



# OSHER

AT THE UNIVERSITY OF RICHMOND



## AN OSHER TECHNOLOGY EVOLUTION IS UNDER WAY

ONLINE REGISTRATION BEGINS AUGUST 15

**FALL 2017**



**RICHMOND**  
School of Professional  
& Continuing Studies™

## Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 120 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.

## Make a Difference Today – Make a Monetary Gift to Osher!

Our Osher Institute is fortunate to have been awarded an Osher Foundation grant that supports fundraising, membership outreach, and other activities that help to strengthen and enhance their fiscal health, resiliency, and ability to respond to the increasing demand for enriching education services in their communities.

### Why Donate and Make a Monetary Gift to Osher?

Your monetary gift will help:

- Keep Osher accessible to all by helping to keep membership fees and course fees low
- Meet current expenses not covered by Osher membership fees and course fees
- Offset funding in case of loss of earning in the endowment fund due to market downturns
- Ensure the quality programming and social interaction opportunities you enjoy today will be available for you and for others in the future.

Whether it's \$5 or \$5,000, all gifts are important, add up, and make a difference. The percentage of Osher members participating and making gifts also matters.

If you are enjoying your experience at our Osher Lifelong Learning Institute, please consider making a gift to Osher today by dropping off or mailing in a check or by visiting [osher.richmond.edu/give](https://osher.richmond.edu/give).

This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail [margaret.watson@richmond.edu](mailto:margaret.watson@richmond.edu).

Photo credit on this page and page 18: Tim Hanger, Osher member

Inside pages: Kevin Schindler

### Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

### Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 31 UR Drive, University of Richmond, VA 23173 or access the report online at [police.richmond.edu](https://police.richmond.edu).

# WHAT'S NEW??



at the University of Richmond  
osher.richmond.edu

Our most exciting news is that we've hired two new part-time staff members! This is good news indeed! You may have already met them, but please welcome Amy Edwards, our Stewardship Assistant, and Barbara Apostle, our Registrar Grant Program Assistant. Each is directly addressing the work requirements for our two recently awarded grants. Amy's focus is on membership and fund raising, and Barbara is handling programming of courses that focus on health/wellness and financial/legal topics.

What else is new? We're excited to kick off a new round of Osher courses and special events for fall! We hope you will like seeing your favorite instructors back and will look forward to attending courses on new topics with new leaders. We also have a day trip planned to the DC museums.

And . . . we have a brand new way of registering for fall courses. We are implementing an online registration system, beginning August 15. While you may still register using a paper form, we strongly encourage you to try the new system. We're happy to help you become comfortable with the new system. You may contact us with your questions by email, phone, or in person.

As a Registrar Foundation grant recipient, the Osher Institute is excited to continue its new speaker series and to welcome our featured speaker, Dr. Linda Manning in October. On the faculty of the Osher Center for Integrative Health at Vanderbilt, Dr. Manning will address 'Integrative Medicine: Treating the Whole Person.'

Come be an active part of the Osher Institute today! Become a member, sign up for classes, volunteer to serve on an Osher team, join an interest group! Get involved!

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# Where do I start?

## 1 Sign up for an annual membership.

You can become an Osher member at any time during the year. We invite you to come and try out one of our many free Osher events before you join. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a **Se**.

### **\$75 – Silver Membership**

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES, PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

### **\$350 – Gold Membership**

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & UNLIMITED FREE CLASSES ON CAMPUS

### **\$275 – Upgrade to Gold**

AVAILABLE TO SILVER MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

### **\$25 – UR Membership**

FOR QUALIFIED UR FACULTY, STAFF UR RETIREES, AND SPOUSES/PARTNERS. (SAME BENEFITS AS SILVER MEMBERSHIP)

### **\$325 – Upgrade to Gold**

AVAILABLE TO UR MEMBERS WITHIN FIRST 6 MONTHS OF JOINING

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at [osher.richmond.edu](http://osher.richmond.edu).

A membership form is also included in the insert in this schedule. Contact the Osher Institute office with any question or to schedule a visit by calling (804) 287-6608.

## 2 Register for classes.

We've organized this schedule of classes chronologically by start date to help members better plan their schedules. All Osher events are included in the program listing.

Special events, talks and member bonus programs are designated with special icons. Mini-courses are not designated.

Classes may change or be canceled after the printing version of this schedule.

The University of Richmond **Ri** designation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

**We encourage members to register online** or complete the registration form in the insert in the middle of this schedule. Programs are listed in date order.

If completing on paper, please mail, fax, or deliver your registration and any required payment. Most programs are free to Gold members. Fees for Silver/UR members are noted.

Osher members interested in course audit opportunities should contact the Osher office. See page 9 for details.

The UR Osher Institute offers need-based scholarships for Osher on-campus mini-courses and talks. To inquire about a scholarship, contact the Osher office.

## 3 Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

This fall, bonus (free for members) programs, denoted with **Bo**, include:

- Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses
- Bounty of Boatwright
- Osher Member Orientation
- UR Behind the Scenes: The Cannon Memorial Chapel

- Tour of UR's Historic Bottomley House
- The Most Interesting People in the World: The Richmond Forum
- A Visit to SouthWest Virginia

And join us for several special events, free to Osher members and open to the public. They're a great way to get friends and colleagues engaged with Osher. Special events, denoted with **Se**, include:

- Osher Annual Fall Back-to-School Mixer

- UR Campus Walk/Tour
- UR Campus Museums Walk
- Chasing Bugs Exhibition Opening
- Integrative Medicine: Treating the Whole Person
- Unexpected Smiles Exhibition Opening
- What's New in Tourism in RVA?



# Launching our Osher Online Registration System

Effective with this fall schedule, we're excited to launch our online registration system for Osher course registrations along with new and renewing membership purchases.

Access the online registration system through the Osher website at [osher.richmond.edu/schedule](http://osher.richmond.edu/schedule).

The online registration system will be available for use and registration starting on August 15, 2017.

## Membership Accounts

**Current Osher Institute members** must follow these directions the **first time** they access the online registration system.

1. Create a **new account** using their 8-digit UR ID.
  - a. Select the yellow **Sign In/New Account** button at the top of the page.
  - b. Select the **Create Account** button on the Customer Account/Sign In page
  - c. Complete the form **including UR ID** and Submit.

*You'll know you've succeeded when you see the yellow message "You Are Now Logged In, [Your Name]" at the top of the page.*

2. Log out, then log back in using the yellow **Sign In/New Account** button.
  - a. Select **My Account** in the left menu.
  - b. Confirm that your **Membership Level** and **End Date** are accurate.

*If you see the correct membership level and end date, your account is set up and ready to go. If not, please contact the Osher office.*

**Prospective and New Osher Institute members** should create their accounts first.

1. Create a **new account**.
  - a. Select the yellow **Sign In/New Account** button at the top of the page.
  - b. Select the **Create Account** button on the Customer Account/Sign In page
  - c. Complete the form and **Submit**.

*You'll know you've succeeded when you see the yellow message "You Are Now Logged In, [Your Name]" at the top of the page.*

2. Purchase membership by visiting the **Memberships and Renewals** area in the left menu.
  - a. Select the link under **Osher Membership** (New or Renewal)
  - b. Under **Session**, select your membership level using the dropdown menu.
  - c. **Add to Cart**, then continue to **Continue Checkout** to complete your transaction.

## Registering for Classes

Once you have confirmed or purchased your membership, you may register for classes.

1. Confirm that you are **logged in** ("You Are Now Logged In, [Your Name]" appears at the top of the page)
2. Use the **left menu** to visit a category of interest.
3. Select the **dates** shown for a class for which you'd like to register.
4. When you see the session detail, only the **price applicable for your membership level** will be available.
5. Add the course to your cart, then **Continue Checkout**
  - a. If required, provide additional information on the following screen, then **Next**
  - b. Confirm order and continue to **credit card processing** if applicable (the interface will change)

6. Log out and check your email

*You will receive several email messages from this transaction.*

### Within Minutes of Completing Your Transaction

1. A **transaction confirmation** listing all courses or membership purchased.
2. A **receipt** from Nelnet (our credit card processor), if your registration requires payment.

### Day Of or Day After Registration at 4:30 p.m.

For every course or membership purchased, a **registration confirmation** with course or membership details.

# Our Regirer Grant Courses and Special Events

Thanks to a generous grant from the Walter W. Regirer and Maria Teresa Regirer Foundation, the Osher Institute at the University of Richmond has an opportunity to focus on health and wellness, along with legal and financial topics especially for those '50 and better.'

While we have included courses on these and similar topics in the past, we are now intentional about highlighting them each semester. Each course or special event that addresses these areas will have the **Re** designation. On our web site, we have a section titled 'Aging Well,' which highlights the many courses and events that are offered in support of this grant. Visit <http://spcs.richmond.edu/osher/schedule/aging-well.html> to learn more.

We welcome our fall course leaders and special speakers who have agreed to offer classes and lectures that provide information and data we can use to make good decisions, live well, and age well.

We are particularly excited to welcome Dr. Linda Manning of Vanderbilt University on Thursday, October 12th. She is our featured national Regirer speaker this fall. An Assistant Professor of Clinical Psychiatry and Behavioral Sciences, Dr. Manning is a faculty member of the Osher Center for Integrative Health at Vanderbilt. This Center is one of five worldwide, funded by the same Bernard Osher Foundation that has endowed the 120 Osher Institutes across the U.S.

Not only is Dr. Manning connected to us through the Osher Foundation, she grew up in Richmond and still has family here. We are excited to welcome her home!

## AUGUST

### Chasing Bugs Exhibition Opening

ART OPENING LECTURE



The exhibition 'Chasing Bugs: Insects as Subject and Metaphor' opens with a lecture, followed by a reception.

W • Aug 30 • 6:00 PM–8:00 PM • Free, open to the public

## SEPTEMBER

### Osher Annual Fall Back-to-School Event



Thinking about joining the Osher Institute? Are you already an Osher member? Join us for this free meet-and-greet event with great food and spirits for members and 'not yet' members. Learn about our various interest groups, and hear how to get involved with our teams. We will also recognize our many wonderful Osher Institute volunteers. Dress is casual. Bring a friend. Please register by September 5th.

T • Sep 12 • 5:00 PM–6:30 PM • Free, open to the public

### Osher Member Orientation



Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

W • Sep 13 • 10:00 AM–11:00 AM • Free to members

Leader: Osher Membership Team

### Campus Walk/Tour



Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts

and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

W • Sep 13 • 11:00 AM–12:30 PM • Free, open to the public

Leaders: Osher Membership Team

### Osher Breakfast Social and VMFA Talk

LECTURE



Join us in the Heilman Dining Center's Westhampton Room for fellowship, food, and a talk by the Virginia Museum of Fine Art's staff and volunteers. Hear about the VMFA's current and future exhibits, many of which are one-of-a-kind, exclusive shows. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to [dining.richmond.edu](http://dining.richmond.edu) for menu and fees.

F • Sep 15 • 8:00 AM–10:00 AM

Free to members

Leader: Debra Stoss

### Clutter or Vehicles of Meaning?

LECTURE, DISCUSSION

**NEW** How do we understand the role of 'things' in our lives? This course will compare the ideas of Marie Condo's book, 'The Life-Changing Magic of Tidying Up' and Mihaly Csikszentmihalyi and Eugene Rochberg-Halton's 'The Meaning of Things.'

M • Sep 18 • 10:00 AM–12:00 PM • \$20/silver

Leader: Judith Bailey

### Beginning, Middle, and End: Moral and Legal Perspectives on War

LECTURE

**NEW** This course will investigate moral causes for going to war ('jus ad bellum'), moral obligations during war ('jus in bello') and responsibilities after war ('jus post bellum').

M • Sep 18, 25, Oct 2 • 1:00 PM–3:00 PM • \$60/silver

Leader: William Davis

## Shockoe Hill Cemetery: A Richmond Landmark History

### LECTURE, BOOK SALE/SIGNING

**NEW** The long-awaited book on Richmond's first public cemetery that was founded in 1822 has been written by University of Richmond instructor Alyson Lindsey Taylor-White. This book introduces those who are familiar or new to Richmond's diverse and fascinating history to a different perspective. Filled with images, most published for the first time, this informative book tells the story of the founding of this historic cemetery in 1822, and details some of its most famous, and some infamous, occupants. Stories about Chief Justice John Marshall, Federal Spy Elizabeth Van Lew, and most everyone Edgar Allan Poe ever loved (and some he did not love) are told, as well as how the city laid out and planned this first necropolis. Hear the author speak about the exciting adventure of researching and writing this book, and learn more about the local landmark that will soon celebrate its bicentennial.

T • Sep 19 • 10:00 AM–12:00 PM • \$20/silver

Leader: Alyson Taylor-White

## Understanding Opera, Part 1

### LECTURE

**UPDATED** This class introduces the first two productions of Virginia Opera's 2017-2018 season: Saint-Saëns' 'Samson and Delilah' and Puccini's 'The Girl of the Golden West.' Detailed discussions include video and audio excerpts. Suitable for opera lovers and beginners alike.

T • Sep 19, 26, Oct 3 • 1:00 PM–3:00 PM • \$60/silver

Leader: Glenn Winters

## Aging: Transitions, Stable Periods, Spiritual Tasks

### LECTURE, Q&A

**Re** **NEW** Join this class to discuss predictable stable periods and transitions beyond midlife, their spiritual tasks, and public ways (small group to congregational) to celebrate lives and name, grieve, and ritualize transitions.

T • Sep 19, 26 • 3:30 PM–6:30 PM • \$40/silver

Leader: Henry Carl Simmons

## The Monmouth Campaign: The Revolution in Microcosm

### LECTURE, BOOK SALE/SIGNING

**NEW** Building on the summer Osher course on the War for Independence, we will focus on the 1778 Monmouth campaign, examining the interplay of military, political, social, and personal (notably George Washington) factors in the outcome of the conflict. Prior to attending this course, students are encouraged to read 'Fatal Sunday: George Washington, the Monmouth Campaign and the Politics of Battle.' Copies will also be available for purchase and signing at the end of class.

W • Sep 20 • 10:00 AM–12:00 PM • \$20/silver

Leader: Mark Lender

## The Most Interesting People in the World: The Richmond Forum

### LECTURE, BOOK SALE/SIGNING

**Bo** **NEW** Sign up to hear about the public speaker forums in Richmond, beginning with the 19th Century Lyceum Movement and including three 20th Century forums, focusing on the current, 30-year Richmond Forum. This session will include photographs and information from the book, 'The Forum Files: The Stories Behind the Richmond Forum.'

W • Sep 20 • 1:30 PM–2:30 PM •

Free to members

Leader: Ray McAllister

## Edgar Allan Poe's Mysteries

### LECTURE, DISCUSSION

**NEW** With the invention of detective fiction, Poe became the first American to create a new literary genre. The class examines Poe's mysteries, how he tried to solve a real murder, and the role Richmond played in the genre's origin.

W • Sep 20 • 3:30 PM–5:00 PM • \$20/silver

Leader: Christopher Semtner

## Reading the Ancient Past: Decipherment of Ancient Languages

### LECTURE

**REPRISED** There is a touch of mystery about unknown writing, especially when it comes from the

remote past. Yet, it is the fate of writing systems (once they are no longer actively used) to be forgotten. This program explores the efforts of archaeologists and paleographers to decipher now-extinct scripts and examine the transmission of the alphabetic script into modern times.

R • Sep 21, 28, Oct 5, 12, 19, 26 • 9:30 AM–11:30 AM • \$60/silver

Leader: Glenn Markus

## The Medici: Lives, Times, Cultural and Scientific Legacies (1600-1743)

### LECTURE, Q&A

**NEW** This course offers an illustrated story of Florence and the Grand Dukes of Tuscany from 1600-1743, as well as cameos by Galileo, Torricelli, Cristoforo Cristofori, and Handel. We will discuss the artists Artemisia Gentileschi and Pietro da Cortona and take a look at Baroque ceiling frescoes in the Pitti Palace. We will review scientific innovations including the telescope, barometer, and thermometer, the discovery of Jupiter's largest moons, along with the invention of the piano. We will hear some of the earliest music written expressly for the piano and listen to music composed by Handel.

R • Sep 21, 28 • 1:00 PM–3:00 PM • \$40/silver

Leader: Elizabeth Cuthbert

## Earthquake in Peru

### LECTURE

**REPRISED** The 8.0 magnitude earthquake that struck the coastal region of Peru in 2007 killed more than a thousand people, and it left tens of thousands homeless. Come hear the story from Hans Oppe, who went with the Salvation Army into the region to assist those in need.

R • Sep 21 • 3:30 PM–4:30 PM • \$20/silver

Leader: Hans Oppe



**The University of Richmond's Weinstein Center for Recreation and Wellness offers selected classes to Osher members. Assistant Director of Wellness Heather Sadowski suggests these classes for Osher members:**

- **Yoga Fundamentals**, offered Tuesdays and Thursdays, 10-11 am; no charge for Weinstein Center members, \$10 per class for all others
- **Water Works** (water aerobics), offered Tuesdays, 5:30-6:15 pm; no charge for Weinstein Center members, \$10 per class for all others
- **Tai Chi**, offered Fridays, 12:30-1:30 pm; no charge for Weinstein Center members, \$10 per class for all others

For any of these classes, just come a bit early, and check in and/or pay at the front desk. The customer service representatives can direct you to locker rooms, if you need them and also to the class location.

Also, please remember that one-day use of the Weinstein Center for Recreation and Wellness is available to all Osher members for \$10 per day. Within the center, you may use any of the equipment and take any class offered that day (there are no sign-ups, so it is first come, first served).

## Preparing for the Future From a Legal Perspective

### LECTURE, Q&A

**Re** **NEW** Focused on daily concerns, most of us give little thought to the legacies we wish to leave when we are no longer here. Or, we may not plan adequately to care for aging loved ones or even for ourselves during our golden years: perhaps we don't anticipate unforeseen circumstances such as becoming incapacitated. Learn the need-to-know basics of estate planning from a local trust/estate/elder law attorney who will discuss issues related to health care, long term care planning, guardianships, wills/trusts, housing, Social Security, Medicare/Medicaid, and special needs planning.

F • Sep 22 • 10:00 AM–12:00 PM • \$20/silver

Leader: Paula Peaden

## Jimmy of the West

### MOVIES, DISCUSSION

**NEW** Come enjoy six of James Stewart's best westerns: 'Destry Rides Again' (1939), 'Winchester 73' (1950), 'Bend of the River' (1952), 'The Naked Spur' (1953), 'The Far Country' (1954), and 'The Man from Laramie' (1955).

F • Sep 22, 29, Oct 6, 13, 20, 27 • 1:00 PM–4:00 PM • \$60/silver

Leader: Greg Hall

## The Effects of Eye Issues on Famous Artists and Their Works

### LECTURE

**Re** **NEW** We'll discuss how eye issues, such as cataracts, macular degeneration, bleeding inside the eye, and epiphora significantly changed the ability of famous artists (Munch, Monet, O'Keeffe) to function well in their profession.

M • Sep 25 • 10:00 AM–12:00 PM • \$60/silver

Leader: Shantaram Talegaonkar

## Come and BeMoved!®

### ACTIVITY

**Re** **NEW** Come to this class to learn about the long-term health benefits of just moving! 'BeMoved'® embraces the joy of dance with people of all movement abilities. Movement expressed through dance and music has a transformative power that can enrich a person's well-being above and beyond the well-known physical fitness benefits. 'BeMoved'® is a dance fitness experience that begins with easy-to-follow therapeutic movements that integrate the upper and lower body. The warm-up flows into dance styles inspired by a wide variety of musical genres. Different musical and dance style such as Bollywood, jazz, Latin and disco are used to inspire participants to embrace dance as a lifelong means to health, joy and fulfillment. Come each week and 'get moving!'

M • Sep 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 • 5:30 PM–6:30 PM • \$100/silver and gold

Leader: Myra Daleng

## Yin Yoga and Sound Meditation

### LECTURE, ACTIVITIES

**Re** **NEW** Learn techniques to slow down and calm your mind. This class is a fun way for beginners and seasoned yoga students to increase their health and well-being with tried-and-true yoga techniques. Students will need to dress comfortably and bring a blanket.

T • Sep 26 • 10:00 AM–12:00 PM • \$20/silver

Leader: Mary Elfner

## Music and Culture in the Roaring 20's

### LECTURE, DISCUSSION

**NEW** F. Scott Fitzgerald noted that 'America was going on the greatest, gaudiest spree in history and there was going to be plenty to tell about it.' In our first course of this series, we will view and 'tell about' the significance of the music, literature, and culture in the American 'Jazz Age.'

W • Sep 27 • 10:00 AM–12:00 PM • \$20/silver

Leader: Murray Ellison

## PBS and NPR Tour: Inside Your Community Idea Stations (WCVE)

### LOCAL FIELD TRIP

**REPRISED** Did you know that Sesame Street is right here in Chesterfield County? Learn all about what happens 'behind the scenes' at your local NPR/PBS affiliate, the Community Idea Stations. Presentations by the station managers of television and radio programming, representatives from the development and community engagement offices, and CEO Curtis Monk will be followed by a tour of the facilities. Learn about the history, the technology, and the challenges of your local public media company, whose goal is 'to educate, entertain, and inspire.' This class will be held at the station, located at 23 Sesame Street, Richmond, VA 23235, which is off Robious Road. Join your Osher friends to 'chase the clouds away!'

W • Sep 27 • 1:00 PM–3:00 PM • \$20/silver

Leaders: Curtis Monk, Nezhiah Goodman

## Chronic Disease Self-Management Program

### HANDS-ON WORKSHOP

**Re** **NEW** This workshop is for those experiencing chronic conditions as well as their caregivers and family members. Participants will learn a variety of daily management skills to maintain and/or increase life's activities to lead healthier, happier lives while dealing with chronic conditions. Developed by Stanford University, Chronic Disease Self-Management Program (CDSMP) offers tools and information to help



people manage their chronic illnesses and participate more fully in life. Participants will receive a free book for attending four of the six sessions.

F • Sep 29, Oct 6, 13, 20, 27, Nov 3 • 10:00 AM–12:00 PM • \$60/silver  
Leaders: Kathy Brown, Joan Welch

## The Consequences of War

### READING, DISCUSSION

**NEW** Explore the consequences of war on human relationships and societies through the lens of two Vietnam War novels: 'The Things They Carried' by the American novelist Tim O'Brien, and 'The Sorrow of War' by the Vietnamese novelist Bao Ninh.

F • Sep 29, Oct 6, 13, 27, Nov 3 • 10:00 AM–12:00 PM • \$60/silver  
Leader: Larry Braja

## Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses

**Bo** Are you contemplating teaching an Osher course? Facilitated by Osher members who lead courses, this session covers the ingredients of peer-led Osher Institute courses.

F • Sep 29 • 1:00 PM–4:00 PM • Free to members  
Leader: Bill Bailey

## OCTOBER

### Tibet: Its Past and Present

#### LECTURE

**NEW** Explore the history of this small, interesting region of China that sits on the lofty Tibetan Plateau on the northern side of the Himalayas.

M • Oct 2 • 10:00 AM–12:00 PM • \$20/silver  
Leader: Shantaram Talegaonkar

### Life Before and After Communism

#### LECTURE, Q&A

**NEW** Life behind the Iron Curtain changed dramatically ever since the regime change in Bulgaria on November 11, 1989. We will talk especially about how the lives and perspectives of ordinary people were affected.

M • Oct 2, 9 • 5:00 PM–6:00 PM • \$40/silver  
Leader: Venilina Davidkova

### History of Music Part I: Medieval and Renaissance

#### LECTURE, DISCUSSION

**REPRISED** Why does Gregorian chant have that ethereal yet empty sound? What was the musical world like when there was no orchestra, no opera, no clarinets, and no violins? This class will be a multi-media exploration of early Western European music, and is part one of a three-part series. No musical background or experience is required.

T • Oct 3, 10 • 9:30 AM–11:30 AM • \$40/silver  
Leader: Sheryl Smith

### History of Richmond Craft Beer Part 3: Strangeways Brewing

#### LOCAL FIELD TRIP

**NEW** This class begins with a brief review of craft beer in America, then focuses on the history of Strangeways. A tour of the brewery will follow, ending with an optional tasting at extra cost.

T • Oct 3 • 4:00 PM–6:00 PM • \$20/silver  
Leader: Wade Reynolds

### Can Alzheimer's Be Stopped?

#### LECTURE

**Re** **NEW** This lecture will explore Alzheimer's Disease from Dr. Alzheimer's first patient 116 years ago to the important search for effective treatments taking place around the world as well as right here in Richmond to answer the all-important question: Can Alzheimer's be stopped?

W • Oct 4 • 8:30 AM–10:30 AM • \$20/silver  
Leader: Jim McKenney

## Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring. Summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Debra Guild at [dguild@richmond.edu](mailto:dguild@richmond.edu) for registration procedures.



## Common Ground

### DISCUSSION

**UPDATED** Are you tired of the polarization on the major issues facing our country? Are there solutions that will meet the needs of the majority of us rather than one extreme or another? We'll examine key issues of interest to participants, bring in data on the subject, and work to find practical solutions. Topics will be determined by participants. This is not a class to push your personal opinion, but one to find 'common ground.'

W • Oct 4, 18, Nov 1, 15, 29, Dec 13 • 1:00 PM–3:00 PM • \$60/silver

Leader: Don Miller

## Born To Be Wild: Rediscover the Freedom of Fun

### LECTURE, HANDS-ON

**Re** **REPRISED** For many of us, somewhere along the journey to becoming responsible adults, we have forgotten how to have fun. You may be someone who has let life's responsibilities, hurts, and losses send your sense of joy underground. If so, you might be long overdue for this interactive course that invites you to take a journey through your own life. Here you'll learn how to rediscover the freedom of fun and what's inside you, just waiting to be resurrected, and by the end of our time together, you will have completed a custom-designed plan for bringing more celebration and adventure into your days. There is homework but, of course, it is fun!

W • Oct 4, 11, 18 • 3:30 PM–5:00 PM • \$60/silver

Leader: Jill Baughan

## Richmond Solar: A One Year Retrospective on An Innovative Solar Solution

### LECTURE, Q&A, TOUR

**NEW** The Richmond Solar project, installed in May 2015 at 205 kilowatts, represents the first solar power purchase agreement since legislation was passed in 2013. Participants will visit the rooftop solar project on the University's LEED-Gold certified Weinstein Center for Recreation and Wellness. Led by the CEO of Secure Futures, the project developer, par-

ticipants will learn how the project has performed during the first year of operation. The course will offer a live case study on the economic and political challenges, and innovative technical, financial, and partnership solutions, for making solar happen in Virginia.

R • Oct 5 • 1:00 PM–3:00 PM • \$20/silver

Leader: Anthony Smith

## Pollinators and Your Landscape: Caterpillars, Adults, Nectar and Host Plants

### LECTURE, Q&A

**NEW** This class will focus on common Virginia butterflies, their life cycle (including migration for some), nectar and host plants that you should consider incorporating in your landscape. We will also view photos of the caterpillar and adult phases. Most of us see these insects every day—they are beautiful insects—but few realize they are threatened. We can create 'corridors' that may contribute to their survival.

R • Oct 5, 12 • 3:30 PM–5:30 PM • \$40/silver

Leader: Ted Hoagland

## Religious Art of the Early Christian Period

### LECTURE, DISCUSSION

**NEW** Join this class to peruse religious art of the early Christian period, through the eighth century. We will view Christian, Jewish, Islamic, and Buddhist art, and we'll take a look at connections between art and culture.

R • Oct 5 • 6:00 PM–8:00 PM • \$20/silver

Leader: Sandy Benoit

## Kubla Khan in History and Poetry

### LECTURE

**NEW** The Mongolian ruler and Emperor of China, Kubla Khan, became the subject of one of Samuel Taylor Coleridge's most famous poems. Who was this ruler? How did Coleridge create this poem?

M • Oct 9 • 10:00 AM–12:00 PM • \$20/silver

Leader: Shantaram Talegaonkar

## The Supreme Court's Meandering Interpretation of the Establishment Clause

### LECTURE, Q&A

**NEW** The First Amendment begins, 'Congress shall make no law respecting an establishment of religion . . . .' Since 1947 the Supreme Court has inconsistently interpreted this clause, sometimes saying it requires 'separation of church and state,' and sometimes government 'neutrality' toward religion. This course will critically analyze the Court's decisions, primarily using the basis of the clause's original meaning.

M • Oct 9, 16, 23, 30 • 1:30 PM–3:30 PM • \$60/silver

Leader: Ellis West

## iPad Basics

### LECTURE, HANDS ON, Q&A

**REPRISED** Are you getting the most out of your iPad? Learn shortcuts and tricks to make your iPad your own. We will provide an overview of basics, including set up, apps, and more. There will be generous Q & A time, and email communication with instructor. This course is designed for students who own iPad 2nd generation and newer with OS 7.0+ software and are registered on UR network (instructions online at <http://is.richmond.edu/get-connected/mobile-devices/iOS-wireless.html>). You may also contact the course leader at [ipadbasics@aol.com](mailto:ipadbasics@aol.com) for help related to the software update.

T • Oct 10, 17 • 1:00 PM–3:00 PM • \$40/silver

Leader: Betsy Y. Spath

## Chekhov Short Stories and a Play

### LECTURE, DISCUSSION

**NEW** Anton Chekhov (1860-1904) has been called the father of the modern short story, master of the Russian short story, and among the greatest writers of short fiction. It was said that short stories 'reached their apotheosis in Chekhov.' His stories are said to be 'direct,' 'haunting,' and 'lyrical,' and 'reaching the characters' secret motives.' Some of his most memorable stories are only three or four pages long. Virtually all of Chekhov's stories

can be found by searching for '201 Short Stories by Anton Chekhov.' (Eldritch Press) We'll read and discuss 10 or 15 stories, and perhaps 'Uncle Vanya,' one of his plays.

T • Oct 10, 24, 31, Nov 7 • 3:30 PM–5:30 PM • \$60/silver  
Leader: Riker Purcell

## What Happened Next?

### LECTURE

**NEW** Richmond has seen its fair share of catastrophes and tragedies. What happened to its citizens and the city in general after these pivotal events? Come hear the stories: the 1811 Theater Fire, the Capital Moves to Richmond during the War, the 1925 Train Tunnel Tragedy, Dueling Journalists, the 1865 Evacuation Fire, and Rebuilding the Postbellum City.

W • Oct 11 • 10:00 AM–12:00 PM • \$20/silver  
Leader: Alyson Taylor-White

## Understanding The Different Housing And Care Options For Seniors

### LECTURE, DISCUSSION

**Re** **NEW** Learn about the various types of care available to seniors, including assisted living and other types of residential communities, in-home care, adult day centers, and end of life/hospice care.

W • Oct 11 • 1:00 PM–3:00 PM • \$20/silver  
Leader: Lisa Hollier

## Integrative Medicine: Treating the Whole Person

### LECTURE, Q&A

**Re** **Se** **NEW** This lecture will explore the burgeoning world of Integrative Medicine. Mounting scientific evidence confirms that effective medical treatment is not limited to 'pills and procedures.' By using evidence-based approaches from both Western and Eastern traditions, Integrative Medicine supports healing for body, mind, and spirit.

R • Oct 12 • 1:00 PM–3:00 PM • Free, open to the public  
Leader: Linda Manning

## Understanding Long Term Care Planning and Insurance Options

### LECTURE, Q&A

**Re** **REPRISED** After 17 years of specializing in long term care planning to include long term care insurance design and claim filing, the instructor will help you understand the core features and benefits of a policy as well as various funding options available. Long term care planning to include a long term care policy should be an informed and educated decision.

R • Oct 12 • 5:00 PM–7:00 PM • \$20/silver  
Leader: Linda Tsironis Caruthers

## UR Campus Museums Walk

**Ri** **Se** The campus walk will be combined with viewing of the current exhibits at the Harnett Museum of Art, the Lora Robins Gallery of Design from Nature, and an additional gallery to be determined.

M • Oct 16 • 10:00 AM–12:00 PM • Free, open to the public  
Leaders: Marshall Ervine, Floyd Myers

## Basic Conversation in Bulgarian

### LECTURE ACTIVITIES

**NEW** Come and enjoy this introduction to the Bulgarian language that will enable you to conduct basic conversations and even make your way around Bulgaria.

M, R • Oct 16, 19, 23, 26, 30, Nov 2, 6, 9, 13, 16 • 5:00 PM–6:00 PM • \$60/silver  
Leader: Venilina Davidkova

## Enjoy Live Classical Piano Music

### LECTURE, RECITAL

**NEW** Based around live performance of piano compositions spanning two centuries you will learn how to listen more attentively to music and develop an awareness of the various ways in which it sets a mood, builds tension towards climax, and plays on our expectations. Over the course of three sessions, we will chronologically work our way from the Baroque period of



## Give a Gift of Membership

Anniversaries, birthdays, Valentine's, Mother's Day, Father's Day, Christmas, and other celebrations are a great time to give the gift of Osher membership. This is SO much better than another sweater, candy, or a pair of socks! This is perfect for a spouse, partner, friend, parent, grandparent, or neighbor.

Osher membership offers great classes, wonderful benefits, and often leads to longtime friendships. Members may engage in interest groups, book clubs, courses, special events, and travel opportunities, as well as attend special lectures, musical performances, and art exhibit openings. Rather than giving something that is consumed or shoved in a closet, give this great gift of intellectual activities, social engagement, and fun!

For more information, contact Peggy Watson at [margaret.watson@richmond.edu](mailto:margaret.watson@richmond.edu).

Couperin, Bach, and Scarlatti, to the Classical Period of Haydn, Mozart, and Beethoven, through the Romantic period of Chopin, and finish up with the American Ragtime/Roaring Twenties sound of Joplin, Gershwin, and Confrey. Comments about each piece will include biographical tidbits and hints about what to listen for in particular. No musical background or experience required.

T • Oct 17, 24, 31 • 10:00 AM–12:00 PM • \$60/silver  
Leader: Alan Pollack





## Osher Volunteer Leadership Opportunities

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher leadership Council.

### Leadership Council members for 2017 include:

Charlie Huffstetler, Chair  
chas.huffstetler@gmail.com

Lee Ann Pickering, Vice-Chair  
lapicker11@gmail.com

Landon Woody, Past Chair  
landonhw@gmail.com

Ruth Blevins  
Marlene Ebert  
Peter Goodman  
Jeff Keil

Don Miller  
Bill Pawelski  
Linda Ventura

### Project teams include:

Development  
Leader Support  
Marketing

Membership  
Newsletter

Details of leadership opportunities are online at [osher.richmond.edu](http://osher.richmond.edu).

Interested in serving?

Contact Peggy Watson at [margaret.watson@richmond.edu](mailto:margaret.watson@richmond.edu).

## Couples/Marriage/Relationships: What They Are All About, How Do They Work, and How to Prevent Problems

### LECTURE, Q&A

**Re** **NEW** Most of us have had experience in a relationship or been committed to a marriage. This presentation will examine how relationships work, what the danger signs are for breakup, and how to assess for problems. Examples will be offered to illustrate the dynamics and the issues involved. Strategies to sustain and enhance a couple relationship will be offered.

T • Oct 17 • 3:30 PM–5:30 PM • \$20/silver

Leader: Henry Morris

## Medicare 101

### LECTURE, Q&A

**Re** **NEW** Attend this class for a complete overview of Medicare including Original Medicare A & B, supplements, drug cards, and Medicare Advantage plans. We will also cover enrollment eligibility, timing, and processes.

W • Oct 18 • 9:30 AM–10:30 AM • \$20/silver

Leader: Chris Lynch

## Unexpected Smiles Exhibition Opening

### ART OPENING LECTURE

**Ri** **Se** The exhibition 'Unexpected Smiles: Seven Types of Humor in Japanese Paintings' opening will begin with a lecture, followed by a reception and preview of the exhibit.

W • Oct 18 • 6:00 PM–8:00 PM • Free, open to the public

## Richmond Ballet Rehearsal Viewing of Gloria

### FIELD TRIP

Visit Richmond Ballet to see what goes into its commitment to keep meaningful works of dance alive! Come enjoy this opportunity to

observe Malcolm Burn, Ballet Master, and the professional dancers as they rehearse Vivaldi's Gloria, last seen in Richmond in 1992. This local trip meets at Richmond Ballet in downtown Richmond, 407 East Canal Street. A tour of the facilities, including the costume shop, and Q & A with the Costume Director will follow the rehearsal.

R • Oct 19 • 11:45 AM–1:30 PM • \$20/silver

Leader: Malcolm Burn

## In Search of the Historical Jesus

### LECTURE

**NEW** What can historians uncover about what Jesus likely said and did? How does the historical Jesus differ from the Jesus presented in the New Testament and in popular culture? Explore the continuing relevance of the historical Jesus.

R • Oct 19, 26, Nov 2, 9, 16 • 12:30 PM–1:45 PM • \$60/silver

Leader: Ryan Ahlgrim

## Drones, Practical Applications, and Laws That Affect Use

### LECTURE, Q&A

**REPRISÉ** This course offers insights into the legal issues that confront the use of Drones/UAVs (Unmanned Aerial Vehicles) for real estate-related purposes and the various benefits of utilizing this technology.

R • Oct 19, 26, Nov 2, 9 • 3:30 PM–4:30 PM • \$40/silver

Leader: Gregory Mays

## Getting to Know Poe

### LECTURE

**NEW** Richmond hometown literary legend Edgar Allan Poe has been described as the American Shakespeare, and the Master of the Macabre. Get to know Poe and his many Richmond haunts in this creative look at one of our finest writers.

F • Oct 20 • 10:00 AM–12:00 PM • \$20/silver

Leader: Alyson Taylor-White



## The Reformation Crisis, 1517-1648

### LECTURE, Q&A

**NEW** 2017 marks the 500th Anniversary of the Reformation, an event that divided Christendom with a crash. This class will examine scholarly debates such as the causes of the crisis, its influence on the modern era, and recent ecumenical overtures.

**M • Oct 23, 30 • 10:00 AM–12:00 PM • \$40/silver**

*Leader: Louis Cei*

## From the Nest Egg to the Frying Pan: Beethoven and the Schuppanzigh Quartet

### LECTURE

**Ri** **NEW** This lecture will focus on the leader of the most prominent string quartet in Europe in the early 19th Century, Ignaz Schuppanzigh and his Schuppanzigh Quartet, and their role in cultivating the string quartet (particularly the string quartets of Beethoven) as a viable medium of performance. Count Razamovsky engaged Schuppanzigh and his colleagues as the first professional string quartet in music history to play string quartets with him at his palace in 1808. Razamovsky, a patron of whom Beethoven was most fond, eventually relinquished his position as second violin in the quartet and engaged the quartet as a permanent ensemble with a lifetime contract. Often referred to as Beethoven's 'private quartet,' the musicians were put entirely at the composer's disposal. Almost all of Beethoven's 16 string quartets were first performed by Schuppanzigh and his colleagues. Through their association with Beethoven and Razamovsky, the Schuppanzigh Quartet became a well-known chamber ensemble in Vienna and gained distinction and acclaim throughout Europe. The lecture will include recorded examples.

**T • Oct 24 • 1:00 PM–3:00 PM • \$20/silver**

*Leader: Ronald Crutcher*

## Tales of F. Scott Fitzgerald's Jazz Age

### LECTURE DISCUSSION

**NEW** F. Scott Fitzgerald captured the spirit of the 'Roaring 20s,' and popularized the term, 'The Jazz Age' in his short stories. We will discuss the tales which best depicted this period, like 'The Jelly Bean,' and 'Bernice Bobs Her Hair.' Prior reading of the stories will enhance the classroom experience.

**W • Oct 25 • 10:00 AM–12:00 PM • \$20/silver**

*Leader: Murray Ellison*

## Presidential Rhetoric

### LECTURE, DISCUSSION

**Ri** **NEW** Join us for this guided discussion of presidential discourse in the 21st Century and the symbolic nature of the American presidency.

**W • Oct 25 • 1:00 PM–3:00 PM • \$20/silver**

*Leader: Linda Hobgood*

## Your Complete Financial Journey-Understanding and Maximizing your Opportunities in the Global Investment Markets

### LECTURE, Q&A

**Re** **NEW** This course offers a comprehensive and in-depth examination of the global financial markets and how best to understand the opportunities and risks associated with today's worldly economic conditions.

**W • Oct 25, Nov 1 • 3:30 PM–5:30 PM • \$40/silver**

*Leaders: Clayton W. James, Ginger James*

## Saffron Installation Exhibition Opening

### ART OPENING LECTURE

**Ri Se** Artist Teresa Cole presents a lecture discussing her exhibition 'Teresa Cole: Saffron Installation.' The lecture will be followed by a reception in the Lora Robins Gallery.

**R • Oct 26 • 6:00 PM–8:00 PM • Free, open to the public**

*Leader: Teresa Cole*

## Explore China: Terracotta Warriors

### LECTURE, Q&A

**NEW** In the first class, we will learn about Emperor Qin Shi Huangdi who is most famous for his tomb. Who was this man, what were his accomplishments and fetishes, and why did the scholars hate him? Royal tombs, their placement, and what was inside may surprise you. The second class session will focus on the pits and what they were hiding: chariots, weapons, and the infamous warriors. Learn about the construction, dress, and characteristics of the warriors. What will they tell us?

**T • Oct 31, Nov 7 • 1:00 PM–3:00 PM • \$40/silver**

*Leader: Donna Callery*

## NOVEMBER

## Science of Cooking Series

### LECTURE, DISCUSSION

**Re** **NEW** This course will allow students to improve their understanding of the scientific principles of food and cooking. We'll talk about the components of food, taste and smell, elasticity, viscosity, and fermentation, to name just a few.

**W • Nov 1, 15 • 11:00 AM–12:30 PM • \$40/silver**

*Leader: Kristine Nolin*

## Remedial Singing 101

**NEW** Did your 4th-grade glee-club director quietly pull you aside and ask you just to mouth the words during the big school concert? Do even your closest friends wince when you serenade them with 'Happy Birthday'? Well, don't despair! Dr. Charles Staples can help channel your inner Pavarotti/Sills. As choir director, concert pianist, adjunct professor, and more, Charles has helped many a performer fine-tune his or her musical skills. In this class, Charles will describe what every singer needs to know. At the end of the class, attendees will be invited to join in a 'group sing' of a favorite 60's song where everyone can apply their new-found skills. Good singers are also welcome to attend but are prohibited from smirking. Fun will be had by all!

**R • Nov 2 • 10:00 AM–12:00 PM • \$20/silver**

*Leader: Charles Staples*



## Osher/Modlin Partnership

### National Theater Live & Bolshoi Ballet – Fall 2017 Schedule

Osher Discount \$10 <http://modlin.richmond.edu>

#### NATIONAL THEATRE LIVE BROADCAST SERIES

##### NT Live: Who's Afraid of Virginia Woolf

Thu Sept 7 2017 at 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

##### NT Live: Salome

Thu Sept 14 2017 at 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

##### NT Live: Yerma

Thu September 21 2017 at 7 PM (Encore)

Camp Concert Hall, Booker Hall of Music

##### NT Live: Angels in American Part 1 Millennium Approaches

Sun September 24 2017 at 3 PM (Encore)

Camp Concert Hall, Booker Hall of Music

##### NT Live: Angels in America Part 2 Perestroika

Sun October 1 2017 at 3 PM (Encore)

Camp Concert Hall, Booker Hall of Music

##### NT Live: Peter Pan

Sun October 8 2017 at 3 PM (Encore)

Camp Concert Hall, Booker Hall of Music

#### BOLSHOI BALLET BROADCAST SERIES

##### Bolshoi Ballet: Le Corsaire

Sun October 22 2017 at 12:55 PM

Camp Concert Hall, Booker Hall of Music

##### Bolshoi Ballet: The Taming of the Shrew

Sun December 3 2017 at 12:55 PM (Encore)

Camp Concert Hall, Booker Hall of Music

#### ASK ABOUT OUR OSHER DISCOUNT!

Additional broadcasts will be added throughout the season.

For tickets and the latest information, visit [modlin.richmond.edu](http://modlin.richmond.edu), call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.

Presented in partnership with Modlin Center for the Arts & OsherLifelong Learning Institute.

## Cool Flicks: More of the Greatest Comedies

### MOVIES, DISCUSSION

**UPDATED** Join Dan Begley in the ongoing quest for the funniest movies of all time. This fall we will watch and discuss these classics: 'Easy Living' (1937), '20th Century' (1934), and 'Hail the Conquering Hero' (1944).

F • Nov 3, 10, 17 • 1:00 PM–3:00 PM • \$60/silver

Leader: Dan Begley

## The American Education System: Success Story or Failed Institution?

### LECTURE, Q&A

**NEW** The course will address the history and current state of public education in America, the role of public schools in the struggle for social and racial justice, and past and present efforts at reforming the educational system.

M • Nov 6, 13, 20 • 9:30 AM–11:00 AM • \$60/silver

Leader: Thomas Cox

## Bounty of Boatwright

**Ri Bo** Are you excited about the ability to use the wonderful resources of Boatwright Memorial Library, but unsure where to start? At this session, you'll learn how to find books, articles, and other resources that are of interest to you. We'll also highlight some of the more interesting and unusual digital collections and databases that you might not have seen.

M • Nov 6 • 3:00 PM–4:30 PM • Members Free

Leader: Carrie Ludovico

## Apple iPhone Essentials

### LECTURE, HANDS ON, Q&A

**REPRISED** Are you using an iPhone or thinking about buying one? This class will review the following: (1) physical features; (2) security, backup, and other key settings; (3) how to install, organize, and delete apps; (4) camera and photos apps; (5) using email and sharing photos; (6) messaging/texting; (7) playing and storing music; (8) how iCloud works; and (9) maps and navigation. If you plan on using your iPhone to follow along

during class, your phone should be a model 5s or newer, updated to the latest iOS version, and you should know your Apple ID and password. You can email the course leader at [westcobb@gmail.com](mailto:westcobb@gmail.com) with any questions regarding the course.

T,R • Nov 7, 9 14, 16 • 9:30 AM–11:30 AM • \$60/silver

Leader: West Cobb

## RMD / IRA Optimization Workshop

### LECTURE, Q&A

**Re NEW** Can you afford a 50% tax penalty on your IRA after age 70-1/2? Are you worried about rising future tax rates eating into your retirement funds? If you have questions about RMDs, 401ks, or IRAs, then this class will teach you everything you need to know.

T • Nov 7, 14 • 3:30 PM–5:00 PM • \$40/silver

Leader: Jeremy Shipp, CLU, RICP, CFP

## Smithsonian Museums Tour

### FIELD TRIP

**NEW** Do you enjoy the Smithsonian Museums but hate to drive on Interstate 95 and park near the Washington Mall? If so, please join your Osher colleagues for an all-day bus trip to the Smithsonian Museums. Upon arrival each Osher member will be free to browse the museums with friends or on your own. Prior to the trip, tour participants should go online and familiarize themselves with the names and locations of their favorite museums. Tour participants should also bring cash for lunch, onsite snacks/drinks, and any other museum expenses. Water and light snacks will be provided on the bus.

W • Nov 8 • 8:00 AM–6:30 PM • \$85/silver and gold

Leader: Bill Seward

## Mindfulness Meditation, Journey to a Happier Healthier Life

### LECTURE, ACTIVITY

**Re NEW** If you have never meditated and are curious, or you have meditated and want a refresher course, this one-hour talk will give you all that you

need to understand Mindfulness and begin meditating. You will learn the science behind why it makes you healthier, how it improves your relationships and your focus, and gives you a happier brain.

R • Nov 9 • 2:15 PM–3:15 PM • \$20/silver

Leader: Helen Landry, LCSW

## Your Personality: Fixed or Flexible?

### LECTURE, ACTIVITIES

**Re** **NEW** Our personality style forms from a biological underpinning and from patterned ways of thinking, feeling, and behaving. In this class you will learn nine distinct personality styles defined by the Enneagram system. In reality, we possess the characteristics of all nine styles, but overuse our preferred style. Join this class to learn the strengths and weaknesses of your personality style and how by flexibly incorporating the strengths of other styles, you can meet life's challenges more effectively. No book is required for the class.

F • Nov 10, 17, Dec 1, 8, 15 • 10:00 AM–12:00 PM • \$60/silver

Leader: Larry Braja

## The Extremes of Virginia - Continued

### LECTURE, BOOK SIGNING

**NEW** This recap of my recent book 'The Extremes of Virginia' is updated with subsequent efforts to improve conditions in Southwest, Southside and the Eastern Shore of Virginia.

M • Nov 13, 20 • 11:45 AM–1:00 PM • \$40/silver

Leader: August Wallmeyer

## Dissolute London: Prints by William Hogarth

### LECTURE

**NEW** Explore the lascivious, greedy, and immoral world of 18th Century London through the eyes of master printmaker William Hogarth.

M • Nov 13 • 2:00 PM–4:00 PM • \$20/silver

Leader: Martha Wright

## Poetry from the New Yorker

### DISCUSSION

**NEW** Close, careful reading of poetry allows us to understand ourselves better by forcing us to participate in someone else's thinking. Also, it's a powerful logical, mental, and verbal exercise. Of the popular magazines that publish poetry in each edition, The New Yorker still selects the best challenging, contemporary poems. We'll read and analyze each week's new poems. Heavy class participation is expected.

T • Nov 14, 21, 28, Dec 12 • 3:30 PM–5:30 PM • \$60/silver

Leader: Riker Purcell

## The Great Gatsby: F. Scott Fitzgerald's American Classic

### LECTURE, DISCUSSION

**NEW** We will discuss Maureen Corrigan's book, 'So We Read On: How the Great Gatsby Came to Be and Why It Endures.' We will also highlight the important themes of Gatsby and offer helpful close readings. Reading 'The Great Gatsby' before the class is highly recommended.

W • Nov 15, 29 • 10:00 AM–12:00 PM • \$40/silver

Leader: Murray Ellison

## Fall Into Wellness: Healthy Body and Mind

### LECTURE, ACTIVITY

**Ri Re** **NEW** Join us for an interactive session to learn valuable information for your health and well-being! We may have a common goal to enjoy life experiences and be an active participant in our communities, but sometimes we feel as though we are spread too thin. We will discuss practical approaches to incorporate daily reflection and mindfulness activities to focus on our priorities and live more balanced lives. We will also discuss the importance of physical activity and incorporating daily movement. By actively practicing in mindfulness-based skills and integrating them into daily life, we can reduce stress, manage pain, enhance sleep,

strengthen positive qualities, and improve overall quality of life.

R • Nov 16 • 2:30 PM–4:30 PM • \$20/silver

Leaders: Heather Sadowski, Sarah Sheppard

## Analysis of the 2017 Elections and Forecast for the 2018 General Assembly

### LECTURE, Q&A

**NEW** Come hear about this year's statewide and General Assembly elections. Were there any surprises in this election cycle? Hear about the new members of the General Assembly, as well as a prognosis for 2018 General Assembly Session.

M • Nov 20 • 2:00 PM–4:00 PM • \$20/silver

Leader: David Bailey

## Law, Religion, and Politics in Northern Ireland

### LECTURE

**NEW** Come hear about the root causes of Northern Ireland's 'Troubles' (1920-1998, with lingering occasional violence), the 1998 Good Friday Agreement, subsequent government actions, and Northern Ireland today.

T, W • Nov 21, 22 • 10:00 AM–12:00 PM • \$40/silver

Leader: Carol Daugherty Rasnic

## Hurricanes Strike the Gulf Coast

### LECTURE

**REPRISED** Between 2005 and 2008 the Gulf Coast was struck by three major hurricanes: Katrina, Rita, and Ike. Hans Oppe will talk about the formation of hurricanes and the disaster relief work he was involved in after the hurricanes made landfall. Pictures from the Great Galveston Hurricane of September 1900 will also be included in the presentation.

T • Nov 21 • 1:30 PM–3:00 PM • \$20/silver

Leader: Hans Oppe



## Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. This will be held in the Richmond Room, on the lower level of the Heilman Dining Center. The menus will be announced three weeks before each event.

### Date:

Tuesday September 26, 2017  
Wednesday November 1, 2017  
Wednesday February 14, 2018  
Thursday March 29, 2018  
Thursday June 7, 2018

**Time:** 11:30 am – 1:30 pm

**Fee:** \$14.00 per person; reservations are required.

Contact Cindy Stearns at [cstearns@richmond.edu](mailto:cstearns@richmond.edu) or 804-289-8788 to reserve your spot.



## Vietnam and the Gulf War: A Personal Look Back

### LECTURE, DISCUSSION

**NEW** This lecture/discussion uses old photographs, journals, and other personal memorabilia to reflect on America's two longest wars. Part One recounts a young Soldier's experience in Vietnam (1969-70) and Part Two uses an information-collecting trip to Kuwait, Iraq and Afghanistan as a military historian forty years later (in 2009) to illustrate how perspectives on war change with maturity and the passing of time.

**M • Nov 27, Dec 4 • 10:00 AM–12:00 PM • \$40/silver**  
**Leader: Steve Anders**

## Ending Childhood Hunger in Virginia

### LECTURE, DISCUSSION

**NEW** The number of children in Virginia living in a household without consistent access to sufficient food is staggering. Nearly 42% of all public school students in the Commonwealth qualify for free and reduced meals at school. For the City of Richmond, the number is even higher. This class will focus on the private-public partnerships that are working together to bring an end to childhood hunger as well as discuss ways that participants can become involved as well. Our final class will be a field trip to Feedmore.

**M • Nov 27, Dec 4, 11 • 12:30 PM–2:00 PM • \$60/silver**  
**Leader: Michael Welch**

## As You Age, Where Will You Live and Thrive?

### LECTURE, Q&A

**Re** **NEW** Strategically, there are five options we will discuss: stay in place, move in with the kids, find a Continuing Care Retirement Community, join a 'cooperative culture' intentional community, or 'progressive retreat,' or stay put until you no longer are able and then make a pre-planned move.

**M • Nov 27, Dec 4, 11 • 2:30 PM–4:30 PM • \$40/silver**  
**Leader: Henry Carl Simmons**

## A Visit to SouthWest Virginia

### LECTURE, Q&A

**Bo** **NEW** Learn about the scenic beauty and the opportunities to enjoy a visit to this area of Virginia. The area offers outdoor activities, history, culture, scenic drives, festivals, and most of all mountain music.

**T • Nov 28 • 10:00 AM–12:00 PM • Free to members**  
**Leader: Floyd Myers**

## What's New in Tourism in RVA?

### LECTURE, Q&A

**NEW** RVA is definitely on the map! Richmond is not just about history anymore. Yes, we have wonderful historic

sites, dating back to early settlement days through the American Revolution, into the Civil War, and right up to current events. But we're also all about sports, with great regional and national events, biking/walking trails, and the James River that lures us to the water. We're definitely a foodie town. We have nationally acclaimed restaurants, wineries, and breweries right here. We have become a destination for visitors to try once: and then they often decide to return. Come hear how and why these positive changes have occurred and how they affect our economy.

**T • Nov 28 • 1:00 PM–3:00 PM • Free, open to the public**  
**Leader: Jack Berry**

## Health Information for Seniors

### LECTURE, Q&A

**Re** **NEW** Come learn the importance of and the details on health-related topics such as adult vaccinations, over-the-counter medications, supplements/vitamins, and cancer screening for those of us '50 and better.'

**R • Nov 30 • 10:00 AM–12:00 PM • \$20/silver**  
**Leader: Lawrence Lewkow**

## Prophets of Europe's 'Great Disillusionment'

### LECTURE, DISCUSSION

**NEW** The carnage of World War I destroyed Europe's belief in humanity's inevitable 'progress.' But even before the war, artists sensed mankind's potential for violence beneath the placid surface of bourgeois contentment. We will meet some artists and musicians and discuss prescient short novels.

**R • Nov 30, Dec 7, 14 • 1:00 PM–3:00 PM • \$60/silver**  
**Leader: Bruce Birdsey**

## DECEMBER

### Osher Member Orientation

**Ri** **Bo** Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

**F • Dec 1 • 1:00 PM–2:00 PM • Free to members**  
**Leader: Osher Membership Team**



## Campus Walk/Tour

**Ri Se** Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

**F • Dec 1 • 2:00 PM–3:30 PM • Free, open to the public**  
 Leader: Osher Membership Team

## Energy: It's Complicated, Part I

LECTURE, Q&A

**NEW** Major upheavals are underway in the energy industry. Cheap natural gas is displacing coal and making several nuclear plants too expensive to run. The current administration is pushing back on environmental regulations. Wind and solar power is causing grid and price disruptions in Texas and California. Part 1 will focus on electricity: the fuels, technologies, emissions, and regulatory forces that drive relative economics.

**T, W, R • Dec 5, 6, 7 • 10:00 AM–12:00 PM • \$60/silver**  
 Leader: David Frimpter

## Writers Guild of Virginia

LECTURE

**NEW** The Writers Guild encourages people over 50 to write. The Guild offers a variety of ways to enhance your editing, non-fiction writing, and memoir writing skills. The Guild also publishes a semi-annual literary journal.

**T • Dec 5 • 1:00 PM–3:00 PM • \$20/silver**  
 Leaders: David Cariens, Gwen Keane

## Lincoln's Gamble: The Emancipation Proclamation

LECTURE

**NEW** This course focuses on 'The Real Abraham Lincoln' and how the Civil War shifted from being about the restoration of the Union to the abolition of slavery. Lincoln authored

the emancipation proclamation as an act of war. His prime issue with the South was over secession. Saving the union was first and foremost; abolishing slavery was intentionally gradual.

**W • Dec 6 • 1:00 PM–2:30 PM • \$20/silver**  
 Leader: James Adler

## The Post World War II Nuremberg and Japanese Trials: Were They Fair?

LECTURE

**NEW** This course will address the Allied powers' decision on how to deal with major actors among Axis governments in Germany and Tokyo/Philippines. Explanation will be offered on the trials, agreed upon procedures, and substantive law as drafted by the victorious governments.

**W, R • Dec 6, 7 • 3:30 PM–5:00 PM • \$40/silver**  
 Leader: Carol Daugherty Rasnic

## Understanding Long Term Care Planning and Insurance Options

LECTURE, Q&A

**Re** **REPRISED** After 17 years of specializing in long term care planning to include long term care insurance design and claim filing, the instructor will help you understand the core features and benefits of a policy as well as various funding options available. Long term care planning to include a long term care policy should be an informed and educated decision.

**R • Dec 7 • 10:00 AM–12:00 PM • \$20/silver**  
 Leader: Linda Tsironis Caruthers

## Español en diciembre

LECTURE, ACTIVITIES

Welcome back to your Spanish journey! These sessions will offer additional practice in speaking and listening. We'll watch scenes from 'Mi Vida Loca,' a short film series designed specifically for Spanish learners. Students from any previous classes are welcome, and new students with a basic knowledge. ¡Bienvenidos!

**F • Dec 8, 15 • 10:00 AM–11:30 AM • \$40/silver**  
 Leader: Mary Catherine Raymond

## Fracking in America

LECTURE, Q&A

The practice of hydraulic fracturing (fracking) for gas and oil recovery has dramatically changed the US energy picture over the last decade. Fracking has great promise but it also comes with controversy. In this class we will explore the geology, technology, economics, environmental impacts and regulation of fracking. Greg Kozera, an author and acknowledged expert with more than 35 years of experience in the field, will lead the class.

**T, W, R • Dec 12, 13, 14 • 10:00 AM–12:00 PM • \$60/silver**  
 Leaders: George Pangburn, Greg Kozera

# Osher Interest Groups

*Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at [osher.richmond.edu](http://osher.richmond.edu). An Osher Institute membership is required for interest group participants.*

## Bicycling

This group will explore bike trails mainly in the Richmond area, with possible rides on trails around Virginia. Group members will use their personal bikes and helmets and provide their own transportation to the bike trails. Most rides will be on weekdays, of moderate difficulty, and several hours duration. The group coordinator is John Votta at [johnjoy2you@verizon.net](mailto:johnjoy2you@verizon.net). All participants are required to sign a liability release form.

## Bridge

The social/duplicate bridge group meets on the first Friday of each month at 1 PM. A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at [efine98@aol.com](mailto:efine98@aol.com) or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

## Contemporary Issues

This discussion group, coordinated by Bill Pawelski, Alan Corbett, Janet Murray, Susan Phieffer, and John Schofield, centers on the free flow of information and ideas. Topics for each meeting will be chosen from recommendations made by participants. Various moderators will prepare an agenda for each meeting and share information, statistics, and resources on selected topics. UR faculty or students may be asked to present. Sessions will be interactive, with open discussions of the news of the day. Lively debate and a free flow of ideas and opinions will be encouraged, all done in a respectful and safe atmosphere. Some topics planned for fall include: impacts of federal healthcare policy on Virginia, 2017 state elections, and free speech. Sessions will be held the first Wednesday of each month. Classroom space is limited, so RSVP is requested for each session. To join, please email John Schofield at [schofieldj@comcast.net](mailto:schofieldj@comcast.net).

## Great Conversations

For the past nine years our group has been discussing short stories, essays and poetry, with a few novellas mixed in for flavor. We've even done a few documentary films. The subjects of our

lively conversations? We floated deep into the Heart of Darkness with Joseph Conrad. We watched a Total Eclipse with Annie Dillard. We took a car ride with Flannery O'Connor's grandmother who convinced us that A Good Man is Hard to Find. We observed the Century of Self through the lens of Freud's nephew, Edward Bernays. We hope you'll join us on the fourth Wednesday of every month from 2-4 pm at local libraries for sparkling, cordial conversations about shoes and ships and sealing wax, not to mention cabbages and kings—and who knows what else? If you'd like to join us, or if you have questions, please contact Vera Mulherin at [paxvera@netscape.com](mailto:paxvera@netscape.com). We look forward to hearing from you!

## Hikers

Come with us and explore the wonders of nature: the breathtaking waterfalls, wildlife, various plants and vegetation, not to mention historic urban settings. Our hikes run from September through June and cover an array of venues from the Shenandoah National Forest to urban hikes, and all points in between. Our hikes generally run between four and seven miles in length with varying degrees of difficulty and elevation change. We generally leave campus around 8 AM and return by 5 PM. For more information, contact the group coordinator: Amelia Wolfe, [awolfe@richmond.edu](mailto:awolfe@richmond.edu). All participants are required to sign a liability release form. Upcoming fall hikes include:

Monday, September 11  
Holiday Lake

Thursday, September 21  
DelFosse Winery

Wednesday, October 11  
Ivy Creek Natural Area

Monday, October 23  
Sherando Lake

Thursday, November 16  
Petersburg Battlefield Park

Thursday, December 14  
Fredericksburg Urban Hike

Monday, January 15, 2018  
East Richmond Urban Hike



## Investments

Raise your financial IQ. Join other members of the Osher Investment Interest Group once a month on the 3rd Friday from 10am – 12pm to hear and interact with guest experts in the field of investments and personal finance. Our speakers include the Robins School of Business students who manage part of the U of R endowment fund, professors, estate lawyers, and a variety of financial professionals, all of whom are available for you to ask questions and grow your financial IQ. Meetings held at the Robins School of Business.

For more information contact the coordinators: Diane Andrews, [liasd1@gmail.com](mailto:liasd1@gmail.com), Jerry Cooney, [jerrycooney@gmail.com](mailto:jerrycooney@gmail.com), and Dave Messenger, [ddmessenger87@gmail.com](mailto:ddmessenger87@gmail.com).

## Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. The group coordinator is Kelly Winters at [kwpw79@gmail.com](mailto:kwpw79@gmail.com).

Unless otherwise specified, all meetings will be on the last Saturday of the month. The reading list for May through December is:

Aug 26 **Dead Wake** by Eric Larson

Sept 30 **The Muse** by Jesse Burton

Oct 21 **Big Little Lies** by Lee Ann Moriarti

Nov 18 **The House with the Wrap Around Porch** by Mary Pat Hylan

Dec 2 Business meeting and 2018 book selection

## Photography

The Osher Photography Interest Group provides the opportunity to gather in a supportive environment with others who share a curiosity and passion for photography. Members will have the chance to present their works with an emphasis on the 'how' and 'why' a photo (or portfolio) was created, while also sharing their knowledge and techniques. In this non-competitive environment, help, advice, and feedback will be stressed. Each month members may submit digital images for a theme



segment or an open category. Images will be projected, and members may provide constructive critiques. Theme assignments could include, for example, a portrait using a wide angle and including a sense of place in the background; music, such as an instrument or performance; street photography of some sort; color (where the bulk of the image is a particular color); a pattern (e.g. repeating circles); and more.

This group's members could also create the opportunity to partner on photography shoots around Richmond and possibly beyond. If you would like to join this group, please email coordinator Peter Blankman at [pblankman@gmail.com](mailto:pblankman@gmail.com).

## Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest group. This Osher interest group explores the Richmond theatre scene by selecting and attending various performances throughout the year. Here's what's in store:

Enjoy these 2017-2018 performances with the Osher Theatre Group!

10/08/17: **Fun Home**  
Cadence/Virginia Rep

11/12/17: **Ripcord**  
CAT Theatre

02/18/18: **A Raisin in the Sun**  
Virginia Rep

03/11/18: **Erma Bombeck: At Wit's End**  
Hanover Tavern

04/15/18: **Lucky Me**  
CAT Theatre

There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact Linda Turner at [lturner@richmond.edu](mailto:lturner@richmond.edu).

## Travel

Attention all travelers! Celeste Miller is spearheading the Osher special interest group for those who love to travel. The objectives of the group are to share information regarding trips taken and most importantly, to help coordinate future Osher travel. If you have interest in learning from fellow travelers, if you'd like to share your experiences, or if you are willing to help to lead the development of future Osher trips, this is the special interest group for you! We plan to focus on day trips and overnight excursions, as well as domestic and international travel. To join or to learn more, please email [OSHERtravel@gmail.com](mailto:OSHERtravel@gmail.com). Come join the fun and expand your experiences!

### Upcoming Trip

Dec 3-11: Vienna and Christmas Markets River Cruise, featuring Rothenburg, Nuremburg, and six nights aboard the Amadeus Silver II

More details on trips are available at: <http://spcs.richmond.edu/osher/schedule/travel.html>.

## Member Benefits at a Glance

- Membership is good for 12 months from date you join
  - Several membership options
  - Free Osher member orientation and tour
- Osher members receive a discount at the Modlin Center for the Arts
  - Free parking on UR campus
  - Unlimited borrowing privileges at the UR's Boatwright Library
  - Access to the UR Technology Help Desk
  - Use of more than 100 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
  - UR email address
  - Daily 'SpiderBytes' email of UR campus programs and events
- Access to UR help center for preparing presentations
  - Opportunity to audit credit classes
  - Unlimited on-campus Osher classes for Gold members
  - Free bonus classes and special events

## Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director, W'76  
margaret.watson@richmond.edu  
(804) 287-6344

Debra Guild, Administrative Coordinator  
dguild@richmond.edu  
(804) 287-6608

Amy Edwards, L'97  
Stewardship Assistant  
aedwards@richmond.edu  
(804) 287-1946

Barbara Apostle  
Registrar Grant Program Assistant  
bapostle@richmond.edu  
(804) 289-8582







## **Membership Form & Registration Form and Calendar Fall 2017**

**Register Online:** Create an account, then join or renew your membership through the Osher website at [osher.richmond.edu/schedule](http://osher.richmond.edu/schedule). Once this is completed, you may register for classes online. Please see page 5 of the fall catalog for complete instructions.

**Or to complete a printed version:**

**Membership Form:** Please use black ink, print clearly and complete payment information.

**Registration Form and Calendar:** To register for a class check the box next to the classes you wish to attend. To register for an event, register at [osher.richmond.edu](http://osher.richmond.edu).

**Mail:** Mail your registration form and payment to:  
Osher Lifelong Learning Institute, Room 100  
School of Professional and Continuing Studies  
University of Richmond, VA 23173

**Fax:** Cut this insert in half on fold and fax to our secure fax (804) 287-1264.

**Deliver:** Deliver your registration form and payment to:  
Osher Lifelong Learning Institute, Room 100  
School of Professional and Continuing Studies (#31 on Campus Map)  
University of Richmond, VA 23173



**RICHMOND**  
School of Professional  
& Continuing Studies™



# Membership Form Fall 2017

NEW MEMBERSHIP  RENEWAL MEMBERSHIP

Please use black ink. Print clearly. Please complete payment information.

This form is also available online at [osher.richmond.edu](http://osher.richmond.edu)

## Member Information

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Preferred Name \_\_\_\_\_

UR ID Number \_\_\_\_\_ Date of Birth / / \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email \_\_\_\_\_ US Citizen  Yes  No Gender  Male  Female

Prior or Current Occupation \_\_\_\_\_ Prior or Current Employer \_\_\_\_\_

Are you a UR Alumna/us?  Yes  No Year of Graduation \_\_\_\_\_

Ethnicity/Race (Optional)

1. Are you Hispanic/Latino?  Yes, Hispanic or Latino  No

2. Regardless of your answer to the prior question, please select one from the following ethnicities that best describe you:

American Indian or Alaska Native  Asian  Black or African American

Native Hawaiian or Other Pacific Islander  White

3. Do you require any special accommodations to participate in our programs? \_\_\_ Yes \_\_\_ No

If you answer Yes, Osher staff will contact you with further details.

### Local emergency contact:

Name \_\_\_\_\_ Telephone Number \_\_\_\_\_

**New/Renewing Membership Options** Please select your annual membership level. You may join at anytime during the year. Your membership is valid for one year from the date you join. Member benefits are detailed inside front cover of this schedule and online at [osher.richmond.edu](http://osher.richmond.edu).

**GOLD \$350**  
(Courses are free unless otherwise noted)

**SILVER \$75**  
(Fee is noted for each course)

**Upgrade \$275  
From Silver to Gold**  
(May upgrade within the first six months of annual membership)

**UR OSHER \$25**  
(Special Silver pricing for faculty, staff, retirees of UR, and their spouses/partners)

**Upgrade \$325  
From UR Osher to Gold**  
(May upgrade within the first six months of annual membership)

### Please mail or fax your form to us:

Osher Lifelong Learning Institute  
School of Professional and Continuing Studies  
University of Richmond, VA 23173  
SECURE FAX: (804) 287-1264

### You may also drop off your form:

Osher Institute Office  
Special Programs Building (#31 on UR Campus Map)  
Room 100

### Making a Gift to the Osher Institute

Osher Institute members and friends of the Osher Institute are encouraged to consider tax-deductible gifts to the Osher Institute. Your gift is a gift of education and exploration that helps us continue to provide excellent lifelong learning opportunities and to keep Osher Institute fees affordable. For details on making a gift, please contact the Osher Institute office at (804) 287-6344, or visit [osher.richmond.edu/give](http://osher.richmond.edu/give).



**RICHMOND**  
School of Professional  
& Continuing Studies™

**Payment Information** Your payment **MUST** accompany this form.

**Check.** Please enclose check made payable to University of Richmond. **WHEN PAYING BY CHECK, PAYMENT OF MEMBERSHIP FORM AND COURSE REGISTRATION MUST BE SUBMITTED ON SEPARATE CHECKS.**

**Credit Card.** We accept VISA, MasterCard or American Express. (Credit card information is not retained.)

Please complete the following: Please charge my:  VISA  MasterCard  American Express

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Cardholder's Name: (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_ Amount to be Charged \$ \_\_\_\_\_



# Registration Form and Calendar Fall 2017

We encourage you to register online at [osher.richmond.edu](http://osher.richmond.edu).

Register for classes: Check the box next to the fee.

Please total your course fees and complete the following information necessary for processing your registration:

Date \_\_\_\_\_

Name \_\_\_\_\_ UR ID \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Fee	Title, Page Number	Date,Time/(Day of Week)
<input type="checkbox"/> Free, open to the public	Chasing Bugs Exhibition Opening, 6	Aug 30, 6:00 PM-8:00 PM(W)
<input type="checkbox"/> Free, open to the public	Osher Annual Fall Back-to-School Event, 6	Sep 12, 5:00 PM-6:30 PM(T)
<input type="checkbox"/> Free to members	Osher Member Orientation, 6	Sep 13, 10:00 AM-11:00 AM(W)
<input type="checkbox"/> Free, open to the public	Campus Walk/Tour, 6	Sep 13, 11:00 AM-12:30 PM(W)
<input type="checkbox"/> Free to members	Osher Breakfast Social and VMFA Talk, 6	Sep 15, 8:00 AM-10:00 AM(F)
<input type="checkbox"/> \$20/silver	Clutter or Vehicles of Meaning?, 6	Sep 18, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$60/silver	Beginning, Middle, and End: Moral and Legal Perspectives, 6	Sep 18, 25, Oct 2, 1:00 PM-3:00 PM(M)
<input type="checkbox"/> \$20/silver	Shockoe Hill Cemetery - A Richmond Landmark History, 7	Sep 19, 10:00 AM-12:00 PM(T)
<input type="checkbox"/> \$60/silver	Understanding Opera, Part 1, 7	Sep 19, 26, Oct 3, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$40/silver	Aging: Transitions, Stable Periods, Spiritual Tasks, 7	Sep 19, 26, 3:30 PM-6:30 PM(T)
<input type="checkbox"/> \$20/silver	The Monmouth Campaign: The Revolution in Microcosm, 7	Sep 20, 10:00 AM-12:00 PM(W)
<input type="checkbox"/> Free to members	The Most Interesting People in the World: The Richmond Forum, 7	Sep 20, 1:30 PM-2:30 PM(W)
<input type="checkbox"/> \$20/silver	Edgar Allan Poe's Mysteries, 7	Sep 20, 3:30 PM-5:00 PM(W)
<input type="checkbox"/> \$60/silver	Reading the Ancient Past: Decipherment of Ancient Languages, 7	Sep 21, 28, Oct 5, 12, 19, 26, 9:30 AM-11:30 AM(R)
<input type="checkbox"/> \$40/silver	The Medici: Lives, Times, Cultural and Scientific Legacies, 7	Sep 21, 28, 1:00 PM-3:00 PM(R)
<input type="checkbox"/> \$20/silver	Earthquake in Peru, 7	Sep 21, 3:30 PM-4:30 PM(R)
<input type="checkbox"/> \$20/silver	Preparing for the Future From a Legal Perspective, 8	Sep 22, 10:00 AM-12:00 PM(F)
<input type="checkbox"/> \$60/silver	Jimmy of the West, 8	Sep 22, 29, Oct 6, 13, 20, 27, 1:00 PM-4:00 PM(F)
<input type="checkbox"/> \$60/silver	The Effects of Eye Issues on Famous Artists and Their Works, 8	Sep 25, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$100/silver and gold	Come and BeMoved!®, 8	Sep 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27, 5:30 PM-6:30 PM(M)
<input type="checkbox"/> \$20/silver	Yin Yoga and Sound Meditation, 8	Sep 26, 10:00 AM-12:00 PM(T)
<input type="checkbox"/> \$20/silver	Music and Culture in the Roaring 20's, 8	Sep 27, 10:00 AM-12:00 PM(W)
<input type="checkbox"/> \$20/silver	PBS and NPR Tour: Inside your Community Idea Stations (WCVE), 8	Sep 27, 1:00 PM-3:00 PM(W)
<input type="checkbox"/> \$60/silver	Chronic Disease Self-Management Program, 8	Sep 29, Oct 6, 13, 20, 27, Nov 3, 10:00 AM-12:00 PM(F)
<input type="checkbox"/> \$60/silver	The Consequences of War, 9	Sep 29, Oct 6, 13, 27, Nov 3, 10:00 AM-12:00 PM(F)
<input type="checkbox"/> Free to members	Taking Your Passion to the Next Level: A Workshop, 9	Sep 29, 1:00 PM-4:00 PM(F)
<input type="checkbox"/> \$20/silver	Tibet: Its Past and Present, 9	Oct 2, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$40/silver	Life Before and After Communism, 9	Oct 2, 9, 5:00 PM-6:00 PM(M)
<input type="checkbox"/> \$40/silver	History of Music Part I: Medieval and Renaissance, 9	Oct 3, 10, 9:30 AM-11:30 AM(T)
<input type="checkbox"/> \$20/silver	History of Richmond Craft Beer Part 3: Strangeways Brewing, 9	Oct 3, 4:00 PM-6:00 PM(T)
<input type="checkbox"/> \$20/silver	Can Alzheimer's Be Stopped?, 9	Oct 4, 8:30 AM-10:30 AM(W)
<input type="checkbox"/> \$60/silver	Common Ground, 10	Oct 4, 18, Nov 1, 15, 29, Dec 13, 1:00 PM-3:00 PM(W)
<input type="checkbox"/> \$60/silver	Born To Be Wild: Rediscover the Freedom of Fun, 10	Oct 4, 11, 18, 3:30 PM-5:00 PM(W)
<input type="checkbox"/> \$20/silver	Richmond Solar: A One Year Retrospective, 10	Oct 5, 1:00 PM-3:00 PM(R)
<input type="checkbox"/> \$40/silver	Pollinators and Your Landscape: Caterpillars, 10	Oct 5, 12, 3:30 PM-5:30 PM(R)
<input type="checkbox"/> \$20/silver	Religious Art of the Early Christian Period, 10	Oct 5, 6:00 PM-8:00 PM(R)
<input type="checkbox"/> \$20/silver	Kubla Khan in History and Poetry, 10	Oct 9, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$60/silver	The Supreme Court's Meandering Interpretation, 10	Oct 9, 16, 23, 30, 1:30 PM-3:30 PM(M)
<input type="checkbox"/> \$40/silver	IPad Basics, 10	Oct 10, 17, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$60/silver	Chekhov Short Stories and a Play, 10	Oct 10, 24, 31, Nov 7, 3:30 PM-5:30 PM(T)
<input type="checkbox"/> \$20/silver	What Happened Next?, 11	Oct 11, 10:00 AM-12:00 PM(W)
<input type="checkbox"/> \$20/silver	Understanding The Different Housing And Care Options, 11	Oct 11, 1:00 PM-3:00 PM(W)
<input type="checkbox"/> Free, open to the public	Integrative Medicine: Treating the Whole Person, 11	Oct 12, 1:00 PM-3:00 PM(R)
<input type="checkbox"/> \$20/silver	Understanding Long Term Care Planning and Insurance Options, 11	Oct 12, 5:00 PM-7:00 PM(R)
<input type="checkbox"/> Free, open to the public	UR Campus Museums Walk, 11	Oct 16, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$60/silver	Basic Conversation in Bulgarian, 11	Oct 16, 19, 23, 26, 30, Nov 2, 6, 9, 13, 16, 5:00 PM-6:00 PM(M, R)
<input type="checkbox"/> \$60/silver	Enjoy Live Classical Piano Music, 11	Oct 17, 24, 31, 10:00 AM-12:00 PM(T)
<input type="checkbox"/> \$20/silver	Couples/Marriage/Relationships: What They Are All About, 12	Oct 17, 3:30 PM-5:30 PM(T)
<input type="checkbox"/> \$20/silver	Medicare 101, 12	Oct 18, 9:30 AM-10:30 AM(W)
<input type="checkbox"/> Free, open to the public	Unexpected Smiles Exhibition Opening, 12	Oct 18, 6:00 PM-8:00 PM(W)
<input type="checkbox"/> \$20/silver	Richmond Ballet Rehearsal Viewing of Gloria, 12	Oct 19, 11:45 AM-1:30 PM(R)
<input type="checkbox"/> \$60/silver	In Search of the Historical Jesus, 12	Oct 19, 26, Nov 2, 9, 16, 12:30 PM-1:45 PM(R)

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=Saturday, U=Sunday

Name/Date:

Fee	Title, Page Number	Date,Time/(Day of Week)
<input type="checkbox"/> \$40/silver	Drones, Practical Applications, and Laws That Affect Use, 12	Oct 19, 26, Nov 2, 9, 3:30 PM-4:30 PM(R)
<input type="checkbox"/> \$20/silver	Getting to Know Poe, 12	Oct 20, 10:00 AM-12:00 PM(F)
<input type="checkbox"/> \$40/silver	The Reformation Crisis, 1517-1648, 13	Oct 23, 30, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$20/silver	From the Nest Egg to the Frying Pan, 13	Oct 24, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$20/silver	Tales of F. Scott Fitzgerald's Jazz Age, 13	Oct 25, 10:00 AM-12:00 PM(W)
<input type="checkbox"/> \$20/silver	Presidential Rhetoric, 13	Oct 25, 1:00 PM-3:00 PM(W)
<input type="checkbox"/> \$40/silver	Your Complete Financial Journey-Understanding, 13	Oct 25, Nov 1, 3:30 PM-5:30 PM(W)
<input type="checkbox"/> Free, open to the public	Saffron Installation Exhibition Opening, 13	Oct 26, 6:00 PM-8:00 PM(R)
<input type="checkbox"/> \$40/silver	Explore China: Terracotta Warriors, 13	Oct 31, Nov 7, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$40/silver	Science of Cooking Series, 13	Nov 1,15, 11:00 AM-12:30 PM(W)
<input type="checkbox"/> \$20/silver	Remedial Singing 101, 13	Nov 2, 10:00 AM-12:00 PM(R)
<input type="checkbox"/> \$60/silver	Cool Flicks: More of the Greatest Comedies, 14	Nov 3, 10, 17, 1:00 PM-3:00 PM(F)
<input type="checkbox"/> \$60/silver	The American Education System: Success Story, 14	Nov 6, 13, 20, 9:30 AM-11:00 AM(M)
<input type="checkbox"/> Free to members	Bounty of Boatwright, 14	Nov 6, 3:00 PM-4:30 PM(M)
<input type="checkbox"/> \$60/silver	Apple iPhone Essentials, 14	Nov 7, 9, 14, 16, 9:30 AM-11:30 AM(T,R)
<input type="checkbox"/> \$40/silver	RMD / IRA Optimization Workshop, 14	Nov 7, 14, 3:30 PM-5:00 PM(T)
<input type="checkbox"/> \$85/silver and gold	Smithsonian Museums Tour, 14	Nov 8, 8:00 AM-6:30 PM(W)
<input type="checkbox"/> \$20/silver	Mindfulness Meditation, Journey to a Happier Healthier Life, 14	Nov 9, 2:15 PM-3:15 PM(R)
<input type="checkbox"/> \$60/silver	Your Personality: Fixed or Flexible?, 15	Nov 10, 17, Dec 1, 8, 15, 10:00 AM-12:00 PM(F)
<input type="checkbox"/> \$40/silver	The Extremes of Virginia - Continued, 15	Nov 13, 20, 11:45 AM-1:00 PM(M)
<input type="checkbox"/> \$20/silver	Dissolute London: Prints by William Hogarth, 15	Nov 13, 2:00 PM-4:00 PM(M)
<input type="checkbox"/> \$60/silver	Poetry from the New Yorker, 15	Nov 14, 21, 28, Dec 12, 3:30 PM-5:30 PM(T)
<input type="checkbox"/> \$40/silver	The Great Gatsby: F. Scott Fitzgerald's American Classic, 15	Nov 15, 29, 10:00 AM-12:00 PM(W)
<input type="checkbox"/> \$20/silver	Fall Into Wellness: Healthy Body and Mind, 15	Nov 16, 2:30 PM-4:30 PM(R)
<input type="checkbox"/> \$20/silver	Analysis of the 2017 Elections and Forecast, 15	Nov 20, 2:00 PM-4:00 PM(M)
<input type="checkbox"/> \$40/silver	Law, Religion, and Politics in Northern Ireland, 15	Nov 21, 22, 10:00 AM-12:00 PM(T, W)
<input type="checkbox"/> \$20/silver	Hurricanes Strike the Gulf Coast, 15	Nov 21, 1:30 PM-3:00 PM(T)
<input type="checkbox"/> \$40/silver	Vietnam and the Gulf War: A Personal Look Back, 16	Nov 27, Dec 4, 10:00 AM-12:00 PM(M)
<input type="checkbox"/> \$60/silver	Ending Childhood Hunger in Virginia, 16	Nov 27, Dec 4, 11, 12:30 PM-2:00 PM(M)
<input type="checkbox"/> \$40/silver	As You Age, Where Will You Live and Thrive?, 16	Nov 27, Dec 4, 11, 2:30 PM-4:30 PM(M)
<input type="checkbox"/> Free to members	A Visit to SouthWest Virginia, 16	Nov 28, 10:00 AM-12:00 PM(T)
<input type="checkbox"/> Free, open to the public	What's New in Tourism in RVA?, 16	Nov 28, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$20/silver	Health Information for Seniors, 16	Nov 30, 10:00 AM-12:00 PM(R)
<input type="checkbox"/> \$60/silver	Prophets of Europe's 'Great Disillusionment', 16	Nov 30, Dec 7, 14, 1:00 PM-3:00 PM(R)
<input type="checkbox"/> Free to members	Osher Member Orientation, 16	Dec 1, 1:00 PM-2:00 PM(F)
<input type="checkbox"/> Free, open to the public	Campus Walk/Tour, 17	Dec 1, 2:00 PM-3:30 PM(F)
<input type="checkbox"/> \$60/silver	Energy: It's Complicated, Part I, 17	Dec 5, 6, 7, 10:00 AM-12:00 PM(T, W, R)
<input type="checkbox"/> \$20/silver	Writers Guild of Virginia, 17	Dec 5, 1:00 PM-3:00 PM(T)
<input type="checkbox"/> \$20/silver	Lincoln's Gamble: The Emancipation Proclamation, 17	Dec 6, 1:00 PM-2:30 PM(W)
<input type="checkbox"/> \$40/silver	The Post World War II Nuremberg and Japanese Trials, 17	Dec 6, 7, 3:30 PM-5:00 PM(W, R)
<input type="checkbox"/> \$20/silver	Understanding Long Term Care Planning and Insurance, 17	Dec 7, 10:00 AM-12:00 PM(R)
<input type="checkbox"/> \$40/silver	Español en diciembre, 17	Dec 8, 15, 10:00 AM-11:30 AM(F)
<input type="checkbox"/> \$60/silver	Fracking in America, 17	Dec 12, 13, 14, 10:00 AM-12:00 PM(T, W, R)

**TOTAL DUE:**

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=Saturday, U=Sunday

**\*Gold Member—no payment required except for programs where silver and gold is indicated.**

**PAYMENT**

You may mail, fax or deliver your registration form and payment to: Osher Lifelong Learning Institute, Room 100, School of Professional and Continuing Studies (#31 on Campus Map) University of Richmond, VA 23173, secure fax: (804)287-1264.

**Check.** (separate from membership) payable to the University of Richmond

**Credit Card.** We accept VISA, MasterCard or American Express. (Credit card information is not retained.)

Please charge my:  VISA  MasterCard  American Express

Account Number

Expiration Date

Cardholder's Name: (as it appears on the card)

Signature

Amount to be Charged \$

Name/Date: