

NEW Shakespeare wrote his plays knowing that lawyers were often in the audience. In fact, two-thirds of Shakespeare's plays contain legal references or trial scenes. His plays have had a significant influence over American judges: a review of the history of legal decisions in the United States reveals that over 800 judicial opinions reference Shakespeare. This course will take a fun look at Shakespeare's legal acumen and influence on American jurisprudence. No previous Shakespeare or legal knowledge is necessary.

R • Jun 30 • 10-12pm • \$20/Silver
Leader: Jay O. Millman

JULY

How the United States Created Canada

NEW **Z** Did you ever wonder why visiting Canada looks familiar but feels different? It's because Canada is not America, and Americans made it that way. The American struggle for independence and its subsequent drive of Manifest Destiny had profound impacts on the nation that would become Canada. These impacts go deeper than 'eh!' or the exchange on the dollar: they create misunderstanding and dysfunction between cousins.

T • Jul 5 • 10-12pm • \$20/Silver
Leader: Bud (Alan) Taylor

Saving for Education with Invest529

Aw **NEW** **Z** For more than twenty years, Virginia529 has helped millions of families plan and save for future college expenses. Now, its tax-advantaged 529 savings programs can help you save for all future higher education expenses, K-12 tuition at private and religious schools, student loan repayment, and more. Join this session to learn a variety of ways to achieve your higher education savings goals with Invest529.

R • Jul 7 • 10-11am • \$20/Silver
Leader: Brittany Bullock

Interested in Teaching for the Osher Institute?

If you've thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor **Bill Bailey** can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

Those Plucky Women of WWII

NEW, BOOK TALK **Z** Few believed they could do it. During World War II, 350,000 American women joined the Army, Navy, Coast Guard, Army Air Corps, and Marines. Many people disapproved of women in uniform, but the women persevered. Kayleen Reusser, author of



books on World War II, has compiled stories from interviews with women who served. From flying military aircraft to nursing wounded men in France, these women responded during their country's time of need and helped to win the war.

R • Jul 7 • 1-2pm • \$20/Silver
Leader: Kayleen Reusser

Cool Flicks: More of the Greatest Comedies

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This summer we will watch and discuss these classics: 'The Shop Around the Corner' (1940) with James Stewart, 'Platinum Blonde' (1931) with Jean Harlow, and 'Double Wedding' (1937) with William Powell and Myrna Loy.

F • Jul 8, 15, 22 • 10-12pm • \$60/Silver
Leader: Dan Begley

Ancient Mesoamerican Civilizations - Part I

NEW Let's switch from Old World Empires to nearby Mesoamerica in Central America. Here, 4,000 years ago hunter-gatherers formed complex civilizations. Explore their rise/fall, ruins, artifacts, art. Ancient Olmecs, Teotihuacan, Zapotec and Maya civilizations led to today's cultural mosaic. Consider Maya writing, architecture, math, astronomy, calendars. Discuss the major impact of the Spanish Conquest.

M • Jul 11, 18, 25 • 1-3pm • \$60/Silver
Leader: Ernest Fornaris

Apple iPad Essentials

NEW **Z** Learn how to navigate the iPad, customize settings, and use popular apps. Apps to be covered include the App Store, Calendar, Contacts, Kindle, Netflix, Notes, Photos, Reminders, Safari, and YouTube. An iPad updated to the latest version of iPadOS is recommended for this class.

T/R • Jul 12, 14, 19, 21 • 9-11am • \$60/Silver
Leader: West Cobb

Har! Har! Noir

NEW Film Noir, with its dark view of human existence, has inspired many cinematic spoofs. We will view three of the funniest on consecutive afternoons: 'To Die For,' starring Nicole Kidman; 'The Big Lebowski,' starring Jeff Bridges; and 'The Naked Gun,' starring Leslie Nielsen. You needn't have taken L.A. Noir last fall to enjoy this class, but if you liked that course, you should love this one.

T/W/R • Jul 12, 13, 14 • 1-4pm • \$60/Silver
Leader: Peter Begans

UR Campus Walk

Aw Ri Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide.

W • Jul 13 • 10-12pm • Free to Members
Leader: Marshall Irvine

From Small Data to Big Data (and Back Again)

NEW This lesson will open with a discussion of what is big data and how small data is still needed for decision-making and storytelling. The lesson will continue through different types of analytics (data science) principles, and the importance of data sharing within organizations.

M • Jul 18 • 10-12pm • \$20/Silver
Leader: Joseph Wilck

Chain Maille: Crazy Byzantine Bracelet

NEW The Crazy Byzantine Bracelet is a wonderful combination of chain maille with pearls trapped within a cage of rings. We will be creating this bracelet with sterling silver and Swarovski pearls: you'll be taught how to properly link sterling silver jump-rings so the pearls stay in place. The instructor will provide all materials and tools, while participants bring good eyesight, patience and enthusiasm!

T • Jul 19, 26 • 1-3pm • \$70/Gold/Silver
Leader: Celeste Miller

How Music and Culture Changed Everything from 1967 to 1969

NEW Buffalo Springfield sang, 'There's something happening here,' and instructor Murray Ellison will attempt to make it perfectly clear by highlighting and discussing the major historical events, cultural shifts, literary highlights, and groundbreaking musical trends that began with the 1967 Summer of Love in San Francisco and ended in the Summer of 1969 at the Woodstock Music and Arts Festival.

W • Jul 20, 27, Aug 3 • 10-12pm • \$60/Silver
Leader: Murray Ellison

Crossing the Atlantic Ocean in a Rowboat

NEW Z The Talisker Whisky Atlantic Challenge is an annual rowing race from the Canary Islands to Antigua, a distance of 3000 miles. The competition features around 30 teams, racing for up to 60 days. Richmond-born Isaac Mackey, who finished the 2021 race as a member of the Pacific Boys team, will guide us through his team's formation all the way to post-race take-aways. The presentation will feature video from the race, followed by a Q&A session.

W • Jul 20 • 1-2:30pm • \$20/Silver
Leader: Isaac Mackey

Athena Militant - The Importance of 19th Century Female Military Organizations

NEW Z When women were allowed to enlist in the US military in 1917, the decision was universally lauded. Such an undertaking would have met a different response in 1870. Somehow, in the intervening years, public attitudes shifted. The story of how America came to view women's military capabilities differently is the subject of this course. These long-forgotten female military organizations were critical to overcoming the last barrier to universal suffrage.

W • Jul 20 • 3-4:30pm • \$20/Silver
Leader: Gary Mitchell

Explore China: A Look at Asian Women's Bare Necessities

NEW Z The purpose of clothing was not just for protection and hiding one's body. Clothing also represented differences in social status, aesthetics, and culture. Part of the lecture will focus on three important Chinese dynasties. You will also learn about the clothing worn in Bali, Japan, Viet Nam, by Singapore's Peranakans, and in Hill Tribes

R • Jul 21 • 1-3pm • \$20/Silver
Leader: Donna Callery

Understanding Grief: Prescription for Your Broken Heart

Aw **NEW** Grief is one of the most misunderstood growth processes, and it can allow space for myths to spread. People say you have to move on in your life, but they don't tell you how. This session will leave you with a broader understanding of grief, life events that may trigger the emotions of



The Osher Institute Special Interest Groups

Osher Institute Special Interest Groups are formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Please note that some special interest groups take summers off, but you're welcome to sign up and get on their mailing lists now.

- Biking** John Bander, johnabander@icloud.com
- Bridge** Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402
- Contemporary Issues** Bill Pawelski, wjpinva@gmail.com
- Great Conversations** Vera Mulherin, paxvera@netscape.com
- Hikers** Lex Bailey, alexander.neale.bailey@gmail.com
- Historically Speaking** Louis Cei, ceilb2@aol.com
- Investments** Brian McNeil, mcneilfb@verizon.net
- Literary Dreamers** Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com
- Memoir Writing** Karen Mizrach, krmizrach@gmail.com
Two groups, both of which are full at this time.
- Mystery Lovers** Nancy Newins, nnewins@verizon.net
- Photography** Peter Blankman, pblankman@gmail.com
- Theatre Lovers** Janice Jones, jlynn50@aol.com and Anne Wescott, Anne.Wescott@comcast.net
- Travel** Celeste Miller, OSHERtravel@gmail.com
- Women's Basketball** John Festa, johnfesta@comcast.net

grief, grief myths, and how to make space to grieve effectively.

M • Jul 25 • 10-12pm • \$20/Silver
Leader: Lina Lassiter

What to Expect as You Plan for Long Term Care

Aw **NEW** We will use Genworth's cost of care survey to educate on the price points of different care options in RVA. We will show how to

research residential care options, what to ask on tours, and what to expect during your stay (therapy, nursing, billing). We will also share details of a typical LTC insurance claims process.

T • Jul 26 • 10-12pm • \$20/Silver
Leaders: Cary Scharf, Patrick Gantz, Jenny Morris, Shawn Hicks

Judith and Holofernes

NEW **Z** The biblical (apocryphal) story of Judith and Holofernes has been depicted in art throughout history. We will compare and contrast two paintings, composed by two different artists. Both artists chose to depict the same particular incident in this story, the most gruesome moment: the beheading of Holofernes.

W • Jul 27 • 1-2:30pm • \$20/Silver
Leader: Juana Levi

Gershwin at the Keyboard

NEW **Z** Who doesn't love Gershwin tunes? Let's enjoy hearing (and maybe even singing along with) our favorite show tunes. Alan will also include 'Three Preludes' and 'Rhapsody in Blue.'

R • Jul 28 • 10-12pm • \$20/Silver
Leader: Alan Pollack

Beyond the Bounty

Ri Bo **BACK BY POPULAR DEMAND** If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

R • Jul 28 • 1-2:30pm • Free to Members
Leader: Carol Wittig

Capitalism, Democracy and Animal Spirits

BACK BY POPULAR DEMAND **Z** The course will look at these two complementary and imperfect systems from an economic perspective.

F • Jul 29, Aug 5, 12 • 10-12pm • \$60/Silver
Leader: David Frimpter

AUGUST

Life Is Short: Write A Book

NEW This class is a follow-up to the previous class, Life Is Short: Write. In this new offering, local word tinkerer, Bill Pike, will walk through the collaborative process he used to develop and write four books. A point of focus will be his latest book: 'Schoology: Heart Talk For School Boards.'

M • Aug 1 • 10-11:30am • \$20/Silver
Leader: Bill Pike

Greenswell Growers

NEW, DRIVE-TO EVENT Come take a tour of this new facility in Goochland County. It's an easy drive to view this fascinating greenhouse. Greenswell Growers pairs safe and sustainable growing and packaging methods with a commitment to the community and the planet. This large-scale indoor growing facility provides ready-to-eat, locally grown, and fresh greens 365 days a year.

T • Aug 2 • 10:30-12pm • \$20/Silver
Leader: Carl Gupton

Fighting Fire with . . . Sanctions

NEW **Ri** In response to Russia's invasion of Ukraine on February 24, the U.S. and Europe imposed increasingly stringent economic sanctions on Russia. These sanctions targeted individuals, banks, imports, investment, and even the Central Bank of Russia. We will study the impact of these sanctions on both the Russian economy and the global economy.

W • Aug 3 • 1-3pm • \$20/Silver
Leader: Maia Linask

Walking the Ward

NEW, DRIVE-TO EVENT Take this 20-stop walking tour of Historic Jackson Ward in the downtown section of Richmond. Tours include historic educational, economic, religious, and social institutions that inspired the name, 'Black Wall Street,' and 'The Harlem of the South,' and reflect the Ward's culturally historic past. Good walking shoes and water bottles are recommended.

R • Aug 4 • 1-2:30pm • \$20/Silver
Leader: Gary Flowers



Why does our Osher Institute Fundraise?



Joining its host school (The School of Professional & Continuing Studies) and the larger University, the Osher Institute enthusiastically participated in the university-wide **UR Here Campaign** held on April 6 and 7, 2022. Many thanks to all Osher members and friends who included Osher in their campaign gifts.

Our Osher Institute has concentrated on fundraising the past six years under the support and guidance of the Osher Foundation. The Foundation encourages a culture of giving to ensure lifelong learning opportunities and programming can remain vibrant and strong, even when times are economically difficult. Dollars raised have allowed Osher to bring in high quality speakers from outside the Richmond area, as well as build up financial reserves equivalent to half a year's operating budget, a safety net we were missing prior to our Capacity Building grant years.

If you'd like to participate in Osher's fundraising efforts, please reach out to **Amy Edwards** (aedwards@richmond.edu). Remember, all gifts, of all amounts, made any time of the year, are appreciated and count towards our fundraising dollar and participation goals.

P.S. Looking for a way to maximize your gift and perhaps create tax savings for you? Consider a Qualified Charitable Distribution from your traditional IRA.



Osher Fundraising

120% of our dollar goal

156% of our participation goal



Osher Institute — Donor Honor Roll 2021

Thank you to the 264 Osher members from 202 Osher households who contributed \$33,245 to the Osher 2021 Fund Campaigns. This gift generosity and participation represent 20.9% over our dollar goal, and 56% over our participation goal. We are grateful.

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- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Access to UR Technology Learning Center (TLC) for preparing presentations - (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
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Margaret "Peggy" Watson, Director, W'76
margaret.watson@richmond.edu
804-287-6344

Nell Smith, Program Coordinator
nsmith3@richmond.edu
804-287-6608

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
ctaylor6@richmond.edu



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