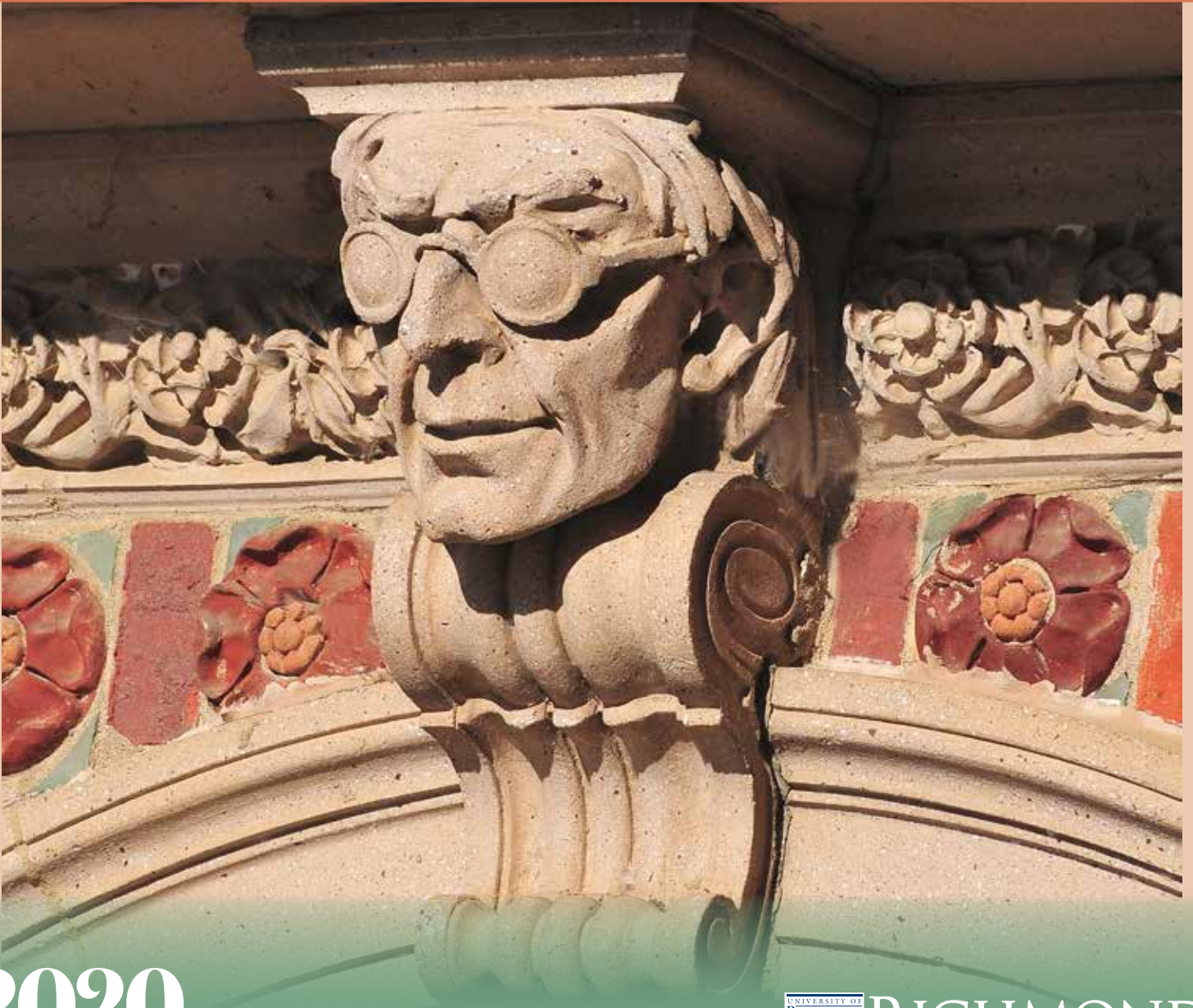


OSHER

OSHER
LIFELONG
LEARNING
INSTITUTE

AT THE UNIVERSITY OF RICHMOND

SPRING 2020



2020
How's Our Vision?



RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 124 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail margaret.watson@richmond.edu.

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Other photo credits: Tim Hanger, Kevin Schindler

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.



at the University of Richmond
osher.richmond.edu

Peggy Watson, W'76
Director
margaret.watson@richmond.edu
(804) 287-6344

Nell Smith
Program Coordinator
nsmith3@richmond.edu
(804) 287-6608

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu
(804) 287-1946

Barbara Apostle
Program Assistant
bapostle@richmond.edu
(804) 289-8582

2020: Looking Back, Looking Forward

Here we are: a new decade! Doesn't it seem like yesterday we were all worried about whether our computer systems would transition into Y2K? As we begin 2020, let's put our glasses on and take a look at where we've been and at our vision for the coming years.

The photograph on this semester's cover is one of our unusual gargoyles – we do have lots of them. This one depicts our university's architect, Ralph Adams Cram, eminent institutional architect, who was responsible for establishing the enduring style of the University of Richmond campus. This gargoyle resides over the main door of Sarah Brunet Hall. As the history of our Master Plan notes, our Collegiate Gothic architecture "preserves the fruits of a constancy of vision, while accommodating the academic mission." What a vision President Boatwright had more than 100 years ago!

As we look back, our thoughts also focus on our cherished Chancellor E. Bruce Heilman, who passed away in October. UR's former president, Dr. Heilman, loved and supported the Osher Institute. We learned each time he taught for us, and he was ever present at our annual back-to-school event. We also remember fondly two beloved instructors who will be long remembered as Osher favorites—Alyson Taylor White and Phil True.

Our Osher Institute is now beginning its 16th year. We look back in gratitude for all the many benefits that UR provides our members, thanks to the forward-thinking planning group that created our institute in 2004. We continue to grow, in membership numbers, in the variety and number of courses, and in our giving. We started with approximately 500 members, as required for the Osher Foundation endowment, and now we're almost at 1,200. Our number of classes per year now tops 250, and the number of students in our classes expands each semester. Our annual fund has exceeded its goal each of the last three years.

Then, what do we envision for the future? We hope for engaged members who lead and participate in classes and special interest groups. We plan to keep our eyes open for new, inspiring instructors and wonderful topics to explore. We look for university events and activities that will be of interest to our members — and to create some of our own. We plan to be strategic in our growth to ensure a wonderful experience for each member while being mindful of our impact on the larger institution. We want to be ever mindful of the generosity of the University of Richmond and express our gratefulness through an enhanced "culture of giving" and many volunteer opportunities of "giving back."

Let's hope for 20/20 vision as we enter this new decade. The University's former generations of great leaders laid a strong foundation for us to thrive and excel as we move forward. We've got our glasses on!

Programs

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Interest Groups

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Getting Started 4

Where do I start?

1 Sign up for an annual membership.

You can become an Osher member at any time during the year. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a **Se**.

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at osher.richmond.edu.

A membership form is also available at osher.richmond.edu/schedule. Contact the Osher Institute office with any questions by calling (804) 287-6608.

\$75 – Silver Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES, PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

\$350 – Gold Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & UNLIMITED FREE CLASSES ON CAMPUS

\$275 – Silver Upgrade to Gold

AVAILABLE TO SILVER MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

\$25 – UR Membership

FOR QUALIFIED UR FACULTY, STAFF, UR RETIREES, AND SPOUSES/PARTNERS. (SAME BENEFITS AS SILVER MEMBERSHIP)

\$325 – UR Upgrade to Gold

AVAILABLE TO UR MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

2 Register for classes.

We've organized this schedule of classes chronologically by start date to help members better plan their schedules.

The University of Richmond **Ri** designation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

We encourage members to register online. The online registration system contains information that the print

catalog does not, including instructor biographies.

If completing a paper registration form, (available on our website at osher.richmond.edu/schedule on the first day of registration), please mail or deliver your registration form and any required payment. Paper registrations will be processed in the order in which they are received, and as staff time allows, beginning the first day of registration.

Osher members interested in course audit opportunities should contact the Osher office. See page 11 for details.

The UR Osher Institute offers need-based scholarships for Osher on-campus courses. Contact the Osher office for details.

Register for classes at osher.richmond.edu/schedule beginning December 10, 2019.

3 Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

This semester, bonus programs, denoted with **Bo**, include:

- All Member Meeting
- Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses
- To Travel or Not to Travel . . . That is the Question
- Osher Member Orientation
- The Heyday of Coal Mining 1880-1960
- The Rise and Fall of The Band

- Consumer Protection: Avoiding Frauds and Scams
- Spiders Women's Basketball Game
- Campus Walk/Tour
- U of R's Contribution to WWII and Alumni Who Gave Their All
- The 4 German Baroque Bs: Buxtehude, Böhm, Bruhns, and Bach
- Campus Garden Walk
- Gambles Mill Eco-Corridor
- Tour of UR's Historic Bottomley House
- UR Behind the Scenes: The Cannon Memorial Chapel
- The Benefits of LastPass and How-to Use It
- Cybersecurity Awareness

- Understanding and making the most of your IRA
- Aged Assumptions: How Stereotypes, Assumptions, and Expectations about Age Shape the World Around Us

And join us for several special events, free to Osher members and open to the public. They're a great way to get friends engaged with Osher. Special events, denoted with **Se**, include:

- The Robot Will See You Now: Healthcare in an Age of Artificial Intelligence
- China and the Wider World: Art and Material Cultures of the Qin and Han Dynasties
- Disaster Relief and the Founding Fathers



JANUARY

All Member Meeting

Bo Come join us to kick off the spring semester of Osher classes! The Osher Institute Leadership Council and the Osher Staff invite you to attend our 'All-Member' Meeting. We'll provide updates, statistics on classes, and other news.

W • Jan 8 • 9:30 AM–11:30 AM • Free to Members
Leaders: Osher Leadership Council

Spiders Women's Basketball Game

Ri Bo We have a new women's basketball coach, Aaron Roussell, and we have a great group of women in our basketball program. Let's support them with our presence, and cheer them on!



Come join the fun and watch our Conference Home Opener on Sunday, January 12th @ 2:00 pm vs Dayton.

U • Jan 12 • 2:00 PM–4:00 PM • Free to Members
Leaders: John Studer, Aaron Roussell

Come . . . and BeMoved®!

ACTIVITY

Ri Aw Come to this class to learn about the long-term health benefits of just moving! Movement expressed through dance and music has a transformative power that enriches a person's well-being above and beyond the well-known physical fitness benefits. BeMoved® is a dance fitness experience that begins with easy-to-follow therapeutic movements that integrate the upper and lower body, flowing into dance styles inspired by a wide variety of musical genres.

M • Jan 13, 20, 27, Feb 3, 10, 17, 24, Mar 9, 30, Apr 6, 13, 20, 27 • 5:30 PM–6:30 PM • \$120 Silver/Gold/UR
Leader: Myra Daleng

Mindfulness

LECTURE, DISCUSSION, HANDS-ON ACTIVITIES

Ri Aw REPRISED The purpose of the course is to establish mindfulness meditation skills in class using a variety of practices to relieve stress and to promote positivity, relaxation, calmness, and physical and emotional health and

well-being. The goal for each participant is to unlock the body's healing potential and restorative power through a consistent, daily mindfulness practice and to be a part of a community that values the commitment to such a practice.

R • Jan 16, 23, 30, Feb 6 • 10:00 AM–11:30 AM • \$60 Silver
Leader: Joe Troncale

A Zooman's Expeditions

LECTURE, Q&A

REPRISED The former Curator of Mammals at the San Diego Zoo will share highlights of his animal adventures: an expedition to Sri Lanka to study wild elephants and bring back a baby elephant, a Smithsonian and Canadian Wildlife Service research grant to study wood bison, an Asian adventure to deliver a baby hippopotamus and a baby orangutan to the Guangzhou Zoo in southern China, capturing musk ox on Nunivak Island in the Bering Sea, and more.

R • Jan 16, 23, 30 • 1:00 PM–3:00 PM • \$60 Silver
Leader: Mark Rich

Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses

HANDS-ON WORKSHOP

Bo Are you contemplating teaching an Osher course? Facilitated by an Osher member who leads courses, this session covers the ingredients of peer-led Osher Institute courses.

F • Jan 17 • 1:00 PM–4:00 PM • Free to Members
Leader: Bill Bailey

Understanding Opera, Part 2

UPDATED This class will introduce students to the final two productions of Virginia Opera's 2019-2020 season: Rossini's comedy 'Cinderella' and Verdi's classic drama 'Aida'. Discussions will include comprehensive musical and dramatic analysis, illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

T • Jan 21, 28, Feb 4 • 1:00 PM–3:00 PM • \$60 Silver
Leader: Glenn Winters

Campus Walk/Tour

Ri Bo UPDATED Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, Modlin Center for Performing Arts, Boatwright Library, food sites, and parking lots. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

T • Jan 21 • 3:30 PM–5:00 PM • Free to Members
Leader: Marshall Irvine



Funerals: A Little History and Information on Planning for Final Arrangements

Aw **NEW** This is not a taboo subject! Learn about funeral history and how we came to our current traditions. Discover innovative changes including the new approaches to end-of-life decisions such as space burials, cremation jewelry, and green cemeteries. Planning for our final arrangements is a way we provide for ourselves and our loved ones. Enjoy an informational discussion and an opportunity to ask questions in an informal setting.

W • Jan 22 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Susan Campbell

Great Decisions 2020

UPDATED Designed by the Foreign Policy Association (FPA) and facilitated at the grassroots, the Great Decisions program highlights eight thought-provoking foreign policy challenges facing Americans each year. Each week we will read an article on a specific foreign policy challenge in advance of class, view a 25-minute video and then have a discussion. Students will need to purchase the 2020 Great Decisions briefing book and read the first topic before the first class. Visit <http://www.fpa.org> for more information.

W • Jan 22, 29, Feb 5, 12, 19, 26, Mar 4, 11 • 1:00 PM–3:00 PM • \$60 Silver
Leaders: Don Miller, Rob Hafker, Celeste Miller, Christine Campbell, Eric Holzwarth

Dead Sea Scrolls

UPDATED On the western shore of the Dead Sea, about eight miles south of Jericho, lies a complex of ruins known as Khirbet Qumran. The site occupies one of the lowest spots on Earth. At this location were found more than 900 ancient individual documents that shook the world of biblical studies. These Dead Sea Scrolls contain not only the oldest copies of the Bible, but also ancient Jewish texts.

R • Jan 23, 30, Feb 6, 13, 20, 27 • 9:30 AM–11:30 AM • \$60 Silver
Leader: Glenn Markus

Before You Give, Look

Ri **Aw** **NEW** It is important to vet a nonprofit before you donate money or services to the organization. Word of mouth is a reliable indicator, but more important is the financial information that is publicly available. This class will be introduced to the Good Governance Checklist used by the IRS, as well the Form 990 and other financial information that is publicly available to determine the fiscal and governance practices of an organization.

R • Jan 23, 30 • 3:30 PM–5:00 PM • \$40 Silver
Leader: Phyllis Katz

To Travel or Not to Travel: That is the Question

Bo **NEW** There are so many things to consider when it comes to deciding on your travel plans. Why travel at all? Where to go? With whom? And when is the best time? During this interactive two-session workshop, we'll meet fellow travelers, share thoughts for future domestic and international adventures, discuss travel needs and desires, and help identify exciting opportunities and get more participation with Osher travel.

F • Jan 24, 31 • 10:00 AM–12:00 PM • Free to Members
Leader: Celeste Miller

Bright Side of Aging

LECTURE, Q&A

Aw **NEW** Come consider this perspective of aging with focus on the positive side rather than chronic illnesses and deterioration. This will include exploration of honoring

seniors and telling inspirational stories of senior mentors.

F • Jan 24, 31 • 1:00 PM–2:30 PM • \$40 Silver
Leader: Harry Baldwin

How to View and Understand Art

LECTURE, Q&A

UPDATED Learn the language of art and visual strategies to analyze, interpret, and critique artworks using art works from the Smithsonian American Art Museum. Build your visual vocabulary by examining the deliberate choices artists make in their works and why they make them.

M • Jan 27 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Alice Waagen

Modern Chamber Music: How to Listen to the New Stuff

LECTURE, Q&A

NEW This three-class course will teach participants how to listen to contemporary chamber music. A basic understanding of the elements of music is helpful, but not necessary. The aim of the course is to develop the listening tools necessary to appreciate, though not always to enjoy, contemporary chamber music.

M • Jan 27, Feb 3, 10 • 1:00 PM–3:00 PM • \$60 Silver
Leader: Shawn Puller



M=Monday, T=Tuesday, W=Wednesday,
R=Thursday, F=Friday, S=Saturday, U=Sunday

Regional and Territorial Conflict and Secessionist Movements in Europe Today and Brexit Now

LECTURE

Ri **NEW** The class will look at tensions and separatist movements in Scotland, Northern Ireland, Spain and Catalonia, and Greece and Macedonia. The first three examples are well known by much of the general public, but the tensions between Macedonia in Greece and independent North Macedonia have not been publicized to any great extent. Brexit is a very prominent example of tension between a member state of the EU and the EU itself.

T • Jan 28 • 9:30 AM–12:00 PM • \$20/Silver
Leader: Arthur Gunlicks

Osher Member Orientation

Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

T • Jan 28 • 3:30 PM–5:00 PM • Free to Members
Leaders: Osher Membership Team

Aging Gracefully: Lotions and Potions

LECTURE, Q&A

Aw **NEW** Dr. Johnson will discuss the physiologic changes which occur in the skin over time. She will also review the basics of skin care products and review the science behind the products and what they can actually do.

W • Jan 29 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Lydia Johnson

Born To Be Wild: Rediscover the Freedom of Fun

HANDS-ON ACTIVITIES

Aw **REPRISED** For many of us, somewhere on the journey to becoming responsible adults, we have forgotten how to have fun. Here you'll learn how to rediscover the freedom of fun that's inside you, just waiting to be resurrected. By the end of our time together, you will have completed a custom-designed plan for bringing more celebration and adventure into your days. There is homework but, of course, it is fun!

W • Jan 29, Feb 5, 12 • 3:30 PM–5:30 PM • \$60 Silver
Leader: Jill Baughan

FEBRUARY

UR's Contribution to WWII and Alumni Who Gave Their All

LECTURE, Q&A

Ri Bo **NEW** The University of Richmond played an important role in WWII. Come hear how UR engaged in Air Corp training prior to the war, plane spotting, War Bonds, the V-12 training program, and meet the men and women who gave their lives during the war effort.

M • Feb 3, 10 • 10:00 AM–11:30 AM • Free to Members
Leaders: Dywana Saunders, Bill Wheeler

Short Stories for Short Story Lovers

READING, DISCUSSION

NEW Using the '100 Years of the Best American Short Stories' collection by Moore and Pitlor, our goal will be to explore two short stories each week. However, if the class finds a particular story fascinating, we will extend the time allotted for discussion.

M • Feb 3, 10, 17, 24, Mar 2, 9, 16, 23, 30, Apr 6, 13 • 3:30 PM–5:30 PM • \$60 Silver
Leader: Larry Braja

Apple iPhone Essentials

LECTURE, Q&A, HANDS-ON

Aw **REPRISED** This iPhone class will help you learn more about the phone's features and controls; security, backup, and other key settings; how to manage apps; using the camera and photos apps; messaging/texting; using iCloud; and maps and navigation. If you plan on using your iPhone to follow along during class, it should be a model 6S or newer and updated to the latest iOS version. You may email the course leader at westcobb@gmail.com with any questions.

T/R • Feb 4, 6, 11, 13, 18, 20 • 9:30 AM–11:30 AM • \$60 Silver
Leader: West Cobb

The Benefits of LastPass and How to Use It

LECTURE, Q&A

Ri Bo Aw **REPRISED** This course provides an overview of the benefits of a password

Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. This will be held in the Richmond Room, on the lower level of the Hellman Dining Center. The menus will be announced three weeks before each event.

The dates for the 2020 year are as follows:

February 13
April 16

Time: 11:30 am – 1:30 pm

Reservations are required; ask for the current fee when making your reservation.

Contact Cindy Stearns at cstearns@richmond.edu or 804-289-8788 to reserve your spot.



manager and walks through setting up an account with LastPass.

T • Feb 4 • 3:30 PM–4:30 PM • Free to Members
Leader: Shana Sumpter

European Union Institutions and Developments

LECTURE

NEW This class will cover the institutions, developments, parliamentary elections, and leadership of the EU and some of the issues confronting it: including immigration, the rise of right-wing populism and, of course, Brexit.

W • Feb 5 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Arthur Gunlicks



ChinaFest's Irby B. Brown Lecture 2020 - China and the Wider World: Art and Material Cultures of the Qin and Han Dynasties

SPECIAL EVENT

The Qin and Han Dynasties (221 B.C.-A.D. 220) were an age of transformation in China's history, when, for the first time, peoples of diverse background were brought together under a centralized administration that fostered a new 'Chinese' identity. This presentation will explore the seminal changes that took place in the four and half centuries, with a focus on the contact between China and other parts of the world.



R • Feb 6 • 7:00 PM–8:30 PM • Free and Open to the Public
Leader: Jason Sun



玫瑰跨文化了解促進會
The ROSE Group
for Cross-Cultural Understanding

Understanding Genesis

LECTURE

NEW Genesis is a foundational sacred text for both Judaism and Christianity. This course, informed by current biblical scholarship, will seek to understand the intentions and meanings that underlie its symbols and stories.

R • Feb 6, 13, 20, 27, Mar 5 • 1:00 PM–3:00 PM • \$60 Silver
Leader: Ryan Ahlgrim

For The Beauty of It All: Western United States

LECTURE

NEW Focusing on the National Parks, the beauty of what Western North America (west of the Mississippi) offers us will be presented via pictures, videos, and commentary. Audience participation sought; participants are encouraged to preview materials presented at www.ForTheBeautyOfItAll.com.

F • Feb 7, 14, 21 • 10:00 AM–12:00 PM • \$60 Silver
Leader: Dennis Cogswell

Maymont Mansion Tour

FIELD TRIP

NEW Step back in time to the Victorian era with a visit to the opulent home of James Henry and Sallie May Dooley. Our engaging tour guides will lead your group through the 33-room mansion that was the stately home of this prominent southern couple from 1893-1925. Belowstairs, the kitchen, pantries, wine cellar, and other

restored rooms reveal the domestic staff's side of this Virginia upstairs/downstairs story. Students provide own transportation to site.

F • Feb 7 • 1:30 PM–3:00 PM • \$8 Silver/Gold/UR
Leader: Kathy Alcaine

Determined: The 400-Year Struggle for Black Equality

FIELD TRIP

REPRISED In commemoration of the 400th anniversary of the arrival of the first enslaved Africans in British North America, these two guided tours at the Virginia Museum of History and Culture will examine the long history of black Americans as they have fought for freedom, equal justice, and access to opportunities. Their actions have pushed our nation ever closer to its ideal of universal equality. Students provide own transportation to site.

T • Feb 11 • 1:00 PM–3:00 PM • Pay at the door \$10 or \$6 for members/veterans
Leader: Maggie Creech

Cybersecurity Awareness

LECTURE, Q&A



REPRISED How safe is your online data?

This course will offer steps to navigate the Internet and technology safely.

T • Feb 11 • 3:30 PM–4:30 PM • Free to Members
Leader: Shana Sumpter

Women Writers of the Southern Revolutionary War

LECTURE, Q&A

NEW The southern campaigns of the Revolutionary war are seldom covered in fiction: and by few women authors. This panel of three published women review researched founding-era facts and the weaving of fiction. Learn about the grit and determination required to write compelling war stories that take us from homesteads to headquarters and into the trenches of the Revolutionary War.

W • Feb 12 • 10:00 AM–12:00 PM • \$20 Silver
Leaders: Karen A. Chase, Suzanne Adair, Libby McNamee

Satire + Social Criticism: Prints by Hogarth in UR Museums



NEW Take a tour with Martha Wright, assistant curator of academic and public engagement with UR Museums, of the exhibition 'Satire & Social Criticism: Prints by William Hogarth from the Collection.' We will explore the art, discuss the artist, and test our visual literacy skills.

R • Feb 13 • 3:30 PM–4:30 PM • \$20 Silver
Leader: Martha Wright

Telling America's Stories Through Art: Early America

LECTURE, Q&A

NEW Artists depict the cultural, social and political climate of their times. How can their artworks enrich our understanding of American history? Using Smithsonian American Art Museum artworks, this session will explore America from its earliest days as a British colony to its birth as a new nation.

F • Feb 14 • 1:00 PM–3:00 PM • \$20 Silver
Leader: Alice Waagen

The Body's Gyroscope: Staying Upright and Fall Prevention

LECTURE, HANDS-ON ACTIVITIES



REPRISED The course will provide an overview of how the body is able to stay upright and what happens when disease or aging puts us at risk for falling. We'll also cover strategies to minimize falling. Wearing

tennis shoes is recommended for our balance exercises.

M • Feb 17 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Sandra Mitchell

History of Music Part II: The Baroque and Classical Eras

LECTURE, MUSICAL DEMONSTRATION

REPRISED We will discuss the music of some of the most famous composers. What makes Bach sound so different from Mozart? How can one learn to hear the differences? How did the invention of the piano and opera change classical music? Part I is not a prerequisite for this course, and no musical background or experience is required.

M • Feb 17, 24 • 1:00 PM–3:00 PM • \$40 Silver
Leader: Sheryl Smith

Virginia's Musical Roots: Our Impact on American Entertainment

LECTURE, PERFORMANCE

NEW Playing a wide variety of 15+ instruments (some vintage, some personally crafted) 'Edutainer' Lamar Banister will demonstrate through story and tune Virginia's remarkable legacy of song up to the 1960s. The development of some instruments will also be discussed. Participation is encouraged as we clap, tap, and sing along with familiar and surprising tunes of triumph, tragedy, joy, and just plain fun: transitioning through Colonial, Spirituals, Country, Western Bluegrass, Folk, and Blues.

T • Feb 18 • 1:00 PM–3:00 PM • \$20 Silver
Leader: Lamar Banister

Treasure Revealed: Evaluating and Grading Coins

LECTURE, DISCUSSION

NEW Come learn how coins are priced and explore resources to evaluate the history and worth of your own coin collection.

T • Feb 18, 25 • 5:30 PM–7:30 PM • \$40 Silver
Leader: Bill Ventura

Grammartopia & Chasing Histories Challenge

GAME-SHOW ACTIVITIES, Q&A

NEW Grammar is fascinating. History is captivating. In this game-show style event, audience members are invited to battle it out over their Revolutionary-era awareness and communication skills for points and prizes. Did Jefferson 'flesh' or 'flush' out the Declaration? Which founding father wanted to reinvent the American alphabet? Hosted by an accomplished book editor and a popular historian (both of them authors) this interactive program promises to be entertaining and educational.

W • Feb 19 • 10:00 AM–12:00 PM • \$20 Silver
Leaders: Karen A. Chase, Kris Spisak

How to Retire Successfully In The Current Economy

LECTURE, Q&A

Aw If you are within five years of retirement or recently retired, and you have questions or concerns about any of the following topics, then this course is for you. What does a successful retirement look like? The impact of recent tax changes? Healthcare costs and concerns? Which assets do you access when? Investment risk vs reward?



Campus Health & Well-being Opportunities

The University of Richmond's Weinstein Center for Recreation offers many classes that are perfect for Osher members. Devan Martinez, Fitness Manager, suggests these classes:

Yoga Fundamentals

Water Works (water aerobics)

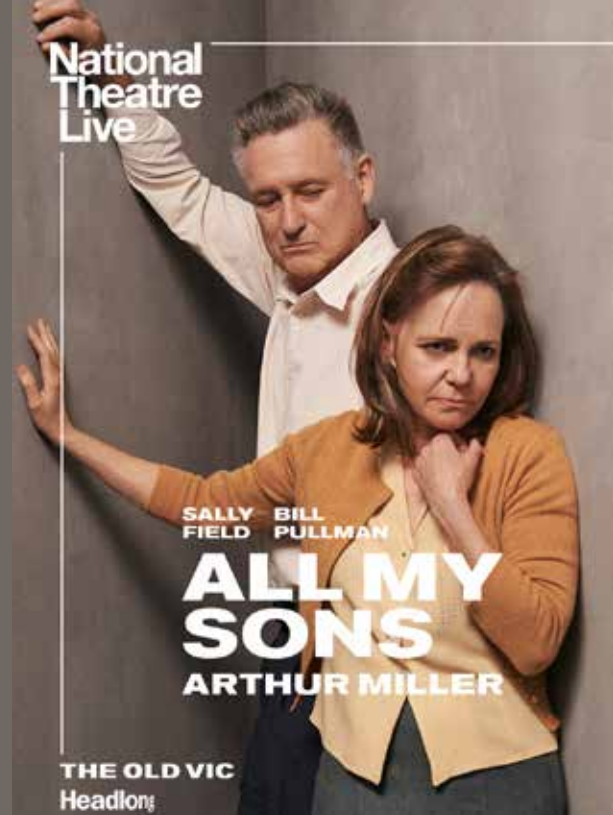
All of these are no charge for Weinstein Center members or \$5 per class for Osher members with UR ID.

For days and times for any of these classes, please check on the web site at: **recreation.richmond.edu**. Please arrive 10 minutes early to complete the check-in process and/or pay at the front desk. The Member Services staff can direct you to locker rooms and to the class location. Also, please remember that one-day use of the Weinstein Center for Recreation is available to all Osher members with your UR ID for \$5 per day. Within the center, you may use any of the equipment and take any class offered that day (there are no sign-ups, so it is first come, first served).

Osher members may also join the Weinstein Center as community members. There is a waitlist, so please stop by the Membership Office (2nd floor) to fill out an interest card. For office hours and waitlist/membership questions, please visit the Paid Membership website: <https://recreation.richmond.edu/member-services/paid%20memberships.html> or call the Membership Office at (804) 662-3086.

Making your money last? We will address these questions while providing direction and tools to get started.

W • Feb 19, 26, Mar 4 • 4:00 PM–6:00 PM • \$60 Silver
Leader: Jeremy Shipp



Spring 2020 Schedule

Osher Price: \$10 modlin.richmond.edu

MODLIN CENTER FOR THE ARTS
HD BROADCAST SERIES

National Theatre Live

All My Sons

Thursday, January 16, 2020 at 7 PM

Bolshoi Ballet

Giselle

Sunday, January 26, 2020 at 12:55 PM

National Theatre Live

Fleabag

Thursday, January 30, 2020 at 7 PM

Great Art on Screen

The Prado Museum: A Collection of Wonders

Wednesday, February 26, 2020 at 7 PM

Presented in partnership with University of Richmond Museums

For tickets and the latest information, visit modlin.richmond.edu or call the box office at (804) 289-8980

Presented in partnership with Modlin Center for the Arts & Osher Lifelong Learning Institute

Race and Imperialism in Joseph Conrad's 'Heart of Darkness'

READING, DISCUSSION

NEW Conrad's novella is one of the great masterpieces of the English language. Published in 1899 the text was written against the background of his personal encounter with Western imperialism in the Congo and the atrocities committed there against its black natives. This seminar will explore the main themes of the novella and seek to discover the extent to which they might resonate with 21st Century readers.

R • Feb 20, 27, Mar 5, 12 •
3:30 PM–5:30 PM • \$60 Silver
Leader: Jack Kangas

Cool Flicks: More of the Greatest Comedies

MOVIES, DISCUSSION

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This summer we will watch and discuss these classics: 'Kind Hearts and Coronets' (British 1949) starring Alex Guinness, 'Coming to America' (1988) starring Eddie Murphy, and 'Father of the Bride' (1950) with Spencer Tracy and Elizabeth Taylor.

F • Feb 21, 28, Mar 6 •
1:00 PM–3:00 PM • \$60 Silver
Leader: Dan Begley

Gateways to History

PRESENTATION, Q&A

NEW Explore Richmond's historic 18th and 19th century burying grounds and Romantic cemetery parks. Meet the notable tenants and learn of their extraordinary achievements and contributions to our city, our state, and our nation. Observe the evolution of the landscape designs and artworks and witness the current reclamation and transformation of Richmond's historic African American cemeteries.

T • Feb 25, Mar 3 • 10:00 AM–
12:00 PM • \$40 Silver
Leader: Kathryn Whittington

Reverse Mortgages: Mechanics, Costs, & Considerations

LECTURE, DISCUSSION, Q&A

Aw **REPRISED** This course will explore how the federally-insured Home Equity Conversion Mortgage (HECM) program actually works, including determination of loan

proceeds and transaction costs. Advantages and disadvantages of using a reverse mortgage will also be discussed.

T • Feb 25 • 1:00 PM–3:00 PM •
\$20 Silver
Leader: Jim Warns

Creative Writing as an Art Form

READING, DISCUSSION, WRITING

NEW The use of creative writing in its various art forms can inspire both others and yourself. And it's also not too bad as a 'personal therapy session!' We will peruse samples of fine writing, then incorporate this inspiration into personal writings.

T • Feb 25, Mar 3, 10, 17, 24 •
3:30 PM–5:00 PM • \$60 Silver
Leader: Mark Davy

Difficult Diagnostic Challenges in Medicine

LECTURE, Q&A

Aw **NEW** Difficult and challenging medical cases will be presented to the audience in which the correct diagnosis was missed. Each patient's complete history, physical examination, laboratory tests, and x-ray findings will be provided. By also carefully noting the behavior of each patient, the attendees will be asked to make the correct diagnosis. One does not want to wait for the autopsy to learn what the problem was!

W • Feb 26 • 10:00 AM–12:00 PM •
\$20/Silver
Leader: Peter Goodman

Those Rascal Feelings, Values & Thoughts: A Contemplative Experience

READING, LECTURE, DISCUSSION

Aw **NEW** Humans utilize both their brain and their mind. All are explored in terms of paradigms, critical thinking basics, the brain's interception loops and the mind's domains, the values-thinking-feeling continuum from polar positions to the rainbow approach, negative thinking preferences, relationship building typology and more. Students are encouraged to read online at www.ThoseRascalFeelings.com prior to and throughout the class.

F • Feb 28, Mar 6, 13 •
10:00 AM–12:00 PM • \$60 Silver
Leader: Dennis Cogswell

MARCH

Telling America's Stories Through Art: The New Nation

LECTURE, Q&A

NEW Artists depict the cultural, social and political climate of their times. How can their artworks enrich our understanding of American history? Using Smithsonian American Art Museum artworks, this session will explore the forces that influence the emerging American identity: the great expanse of western frontier, the growth of the agricultural economy, and the rise of industry.

M • Mar 2 • 10:00 AM–12:00 PM • \$20 Silver
 Leader: Alice Waagen

Infamous Women of the Bible: She Did WHAT?!

LECTURE, DISCUSSION

NEW Some women in the Bible were godly individuals who are better known to us. Some of them were evil in character. In fact, some of them sunk to the very depths of depravity. This class deals with the latter group of lesser-known women.

M • Mar 2 • 1:00 PM–3:30 PM • \$20 Silver
 Leader: Jeraldine (Jeri) Posey

If It Had Happened Otherwise

LECTURE

NEW In 1931 Winston Churchill published an essay speculating on the outcome if Lee had defeated Meade's army at Gettysburg. Churchill drew on his ten-day stay in Richmond in 1929 as an ill-mannered guest of Governor Byrd. This talk will review Churchill's fascination with the Civil War and his and others' 'What Ifs?'

T • Mar 3 • 1:00 PM–2:00 PM • \$20 Silver
 Leader: Tony Pelling

Social Media Made Easy

LECTURE, HANDS-ON ACTIVITIES

CANCELED

ating
 nt to
 -day

6:00 PM–7:30 PM • \$60 Silver
 Leader: Juán-Merlé Venter

The Supreme Court's Chaotic Interpretation of the First Amendment's Establishment Clause

LECTURE

Ri **NEW** This course endeavors to explain why there were SEVEN different opinions when the Supreme Court recently decided the case challenging the constitutionality of a large Christian cross on public property (American Legion v. American Humanist Association). It does so by explaining the confusing and inconsistent interpretations of the establishment clause that the Court has enunciated since 1947. Students will be asked which of those interpretations they favor.

W • Mar 4 • 10:00 AM–12:00 PM • \$20 Silver
 Leader: Ellis West

Medicare Education 101

LECTURE, Q&A

Aw This class provides an overview of the various pieces of Medicare including Part A & B, supplements, drug cards, and Medicare Advantage plans. Eligibility and enrollment in the various parts of Medicare are covered.

R • Mar 5 • 10:00 AM–11:30 AM • \$20 Silver
 Leaders: Chris Lynch, Sarah Lynch

The Robot Will See You Now: Healthcare in an Age of Artificial Intelligence

LECTURE

Aw Se **NEW** Intelligent machines are at the heart of new healthcare technologies for saving lives and averting suffering. Computers can diagnose illness with incredible power and speed, ranging from IBM's Jeopardy!-winning Watson to wearable or implantable devices. Artificial intelligence is enhancing the power of doctors, nurses, and patients. Rather than replacing the doctor, these technologies can free up physicians' time, allowing them to focus on the high-level cognitive tasks that computers can't replicate.

M • Mar 9 • 10:00 AM–12:00 PM • Free and Open to the Public
 Leader: Robert Graboyes

Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Nell Smith at nsmith3@richmond.edu for registration procedures.

Understanding and Making the Most of Your IRA

LECTURE, DISCUSSION, Q&A

Ri Bo Aw **NEW** Do you understand Required Minimum Distributions (RMD), Beneficiary Designations, and Qualified Charitable Distributions? Find out how to cut your income taxes when you start taking RMDs. Find out how to calculate your RMD.

M • Mar 9 • 1:00 PM–3:00 PM • Free to Members
 Leader: Rhonda McIlwain

Osher Volunteer Leadership Opportunities

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher Leadership Council.

Completing their 2019 term are Leadership Council members:

Don Miller, Chair dmlcmm@banet.net

Kay King, Vice-Chair kay.king1@gmail.com

Lee Ann Pickering, Past Chair lapicker11@gmail.com

Colleen Anders	Jeff Keil
Donna Callery	Celeste Miller
Marlene Ebert	George Pangburn
Rob Hafker	Bill Pawelski

Beginning in January, your 2020 Leadership Council members will be:

Kay King, Chair kay.king1@gmail.com

Colleen Anders, Vice-Chair anders1036@comcast.net

Don Miller, Past Chair dmlcmm@banet.net

John Bailey	Becky Hudson
Donna Callery	Celeste Miller
Christine Campbell	George Pangburn
Rob Hafker	

Project teams include:

AV Assistance	Curriculum
Marketing	Member Engagement

Details of leadership opportunities are online at osher.richmond.edu.

Interested in serving?

Contact Peggy Watson at margaret.watson@richmond.edu.

Diving Deep

LECTURE

Ri **NEW** Not long ago we knew more about the surface of the moon than we knew about the deepest oceans, but advances in oceanography have revealed a world of lofty mountains, deep trenches, massive volcanoes, towering fault scarps and undersea rivers. Dr. Kitchen will examine the geology of the deep ocean and explore its evolution through geological time. Goggles not required, but you may need to catch your breath!

T • Mar 10 • 10:00 AM–12:00 PM • \$20 Silver
Leader: David Kitchen

Willa Cather's 'My Antonia'

READING, DISCUSSION

NEW Widely recognized as Willa Cather's greatest novel, 'My Antonia' is a soulful and rich portrait of a pioneer woman's simple heroic life. Antonia endures poverty, teenage seduction and family tragedy set on the desolate prairies of the Midwest during the 19th century. It is also a story about the Bohemian immigrants who settled there. Join us to discuss and compare the plight of immigrants then and now.

W • Mar 11, 18 • 10:00 AM–12:00 PM • \$40 Silver
Leaders: Ann Day, Murray Ellison

Taxes in Retirement

LECTURE, Q&A

Aw Can you afford a 54% tax increase on your retirement income? Are you within 5 years of retirement and have questions like: Will I really be in a lower tax bracket? How are different income sources taxed? How are different investments taxed? What's the difference between Traditional and Roth IRAs? Could I be heading for a 'tax torpedo' and not even know it? This course will address these questions.

W • Mar 11 • 4:00 PM–6:00 PM • \$20 Silver
Leader: Jeremy Shipp

Sunlight in Politics

LECTURE, Q&A

NEW Come enjoy hearing about experiences featured in John Hager's 'Best Seat in the House,' as well as the current political environment in Virginia politics today.

R • Mar 12, 19 • 1:00 PM–3:00 PM • \$40 Silver
Leader: John Hager

Six from the Sixties: Iconic Movies

MOVIES, DISCUSSION

NEW The 60's were a time of cultural upheaval, and its films reflect those changes. Hollywood's steady output of westerns and historical epics gave way to iconic genre-exploding films like 'The Graduate,' 'Bonnie and Clyde,' 'Guess Who's Coming to Dinner,' and 'Breakfast at Tiffany's.' These films explored shifting cultural mores and helped transform the way we view issues like sexuality, romance, and race relations: and ushered in a new golden age in American filmmaking.

F • Mar 13, 20, 27, Apr 3, 10, 17 • 1:00 PM–3:30 PM • \$60 Silver
Leaders: Eric Holzwarth, Anne Barash

Spanish for Travel

HANDS-ON ACTIVITIES

Ri **NEW** This class will provide an introduction to Spanish language pronunciation with basic vocabulary and phrases useful while traveling in Spanish-speaking countries. Note: This same class will be offered again on April 27.

M • Mar 16 • 9:00 AM–10:30 AM • \$20 Silver
Leader: Mary Catherine Raymond

Food Labeling and Changes to the Nutrition Facts Panel

LECTURE, Q&A

Aw **NEW** Do you find food labels confusing? In May of 2016, the FDA published updated rules on the Nutrition Facts label for packaged foods. The new label will make it easier for consumers to make informed food choices. We will also discuss the required information for food labels.

M • Mar 16 • 11:00 AM–12:00 PM • \$20 Silver
Leader: Courtney Mickiewicz

Genetics: Past, Present, and Future

LECTURE

Aw **NEW** Let's take a closer look at genetics, including the growth of genetics, the race to the DNA Double Helix, the universal Code of Life, the international Human Genome Project, genetic law and order, pluses and minuses of direct-to-consumer genetics, GMOs all around us, genetics and cancer,

IVF babies, and finally the promise and peril of stem cells. No scientific background is needed.

M • Mar 16, 23, 30, Apr 6 •
1:00 PM–3:00 PM • \$60 Silver
Leader: Ernest Fornaris

Qi Gong Movement Class

LECTURE, ACTIVITIES

Ri Aw This class offers that chance for participants to come together once a week for shared Qi Gong practice. We will simply work our way through a Qi Gong sequence, so that by the end of the 4 sessions the students have practiced the entire sequence. Handouts will be given with the names of the moves and we will cover approximately 8 - 10 each week.

T • Mar 17, 24, 31, Apr 7 •
9:00–9:30 AM • \$40 Silver/Gold/UR
Leader: Jennifer Cable

Understanding Long Term Care Insurance

LECTURE, Q&A

Aw **REPRISED** This class will help you understand long term care as well as options available to pay for care. What is most tax efficient way, based on individual's circumstances, to pay for long term care? There is no one-size-fits-all. (This class is repeated on April 21.)

T • Mar 17 • 10:00 AM–12:00 PM •
\$20 Silver
Leader: Linda Tsironis Caruthers

Consumer Protection: Avoiding Frauds and Scams

LECTURE, Q&A

Bo Aw **NEW** Come to this session to learn how to identify, avoid, and respond to frauds and scams. This talk will include a discussion of common types of fraud, including telemarketing, mail, and internet fraud; credit card fraud; and identity theft. Also we will provide information on tools and resources available to learn about, and protect against, frauds and scams.

T • Mar 17 • 1:00 PM–3:00 PM •
Free to Members
Leaders: Richard Schweiker, Jr.,
David Irvin

America's First Congresswoman

LECTURE, Q&A

NEW Today there are more than 100 women serving in the US House of Representatives: but there must have been someone who was the first. That woman was Jeannette Rankin, elected just over 100 years ago in 1916, four years before the ratification of the 19th amendment. This course will explore the life and career of this pioneering feminist.

W • Mar 18 • 1:00 PM–3:00 PM •
\$20 Silver
Leader: David Fishman

Osher Member Orientation

Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

W • Mar 18 • 3:30 PM–5:00 PM •
Free to Members
Leaders: Osher Membership Team

Children of the Civil Rights Series, Volume 1: The Life of Barbara Rose Johns

LECTURE, DISCUSSION

NEW Join this class to explore the life of Barbara Rose Johns. We will focus on this student leader of the successful strike at Robert Russa Moton High School, which escalated to a national debate that had to be settled by the Supreme Court. Her bold leadership was before Selma, before King, and before Rosa. How did a 16-year-old African American girl have the courage to lead a peaceful revolt that changed America?

R • Mar 19 • 10:00 AM–12:00 PM •
\$20 Silver
Leader: John Festa

Farewells to Our Presidents

LECTURE

REPRISED Learn about the deaths and funerals of Presidents, including the eight born in Virginia. We will touch on Presidents Washington, Lincoln, Garfield and McKinley, as well as Confederate President Davis. We will review each Presidential death and funeral and the details of a State funeral.

R • Mar 19, 26, Apr 2, 9, 16, 23, 30,
May 7 • 3:30 PM–4:30 PM • \$60 Silver
Leader: Bernie Henderson

Photo Editing for Photographers Who Hate to Photo Edit

LECTURE, Q&A

NEW Photo editing is important to take your photography to the next level. The first part of the class will cover cell phone images and the remainder of the class will cover editing with Photoshop/Elements and Luminar software.

F • Mar 20 • 10:00 AM–12:00 PM •
\$20 Silver
Leader: Daniel Walker



About Your Classes . . . Expectations for Attendance, Quality, Feedback

Signed up, but now unable to attend a class?

If you find that you cannot attend an Osher course, please notify the Osher office via email as soon as possible. We understand that things come up in each person's life, and that class attendance is not always the first priority. However, we are asking that you be considerate of the program, your colleagues, and the instructors and withdraw so that other Osher members may attend.

It is not necessary to let us know if you're missing just one part of a multi-session class (we would not fill your slot with another student for only part of a class).

Please remember that registration is required. Just because there are seats in the classroom does not mean that you may show up and join the class. Often, instructors limit enrollment to better address the content and purpose of the class.

And when you do attend class . . .

- Please sign in on the roster for each class that you attend and refrain from signing in for anyone else.
- Please sign in only for the session you are attending on that day.
- Please complete the online class evaluation survey for which you'll receive a link on the last day of class. Your comments are anonymous, and your feedback is important.
- Please remember if you are dissatisfied with a class, you may contact the Osher office for permission to attend another class at no charge.

And when you are serving as a class assistant:

- Please arrange with the Osher office to pick up the roster and instructor gift prior to class.
- Please arrive at least 30 minutes before the beginning of class.
- Please make sure each attendee signs in on the roster.
- Please conduct a quick head count that should match the roster to help us record accurate attendance data.

Thank you for your help in continuing to make our Osher program a great experience for everyone involved.

2020 Edward C. and Mary S. Peple Library Lecture: Disaster Relief and the Founding Fathers



When yellow fever struck Philadelphia, the nation's capital, in 1793, the entire federal government fled the scene, offering no relief to the suffering or to local people who tried to help them. When fires, hurricanes, or other calamities devastated communities in the early republic, presidents who sent donations to local relief funds always emphasized that their contributions should be anonymous. When, if at all, did state or federal authorities offer humanitarian aid to disaster victims? Hardly ever. But the rare occasions when they did offer an interesting perspective on our own culture of disaster in twenty-first-century America. Book signing and reception to follow.

U • Mar 22 • 2:00 PM– 3:30 PM • Free and Open to the Public
Leader: *Cynthia Kierner*

The Nabateans

LECTURE

NEW Before Alexander's conquest, a thriving new civilization had emerged in southern Jordan. It appears that a nomadic tribe known as the Nabateans began migrating gradually from Arabia during the sixth century BCE. Over time,



they abandoned their nomadic ways and settled in a number of places in southern Jordan, the Naqab desert in Palestine, and in northern Arabia. Their capital city was the legendary Petra, Jordan's most famous tourist attraction.

M • Mar 23, 30 • 10:00 AM–12:00 PM • \$40 Silver

Leader: *Shantaram Talegaonkar*

iPad Basics

LECTURE, HANDS-ON ACTIVITIES



REPRISED Are you getting the most out of your iPad? Learn short cuts, tricks, and how to enjoy and use your iPad. Betsy will provide an overview of basics, including set up, apps, and more. This course is designed for students who own an iPad with the latest iOS software and can access campus WiFi. You may also contact the course leader at ipadbasics@aol.com with any questions about the course.

T • Mar 24, 31 • 10:00 AM–12:00 PM • \$40 Silver

Leader: *Betsy Y. Spath*

Your Backyard Habitat and Why It Is Important

LECTURE, Q&A

REPRISED Ever wonder how to get more birds, bees, and butterflies in your yard? Wish you could make yard work easier and less complicated? This class will have helpful tips. There's lots to learn, and plenty of suggestions for people who don't have yards, too!

W • Mar 25, Apr 1 • 10:00 AM–12:00 PM • \$40 Silver
Leader: *Sheryl Smith*

Chain Maille: Double Spiral Rope Bracelet

INSTRUCTION, HANDS-ON ACTIVITIES

UPDATED Double Spiral is a very basic yet impressive chain maille weave that is fun to make and works up quickly. This weave is great as a bracelet and is appealing to men and women alike! We will be creating this bracelet with sterling silver: you'll be taught how to properly link the doubled rings so the weave stays twisted together. Instructor provides all materials and tools; participant brings good eyesight, patience and enthusiasm!

W • Mar 25, Apr 8 • 1:00 PM–3:00 PM • \$70 Silver/Gold/UR
Leader: *Celeste Miller*

The 4 German Baroque Bs: Buxtehude, Böhm, Bruhns, and Bach

LECTURE, DEMONSTRATION

Ri Bo **NEW** The lecture-demonstration will explore the organ music of four of the most important German Baroque composers, including the various musical forms they employed, such as chorale prelude, partita, passacaglia, and fugue. The interrelationship between this music and the German Baroque-style organ will be examined.

R • Mar 26 • 10:00 AM–12:00 PM • Free to Members
Leader: Bruce Stevens

Cell Phone for Travel Photography

REPRISED We will cover tips and techniques for cell phones to enhance travel photography. We will address photography of landscapes, waterfalls, street, and people situations. We will progress to advanced cell phone techniques and image editing on the phone and computer.

T • Mar 26 • 1:00 PM–3:00 PM • \$20 Silver
Leader: Daniel Walker

Telling America's Stories Through Art: War at Home and Abroad

LECTURE, Q&A

NEW Artists depict the cultural, social and political climate of their times. How can their artworks enrich our understanding of American history? Using Smithsonian American Art Museum artworks this session will explore how artists' depictions of wars (Civil, WWI and WWII) changed our national identity.

F • Mar 27 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Alice Waagen

Charles Darwin: A Life

LECTURE, Q&A

NEW These talks will consider why Charles Darwin was so successful, his nurturing distinguished family, the respect he earned by those on the Beagle journey, the intellectual connections he made, and his integrity. References include his autobiography and letters.

T • Mar 31, Apr 7, 14, 21 • 1:00 PM–2:00 PM • \$60 Silver
Leader: Harry Wistrand

The Total Camino Hiking Experience

LECTURE, Q&A

REPRISED The presentation will focus on the background and history of the Camino de Santiago, the preparation involved to hike the Camino, and pictures documenting the Camino walk.

T • Mar 31 • 2:30 PM–4:30 PM • \$20 Silver
Leader: Robert Abbott

APRIL

Increasing Access to Global Healthcare: The Medicines for All Institute

LECTURE

Aw **NEW** Access to global public healthcare is affected by many technical, economic, and social factors. It is widely recognized that the resources required to deliver and improve global public health are currently constrained. A powerful way to increase access is to lower the cost of products and services that have already proven to be effective. The mission of Medicines for All (M4ALL) is to transform active pharmaceutical ingredient (API) processes in order to reduce medication cost and improve patient access.

W • Apr 1 • 1:00 PM–3:00 PM • \$20 Silver
Leader: Frank Gupton

The Heyday of Coal Mining 1880-1960

LECTURE, Q&A

Bo **NEW** This class will examine the beginning of coal mining in Virginia and West Virginia, including contributions of railroads, coal miners and their families, coal wars and unions. It will conclude with a look at the business after WWII, in particular the changes and their effects on miners.

R • Apr 2, 9 • 10:00 AM–12:00 PM • Free to Members
Leader: Floyd Myers

Our Curious Constitution

LECTURE

NEW Our Constitution is a remarkable, yet very curious document. Terms that we might expect to find there, such as 'separation of powers' and 'federalism,' are conspicuously absent, while peculiar



Give a Gift of Membership

Anniversaries, birthdays, Valentine's, Mother's Day, Father's Day, Christmas, and other celebrations are a great time to give the gift of Osher membership. This is SO much better than another sweater, candy, or a pair of socks! This is perfect for a spouse, partner, friend, parent, grandparent, or neighbor.

Osher membership offers great classes, wonderful benefits, and often leads to longtime friendships. Members may engage in interest groups, book clubs, courses, special events, and travel opportunities, as well as attend special lectures, musical performances, and art exhibit openings. Rather than giving something that is consumed or shoved in a closet, give this great gift of intellectual activities, social engagement, and fun!

For more information, contact Peggy Watson at margaret.watson@richmond.edu.

provisions such as 'corruption of blood' and 'bills of attainder' appear regularly. In this course we will examine the Constitution through this prism. Using historical and modern-day examples, we will analyze the Constitution and obtain a deeper understanding and appreciation of this fascinating document.

R • April 2, 9, 16 • 1:00 PM–3:00 PM • \$60 Silver
Leader: Michael Kerley

Beethoven @ 250: Milestones & Turning Points

LECTURE

NEW 'Tones sound, and roar and storm about me until I have set them down in notes,' once wrote Ludwig van Beethoven. In 2020, Beethoven's notes will roar and storm about the world in celebration of the 250th anniversary of the great German composer's birth. The Heifetz Institute's Benjamin K. Roe offers a three-part survey of Beethoven's works that focus on the pieces that marked decisive milestones and turning points in his compositional career.

F • April 3, 10, 17 • 10:00 AM–12:00 PM • \$60 Silver

Leader: Benjamin Roe

Telling America's Stories Through Art: The Great Depression

LECTURE, Q&A

NEW The Great Depression of the early 20th century was a time of hardship and deprivation countered by one of the greatest government support for the arts in US history. Come to this lively and informative session to view this pivotal time in America's story through the eyes of artists who dramatically documented this period.

M • Apr 6 • 10:00 AM–12:00 PM • \$20 Silver

Leader: Alice Waagen

Campus Garden Walk

Ri Bo Come prepared to enjoy the beautiful UR campus in the springtime. We will stop at some of the lovely gardens and talk about the planning and planting that happens all the time to enhance our campus. Please dress for the weather and wear walking shoes. (Repeated on April 8)

T • Apr 7 • 10:00 AM–12:00 PM •

Free to Members

Leader: Marshall Ervine

Remember USS Pueblo?

LECTURE, Q&A

NEW On January 23, 1968, North Korean naval and air forces attacked and seized an essentially unarmed US Navy vessel, USS Pueblo, operating in international waters off North Korea. The crew was taken prisoner, held and tortured before being released exactly eleven months later; Pueblo itself has never been returned or recovered and today is a tourist attraction in Pyongyang. We will examine the cir-

cumstances surrounding Pueblo's mission and seizure, as well as subsequent events.

T • April 7, 14, 21 • 3:00 PM–5:00 PM • \$60 Silver

Leader: Bob Warwick

Desert Kingdoms of Rajasthan

LECTURE

NEW Jodhpur is a city in the Thar Desert of the northwest Indian state of Rajasthan. Its 15th century Mehrangarh Fort is a former palace that's now a museum. Jaisalmer is a former medieval trading center and a princely state in the western Indian state of Rajasthan, in the heart of the Thar Desert. Dominating the skyline is Jaisalmer Fort, a sprawling hilltop citadel buttressed by 99 bastions and encompassing the ornate Maharaja's Palace.

W • Apr 8 • 10:00 AM–12:00 PM • \$20 Silver

Leader: Shantaram Talegaonkar

Campus Garden Walk

Ri Bo Come prepared to enjoy the beautiful UR campus in the springtime. We will stop at some of the lovely gardens and talk about the planning and planting that happens all the time to enhance our campus. Please dress for the weather and wear walking shoes. (Repeated on April 7)

W • Apr 8 • 3:30 PM–5:30 PM •

Free to Members

Leader: Marshall Ervine

The Cold War, 1945-1991

LECTURE, Q&A

REPRISED While 60 million were killed in WWII, the US won the Cold War without firing a shot directly at an enemy. In the

Cold War conflict, both sides had nuclear weapons capable of killing 60 million in 60 minutes. What changed to bring about this astonishing turn of events?

M • Apr 13, 20 • 10:00 AM–12:00 PM • \$40 Silver

Leader: Louis Cei

Explore China: The Chinese Peranakans

LECTURE

NEW The Chinese Peranakans are an intriguing, but relatively unknown ethnic group. This class will explore which Chinese left their homeland and why they traveled to the Malay archipelago and Singapore. Their unique culture was a mix of Chinese and Malay beliefs, customs and values: with a dab of British influence. Family life, marriage, taboos and beliefs, clothing and cooking are among the areas to be covered.

M • Apr 13 • 1:00 PM–3:00 PM • \$20 Silver

Leader: Donna Callery

The Rise and Fall of The Band-Part A

MOVIE, DISCUSSION

Bo **NEW** The story of The Band is almost hard to believe. Their tale is a timeline of formative experiences that birthed a sound and style that was unique and impactful. This class is a screening of the documentary 'The Last Waltz.' (Part B of this course is on page 17.)

M • Apr 13 • 7:00 PM–9:00 PM •

Free to Members

Leaders: Bill Pike, Joe Vanderford



Apple iPhone, Beyond the Essentials

LECTURE, Q&A, HANDS-ON



REPRISED Many of us still carry around a paper appointment book, address book, shopping lists, and other notes we have written down. This course will look at how we can move this information to our iPhones. If you plan on using your iPhone to follow along during class, your phone should be a model 6S or newer and updated to the latest iOS version. Contact the course leader at westcobb@gmail.com with any questions.

T/R • April 14, 16, 21, 23 •
9:30 AM–11:30 AM • \$60 Silver
Leader: West Cobb

The Rise and Fall of The Band—Part B

LECTURE, Q&A

NEW Let's talk about the story of The Band. We will focus on the group's first three albums and will offer a mixture of print research, audio and video clips, interviews, and listening to parts of the albums.

T • Apr 14 • 10:00 AM–12:00 PM •
\$20 Silver
Leaders: Bill Pike, Joe Vanderford

The Desegregation of Southern College Sports (1954-1980)

LECTURE, Q&A

NEW Major college sports (especially football and basketball) have for decades occupied a place of oversized prominence in America, especially in the South. This course will explore, through the stories of several individuals and programs, how a few Southern college sports teams, players, and coaches came to play a significant role in racial integration, not only on sports fields and arenas, but in the educational system and society as a whole.

W • Apr 15, 22 • 10:00 AM–12:00 PM •
\$40 Silver
Leader: Thomas Cox

The Usual Suspects: General Washington and the Conway Cabal

LECTURE

NEW In early 1778, dismayed by Washington's repeated defeats, senior patriot military officers - notably major generals Thomas Mifflin, Thomas Conway, and Horatio Gates - attempted to undermine Washington's control of the Continental Army. The episode is known now as the

'Conway Cabal.' Washington defeated the Cabal in a bruising political battle, a key step in Washington's consolidation of his position in the army and his rise to iconic status in the Revolution itself.

W • Apr 15 • 1:00 PM–3:30 PM •
\$20 Silver
Leader: Mark Lender

Cemeteries Tell Stories: A Walking History of Wilton at Hollywood Cemetery

FIELD TRIP

NEW This walking tour through Hollywood Cemetery will trace the later years of Wilton, the Georgian mansion turned house museum in Richmond's near west end. Together we will follow more than 70 years of a home's history through a series of burials from the turbulent period of Reconstruction through the home's eventual relocation in the 1930s. What stories can a cemetery tell? Students provide own transportation to site.

M • Apr 20 • 1:30 PM–3:00 PM •
\$20 Silver
Leader: Katie Watkins

Coins & Currency Used in Historic Virginia

LECTURE, DISCUSSION

The coins and currency that initially circulated in Virginia from 1607 (Jamestown) through 1865 (end of the Civil War) were, of course, not American. The Coinage Act of 1857 eliminated foreign coins as 'legal tender,' but Virginians largely ignored this law out of necessity, continuing to circulate Spanish colonial, Mexican, British, and French coins well past 1865. Students are welcome to bring in coins or currency for identification.

M • Apr 20 • 3:30 PM–5:30 PM •
\$20 Silver
Leader: John Philips

Introduction to the Talmud

LECTURE, Q&A

REPRISED The Talmud is the collected repository of thousands of years of orally transmitted Jewish Rabbinical wisdom. Noted rabbinic scholar Adin Steinsaltz aptly described it as a conglomerate of law, legend, and philosophy; a blend of unique logic and shrewd pragmatism, of history and science, anecdotes and humor. In this class you will learn how the Talmud is connected to the 'Old' Testament, how it was redacted over time, what its contents encompassed, and how it is organized.

T • Apr 21, 28, May 5 •
10:00 AM–12:00 PM • \$60 Silver
Leader: Alan Pollack

The UR 'Osher Give Back' Program

Volunteering can give meaning and purpose to retirement life! We've created a multi-tiered approach to 'giving back' so that members may choose their level and length of volunteer commitment. Come work in the bookstore, or lend a hand at special events, serve as a mentor, or welcome an international student into your home. You can also go into UR's online volunteering system to contribute to community projects and org, SpidersEngage, (richmond.givepulse.com) anizations. There are so many opportunities to lend a hand. Please contact Lee Ann Pickering at lapicker11@gmail.com to learn more and sign up!

Understanding Long Term Care Insurance



REPRISED This class will help you understand long term care as well as options available to pay for care. What is most tax efficient way, based on individual's circumstances, to pay for long term care? There is no one-size-fits-all. (This class is repeated on March 17.)

T • Apr 21 • 6:00 PM–8:00 PM •
\$20 Silver
Leader: Linda Tsironis Caruthers

Maggie L. Walker, A Catalyst for Change

LECTURE, BUS TOUR, FIELD TRIP

NEW Walker is well-known as the first African American woman to become a bank president, but did you know she had a longer record as being a social activist? Join us as we explore the lesser-known story of Walker's activism, which included assisting women with voter registration in 1920, and visit her home at the Maggie L. Walker National Historic Site. No refunds unless we can fill the seat with another member.

W • Apr 22, 29 • 1:30 PM–3:30 PM
(second class 1:00 PM - 4:00 PM) •
\$40 Silver/Gold/UR
Leaders: Ben Anderson, Ajena Rogers



Regirer Series on Aging Well

We are grateful for the generous grant from the Walter W. Regirer and Maria Teresa Regirer Foundation, which supports our popular Regirer Series on Aging Well. The Regirers were passionate continuing education advocates, especially within the local senior healthcare community. We are fortunate to have the opportunity to help the Foundation address the Regirers' important legacy.

While the Series focuses on health, wellness, legal and financial topics important to our Osher population, we will also continue to explore how to live our best lives within communities that respect and encourage this quest. Look for the **Aw** designation in this catalog or the 'Aging Well' section of the registration portal for Regirer related courses and activities.



You Call 911, Then What?

LECTURE, Q&A



NEW Let's explore the miracle of modern emergency medical service and how it can save your life. Learn when to call 911 and what to tell the dispatcher. Learn what the 'golden hour' is and why it matters.

R • Apr 23 • 1:00 PM–3:00 PM • \$20 Silver

Leaders: Sandie Warwick, William MacKay

Telling America's Stories Through Art: Contemporary Times

LECTURE, Q&A

NEW Artists depict the cultural, social and political climate of their times. How can their artworks enrich our understanding of American history? Using Smithsonian American Art Museum artworks this series will explore how contemporary artists experience their worlds and depict controversial issues such as terrorism, racism and immigration.

F • Apr 24 • 10:00 AM–12:00 PM • \$20 Silver

Leader: Alice Waagen

Mystery, History and Delights of the Périgord

READING, FACILITATED DISCUSSION

REPRISED 'Bruno, Chief of Police' by Martin Walker sets the stage for a vicarious trip to France's Périgord region. As Bruno solves the crime, we learn about the area's prehistoric caves, castles, culture and gastronomic specialties such as truffles and foie gras. Students are asked to read the book before the class meets to form a common basis of discussion.

F • Apr 24 • 1:00 PM–3:00 PM • \$20 Silver

Leader: Nancy Nock

Spanish for Travel

HANDS-ON ACTIVITIES



NEW This class will provide an introduction to Spanish language pronunciation with basic vocabulary and phrases useful while traveling in Spanish-speaking countries. *Note: This same class is offered on March 16.*

M • Apr 27 • 9:00 AM–10:30 AM • \$20 Silver

Leader: Mary Catherine Raymond

Gambles Mill Eco-Corridor



NEW Take a campus walk and learn about the University of Richmond's most recent stewardship initiative, the Gambles Mill Eco-Corridor. This project combines innovations in stream restoration, stormwater management, and invasive plant removal. A new Community Garden, an improved trail connecting the campus to the community, and outdoor classroom make this site more accessible

than ever. Please dress for the weather and wear walking shoes.

M • Apr 27 • 11:00 AM–1:00 PM • Free to Members

Leaders: Marshall Ervine, Rob Andrejewski

Agents of Change: Female Activism in Virginia from Women's Suffrage to Today

FIELD TRIP

NEW The passage of the Nineteenth Amendment in 1920 radically re-defined American democracy by banning gender-based restrictions on voting. This landmark legislation marked the culmination the women's suffrage fight and heralded a new age of female participation in American civic life. In conjunction with the statewide Women's Suffrage Centennial, this exhibition celebrates a century of women's social and political activism in the Commonwealth. Students provide own transportation to site.

M • Apr 27 • 2:00 PM–3:30 PM •

Pay at the door \$10 or \$6 for members/veterans

Leader: Maggie Creech

Poets of the Piano: Goldberg Variations

LECTURE, PERFORMANCE

NEW This lecture-recital explores the origin, art, and history of Bach's Goldberg Variations, one of the most famous pieces of keyboard music in classical music. Did he really compose it for an insomniac Count? Was Glenn Gould the first to discover it 200 years later? We will explore Bach's goals in this music and its influence after he died.

T • Apr 28 • 1:00 PM–2:30 PM •

\$20 Silver

Leader: Nathan Carterette

Deep Roots: The Virginia Baptists and the University of Richmond

LECTURE, TOUR



NEW Who are the Virginia Baptists? Come hear their story and explore their role in securing religious liberty. Learn, too, how their history is intertwined with that of the University of Richmond. We will meet at the Virginia Baptist Historical Society on campus. *Note: there are three steps to enter the building.*

W • Apr 29 • 10:00 AM–11:00 AM • \$20 Silver

Leader: Nathan Taylor

An Introduction to Personal Digital Archiving

LECTURE, INTERACTIVE DISCUSSION

Ri **NEW** This class is intended to provide a basic introduction to some of the issues surrounding our attempts to address the proliferation of digital content in our lives and an overview of ways to manage your personal digital content. Whether it is your personal documents, email, photographs, video, etc., we will explore approaches and strategies to managing your digital content that will help to ensure access to your personal digital content in years to come.

W • Apr 29 • 11:30 AM–12:30 PM • \$20 Silver
Leader: Crista LaPrade

Hillwood Estate, Museum & Garden Trip

FIELD TRIP

REPRISED Marjorie Merriweather Post purchased Hillwood with the intent to leave it as a museum that would inspire and educate the public. We will have a docent guided mansion tour that show her rich collections and her passion for history. You will marvel at the beautiful gardens as Spring turns to Summer during our docent tour. Following our tours we will have lunch on the grounds at the Merriweather Café. No refunds unless we can fill the seat with another member.

R • Apr 30 • 7:00 AM–5:00 PM • \$95 Silver/Gold/UR
Leader: Donna Callery

MAY

Finding Your Virginia Roots

FIELD TRIP

NEW This class session will focus on how to begin your research and the genealogical resources available at the Library of Virginia. Students provide own transportation to site.

F • May 1 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Ashley Ramey

Historic Maymont Estate Walking Tour

FIELD TRIP

NEW Explore the grounds on foot and get a close look at the breathtaking combination of gardens, outbuildings, carriages, and fountains that make Maymont so special. This tour will also introduce guests to the stars of our nationally known arboretum, a collection of trees and shrubs found nowhere else in Virginia. Please dress for the weather and wear good walking shoes. Note: be prepared for mid-level activity range and some hills and uneven surfaces. Students provide own transportation to site.

F • May 1 • 1:30 PM–3:00 PM • \$8 Silver/Gold/UR
Leader: Kathy Alcaine

The World of J.R.R. Tolkien and The Hobbit

READING, LECTURE, DISCUSSION

NEW Join us for a Murray-Romp, starting with a life's overview of J.R.R. Tolkien. Learn how he was inspired during World

War I to create the mythical characters and story of The Hobbit and The Lord of the Rings Trilogy. These books have been described as both juvenile and adult masterpieces. Murray recommends to read or re-read the Hobbit before the class to get the most magic out of our discussions.

M • May 4, 11 • 10:00 AM–12:00 PM • \$40 Silver
Leader: Murray Ellison

Islam and the Architecture of Mosques

LECTURE

REPRISED The two presentations will take the audience to mosques in North Africa, Turkey, and Iran, opening a window into the World of Islam.

M • May 4, 11 • 1:00 PM–2:30 PM • \$40 Silver
Leader: Hans Oppe

Birding Walk Through UR

Ri We will take an early morning walk through the lovely University of Richmond campus to look and listen for resident birds. Please dress appropriately for the weather, wear comfortable shoes, and bring binoculars, if you have them.

R • May 7 • 8:00 AM–9:30 AM • \$20 Silver
Leaders: Mary Elfner, Marshall Ervine

Richmond Ballet Rehearsal Viewing

FIELD TRIP

NEW Experience a behind-the-scenes look at this centuries-old art form and witness what it takes to bring it to life. Enjoy this up-close viewing of Studio Three rehearsals with the Richmond Ballet, the state ballet of Virginia. Students provide own transportation to site.

R • May 7 • 11:30 AM–1:00 PM • \$20 Silver
Leaders: Valerie Tellmann-Henning, Richmond Ballet

Skin Cancer

LECTURE

Aw **NEW** Learn about how to protect yourself and detect cancer early. We'll talk about who is at risk, the most common types, and the various treatment options, including Mohs surgery.

F • May 8 • 10:00 AM–11:00 AM • \$20 Silver
Leader: Christine S. Rausch



Aged Assumptions: How Stereotypes, Assumptions, and Expectations about Age Shape the World around Us

WORKSHOP

Aw Bo Stereotypes, assumptions and expectations based on age are commonplace and are often less likely to raise concerns than those based on other social identities, but stereotypes based on age affect everyone regardless of their age group. In this workshop, we'll discuss how cognitive biases, including but not limited to stereotypes, affect how different age groups are perceived, as well how aging may affect how we perceive the world around us.

W • May 20 • 9:30 AM–1:30 PM • Free to Members
Leader: Destiny Peery



Infection Prevention Past to Present: How Much Can We Prevent and How Hard Should We Try?

LECTURE, Q&A

Aw **NEW** This lecture will present a general overview of infection prevention in the hospital, with a focus on how much is truly preventable given the current state of infection prevention science.

M • May 11 • 1:00 PM–2:30 PM • \$20 Silver
Leader: Gonzalo Bearman

Legal Issues as You Age

LECTURE

Aw **REPRISED** As we age, we should approach legal questions, issues, and situations a bit differently. While estate planning can be done at any age, elder law starts a whole new conversation. Attend this class offered by an elder law expert as she talks about what legal options you may wish to consider, what critical legal decisions should not be overlooked, and how to know and choose what's best for you.

T • May 12 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Paula Peaden

Kindness 'Rock Painting'

DEMONSTRATION, HANDS-ON ACTIVITIES

REPRISED Join in the current, creative, and contagious rock painting phenomenon in RVA and across the country. We will learn how to prep and paint smooth beach rocks with a variety of designs. No prior experience is required, just a willingness to let your creativity flow. Designs include abstracts, animals, positivity messages, and most of all painting the kindness message on such a small medium. All supplies provided.

T • May 12 • 1:00 PM–3:00 PM • \$20 Silver
Leader: Barbara Kaplowitz

Susanna Bolling, The Girl Who Won the Revolutionary War

LECTURE, Q&A

NEW Almost five years after the Declaration of Independence, the American Revolution hung in the balance. In May 1781, General Cornwallis invaded City Point, VA, and quartered his army. As 16-year-old Susanna Bolling served the British general and his officers dinner, she overheard their plans to capture General Lafayette and crush the American rebellion. Under cover of darkness, she snuck out, canoed downriver, and rode ten miles to warn Lafayette. But would she make it undetected?

W • May 13 • 10:00 AM–11:30 AM • \$20 Silver
Leader: Libby McNamee

Uncomplicated Portuguese: Learn to Express Yourself and Communicate the Easy Way!

LECTURE, FACILITATED PRACTICE

NEW During this second immersion of Portuguese you'll learn daily expressions, pronunciation, and grammar by practicing reading and writing, listening to music, and having fun!

R • May 14 • 10:00 AM–12:00 PM • \$20 Silver
Leader: Marília Munhoz

Tour of UR's Historic Bottomley House

Ri Bo Although the Jepson Alumni Center is a modern facility completed in 1997, its history dates back to 1915. In that year, William Lawrence Bottomley, the eminent early 20th-Century New York architect, designed and built this 6,000 square-foot home just across the road from the University of Richmond. Come learn how this historic home was acquired by UR and moved onto campus. Attendees will tour the home and hear about its many lovely features.

F • May 15 • 10:00 AM–12:00 PM • Free to Members
Leader: Betty Ann Dillon

UR Behind the Scenes: The Cannon Memorial Chapel

Ri Bo This stately building with the dramatic stained glass windows has served the UR campus since its dedication in 1929, not only for religious services but also for cultural and academic events. Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013. We will also include the Columbarium and the Wilton Center in this program.

F • May 15 • 1:00 PM–3:00 PM • Free to Members
Leader: Betty Ann Dillon



Once Again, Osher Members' Generosity Shines Through!

We are pleased to share that thanks to the generous response of our members, University of Richmond's Osher Institute has exceeded its **2019 Osher Annual Fund** goals of \$20,000 from 200 Osher members. These goals represented a 33% increase over our 2018 goals.

As of October 23, 2019, 250 Osher members made gifts totaling \$23,593. The year-to-date 2019 Honor Roll of Donors can be found on our website, spcs.richmond.edu/osher/giving/2019.html.

Similar to other Osher Institutes throughout the nation, the 2019 Osher Annual Fund campaign concentrated on building financial reserves to support long-term sustainability. Reserves are important should endowment income fluctuate or enrollments unexpectedly drop.

In addition to providing our Osher with a capacity-building grant this year and the past two years, the Bernard Osher Foundation has agreed to allow our Osher Institute to apply for up to two additional years of funding to support our long-term sustainability efforts. We are in the process of applying for this additional funding now, proud to show the Foundation strong membership retention and growth, and our members financially supporting their own Osher Institute.

Once again, thank you to all our donors to date. If you have not made a gift to the Osher Institute and would like to, please visit osher.richmond.edu/give, or contact **Amy Edwards**, Stewardship Assistant, at aedwards@richmond.edu or 804-287-1946.

Osher Interest Groups

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at osher.richmond.edu. An Osher Institute membership is required for interest group participants.

Bridge

The social/duplicate bridge group meets on the first Friday of each month at 1:00 pm (except in the summer months). A short bridge lesson is taught at the beginning of each session. Please contact **Ellen Hollands** at efine98@aol.com or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

Contemporary Issues

Contemporary Issues (CI) is an interest group devoted to consideration of important news topics of the day. Invited guest speakers and CI committee members facilitate exploration of focus topics, followed by open discussions of contemporary issues suggested by staff and members. These discussions feature lively debates and a free flow of information, opinions and ideas with the hope that our understanding of the thoughts and concerns of our members with differing viewpoints will help us all to appreciate our state and national discourse. Recent focus topics include: Fake News and Journalism; Virginians for Fair Redistricting; The re-emergence of Nationalism; The Federal Reserve Bank: Current Economic Activity, Prospects for Economic Growth, and Issues That May Affect its Path; Climate Change and the Green New Deal: Fact or Fantasy? This interest group is coordinated by: Alan Corbett, William Pawleski, Susan Phieffer, John Schofield, Janet Murray, Joyce Rothschild, and Jeffrey Keil. Sessions are held the first Wednesday of each month starting in September. To join, please contact contact **Susan Phieffer** at sphieffer@gmail.com.



Great Conversations

Over the years, this group has been discussing short stories, essays and poetry, with a few novellas mixed in for flavor. We've even done a few documentary films. The subjects of our lively conversations? We floated deep into the *Heart of Darkness* with Joseph Conrad. We watched a *Total Eclipse* with Annie Dillard. We took a car ride with Flannery O'Connor's grandmother who convinced us that A Good Man is Hard to Find. We observed the *Century of Self* through the lens of Freud's nephew, Edward Bernays. We hope you'll join us on the fourth Wednesday of every month from 2-4 pm at local libraries for sparking, cordial conversations about shoes and ships and sealing wax, not to mention cabbages and kings—and who knows what else? If you'd like to join us, or if you have questions, please contact **Vera Mulherin** at paxvera@netscape.com. We look forward to hearing from you.

Hikers

Come with us and explore the wonders of nature: the breathtaking waterfalls, wildlife, various plants and vegetation, not to mention historic urban settings. Our hikes run from September through June and cover an array of venues from the Shenandoah National Forest to urban hikes, and all points in between. Our hikes generally run between four and seven miles in length with varying degrees of difficulty and elevation change. We generally leave campus around 8 AM and return by 5 PM. For more information, contact the group coordinator: **Lex Bailey**, alexander.neale.bailey@gmail.com. All participants are required to sign a liability release form. Upcoming spring hikes will be posted in the Osher Office and on the Osher website and announced to group members via email.

Historically Speaking

As part of the group's activities, the Historically Speaking Interest Group discusses both classic historical works, and more recent books.

Included in the books we will review in 2020-2021 will be: **The End of Ideology** (1960) by Daniel Bell; **The Democratic Republic** (1968) by Marshall Smelser; **The Devil's Chessboard: Allen Dulles, The CIA, and The Rise of America's Secret Government** (2016) by David Talbot, and **The Passing of the Modern Age** (1970) by John Lukacs. Others will be added based on recommendations from our members. A complete list is provided at the September Osher mixer.

We are also scheduling a trip to the Petersburg Battlefield Museum. Another goal is to improve coordination among our Osher history instructors to avoid duplication and enhance continuity.

We are for all those who love history and enjoy the fellowship of others who feel the same way. If you have questions or need more information, please contact **Lou Cei** at ceilib2@aol.com. Please join us!

Investments

Raise your financial IQ. Join other members of the Osher Investment Interest Group (OIIG) once a month to hear and interact with guest experts in the field of Investments and Personal Finance. Our speakers include Robins School of Business students who manage part of the U of R endowment fund, and a variety of financial professionals for you to ask questions and grow your financial IQ.

We meet from 10:00am–12:00pm in the Robins School of Business, Queally Hall, (Bldg 102). TENTATIVELY, Room 254 will be our meeting room for the Fall Semester. Our meeting announcement emails will verify each meeting details. To be added to the meeting announcement email list, email **F. Brian McNeil** at fbmcneil@gmail.com.



Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. To join, please contact **Polly Chamberlain** pollypatrick@gmail.com or **Dorothy Schoeneman** dorth325@hotmail.com. Unless otherwise specified, all meetings will be on the last Saturday of the month. Book selections for 2020 will be decided at the December 2019 meeting.

Memoir Writing

Are you interested in writing your life story — in small chunks and with the help of like-minded others? The Memoir Writing Group is a supportive group that meets at least monthly, sharing our writing and offering advice and feedback to one another. This is not a group that focuses on publication but on evoking memories and improving our writing. This group, led by **Lynn Blankman** at lynnblankman@gmail.com, is currently at capacity.

Memoir Writing #2

Due to the popularity of our Memoir Writing interest group, we are excited to announce that we are beginning a second group, with a new volunteer leader. This group will have a similar purpose and similar focus. Please email **Karen Mizrach** at krmizrach@gmail.com.

Photography

The Photography Interest Group offers photographers with a range of experience and interest the opportunity to come together regularly to share, learn, and develop their skills. Tip sessions, photo outings, and presentations on such topics as composition, exposure, and editing software are offered. To join or learn more, please email coordinator **Peter Blankman** at pblankman@gmail.com.

Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest group. This Osher interest group explores the Richmond theatre scene by selecting and attending five to six performances from September through May. Announcements for shows are sent to group members via email.

There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact **Linda Turner** at lturner@richmond.edu.



The theatre group committee has selected the following five shows for the remainder of the 2019-2020 season. Shows may be added or changed. The theatre group primarily attends performances on Sunday matinees.

- **CATS**, Altria
- **A Doll's House Part 2**, Virginia Rep
- **True West**, Cadence

Travel

Attention all travelers! Celeste Miller spearheads the Osher special interest group for those who love to travel. The objectives of the group are to share information regarding trips taken and most importantly, to help coordinate future Osher travel. If you have interest in learning from fellow travelers, if you'd like to help to lead the development of future Osher trips, this is the special interest group for you! We plan to focus on day trips and overnight excursions, as well as domestic and international travel. To join or to learn more, please email OSHERtravel@gmail.com. Come join the fun and expand your experiences!

Upcoming Trips

- March 24 – 29, 2020: **Cuba Discovery**
- April 10 – 21, 2020: **Holland & Belgium in Springtime Cruise**
- May 14 - 25, 2020: **Spain's Costa del Sol and Portuguese Riviera**

- June 19 – 25, 2020: **Yellowstone and the Wild West**
- July 10 – 18, 2020: **Discover the Highlights of Norway**
- July 26 – 31, 2020: **Hiking in Acadia National Park**
- August 10 – 24, 2020: **Norwegian Fjords, Lapland & Finland Voyage (cruise)**
- September 19 – 28, 2020: **Rome and the Amalfi Coast**
- September 20 – 25, 2020: **Hiking the Finger Lakes Trails – Trees and Gorges in Wine Country**
- September 29 – October 14, 2020: **Baltic Capitals & St. Petersburg**
- October 2 – 8, 2020: **Albuquerque alloon Fiesta**
- October 9 – 20, 2020: **Croatia and Its Islands (land & yacht cruise)**
- November 12 – 27, 2020: **South America: Chile, Argentina & Uruguay**
- April 2021 (Dates TBA): **Romantic Blue Danube Cruise – Budapest to Prague**

More details on these trips are available on our web site: <https://spsc.richmond.edu/osher/travel/>.

Member Benefits at a Glance

- Membership is good for 12 months from date you join
- Several membership options
- Free Osher member orientation and campus tour
- Osher members receive individual performance discount at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at the UR's Boatwright Library
- Access to the UR Technology Help Desk
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR campus programs and events
- Access to UR help center for preparing presentations
- Opportunity to audit undergraduate credit classes
- Unlimited on-campus Osher classes for Gold members
- Free bonus classes and special events

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director, W'76
margaret.watson@richmond.edu
(804) 287-6344

Nell Smith, Program Coordinator
nsmith3@richmond.edu
(804) 287-6608

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu
(804) 287-1946

Barbara Apostle
Program Assistant
bapostle@richmond.edu
(804) 289-8582

