

OSHER

OSHER
LIFELONG
LEARNING
INSTITUTE

AT THE UNIVERSITY OF RICHMOND

Why Do You Teach for Osher? FALL 2021

"To learn. To connect. To share things that excite me."

"Because it's fun!"

"It brings me joy!"

"Because I love sharing my passion."

"It's a mix of fun, humility, and great intellectual stimulation."

"Because of the receptive and highly-educated audience"

"To see faces light up with information that is appealing, interesting, or perhaps controversial."

"Because learning and teaching at Osher have made me a better person."

"I learn a lot from the preparation and delivery, and also from interaction with the attendees."

"To give knowledge from history to help solve problems we confront in our lives."

"Because teaching is essentially a new experience for me."

Osher Instructors: Weaving a Wonderful Web of Learning



UNIVERSITY OF RICHMOND
School of Professional
& Continuing Studies™

A MEMBERSHIP PROGRAM FOR PEOPLE 50 AND BETTER • OSHER.RICHMOND.EDU

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 125 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



Westhampton College alumna, former UR Trustee, and Osher member Betty Ann Dillon offers Osher tours of the Cannon Memorial Chapel and the Bottomley House, even at the young age of ... well, we won't tell.

Celebrating Those Who Teach

All of us, members and staff alike, look for a full array of courses each semester, but do we really appreciate how this happens? It's great to have members eager to attend our Osher classes, and it's wonderful to have great support and guidance from the University of Richmond and its School of Professional and Continuing Studies, but there's still a critically important, required component to every single class: the instructor!

Our course leaders, whether they are Osher members, UR faculty/staff, community experts, civic leaders, or guest lecturers from Richmond or beyond, are the very essence of our Osher Institute. With few exceptions, our instructors are volunteers – they teach willingly with no compensation. Why? For many reasons (see the cover), and they are eager to share!

You may be surprised to hear that our instructors spend way more time than anticipated when preparing for their classes, whether it's a one-session or an eight-session course. We often hear of the tens, no hundreds of hours they invest in developing their courses: outlining, researching, writing, gathering graphics and photos, creating slides, and practicing. This preparation often begins months, sometimes years before they actually offer their Osher class. It's a good thing they love doing this for us!

Since we began in 2004, we have instructors who have taught many times and often for consecutive semesters and years. We have at least one instructor who has taught every summer for 11 years, and we've had others who have taught every semester for more than seven years! Still others regularly teach multiple classes in a single semester.

We've had instructors who have made the trek regularly from Williamsburg, Northern Virginia, and Tidewater to teach. With our recent online classes, Osher instructors zoom in from all across Virginia, and as far away as Ohio, Pennsylvania, New York, California, Maryland, and Michigan.

The areas of expertise and topics covered by our instructors are broad and deep. Every conceivable history topic, each war, a critical battle, whether ancient or current has likely been course subject matter. That goes for political science as well. Art from all ages and of every genre has come alive in Osher classes. Literature topics have been wonderfully wide-ranging. Music – taught, performed, and discussed – has been enjoyed by all. Science topics, from the tiniest molecule to worldwide pandemics, have engaged our members. Sports, theatre, journalism, religion, current events, local issues, well you get the picture – our instructors have touched on most of them!

Our instructors are the heart and soul of our Osher Institute, and we are grateful for each of them! We hope you will join your Osher Leadership Council and Osher staff in expressing your thanks and appreciation to our instructors – in person, in evaluations, in zoom chat, and any other way you can.

With gratitude to those who share their passion and teach for Osher,

Peggy, Nell, Amy, and Catherine

Peggy Watson, W'76
Director
margaret.watson@richmond.edu

Nell Smith
Program Coordinator
nsmith3@richmond.edu

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
ctaylor6@richmond.edu

p.s. We welcomed Catherine Taylor to the Osher staff in early June. We are excited she has joined us, and we know you'll enjoy meeting and getting to know her!

This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email margaret.watson@richmond.edu.

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Where do I start?

Online Registration

- Log in to the online registration portal. Visit osher.richmond.edu/schedule, then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
 - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting **August 16**. Register starting **August 24**.
- Register for up to 10 classes in any one transaction. **Check out and pay** as needed. You may process as many transactions of up to 10 classes as you wish.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

For Remote Classes

- You'll receive a **Zoom link** via email the day before class.
 - Please don't share this access link with others. It's **exclusive to Osher** members.
 - If a class is recorded, you'll be **notified**.
- Log in 5-10 minutes early using a device with a **camera, microphone, and speaker**.
 - Install Zoom on your device well before your session. Visit zoom.us/download.
 - For optimal experience, use a **large tablet or computer**.
 - Use your **first and last name** as your screen name for attendance verification.
- Follow class host and **instructor preferences** for participation.

For In-person Classes

- In-person classes have **limited seats available** and may fill up this fall.
 - If a class you wish to take is **full**, be sure to add that class to your **cart and check out to place your name on the waitlist**.
 - Osher staffers manage the **waitlists** all semester. There's always a good chance that you'll get into the class if others withdraw or a sufficiently large classroom can be reserved.
- You'll receive an **email** prior to class that will identify the classroom location. Allow time for parking and walking to class.

ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
 - Contact Osher staff to obtain your UR ID number.
 - Use when requesting **technical assistance** at the Help Desk.
 - Use to acquire **UR photo identification** and to create other IDs.
- Your **Net ID** is used to access University-hosted resources.
 - Go to webpass.richmond.edu. Requires **UR ID** and birthdate to create.
 - Requires **16-character password**, changed annually.
 - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to osher.richmond.edu/schedule, then Online Registration Portal, to access.
 - May require **UR ID** for one-time setup.
 - Create password and username of your choice.
 - Note: This is not connected to your **Net ID**.

SEPTEMBER

World War IV: The Conflict Between The US And Radical Islam

NEW Z World War IV is the warfare between the US and Radical Islam. World War III encompassed the struggle between the U.S. and Soviet Union from 1945 until 1991. But on 9-11-01, radical followers of the Islamic faith declared war on America by attacking New York and Washington. Why did it start, and what are its prospects to end?

M • Sep 13, 20, 27, Oct 4 • 10-11am • \$40/silver
Leader: Louis Cei



Remembering 9-11

On the morning of Tuesday, September 11, 2001, the terrorist group Al-Qaeda coordinated a series of four terrorist attacks against the United States. Twenty years have passed, but we all recall where we were when we heard the news. Let's continue to remember those we lost and treasure those we hold dear.

Introduction to Mindfulness and Meditation

Aw Z **BACK BY POPULAR DEMAND** This four-week series is designed to introduce mindfulness practices that you can use in your daily life to help decrease the stress and increase the joy. This beginner-friendly course will include a step-by-step approach where you will learn the science behind mindfulness, how to tame your own thoughts, and how to cultivate compassion, intention, and joy.

M • Sep 13, 20, 27, Oct 4 • 11:30-12:45pm • \$60/silver
Leader: Jocelyn Vorenberg

We Love Reading

Bo NEW Z Come learn about the We Love Reading program that increases reading levels among children 2-10 by focusing on the read-aloud experience to instill the love of reading in children, allowing them to become lifelong learners.

M • Sep 13 • 1:30-2:30pm • Free to Members
Leader: Rana Dajani

The Federal Debt: A Looming Disaster?

REVISED AND UPDATED Z The debt has reached levels not seen since WWII, and it continues to grow. The class will cover how we got into this situation.

M • Sep 13 • 3-4:30pm • \$20/silver
Leader: David Frimpter

The Dark Vineyard: A Mystery in the French Countryside

NEW Z The second 'Bruno, Chief of Police' book by Martin Walker, 'The Dark Vineyard' finds Bruno tackling mysteries surrounding environmental crime and murder. Students should read the book before class to form a common basis of discussion.

M • Sep 20 • 1:30-3:30pm • \$20/silver
Leader: Nancy Nock

American Indian Art

NEW Z This new program looks at the art of American Indians from both cultural and historic perspectives. We will explore histories and cultures of American Indians as captured by both Native and non-Native artists.

T • Sep 21 • 10-11:30am • \$20/silver
Leaders: Alice Waagen, Ralph Kidder

L.A. Noir

NEW The dark side of Los Angeles has long fascinated filmmakers and fiction writers. Our initial guide will be novelist and screenwriter Raymond Chandler and his iconic detective Philip Marlowe, in *The Big Sleep*. We will then view four additional films: *Double Indemnity*, *Chinatown*, *True Confessions*, and *L.A. Confidential*. NOTE: For a deeper dive into *Chinatown* and the movie's director, Roman Polanski, check out Tom Cox's course beginning on November 1.

T • Sep 21, 28, Oct 5, 12, 19, 26 • 1-4pm • \$60/silver
Leader: Peter Begans

Navigating Elderhood Course 1: Focused on Living

Aw NEW Many older adults are uncertain about where they want to live as they age. Part 1 of this class focuses on staying in your home and the logistics and considerations necessary to make that happen. Part 2, beginning on Dec. 2, focuses on the many senior living options available today, including 55+ communities, CCRCs, assisted living, care homes, memory care, and more. This class will provide a full understanding of the pros and cons of each option.

W • Sep 22, 29 • 10-11:30am • \$40/silver
Leader: Lisa Isbell

Privacy Protection Strategies

Aw NEW Z Each year, it is estimated that 15 million Americans fall victim to identity theft. This course discusses the importance of protecting an individual's privacy and safeguarding personal and financial information often associated with retirement.

W • Sep 22 • 12:30-2pm • \$20/silver
Leaders: James Schreiber, Shelley White

iPad Basics

Aw **BACK BY POPULAR DEMAND** Are you getting the most out of your new iPad? Learn shortcuts, tricks, and tips on how to make your iPad your own. This course provides an overview of basics for setting up your device, using apps and more.

W • Sep 22, 29 • 3-5pm • \$40/silver
Leader: Betsy Spath

The Unsung Heroes: Grape Varieties of Virginia Wine

NEW Z Let's talk about the grapes and wine styles and experiences that are making Virginia an up and coming wine region. Learn about the grapes and wine styles as well as other aspects of the Virginia wine region that set it apart.

R • Sep 23, 30 • 10-11:30am • \$40/silver
Leader: Annette Boyd

My Care, My Choice: Tools to Help You Have a Say in Your Care Even if You Can't Speak for Yourself

NEW **z** What if a sudden illness or injury made you unable to speak for yourself? Come learn how to make sure that you have a say in your own care no matter what happens.

R • Sep 23, 30 • 12:30-2:30pm • \$40/silver
 Leader: *Laura Pilati*

Osher Member Orientation

Bo Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

R • Sep 23 • 3:30-5pm • Free to Members
 Leader: *Osher Member Connections Team*

Irish Mythology and Folklore

NEW **z** Join us for an introduction to Irish mythology and folklore. Beginning with an examination of ancient manuscripts, we'll examine the four major mythic cycles and related place lore, chronicle the evolution of folklore on the island, chart the history of folklore collection and dissemination, and appraise the development of the oral storytelling tradition.

F • Sep 24, Oct 1, 8, 15, 22, 29, Nov 5, 12 • 9:30-11am • \$60/silver
 Leader: *John Countryman*

Belle Isle History Hike

FIELD TRIP, NEW **Aw** Learn the unique story of Richmond's historical gem, Belle Isle, and the role it has played in our developing city over time. This class will include a two-mile hike over flat terrain with loose gravel.

F • Sep 24 • 1-3pm • \$20/silver
 Leaders: *Tyler Twyford, Penelope Davenport*

Basic Principles of Government: Their Meaning and Application

NEW **z** Delve into a critical exploration of the political and legal meanings of the following terms: rights, freedom, equality, rule of law, and due process of law. The course will also examine how and the extent to which these principles can be attained and upheld.

M • Sep 27, Oct 4, 11, 18, 25 • 2-3pm • \$60/silver
 Leader: *Ellis West*

Bounty of Boatwright

Ri Bo **z** At this session, you'll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

M • Sep 27 • 3:30-5pm • Free to Members
 Leader: *Carol Wittig*

Come . . . and BeMoved®!

BACK BY POPULAR DEMAND **Aw** Learn about the long-term health benefits of just moving! Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment. Note: October 18 will be a Zoom meeting.

M • Sep 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, Dec 6, 13 • 5:30-6:30pm • \$90/silver/gold/UR
 Leader: *Myra Daleng*

Nicodemus and the African American Migration to Kansas after Reconstruction

NEW **z** When Reconstruction ended in 1877, federal troops withdrew from the 'unredeemed' Southern states, unleashing racial violence by white supremacist groups. Forty Thousand African American 'Exodusters' fled to Kansas, Oklahoma, and Colorado. But it was Kansas, the Free State and land of John Brown, that attracted most of the refugees. We'll review the cause for the exodus, the arduous trek to Kansas, and the fate of the communities they established.

T • Sep 28, Oct 5, 12 • 10-11:30am • \$60/silver
 Leader: *Jim Peters*

A Peek Behind the Curtain: The Book of Revelation

NEW **z** The Book of Revelation is probably the most enigmatic, controversial, and misused book of the Bible. Using a historical-literary approach, Ryan Ahlgrim will survey the book, highlighting its original meaning and possible message for today.

W • Sep 29, Oct 6, 13 • 1-2pm • \$40/silver
 Leader: *Ryan Ahlgrim*

Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Nell Smith at nsmith3@richmond.edu for registration procedures.

Planning Your Estate

NEW **z** **Aw** Let's talk about planning for the future. How can you ensure that your preferences and directives for your financial assets are carried out correctly? We'll discuss the legal options available to assist in making the best decisions.

R • Sep 30 • 3-4:30pm • \$20/silver
 Leader: *Paula Peaden*

Learning About the Holocaust in Today's World

BACK BY POPULAR DEMAND **z** We'll examine the erosion of government and the implementation of Nazi rule as the rights of citizenship were erased along with millions of people. How did a country often labeled as sophisticated become the incubator for the targeted destruction of millions? Why did ordinary citizens become focal point of brutality and hatred? Why did 'us vs. them' define neighbors? How do we view this history here and now in 2021?

R • Sep 30, Oct 7, 14, 21, 28, Nov 4, 11, 18 • 7-8pm • \$60/silver
 Leader: *Rena Berlin*

Interested in Teaching for the Osher Institute?

If you've thought about teaching an Osher class, but would like to talk about it with an experienced instructor, we can help! We have a veteran Osher instructor who is available for a phone call or an in-person meeting to talk about how to get started. Longtime Osher member and instructor **Bill Bailey** can offer a wealth of knowledge and practical suggestions on the correct length of time, the best teaching methods for adult learners, presentation visuals (and where to go for help), and classroom management tips. To set up this conversation, please email Bill at baileyb0812@gmail.com.

OCTOBER

Only the Good Die Young: Crime Fiction Inspired by the Songs of Billy Joel

NEW Z Josh Pachter is back with a new anthology. As with his previous courses, he and a number of the contributors will tell you about their stories and the songs that inspired them. Purchase of the book is recommended but not required.

F • Oct 1, 15 • 11:30-1:30pm • \$40/silver
Leader: Josh Pachter

UR Campus Walk

Aw Ri Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide.

F • Oct 1 • 2:30-4:30pm • Free to Members
Leader: Marshall Ervine

Have You Checked Your 'Personality' Lately?

Aw NEW Z Are you the person you think you are? Are you the same person everyone else thinks you are? Join us for this light-hearted and fun class to find out!

M • Oct 4 • 3:30-5pm • \$20/silver
Leader: Doug Stowell

Understanding Long Term Care Insurance

Aw BACK BY POPULAR DEMAND We'll help you understand long term care as well as the options available to pay for care. What is the most tax-efficient way, based on an individual's circumstances, to pay for long term care? There is no one-size-fits-all solution.

W • Oct 6 • 10-12pm • \$20/silver
Leader: Linda Tsironis Caruthers

Schubert's Music for Piano Solo

NEW Z Alan brings his combination of live performance and running commentary to the piano music of Franz Schubert, who bridged the worlds of Classical and Romantic music. The program will include selections from his Sonatas, Impromptus, Moments Musicaux, and German Dances.

R • Oct 7, 14 • 10-11:30am • \$40/silver
Leader: Alan Pollack

Cell Phone Photography for Travel and Adventure

BACK BY POPULAR DEMAND Z The class is designed to enhance your cell phone photography while traveling. We will cover improving cell phone images regardless of brand or model, editing cell phone images and available features on the iPhone.

R • Oct 7, 14 • 12-2pm • \$40/silver
Leader: Dan Walker

'John Brown's Body' by Stephen Vincent Benet

NEW 'John Brown's Body,' written by Stephen Vincent Benet and published in 1928, has been called 'America's epic poem.' Through its descriptions of John Brown's 1859 raid at Harper's Ferry and the events of the Civil War, the poem weaves details of American geography and history that are meant to define the American character. And like all good literature, it also asks

us to consider the meaning of existence more broadly.

R • Oct 7, 14, 21, 28 • 3:30-5:30pm • \$60/silver
Leader: Riker Purcell

Holiday Appetizers

NEW, FIELD TRIP Join Chef Tammy Brawley in her demonstration kitchen, and learn how to elevate your holiday table with exciting new appetizers! Participants will prepare each dish and join together in a community table setting to enjoy. These recipes will leave your guests hoping to be invited back next year!

F • Oct 8 • 12-2pm • \$65/silver/gold/UR
Leader: Tammy Brawley

Historical Overview and Analysis of the American War in Afghanistan

NEW Z This lecture/discussion offers a summary overview of the United States' military involvement in Afghanistan during the course of four presidential administrations since 2001. We'll look back at the long history of Afghanistan that earned it the title 'Graveyard of Empires,' discuss the 9/11 attack on the Twin Towers that prompted the US decision to invade Afghanistan, and explore evolving political, diplomatic, and military strategies for bringing 'America's Longest War' to a successful conclusion.

M • Oct 11, 18 • 10-12pm • \$40/silver
Leader: Steve Anders

America's First Congresswoman

NEW More than 100 years have passed since women in America won the right to vote, and today there are a record number of women serving in Congress. Someone had to be first, and that person was Jeannette Rankin of Montana. This course will explore the life and times of this extraordinary woman.

W • Oct 13 • 10-12pm • \$20/silver
Leader: David Fishman

Remember USS Pueblo?

NEW On January 23, 1968, North Korean naval and air forces attacked and seized an essentially unarmed US Navy vessel, USS Pueblo, operating in international waters off North Korea. We will examine the circumstances surrounding Pueblo's mission and seizure, as well as subsequent events.

W • Oct 13, 20, 27 • 3-5pm • \$60/silver
Leader: Robert Warwick

Jewish Legends of the Bible, Part 1

BACK BY POPULAR DEMAND These classes will present a number of little known Jewish legends (Midrash) that expound upon familiar stories in the Hebrew Bible.

F • Oct 15, 22, 29 • 2:30-4pm • \$60/silver
Leader: Allen Cohen

The Constitutional Convention of 1787

NEW z Let's study the Constitutional Convention of 1787: why the Convention was called and a chronological look at the primary debates that summer in Philadelphia. We will explore the Framers' thoughts and perspectives as they struggled to create our novel form of government. We will also study the key participants at this historic event.

T/R • Oct 19, 21, 26, 28, Nov 2, 4, 9, 11 • 10-11:30am • \$60/silver
Leader: Michael Kerley

Far from the Madding Crowd and the Life of Thomas Hardy

NEW z 'Far from the Madding Crowd,' written by Thomas Hardy in 1874, established him as one of Britain's foremost authors. It is a 19th-century love story that contains tragedy, intrigue, betrayal, obsession, and suffering. Join us for this discussion-based exploration.

W • Oct 20, 27 • 10-12pm • \$40/silver
Leaders: Murray Ellison, Ann Day

African American Art

NEW z The lives of African American artists lend insight into the context of their works. Learn about the diverse body of artwork created by African American artists and the historical, social, and cultural events, as well as unique life experiences, that inspired their work.

W • Oct 20 • 12:30-2pm • \$20/silver
Leaders: Alice Waagen, Ralph Kidder

Chain Maille: Double Spiral Rope Bracelet

Double Spiral is a very basic yet impressive chain maille weave that is fun to make and works up quickly. We will be creating this bracelet with sterling silver: you'll be

taught how to properly link the doubled rings so the weave stays twisted together.

R • Oct 21, 28 • 12:30-2:30pm • \$70/silver/gold/UR
Leader: Celeste Miller

Folk Art

REVISED z Great artists share a passionate will to create. Folk artists, not trained by formal art education, use imaginative materials and techniques to express powerful, inspirational works. We will explore the motivations and personal visions of these artists.

F • Oct 22 • 12-1:30pm • \$20/silver
Leaders: Alice Waagen, Ralph Kidder

Women's Spider Basketball Has Arrived

Ri Bo **NEW** Come learn how the exciting, fast-paced NCAA Women's Basketball game played today evolved, including the surprising role Virginia schools played in its development and featuring a focus on our own UR Women's Basketball Program. The second day of class will be hosted by the UR coaches and players at the Robins Center for a practice. Day three of the class we will attend a Spider Women's home game.

M • Oct 25 • 10-11:30am • M/U • Nov 1, 21 • Time TBD • Free to Members
Leaders: John Festa, Aaron Roussell, John Studer

Tracing Your Family at the Library of Virginia

NEW z The Library of Virginia was founded in 1823 to preserve and provide access to the state's incomparable printed and manuscript holdings. This presentation will offer techniques and tips on how to trace ancestors in the records available at the Library of Virginia.

M • Oct 25 • 12-1:30pm • \$20/silver
Leader: Ashley Ramey

Art in Contemporary Times

REVISED z Artists depict the cultural, social and political climate of their times. How can contemporary artworks enrich our understanding of the American experience?

W • Oct 27 • 12:30-2pm • \$20/silver
Leaders: Alice Waagen, Ralph Kidder

Zoom vs. In-Person Classes: Mark Your Calendars Well

As we move gradually out of the pandemic, our Osher Institute class offerings are changing. Our Fall 2021 Planning Survey told us that you like online classes, and some of you even prefer them, given your location, as well as your ability to drive, park, and walk to classrooms. That said, we realize that the majority do love in-person, on-campus classes.

We have heard you: we are offering both this fall! This means that you will need to mark your calendars well. We have denoted every Zoom class clearly in the print and online catalogs, but you'll want to make that same distinction in your personal schedule.

Another hint for fall: Just in case the Zoom vs. in-person classes do get mixed up, why not always bring your laptop, tablet, or cell phone when you come to campus? That way, if a class is remote but you are on campus, you can always find a quiet spot and zoom into your online class.

Beyond the Farmer's Almanac: Snow!

NEW z Jim Duncan explores our fascination with winter weather beyond the meteorology, digging deeper into the 'psychology of weather' and the ways it shapes our perceptions of the forecast. Even just a turn of a phrase and how it's framed can have an enormous impact. From the Almanac to the Groundhog, you'll discover the inside secrets that may even lead you to a love of snow!

F • Oct 29 • 12-1:30pm • \$20/silver
Leader: Jim Duncan

NOVEMBER

No Happy Ending: Chinatown, Roman Polanski, and 1970s Hollywood

NEW Reviewing clips from 'China-town', this course will consider one of Hollywood's greatest movies both as a gripping 'neo-noir' detective story set in 1930s Los Angeles and within the political and cultural context of America in 1974. The course will also address the sometimes uncomfortable relationship between a work of art and a flawed creator: in particular, how the personal tragedies and subsequent criminal behavior of director Roman Polanski affect perceptions and judgments about his films. NOTE: For a broader look at this film genre, join Peter Begans' LA Noir class that begins on September 21.

M • Nov 1, 8, 15 • 10-11:30am • \$60/silver
Leader: Thomas Cox

From Ballrooms to Burma: A Personal Look at World War II

AUTHOR'S BOOK TALK An award-winning writer provides an engaging picture of what life was like during World War II, both at home and on the battlefield in the little-known Burma campaign. With slides and artifacts, Williams shares her research for 'The Last Romantic War,' her book about her parents' exotic global courtship: a story filled with emotion and adventure, featuring burning airplanes, runaway horses, the pain of separation and the eternal question: 'Will he come home?'

M • Nov 1 • 12-1:30pm • \$20/silver
Leader: Robin Williams

Capitalism, Government, Money, and the Future of the World

NEW What is the role of government in a market-capitalist democracy like the United States? Let's take a look at how capitalism has evolved over history; how our essential economic infrastructure has emerged; and how, at various times, government has affected the economy. Our goal is to dramatically

strengthen our grasp of how capitalism works, and lay the groundwork for wiser choices about economics, government, and our own future in the world.

T/W • Nov 2, 3, 9, 10, 16, 17, 30, Dec 1 • 1-3pm • \$60/silver
Leader: Mark Yourek

Born To Be Wild: Rediscover the Freedom of Fun

Aw **BACK BY POPULAR DEMAND** Have we forgotten how to have fun? If so, you might be long overdue for this interactive course that invites you to take a journey through your own life.

T • Nov 2, 9, 16 • 3:30-5:30pm • \$60/silver
Leader: Jill Baughan

Come Away with Me: The Music and Lyrics of Norah Jones

NEW **Z** Kick-off your shoes, grab your favorite herbal tea or adult beverage, then 'Come Away with Me' to experience a Grammy-Winning Album by one of our most talented musicians. We plan to listen to this hypnotic album all the way through as well as discuss the poetic lyrics of each of its 14 songs.

W • Nov 3 • 10-12pm • \$20/silver
Leader: Murray Ellison

Photo Organization: Simple and Done

NEW **Z** Imagine all your photos organized, permanently and safely, in a way that allows you to find any photo in literally seconds. This approach includes old slides and movies. We'll discuss scanners and digitizing old media and cloud storage accounts. You will learn techniques you can use with any photo management system as well as the art of interviewing and voice recording to preserve your legacy.

R • Nov 4, 11, 18 • 3-5pm • \$60/silver
Leader: Dee Dee Parker

Cool Flicks: More of the Greatest Comedies

UPDATED Join us in the quest for the funniest movies of all time. We will watch and discuss these classics: Arthur (1980), The Women (1939), and The Americanization of Emily (1964).

F • Nov 5, 12, 19 • 1-3pm • \$60/silver
Leader: Dan Begley

Introduction to the Alexander Technique

Aw **BACK BY POPULAR DEMAND** This technique will allow you to develop greater awareness of postural habits that get in the way of your natural coordination. You learn the skills to undo these patterns and to choose to move without them. Learn how to go about your daily activities with increasingly greater ease and less effort.

M • Nov 8, 15, 29, Dec 6 • 1-2:15pm • \$60/silver
Leader: Jocelyn Vorenberg

Mindfulness Meditation, Journey to a Happier Healthier Life

Aw **BACK BY POPULAR DEMAND** This session will include all the reasons that making meditation a daily practice will improve your health, focus, and relationships.

M • Nov 8 • 3-5pm • \$20/silver
Leader: Helen Landry

Richmond's Canals and Islands at the Falls

NEW The James River and Kanawha Canal and the Haxall Mill Race once powered many of Richmond's 19th and 20th century industries. On our virtual tour, we'll visit these industries of the past and see the public artworks that commemorate these sites today. Industries were also housed on several of Richmond's islands that today are part of the James River Park system: The Canal Walk, The Virginia Capital Trail, and the Low Line Green and Gardens.

W • Nov 10 • 10-11am • \$20/silver
Leader: Kathryn Whittington

'Sadie's Silence' and May's Life and Letters: Contrasting Educations

Ri **AUTHOR'S BOOK TALK** This course will contrast and compare the education of two women who influenced the author's passion for education: her grandmother, Sadie Zigler Wampler (1882-1922), and May Lansfield Keller, (1877-1964) first dean of Westhampton College. In researching her book, 'Sadie's Silence' and re-reading Pauline Turnbull's Biography of Miss Keller, the author discovered key similarities and significant differences that shaped these women's lives.

W • Nov 10 • 3:30-5pm • \$20/silver
Leader: Elizabeth (Libby Layne) Jarrett

The Rise and Fall of The Band: Film Screening

Bo **NEW** The story of The Band is almost hard to believe. Their tale is a timeline of formative experiences that birthed a sound and style that was unique and impactful. This class offers a screening of the documentary, 'The Last Waltz.' You are invited also to register for the class on November 16 to discuss this film and the group's first three albums.

M • Nov 15 • 7-9pm •
Free to Members
Leaders: Bill Pike, Joe Vanderford

The Rise and Fall of The Band: Discussion

NEW Following the screening of 'The Last Waltz,' join us for an exploration of this seminal musical ensemble. We invite you to register for the November 15 film screening to enhance your understanding of this group and to enrich our discussions. A mixture of print research, audio/video clips, interviews, and listening to selected songs from the albums will make up the class presentation.

T • Nov 16 • 10-12pm • \$20/silver
Leaders: Bill Pike, Joe Vanderford

Invasive Plants and the James River Park System

NEW This course will provide a background on invasive plants in the Commonwealth of Virginia and then describe the efforts currently being taken by the Invasive Species Task Force to manage these species in the James River Park System.

W • Nov 17 • 10-11am • \$20/silver
Leaders: Todd Lookingbill, Carrie Wu

The Osher Institute Special Interest Groups

Formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at osher.richmond.edu. A current Osher Institute membership is required for interest group participation.

- Biking** John Bander, johnabander@icloud.com
- Bridge** Ellen Hollands, efine98@aol.com, 804-741-0221 or 804-402-8402
- Contemporary Issues** Bill Pawelski, wjpinva@gmail.com
- Great Conversations** Vera Mulherin, paxvera@netscape.com
- Hikers** Lex Bailey, alexander.neale.bailey@gmail.com
- Historically Speaking** Louis Cei, ceilb2@aol.com
- Investments** Searching for New Strategies
- Literary Dreamers** Jerry Lutkenhaus, jervalaw@aol.com and Virginia Manuel, vmanuelva@gmail.com
- Memoir Writing** Karen Mizrach, krmizrach@gmail.com
- Photography** Peter Blankman, pblankman@gmail.com
- Theatre Lovers** Linda Turner, lturner@richmond.edu.
- Travel** Celeste Miller, OSHERtravel@gmail.com

Not Your Grandparent's Funeral!

Aw **BACK BY POPULAR DEMAND** Learn about and discuss the interesting and innovative changes in funeral and memorial services.

W • Nov 17 • 3:30-5pm • \$20/silver
Leader: Susan Campbell

A Virtual Tour of Rome's Ancient Monuments and Architecture

UPDATED **z** This course uses photographs, illustrations, and short video clips to conduct a virtual tour and reflective 'walkabout' through some of Rome's most famous ancient ruins. Sites include the Roman and Imperial Forums, the Pantheon, and others. This talk should serve as a helpful introduction to the World of Ancient Roman Architecture for anyone considering an actual visit to the Eternal City.

R • Nov 18 • 10-11:30am • \$20/silver
Leader: Steve Anders

The Art of Baseball

NEW **z** The sport of baseball has inspired artists since its inception. This program, collaboratively developed and presented by three Osher presenters, will capture the beauty and majesty of what has always

been known as America's pastime and explore its place in the American experience. Join us as we present a full nine innings of informative fun!

F • Nov 19 • 10-11:30am • \$20/silver
Leaders: Alice Waagen, Ralph Kidder, Thomas Cox

Margaret Thatcher: Personal Recollections and a Re-appraisal

NEW Serving as an Under Secretary in the Department of the Environment, Tony Pelling had many dealings with Mrs. Thatcher in her time as Prime Minister. She made a big impression on him, but he still has doubts about her legacy.

M • Nov 29 • 10-11am • \$20/silver
Leader: Tony Pelling

The Virginia Legislative Process

NEW **z** This nonpartisan course teaches students about the Virginia legislative process: the written and unwritten rules, how to search for and track bills, how to connect financial contributions to candidates and elected officials, and how to use open government laws to keep everyone accountable.

M • Nov 29, Dec 6, 13 • 3-4:30pm • \$60/silver
Leader: Megan Rhyne

UR Campus Walk

Aw Ri Bo Take a walking tour of the UR campus, named the nation's most beautiful campus in the Princeton Review's 2021 college guide.

T • Nov 30 • 10-12pm • Free to Members
Leader: *Marshall Ervine*

For The Beauty of It All: Western United States

BACK BY POPULAR DEMAND Focusing on the National Parks, the beauty of what Western North America (west of the Mississippi) offers us will be presented.

T • Nov 30, Dec 7, 14 • 3:30-5:30pm • \$60/silver
Leaders: *Dennis Cogswell, Nancy Cogswell*

DECEMBER

Bringing the Spirit of Christmas Past Back to Osher

NEW Z Join Murray Ellison and John Schofield as they discuss how and why Charles Dickens wrote his most popular story, 'A Christmas Carol,' and how this short novel permanently changed the way the world celebrated Christmas.

W • Dec 1, 8, 15 • 10-12pm • \$60/silver
Leaders: *Murray Ellison, John Schofield*

Navigating Elderhood Course 2: Considerations as We Age

Aw NEW The second half of the Navigating Elderhood series focuses on things for which all families need to have plans: older adults and driving, basic information about dementia, and critical information that adult children need to know about their parents before it is too late. You do not need to take Course 1 before enrolling in this class.

R • Dec 2, 9, 16 • 10-11:30am • \$60/silver
Leader: *Lisa Isbell*

What in the World Is Going On? A Top 10 Summary for 2021!

NEW Z Join us for a comparison of the US rankings in more than 25 key global categories for 2021. We will consider economic factors like incomes, deductions, and taxes; the environment and pollution; healthcare costs and outcomes; marriage, divorce, and birth rates; education levels and achievement; population trends; a national prosperity index; murder and crime rates; a change readiness index; and many more criteria.

R • Dec 2 • 1-2:30pm • \$20/silver
Leader: *Doug Stowell*

Plan to Make It Right: Planning for Final Arrangements

Aw BACK BY POPULAR DEMAND Along with financial and estate planning, one of the best gifts we can give our families is planning our final arrangements. Learn about the important steps to provide this gift for yourself and family through an overview of the information and concerns when planning with an opportunity to ask questions.

R • Dec 2 • 3:30-5pm • \$20/silver
Leader: *Susan Campbell*

Four Seasons of the James River Park System

AUTHOR'S BOOK TALK, UPDATED This class will explore Richmond's James River Park features and recreational opportunities offered throughout the year. We'll include maps and photographs, many of which come from the recently published book, 'A Photographic Journey through the James River Park System.'

F • Dec 3 • 10-11:30am • \$20/silver
Leader: *Bill Draper*

Let's Reach Our 2021 Osher Fundraising Goals Together!

As you join us this fall virtually and in-person, we also hope you'll **make a gift to Osher** during our **Osher Annual Fund Campaign**, currently underway. We continue to raise funds to ensure the sustainability of our institute. Like other entities within the School of Professional and Continuing Studies, the Osher Institute is self-supporting. This past year was a true test of why we should keep a reserve on hand. Your gifts guarantee that we can continue to operate, even if times get hard. Your gifts also contribute to special events, such as hosting national speakers, that may fall outside of our budget.

If you are in the position to contribute to Osher financially, please join your Osher Leadership Council and Osher staff in supporting the Osher Institute with a gift. We have an ambitious but achievable goal of \$27,500 from 20% of our membership. All gifts of any size are greatly appreciated. You can make

a gift online at osher.richmond.edu/give or **mail a gift in using the pledge form and envelope** you recently received with our Annual Fund letter campaign.

If you have any questions on ways to maximize the impact of your 2021 charitable gifts, such as using qualified charitable distributions, or if you have any gift giving questions, please reach out to Amy Edwards (aedwards@richmond.edu).

Donors will be recognized in our Honor Rolls viewable in our summer catalog, on our website, and in our event poster displays. Thank you to all who have already made a gift to Osher in 2021!



UR Behind the Scenes: The Cannon Memorial Chapel

Ri Bo **BACK BY POPULAR DEMAND** Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013, the Columbarium, and the Wilton Center.

F • Dec 3 • 1-2:30pm • Free to Members
Leader: Betty Ann Dillon

A History of Western Classical Music

REVISED Follow the history of music from the Middle Ages to the 21st century. Each week, we will study one era: Middle Ages, Renaissance, Baroque, Classical, Romantic, and beyond. No music background is necessary for this class, which is designed to be accessible to all.

M/T • Dec 6, 7, 13, 14, 20, 21 • 10-12pm • \$60/silver
Leader: Sheryl Smith

The Complete Course In Travel and Adventure Photography

NEW The class is designed to cover all aspects of travel photography, designed to meet the needs of both cellphone and regular camera photographers. We'll cover how to prepare for the photo adventure, how to select the best travel subjects, and how to prepare your own travel show.

T • Dec 7, 14, 21 • 1-3pm • \$60/silver
Leader: Dan Walker

What Does Travel and Tourism Look Like After the Pandemic?

Bo **UPDATED** The travel and tourism industry was devastated by COVID-19. What does the Richmond Region tourism industry look like now? What does the overall travel industry look like now?

W • Dec 8 • 1:30-3pm • Free to Members
Leader: Jack Berry

COVID-19 and the Crisis of Elder Care

NEW Dr. Wright is a physician with 25 years of experience in caring for elders in nursing homes. Dr. Wright will recount his time in the front lines of the COVID battle and follow with his view of the current crisis in elder care.

W • Dec 8 • 3:30-4:30pm • \$20/silver
Leader: Jim Wright

Swinging London

NEW **z** In the early 1960s, a new generation emerged from the rubble of post-war London and conquered the world's culture. We'll take a look at the period's art, music, film, and fashion that included the Beatles and the Rolling Stones, designer Mary Quant, model Twiggy, and others. Shawn Levy's 'Ready, Steady, GO!' will serve as the main text.

R • Dec 9 • 1:30-3pm • \$20/silver
Leader: Peter Begans

Nuclear Power: Myth and Reality

NEW Dr. Miller addresses the economic and environmental pros and cons of nuclear power and its potential role in achieving global, long-range energy sustainability.

F • Dec 10 • 10-12pm • \$20/silver
Leader: Jim Miller

Tour of UR's Historic Bottomley House

Ri Bo **BACK BY POPULAR DEMAND** Come learn how this historic home was acquired by UR and moved onto campus, tour the home, and hear about its many lovely features.

F • Dec 10 • 1-2:30pm • Free to Members
Leader: Betty Ann Dillon

Beyond the Bounty

Ri Bo **z** If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

M • Dec 13 • 1-2:30pm • Free to Members
Leader: Carol Wittig

John Marshall at Home

NEW This talk will take you on a virtual tour of the John Marshall House and your instructor will explore the life of John Marshall in early 19th century Richmond as a husband, father, lawyer, enslaver of hundreds, quoints and Madeira enthusiast, and Chief Justice of the Supreme Court.

W • Dec 15 • 1-2pm • \$20/silver
Leaders: Meika Downey, Matthew Nichol

Preserving Liberty and Keeping the American Republic

NEW, AUTHOR'S BOOK TALK This class will be a review of the American government system: how it came to be, how it has strayed from its original vision, and how it can be restored and preserved.

W • Dec 15 • 3-4pm • \$20/silver
Leader: Edward (Eddie) S. Whitlock III

Elizabeth Van Lew and the Civil War Spies of Richmond

NEW Join this class for a discussion of the men, women, and children, black and white, enslaved and free, who secretly fought the Civil War from inside the Confederate capital.

R • Dec 16 • 1-3pm • \$20/silver
Leader: Nathan Hall

Wine's Complex Journey from Grape to Glass

NEW Your instructor is the Virginia lawyer who guided Virginia wineries toward the first law allowing shipment of wine directly to your door. She'll highlight market and government forces impacting where and how you buy wine in this country.

F • Dec 17 • 10-12pm • \$20/silver
Leader: Terri Cofer Beirne

Travels with POTUS #41: Working with President George H.W. Bush

NEW What was it like to work with former President George Herbert Walker Bush? And what was Bush like on a more personal level? Join Chip as he discusses his work and relationship with George H. W. Bush.

F • Dec 17 • 1-2:30pm • \$20/silver
Leader: H.E. "Chip" Mann

Thinking During/After a Pandemic and Economic Crises

NEW Science has been one model adapted to use in analyzing and applying it to the ongoing worldwide pandemic and economic crises. The class will examine both the Science model and the use of it to address both crises.

M/W • Dec 20, 22 • 1-3pm • \$40/silver
Leader: Dennis Cogswell



RICHMOND

School of Professional
& Continuing Studies™

Osher Lifelong Learning Institute
Special Programs Building
490 Westhampton Way
University of Richmond, VA 23173

RETURN SERVICE REQUESTED

Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk – offering remote support (804-287-6400 or helpdesk@richmond.edu)
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Access to UR help center for preparing presentations – offering remote support (804-289-8777 or tlc@richmond.edu)
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members
- Free bonus classes and special events

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all — it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director, W'76
margaret.watson@richmond.edu

Nell Smith, Program Coordinator
nsmith3@richmond.edu

Amy Edwards, L'97
Stewardship Assistant
aedwards@richmond.edu

Catherine Taylor
Part-time Program Coordinator
ctaylor6@richmond.edu



at the University of Richmond
osher.richmond.edu