



OSHER

AT THE UNIVERSITY OF RICHMOND

FALL 2022



Just The Right Fit



RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 125 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.

Putting the Pieces Together for Just The Right Fit

The recent pandemic, a 40-year high on inflation, climate change, gas prices, and supply chain shortages, among other things, continue to rock our world. It's unsettling but we realize that change is inevitable, and we learn to adjust.

Your Osher Institute is changing, adjusting, and responding to what is happening around us. We hope that we're doing this thoughtfully, purposefully, and with you in mind. We want to ensure that the Osher Institute offers different activities in a variety of ways so it can be the right fit for each member regardless of individual preferences.

As we enter into our fall semester, we are moving forward with ideas generated in our May Osher leadership retreat and will do so with your 2022 Osher Membership Survey comments and suggestions. Our hope is that we can successfully respond with options that appeal to members who have assorted interests. Here are just a few of the ideas and plans we're addressing:

1. Continue to offer classes using different delivery methods, primarily in person or online via Zoom and ensure both are offered throughout every semester.
2. Search for new, interesting topics and speakers to keep our programming current, appealing, and beneficial.
3. Bring members together for more social events, whether online or in person.
4. Find new ways, using new tools, to market the Osher Institute to potential members.
5. Seek grants that will allow our institute to focus special projects and events.
6. Find ways to enrich and strengthen our relationships within the University.

What is "the right fit" for the Osher Institute? We believe there's no single answer, but rather an assortment of pieces that fit together into a wonderful puzzle that allows members to pick and choose the parts that work best for them.

If you love social events, we have happy hours for you! If you love the outdoors, we have hiking and biking groups. If you're competitive, we have Game Nights (and they are VERY competitive). If you love taking classes, we have plenty of choices – some single lectures and some over several weeks – and many topics from which to choose. If you're a really serious student, you can join the undergrads and audit semester-long classes. If you love theatre and travel (local, domestic, and international), you'll love hearing that these groups are BACK and ready to welcome you! If you love collegiate sports, we've got plenty to offer, especially Women's Basketball! Let us help you discover the courses, events, and group activities that suit you.

What is "the right fit" for you? We hope that you will find pieces of our puzzle that are just what you want. And, we hope you'll continue to tell us about those missing pieces that we should add. We want to hear from you! We want our UR Osher Institute to be just the right fit for you!



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This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email margaret.watson@richmond.edu.

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Where do I start?

Online Registration

- Log in to the online registration portal. Visit osher.richmond.edu/schedule, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **August 16**. Register starting **August 23**.
- Your shopping cart will hold up to 10 class registrations at a time. Then, you must check out and pay, if required. You may fill up your cart and check out as many times as needed to register for all desired classes.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

- You'll receive a **Zoom link** via email the day before class.
 - Please don't share this access link with others. It's **exclusive to Osher** members.
 - If a class is recorded, you'll be **notified**.
- Log in 5-10 minutes early using a device with a **camera, microphone, and speaker**.
 - Install Zoom on your device well before your session. Visit zoom.us/download.
 - For optimal experience, use a **large tablet or computer**.
 - Use your **first and last name** as your screen name for attendance verification.
- Follow class host and **instructor preferences** for participation.

For In-person Classes

- In-person classes have **limited seats available** and may fill up.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
 - Osher staffers manage the **waitlists** all semester. There's always a good chance that you'll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You'll receive an **email** prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
 - Contact Osher staff to obtain your UR ID number.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create other IDs.
- Your **Net ID** is used to access University-hosted resources.
 - Go to webpass.richmond.edu. Requires **UR ID** and birthdate to create.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to osher.richmond.edu/schedule, then Online Registration Portal, to access.
 - May require **UR ID** for one-time setup.
 - Create password and username of your choice.
 - Note: This is not connected to your **Net ID**.

Zoom vs. In-Person Classes: Mark Your Calendars Well

In our Fall 2021 Planning Survey and in our most recent 2022 Membership Survey, you told us to continue to offer both in-person and online classes. We heard you! We will offer both this fall.

We have labeled each online class with a Z in our printed catalog and also identified the course as “synchronous online” in our registration system. You’ll want to make that same distinction in your personal schedule.

Another hint: Just in case your calendar does get mixed up, consider bringing your laptop, tablet, or cell phone to campus. That way, if a class is remote, but you’re on campus, you can find a quiet spot and zoom into your online class.

SEPTEMBER

My Care, My Choice: Tools to Help You Have a Say in Your Care Even if You Can’t Speak for Yourself

Aw **Z** **BACK BY POPULAR DEMAND** What if a sudden illness or injury made you unable to speak for yourself? Come learn how to make sure that you have a say in your own care no matter what happens.

M, T • Sep 12, 13 • 10-12pm • \$40/Silver
Leader: Laura Pilati

Richmond Symphony Series Companion Course

Z **NEW** Join this deep dive into the music of the 2022-23 Richmond Symphony Series Concert Season. Each monthly session will focus on the repertoire of the Symphony’s next concert performance and features a special guest with a critical role in the performance. Guests will

include conductors, composers, soloists, and more! Through recordings, images, scholarship, biographies, backstage stories, and discussion we will listen and engage more deeply with the music and the artists who bring it to life.

M • Sep 12, Oct 17, Nov 7 • 7-8:30pm • \$40/Silver
Leader: Walter Bitner

Conservatives and Liberals; Not Conservatives vs. Liberals

Z **NEW** Our country is divided. There are two camps, each with its own valid framework for viewing what’s best for the country. Our purpose is to understand others, not to persuade them. We’ll do this by sharing perspectives, not debating them. Mini-lectures from psychology and politics will help frame our discussions. We will have a mix of folks from Osher Institutes in Maine and Richmond. Let’s learn to listen and listen to learn.

T • Sep 13, 20, 27, Oct 4, 11, 18, 25, Nov 1 • 1-3pm • \$60/Silver
Leader: Mike Berkowitz

A New Look: Boatwright Library’s Rare Books and Archival Collections

Ri **Bo** **Z** **NEW** Boatwright Library is currently undergoing construction, part of which will be a newly redesigned floor showcasing the Galvin Rare Book Room, Archives, and Book Arts. This class will introduce participants to these distinctive collections, highlight some special materials and areas of interest, and preview the upcoming new areas opening in Fall 2022. (Offered twice: 9/16 online and 10/10 in person)

F • Sep 16 • 10-11:30am • Free to Members
Leader: Lynda Kachurek

Six from the ‘60s

NEW The 60s were a time of cultural upheaval, and its films reflect those changes. Hollywood’s steady output of westerns and stodgy historical epics gave way to iconic genre-exploding films that explored shifting cultural mores, helped transform the way we view cultural issues, and ushered in a golden age in American filmmaking. We’ll view a number of films followed by optional discussions, for those who like to talk about movies and what they mean to us.

F • Sep 16, 23, 30, Oct 7, 14, 21 • 1:30-4pm • \$60/Silver
Leaders: Eric Holzwarth, Anne Barash

Osher Annual Fall Back-to-School Mixer

Ri Join your fellow Osher members, Osher staff, and UR administration for an evening of fun, food, and festivities. Volunteer leaders will staff information tables and will be happy to talk about their special interest groups and work teams.

M • Sep 19 • 5-7pm • \$20/Silver/Gold
Leaders: Osher Leadership Council, Osher and SPCS Staff

Virginia Opera: Wagner’s Ring

Z **NEW** Richard Wagner’s monumental—and controversial—Der Ring des Nibelungen is one of the largest works of Western art. Comprising four, epic operas based on Norse mythology, this work has profoundly influenced generations of artists including the creators of The Lord of the Rings and Star Wars. With Virginia Opera continuing the Ring this fall with Die Walküre, now is the perfect time to dive into the Ring.

T • Sep 20 • 10-12pm • \$20/Silver
Leader: Joshua Borths

Healthy Living for Your Brain & Body

Aw **Z** **NEW** Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, as well as help reduce the risk of developing Alzheimer’s or dementia.

T • Sep 20 • 3:30-4:30pm • \$20/Silver
Leader: Rachel Lawson

Using PowerPoint More Effectively

Aw **Bo** **NEW** This two-hour mini-course is for anyone already familiar with PowerPoint basics but wants to acquire some additional tips, recommendations, and easy techniques to improve their presentations. We’ll examine the best and worst uses of PowerPoint, incorporating visual images, inserting video and music clips, animating individual slides, employing transitions for more engaging or entertaining effects, and much more, all to help you use this very powerful teaching tool more effectively.

W • Sep 21 • 10-12pm • Free to Members
Leader: Steve Anders

M=MONDAY, T=TUESDAY, W=WEDNESDAY, R=THURSDAY, F=FRIDAY, S=SATURDAY, U=SUNDAY

How to View and Understand Art

Z **REVISED** Learn the language of art and visual strategies to analyze, interpret and critique artworks using artworks from the Smithsonian American Art Museum. Build your visual vocabulary by examining the deliberate choices artists make in their works and why they make these choices.

W • Sep 21 • 1-2:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Bounty of Boatwright

Ri Bo **Z** At this session, you'll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

W • Sep 21 • 3-4:30pm •
Free to Members
Leader: Carol Wittig

Virginia Wine vs. Other Wine Regions Comparative Tasting

NEW, DRIVE TO EVENT We'll taste top Virginia wines and compare them against their counterparts from other major wine regions, then evaluate how each region's terroir creates nuances in the wines to make each unique to their land. Come to learn the stories about these wines and see how similar grapes can take on different tastes based on varying growing conditions. (Fee for this course is non-refundable unless we are able to fill your slot.)

R • Sep 22 • 10-12pm • \$40/Silver
Gold
Leaders: Annette Boyd, Jason Tesaura

Photographing The Albuquerque Balloon Festival and New Mexico

NEW Join this class for tips and suggestions to enhance your photographic experience with a cell phone and/or regular camera at the balloon festival (covering both day and night images), Santa Fe, Taos, and Indian pueblos and cultural centers.

R • Sep 22 • 1-3pm • \$20/Silver
Leader: Dan Walker

Local News and You: What Readers and Viewers Should Know in a Changing Media Landscape

Ri Bo **NEW** Do you remember when Richmond had two thriving newspapers? And the three television networks were largely staffed by veterans with deep roots in the community? All that has changed. So where do you go for news? Whom do you trust? How do you know? This conversation will explore options and talk about ways to be an informed news consumer at a time when local news has diminished.

R • Sep 22 • 3:30-5:30pm •
Free to Members
Leader: Thomas Mullen

Creating Our Commonwealth

NEW, DRIVE TO EVENT The rich cultural overview of our Commonwealth immerses visitors in the landscapes, foodways, industries, and people that make up this diverse state. This new signature exhibition provides an in-depth, multi-sensory journey through the five major regions of Virginia and features stories and artifacts from across the state. This tour is offered twice, 9/23 and 10/21. Please register for only one. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Sep 23 • 10-11:30am •
\$12/Silver/Gold
Leader: Maggie Creech

Beginning a Meditation Practice

Ri Aw **NEW** Are you interested in learning more about meditation? This class is designed for those completely new to meditation practice. Students will

engage in both seated meditation (including breath awareness and body scan meditations) and embodied meditation (through the gentle practice of Qigong). Students are encouraged to wear comfortable clothing to class.

M • Sep 26, Oct 3 • 8:30-9:30am •
\$40/Silver
Leader: Jennifer Cable

The Philistines Not So Philistine!: Archaeological Investigation of the Sea Peoples

NEW Biblically, the Philistines appear mostly as villainous enemies of the Israelites. They sent Delilah to cut the hair of the Israelite leader Samson. Goliath, the giant slain by would-be King David, was a Philistine. The Philistines' reputation as war-mongering and hedonistic became so pervasive that 'philistine' is still considered an insult for an uncultured person. Yet a reexamination of their cultural and archaeological imprint on the eastern Mediterranean tells another story!

M • Sep 26, Oct 3, 10, 17 • 10-11:30am •
\$60/Silver
Leader: Jonathan Waybright

Who Wrote the Bible?

NEW Although the authorship of many books of the Bible has been attributed by tradition to various famous people in the Bible, scholars agree that many of these attributions are historically wrong. This course will explore the origins, development, and authorship of key books in the Hebrew Bible and New Testament, deepening our understanding of these books.

M • Sep 26, Oct 3, 10, 17, 24, 31 •
1-2:30pm • \$60/Silver
Leader: Ryan Ahlgrim



Course Audit Opportunities

Osher Institute members may request to audit University of Richmond undergraduate credit classes, which meet for 15 weeks each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher staffers facilitate these requests. Auditing is subject to the appropriateness of the course, availability of seats, and the instructor's approval.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Nell Smith at nsmith3@richmond.edu for registration procedures.

James Joyce's Ulysses: Reading Five Episodes

NEW Ulysses is arguably the greatest novel ever written. In this seminar we will try to enrich our understanding of this ambitious novel by reading just 5 of its 18 episodes: Chapter 1 (Telemachus), Chapter 6 (Hades), Chapter 12 (Cyclops), Chapter 13 (Nausicaa), and Chapter 18 (Penelope).

M • Sep 26, Oct 3, 10, 17, 24 • 3:30-5:30pm • \$60/Silver
Leader: Jack Kangas

Come . . . and BeMoved®!

Ri Aw Learn about the long-term health benefits of just moving! Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment.

M • Sep 26, Oct 3, 10, 17, 24, Nov 7, 14, 28, Dec 5, 12 • 5:30-6:30pm • \$90/Silver/Gold
Leader: Myra Daleng

M=MONDAY, T=TUESDAY, W=WEDNESDAY, R=THURSDAY, F=FRIDAY, S=SATURDAY, U=SUNDAY

Understanding Long Term Care Insurance

Aw BACK BY POPULAR DEMAND We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

T • Sep 27 • 10-12pm • \$20/Silver
Leader: Linda Tsironis Caruthers

Writers' Workshop: Fiction

NEW Participants should have at least three stories (2,500-5,000 words) or sections of a longer work that they have taken as far as they can on their own and hope to improve through the workshop format. Stories will be distributed the week before each writer's session, usually three writers per week. Participants will provide verbal feedback, and marked copies will be returned to the writer. Please commit to attending all sessions, as this is designed as a small class.

T • Sep 27, Oct 4, 11, 18, 25, Nov 1 • 1-3pm • \$60/Silver
Leader: Dan Lawrence

Contemporary Crafts

Z NEW Artists and critics have long wrestled with the validity of using non-traditional materials such as clay and wood to make art. Come to this lively session to see and discuss some eye-opening craft/art from the Smithsonian American Art Museum. Help us answer the question when is a teapot just a teapot and when is it art?

T • Sep 27 • 3:30-5pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

How to Reconcile Differences

NEW What should happen to Monument Avenue? Should Critical Race Theory be taught in schools? Is it OK for anyone to have an assault weapon? Americans are deeply divided on many issues and Republicans and Democrats can't seem to agree on anything. It's time to begin to understand the reasons for the divisions in our culture. This course offers an opportunity to move beyond our differences and begin to compromise. Come share your thoughts and listen to some different opinions. Our goal is not consensus, but discovering new ways to resolve differences. This class is intentionally small to allow for interaction and discussion.

W • Sep 28, Oct 5, 12, 19 • 10-11:30am • \$60/Silver
Leader: Aleta Richards

Lincoln and the Constitution

NEW This course will examine and evaluate Abraham Lincoln's impact on our Constitution. In particular, we will focus on Lincoln's positions on fundamental constitutional issues such as the nature of our Union, the extent of presidential power, and balancing civil liberties against national security.

W • Sep 28, Oct 5, 12 • 1-3:15pm • \$60/Silver
Leader: Michael Kerley

Plan to Make It Right: Pre-Planning for Final Arrangements

Aw Along with financial and estate planning, one of the best gifts we can give our families is planning our final arrangements. Learn about the important steps to provide this gift for yourself and family through an overview of the information and concerns when planning with an opportunity to ask questions.

W • Sep 28 • 4-5:30pm • \$20/Silver
Leader: Susan Campbell

A Fall Virginia Watercolor Demonstration

NEW Have you always wished you could create a watercolor drawing, but you just never signed up for a class or found the inspiration to get started? Here's an opportunity to learn from a local artist. Join this class for a demonstration of how to create a landscape scene. You will leave inspired to get started!

R • Sep 29 • 10-12pm • \$20/Silver
Leader: Eleanor Cox

Art for Art's Sake: The Search for Artistic Truth (1870-1912/1945)

Z NEW Delving into the art of the late 19th and early 20th Centuries, we will examine the works of such artists as Manet and Monet, Seurat and van Gogh, Mondrian and Kandinsky, Cezanne and Picasso, and even Pollock and Rothko, in the pursuit of a meaning and purpose for art and the formal equivalents for their efforts. We then look at the influence of these giants on later artists, then and now.

R • Sep 29, Oct 6, 13, 20, 27 • 12-1:30pm • \$60/Silver
Leader: Debra Israel



Osher Member Orientation

Bo Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

R • Sep 29 • 2:30-4:30pm • Free to Members
Leaders: Osher Member Connections Team

Brown's Island Tour

NEW, DRIVE TO EVENT Come tour historic Brown's Island with the American Civil War Museum and learn the role this location played in the Civil War. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Sep 30 • 10-11am • \$15/Silver/Gold
Leader: Kelly Hancock

OCTOBER

Sir Walter Raleigh: Founder of Virginia or Pirate?

NEW Join this class and you will never again see Sir Walter Raleigh as just the courtier who gallantly laid down his cape in the mud so his Queen could pass. He was vital to England joining the race with Spain and France for new lands in the Americas and developed plans for the Jamestown settlement. In his day he was a leading politician, military officer, licensed pirate, explorer, poet, author, alchemist, and hermeticist, and so much more!

T • Oct 4 • 10-11:30am • \$20/Silver
Leader: John Festa

10 Warning Signs of Alzheimer's

Aw z **NEW** Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others. Gain a better understanding of what is normal and when to be concerned and what to do when you notice the warning signs.

T • Oct 4 • 3:30-4:30pm • \$20/Silver
Leader: Rachel Lawson

The Life and Works of Vincent van Gogh

z **NEW** Vincent van Gogh's artistic career spanned a mere ten years. Yet, during this period, he produced more than 900 paintings and 1,100 drawings. One of the most recognized artists of all time, his works and life are extraordinarily memorable - to say the least!

W • Oct 5, 12, 19, 26, Nov 2, 9 • 3:30-5pm • \$60/Silver
Leader: Juana Levi

Deaths and Funerals of Some Lesser-known Presidents

z **REVISED** There are fascinating facts about the lives, deaths, and funerals of some Presidents who are not typically regarded as being most prominent. Come hear some interesting tidbits about the passing of presidents John Quincy Adams, Martin Van Buren, Millard Fillmore, Franklin Pierce, James Buchanan and Andrew Johnson.

W • Oct 5, 12, 19, 26, Nov 2, 9 • 5:30-6:30pm • \$60/Silver
Leader: Bernie Henderson

Does Democracy around the World Have a Future?

Ri Bo **NEW** Many lament the seeming retreat of democracy around the world, if not here in the United States. Can democracy thrive under modern conditions? What is taking place around the world? Is democracy suited to deal with the technological, economic, environmental, social, and strategic challenges of the 21st century? Let's talk about it.

R • Oct 6 • 10-11:30am • Free to Members
Leader: Jeffrey Legro

The Aztecs: Ancient Mesoamerica Part II

NEW We'll explore the Aztec Empire, the most recent and famous Mesoamerican Civilization. We will address the origins, rise, expansion, and fall, as well as discuss Tenochtitlan, the magnificent capital city. We'll talk about the global clash of the Old and New Worlds, the impact of the Spanish Conquest, the present day Aztec ruins, and the Modern Aztec people.

R • Oct 6, 13, 20 • 2:30-4:15pm • \$60/Silver
Leader: Ernest Fornaris

Treasure Revealed: Evaluating and Grading Coins

BACK BY POPULAR DEMAND Come learn how coins are priced and explore resources to evaluate the history and worth of your own coin collection.

R • Oct 6 • 5-7pm • \$20/Silver
Leader: Bill Ventura

American Democracy: A Great Leap of Faith

NEW, DRIVE TO EVENT Revolutionary Americans took a great leap of faith by establishing a new government based on the sovereignty of the people. Every generation since continues to face questions ignited by that revolution: who will have the right to vote, what are the freedoms and responsibilities of citizens and leaders, and whose voices will be heard? American Democracy: A Great Leap of Faith is a public engagement initiative featuring a dynamic traveling exhibition from the Smithsonian Institution. (Fee for this course is non-refundable unless we are able to fill your slot.) Repeated on Oct 28; you should only register for one.

F • Oct 7 • 10-11:30am • \$12/Silver/Gold
Leader: Maggie Creech

Interested in Teaching for the Osher Institute?

If you've thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor **Bill Bailey** can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

Touring the Valentine Museum

NEW, DRIVE TO EVENT Join us as we delve into the history of power, public art, and memory featuring the Jefferson Davis statue. We'll also tour the historical Wickham House. (Fee for this course is non-refundable unless we are able to fill your slot.)

S • Oct 8 • 10-12pm • \$8/Silver/Gold
Leader: Jessica Delbridge

A New Look: Boatwright Library's Rare Books and Archival Collections

Ri Bo **NEW** Boatwright Library is currently undergoing construction, part of which will be a newly redesigned floor showcasing the Galvin Rare Book Room, Archives, and Book Arts. This class will introduce participants to these distinctive collections, highlight some special materials and areas of interest, and preview the upcoming new areas opening in Fall 2022. (Offered twice: 9/16 online and 10/10 in person)

M • Oct 10 • 10-12pm • Free to Members
Leader: Lynda Kachurek

A Better Understanding of Alzheimer's

Aw **NEW** Alzheimer's is not a normal part of aging. Join us to gain a better understanding of the disease and its impact on individuals, loved ones, and caregivers. Topics discussed will include the difference between Alzheimer's and dementia, symptoms, stages and risk factors, current research, resources, and treatments.

T • Oct 11, 18, 25 • 10-11:30am • \$60/Silver
Leader: John Bavaro

Iphigenia in Aulis

NEW Iphigenia in Aulis is a play written by Aeschylus in about 407 B.C.E. A lot has changed since then, so naturally we'll discuss some Greek history, Greek mythology, and Classical Greek tragedies. But most of our conversation should be about the emotions, situations, and motivations that we all face: things that have not changed in 2400 years.

T • Oct 11, 18, 25, Nov 1 • 3:30-5:30pm • \$60/Silver
Leader: Riker Purcell

Invitation To The Dance - The DNA of Great Symphonic Ballets

NEW Before coming under the baton, some of the most beloved works in the concert hall begin life at the barre. This course will examine the 'ballet bones' of six symphonic masterpieces, including rare video footage of the original choreography.

R • Oct 13, 20, 27 • 9:30-11:30am • \$60/Silver
Leader: Benjamin Roe

Tour of the Division of State Archaeology and Conservation Lab

NEW, DRIVE TO EVENT Ever wonder where some of your tax dollars go? Learn more about the work that the Division of State Archaeology does at the Virginia Department of Historic Resources (VDHR). See where we house roughly 7 million archaeological artifacts. Tour the conservation lab where experts analyze and preserve artifacts. Find out what resources are available to the public at VDHR. (Offered twice - on Oct 14 and Nov 10. Please register for only one.)

F • Oct 14 • 10-11:30am • \$20/Silver
Leader: Kate Ridgway

Beyond the Bounty

Ri Bo If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

F • Oct 14 • 10-11:30am • Free to Members
Leader: Carol Wittig

What The Photography Greats Have Taught Us About Cell Phone Photography

NEWThis class will explore how Ansel Adams, Henri Bresson, and Annie Leibovitz might have used cell phones to capture their images.

W • Oct 19 • 1-3pm • \$20/Silver
Leaders: Dan Walker, Hullie Moore

Walking Tour of Hollywood Cemetery

NEW, DRIVE TO EVENT Learn about the cemetery's history, artwork, symbolism and famous residents, including two U.S. Presidents, writer Ellen Glasgow, Confederate President Jefferson Davis and Generals George Pickett and J.E.B. Stuart. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Oct 21 • 10-12pm • \$8/Silver/Gold
Leader: Jessica Delbridge

Creating Our Commonwealth

NEW, DRIVE TO EVENT The rich cultural overview of our Commonwealth immerses visitors in the landscapes, foodways, industries, and people that make up this diverse state. This new signature exhibition provides an in-depth, multi-sensory journey through the five major regions of Virginia and features stories and artifacts from across the state. This tour is offered twice, 9/23 and 10/21. Please register for only one. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Oct 21 • 2-3:30pm • \$12/Silver/Gold
Leader: Maggie Creech

Hike the Richmond Slave Trail

Aw **NEW, DRIVE TO EVENT** Have you ever wondered why Richmond was a major pre-Civil War slave-trading center, second only to

M=MONDAY, T=TUESDAY, W=WEDNESDAY, R=THURSDAY, F=FRIDAY, S=SATURDAY, U=SUNDAY

New Orleans? If so, join us as we follow the trail of the enslaved population as they disembarked and were brutally marched to the Shockoe Bottom slave jails to face lives of enforced labor. We end the hike on a more positive note with the arrival of President Lincoln's visit after the fall of Richmond and his impact on the former slaves. Please bring water, dress appropriately, and bring cash/card for our lunch stop. (Rain Date: Oct 29)

S • Oct 22 • 10-3:30pm • \$20/Silver
Leader: LeAnn Hensche

Geology of the US Pacific Islands

NEW Volcanoes, earthquakes and tsunamis are an ever-present threat to Hawaii and other Pacific Islands. These islands owe their existence to deep and active geological forces that continue to shape the region around the infamous Pacific Ring of Fire. We will explore these islands, their geological history, and the hazards they represent to millions of people living along the Pacific coastline.

M • Oct 24 • 10-12pm • \$20/Silver
Leader: David Kitchen

To Kill a Mockingbird: An American Masterpiece

NEW To Kill a Mockingbird (1960) was named America's Favorite Novel in the 2018 PBS Great Read Series because of its still-relevant messages, brilliant writing, and unforgettable characters. The author, Harper Lee, peers into the graces and ugliness of the American South during the Depression through the eyes of Scout, who she based on her own childhood. We'll discuss the book and ask participants to dramatize key passages, and we will view clips of the film.

W • Oct 26, Nov 2, 9 • 10-12pm • \$60/Silver
Leader: Murray Ellison

A Very, Very Basic Primer on Cryptocurrency

NEW What is cryptocurrency? That is, what are bitcoin, ethereum, and lite coin? Oh wait, there are actually more than 1,400 coins that fall into this category of alternative currency. These are not backed by governmental and financial institutions, but rather supported by the faith of the users. This is just the beginning. You'll want to join this class to learn and understand more about this form of currency.

W • Oct 26 • 1-3pm • \$20/Silver
Leader: John Schofield



The Osher Special Interest Groups

Osher Institute Special Interest Groups are formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

Biking John Bander, johnabander@icloud.com

Bridge Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402

Contemporary Issues *This group is taking a break this fall. The group will announce its next steps in our spring catalog.*

Hikers Lex Bailey, alexander.neale.bailey@gmail.com

Historically Speaking Louis Ceil, ceilb2@aol.com

Investments Brian McNeil, fbmcneil@gmail.com

Literary Dreamers Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com

Memoir Writing Karen Mizrach, krmizrach@gmail.com
Two groups, both of which are full at this time.

Mystery Lovers Nancy Newins, nnewins@verizon.net

Photography Peter Blankman, pblankman@gmail.com

Theatre Lovers Janice Jones, jlynn50@aol.com and Anne Wescott, Anne.Wescott@comcast.net

Travel Celeste Miller, OSHERtravel@gmail.com

Women's Basketball-Silver Spiders John Festa, johnfesta@comcast.net

Beethoven Piano Sonatas & Variations

Z **NEW** This program will include complete performances with running commentary of the Pathétique, Moonlight, Waldstein, Appassionata piano sonatas, and the Diabelli Variations.

R • Oct 27, Nov 3, 10 • 2:30-4:30pm • \$60/Silver
Leader: Alan Pollack

Walking Tour of the Murals of Jackson Ward

NEW, DRIVE TO EVENT Join us for a walking tour to learn about the rich history of Jackson Ward through the many murals that enhance this area. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Oct 28 • 10-12pm • \$8/Silver/Gold
Leader: Jessica Delbridge

2022 UR Osher Institute Leadership Council

The Osher Institute depends on its members to assist with many aspects of the institute. Members of our 2022 Council include:

Becky Hudson, Chair
edraywva@gmail.com

Alice Waagen, Vice Chair
akwaagen@gmail.com

Colleen Anders, Past Chair
anders1036@comcast.net

John Bailey	John Mahone
Kathy Barley	George Pangburn
Christine Campbell	Laura Soles
Janice Jones	Anne Wescott

If you are interested and willing, Osher would welcome your help.

Project teams include Curriculum, Marketing, and Member Connections. Volunteering opportunities within Osher and throughout the University are numerous.

For more information, please contact the Osher office at osher@richmond.edu.

American Democracy: A Great Leap of Faith

NEW, DRIVE TO EVENT Revolutionary Americans took a great leap of faith by establishing a new government based on the sovereignty of the people. Every generation since continues to face questions ignited by that revolution: who will have the right to vote, what are the freedoms and responsibilities of citizens and leaders, and whose voices will be heard? American Democracy: A Great Leap of Faith is a public engagement initiative featuring a dynamic traveling exhibition from the Smithsonian Institution. (Fee for this course is non-refundable unless we are able to fill your slot.) Repeated on Oct 7; you should only register for one.

F • Oct 28 • 2-3:30pm • \$12/Silver/Gold
Leader: Maggie Creech

Witches and Spiders from the Galvin Rare Book Room Collection

Ri Bo Z **NEW** Commonly featured in tales of terror and hauntingly good stories, spooky creatures and things that go bump in the night have a long history. Come along as we step into some of the unusual and mythical materials of the Rare Book Room and explore the spirit of Halloween magic. Offered twice on Oct 31 - once in person and once online.

M • Oct 31 • 10-11:30am • Free to Members
Leader: Lynda Kachurek

Witches and Spiders from the Galvin Rare Book Room Collection

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M • Oct 31 • 1-3pm • Free to Member
Leader: Lynda Kachurek

Virginia Opera: Gilbert, Sullivan & Zany Operetta

NEW Gilbert & Sullivan were the masters of comic operetta. Their classic shows have delighted audiences for over a century, managing to both entertain and satirize audiences in equal measure. Prepare for Virginia Opera's performances of The Pirates of Penzance by exploring the chaotic comedy of Gilbert & Sullivan and learn what these pieces offer us more than 100 years after their creation.

M • Oct 31 • 3-5pm • \$20/Silver
Leader: Joshua Borths

NOVEMBER

Cemetery Symbolology, Laws, and Preservation

Z **NEW** Join experts from the Virginia Department of Historic Resources as they share what they know about cemeteries and their preservation. Learn about symbols seen on gravestones and what

they mean, as well as cemetery law in the Commonwealth of Virginia. Then, we will discuss the materials grave markers are made of, how they deteriorate, and what can be done to help preserve them.

T • Nov 1 • 10-11:30am • \$20/Silver
Leaders: Kate Ridgway, Joanna Wilson Green

Understanding the American Legal System: Some Basics for Non-Lawyers

NEW Whether it be cases before the United States Supreme Court, political battles over the appointment of judges, legal challenges to health care laws and mandates, election results, governmental regulations, or high-profile criminal cases, understanding media coverage requires a basic functioning knowledge of the legal system. Using examples from several high-profile cases, two experienced attorneys will undertake to define and explain some principles and concepts that may help non-lawyers make sense of reporting about legal cases.

W • Nov 2, 9 • 1-3pm • \$40/Silver
Leaders: Thomas Cox, Don Gehring

Black Diamond: A Mystery of the French Countryside (2010)

NEW Bruno is faced with multiple mysteries in Martin Walker's third Bruno Chief of Police mystery. His challenges include solving the murder of a friend, investigating crime in the region's lucrative black truffle market, and solving attacks on local ethnic vendors. The reader vicariously enjoys gourmet meals among friends in the Perigord. This will be a lively book discussion with attendees encouraged to read the book and come prepared to share your insights.

R • Nov 3 • 10-12pm • \$20/Silver
Leader: Nancy Nock

You Are Not Alone - Caregiver Stress Busting Tips

Aw Z **NEW** Over 11 million Americans are providing unpaid care to loved ones who are living with dementia. It is important that caregivers take care of themselves and know they are not alone. Join us as we talk about stress busting tips for caregivers.

R • Nov 3 • 1-2pm • \$20/Silver
Leader: Rachel Lawson

Digital Finance: Blockchain & Its Disruption of the Financial Industry

Z NEW Our financial system is on the verge of a massive transformation - blockchain technology is the solution to spearhead the next generation of financial market infrastructure (and many are calling blockchain the most important innovation since the internet!). While most people are aware of Bitcoin and other cryptocurrencies, few realize the far greater potential of blockchain. Today, we are seeing the advent of a new financial vehicle: the security token, a digital investment product which represents ownership of real-world assets that are based on the blockchain. This advancement will have widespread ramifications for mainstream assets like stocks, bonds, private securities, and so much more. Almost anything of value - be it real estate, commodities, art, intellectual properties or just about anything else - can be used to back a security token.

F • Nov 4 • 10-12pm • \$20/Silver
Leader: Baxter Hines

Irish Movies You Might Have Missed

NEW Join Dan Begley and enjoy some classic Irish movies: 'Belfast' (2020), a family movie with a 'wee bit' of sectarianism in 1969 Northern Ireland; 'Brooklyn' (2015), a young Irish woman with one foot in Ireland and the other foot in Brooklyn and how she follows her heart; 'Waking Ned Devine' (1998), Osher-aged folks try to con the Irish Lottery.

F • Nov 4, 11, 18 • 1-3pm • \$60/Silver
Leader: Dan Begley

Tour of the Black History Museum

NEW, DRIVE TO EVENT Join this guided tour of the Black History Museum of Virginia to visit the galleries and hear about key aspects of Black History, including Emancipation, Reconstruction, Jim Crow, Brown vs. Board of Education, Massive Resistance, and Civil Rights. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Nov 4 • 1:30-3pm • \$8/Silver/Gold
Leader: Mary Lauderdale

The French Revolution and Napoleon: For and Against

Z NEW The French Revolution ranks as the most cataclysmic event in modern European history. It started the Age of Nationalism, and ended the Age of



Feudalism. The ramrod for these changes was Napoleon Bonaparte, the greatest conqueror since Caesar. But was the Revolution a positive or negative event? And was Napoleon a force for liberty or a brutal demagogue? We will discuss these issues, exploring both for and against.

M • Nov 7, 14, 21, 28 • 10-11:30am • \$60/Silver • Leader: Louis Cei

Cosmos 101

NEW How old is the universe? Did the universe start with a 'big bang'? Are black holes real? This course describes what we actually know about the universe beyond the solar system and what is scientific speculation. Topics include the birth and death of stars, the origin of the elements, how stars produce energy, galaxies, pulsars, quasars, dark energy, the redshift, extrasolar planets, and the nature of space and time.

M • Nov 7, 14, 21 • 1-3pm • \$60/Silver
Leader: James Miller

Reading Dietrich Bonhoeffer's Letters and Papers From Prison

NEW The pastor and theologian Bonhoeffer was executed for treason by the Gestapo in 1945. While incarcerated in the military prison at Tegel he wrote a number of letters and papers that make up the texts for this seminar. Bonhoeffer is one of the Ten Christian Martyrs of the 20th Century commemorated in statues erected at Westminster in London.

M • Nov 7, 14, 21 • 3:30-5:30pm • \$60/Silver • Leader: Jack Kangas

Protecting Our Credit and Personal Information

Aw Z NEW We will look at how to better protect our personal information, including suggestions such as placing credit bureau freezes

and reviewing our credit reports; enabling multi-factor authentication; creating and storing passwords; following safe web browsing practices; and using our smartphones for bank and credit card alerts.

T,R • Nov 8, 10, 15, 17 • 9-11am • \$60/Silver
Leader: West Cobb

Art and Non-Violent Resistance: Graffiti, Tourism, and Conflict Transformation

Z NEW Graffiti is a method of non-violent resistance in conflicts around the world, allowing marginalized communities to raise awareness of their struggles and aspirations. However, making graffiti in conflict zones can be dangerous, and particular imagery can inflame tensions. Additionally, outsider participation in graffiti-making (i.e. tourists) risks misrepresentation of cultural symbols and the local community's agenda. This course will examine both graffiti as a tool for social justice and graffiti tourism.

T • Nov 8, 15, 22, 29 • 12:30-1:45pm • \$60/Silver • Leader: Chelsea Wilkinson

Early Christian Heretics - The 'Other' Guys

NEW This course presents a new twist to the first five centuries of Christianity. The heretics lost out in the debates about how to define Christianity, but they had important influences on the timing and intensity of orthodox Christian decisions. You will be introduced to the Ebionites, Gnostics, Marcion, Montanus, the Donatists, Pelegian, and Aius. Many of their ideas continue to this day: you may share some of them!

T • Nov 8, 15, 22 • 2:30-4:30pm • \$60/Silver
Leader: Jeffrey Marston

Tour of the Division of State Archaeology and Conservation Lab

NEW, DRIVE TO EVENT Ever wonder where some of your tax dollars go? Learn more about the work that the Division of State Archaeology does at the Virginia Department of Historic Resources (VDHR). See where we house roughly 7 million archaeological artifacts. Tour the conservation lab where experts analyze and preserve artifacts. Find out what resources are available to the public at VDHR. Offered twice - on Oct 14 and Nov 10. Please register for only one.

R • Nov 10 • 9:30-11am • \$20/Silver
Leader: Kate Ridgway


The Art of Photography: 21st Century Artwork

Z NEW A continuation of the Summer 2022 program, this interactive session focuses on viewing photography as a form of artistic expression. We will draw on great photographic works from the Smithsonian American Art Museum to help us learn how to look at, analyze and see art in these photographs, encouraging us to look beyond the technical composition of the photograph to appreciate its artistic value.

R • Nov 10 • 12-1:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

Spiders Women's Basketball Game

Ri Bo We have a great group of women in our basketball program.

Let's support them with our presence, and cheer them on!  Come join the fun and watch our Conference Home Opener on Thursday, November 10 at 6 pm.

R • Nov 10 • 6-8pm • Free to Members
Leaders: Aaron Roussell, John Studer

The 411 on Strategies for Caregivers of Persons Living with Dementia

Aw Z NEW Have you ever wondered what research says about how to best communicate with individuals living with dementia? Would you or a loved one benefit from learning evidence-based strategies for addressing difficult behaviors? Do you know how to stay up to date on the research as a lay person? Join several members of Genworth's Care & Wellness

team for a jam-packed two hours of discussion and role play scenarios.

F • Nov 11 • 10-12pm • \$20/Silver
Leaders: Jenny Morris, Juli Dzemyan

Things Your Children Need to Know

Aw NEW It is an act of love to look to the future and have legal and financial matters planned before the need arises. Beyond those concerns, there is more to consider in advanced planning. What kind of funeral do you want? Who are all the people in the family photos? Did you ever write down Grandma's Christmas Casserole recipe? This workshop will give attendees a clear and organized method to 'tie up loose ends' for their loved ones.

W • Nov 16 • 10-11:30am • \$20/Silver
Leader: Lisa Isbell

Horseshoe Crabs 101

NEW Did you ever wonder about those horseshoe crabs (HSC) that you find on the beach? Usually it's not the crab, but the exoskeleton that it left behind after it molts. Did you know that HSC eggs are green? Did you know that HSCs are a key necessity to birds migrating to the Arctic? Did you know that Delaware Bay has the highest concentration of HSCs in the USA? Find out this and more!

W • Nov 16 • 1-2:30pm • \$20/Silver
Leader: John Bailey

UR's Sustainable Solutions Challenge

Ri Bo NEW Learn about UR's annual Sustainable Solutions Challenge that invites students to propose an initiative, consistent with UR's Sustainability Plan, that makes the environment a priority at UR. Hear from the students working on this initiative.

W • Nov 16 • 3:30-4:30pm • Free to Members
Leaders: Joyce van der Laan Smith, Megan Salters

The Art of Bugs

Z NEW Artists are often inspired by the unusual in the world around them. While we may see bugs as 'icky,' artists see them as works of beauty. Come to this interactive session to see how bugs have inspired various artist to create unique and engaging works of beauty.

R • Nov 17 • 12-1:30pm • \$20/Silver
Leaders: Alice Waagen, Ralph Kidder

UR Campus Walk

Ri Aw Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide.

R • Nov 17 • 2:30-4:30pm • Free to Members
Leader: Marshall Irvine

Tour of Historic Tredegar

NEW, DRIVE TO EVENT Come tour Historic Tredegar with a docent from the American Civil War Museum and learn the role this location played in the Civil War. (Fee for this course is non-refundable unless we are able to fill your slot.)

F • Nov 18 • 10-11:30am • \$15/Silver/Gold
Leader: Kelly Hancock

Innocents Abroad: Fresh Perspectives on Turkey's Historical Attractions

Z NEW Take a virtual tour of modern-day Turkey to visit some of its major cities, churches, mosques, museums, battlefields, and ancient ruins. Using slides and video clips, we will crisscross the peninsula in the footsteps of Saint Paul and Alexander the Great, and examine many of the wonders this region has to offer.

T • Nov 22, 29, Dec 6 • 10-12pm • \$60/Silver
Leader: Steve Anders

Golden Age of Illustration: Howard Pyle and the Brandywine School

NEW The Golden Age of Illustration lasted from the end of the Civil War to the 1940s. It was a response to the changing needs of society brought on by the rise of the middle class and literacy, increased leisure time, reduced postal rates, and changes in printing technology. The need for a new form of illustration to deal with these issues was evident. This class will explore these issues and some of the artwork produced.

M • Nov 28, Dec 5 • 1-3pm • \$40/Silver
Leader: John Schofield

Enhancing the Eight Dimensions of Wellness as We Age

Aw NEW This two-part, interactive class will help you evaluate how you are doing currently when comes to your physical, emotional,

financial, social, spiritual, occupational, environmental and intellectual wellness and provide you with resources to enhance those dimensions of wellness as you age.

M • Nov 28, Dec 5 • 3:30-5pm • \$40/Silver

Leaders: Brenda Davis, Tammy Mackey

The Ultimate Photo Gorilla Safari

NEW Have you ever wanted to see a mountain gorilla up close in its natural habitat? How about chimps and golden monkeys? Join us as we share some photos and videos of our exciting 2022 trip to Uganda and Rwanda.

T • Nov 29 • 2:30-4:30pm • \$20/Silver
Leaders: Celeste Miller, Don Miller

Tales and Treasures of the Deanery

Ri Bo **NEW** Discover the history of the West-hampton Center, known to many as the Deanery. Learn about its first owner, Miss Keller, and the art, memorabilia, and furnishings that have long associations with the university.

W • Nov 30 • 11-12pm • Free to Members
Leader: Dywana Saunders

Chain Maille: Roosa Bracelet

NEW The Roosa Bracelet is a beginner's weave that is quick and easy to make. The bracelet feels very light on the wrist and is fun to make and wear. It can be worn for dress up or every day, and you will receive many compliments on this bracelet. All materials will be provided, and the instructor will have tools on hand to borrow.

W • Nov 30, Dec 7 • 1-3pm • \$70/Silver/Gold
Leader: Celeste Miller

Russian Politics and Ukraine's Choices

Ri Bo **NEW** Russia's invasion of Ukraine in February 2022 represents the latest struggle between the two largest countries in Europe concerning Ukrainian identity and sovereignty. This class will feature different perspectives on the current situation and the ways in which history is being wielded by various parties to the conflict, including the United States and NATO.

W • Nov 30 • 3:30-5pm • Free to Members
Leader: Martha Merritt

DECEMBER

Lewis Ginter's Other Legacy

Z **UPDATED** While he is known for neighborhoods, churches, and recreation centers, Lewis Ginter's considerable fortune has influenced Richmond society for more than 100 years. His love for a younger man set him, and an entire branch of his family, apart from the social norms of the time. This course has been updated with new data and additional characters.

R • Dec 1 • 10-11:30am • \$20/Silver
Leader: John Musgrove

Holiday Baking

NEW, DRIVE TO EVENT Elevate your holiday table with desserts that will wow your guests! Participants will prepare each dish and join together in a community table setting to enjoy. (Fee for this course is non-refundable unless we are able to fill your slot.)

R • Dec 1 • 1:30-3:30pm • \$65/Silver/Gold
Leader: Tammy Brawley

Book Discussion: The Boys by Ron Howard and Clint Howard

NEW Written by brothers Ron and Clint Howard, 'The Boys' is a detailed look at their family and experiences in Hollywood making television shows and movies. This book gives a very open view into how Ron and Clint established careers in a very competitive environment. Through that transparency readers will find the knowledge and guidance of their parents.

F • Dec 2 • 10:30-12pm • \$20/Silver
Leader: Bill Pike

Cool Flicks: More of the Greatest Comedies

UPDATED Join Dan Begley in the quest for the funniest movies of all time. This fall we will watch and discuss these classics: 'Trouble in Paradise' (Ernest Lubitsch, Director, 1932), 'Dinner at Eight' (George Cukor, Director, 1931), and 'Day at the Races' (Marx Brothers, 1937).

F • Dec 2, 9, 16 • 1-3pm • \$60/Silver
Leader: Dan Begley

Winning Weather

Z **NEW** Ever wonder why weather affects each of us in so many different ways? There are actually many common

threads that connect our physical and emotional reactions to the weather. This class will explore different ways that weather and messaging in weather forecasts so often affects us in negative ways, as well as demonstrate how you can 'flip the script' to use the weather, no matter what kind, to positively influence your life.

M • Dec 5 • 10-11:30am • \$20/Silver
Leader: Jim Duncan

Let's Talk Parks: Jamestown Development Beyond the James Fort

Bo **Z** **NEW** Join us for another offering of the Osher Travel Interest Group's series. We'll virtually explore how Jamestown, the first permanent English colony in North America, grew from a struggling colony to a thriving port town. We'll uncover the story by examining historical documents and replica artifacts with a Ranger from Colonial National Historical Park. Following the Ranger's presentation, there will be a facilitated sharing of participants' tips and questions about anything related to the National Parks.

T • Dec 6 • 1-3pm • Free to Members
Leaders: Bill Hafker, Tawnya Waggle

Christmas in Early America

NEW Historians love to study change over time, so why not explore how the Christmas holiday has evolved since Chief Justice John Marshall's lifetime (1790-1835)? Learn about holiday customs of the period and what Christmas meant to not only John Marshall, his family, and guests, but also how holidays affected the lives of enslaved people in Early America.

W • Dec 7 • 11-12pm • \$20/Silver
Leader: Meika Downey

A Safe Drive Through the Aging Process

Aw **NEW** One of the hardest things for an older adult to do is to give up the independence and freedom of driving. One of the hardest things for an adult child to do is to have the 'driving conversation' with a parent. Age alone does not dictate a driving retirement. This workshop details ways an older adult can continue to drive safely, as well as how to know when it may be time to ride in the passenger seat.

W • Dec 7 • 3:30-5pm • \$20/Silver
Leader: Lisa Isbell

Hearty Winter Soups and Stews

NEW, DRIVE TO EVENT Keep warm this winter with these delicious soups and stew. Participants will prepare each dish and join together in a community table setting to enjoy. (Fee for this course is non-refundable unless we are able to fill your slot.)

R • Dec 8 • 1:30-3:30pm • \$65/Silver/Gold
Leader: Tammy Brawley

Cello Through the Years, with Holiday Music

NEW This class will take you on a musical tour of the history of the cello, featuring both lecture and musical examples played live. We will begin with a brief history of bowed string instruments, trace the birth of the modern cello in the Baroque, and investigate the role of the cello in the Classical era. We'll toss in a little non-classical music, and end with a few holiday favorites in the Christian and Jewish traditions.

F • Dec 9 • 10-11:30am • \$20/Silver
Leader: Sheryl Smith

Richmond Tourism: The Latest News

Bo **UPDATED** What's the latest on Tourism in the Richmond Region. It seems like our city's always in

the news. Bouncing back from the pandemic, Richmond Region Tourism says the number of people coming to the River City for a visit is surpassing 2019 numbers. We've got food, breweries/wineries, sports, art, museums, and the James River. What's not to love?

M • Dec 12 • 10-11:30am • Free to Members
Leader: Jack Berry

The Total Camino Hiking Experience

BACK BY POPULAR DEMAND The presentation will focus on the background and history of the Camino de Santiago and the preparation involved to hike it.

M • Dec 12 • 1-3pm • \$20/Silver
Leader: Robert Abbott

Estate Planning and Elder Law - What You Need to Know

Aw **Z** **BACK BY POPULAR DEMAND** This course will address the advantages of a living trust over a will, the importance of durable Powers of Attorney and advance medical directives. Current Federal and state law will be explained. Questions are welcome.

T • Dec 13 • 10-11:30am • \$20/Silver
Leader: Paula Peaden

Tour a Brewery and Cidery and Enjoy Some Samples

NEW, DRIVE TO EVENT Take a behind-the-scenes tour of how the production of beer and cider is made at one of Virginia's newest Vineyard and Breweries, Everleigh Vineyards & Brewing Company. Then enjoy a sample of the latest offerings. (Fee for this course is non-refundable unless we are able to fill your slot.)

T • Dec 13 • 1-2:30pm • \$25/Silver/Gold
Leaders: Ryan Evers, Barbara Evers

Senior Living Options Outside the Home

Aw **NEW** Today's senior living options are far different from your grandmother's nursing home, and there are a wide variety of options to consider. This workshop will discuss all of the senior living acronyms (CCRC, SNF, MC, AL, IL, etc.) as well as the pros and cons of each, so an informed decision can be made about lifestyle and care choices as you plan ahead.

W • Dec 14 • 10-11:30am • \$20/Silver
Leader: Lisa Isbell

Holiday Tips for Caregivers

Aw **Z** **NEW** Holidays are a time for making memories with family and friends, but including someone living with dementia may feel challenging and overwhelming for

2022 Osher Fundraising is Off to a Great Start, and the Osher Annual Fund Letter Campaign is Underway!

Our mission at Osher will always be to provide quality lifelong learning opportunities. We are continually amazed at the involvement, engagement, and generosity of our incredible Osher community.

Osher has concentrated on fundraising the past six years under the support and guidance of the Osher Foundation. The Foundation encourages a culture of giving to ensure lifelong learning opportunities and programming can remain strong, even when times are economically challenging. Dollars raised in 2022 will be used to offset costs associated with quality speakers from outside the Richmond area, to strengthen financial reserves, and to support other programming costs.

Happily, Osher fundraising in 2022 is off to a great start. Donors during the UR Here/Giving Day campaign and throughout 2022 have helped us already reach 49% of our dollar goal and 45% of our participation goal. We are grateful for every donor and every dollar donated.

If you have not made a gift to Osher in 2022, the Osher Annual Fund letter will arrive in your mailbox soon. If you are in the position to contribute to Osher financially, we would appreciate it if you join your fellow Osher members, Leadership Council, and Osher staff and make a monetary gift to Osher today! Gifts can be made by returning the pledge form or going online to osher.richmond.edu/give.

If you are looking for a savvy way to give to Osher and your other favorite charities, and create potential savings for yourself, it's worth exploring making your gifts using a qualified charitable distribution (QCD). A QCD allows people who are 70½ years old or older to donate up to \$100,000 total to one or more charities directly from a taxable Individual Retirement Accounts, and can typically apply towards required minimum distributions which begin at age 72. Please reach out to Amy Edwards, aedwards@richmond.edu, if you have questions.

49%
of our dollar goal



45%
of our participation goal to come

families. Join us as we share tips to engage and include someone living with dementia in holiday traditions and making the most of time together.

W • Dec 14 • 1-2pm • \$20/Silver
Leader: Rachel Lawson

'Once There was a City'

NEW In 1981, Osher Instructor Peter Begans set out to make a video documentary about old-time politics in a struggling New Jersey city. Four decades later he has finally made some progress. Hear his story about the making of the documentary, how the University of Richmond played a helpful role, and then watch the first episode of 'Once There Was a City.'

W • Dec 14 • 3-4:30pm • \$20/Silver
Leader: Peter Begans

GrubHub, Uber, Amazon, Instacart! What Are They? How Can I Use Them?

Aw **z** **REVISED** In this class, you will learn more about how to use various apps to help you with your Instrumental Activities of Daily Living. Have you ever wondered about using Uber for transportation, Amazon for supply delivery, or Instacart for grocery shopping? Learn from a certified care

manager and an occupational therapist from Genworth's Care & Wellness Team. The content has been updated from the Summer Session based on feedback and the emergence of new technologies.

R • Dec 15 • 10-12pm • \$20/Silver
Leaders: Juli Dzemyan, Colleen Dennis

Holiday Sides

NEW, DRIVE TO EVENT It's all about the sides! These may not steal the show at holiday meals, but they'll come close! Participants will prepare each dish and join together in a community table setting to enjoy. These recipes will leave your guests hoping to be invited back next year! (Fee for this course is non-refundable unless we are able to fill your slot.)

R • Dec 15 • 1:30-3:30pm • \$65/Silver/Gold
Leader: Tammy Brawley

Virginia Opera: Music Here and Now

NEW There are more operas being written today than in the previous 75 years, and Virginia Opera is committed to bringing the best of contemporary opera to local audiences. However, it can be difficult to know where to start. What new voices are out there? What modern stories are being sung today? Join Virginia

Opera's Resident Scholar for an engaging presentation and learn what the 21st Century has to offer.

F • Dec 16 • 10-12pm • \$20/Silver
Leader: Joshua Borths

UR Behind the Scenes: The Cannon Memorial Chapel

Ri Bo **BACK BY POPULAR DEMAND** Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013, the Columbarium, and the Wilton Center.

M • Dec 19 • 10-11:30am • Free to Members
Leader: Betty Ann Dillon

Tour of UR's Historic Bottomley House

Ri Bo **BACK BY POPULAR DEMAND** Come learn how this historic home was acquired by UR and moved onto campus, tour the home, and hear about its many lovely features.

M • Dec 19 • 1-2:30pm • Free to Members • Leader: Betty Ann Dillon



Osher Membership

You can become an Osher member at any time during the year for as little as \$75 per year. A summary follows of membership levels and benefits. To become a member, visit our online registration portal at <https://www.enrole.com/richmond/jsp/index.jsp?categoryId=OSHER> and create a new account. Once your account has been created and you are logged in, select the MEMBERSHIPS & RENEWALS category and purchase a new membership. Your membership is valid for one year from the date you join.

Membership Levels

Silver: \$75/year (rolling 12-month)

Our **Silver** membership is the perfect get acquainted level for individuals who are interested in seeing what Osher has to offer. For a small annual fee, an individual receives a University of Richmond One Card and e-mail address, parking pass, full use of the library including access to online databases while on campus and access to register for Osher courses. However, **Silver** members pay for each course in which they enroll, \$100 to audit available semester-long credit courses, and special course fees.

Gold: \$350/year (rolling 12-month)

Our **Gold** membership is perfect for individuals who want to take advantage of the entire Osher Lifelong Learning Institute experience. This individual membership includes a University of Richmond One Card and e-mail address, parking pass and full use of the library including access to online databases while on campus. In addition, **Gold** members have unlimited access to all Osher courses free of charge (excluding off-campus trips). Available undergraduate semester-long courses may be audited at no additional charge.

UR Osher: \$25/year (rolling 12-month)

Exclusively for UR faculty, staff and retirees and their spouse/partner who want to receive notices of special Osher member events and programs. For additional details, contact the Osher Institute office.

Upgrading Your Membership

Are you a **Silver** member who is wondering if an all-inclusive **Gold** membership is right for you? **Silver** members may upgrade at any time during the first six months of their membership year. Upgrades will not change the membership term dates. When upgrading, the \$75 **Silver** membership fee will be applied to the upgrade.



RICHMOND

School of Professional
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Osher Lifelong Learning Institute
Special Programs Building
490 Westhampton Way
University of Richmond, VA 23173

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Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation and bonus classes
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk (804-287-6400 or helpdesk@richmond.edu)
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Access to UR Technology Learning Center (TLC) for preparing presentations - (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members

If you have received an extra copy of this schedule, we hope that you will share it with another lifelong learner.

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it's your love of learning that counts. Join the fun today!

For more information, contact us today:

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