



OSHER

AT THE UNIVERSITY OF RICHMOND

SPRING 2022



Let's Flourish!



UNIVERSITY OF RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 125 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.

From languishing to flourishing. We're in this together!

You've read all the pandemic news and learned all the new buzzwords and phrases. At the beginning, we 'sheltered at home' and 'practiced social distancing.' Then, we 'pivoted' to online options for almost everything, including family visits and learning. We sadly learned the new meaning for 'long haulers,' and more recently we've experienced 2021's version of supply chain shortages.

Psychologists have noted that the pandemic has left us 'languishing,' in a 'prolonged limbo.' We are neither happy nor depressed. Meh.

It is true that we've had silver linings – participating in more outdoor activities, learning technologies we didn't know we needed, and creating meaningful ways to contribute and stay engaged. A perfect example is *Women's Spider Basketball Has Arrived*, a multifaceted new course that mixed learning about collegiate women's basketball history with attending a full practice with players and coaches, and then cheering on the team at a home game. And yet, we still find ourselves worrying about being mask-less in public places and being in crowds.

Here at the Osher Institute, we are right there with you! We're figuring out where we are, where you want us to be, and what we can do to move forward. It's all about that new normal or working our way to whatever that is. Are we working remotely or in the office – or is there some happy blend of the two? Do you want to continue zooming Osher classes, or are you more than ready to return to in-person courses on campus with your Osher colleagues – or is there a happy blend of both? Thankfully, concrete answers to all of these questions are not mandatory right now. We can continue to figure this out by offering some in-person classes, some online ones, and even a few hybrid ones with students in person and online at the same time.

What we do know is that we all want to move from languishing to flourishing – a feeling of contentment and a realization that our lives have purpose and meaning. We're missing those wonderfully satisfying, happy ah-ha moments where we stop in our tracks and say, 'wow, this is really great.'

Your Osher staff has felt this with the simple act of returning to the office and having you stop by to visit, pick up a parking decal, or ask a question. It feels like old times, and it makes us smile and warms our hearts. This is why we love what we do! YOU give us purpose.

We believe that our mission is to keep you engaged mentally, socially, and physically through the courses and events we offer and through the activities of our Osher Special Interest Groups. We hope every individual Osher class allows you to grow and learn, even in small ways. We hope our social events encourage you to take a small step virtually or in person to meet new people or reengage with pre-Covid acquaintances.

Languishing? Meh? NAH! Together let's move forward to reconnect, study and learn, and keep our brains sharp. Let's flourish!



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This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email margaret.watson@richmond.edu.

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.



Where do I start?

Online Registration

- Log in to the online registration portal. Visit osher.richmond.edu/schedule, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **December 6**. Register starting **December 14**.
- Register for up to 10 classes in any one transaction. **Check out and pay** as needed. You may process as many transactions of up to 10 classes as you wish.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

- You’ll receive a **Zoom link** via email the day before class.
 - Please don’t share this access link with others. It’s **exclusive to Osher** members.
 - If a class is recorded, you’ll be **notified**.
- Log in 5-10 minutes early using a device with a **camera, microphone, and speaker**.
 - Install Zoom on your device well before your session. Visit zoom.us/download.
 - For optimal experience, use a **large tablet or computer**.
 - Use your **first and last name** as your screen name for attendance verification.
- Follow class host and **instructor preferences** for participation.

For In-person Classes

- In-person classes have **limited seats available** and may fill up this spring.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
 - Osher staffers manage the **waitlists** all semester. There’s always a good chance that you’ll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You’ll receive an **email** prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
 - Contact Osher staff to obtain your UR ID number.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create other IDs.
- Your **Net ID** is used to access University-hosted resources.
 - Go to webpass.richmond.edu. Requires **UR ID** and birthdate to create.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to osher.richmond.edu/schedule, then Online Registration Portal, to access.
 - May require **UR ID** for one-time setup.
 - Create password and username of your choice.
 - Note: This is not connected to your **Net ID**.

Zoom vs. In-Person Classes: Mark Your Calendars Well

As we move gradually out of the pandemic, our Osher Institute class offerings are changing. Our Fall 2021 Planning Survey told us that you like online classes, and some of you even prefer them, given your location, as well as your ability to drive, park, and walk to classrooms. That said, we realize that the majority do love in-person, on-campus classes.

We have heard you: we are continuing to offer both! This means that you will need to mark your calendars well. We have denoted every Zoom class clearly in the print and online catalogs, but you'll want to make that same distinction in your personal schedule.

Another hint: Just in case the Zoom vs. in-person classes do get mixed up, why not always bring your laptop, tablet, or cell phone when you come to campus? That way, if a class is remote but you are on campus, you can always find a quiet spot and zoom into your online class.

JANUARY

Apple iPhone Essentials

Aw **UPDATED** **Z** This course will cover the notable changes in iOS 15 and new iPhones released in September 2021. Also covered will be security and other key settings; how to find, install, organize, and delete apps; and use of the Camera, Photos, Messages, Safari, and Phone apps. An iPhone updated to iOS 15 is recommended for this class.

T/R • Jan 4, 6, 11, 13, 18 • 9:30-11:30am • \$60/Silver
Leader: West Cobb

Songs of the 60s: The Poetry of Our Generation

NEW **Z** Let's take a look at the songs written by some songwriter-poets of the 60s. We will analyze the lyrics for their poetic techniques and messages. The artists chosen for this class are Leonard Cohen, Joni Mitchell, Paul Simon, Sam Cooke, and Bob Dylan.

T/R • Jan 4, 6, 11, 13 • 1-2:30pm • \$60/Silver
Leader: Linda MacCleave

Completing the Constitution: Ratification and the Bill of Rights

NEW **Z** This course continues the story of how our Constitution came into existence. We will examine the events that ensued immediately after the conclusion of the Constitutional Convention of 1787. In particular, we will discuss the nationwide debates regarding the ratification of the Constitution that took place in 1787 and 1788. And we will see how these debates formed the genesis of our Bill of Rights.

T • Jan 18, 25, Feb 1, 8, 15 • 1-2:15pm • \$60/Silver
Leader: Michael Kerley

Let's Talk Parks: Touring the Maggie Walker National Historic Site

Bo **NEW** **Z** Join us for a virtual tour of the Maggie L. Walker National Historic Site in downtown Richmond. A National Park Service ranger will lead the tour, which is the next offering in the Osher Travel Interest Group's series, 'Let's Talk Parks.' Following the virtual tour, there will be a facilitated sharing of participants' questions and tips about National Parks they are hoping to visit or have visited. Come join the fun!

W • Jan 19 • 10-12pm • Free to Members
Leaders: Bill Hafker, Ajena Rogers

Osher Member Orientation

Bo **Z** Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

W • Jan 19 • 1-2:30pm • Free to Members
Leader: Osher Membership Team

Understanding Jesus' Parables

NEW **Z** Historians believe that Jesus' parables are the key to understanding the original Jesus. This course will examine how scholars in the last hundred years have revolutionized our understanding of Jesus' parables: their method, function, and message.

R • Jan 20, 27, Feb 3 • 10-11am • \$40/Silver
Leader: Ryan Ahlgrim

The Life and Selected Works of Salvador Dalí

NEW **Z** Salvador Dalí is one of the best-known and controversial artists of the 20th Century. When he died in 1989, at the age of 84, his personality had become as well-known as his paintings.

R • Jan 20, 27, Feb 3, 10, 17, 24 • 1-2:30pm • \$60/Silver
Leader: Juana Levi

Bounty of Boatwright

Ri **Bo** **Z** At this session, you'll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

F • Jan 21 • 10-11:30am • Free to Members
Leader: Carol Wittig

Hidden Treasures: An Introduction to Boatwright Library's Distinctive Collections

Ri **Bo** **Z** Boatwright Library is current undergoing construction, part of which will be a newly redesigned floor showcasing the Galvin Rare Book Room, Special Collections, and Book Arts. This class will introduce the general collections, highlight some special materials and areas of interest, and preview the upcoming new areas.

F • Jan 21 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek

Verdura: Legendary Jewels and the People Who Wear Them

NEW **Z** Fulco di Verdura, a Sicilian Duke, will forever be associated with Coco Chanel, Cole Porter, Greta Garbo, Babe Paley, Tallulah Bankhead and scores of legendary 20th century women who preferred style over status. Verdura's women of style will be profiled, as well as the enduring mark his work has left on modern fine jewelry design.

M • Jan 24 • 10-11:30am • \$20/Silver
Leader: James Haag

Early American Art

REVISED **Z** Using Smithsonian American Art Museum artworks, this session will explore America from its earliest days as a British colony to its birth as a new nation.

M • Jan 24 • 12-1:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Come . . . and BeMoved®!

Ri **Aw** Learn about the long-term health benefits of just moving! Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment.

M • Jan 24, 31, Feb 7, 28, Mar 7, 21, 28, Apr 11, 18, 25, May 2, 9 • 5:30-6:30pm • \$110/Gold/Silver/UR
Leader: Myra Daleng

The Silver Tsunami: The Power of the Boomer Generation

Aw **NEW** **Z** This country is about to be hit by the 'Silver Tsunami.' With 11,000 Baby Boomers turning 65 every day, by 2030 the number of seniors in the US is going to outnumber children for the first time in history. This class will inform and discuss both the challenges and opportunities that are arising from the Silver Tsunami.

T • Jan 25 • 10-11:30am • \$20/Silver
Leader: Paige Wilson

Ginter-Arents Philanthropic Legacy: 100 Years as Richmond Benefactors

NEW **Z** Lewis Ginter invested large sums of his tobacco company fortune in rebuilding Richmond after the Civil War. His niece continued his legacy, surpassing his achievements in breadth and quantity.

W • Jan 26 • 10-11:30am • \$20/Silver
Leader: John Musgrove

Telling America's Stories Through Art: The New Nation

REVISED **Z** Artists depict the cultural, social and political climate of their times. How can their artworks enrich our understanding of American history? Using Smithsonian American Art Museum artworks, this session will explore the forces that influences the emerging American identity: the great expanse of western frontier, the growth of the agricultural economy, and the rise of industry.

W • Jan 26 • 12-1:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Brain Power Hour

Aw **UPDATED** **Z** Brain Power Hour aims to increase cognitive stimulation through education, brain games, and social activities. Just as physical exercise can help you keep your body strong, mental exercise can help your brain to work better and lower your risk of mental decline. Join this course for a fun and interactive way to flex your mental muscles.

R • Jan 27, Feb 3, 10 • 3-4pm • \$40/Silver
Leader: Rachel Lawson

A Zooman's Expeditions

UPDATED **Z** The former Curator of Mammals at the San Diego Zoo will share highlights of his animal expeditions.

F • Jan 28, Feb 4, 11 • 10-11:30am • \$60/Silver
Leader: Mark Rich

FEBRUARY

Telling America's Stories Through Art: The Civil War

REVISED **Z** The American Civil War began primarily as a result of the long-standing controversy over the enslavement of black people. Using artworks from the Smithsonian American Art Museum, this session explores how artists depicted the impact of the Civil War on American lives.

T • Feb 1 • 3-4:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Experience 'The Joy Luck Club' by Amy Tan

NEW **Z** Let's roar into the Year of the Tiger during the first week of the Chinese Lunar Year by discussing 'The Joy Luck Club,' the most loved and acclaimed novel by Amy Tan. Her book highlights both the cultural issues and the celebrations of life by four women in 1940s China, and their interactions with their American-born daughters. It is recommended that participants read the book and see the film before the class.

W • Feb 2, 9 • 10-12pm • \$40/Silver
Leader: Murray Ellison

Great Decisions 2022

UPDATED, HYBRID Designed by the Foreign Policy Association (FPA) and facilitated at the grassroots level, the Great Decisions program highlights eight thought-provoking foreign policy challenges facing Americans each year. The 2022 Great Decisions videos and briefing book serve as the focal material for the class. It is strongly recommended that students purchase the briefing book and read the relevant topic before each class. To purchase the briefing book visit <http://www.fpa.org>. **NOTE: You must also register for one sub-session: in person or remote.**

W • Feb 2, 9, 16, 23, Mar 2, 9, 16, 23, 30 • 1-3pm • \$60/Silver
Leaders: Rob Hafker, Wayne Boese, David Frimpter, Steve Hamilton

Spiders Women's Basketball Game



Ri Come join the fun and watch a women's basketball game in the Robins Center. The women will be taking on VCU at 6pm in the Robins Center.

W • Feb 2 • 6-8pm • Free to Members
Leader: UR Athletics Department



Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Nell Smith at nsmith3@richmond.edu for registration procedures.

Irby B. Brown Lecture: The US and China in a Changing World: Problems and Prospects

Ri Se Z While the world struggles to grapple with the effects of the COVID-19 pandemic, economic dislocation, and climate change, the US and China appear to be locked in a zero-sum contest over Asian security, economic prowess, innovative technology and talent, leadership on the global stage, ideology, human rights and more. Join us as we explore US relations with China, the problems they present and the prospects for future progress.

R • Feb 3 • 10-11:30am • Free and Open to the Public
Leader: Susan Ashton Thornton



Fairy Tales and Fables from the Galvin Rare Book Room

Ri Bo Z The stories from our childhood take us to places where dragons are real and dreams were magical transformations of the impossible. In this course, we will explore some of the storytelling literature from the Galvin Rare Book Room's collections of historic children's literature.

F • Feb 4 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek

Supreme Court Decision-Making and Its Role in American Democracy

NEW Z The United States Supreme Court may be the least-understood part of the federal government. Its proceedings and deliberations are not shown on television, yet it deals with the most important political issues of the day. Like so much else in American political life, views of the court have become polarized. This course will look at how the Supreme Court decides cases, what its decisions mean (and don't mean), and what the future may hold for this institution.

M • Feb 7 • 10-12pm • \$20/Silver
Leader: Eric Rader

Going Greek Again: Cooking with Chef Mike Lampros

NEW Z Join Chef Mike as he walks you through creating a Greek Meze Platter with all the fixings. Then he'll tackle Pastitsio, which is often referred to as Greek Lasagne—and he'll work hard to convince you that it's better than lasagne! You'll enjoy the demonstration and will be easily tempted to try the recipes yourself.

T • Feb 8 • 10-12pm • \$20/Silver
Leader: Mike Lampros

Spring Severe Storms! A Practical Guide for Understanding Risk and Staying Safe

NEW Z Spring severe storm season is almost here. Jim Duncan explores the relationship between forecasting and communicating weather risk to enhance public safety, and will take you on an inside tour of how life-saving decisions are made by the National Weather Service and others.

R • Feb 10 • 10-12pm • \$20/Silver
Leader: Jim Duncan

Is America 'One Nation under God'?

Ri NEW Z America is now badly divided in many ways. Can we say that it is still one nation? If so, on what basis? Can and should a belief in God be the basis of that unity? But what does it mean to be 'under God'? Class one will address 'one nation,' and class two will address 'under God.'

M • Feb 14, 21 • 3-4pm • \$20/Silver
Leader: Ellis West

Capitalism, Government, Money, and the Future of the World: Part Two

NEW Last fall, we looked at the development of capitalism from its beginnings through the 20th Century. Now it's time to look at the 21st Century. Are recent events in accord with our earlier observations from history? Does the US have its act together, to be able to compete against an immensely powerful, ascendant China? What choices do we need to make, to ensure the most secure future for ourselves, and for future generations of Americans?

T/W • Feb 15, 16, 22, 23, Mar 1, 2, 8, 9 • 10-12pm • \$60/Silver
Leader: Mark Yourek

Folk Art

REVISED Z Great artists share a passionate will to create. Folk artists, not trained by formal art education, use imaginative materials and techniques to express powerful, inspirational works. We will explore the motivations and personal visions of these artists.

T • Feb 15 • 3-4:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

More to Life Than More

NEW, AUTHOR'S BOOK TALK Z At 87, Alan is publishing a book about how his loss became the catalyst for a nonprofit that has since touched thousands of young lives. He tells the story of his son's learning challenges, his grief after Lee's death, and finally his efforts to form a successful center to help children with learning disabilities. Alan will discuss becoming an entrepreneur, founding a nonprofit in retirement, and writing a book as an octogenarian.

R • Feb 17 • 10-11:30am • \$20/Silver
Leaders: Alan Pesky, Claudia Aulum

Voyages Real and Imaginary from the Galvin Rare Book Room

Ri Bo **Z** Using travel guides, ship's logs, and images of faraway places, come explore some of the many travel adventures that reside in the Galvin Rare Book Room. Join us as we travel from ancient Pompeii to the early United States, through the grand tours of Europe and into the South American landscapes. Adventures real and imagined come alive through the words and images left behind by those who journeyed before us.

F • Feb 18 • 1-2:30pm • Free to Members
 Leader: Lynda Kachurek

Spiders Women's Basketball Game



Ri Come join the fun and watch a women's basketball game in the Robins Center. The women will be taking on Rhode Island at 4:00pm in the Robins Center.

S • Feb 19 • 4-6pm • Free to Members
 Leader: UR Athletics Department

Capitalism in China: The Rise of a Global Giant

BACK BY POPULAR DEMAND Many Americans don't realize that capitalism is alive and well in 'communist' China. But China is now an overwhelmingly capitalist country, and emerging as a formidable rival to the US. How is China doing it? In this class we compare the US and Chinese models of capitalism and government, and the strengths and weaknesses of each.

T • Feb 22, March 1, 8 • 1-3pm • \$60/Silver
 Leader: Mark Yourek

The Hedgehog and the Fox: Reading Sir Isaiah Berlin's Essay on Tolstoy's View of History

NEW It was the 7th Century BC Greek lyric poet who coined the whimsical epigram 'the fox knows many small things while the hedgehog knows one big thing.' The British philosopher Isaiah Berlin resurrected this epigram in the 1950s when he embarked on a study of Leo Tolstoy's historical vision.

T • Feb 22, Mar 1, 8, 15 • 3:30-5pm • \$60/Silver
 Leader: Jack Kangas



The US and China in a Changing World: Problems and Prospects

THE IRBY B. BROWN OPENING LECTURE
 FEATURING **SUSAN ASHTON THORNTON**

Z While the world struggles to grapple with the effects of the COVID-19 pandemic, economic dislocation and climate change, the US and China appear to be locked in a zero-sum contest over Asian security, economic prowess, innovative technology and talent, leadership on the global stage, ideology, human rights and more. Can these two giants find a way to manage their differences so they can work together on pressing problems, or will changing power dynamics and mutual suspicions lead us down a path to confrontation and even conflict? Join us as we explore US relations with China, the problems they present and the prospects for future progress.

R • Feb 3 • 10-11:30am • Free to Members
 Leader: Susan Ashton Thornton

Zoom link to lecture: <https://richmond.edu/chinafest>

A High Schooler's Exploration of Holocaust Stories

Bo **NEW** High Schooler Abby Crowe's op-ed about interviewing a Holocaust survivor was published in the Richmond Times-Dispatch in September 2021. This experience has led her to explore more about the Holocaust. Hear her share the importance of learning about people different from oneself and the value of listening with an open mind. She will share her thoughts, and wants to hear yours, about spreading the message: 'more love, less hate.'

W • Feb 23 • 3:30-4:30pm • Free to Members
 Leader: Abby Crowe

Equal Exchange: An Alternative, Fair Trade Model

NEW **Z** What if food could be traded in a way that is honest and fair? Equal Exchange has built an alternative trade system in solidarity with small farmers and consumers. This system has helped small farmers gain a meaningful seat at the table while affording them more economic power, better lives, and healthier communities. We've proven that there is a viable alternative to the for-profit, winner-take-all system.

R • Feb 24 • 10-11:30am • \$20/Silver
 Leader: Susan Sklar

Cell Phone Photography for Travel and Adventure

Aw **BACK BY POPULAR DEMAND** The class is designed to enhance your cell phone photography while traveling. We will cover improving cell phone images regardless of brand or model, editing cell phone images and available features on the iPhone.

M • Feb 28, Mar 7 • 10-12pm • \$40/Silver
 Leader: Dan Walker

MARCH

Back to Bach's Keyboard Music for Two Hands

NEW **Z** Alan brings his combination of live piano performance and running commentary to Bach's solo keyboard music. Our focus will be on the extraordinary manner in which the composer balances the competing demands of brilliant virtuosity with pedagogical rigor. The program will include selections from his Inventions, Toccatas, Suites, and the Well-Tempered Clavier.

R • Mar 3, 10 • 10-11:30am • \$40/Silver
 Leader: Alan Pollack

Interested in Teaching for the Osher Institute?

If you've thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor **Bill Bailey** can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

Mindfulness Meditation, Journey to a Happier Healthier Life

Aw **BACK BY POPULAR DEMAND** This session will include all the reasons that making meditation a daily practice will improve your health, focus, and relationships.

R • Mar 3 • 1-2pm • \$20/Silver
Leader: Helen Landry

Book Discussion: Elie Wiesel's 'Night'

NEW The Holocaust was responsible for the death of more than six million people. It is impossible to really understand this number, but reading the words of a Holocaust survivor brings depth to our study of it. All participants will be asked to read 'Night' before the class begins and will also be asked to read selected excerpts during the class.

R • Mar 3, 10, 17, 24, 31 • 3:30-4:45pm
• \$60/Silver
Leader: Rena Berlin

World War II in the Air Over Europe (1939-1945)

NEW Z Much of World War II can be broken down into component parts. In this course, we will look at the impact of air operations on four of these parts: the German conquest of western Europe, the Battle of Britain, the allied reconquest of western Europe, and the allied strategic bombing campaign against Germany.

F • Mar 4, 11, 18 • 10-12pm • \$60/Silver
Leader: William Riffer

A Touch of Spring: Botanicals from the Archives

Ri Bo **NEW Z** Are you missing the beauty of summer flowers? Or feeling the need for a little touch of spring color? Come join us for a peek at the beautiful botanicals that live within the Galvin Rare Books and Special Collections. In this course, we'll explore some rare botanical collections, highlighted by the newly donated set of 19th Century engraved lilies from the renowned French botanical artist Pierre-Joseph Redouté.

F • Mar 4 • 1-2:30pm • Free to Members
Leader: Lynda Kachurek

UR Campus Walk

Ri Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide.

M • Mar 7 • 1:30-3:30pm • Free to members
Leader: Marshall Ervine

Osher Member Orientation

Ri Bo Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

R • Mar 10 • 1-2:30pm • Free to Members
Leader: Osher Membership Team

'The Metaphysical Thomas Jefferson': Compelling Messages for Today

NEW, AUTHOR'S BOOK TALK If you could talk with Thomas Jefferson, what questions would you ask? This class explores Mr. Jefferson's fascinating current views on government, foreign policy, religion, the military, race relations, slavery, Sally Hemmings, higher education, and other Founding Fathers, including 'song and dance man' Alexander Hamilton.

F • Mar 11 • 1-2:30pm • \$20/Silver
Leader: Suzanne Munson

Energy and Sustainability

NEW The course will explore available energy technologies, from fossil fuels and nuclear power through renewables such as hydropower, wind, and solar energy, with a focus toward achieving sustainability on the local, national and global scale. Topics will include energy carriers and energy storage, transmission and distribution, along with resource requirements, environmental impact, and economic evaluation of the various energy options.

M • Mar 14, 21, 28 • 10-12pm • \$60/Silver
Leader: James Miller

The Mighty Pen Project: Keeping Our Veterans' Stories Alive

NEW The Mighty Pen Project was founded in 2014 by bestselling writer, playwright, and philanthropist David L. Robbins. In partnership with the Virginia War Memorial, the Mighty Pen Project provides writing instruction and continuing writing support to those who have experienced our nation's military events either through service or as a supporter of the military.

M • Mar 14 • 1-3pm • \$20/Silver
Leader: David Robbins

School, The Courts, and the Right to an Education

NEW The US Constitution does not mention schools or education, yet some of the most important cases in American Constitutional history involve either access to public education or the respective rights of students, teachers, and parents. This course will examine some of the most significant court decisions and the legal and policy issues they address, and how courts have both recognized and limited the scope of constitutional rights of students and educators.

T • Mar 15, 22 • 10-12pm • \$40/Silver
Leader: Thomas Cox

Understanding Long Term Care Insurance

Aw **BACK BY POPULAR DEMAND** We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

W • Mar 16 • 10-12pm • \$20/Silver
Leader: Linda Tsironis Caruthers

Aging in Place

Aw **NEW** Let's discuss 'Aging in Place.' We will offer useful tips for making your home safe and accessible as you grow older right where you are living now.

R • Mar 17 • 10-12pm • \$20/Silver
Leaders: Diane Andrews, Martha Gilliam

The Impact of British Monarchs on Virginia 1607-2007

NEW This course will explore the political and historical relationship between British Monarchs (and their governments) and the citizens of Virginia. It will use the actions of monarchs from Elizabeth I to George III to focus on how the understanding of political rights changed up to and after the American Revolution.

R • Mar 17, 24, 31 • 1-3pm • \$60/Silver
Leader: H.E. 'Chip' Mann

Belle Isle History Hike

BACK BY POPULAR DEMAND, DRIVE TO EVENT Learn the unique story of Richmond's historical gem, Belle Isle, and the role it has played in our developing city over time. This class will include a two-mile hike over flat terrain with loose gravel.

F • Mar 18 • 1:30-3:30pm • \$20/Silver
Leaders: Bryce Wilk, Tyler Twyford

Bach and His Friends and Successors

Ri **NEW** Let's talk Bach! We will discuss the influential works by J. S. Bach and those whom he directly influenced during his lifetime. We will also learn about the Rudolf von Beckerath two-manual tracker organ in Cannon Memorial Chapel. This class precedes an organ concert of some of these works on March 28 at 7:30 pm in the chapel.

M • Mar 21 • 1-3pm • \$20/Silver
Leader: Bruce Stevens



The Osher Institute Special Interest Groups

The Osher Institute Special Interest Groups Formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Biking John Bander, johnabander@icloud.com

Bridge Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402

Contemporary Issues Bill Pawelski, wjpinva@gmail.com and Alan Corbett, alan.corbett@comcast.net

Great Conversations Vera Mulherin, paxvera@netscape.com

Hikers Lex Bailey, alexander.neale.bailey@gmail.com

Historically Speaking Louis Ceil, ceilb2@aol.com

Investments Brian McNeil, mcneilfb@verizon.net

Literary Dreamers Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com

Memoir Writing *Two groups, both of which are full at this time.*

NEW Mystery Lovers Nancy Newins, nnewins@verizon.net

Photography Peter Blankman, pblankman@gmail.com

Theatre Lovers *Due to Covid restrictions, the theater group has been "dark." As theaters reopen, so will our adventures into drama, comedy, and musicals. BUT we need your input and your leadership. Interested 'thespians' please email the Osher staff at Osher@richmond.edu.*

Travel Celeste Miller, OSHERtravel@gmail.com

NEW UR Women's Basketball John Festa, johnfesta@comcast.net

Spring Exhibition at UR Museums

Ri Bo Walk through the Harnett Museum of Art with Martha Wright to see the current special exhibition on view! We will talk about the artist on view, the content, and do some interactive chatting. Expect thought-provoking content as well as the typical humor that comes with any tour by Martha.

T • Mar 22 • 1-2pm • Free to Members
Leader: Martha Wright

Poetry from the New Yorker

BACK BY POPULAR DEMAND Close, careful reading of poetry allows us to understand ourselves better by forcing us to participate in someone else's thinking. The New Yorker still selects some of the best challenging, contemporary poems. We'll read and analyze each week's new poems. Heavy class participation is expected.

T • Mar 22, 29, Apr 5 • 3:30-5:30pm • \$60/Silver
Leader: Riker Purcell

Dean Jamelle Wilson: A Discussion of Public Education in 2022

In 2021, more than 90% of America's children attended K-12 public schools, just as many of us did. Yet, today's public schools may look and feel a bit different than what we remember or what we imagine. In this conversation, we will examine the current landscape of public schools in Virginia and consider how that landscape must continue to change to serve future generations.

W • Apr 6 • 10-11:30am • Free to Members
Leader: Jamelle Wilson



Marriages of Art Illustration and Classic Literature

NEW Z Join us as we examine the ways that classic 19th and early 20th Century authors used illustrations to illuminate the themes of their texts. We will examine the illustrator choices that writers such as Mark Twain, Lewis Carroll, Beatrix Potter, and T.S. Elliot made, as well as the different means that artists used to add visual vibrancy to books like Tom Sawyer, Huck Finn, Alice in Wonderland, Peter Rabbit, and Old Possum's Book of Practical Cats.

W • Mar 23, 30 • 10-12pm • \$40/Silver
Leaders: Murray Ellison, Alice Waagen

Let's Talk Parks - Fort Monroe: The Gibraltar of the Chesapeake

NEW Z Join us for a virtual tour of Fort Monroe, 'The Gibraltar of the Chesapeake,' and Fort Wool. These US strongholds were key to the defense of Hampton Roads, and instrumental in the 1862 Peninsula Campaign: the first major offensive campaign to capture Richmond. This ranger-led tour is part of the Travel Special Interest Group's 'Let's Talk Parks' outings. We'll also have a facilitated sharing of general questions and tips about national parks that participants have or hope to visit.

R • Mar 24 • 10-12pm • Free to Members
Leaders: Bill Hafker, Aaron Firth

Cool Flicks: More of the Greatest Comedies

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This spring we will watch and discuss these classics: 'Bluebeard's 8th Wife' (1938) with Gary Cooper and Claudette Colbert; 'The Great Buster: The Life of Buster Keaton' (with all his funny film clips); and 'I Married a Witch' (1942) with Veronica Lake and Fredric March.

F • Mar 25, Apr 1, 8 • 10-12pm • \$60/Silver
Leader: Dan Begley

Who Doesn't Love Soups?

NEW, DRIVE TO EVENT Who doesn't love soup? Whether hot or cold, soups can be nourishing and filling. Learn how to make these delicious starters or have a second bowl and call it dinner! We will prepare and enjoy Portuguese Kale Soup, Pear and Pancetta Soup, Macadamia Nut Gazpacho, and Mango Soup.

F • Mar 25 • 1:30-3:30pm • \$65/Gold/Silver/UR
Leader: Tammy Brawley

How to Travel Like a College Student

Ri Bo NEW Designing travel for university students and then having them make it their own is one of the best ways to encourage young people to connect with others abroad. Join UR's Dean of International Education Martha Merritt as she discusses designing the programs that rank our University #2 nationally for study abroad and what she learns every year from students, and hear from Spiders themselves as they talk about navigating the world.

M • Mar 28 • 1-3pm • Free to Members
Leader: Martha Merritt

Touring Germany's National Parks

NEW, HYBRID We will discuss the role of National Parks globally, compare those in Germany to those in America and the rest of Europe, and explore many of the German National Parks themselves. We will also look at several other things that might inspire you to visit Germany and its parks. **NOTE: You must also register for one sub-session: in person or remote.**

T • Mar 29 • 10-12pm • \$20/Silver
Leader: Bill Hafker

Arthur Ashe: A Very Richmond Life

NEW Join this class to explore the life of Richmond native Arthur Ashe. Although Ashe was an amateur and professional tennis phenomenon playing all over the globe, his ties and family kept bringing him back to Richmond. He said, 'I have a love/hate relationship with Richmond.' We will explore Ashe's rise from a seven-year-old restricted to playing on the segregated tennis courts in Richmond to his prominence as a world-class tennis star and worldwide activist.

T • Mar 29 • 1-3pm • \$20/Silver
Leader: John Festa

Voting Rights in America

Ri NEW Let's explore the many ins and outs of this topic: and there is much to explore! We will trace the somewhat circuitous history of voting rights, look at voting patterns and behavior, and culminate with a discussion of the current tension between voter suppression and voter fraud.

R • Mar 31 • 10-12pm • \$20/Silver
Leader: James Narduzzi

APRIL

Nightingales of the South

NEW During the American Civil War, women by the thousands volunteered to work as nurses. Some served officially, others unofficially; all made an impact. This talk will explore the lives and experiences of three women: Sally Tompkins, Phoebe Yates Pember, and Susie King Taylor.

M • Apr 4 • 1-2:30pm • \$20/Silver
Leader: Kelly Hancock

Salsa Meets Jazz

Ri Bo **NEW** Join UR Music Professor Mike Davison and friends for a wonderful exploration of Cuban Jazz. Dr. D. and his guests will keep you engaged with their insights and their performances of this special genre of jazz!

M/W • Apr 4, 6 • 4-6pm •

Free to Members

Leaders: Mike Davison, Daniel Guzmán Lozaga, Peter Loman

Important Aspects of the Golden Age of Islam

NEW This course will focus on contributions made by earlier civilizations which helped lay the foundation for the Golden Age of Islam, the 'seats of learning' within the Islamic World during this period, and glimpses of contributions made by Arabs and Muslims in different scientific fields.

T • Apr 5, 12, 19 • 10-12pm •

\$60/Silver

Leader: Malik Khan

Advancements in Acute Stroke Treatment

Aw **NEW** This presentation will review causes, signs, and symptoms of stroke. The latest advancements in acute stroke therapy will be reviewed, including emergency medical and endovascular surgical treatments.

T • Apr 5 • 1-2:30pm • \$20/Silver

Leader: David Loy

Dean Jamelle Wilson: A Discussion of Public Education in 2022

Ri Bo **NEW** In 2021, more than 90% of America's children attended K-12 public schools, just as many of us did. Yet, today's public schools may look and feel a bit different than what we remember or what we imagine. In this conversation, we will examine the current landscape of public schools in Virginia and consider how that landscape must continue to change to serve future generations.

W • Apr 6 • 10-11:30am •

Free to Members

Leader: Jamelle Wilson

Common Ground

UPDATED Are you tired of the polarization on the major issues facing our country? Are there solutions that will meet the needs of the majority of us rather than one extreme or the other? We'll examine key issues of interest to the participants, bring in data on the subject, and work to find practical solutions. This is not a class to push your personal opinions, but one for open exchange and to find 'common ground.'

W • Apr 6, 13, 20, 27 • 1-3pm •

\$60/Silver

Leader: Don Miller

Goochland's Second Union Rosenwald School

DRIVE TO EVENT Take a drive to Goochland and tour the Second Union Rosenwald School, built to educate rural Black students in the early 1900s.

R • Apr 7 • 2-3pm • Free to Members

Leader: Calvin Hopkins

The Virginia War Memorial: The Old and The New

DRIVE TO EVENT Take a tour of the Virginia War Memorial, both the old and the new. Completed in 1956, the original Memorial houses the monument, museum, and educational center honoring all Virginians who served from World War II through today. The Memorial's February 2020 addition features a shrine to

those killed in action in the 21st Century, a long-distance learning and oral history studio, a veterans art gallery, a Medal of Honor Gallery, and a lecture hall.

F • Apr 8 • 1:30-3:30pm •

Free to Members

Leader: Kyndall Drumheller

Your Local Habitat, and Why It Is Important

UPDATED Wish you had more birds, bees, and butterflies where you live?

This class will discuss how to improve the habitat around you using native plants, whether you have a traditional yard, container garden, or community space.

M • Apr 11, 18 • 10-12pm • \$40/Silver

Leader: Sheryl Smith



The Language of COVID: An Interdisciplinary Symposium on COVID-19

There are many facets of the COVID-19 pandemic, and we need to learn and understand as much as we can about them. Experts in each of the following areas have been invited to address various topics pertaining to COVID-19 in a two-day symposium this spring.

Panel Topics:

- Panel 1: Communication and Social Behavior
- Panel 2: Latin American, Latino, and Iberian Studies (LALIS)
- Panel 3: Covid's Impact on Education
- Panel 4: The Particularity of National Responses to Covid (vs. Global Phenomenon)
- Panel 5: Biopolitics of Covid: the language of the "state of exception"
- Panel 6: Covid & the Transformation of Labor Practices
- Panel 7: Performing arts in the age of COVID-19
- Panel 8: Social Media and Covid



Dates: April 13-14, 2022

Times and Locations: To be determined, so look for emails prior to April 13th

Delivery: Some in person, some on line.

Organized by the University of Richmond's Department of Languages, Literatures and Cultures

Chain Maille: Flight of Fancy Bracelet

UPDATED We will be creating a bracelet with sterling silver. The Flight of Fancy Bracelet is an easy bracelet to make and is great to wear every day. This bracelet combines two classic chain maille weaves, Byzantine and Celtic line, in an attractive arrangement.

T • Apr 12, 19 • 1-3pm • \$75/Gold/Silver/UR
Leader: Celeste Miller

Protecting Yourself from Cybercriminals and Scam Artists

Ri Aw NEW Professor Nancy Baganoff and FBI Supervisory Special Agent David Johnson will talk about how hackers and other scam artists target individuals and what steps you can take to protect yourself from identity theft, loss of assets, and privacy loss. The presentation will include ways to protect yourself from attacks where hackers and other criminals use social engineering or psychological manipulation to gain trust and information.

T • Apr 12 • 3:30-5pm • \$20/Silver
Leaders: Nancy Baganoff, David Johnson

Chakras and Energy Bodies

Ri NEW How is your energy flowing these days? Learn about the seven energy centers (chakras) in your body and how your energy body responds to, and engages with, the world around you. This talk will help those who want to dive deeper into spiritual and energetic awareness.

W • Apr 13 • 10-11:30am • \$20/Silver
Leader: Martha Wright

Ticks to T-Rex

Ri NEW During the Cretaceous Period, from 145 to 66 million years ago, dinosaurs of all shapes and sizes dominated the planet. As children, we marveled at their outlandish names and covered before their fearsome teeth. Few of us spared a thought for the other animals and plants that shared this ancient world, but life then was more abundant and diverse than it is today.

R • Apr 14 • 10-12pm • \$20/Silver
Leader: David Kitchen

Virginia Holocaust Museum Tour

Bo DRIVE TO EVENT Join this on-site tour for a walk through the museum, along with a

comprehensive overview of the history of the Holocaust incorporating the stories of survivors who made Richmond their home.

R • Apr 14 • 1:30-3:30pm • Free to Members
Leader: Matthew Simpson

For the Beauty of It All: National Parks East

BACK BY POPULAR DEMAND Take a look at our National Parks and other places of beauty in the Eastern USA: that is, east of the Mississippi. Videos and pictures from our many visits and commentary will be featured.

F • Apr 15, 22, 29 • 10-12pm • \$40/Silver
Leaders: Dennis Cogswell, Nancy Cogswell

The Pumphouse History Tour

NEW, DRIVE TO EVENT The Pump-house History Tour takes participants on a journey through time as they explore the 1883 Pumphouse, which brought unfiltered river water to the citizens from Richmond from 1883 to 1913. The building was designed as both a functional piece of public works and also a community gathering space.

F • Apr 15 • 1:30-3:30pm • \$20/Silver
Leaders: Tyler Twyford, Bryce Wilk

Richmond Tourism: Where Are We Now?

Bo UPDATED Tourism is a huge economic development engine in the Richmond Region. It has been hit hard by the pandemic, but people are eager to travel again. Are they coming back to Richmond? Do we have enough workers to support this industry now?

M • Apr 18 • 1:30-3pm • Free to Members
Leader: Jack Berry

Reading Cormac McCarthy's 'Blood Meridian or The Evening Redness in the West'

NEW In this seminar we will examine the major themes of the novel "Blood Meridian" and try to answer the question of what McCarthy was trying to accomplish by writing this violent yet pastoral and in many ways profound contribution to the best that American literature has to offer.

T • Apr 19, 26, May 3, 10 • 3:30-5pm • \$60/Silver
Leader: Jack Kangas

Medicare Education 101

Aw **BACK BY POPULAR DEMAND** This class provides an overview of the various pieces of Medicare, including Parts A and B, supplements, drug cards, and Medicare Advantage plans. Eligibility, timing, and enrollment in the various parts of Medicare are covered.

R • Apr 21 • 10-11:30am • \$20/Silver
Leaders: Chris Lynch, Sarah Lynch

UR Campus Spring Gardens Walk

Ri Bo Come prepared to enjoy the beautiful UR campus in the springtime. We will focus on the many gardens on campus.

R • Apr 21 • 1:30-3:30pm • Free to Members
Leader: Marshall Ervine

UR Behind the Scenes: The Cannon Memorial Chapel

Ri Bo Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013, the Columbarium, and the Wilton Center.

F • Apr 22 • 1:30-3pm • Free to Members
Leader: Betty Ann Dillon

From Plaszów to Richmond and Points in Between

NEW Holocaust refugee/survivor Captain Alex Keisch, Maritime, shares his journeys from Kraków-Plaszów concentration camp to Richmond and the oldest Holocaust Memorial site in North America. Using humor and hard facts from his family's story of surviving the Holocaust, he fashions a tale of pain and pleasure explaining the need for Holocaust Education to help mitigate Jewish and Zionist hate.

M • Apr 25 • 1-3pm • \$20/Silver
Leader: Alex Keisch

iPad Basics

Aw **BACK BY POPULAR DEMAND** Are you getting the most out of your iPad? Learn short cuts, tricks, and how to enjoy and use your iPad.

T • Apr 26, May 3 • 10-12pm • \$40/Silver
Leader: Betsy Spath

'Isaac's Beacon': The Birth of the State of Israel

NEW, AUTHOR'S BOOK TALK 'Isaac's Beacon' is a sweeping historical tale based on the real events of Israel's founding, bringing alive the power and complexities of the birth of the Jewish state out of the ashes of the Holocaust. Join bestselling author David L. Robbins as he describes turning his mastery of the historical novel to another defining moment of the twentieth century: the birth of the state of Israel.

T • Apr 26 • 1-3pm • \$20/Silver
Leader: David Robbins

Following the Footsteps of Buddha

NEW Come walk with us as we journey with Dr. Talegaonkar to the holy sites of Buddha's birth, enlightenment, first sermons, and his maha parinirvaan.

W • Apr 27 • 10-12pm • \$20/Silver
Leader: Shantaram Talegaonkar

History of Richmond Craft Beer Part 6: Castleburg Brewery

NEW, DRIVE TO EVENT The session includes a brief history of Castleburg along with other historical beer highlights from the neighborhood. A tour of the brewery, one of Richmond's smallest, will be followed by beer tastings. Participants are welcome to extend their tasting and knowledge with the leader after the session is over.

W • Apr 27 • 5-7pm • \$20/Silver
Leader: Wade Reynolds

Tasting Virginia Wines with the Experts

DRIVE TO EVENT Virginia is becoming known as an up-and-coming wine region for the caliber of wines being produced in the Commonwealth. We'll taste the wines of three wineries and meet the winemakers that are making these wines.

R • Apr 28 • 10-12pm • \$30/Gold/Silver/UR
Leader: Annette Boyd

Tour of UR's Historic Bottomley House

Ri Bo Come learn how this historic home was acquired by UR and moved onto campus, tour the home, and hear about its many lovely features.

F • Apr 29 • 1:30-3pm • Free to Members
Leader: Betty Ann Dillon

MAY

Music, Politics, and the Eurovision Song Contest

Ri **NEW** What do ABBA and Céline Dion have in common? They won the Eurovision Song Contest (ESC). This annual pan-European cultural event began in 1956 and became the world's most-watched live music event. Participants in this class will enjoy videos that show the fun of this spectacle but also explore the history and politics that explain the creation of the Contest. Learn how to enjoy the ESC in Italy in May 2022!

M • May 2 • 1-2:30pm • \$20/Silver
Leader: Sharon Scinicariello



Beyond the Bounty

Ri Bo If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

T • May 3 • 1:30-3pm • Free to Members
Leader: Carol Wittig

Planning Your Estate

Aw **BACK BY POPULAR DEMAND** Let's talk about planning for the future. How can you ensure that your preferences and directives for your financial assets are carried out correctly? We'll discuss the legal options available to assist in making the best decisions.

W • May 4 • 10-12pm • \$20/Silver
Leader: Paula Peaden

Enjoying Spring's Bounty

NEW, DRIVE TO EVENT What better way to eat than with local and in-season fare? Come learn about our local farms, then cook and enjoy their delicious fruits and veggies.

R • May 5 • 1:30-3:30pm • \$65/Gold/Silver/UR
Leader: Tammy Brawley

Birding Walk Through UR

Ri We will take an early morning walk through the lovely University of Richmond campus to look and listen for resident birds.

M • May 9 • 8:30-10:30am • \$20/Silver
Leaders: Mary Elfner, Marshall Ervine

All Three Branches: John Marshall's Service in the Federal Government

NEW, DRIVE TO EVENT This in-person tour highlights John Marshall's professional service career in all three branches of government as Congressman, Secretary of State, and Chief Justice of the Supreme Court.

T • May 10 • 11-12:30pm • \$10/Gold/Silver/UR
Leader: Meika Downey

Long Term Care: Home Health vs. Home Care... What is the Difference?

Aw **NEW** Do you own a long term care insurance policy? Do you wonder when is the right time to file a claim? How do you file a claim? Join us to learn the difference between home health vs. home care, how long term care insurance plays vital role and coordinates benefits with Medicare.

W • May 11 • 10-12pm • \$20/Silver
Leaders: Linda Tsironis Caruthers, Jay Mann

Tour of Shalom Farms

Aw Bo **DRIVE TO EVENT** Let's head out for a tour of Shalom Farms. This 12-acre sustainable farm in Midlothian is an agricultural learning lab for visitors and volunteers of all backgrounds. Last year, with the help of 6,296 volunteers the farm grew over 500,000 servings of fresh produce.

R • May 12 • 2-3pm • Free to Members
Leader: Hannah Wittwer

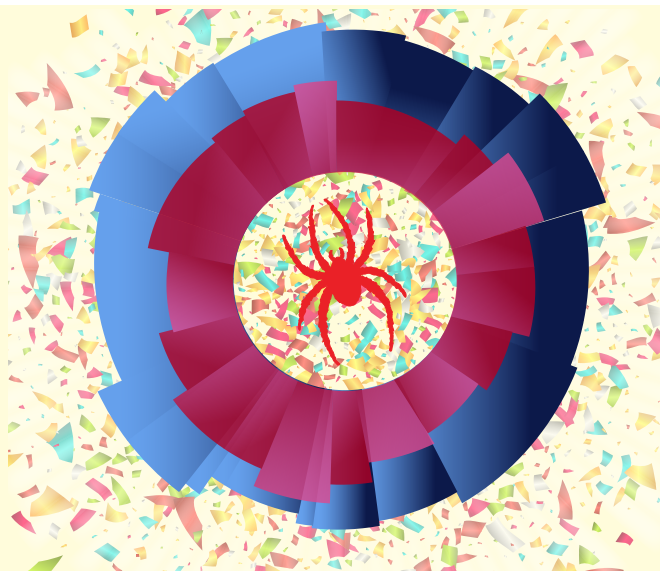
YOU Have Done it Again!

We are grateful and happy to share that the University of Richmond's Osher Institute has met and exceeded its 2021 Osher Annual Fund goals of \$27,500 from 20% of our members. YOU, our members, made this happen!

As of November 15 2021, 243 Osher members in 187 Osher households have made financial gifts to Osher totaling \$31,115. The number of participating households represents a **new all-time high participation rate** of 29% of those solicited. Notably, more members than ever made their gifts through tax-advantaged traditional IRA gifts and donor advised funds, creating win-win scenarios.

The **2021 Honor Roll of Donors** year-to-date can be found on our website, <https://spcs.richmond.edu/lifelong-learning/osher/giving/2021.html>. Please accept our heartfelt appreciation for your financial generosity!

If you have not made a gift to the Osher Institute yet in 2021 and would like to join your fellow Osher members who have supported Osher with a financial gift, please visit <https://osher.richmond.edu/give>, or email Amy Edwards (aedwards@richmond.edu), Stewardship Assistant.



Osher Fundraising

113% of our dollar goal

145% of our participation goal

Coffee Chats, Happy Hours, Game Nights

During the past year, our awesome Member Connections Team has offered many ways to stay connected. You may recall that pre-COVID, we hosted Happy Hours in The Cellar on campus. When the pandemic hit, our volunteer-led Coffee Chats, Happy Hours, and Game Nights were all virtual, hosted on Zoom.

As we figure out our new normal, our Happy Hours are now in-person events, each one at a different venue around town. These in-person social events are growing, especially as you become more willing to venture out.

We anticipate more of these events in the spring, but our Member Connections Team will monitor the interest in virtual versus in-person events and plan accordingly. Be on the lookout for email announcements!



Osher Membership

You can become an Osher member at any time during the year for as little as \$75 per year. A summary follows of membership levels and benefits. To become a member, visit our online registration portal at <https://www.enrole.com/richmond/jsp/index.jsp?categoryId=OSHER> and create a new account. Once your account has been created and you are logged in, select the MEMBERSHIPS & RENEWALS category and purchase a new membership. Your membership is valid for one year from the date you join.

Membership Levels

Silver: \$75/year (rolling 12-month)

Our **Silver** membership is the perfect get acquainted level for individuals who are interested in seeing what Osher has to offer. For a small annual fee, an individual receives a University of Richmond One Card and e-mail address, parking pass, full use of the library including access to online databases while on campus and access to register for Osher courses. However, **Silver** members pay for each course in which they enroll, \$100 to audit available semester-long credit courses, and special course fees.

Gold: \$350/year (rolling 12-month)

Our **Gold** membership is perfect for individuals who want to take advantage of the entire Osher Lifelong Learning Institute experience. This individual membership includes a University of Richmond One Card and e-mail address, parking pass and full use of the library including access to online databases while on

campus. In addition, **Gold** members have unlimited access to all Osher courses free of charge (excluding off-campus trips). Available undergraduate semester-long courses may be audited at no additional charge.

UR Osher: \$25/year (rolling 12-month)

Exclusively for UR faculty, staff and retirees and their spouse/partner who want to receive notices of special Osher member events and programs. For additional details, contact the Osher Institute office.

Upgrading Your Membership

Are you a **Silver** member who is wondering if an all-inclusive **Gold** membership is right for you? **Silver** members may upgrade at any time during the first six months of their membership year. Upgrades will not change the membership term dates. When upgrading, the \$75 **Silver** membership fee will be applied to the upgrade.



Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk – offering remote support (804-287-6400 or helpdesk@richmond.edu)
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Access to UR help center for preparing presentations – offering remote support (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members
- Free bonus classes and special events

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it's your love of learning that counts. Join the fun today!

For more information, contact us today:

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