

# OSHER

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

AT THE UNIVERSITY OF RICHMOND

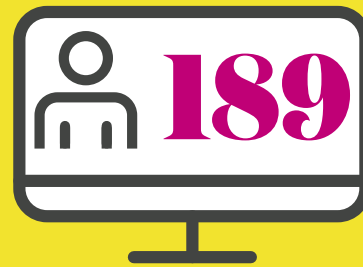
SUMMER 2021



Number of members who've zoomed at least one class



Number of individual course registrations



Number of instructors teaching for us via Zoom



Average number of classes per student per semester



Number of new instructors who only teach for us if remote



Number of members called in June 2020 Phone-a-thon

47%

Percentage of Osher members responding to biennial survey



Number of new members since 3.18.20

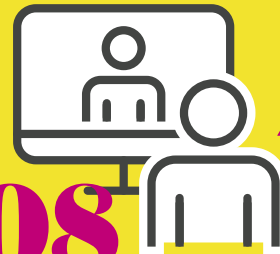


Number of members participating



Virtual Social Events

Coffee Chats – Happy Hours – Game Nights



Number of zoom classes

460

Number of zoom sessions for those classes

## What's in a Number?

From March 2020 through February 2021



UNIVERSITY OF RICHMOND  
School of Professional  
& Continuing Studies™

## Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 124 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests, and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please email [margaret.watson@richmond.edu](mailto:margaret.watson@richmond.edu).

## What's in a Number?

A single number can say so much. A number can mark a milestone – number of years old, number of years married, number of years as friends. A number can reveal that your medical test result is good. A number might make you eligible for retirement. There is so much that a single number can represent.

This summer we will have been in pandemic mode for more than one year. That's 365+ days – a big number. Certainly, the University of Richmond has been tracking COVID-19-related numbers very carefully for the past year. And these numbers have touched every aspect of student and campus life.

This year hasn't been easy, but as we celebrated last semester, there have been silver linings. We won't lie – some of our Osher numbers haven't been as good as we'd like them to be. Pandemics have a way of shaking things up.

That said, we do have some numbers that are incredibly positive. In our minds, there is something telling about the data points we've reviewed. These aren't just Osher numbers – they are *your* numbers. They represent how *you* have stayed active, engaged, and connected.

For example, since last May when we experimented with Zoom, who'd have thought we'd have more than 200 classes delivered via Zoom? That translates into 460 individual sessions on Zoom. And, we have had 18 rock-star class hosts who have volunteered to greet, take attendance, and manage these sessions!

Last year, we were not considering a Facebook page for the Osher Institute. But one pandemic changed that. With SPCS's expert help, we created a Facebook group that now boasts more than 215 members. The numbers show that our group has a minimum active rate of 65%, which means that *you* are watching, reading, and reacting!

We are excited that our colleagues from all over the country have shared their programming, to the point that we've created an Online Resources section on our Osher website. Fellow Osher institutes have offered wonderful programs that, when added to our own, have provided new, expanded ways for you to stay engaged. Our partnership with *Gather* has also enhanced what we provide. *Gather's* hosting of our UR Osher Caste Community Read brought more than 200 people into this conversation. Participants included our members, SPCS/UR faculty/staff, other Virginia lifelong learning groups, and individuals from as far away as Michigan, South Carolina, Florida, and Connecticut.

A few more numbers indicate that *you* have given to our Osher Annual Fund, reaching a new high of \$32,000+, even in a pandemic. And, more Osher members – 279 – have given than ever before. *You* have created these numbers.

These are just a few numbers, and they are just numbers. But are they? To us, they represent so much of the past year. They tell us that *you* still believe in the mission of the UR Osher Institute and that *you* are willing to be a part of a very different Osher than what *you* knew. Each number represents *you*, how *you* have stayed engaged and active, and how *you* have supported Osher with *your* time, talents, gifts, friendships, and love of lifelong learning.

Peggy Watson, W'76  
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p.s. One more number we'd like to note: You'll see that we have one less staff signature listed above. Barbara Apostle has stepped away from her Osher staff position. While we're incredibly sad to lose such a great colleague and friend, we are excited for whatever next chapter might unfold for Barbara. We truly wish her all the very best!

### Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

### Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, ATTN: Jeanne Clery Crime Statistician, Special Programs Building, 490 Westhampton Way, University of Richmond, VA 23173 or access the report online at [police.richmond.edu](http://police.richmond.edu).

# Where do I start?

## Online Registration

- Log in to the online registration portal. Visit [osher.richmond.edu/schedule](https://osher.richmond.edu/schedule), then click on the red “Online Registration Portal” button located on the right-hand side of the screen, to access. Once logged in, your name will appear at the top of the page.
- Confirm your membership is active. Select **My Profile** once logged in.
  - Not yet a member? Need to renew? Select **MEMBERSHIPS & RENEWALS**.
- Preview classes starting May 3. Register starting **May 11**.
- Register for up to 10 classes in any one transaction. **Check out and pay** as needed. You may process as many transactions of up to 10 classes as you wish.
- If a class is full, it is important to add the class to your cart to place your name on the waitlist. Staff actively manage waitlists all semester.

## Class Participation

- Summer classes & events will be held remotely. You’ll receive a **Zoom link** via email before class.
  - Please don’t share this access link with others. It’s **exclusive to Osher** members.
  - If a class is recorded, you’ll be **notified**.
- Log in 5-10 minutes early using a device with a **camera, microphone, and speaker**.
  - Install Zoom on your device well before your session. Visit [zoom.us/download](https://zoom.us/download).
  - For optimal experience, use a **large tablet or computer**.
  - Use your **first and last name** as your screen name for attendance verification.
- Follow class host and **instructor preferences** for participation.



## ID & Password Reminders

- Your **UR ID** is used to confirm your affiliation with the University.
  - Contact Osher staff to obtain your UR ID number.
  - Use when requesting **technical assistance** at the Help Desk.
  - Use to acquire **UR photo identification** and to create other IDs.
- Your **Net ID** is used to access University-hosted resources.
  - Go to [webpass.richmond.edu](https://webpass.richmond.edu). Requires **UR ID** and birthdate to create.
  - Requires **16-character password**, changed annually.
  - Provides **access** to UR email, wifi, VPN and library databases.
- Your **Osher membership ID** is used to register for Osher classes online. Go to [osher.richmond.edu/schedule](https://osher.richmond.edu/schedule), then Online Registration Portal, to access.
  - May require **UR ID** for one-time setup.
  - Create password and username of your choice.
  - Note: This is not connected to your **Net ID**.

# JUNE

## Introduction to Mindfulness and Meditation

**Aw** **BACK BY POPULAR DEMAND** This four-week series is designed to introduce mindfulness practices that you can use in your daily life to help decrease the stress and increase the joy. This beginner-friendly course will include a step-by-step approach where you will learn the science behind mindfulness, how to tame your own thoughts, and how to cultivate compassion, intention, and joy.

W • Jun 2, 16, 23, 30 • 8:15-9:30am • \$60/Silver  
Leader: Jocelyn Vorenberg

## Wilton Uncovered: Archaeology Illuminates an Enslaved Community

**NEW** In 1998, William & Mary archaeologists uncovered the material record of the lives of nearly a century of enslaved families at Wilton. Join us to follow these artifacts from their site to the 2021 exhibition, 'Wilton Uncovered: Archaeology Illuminates an Enslaved Community.'

W • Jun 2 • 10-11:30am • \$20/Silver  
Leader: Katie Watkins

## Folk Art

**NEW** Great artists share a passionate will to create. Folk artists, not trained by formal art education, use imaginative materials and techniques to express powerful, inspirational works. We will explore the motivations and personal visions of these artists.

W/F • Jun 2, 4 • 1-2:30pm • \$40/Silver  
Leaders: Alice Waagen, Ralph Kidder

## Overview of the Wines of Virginia

**NEW** While Virginia wines go all the way back to colonial times, most of the exciting developments have happened in the last 50 years. Learn how Virginia winemakers are crafting their wines now and the history behind them. We'll discuss the grapes being grown now in Virginia's various wine regions.

R • Jun 3, 10 • 10-11:30am • \$40/Silver  
Leader: Annette Boyd

## The Power of Nonviolence

**NEW** This course will explore human nature, our natural resistance to the use of violence, the psychological toll of violence, methods of nonviolent direct action, and the advantages of nonviolent approaches for resolving conflict, enhancing security, and promoting human well-being.

R • Jun 3, 10, 17, 24, Jul 1 • 12:30-1:30pm • \$60/Silver  
Leader: Ryan Ahlgrim

## A Bitter Rivalry: LBJ vs. RFK

**NEW** It's well known that Lyndon Johnson and Robert Kennedy held each other in 'mutual contempt.' For a decade, their careers frequently collided in a bitter rivalry, one of mutual loathing. We'll take a closer look at the book 'Mutual Contempt' and other historical documents, where we'll explore this contentious relationship and its many national ramifications.

R • Jun 3 • 2-4pm • \$20/Silver  
Leader: John Mahone

## Introduction to the Alexander Technique

**Aw** **BACK BY POPULAR DEMAND** This technique will allow you to develop greater awareness of postural habits that get in the way of your natural coordination. You learn the skills to undo these patterns and to choose to move without them. Learn how to go about your daily activities with increasingly greater ease and less effort.

F • Jun 4, 11, 25, Jul 2 • 8:15-9:30am • \$60/Silver  
Leader: Jocelyn Vorenberg

## Crime Fiction Inspired by the Songs of Jimmy Buffett

**NEW** In this two-week course, we'll be reading and discussing short crime stories inspired by the lyrics of legendary singer/songwriter Jimmy Buffett: proving once and for all that we ARE the people our parents warned us about!

F • Jun 4, 25 • 10am-12pm • \$40/Silver  
Leader: Josh Pachter

## Shalom Farms: Providing Fresh Produce to Thousands

**NEW** Over the past ten years, Shalom Farms has made a significant impact on the lives of tens of thousands of people in the Richmond area. Learn about the diverse portfolio of food access programs and the many community-based partnerships that Shalom Farms works with to ensure that our residents have fresh produce on their dinner plates each week.

M • Jun 7 • 10-11:15am • \$20/Silver  
Leader: Dominic Barrett

## Leonardo da Vinci's Hidden Message: Leonardo's Knots

**NEW** A facet of Renaissance artist Leonardo da Vinci's artwork has been overlooked for centuries, but is visible to the naked eye: Leonardo's placement and use of inspired knots throughout his artwork as seen in such iconic works as 'Mona Lisa' to 'The Last Supper.' The intertwining knot Leonardo invents tells the story of a hidden message unlocked by Cocciardi and revealed in Mona Lisa's embroidery pattern.

M • Jun 7 • 1-2:30pm • \$20/Silver  
Leader: Caroline Cocciardi



## The Organ Thieves: The Shocking Story of the First Heart Transplant in the Segregated South

**NEW** Take an in-depth look at the first heart transplant in Virginia and the untold story of a Black man, Bruce Tucker, whose heart was taken from him without prior consent. The case of Bruce Tucker led to Virginia's first brain death statute and continues to raise disturbing questions about systemic racism and the need for restorative justice.

**M • Jun 7 • 3-4:30pm • \$20/Silver**  
**Leader: Chip Jones**

## Come . . . and BeMoved®!

**Aw** Come to this class to learn about the long-term health benefits of just moving! 'BeMoved' embraces the joy of dance with people of all movement abilities. Movement expressed through dance and music has a transformative power that enriches a person's well-being above and beyond the well-known physical fitness benefits. BeMoved is a dance fitness experience that begins with easy-to-follow therapeutic movements that integrate the upper and lower body.

**M • Jun 7, 14, 21, 28, Jul 12, 19, 26, Aug 2, 9, 16 • 5:30-6:30pm • \$80/Gold/Silver**  
**Leader: Myra Daleng**

## Virginia's Constitution: Looking Back, Looking Ahead

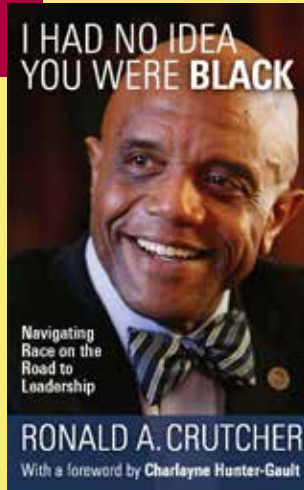
**NEW** Virginia has had six constitutions since George Mason and his colleagues wrote the first one in 1776. The present Constitution, effective in 1971, sought to look to a new and more inclusive era. Today, 50 years later, what can we say about that Constitution? How well does it serve us? What changes should be made?

**T • Jun 8 • 10-11am • \$20/Silver**  
**Leaders: A. E. Dick Howard**

## Children of the Civil Rights Series, Volume 4, Children of the 1960s

**NEW** We will explore how children of the 1960s continued to push for equal rights and propelled the civil rights movement throughout the decade. Their impact and sacrifices still reverberate today.

**T • Jun 8, 15 • 12-1pm • \$20/Silver**  
**Leader: John Festa**



Community Book Read  
 with Dr. Crutcher

## 'I Had No Idea You Were Black: Navigating Race on the Road to Leadership'

Join an Osher community read of President Ronald Crutcher's new book on race and leadership during June and July. Dr. Crutcher will join us for a discussion of his book on Friday, July 30. There will be an opportunity for a Zoom brainstorming session in early July to suggest questions for Dr. Crutcher. Attendees are encouraged to purchase and read the

book, available locally at Chop Suey Books and the UR Bookstore, in addition to online platforms. The conversation will be facilitated by Osher members Lucretia McCulley and Dan Ream.

**F • Jul 30 • 10-11:15am • Free to Members**  
**Leaders: Lucretia McCulley, Dan Ream**

## Richmond's Unhealed History

**BACK BY POPULAR DEMAND** Explore 400 years of unhealed history from the initial European settlement through the Virginia Slave Codes and the American Half-Revolution to the latest repetition of structural inequity in the 20th and 21st centuries.

**T/R • Jun 8, 10, 15, 17 • 2-3:15pm • \$60/Silver**  
**Leader: Benjamin Campbell**

## Emily Dickinson Poetry Workshop

**NEW** Murray considers Emily Dickinson to be America's Most Important and Interesting Poet. She wrote more than a thousand brilliant poems, most of which were never published in her lifetime. We will review her life and unique writing style and consider a selection of her most interesting poems.

**W • Jun 9, 16, 23, 30 • 10am-12pm • \$60/Silver**  
**Leader: Murray Ellison**

## The UR Help Desk: All You Need to Know

**Ri Bo Aw NEW** The UR Computer/Technology Help Desk is available to Osher members, but do you really know what services it provides? Join this session to find out how to take full advantage of this great benefit of Osher membership.

**W • Jun 9 • 1-2:15pm • Free to Members**  
**Leader: Scott Tilghman**

## Gone Phishing

**Ri Bo Aw NEW** Learn about the most common types of phishing attacks along with tips you can use to prevent them from being successful.

**W • Jun 9 • 3-4pm • Free to Members**  
**Leader: Shana Sumpter**



## Four Seasons of the James River Park System

**NEW** This class will explore Richmond's James River Park features and recreational opportunities offered throughout the year. We'll include maps and photographs, many of which come from the recently published book, 'A Photographic Journey through the James River Park System.'

**F • Jun 11 • 10-11:30am • \$20/Silver**  
**Leader: Bill Draper**

## Exploring 300 Years of Cemeteries in Richmond

**NEW** The city of Richmond has a dramatic history, and that history is expressed in the region's burial grounds. We will trace changing patterns of burial traditions to see what the region's notable cemeteries can teach us, and we will meet those who care for these various sites today.

**M • Jun 14, 21 • 12-1pm • \$20/Silver**  
**Leader: Ryan Smith**

## The Civil War, 1848-1865

**UPDATED** It's the defining event of U.S. history, and it still defines us now: The Civil War. But what caused it, and who was responsible for it? And what can we do to avoid future internal wars such as this tragedy?

**W • Jun 16, 23, 30, Jul 7 • 1-2pm • \$40/Silver**  
**Leader: Louis Cei**

## Becoming a Bestselling Author at 70: The How, Why, and What Was She Thinking?

**NEW** Leah Weiss will discuss the story behind the story: how she found her Southern writing voice in her third age.

**W • Jun 16 • 2:30-3:30pm • \$20/Silver**  
**Leader: Leah Weiss**

## Osher Member Orientation

**Bo** Learn how to access and fully enjoy the many benefits of being an Osher member and member of the UR community.

**R • Jun 17 • 10-11:30am • Free to Members**  
**Leaders: Christine Campbell, Colleen Anders**

## Washington's Lieutenants: The Generals of the Continental Army

**BACK BY POPULAR DEMAND** Who were the commander-in-chief's subordinate generals? Find out who they were, as well as their backgrounds, relations with Washington, Congress, and each other.

**M • Jun 21 • 10-11am • \$20/Silver**  
**Leader: William M. Welsch**

## Ancient DNA: Unveiling Human Prehistory Through our Ancestors

**Ri** **NEW** The ability to sequence ancient DNA has revolutionized the study of human history. In the last decade, we have gone from having no ancient genomes to now hundreds of them for study. We will study the development of ancient DNA sequencing technologies and the more recent prehistory of the Neolithic in Europe and Asia.

**M • Jun 21, 28 • 2-3:15pm • \$40/Silver**  
**Leader: Melinda Yang**

## Taking Your Passion to the Next Level: I'd Like to Teach for Osher. What Do I Need to Know?

**Bo** Are you interested in teaching for the Osher Institute? Join long-time Osher member and course instructor Bill Bailey for some helpful hints and strategic advice on creating and delivering a successful Osher class.

**F • Jun 11 • 1-3pm • Free to Members**  
**Leader: Bill Bailey**

## The Nabateans

**NEW** Before Alexander's conquest, a thriving new civilization had emerged in southern Jordan. It appears that a nomadic tribe known as the Nabateans began migrating gradually from Arabia during the sixth century BCE. Over time, they abandoned their nomadic ways and settled in a number of places in southern Jordan, the Naqab desert in Palestine, and in northern Arabia. Their capital city was the legendary Petra, Jordan's most famous tourist attraction.

**M • Jun 14 • 10-11:30am • \$20/Silver**  
**Leader: Shantaram Talegaonkar**

## Our Changing Climate: Global Context, Local Lens, Risks, and Adaptations

**NEW** Climate change is real. There is ample global evidence of its impacts, from melting ice sheets to rising sea levels and beyond. But what about here in the US? Let's explore the science of climate change, evaluate the local impacts, and discuss strategies to adapt to and mitigate climate change.

**M • Jun 14 • 2-4pm • \$20/Silver**  
**Leader: Aaron Wilson**

## George Washington and Charles Lee: What Really Happened at Monmouth?

**BACK BY POPULAR DEMAND** On Sunday, 28 June 1778, the two senior commanders of the Continental Army, General George Washington and Major General Charles Lee, squared off in a heated argument on the battlefield at Monmouth Courthouse. But, what really happened? Mark Lender's presentation will sort it out.

**T • Jun 15 • 10-11am • \$20/Silver**  
**Leader: Mark Lender**



## A Summer Virginia Watercolor Demonstration

**NEW** Have you always wished you could create a watercolor painting, but never signed up for a class or found the inspiration to get started? Here's an opportunity to learn from a local artist. Join this class for a demonstration on how to create a landscape scene. You will leave inspired to get started!

**T • Jun 22 • 10-11:30am • \$20/Silver**  
**Leader: Eleanor Cox**

## Six Pigs in a Tub

**NEW** A familiar TV news anchor in Richmond for many years, Gene Cox also coached reporters and wrote books on common grammatical errors. Join this class, and enjoy learning some easy shortcuts to avoid these errors.

**T • Jun 22 • 12:30-2pm • \$20/Silver**  
**Leader: Gene Cox**

## Broadway and the Great American Songbook

**NEW** The musical theater, popular songs, and standards of the 20th century include enduring classics that continue to warm hearts and evoke nostalgia. The music of early Broadway and the Great American Songbook will be explored, using live performance and recorded examples, all of which will delight your ears.

**T • Jun 22 • 3-6pm • \$20/Silver**  
**Leader: Raymond Uy**

## Change: What and How; Small and Large

**NEW** A look at the dynamics of how change does and does not occur. The class will be interactive and will focus on change theory applied to the three crises we currently face: pandemic, economic, and 'isms.'

**W • Jun 23, 30, Jul 7 • 3-5pm • \$60/Silver**  
**Leader: Dennis Cogswell**

## How to View and Understand Art: American Iconography

**NEW** Learn the language of art and visual strategies to analyze, interpret, and critique art using works from the Smithsonian American Art Museum. All the works presented in this session use symbols and icons to express the American spirit.

**R • Jun 24 • 10-11:30am • \$20/Silver**  
**Leaders: Alice Waagen, Ralph Kidder**

## Remember Me Fondly

**Ri Bo** **NEW** Let's take a look at the many benches and plaques on the University of Richmond campus and the people they honor.

**R • Jun 24 • 2-3pm • Free to Members**  
**Leader: Dywana Saunders**

## Lewis Ginter's Other Legacy

**NEW** As Richmond rebuilt itself after the Civil War, a primary community leader shunned convention and remained unmarried. He had discovered the love of his life in New York, and he brought the younger man back to Richmond where they spent the next 20 years together.

**M • Jun 28 • 10-11:30am • \$20/Silver**  
**Leader: John Musgrove**

## Bounty of Boatwright

**Ri Bo** At this session, you'll learn how to find books, articles, and other resources that are of interest to you. This session provides an overview for beginners or those new to Osher and includes a virtual tour of the library.

**T • Jun 29 • 10-11:30am • Free to Members**  
**Leader: Carol Wittig**

## Preservation in Virginia: A Primer

**NEW** What is the Commonwealth doing to preserve its past? How does the state research and identify significant aspects of our history that we should document for future generations? Come hear how it happens and what is currently being researched by the Virginia Department of Historic Resources.

**T • Jun 29 • 1-2:30pm • \$20/Silver**  
**Leader: Marc Wagner**

## JULY

## The Thirty Years War

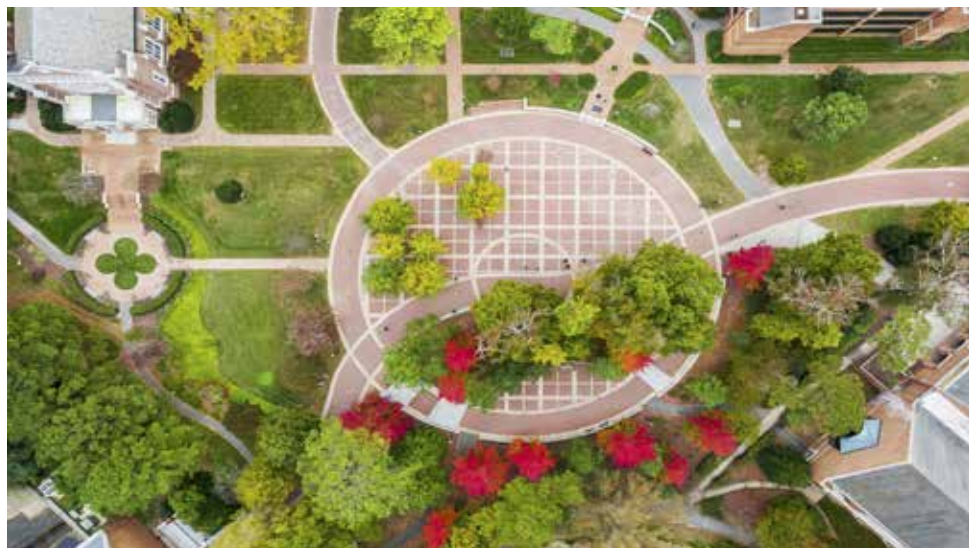
**NEW** In May 1618, a group of disaffected Czech leaders threw the representatives of their ruler, the Holy Roman Emperor, out of a 70-foot castle window. This initiated a war that would last for 30 years, would ravage and depopulate central Europe, and would determine what Europe would look like until Napoleon.

**R • Jul 8, 15, 22 • 10am-12pm • \$60/Silver**  
**Leader: William Riffer**

## Beyond the Bounty

**Ri Bo** If you are familiar with the library resources but want to go beyond the basics, this session will explore some of the more interesting and unusual digital collections and databases. This is an advanced session that builds on the information introduced in Bounty of Boatwright.

**R • Jul 8 • 1-2:30pm • Free to Members**  
**Leader: Carol Wittig**



### Hurricane!

**NEW** With the usual peak of Atlantic Hurricane season occurring soon after this offering (late summer), this class will give a timely review of Nature's most powerful storms, how and why they form, and how we can be best prepared for their impacts here in Virginia. We will also go behind the scenes to see what hurricane hunters do and see the dangers they face flying into the eye of storm!

**F • Jul 9 • 1-2pm • \$20/Silver**  
**Leader: Jim Duncan**

### Medicare for All? What is the Future of U.S. Health Care?

**Ri Aw NEW** The American health care system is complex and often perceived as broken. But what is the best and right fix or overhaul? And do we begin with the insurance companies, doctors, hospitals, pharmaceutical companies, or the government? There are many ways to look at this, but let's explore some possibilities.

**M • Jul 12 • 10-11:30am • Free to Members**  
**Leader: Rick Mayes**

### Managing Depression and Anxiety for Yourself and Loved Ones

**Aw NEW** What exactly are depression and anxiety? What are their symptoms? How can I assess and improve my mental health? How can I help struggling loved ones? We will explore these concerns. We will use 'Boop and Eve's Road Trip' as a case study into creating loving, supportive relationships.

**M • Jul 12, 19 • 1-2:30pm • \$40/Silver**  
**Leaders: Mary Sheriff, Alicia Amsler**

### Creation and Evolution of the American Presidency

**NEW** The framers of the U.S. Constitution were leery of monarchical power, yet they established an executive office that has grown in authority since 1789. At the same time, there are important constraints on executive power built into the office. We will look at the compromises reached in Philadelphia in 1787 and the evolution of executive power in the last 230+ years.

**T • Jul 13 • 10-11:30am • \$20/Silver**  
**Leader: Eric Rader**

### Beekeeping: A Primer

**NEW** Join Chef Mike to learn the basics of beekeeping. He has been a successful, backyard beekeeper for several years and will explain how to get started, as well as the landmines to avoid.

**T • Jul 13 • 3-4:30pm • \$20/Silver**  
**Leader: Mike Lampros**

### UR Athletics: 2020-2021's Unique Challenges for our Student-Athletes

**Ri Bo NEW** Join us for an inside look at our student-athlete experience, including COVID-19 issues and the unique year that influenced our 2020-2021 sports seasons. Please join our student-athletes, coaches, and staff for a conversation on student-athlete welfare and ways that you can support our inspiring students.

**W • Jul 14 • 1-3pm • Free to Members**  
**Leader: Lauren Wicklund**

### Epidemics: Lessons From Past Scourges to Manage the Present Threat

**NEW** Let's talk about previous pandemics and the similarities and differences that may apply in dealing with the ongoing COVID-19 pandemic. We will contrast the familiar but perilous Influenza virus and the coronavirus. Then, we will look forward towards a resolution, as well as considerations for future preparedness.

**R • Jul 15, 22, 29 • 1-2:30pm • \$60/Silver**  
**Leader: Ernest Fornaris**

### Free Blacks in Virginia: 1619-1865

**NEW** Much has been researched about enslaved African Americans, but there is also much to tell about the free Blacks in the U.S. from 1619 through 1865. What were their lives like? There are many stories to be uncovered and told.

**F • Jul 16, 23 • 10:30am-12pm • \$40/Silver**  
**Leader: H.E. "Chip" Mann**





## The Bird Life of University of Richmond

**Ri** **NEW** The University of Richmond is home to many kinds of birds. This class will go through the habitats on campus and what species are found during each season of the year. Identification by sight and sound will also be a part of this class. Come be one of my Peeps and up your birding game!

*M • Jul 19 • 10am-12pm • \$20/Silver  
Leader: Mary Elnfer*

## Science Serving Justice in NYC

**NEW** This lecture will provide an overview of the DNA testing conducted by the New York City Office of Chief Medical Examiner (OCME) in the Department of Forensic Biology.

*T • Jul 20 • 10-11:30am • \$20/Silver  
Leader: Kendra Hardy*

## Medications: Where Do They Come From and Can I Trust Them?

**NEW** Join us as we discuss how medications are discovered, the world of clinical trials, and the rigorous FDA approval process. Where do medications come from? How long does it take for them to come to market? Who are they tested on before they are approved? What are pharmaceutical companies required to study in their clinical trials, and what does that mean for you?

*T • Jul 20 • 1-2:30pm • \$20/Silver  
Leader: Margaret Martin*

## Life is Short: Write

**NEW** Many words in our language create fear. For whatever reason, when people are asked to write, stress levels rise. The goal of this course will be to help participants understand that they can write, and for a good reason: life is short.

*W • Jul 21 • 1-2:30pm • \$20/Silver  
Leader: Bill Pike*

## Pablo Picasso's Guernica

**NEW** More than 80 years ago, the Spanish Republic—then in a violent Spanish Civil War against future dictator Francisco Franco—asked Pablo Picasso to create a painting for its pavilion at the Paris International Exposition (World's Fair) of 1937. The work Picasso made was Guernica, the now-legendary, mural-sized painting inspired by the brutal bombing of a small Basque town in Spain. Why has this painting struck a chord with generations of viewers?

*F • Jul 23 • 1-3pm • \$20/Silver  
Leader: Juana Levi*



## The Osher Institute Special Interest Groups

Formed and led by Osher members, our vibrant Osher interest groups are listed below. The current status and other details about each interest group are online at [osher.richmond.edu](http://osher.richmond.edu). A current Osher Institute membership is required for interest group participation.

**Biking** John Bander, [johnabander@icloud.com](mailto:johnabander@icloud.com)

**Bridge** Ellen Hollands, [efine98@aol.com](mailto:efine98@aol.com), 804-741-0221 or 804-402-8402

**Contemporary Issues** Susan Phieffer, [sphieffer@gmail.com](mailto:sphieffer@gmail.com)

**Great Conversations** Vera Mulherin, [paxvera@netscape.com](mailto:paxvera@netscape.com)

**Hikers** Lex Bailey, [alexander.neale.bailey@gmail.com](mailto:alexander.neale.bailey@gmail.com)

**Historically Speaking** Louis Cei, [ceilb2@aol.com](mailto:ceilb2@aol.com)

**Investments On Hold**

**Literary Dreamers** Jerry Lutkenhaus, [jervalaw@aol.com](mailto:jervalaw@aol.com)

Virginia Manuel, [vmanuelva@gmail.com](mailto:vmanuelva@gmail.com)

**Memoir Writing** Karen Mizrach, [krmizrach@gmail.com](mailto:krmizrach@gmail.com)

**Photography** Peter Blankman, [pblankman@gmail.com](mailto:pblankman@gmail.com)

**Theatre Lovers** Linda Turner, [ltturner@richmond.edu](mailto:ltturner@richmond.edu)

**Travel** Celeste Miller, [OSHERtravel@gmail.com](mailto:OSHERtravel@gmail.com)

## An Inclusive History Conversation

**Ri Bo** **NEW** Let's take a close look at the three studies conducted by the

University of Richmond Inclusive History Research Team: examinations of the burying ground on the university's campus; the life and work of Robert Ryland, who was the first president of the institution and the white pastor of Richmond's First African Baptist Church; and the life and work of Douglas Southall Freeman, the former university rector and Pulitzer Prize-winning author.

*M • Jul 26 • 10am-12pm •*

*Free to Members*

*Leaders: Loranett Lee, Shelby Driskill, Suzanne Slye*

## Applications, Auditions, and Offers: An Introduction to the Economic Study of Labor Market Discrimination

**Ri** **NEW** How do economists study discrimination in the labor market? Let's examine the evidence of discrimination that economists have found and how they have used experimental approaches to develop further insights.

*M • Jul 26 • 1-3pm*

*W • Jul 28 • 10am-12pm • \$40/Silver*

*Leader: Maia Linask*

### UR Behind the Scenes: Landscaping

**Ri Bo** **NEW** Join Allison as she discusses the Landscape Services Department, which is responsible for the maintenance of the 378 acres that make up campus. This includes 170 acres of turf, 21 acres of parking lots, 2.5 acres of walkways, 16 formal flowerbeds, and Westhampton Lake.

**T • Jul 27 • 10-11am • Free to Members**  
**Leader: Allison Moyer**

### Explore China: Flower Power

**NEW** Chinese symbolism permeates all aspects of Chinese life, telling us about the worldview, values, and beliefs of the Chinese and is often meant to convey meanings or blessings to either the recipient or user. We will focus on flowers and their hidden meanings.

**T • Jul 27 • 1-2pm • \$20/Silver**  
**Leader: Donna Callery**

### Equal Exchange, Fair Trade, and Sustainability

**NEW** Let's outline the basics of Fair Trade and discuss how Equal Exchange, a pioneer in the Fair Trade coffee industry in the United States, works to connect consumers to small scale farmers around the world.

**W • Jul 28 • 1-2pm • \$20/Silver**  
**Leader: Bethany McGinnis**

### Medicare Education 101

**Aw** **BACK BY POPULAR DEMAND** This class provides an overview of the various pieces of Medicare including Parts A & B, supplements, drug cards, and Medicare Advantage plans. Eligibility, timing, and enrollment in the various parts of Medicare are covered.

**W • Jul 28 • 2:30-4pm • \$20/Silver**  
**Leaders: Chris Lynch, Sarah Lynch**

### Richmond's Tourism: It's Been a Long Year and Then Some

**Bo** **UPDATED** Make no mistake: 2020 was a rough year for RVA tourism. But where are we now? Summer of 2021 is still not life as we knew it, but is it better? We know that tourism is a huge economic development engine in the Richmond Region, so let's hope Jack can provide an encouraging update.

**R • Jul 29 • 10-11am • Free to Members**  
**Leader: Jack Berry**

### 'I Had No Idea You Were Black: Navigating Race on the Road to Leadership:'

### A Community Read and Conversation with Dr. Ronald A. Crutcher

**Ri Bo** **NEW** Join an Osher community read of President Ronald Crutcher's new book on race and leadership during June and July. Dr. Crutcher will join us for a discussion of his book on Friday, July 30.

**F • Jul 30 • 10-11:15am • Free to Members**  
**Leaders: Lucretia McCulley, Dan Ream**

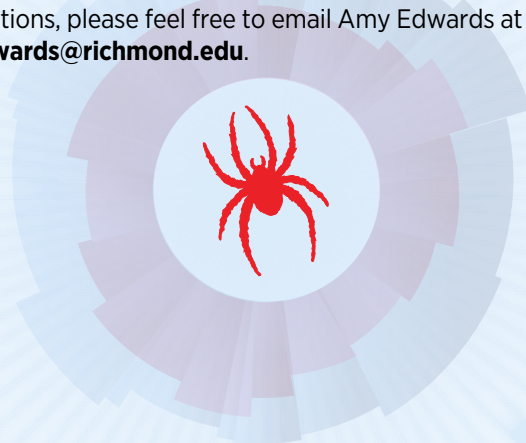
## The Osher Institute's 2021 Fundraising Goals

The Osher Foundation has generously provided our Osher Institute with a Capacity-Building Grant to encourage long-term sustainability through fundraising and membership support. Now, in our fifth year, we are thankful for this grant and for the generous support from our members. Even during the pandemic, your continued membership and financial support are special and deeply appreciated.

For 2021, our participation goal is 20% of membership supporting the Osher Institute with a gift, with a total monetary goal of \$27,500.

If you are in a position to make a gift this year, please consider making a gift today. All gifts, of all amounts, made anytime

during the year, during any campaign, are deeply appreciated and count towards our 2021 goals. Gifts can be mailed to the Osher office or made online at [osher.richmond.edu/give](https://osher.richmond.edu/give). For questions, please feel free to email Amy Edwards at [aedwards@richmond.edu](mailto:aedwards@richmond.edu).





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## Osher Institute – Donor Honor Roll 2020

**Thank you to the 279 Osher members from 209 Osher households who contributed \$32,315 to the 2020 Osher Fund Campaign. Compared to 2019, these results represent a 21.8% increase in dollars, and 5.3% increase in Osher member donors, and a 4.5% increase in Osher household donors.**

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These donors are acknowledged on our website at [osher.richmond.edu/give](https://osher.richmond.edu/give)

## Member Benefits at a Glance

- Membership is good for 12 months from the date you join
- Several membership options
- Free Osher member orientation
- Osher members receive individual performance discounts at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at UR's Boatwright Library (including audio, e-books, and videos)
- Access to the UR Technology Help Desk – offering remote support (804-287-6400 or [helpdesk@richmond.edu](mailto:helpdesk@richmond.edu))
- Use of more than 300 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some retailers
- UR email address
- Daily 'SpiderBytes' messaging for UR programs and events
- Access to UR help center for preparing presentations – offering remote support (804-289-8777 or [tlc@richmond.edu](mailto:tlc@richmond.edu))
- Opportunity to audit undergraduate credit classes
- Unlimited Osher classes for Gold members
- Free bonus classes and special events

## Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and better.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

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For more information, contact us today:

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