



OSHER
LIFELONG
LEARNING
INSTITUTE

OSHER

AT THE UNIVERSITY OF RICHMOND

Tough Talk 2016

Explore a variety of political and social issues that affect our lives and those in our community, state, and nation through several classes promoting civil discourse. Engage in respectful but spirited discussions throughout the fall semester on topics like the presidential election, poverty, diversity and inclusion, the national debt, and foreign policy.

 **FALL 2016**



RICHMOND
School of Professional
& Continuing Studies™

As the classroom in the Gottwald Center for the Sciences filled with Osher members one day in May 2016, you could feel the anticipation build. The University of Richmond's new president, Dr. Ronald A. Crutcher, agreed to teach a class about one of his passions, music. Osher members were excited to meet and listen to a distinguished scholar and administrator who is also an accomplished professional musician.

After graduating from Miami University in Ohio, he earned his doctorate of music from Yale University and won a Fulbright Scholarship. Before coming to Richmond, Dr. Crutcher served as President of Wheaton College in Norton, Mass. He has also continued his music career, playing cello with the Klemperer Trio.

President Crutcher's enthusiasm for music is contagious, and he was eager to teach Osher members how to understand and enjoy classical music. It was Dr. Crutcher's response to one Osher member's question that was particularly intriguing. The member asked how we can better experience and appreciate modern classical music and mentioned the recorded music that had greeted us over the sound system when we walked into the classroom. The sounds had been dissonant and disjointed. In his answer to the member's question, President Crutcher encouraged music lovers to be open minded. Sit, concentrate, and 'take the music in,' he replied. You may have to listen to a piece carefully, over and over, before you discern 'what's going on.' Dr. Crutcher added that contemporary composers often devise their own musical forms, which make the music more difficult for us to understand. With patience, however, careful listeners may learn to appreciate a composer's musical message.

Dr. Ronald A. Crutcher has graciously agreed to teach for the Osher Institute on a regular basis.

Contributed by Beth Cuthbert, Osher Member



This schedule is a publication of the University of Richmond School of Professional and Continuing Studies. The contents represent the most current information available at the time of publication. However, due to the period of time covered by this catalog, it is reasonable to expect changes to be made without prior notice. Comments and course suggestions are welcome. Please call (804) 287-6344 or e-mail margaret.watson@richmond.edu.

Photo credit on cover: Kevin Schindler

Photo credit on this page: Tim Hanger, Osher member

Common Ground Mission Statement

The University of Richmond is committed to developing a diverse workforce and student body, and to modeling an inclusive campus community which values the expression of differences in ways that promote excellence in teaching, learning, personal development, and institutional success.

Jeanne Clery Disclosure Statement

The University Police Department, in compliance with the Jeanne Clery Disclosure Act, publishes an annual report outlining its policies, functions, campus safety plans, prevention techniques, and tabulated statistics for the most recent three-year period. For a copy of the Department's Annual Report, call (804) 289-8715, write the University of Richmond Police Department, att. Jeanne Clery Crime Statistician, Special Programs Building, 31 UR Drive, University of Richmond, VA 23173 or access the report online at police.richmond.edu.

Back to School!



at the University of Richmond
osher.richmond.edu

Can any of us remember a time when talk was this tough? Whew. It's pervasive these days, but is there a way that we can discuss issues, or at least agree to disagree respectfully? Here at the Osher Institute this fall, we are offering several courses on this very topic, as well as others that will engage our members and encourage conversation and debate.

Our fall course offerings address civil discourse, as well as presidential elections, Civil War and American Revolution topics, poverty, diversity, music, finance, language, and literature. We have several classes that will incorporate a local field trip, and we have two days trip in the schedule as well.

Our travel program continues this fall and into next spring, so be sure to check out our trips on the web site: <http://spcs.richmond.edu/osher/schedule/travel.html>. Fall trips to Ireland, Great Canadian Cities, and Costa Rica may have a few spaces left, and our spring Danube cruise and our Galapagos trip are open for registration.

Come be an active part of the Osher Institute today! Page 4 provides all the details on annual membership and course registration. Become a member, sign up for classes, volunteer to serve on an Osher team, and join an interest group.

Be a part of our Osher narrative!

Handwritten signature of Peggy Watson in black ink.

Peggy Watson, W'76
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Programs

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Where do I start?

1

Sign up for an annual membership.

You can become an Osher member at any time during the year. We invite you to come and try out one of our many free Osher events before you join. Osher membership is required for all Osher programs except special events, which are free and open to the public and denoted in the schedule with a **Se**.

\$75 – Silver Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & LOW COURSE FEES, PLUS THE OPTION TO UPGRADE YOUR MEMBERSHIP

\$350 – Gold Membership

ENJOY A WIDE ARRAY OF MEMBER BENEFITS & UNLIMITED FREE CLASSES ON CAMPUS

\$25 – UR Membership

FOR QUALIFIED UR FACULTY, STAFF UR RETIREES, AND SPOUSES/PARTNERS.

Member benefits are outlined on the back cover of this schedule. Complete details and membership forms are online at osher.richmond.edu.

A membership form is also included in the insert in this schedule. Contact the Osher Institute office with any question or to schedule a visit by calling (804) 287-6608.

2

Register for classes.

We've organized this schedule of classes chronologically by start date to help members better plan their schedules. All Osher events are included in the program listing.

Special events, talks and member bonus programs are designated with special icons. Mini-courses are not designated.

The University of Richmond **Ri** designation identifies those offerings that have university-related subject matter and/or a UR faculty/staff course instructor.

We encourage members to register online for special events. For all other programs, complete the registration form in the insert in the middle of this schedule. Programs are listed in date order.

Mail, fax, or deliver your registration and any required payment. Most programs are free to Gold members. Fees for Silver members are noted.

Osher members interested in course audit opportunities should contact the Osher office. See page 7 for details.

The UR Osher Institute offers need-based scholarships for Osher on-campus mini-courses and talks. To inquire about a scholarship, contact the Osher office.

Se**Special Events****Ri****University of Richmond****Bo****Bonus Programs for Members**

3

Don't forget the extras.

Make the most of your Osher membership and your benefits and learn more about UR campus resources through a variety of bonus programs, which are all free to Osher members.

For your convenience, all bonus programs are listed in the schedule and denoted in the schedule with a **Bo**.

This fall, bonus (free) programs include:

- Book Arts Adventures
- Bounty of Boatwright
- Dinner and an ARRT-R Talk: Tories in the Shadows: Loyatism, Society, and Warfare in Virginia During the American Revolution
- Diversity, Inclusion, and Equity: Awareness and Competencies for Intentional Community

- Hidden Treasures: UR's Galvin Rare Book Room
- An Introduction to the Richmond Slave Trail
- Osher Member Orientation
- Savoring the Past: Cookbooks as Cultural Artifacts
- Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses
- Tour of UR's Historic Bottomley House
- UR Behind the Scenes: The Cannon Memorial Chapel
- Wicked Ways: Witches, Ghosts, and Alchemy in the Rare Book Room

And join us for several special events, free to Osher members and open to the public. They're a great way to get friends and colleagues engaged with Osher. Special events, denoted with a **Se**, include:

- Campus Walk with UR Museum Visits
- Campus Walk/Tour
- A Dickens of a Christmas Carol: Performance and Discussion
- Experiencing Rodin
- Gordon Parks, From Kansas to New York: A Conversation
- Osher Back-to-School Social
- Osher Breakfast Social and VMFA Talk
- Pompeii Archive
- Richmond: One of Travel and Leisure's Best Places to Travel in 2016

AUGUST

Experiencing Rodin

LECTURE, DISCUSSION

Ri Se **NEW** Enjoy a piano duet by two UR Music Department faculty members and a lecture by Judith Sobol, Executive Director of the Iris and B. Gerald Cantor Foundation. A reception and viewing of the exhibition, 'Rodin, The Human Experience: Selections from the Iris and B. Gerald Cantor Collections' will follow.

W • Aug 24 • 6:00 PM–8:30 PM • Free •
Leaders: Joanne Kong, Paul Hanson, Judith Sobol
Register at osher.richmond.edu

SEPTEMBER

Osher Back-to-School Social

Se Thinking about joining the Osher Institute? Are you already an Osher member? Join us for this FREE meet-and-greet event with great food and spirits for members and 'not yet' members. Learn about our various interest groups, and hear how to get involved with our teams. We will also recognize our many wonderful Osher Institute volunteers. Dress is casual; bring a friend! Please register by September 5th.

M • Sep 12 • 5:00 PM–6:30 PM • Free
Register at osher.richmond.edu

Estate Planning in the Commonwealth

LECTURE, DISCUSSION

REPRISED Do I need a will or trust? What is an advanced medical directive? What is probate, and is it really that bad? This class will discuss the history of estate law in Virginia, as well as practical strategies for estate planning today.

T • Sep 13 • 10:00 AM–12:00 PM • \$20/silver •
Leader: Kelsey Swieringa

Osher Member Orientation

Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

T • Sep 13 • 1:00 PM–2:30 PM • Members Free •
Leaders: Osher Membership Team

Campus Walk/Tour

Ri Se Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, OneCard Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

T • Sep 13 • 2:30 PM–4:00 PM • Free •
Leaders: Osher Membership Team
Register at osher.richmond.edu

The Culinary History of Charleston, South Carolina

Ri **NEW** In the last decade Charleston has become a food destination city on a par with New York or Paris. Spend an afternoon sampling foods representative of Charleston's culinary heritage, and enjoy a lecture about that heritage's influences and why this small southern city has become a 'foodie' Mecca.

W • Sep 14 • 11:30 AM–1:30 PM • \$50 gold & silver
Leader: Dave Booth

Guiding You through the Medicare Maze

LECTURE, Q&A

REPRISED Join this how-to class to master navigating the Part D Plan Finder on medicare.gov. You'll learn how to enter your medications into the plan finder and discover how simple changes can

create cost savings.

W • Sep 14 • 2:00 PM–4:00 PM • \$20/silver •

Leader: Tommy Chamouris

Pompeii Archive

Ri Se **NEW** William Wylie, artist and Professor of Art at the University of Virginia, will present a lecture to open his exhibition 'Unseen Pompeii: The Photographs of William Wylie.' A reception will follow in the Lora Robins Gallery.

W • Sep 14 • 6:00 PM–8:00 PM • Free •
Leader: William Wylie

Register at osher.richmond.edu

Spiderbytes: What Are They? Do They Hurt?

Here at the University of Richmond, Spiderbytes are not itchy bug bites, but rather a robust daily collection of news items. This is a great way to find out about guest lecturers, art openings, musical events, bookstore sales, specials in our food venues, and athletic events on campus.

As UR Osher students, you may register to receive this daily email by going to <https://webpass.richmond.edu/> and creating a new internet account, using your University ID number and your date of birth. After going through the registration process, you will have a "Net ID," password, and a University of Richmond email address. This enables you to receive the Spiderbytes email each morning.

Don't miss out on all the wonderful activities going on across campus. Sign up for Spiderbytes today. We promise they won't hurt!



Bolshoi Ballet: Golden Age
photo credit: Pierce Jackson

ASK ABOUT OUR OSHER DISCOUNT!

Additional broadcasts will be added throughout the season. For tickets and the latest information, visit modlin.richmond.edu, call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.

▲
New for the 2016-2017 season, the Modlin Center in partnership with UR's Osher Lifelong Learning Institute will broadcast Pathe Live's Bolshoi Ballet featuring ballet productions direct from the grand Bolshoi Theatre in Moscow. Audiences will be able to enjoy these outstanding performances with the Bolshoi principals, soloists, and corps de ballet.

Learning About and Dealing with End of Life Issues

LECTURE, DISCUSSION

NEW The course will focus on four aspects of this topic: beliefs about life after death; decisions families face, specifically focusing on advanced directives and other necessary documents; hospice - its vision, program, what it does and what it does not do; and what do you do when someone dies - how to handle our dead, including organ donations.

W • Sep 14, 21, 28 • 10:00 AM–12:00 PM • \$60/silver •
Leader: Gary Creditor

Can the Federal Debt Be Fixed?

LECTURE, DISCUSSION

NEW The course will cover the causes of our immense Federal Debt and the draconian actions required to stop its growth. We will address the history of Federal spending and borrowing and how it has radically changed particularly

in the past 50 years. We will discuss the levels of tax increases and/or spending cuts needed to even slowly reduce the debt.

R • Sep 15 • 1:00 PM–3:00 PM • \$20/silver •
Leader: David Frimpter

Introduction to Western Historiography

LECTURE, DISCUSSION

REPRISED It is not as easy to understand the past as many who have written of it would have us believe. Historiography is the 'history of history.' Some seek to judge the past, while some try to make history answer questions by selecting and examining the 'facts' through different moral prisms. Still others over-dramatize history and simplify it around attractive themes. This course is a general introduction to Western historiography from classical to modern times.

R • Sep 15, 22, 29, Oct 6, 13, 20 • 9:30 AM–11:30 AM • \$60/silver •
Leader: Glenn Markus

Osher Breakfast Social and VMFA Talk

Se Join us at the Heilman Dining Center's Westhampton Room for fellowship, food, and a talk by the Virginia Museum of Fine Art staff and volunteers. Hear about the VMFA's current and future exhibits, many of which are one-of-a-kind, exclusive shows. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to **dining.richmond.edu** for menu and fees.

F • Sep 16 • 8:00 AM–10:00 AM • Free •
Leader: Deborah Stoss
Register at osher.richmond.edu

Savoring the Past: Cookbooks as Cultural Artifacts

Ri Bo **NEW** Food is a universal connection between people of differing cultures, locations, and even time periods. Cookbooks contain recipes, but they can also tell us a lot about the people who used the recipes and the time in which they lived. Come explore some historical cookbooks from

Boatwright's Rare Book Room and see what you can discover.

F • Sep 16 • 10:00 AM–12:00 PM • Members Free •
Leader: Lynda Kachurek

Duke of the West

MOVIES, DISCUSSION

NEW Someone once said that you can't make a western without John Wayne. Well, Pilgrim, here are six of the Duke's best: 'Stagecoach' (1939), 'Red River' (1948), 'The Searchers' (1956), 'Rio Bravo' (1959), 'The Man Who Shot Liberty Valance' (1962), and 'True Grit' (1969). We'll be viewing and discussing them this fall.

F • Sep 16, 23, 30, Oct 7, 14, 21 • 1:00 PM–4:00 PM • \$60/silver •
Leader: Greg Hall

Ruminating on Rome's Ancient Ruins

LECTURE, DISCUSSION

NEW Using visual images and short video clips, we will conduct a 'virtual tour' and reflective walkabout through some of Rome's most famous ancient ruins. Sites to be 'visited' include the Roman and Imperial Forums, the Pantheon, Colosseum, Ara Pacis, Hadrian's Tomb, and others. This course should serve as a helpful introduction to the World of Ancient Roman Architecture for anyone considering an actual visit to the Eternal City.

M • Sep 19 • 10:00 AM–12:00 PM • \$20/silver •
Leader: Steven Anders

Reading Stories from the Past: Bible, Shakespeare, and Sherlock Holmes

Lecture, Discussion

NEW In this class, we will examine how stories from other times and cultures can still be read with understanding. This involves developing both an understanding of other cultures, and a means of grasping new thoughts.

M • Sep 19, 26, Oct 3 • 1:00 PM–3:00 PM • \$60/silver •
Leader: Eric Douglass

Trans Siberian Express: Vladivostok to Moscow by Rail

LECTURE, Q&A

REPRISED Travel across seven time zones from the Pacific to Moscow, with a side trip to Ulaan Bator in Mongolia. See, hear, and learn about fish from Lake Baikal that melt in sunlight, Yurts and Genghis Khan, Lenin's biggest head, and Old Believers. Come join the ride, as we jump from Asia to Europe on the Trans-Siberian Express.

T • Sep 20, 27 • 10:00 AM–12:00 PM • \$40/silver •

Leaders: Bill Gottwald, Connie Gottwald

Understanding Opera, Part 1

LECTURE, DISCUSSION

REPRISED This class prepare students for the first half of Virginia Opera's 2016-2017 season, including 'The Seven Deadly Sins' by Kurt Weill; Leoncavallo's 'Pagliacci' and Rossini's 'The Barber of Seville.' Discussion will include audio and video excerpts. Recommended for beginners and aficionados alike.

T • Sep 20, 27, Oct 4 • 1:00 PM–3:00 PM • \$60/silver •

Leader: Glenn Winters

Real Estate and the Use of UAVs

LECTURE, DISCUSSION

Ri **REPRISED** This class/lecture will focus on the legal issues that confront the use of UAVs (Unmanned Aerial Vehicles)/Drones for real estate related purposes and the actual benefits of using this technology.

T • Sep 20, 27, Oct 4, 11 • 3:30 PM–4:30 PM • \$60/silver •

Leader: Gregory Mays

Dinner and an ARRT-R Talk - Tories in the Shadows: Loyalty, Society, and Warfare in Virginia During the American Revolution

LECTURE

Bo **NEW** Have dinner in the Heilman Dining Center's Westhampton Room, then enjoy a lecture on British loyalists in Virginia during the Revolutionary War. The talk will touch on the social, cultural, and military aspects of the loyalists and the effect they had on the war efforts. This class is co-sponsored by the American Revolution Round Table - Richmond. There is a meal fee for this program, which you will pay to the cashier as you enter. Go to dining.richmond.edu for menu and fee. For more on ARRT-R, visit <http://arrtrichmond.blogspot.com>.

W • Sep 21 • 5:30 PM–8:00 PM • Members Free •

Leader: Stephanie Seal Walters

Can't We Just Get Along?

LECTURE, DISCUSSION

NEW How can intelligent people be so far apart with their political beliefs? We are becoming less and less tolerant of those who have beliefs different from ours. Not only regarding our politicians, but we encounter it in our daily interactions and even in some of our Osher courses. The objective of this class is to help the participants understand how we tend to form our opinions, seek data to support those opinions, and then shut down to anything that challenges them. You will be encouraged to open your minds, understand others with different opinions, and accept that they are likely as intelligent as you are. The framework will be based on the book 'The Righteous Mind' by Jonathan Haidt. This framework is made up of the moral pillars that influence our decisions. While we believe that we are totally rational and logical in our conclusions, they are frequently based on gut feel

driven by our moral pillars, with reasoning then used to justify those conclusions. Let's get ahead of our politicians and try to find the common ground!

W • Sep 21, 28 • 1:00 PM–3:00 PM • \$40/silver •

Leader: Don Miller

Topical Discussions

LECTURE, DISCUSSION

UPDATED Explore current issues that affect our lives and those in our community, state, and nation. Data is fact-based; discussion is respectful, but spirited. Topics are chosen by the class, researched by the class leader and others, and then discussed by the entire class.

W • Sep 21, Oct 19, Nov 16, Dec 14 • 3:30 PM–5:30 PM • \$60/silver •

Leader: David Owens

Course Audit Opportunities

Osher Institute members may request to audit University of Richmond credit classes, which meet for 15 weeks beginning at the start of each semester in fall and spring; summer classes have shorter and more intense schedules and are not recommended for a first-time Osher audit student.

Osher members who are accepted or approved to audit credit classes do not participate in graded assignments or tests and are asked to be sensitive to the needs of the degree-seeking students.

Gold members pay no additional fees to audit credit classes. Silver members pay \$100 for each audit class.

Contact Debra Guild at dguild@richmond.edu for registration procedures.



Additional NT Live broadcasts will be added throughout the season. For tickets and the latest information, visit modlin.richmond.edu, call the box office at (804) 289-8980, or find us on Facebook, Twitter, YouTube, and LinkedIn.



The Modlin Center for the Arts, in partnership with the Osher Institute, is proud to present another season of filmed performances by the National Theatre, London. This season's productions include **Threepenny Opera**, **Frankenstein with Benedict Cumberbatch as Creature**, **Hamlet**, and **War Horse**. Details are available at modlin.richmond.edu.

Contemporary Cosmology

LECTURE, Q&A

Ri **NEW** The past 20 years have seen a revolution our understanding of the origin, fate, and content of our Universe. This course will introduce students to these big ideas such as dark matter, dark energy, and the big bang.

R • Sep 22 • 6:00 PM–8:00 PM • \$20/silver • Leader: Jack Singal

Diversity, Inclusion, and Equity: Awareness and Competencies for Intentional Community

DISCUSSION, WORKSHOP

Bo **NEW** Come be a part of this ongoing conversation about diversity, inclusion, and equity in Osher. Join us on this exciting three-class journey, led by the Virginia Center for Inclusive Communities (VCIC), an organization that works with schools, businesses, and communities to achieve success through inclusion.

We will explore the roots of prejudice, learn how to communicate across lines of difference, and develop skills for working toward inclusion. Feel free to bring your 'brown bag' lunch for the class.

R • Sep 22, 29, Oct 6 • 12:00 PM–2:00 PM • Members Free • Leaders: Kendra Cabler, Jessica Hawthorne

Think Like a Shrink, Part IV

LECTURE, DISCUSSION

UPDATED 'Think Like a Shrink' is designed to help us understand psychology through literature and literature through psychology. This year's lectures will focus on Autism as seen in 'The Curious Case of the Dog in the Night Time,' Alzheimer's as seen in 'Still Alice,' and Alcoholism as seen in 'The Lost Weekend.' To fully enjoy the class, please read each book before we meet. There will be a portion of the class devoted to the book as an experience and another portion of the class to discuss the scientific/medical/psychological aspects of these diseases. Personal experiences from the class will be encouraged.

R • Sep 22, Oct 6, Oct 20 • 2:30 PM–4:30 PM • \$60/silver • Leader: Arlene Lerner

Richmond Solar: An Innovative Solar Solution

LECTURE, Q&A, ON-CAMPUS TOUR

Ri **NEW** The Richmond Solar project, at 205 kilowatts, represents the first solar power purchase agreement since legislation was passed in 2013. Participants will see the project first-hand, led by the CEO of Secure Futures, the project developer. The course will offer a live case study on the economic and political challenges, and innovative technical, financial, and partnership solutions, for making solar happen in Virginia. Also, students will be able to tour the 205 KW photovoltaic solar array installed on the roof of the LEED-Gold certified Weinstein Center for Recreation and Wellness.

F • Sep 23 • 10:00 AM–12:00 PM • \$20/silver • Leader: Anthony Smith

Preventing School Shootings

LECTURE, Q&A, BOOK SIGNING

NEW Shootings on school grounds, in theaters, anywhere and everywhere, are a serious problem. There are no easy solutions. Dave Cariens' book gives suggestions for curbing gun violence. These strategies have worked. Washington is stalemated. This is a guide to local-level action.

M • Sep 26 • 10:00 AM–12:00 PM • \$20/silver • Leader: David Cariens

Sturgeon on the James River

FIELD TRIP

Ride aboard the 40-foot pontoon boat, the Spirit of the James, and discover one of the James River's secrets: Atlantic Sturgeon in September. Witness their acrobatic leaps, called breaching, as they heave their 4-foot to 8-foot bodies completely out of the water. Learn about their comeback from the leading sturgeon researcher on the James River, Dr. Matt Balazik.

M • Sep 26 • 5:00 PM–7:30 PM • \$65/gold & silver • Leaders: Capt. Mike Ostrander, Dr. Matt Balazik

Gordon Parks, From Kansas to New York: A Conversation

Ri Se **NEW** The exhibition, 'Gordon Parks: Back to Fort Scott' at the Virginia Museum of Fine Arts, will kick off with a conversation between Peter W. Kunhardt, Jr., Executive Director of the Gordon Parks Foundation, and Karen E. Haas, Lane Curator of Photographs, Museum of Fine Arts, Boston. A reception will follow in the Harnett Museum of Art, Modlin Center for the Arts.

T • Sep 27 • 6:00 PM–8:00 PM • Free • Leaders: Peter W. Kunhardt, Jr., Karen E. Haas

Register at osher.richmond.edu

Understanding Long Term Care Planning and Insurance Options

LECTURE, DISCUSSION

REPRISED After 17 years of specializing in long-term care planning to include long-term care insurance design and claim filing, Linda will help you understand the core features and benefits of a policy as well as various funding options available. Long-term care planning should be an informed and educated decision. (This class is repeated on Oct 18.)

T • Sep 27 • 6:00 PM–8:00 PM • \$20/silver •

Leader: Linda Tsironis Caruthers

3D Printing Explanation and Applications

LECTURE, DEMONSTRATION

NEW Exactly what is 3D printing? 3D printing or additive manufacturing is a process of making three-dimensional solid objects from a digital file, and high school students are learning this technology today. Want to know more? This course will introduce the current practices and applications of 3D printing. Come to this class for an in-depth explanation of the types of 3D printers, the various applications, and a live demonstration.

W • Sep 28 • 3:30 PM–5:30 PM • \$20/silver • Leader: Kenneth Bouwens

Social Security, Medicare, and the Impact of Inflation

LECTURE, Q&A

NEW Are you familiar with recent Social Security changes and how to maximize benefits? What does Medicare cover? How does inflation impact retirement? Come to this class for current information on these important issues. (This class is also offered on Oct 26 and Nov 9.)

W • Sep 28 • 7:00 PM–9:00 PM • \$20/silver •

Leaders: John Sarrett, Coley Eckenrode

All or Nothing at all: Theme for the 2016 Campaign

LECTURE, DISCUSSION

Ri **NEW** Join this class for an overview of factors combining to signal the Election of 2016 as like no other contest for the presidency, reflecting a time like no other as well. After a brief introduction, we'll have a roundtable conversation identifying shared aims amid the so-called 'shattered consensus.'

R • Sep 29 • 3:00 PM–5:00 PM • \$20/silver • Leader: Linda Hobgood

OCTOBER

Pairing Oils & Vinegars

LECTURE, DEMONSTRATION, Q&A, TOUR

Learn to pair oils and vinegars for your salads, marinades, and cooking through an in-class discussion followed by a hands-on lesson and tour.

M • Oct 3, 10 • 9:30 AM–11:30 AM • \$40/silver •

Leaders: Robin Gouckenour, Bettilee Kay

Bridges Out of Poverty

LECTURE, DISCUSSION

NEW The 'Bridges Out of Poverty' concept helps communities address poverty in a comprehensive way by bringing stakeholders together to improve job retention, build resources, improve outcomes, and support those in poverty while they move ahead. Class time will be lecture followed by group work centered around the principles un-

der discussion. The class will cover how to build and understand a mental model; the current thinking about poverty; the key concepts in the Bridges material; hidden rules in class in the United States; how language affects upward mobility; the resources that people must have to escape poverty; and how to begin to implement the Bridges concepts.

M • Oct 3, 10, 17, 24 • 3:30 PM–5:30 PM • \$60/silver •

Leader: Catherine Pemberton



Give a Gift of Membership

Christmas, anniversaries, birthdays, Valentine's, and other celebrations are a great time to give the gift of Osher membership. This is SO much better than another sweater, candy, or a pair of socks! This is perfect for a spouse, partner, friend, parent, grandparent, or neighbor.

Osher membership offers great classes, wonderful benefits, and often leads to longtime friendships. Members may engage in interest groups, book clubs, courses, special events, and travel opportunities, as well as attend special lectures, musical performances, and art exhibit openings. Rather than giving something that is consumed or shoved in a closet, give this great gift of intellectual activities, social engagement, and fun!

For more information, contact Peggy Watson at margaret.watson@richmond.edu.

UR Library Friends Board Opportunity

Osher members with a weakness for the pleasures of libraries, take note. A new and active group is forming to plan library-sponsored events on campus. If you enjoy dreaming up and hosting events, the Library Friends Board is for you. This board works closely with University Librarian Kevin Butterfield.

This board plans activities of interest to UR students, people outside the University—and Osher members. We work with other UR departments and a few outside cultural groups to create our calendar, which includes an International Film Festival reception and the famous Peple Lecture.

Our board members may choose student award winners, attend book-packing parties, represent the Friends at on- or off-campus events, or help transcribe old manuscripts. We may also design new items to sell that will benefit the Boatwright. If any one of these possibilities happens to appeal—then the UR Library Friends Board is worth exploring.

Each board member can decide how much time to give. Interested? Contact Marshall Ervine (marshe73@verizon.net), Carl Booberg (cbooberg@aol.com), or Friends Administrator Malorie Olivier (molivier@richmond.edu) to learn more and to sign up!

Coins and Currency Used During our American Revolution

LECTURE

NEW Ben Franklin, Spain, and France all had a huge influence on the design of our American coins and currency: come hear the stories. Oh, and by the way, not all early American coins were American!

T • Oct 4 • 10:00 AM–12:00 PM • \$20/silver • Leader: John Philips

The Presidency - How We Got Here

Lecture, Q&A



NEW Join this class for a timely look at the historical process by which Americans select their presidents. We will address the original Constitutional setup on the Presidency, major changes made over the last 200 years, the more interesting/contentious elections in Presidential history, a discussion of the Electoral College, the process by which candidates are currently chosen, with a brief look at the 2012 election for reference, and then an in-depth look at the 2016 campaign.

T • Oct 4, 11, 18, 25, Nov 1, 8 • 6:30 PM–8:30 PM • \$60/silver •

Leader: Chris Wieder

Three Groundbreaking Novels by Charlotte Bronte

LECTURE, DISCUSSION

NEW Join this seminar for a discussion of the groundbreaking novel 'Jane Eyre,' as well as two Charlotte Bronte novels that deserve attention, 'Shirley' and 'Villette.' We will look at parallels among the three novels and discuss the Brontes' life, the Victorian period during which they wrote, their development as writers, and the writing of the three Bell sisters. We will also look at how current events, innovations in technology, and scientific discoveries influenced the writing.

W • Oct 5 • 3:30 PM–5:30 PM • \$20/silver • Leader: Frank Johns

History of Music Part II: The Baroque and Classical Eras

LECTURE, DISCUSSION

REPRISED We will discuss the music of some of the most famous composers. What makes Bach sound so different from Mozart? How can one learn to hear the difference? How did the invention of the piano and opera change classical music? Part I is not a prerequisite for this course, and no musical background or experience is required.

W • Oct 5, 12 • 10:00 AM–12:00 PM • \$40/silver • Leader: Sheryl Smith

Great Decisions 2016

READING, FACILITATED DISCUSSION

REPRISED Designed by the Foreign Policy Association (FPA) and facilitated at the grassroots at hundreds of locations nationwide, the Great Decisions program highlights eight of the most thought-provoking foreign policy challenges facing Americans each year. Each week we will read an article on a specific foreign policy challenge in advance of class, view a 25-minute video and then have a discussion. The 2016 topics include The Middle East, The Rise of ISIS, The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change, and Cuba and the US. The 2016 Great Decisions briefing book serves as the focal text for the class, and it provides background information, current data and policy options for each topic. Students will need to purchase the briefing book (at a cost of \$20) and read the first topic before the first class. For information about purchasing the briefing book from FPA and the Great Decisions program in general, visit online at <http://www.fpa.org>. (Due to the huge response to this class in the spring, the instructors are repeating the course. Please know we already have a waiting list, and there are limited additional seats available.)

W • Oct 5, 12, 19, 26, Nov 2, 9, 16, 30 • 1:00 PM–3:00 PM • \$60/silver • Leaders: George Pangburn, Aubrey Pettaway, Celeste and Don Miller

From Germany to South Africa by Car in 1963-64: Session 2 (includes Parts 3 and 4)

LECTURE, DISCUSSION

NEW In this series of eight presentations, the instructor will look at Africa 50 years ago and point out some of the changes over the past half-century. He will share the cultural observations he gained traveling in Africa at a time when it was still a challenge to adventure through the continent, which was then torn apart by multiple wars to seek independence from colonial powers. At that time, the infrastructure outside of larger cities was very difficult to master. The Trans-Africa Tour lasted nine months and went down the entire length of the African continent. (Part 3: Sahara and Sudan, Part 4: Ethiopia)

M • Oct 10, 17 • 1:00 PM–3:00 PM • \$40/silver • Leaders: Hans Oppe, Karen Oppe

Fall Resident Bird Walk

LECTURE, Q&A, FIELD TRIP

We will take an early morning walk through the lovely University of Richmond campus to look and listen for resident birds. Please dress appropriately for the weather, wear comfortable shoes, and bring binoculars, if you have them.

T • Oct 11 • 8:00 AM–9:30AM • \$20/silver • Leader: Mary Elfner

An Introduction to the Richmond Slave Trail

LECTURE, Q&A

Bo NEW Are you familiar with Richmond's Slave Trail Walk? Learn more about this part of our city's history by attending this talk based on the 17 placards explaining slavery in Richmond. A combination of words and pictures are used to present this historical story.

T • Oct 11 • 10:00 AM–12:00 PM • Members Free • Leader: Floyd Myers

Gambling and Baseball, 1860-1919

READING, LECTURE, DISCUSSION

Ri NEW The course will look at the influence of gambling on baseball prior to 1919.

We will discuss the National Association, the Louisville Scandal, Hal Chase, and end with the Black Sox of 1919.

W • Oct 12 • 3:30 PM–5:30 PM • \$20/silver • Leader: Kevin Butterfield

The Little Battle that Saved Richmond - Drewry's Bluff, May 15th, 1862

LECTURE, Q&A, FIELD TRIP

NEW This class will explore the Union naval assault on Drewry's Bluff, eight miles south of Richmond on the James River. The first session will review the lead-up to the battle and the strategies of both the Union Navy and the Confederate defenders. The second session will be a two-hour walking tour of the Confederate fort at Drewry's Bluff and will include discussions of the battle as well as observations and explanations of the fort's remaining physical features.

R • Oct 13, 20 • 1:00 PM–3:00 PM • \$40/silver • Leader: H. E. "Chip" Mann

¡Hola! An Exploration of Basic Spanish

LECTURE, ACTIVITIES

Ri REPRISED Do you love the sound of international languages? Would you enjoy exploring one this semester? In this introductory series, discover the Spanish language through fun and interactive sessions. We'll cover basic vocabulary and pronunciation, popular greetings, and useful phrases. You'll be amazed at how easy it can be to embark on a new language with a solid foundation and simple grammar. ¡Bienvenidos!

F • Oct 14, 21, 28 • 11:00 AM–12:30 PM • \$40/silver • Leader: Mary Catherine Raymond

'To Kill a Mockingbird' and 'Go Set a Watchman'

READING, LECTURE, DISCUSSION

REPRISED This class will be a discussion of Harper Lee's books, their themes, and the characters. We will look for deeper meanings behind simple stories. Reading both books is a 'must' before the first class, and viewing the movie version of 'To Kill a Mockingbird' would be helpful.

M • Oct 17, 24, 31, Nov 7, 14, • 10:00 AM–12:00 PM • \$60/silver •

Leader: Henry Massie Jr.

Understanding Long Term Care Planning and Insurance Options

LECTURE, DISCUSSION

REPRISED After 17 years of specializing in long-term care planning to include long-term care insurance design and claim filing, Linda will help you understand the core features and benefits of a policy as well as various funding options available. Long-term care planning should be an informed and educated decision. (This class is repeated on Sep 27.)

T • Oct 18 • 1:00 PM–3:00 PM • \$20/silver •

Leader: Linda Tsironis Caruthers

Gifts to Osher: A Way to Honor and Remember

There are times when a beloved family member or special friend inspires us to acknowledge and pay tribute to that individual in a distinctive and meaningful manner. A meaningful expression is a charitable gift to the UR Osher Lifelong Learning Institute made in honor or memory of that person. Your gift will help advance Osher's mission of enriching the lives of mature lifelong learners. Contact Peggy Watson at margaret.watson@richmond.edu for further information.

Spiders in the Kitchen

Join in this community exchange of recipes, entertaining, and cooking ideas shared among campus foodies. All will be held in the Richmond Room, on the lower level of the Heilman Dining Center. The menus will be announced three weeks before each event.

Dates:

September 27, 2016

November 1, 2016

February 14, 2017

March 28, 2017

June 8, 2017

Time: 11:30 AM – 1:30 PM

Fee: \$14.00 per person; reservations are required.

Contact Cindy Sterns at cisterns@richmond.edu or 804-289-8788 to reserve your spot.



Untangling the Internet

LECTURE, HANDS-ON, Q&A

Amazon, Facebook, Google, Netflix, eBay, Twitter, and other Internet-based companies are now as well-known as Ford, GE, and McDonald's. The Internet is having a profound impact on our world, but what is the Internet exactly and how does it work? The purpose of this class is to answer these questions and more. Some other topics will include identifying the best websites for news, social, travel, and research; conducting business using the Internet (DMV, banking, shopping); Internet safety and privacy considerations; how to properly use the Google search engine; using all of the features of a web browser (Internet Explorer, Firefox, Chrome); and making sense of key terminology (Flash, Java, cookies, the 'Cloud'). You may email the course leader at westcobb@gmail.com with any questions regarding the course.

T, R • Oct 18, 20, 25, 27 • 9:30 AM–11:00 AM • \$60/silver •

Leader: West Cobb

Contemporary Tibetan Art

LECTURE, DISCUSSION



NEW Sign up for this class for a look at the art created by contemporary Tibetan

artists from both T.A.R. (Tibetan Autonomous Region) and diaspora. Explore the history of Tibet after its 'discovery' by Europeans in the late 1800s, continuing into the Cultural Revolution and Post Mao era. This history sets the scene to look at the varied art, aesthetics and agendas created by contemporary Tibetan artists. While the content can be heavy at times, you can still expect a lighthearted and fun approach to this amazing art genre.

W • Oct 19 • 10:00 AM–12:00 PM • \$20/silver • Leader: Martha Wright

Appomattox: The Story of the War's Ending

FIELD TRIP

NEW Sign up for this field trip to visit to Appomattox Court House and the Museum of the Confederacy. Walk the battlefield and listen to the story of the closing of the greatest war in American history. Please dress for the weather and bring a snack, drink, and a bag lunch or cash for fast-food lunch. Rain date is October 28.

F • Oct 21 • 8:00 AM–6:00 PM • \$65/gold & silver • Leader: Keith Dickson

Overview of Windows 10

LECTURE, HANDS-ON, Q&A

NEW Microsoft released a new computer operating system (OS) named Windows 10 in mid-2015, and now hundreds of millions of computers around the world are using this new OS. This class will provide an overview of the key differences between Windows 7/8 and Windows 10 and look at some of the new features. The new features include the Start menu, Cortana, Tablet mode, Microsoft Edge, personalization and settings, and the notification center. You can email the class leader at westcobb@gmail.com for more information.

M • Oct 24 • 9:00 AM–11:00 AM • \$20/silver • Leader: West Cobb

Christmas 1776: How Washington Crossed and the Battles of Trenton and Princeton

LECTURE, Q&A

NEW We're all familiar with Emanuel Leutze's famous painting 'Washington Crossing the Delaware,' but most of us know no details of the actual crossing. We'll explore the story of that hazardous undertaking and the subsequent two battles of Trenton and the fight at Princeton. These 'Ten Crucial Days' breathed new life into a faltering revolution.

M • Oct 24 • 1:00 PM–3:00 PM • \$20/silver • Leader: William Welsch

Reading Art and Poetry

READING, DISCUSSION

NEW 'A book [painting, poem, etc.] must be an ice-axe to break the seas frozen inside our soul.' -Franz Kafka. All artists (poets, painters, sculptors) are seeing something, learning something, and then saying something through their art. A scene or an experience has opened them up to a richer understanding. The talented artist will break up the frozen seas in our souls. This is a hands-on course that allows - or perhaps forces - class members to closely, slowly study poetry and art together. Lessons learned in one medium can be transferred to the other. We'll get closer to the mind of the artist in order open up our own awareness and appreciation. The purpose of the class is to move from art as a diversion to art as an opportunity for immersion. Two of the four classes will meet at the VMFA. (This same class is offered in the afternoon on each date.)

T • Oct 25, Nov 1, 8, 15 • 10:00 AM–12:00 PM • \$60/silver •
Leader: Riker Purcell

Reading Art and Poetry

READING, DISCUSSION

NEW 'A book [painting, poem, etc.] must be an ice-axe to break the seas frozen inside our soul.' -Franz Kafka. All artists (poets, painters, sculptors) are seeing something, learning something, and then saying something through their art. A scene or an experience has opened them up to a richer understanding. The talented artist will break up the frozen seas in our souls. This is a hands-on course that allows - or perhaps forces - class members to closely, slowly study poetry and art together. Lessons learned in one medium can be transferred to the other. We'll get closer to the mind of the artist in order open up our own awareness and appreciation. The purpose of the class is to move from art as a diversion to art as an opportunity for immersion. Two of the four classes will meet at the

VMFA. (This same class is offered in the morning on each date.)

T • Oct 25, Nov 1, 8, 15 • 1:00 PM–3:00 PM • \$60/silver
Leader: Riker Purcell

Going Hollywood!

LECTURE, DISCUSSION

NEW Discover Richmond's amazing Hollywood Cemetery where, among others, three presidents, numerous war veterans, a Virginia governor, a Pulitzer Prize-winning novelist, a Supreme Court justice, and other celebrities are inhabitants. Learning about Hollywood Cemetery is getting a crash course in Richmond history itself - amaze your friends and out-of-town visitors with your new knowledge of Richmond's Necropolis on the James.

W • Oct 26 • 10:00 AM–12:00 PM • \$20/silver •
Leader: Alyson Taylor-White

Behind the Scenes at Community Idea Stations

TOUR

REPRISED What does it take to bring us the wonderful programming we enjoy on public television and radio? See one of the largest television studios in the mid-Atlantic, visit WCVE's radio studios, and learn about the Stations' educational outreach.

W • Oct 26 • 1:00 PM–3:00 PM • \$20/silver •
Leaders: Gabrielle Jones, Curtis Monk

Social Security, Medicare, and the Impact of Inflation

LECTURE, Q&A

NEW Are you familiar with recent Social Security changes and how to maximize benefits? What does Medicare cover? How does inflation impact retirement? Come to this class for current information on these important issues. (This class is also offered on Sep 28 and Nov 9.)

W • Oct 26 • 7:00 PM–9:00 PM • \$20/silver •
Leaders: John Sarrett, Coley Eckenrode

Campus Walk with UR Museum Visits

Ri Se REPRISED A walk throughout the beautiful University of Richmond campus will be combined with viewing of the current exhibits at the Harnett Museum of Art, the Lora Robins Gallery of Design from Nature, and the Carole Weinstein International Center Gallery.

R • Oct 27 • 9:30 AM–11:30 AM • Free •
Leaders: Marshall Ervine, Floyd Myers
Register at osher.richmond.edu

You Did What? I Wrote A Book For Children

LECTURE, Q&A, BOOK SIGNING

NEW Writer Bill Pike and artist Nell Chesley will talk about the teamwork involved in developing three books for children: 'The Last Pumpkin,' 'Murray and the Mud-mumblers,' and 'The Principal's Pink Tutu Run.' Come hear about the process, the collaboration, and the many new skills acquired before having a printed book in hand.

R • Oct 27 • 1:00 PM–3:00 PM • \$20/silver •
Leaders: Bill Pike, Nell Chesley

The Atomic Bomb and American Foreign Policy

READING, LECTURE, DISCUSSION

NEW How have American decision-makers dealt with the advent of the Atomic Age and the subsequent decades when atomic bombs were central to US international security policy? This course addresses that question, as well as the traces the biography of the bomb, i.e., how the key dimensions of nuclear policymaking evolved from the end of WW II to the contemporary challenge of nuclear terrorism and of nuclear proliferation in such cases as Iran and North Korea. Preliminary reading: John Lewis Gaddis, 'Strategies of Containment: A Critical Appraisal of Postwar American Security Policy' (Oxford: Oxford University Press, 2005).

R • Oct 27, Nov 3, 10, 17, Dec 1 • 3:30 PM–5:30 PM • \$60/silver •
Leader: Jack Kangas

Our History

Established in 2004 at the University of Richmond's School of Professional and Continuing Studies, the Osher Lifelong Learning Institute operates through the support of its members, the University of Richmond, and an endowment from the Bernard Osher Foundation of San Francisco. There are 119 Osher Institutes in colleges and universities throughout the United States. We offer intellectual stimulation and civic engagement in a community of lifelong learners age 50 and better.

Through the Osher Institute you may rediscover your love for learning on the beautiful University of Richmond campus. We offer a wide array of academic courses and programs year round, in the spring, summer and fall semesters. Osher offerings include undergraduate credit courses for audit, special interest groups, mini-courses, free lectures, and more. There are no entrance requirements, no tests and no grades. In fact, no college background is needed at all—it's your love of learning that counts. If you're 50 or better with a curious mind and a keen interest in learning, we'd love for you to join us.

Superfoods for Healthy Living

Ri **NEW** What is a superfood and why is it important to include in a healthy diet?

Come enjoy a healthy lunch and then hear a lecture by dietician Paula Harrison outlining the benefits of ingesting superfoods and highlighting specific ones on that day's menu.

F • Oct 28 • 11:30 AM–1:30 PM • \$50/gold & silver

Leaders: David Booth, Paula Harrison

Learn to Cook 25 Southern Classics 3 Ways

LECTURE, DEMONSTRATION, BOOK SIGNING

NEW In this class, we'll be talking about not only southern cuisine, but also international and contemporary versions of southern classics. Chef Jenny will demonstrate a few recipes and give out samples. She will talk about her path to becoming a food writer and conclude with a book signing.

F • Oct 28 • 2:30 PM–4:30 PM • \$20/silver • Leaders: Jennifer Brulé

Taking Your Passion to the Next Level: A Workshop for Developing and Leading Osher Courses

Bo Are you contemplating teaching an Osher course? Facilitated by Osher members who lead courses, this session covers the ingredients of peer-led Osher Institute courses.

M • Oct 31 • 1:00 PM–4:00 PM • Members Free • Leader: Bill Bailey

Wicked Ways: Witches, Ghosts, and Alchemy in the Rare Book Room

Ri Bo **NEW** We will explore books from Rare and Special Collections

dealing with early ideas about the devil, witches and alchemy, and move forward to ghosts, and other spooky things in texts, fiction, and illustrations.

M • Oct 31 • 1:00 PM–3:00 PM • Members Free • Leader: Betty Dickie

NOVEMBER

Fools & Crazy Men: A Short History of Submarine Warfare

LECTURE, Q&A

NEW This course will survey the development of the submarine as a modern weapon of war starting with some half-baked ideas, reviewing its successes and failures in four extremely important warfare campaigns and finally looking at where it is today and what the future may hold.

W • Nov 2, 9, 16 • 10:00 AM–12:00 PM • \$60/silver • Leader: William Riffer

Spy Tour of Washington DC

FIELD TRIP

NEW Your mission, if you choose to accept it, is to tour espionage sites in Washington, DC; observe the cafe where a Soviet spy escaped his CIA handlers; and visit drop points used by agents such as FBI spy Robert Hanssen. Since its earliest days, Washington, DC has been the scene of international intrigue, espionage, and intelligence activity, as the US government has tried to learn the plans of other countries while keeping its own plans secret. This all-day bus tour will introduce you to many of the locations in and around Washington that have been associated with intelligence and counter-intelligence activities for the past 200 years. Some walking is required.



Osher Speakers Bureau

Need a speaker for your club or book group? The Osher Speakers Bureau can provide presentations on the history and current offerings of the University of Richmond's Osher Institute. For more information contact Peggy Watson at margaret.watson@richmond.edu or (804) 287-6344.

Please dress for the weather and bring cash for lunch.

R • Nov 3 • 7:30 AM–5:30 PM • \$95/gold & silver •
Leaders: Francis Gary Powers, Jr., Carol Bessette

Connectivity and Aging

LECTURE, DISCUSSION

NEW What do we all need to know as we age? This class will explore biological, psychological, sociological and spiritual connectivity, aging and longevity.

R • Nov 3 • 10:00 AM–12:00 PM • \$20/silver • Leader: Jay White

You've Seen the Movie: Now for the Rest of the Story

LECTURE, DISCUSSION

NEW The movie 'Love and Friendship' is based on Jane Austen's 'Lady Susan,' a brilliant novella only 120 pages long. It is a delight of glorious barbs, and everyone lives happily ever after. It is also a PERFECT description of a narcissist written 150 years before the diagnosis was used by mental health professionals. Come hear a psychologist and Austen fan discuss the book, the movie, and the diagnosis.

R • Nov 3 • 1:00 PM–3:00 PM • \$20/silver • Leader: Arlene Lerner

How Should Judges Interpret the Constitution?

LECTURE, DISCUSSION

Ri **NEW** This course will explain the nature of constitutional adjudication and then critically examine the different ways of interpreting the Constitution, e.g. the late justice Scalia's theory of originalism.

F • Nov 4, 11, 18 • 10:00 AM–12:00 PM • \$60/silver • Leader: Ellis West

From Reconstruction to Integration: The Evolution of Henrico Schools

LECTURE, DISCUSSION

NEW This course will cover the post-Civil War establishment of

a free, formal education system through the long road to integration. Topics of discussion will include 100 years of school settings, changing curricula, and the impact of political and economic issues.

F • Nov 4, 11, 18 • 1:00 PM–3:00 PM • \$60/silver • Leader: Kim Sicola

Mitochondrial Biology in Health, Fitness, Disease Prevention, and Aging

LECTURE, Q&A

NEW Mitochondria are the dynamos inside each of your cells which power your muscles, heart, brain, and every healthy process in the human body. This lecture series will offer practical advice regarding health and disease prevention, how to maximize one's inner energy for athletic performance, the latest in mitochondrial research, the latest theory of aging, and how to slow the aging process.

F • Nov 4, 11, 18 • 3:30 PM–5:00 PM • \$60/silver • Leader: Mark Hom, M.D.

Cool Flicks: More of the Greatest Comedies

MOVIES, DISCUSSION

UPDATED Join Dan Begley in the ongoing quest for the funniest movies of all time. This fall we will watch and discuss these films: 'Network' (1976) - a film 40 years ahead of its time, 'She Done Him Wrong' (1933) with May West and Cary Grant (so hot you should bring a hand fan), and 'Ladykillers' (1955) - the British farce version.

M • Nov 7, 14, 21 • 1:00 PM–3:00 PM • \$60/silver • Leader: Dan Begley

Normandy Then and Now: Plus Mont Saint Michael and Monet's House and Gardens at Giverny

LECTURE, Q&A

NEW Join this class for a pictorial tour of the Normandy battlefields with emphasis on the American Sector beaches, Ponte du Hoc, and St. Mere Eglise. We will provide an overview of the important locations

of the main battles of the Normandy campaign from a strategic perspective. We will cover the American cemetery, including its Virginia connections. We will conclude with Mont Saint Michael and Monet's home and gardens in Giverny.

M • Nov 7, 14, 21 • 3:30 PM–5:30 PM • \$60/silver •
Leaders: Ronald Rubinstein, Phyllis Rubinstein

Apple iPhone Essentials

LECTURE, HANDS-ON, Q&A

NEW Are you using an iPhone or thinking about buying one? This class will review the following: (1) physical features; (2) security, backup, and other key settings; (3) how to install, organize, and delete apps; (4) Camera and Photos apps; (5) using email and sharing photos; (6) messaging/texting; (7) playing and storing music; (8) how iCloud works; and (9) maps and navigation. If you plan on using your iPhone to follow along during class, your phone should be a model 5s or newer, updated to the latest iOS version, and you should know your Apple ID and password. You can email the course leader at westcobb@gmail.com with any questions regarding the course.

T, R • Nov 8, 10, 15, 17 • 9:30 AM–11:00 AM • \$60/silver • Leader: West Cobb

Social Security, Medicare, and the Impact of Inflation

LECTURE, Q&A

NEW Are you familiar with recent Social Security changes and how to maximize benefits? What does Medicare cover? How does inflation impact retirement? Come to this class for current information on these important issues. (This class is also offered on Sep 28 and Oct 26.)

W • Nov 9 • 3:30 PM–5:30 PM • \$20/silver • Leaders: John Sarrett, Coley Eckenrode

19th c. American Women's Travel Writing: Carpetbags of Culture

READING, LECTURE, DISCUSSION

NEW Join us to discover the what, why, and importance of American women's travel writing, 1830-1900. In and between the lines of their accounts of travel, and despite the cultural disapproval of the fairer sex 'going public' through publication, women used travel writing to re-write American culture and the concept of 'woman' as well. Required reading: 'Telling Travels: Selected Writings by 19th Century American Women Abroad' from Northern Illinois University Press and available through Amazon.

R • Nov 10, 17 • 1:00 PM–3:00 PM • \$40/silver • Leader: Mary Schriber

Spanish - ¡Más español por favor!

LECTURE, ACTIVITIES

Ri **NEW** Welcome back to your Spanish journey! This course is a continuation of Basic Spanish and/or Level II including review, new vocabulary, and new practice exercises. Attention will be given to developing your pronunciation skills and understanding audio/visual Spanish scenarios. Students will be provided with a workbook which will guide our sessions. Students from any previous sessions are welcome. Our last class will include a holiday 'mini-fiesta.' ¡Hasta pronto!

M • Nov 14, 21, 28, Dec 5, 12 • 11:00 AM–12:00 pm (Dec 12 until 12:30 pm) • \$60/silver •

Leader: Mary Catherine Raymond

iPad Basics

LECTURE, DEMONSTRATION, ACTIVITIES, Q&A

REPRISED Are you getting the most out of your new iPad? Learn short cuts, tricks, and how to make your iPad your own. Overview of basics i.e., setting up apps and more. Expect generous Q&A time and email communication with instructor. For students who own iPad 2nd generation and up with

OS 7.0+ software and are registered on UR network (instructions online at <http://is.richmond.edu/get-connected/mobile-devices/iOS-wireless.html>). You may also contact the course leader at ipad-basics@aol.com for help related to the software update.

T • Nov 15, 22 • 10:30 AM–12:30 PM • \$40/silver • Leader: Betsy Y. Spath

Hidden Treasures: UR's Galvin Rare Book Room

Ri Bo Are you curious about what hidden treasures are housed in Boatwright Library's Rare Book Room? This session will provide an introduction to the resources and materials available in the newly renovated Galvin Rare Book Room and Special Collections. Participants will discover many highlights from the collections.

R • Nov 17 • 10:00 AM–12:00 PM • Members Free • Leader: Lynda Kachurek

L'Chaim! Richmond Revealed!

LECTURE, DISCUSSION, FIELD TRIP

NEW You might be interested to learn that Richmond has some of the most fabulous Jewish history in the United States. If you have not yet explored our city's rich Jewish culture, this course is for you!

M • Nov 21, 28 • 9:30 AM–11:30 AM • \$40/silver • Leader: Alyson Taylor-White

Osher Member Orientation

Bo Learn from other Osher members how to access and fully enjoy the many benefits of being an Osher member and a member of the UR community.

T • Nov 22 • 10:00 AM–12:30 PM • Members Free •

Leaders: Osher Membership Team

Campus Walk/Tour

Ri Se Join us for a walking tour of the beautiful University of Richmond campus. Led by Osher members, the tour provides an orientation to important campus locations, including the Heilman Dining Center, One Card Office, Post Office, other food sites, and parking lots. Also included will be the locations of Osher member benefits, including the Modlin Center for Performing Arts and the Boatwright Library. We will begin our tour at the location of the Osher Member Orientation, as soon as it's completed. Note: Good walking shoes are recommended.

T • Nov 22 • 11:30 AM–1:00 PM • Free • Leaders: Osher Membership Team
Register at osher.richmond.edu

Book Arts Adventures

Ri Bo **NEW** Students will learn how to bind a simple pamphlet structure book with a decorative paper cover. We will cover the basics of paper folding and sewing. This course will also introduce students to letterpress printing on a platen press. Everyone will learn basic press operation and go home with a letterpress printed card. No prior experience is necessary!

M • Nov 28, Dec 5 • 1:00 PM–3:00 PM • Members Free • Leader: Andrea Kohashi

Bounty of Boatwright

Ri Bo Join us for a tour of the University of Richmond library, and learn how to access and enjoy the wonderful resources available to you as an Osher member. We'll answer questions such as: How do I find the books that I am most interested in? What about magazines and journal articles? What services can I access at the library that I would NEVER think of? What are all the databases? How do I find them? What do I use them for?

T • Nov 29 • 10:00 AM–12:00 PM • Members Free •

Leader: Carrie Ludovico

Richmond: One of Travel and Leisure's Best Places to Travel in 2016

LECTURE, Q&A

Se **NEW** Travel and Leisure's editors thoroughly and meticulously consider a variety of factors in its annual selection of places to go. Which under-the-radar gems are most exciting? This year's list ranges from the Andaman Islands off India to Ghent, Belgium (home to a culinary revolution) to the canal town of Aarhus, Denmark. Closer to home, once-overlooked spots have proven themselves worthy of another glance. Our bike-friendly town of Richmond has standout architecture, a burgeoning art and food scene, and a brand-new design hotel. Come hear how Virginia's capital, with its distinctive architecture and intriguing galleries, along with craft breweries and fabulous restaurants, has started to draw a cosmopolitan crowd and what all this means for Richmond's economy.

T • Nov 29 • 1:00 PM–3:00 PM • Free • Leader: Jack Berry
Register at osher.richmond.edu

India: A Look at its History and its Geography

LECTURE

NEW Come learn how the geography of the subcontinent has shaped the history and culture of India.

W • Nov 30 • 10:00 AM–12:00 PM • \$20/silver • Leader: Shantaram Talegaonkar

DECEMBER

To Have a Good Life, One Must Want to Lead a Good Life

LECTURE, DISCUSSION

NEW The session will assist grandparents and others to answer and act on these questions: Is there a simple recipe to build good character? What moral stage am I in right now? What constitutes happiness? Besides lecture-discussion, participants will engage in two interactive activities, and there will be helpful handouts provided.

R • Dec 1 • 10:00 AM–12:00 PM • \$20/silver • Leader: Peter Greer

A Dickens of a Christmas Carol: Performance and Discussion

PERFORMANCE AND DISCUSSION

Se **REPRISED** After a short introduction on the life and times of Charles Dickens, Dr. Douglass will perform a dramatic reading of 'A Christmas Carol,' following the Victorian tradition of public readings. This will be followed by an open discussion of this literary work.

R • Dec 1 • 1:00 PM–3:00 PM • Free • Leader: Eric Douglass
Register at osher.richmond.edu

Making History: Transcribe! with the Library of Virginia

LECTURE, HANDS-ON

Participate in enhancing access to collections of 400 years of Virginia history. From peace-time to wartime, from court records to letters home, there is something for everyone. Volunteers transcribe handwritten pages by reading the written text and typing it into digital form.

T • Dec 6 • 10:00 AM–12:00 PM • \$20/silver • Leaders: Sonya Coleman, Adrienne Robertson



Osher Institute Travel

We have great trips planned for 2016–2017. Here's the run-down:

2016

Ireland: October 21 – 28, 2016
 Great Canadian Cities: September 21 – 29, 2016
 Costa Rica: November 2 – 10, 2016

2017

Quito and the Galapagos Islands: April 24 – May 1, 2017
 Old World Prague and the Blue Danube: April 23 – May 5, 2017

We have literature and reservation forms in the Osher Office.

Several of these trips are customized just for our Osher Institute and are coordinated by Osher members/instructors. Others are planned as partnerships with other Osher Institutes across the nation. Our hope is that you will be traveling with like-minded people with similar interests.

As always, let us hear from you as to where you'd like to travel. For questions or comments, please contact Peggy Watson at **margaret.watson@richmond.edu**.

History of Richmond Craft Beer Part I: Legend Brewing Co.

FIELD TRIP

NEW Join this class for a brief talk about craft beer in general and about Legend Brewery more specifically. Then enjoy a tour of the Legend facility, topped off with an optional tasting.

W • Dec 7 • 3:00 PM–5:00 PM • \$20/silver • Leader: Wade Reynolds

UR Behind the Scenes: The Cannon Memorial Chapel

LECTURE, TOUR

Ri Bo REPRISED This stately building with the dramatic stained glass windows has served the UR campus since its dedication in 1929, not only for religious services but also for cultural and academic events. Learn more about Cannon Chapel, which recently underwent a major renovation and was designated a National Historic Landmark in 2013. We will also include the Columbarium and the Wilton Center in this program.

F • Dec 9 • 10:00 AM–12:00 PM • Members Free • Leader: Betty Ann Dillon

Tour of UR's Historic Bottomley House

LECTURE, TOUR

Ri Bo REPRISED Although the Jepson Alumni Center is a modern facility completed in 1997, its history dates back to 1915. In that year, William Lawrence Bottomley, the eminent early 20th-century New York architect, designed and built his first house in the Richmond area. The historic 6,000 square-foot home was located just across River Road from the University of Richmond, which had established itself in the neighborhood just the year before. Come learn how this historic home was acquired by UR and moved onto campus. Attendees will tour the home and hear about its many lovely features.

F • Dec 9 • 1:00 PM–3:00 PM • Members Free • Leader: Betty Ann Dillon



Osher Volunteer Leadership Opportunities

The Osher Lifelong Learning Institute depends on its members to volunteer to help with many aspects of the institute: serving as class assistant, leading an Osher class, and serving on Osher project teams and on the Osher Leadership Council.

Leadership Council members for 2016 include:

Landon Woody, Chair,
landonhw@gmail.com
Charlie Huffstetler, Vice-Chair,
clh1146@verizon.net
George Pangburn, Past Chair,
gcpangburn@hotmail.com

Ruth Blevins
Peter Goodman
Don Miller
Lee Ann Pickering
David Owens
Linda Ventura

Project teams include:

- Curriculum
- Development
- Leader Support
- Marketing
- Membership
- Newsletter

Details of leadership opportunities are online at osher.richmond.edu.

Interested in serving?
Contact **Peggy Watson** at
margaret.watson@richmond.edu.

Osher Interest Groups

Formed and led by Osher members, our vibrant Osher interest groups are listed below. More details about interest groups are online at osher.richmond.edu. An Osher Institute membership is required for interest group participants.

Bicycling

This group will explore bike trails mainly in the Richmond area, with possible rides on trails around Virginia. Group members will use their personal bikes and helmets and provide their own transportation to the bike trails. Most rides will be on week days, of moderate difficulty, and several hours duration. The group coordinator is John Votta at johnjoy2you@verizon.net. All participants are required to sign a liability release form.

Bridge

The social/party/duplicate bridge group meets on the first Friday of each month at 1 PM. A short bridge lesson is taught at the beginning of each session. Please contact Ellen Hollands at efine98@aol.com or (804) 741-0221 if you are interested in joining. These are FUN groups. All levels are welcome!

Great Conversations

For the past eight years our group has been discussing short stories, essays and poetry, with a few longer readings mixed in. The subjects of our chats? This, that and the other thing. As one of our members said long ago, "This is the beginning of a great adventure!" We've floated deep into the Heart of Darkness with Joseph Conrad; in 'Roman Fever', Edith Wharton allowed us to eavesdrop on a long-ago romantic rivalry between two wealthy matrons; Thucydides introduced us to power politics between Athens and Sparta with the tiny isle of Melos as the prize. The adventure continues! We hope you'll join us on the fourth Wednesday of every month from 2-4 PM for smart, friendly conversation about shoes and ships and sealing wax, not to mention cabbages and kings, and who knows what else? If you'd like to sign up, or have questions, please contact Vera Mulherin at paxvera@netscape.com.

Hikers

Come with us and explore the wonders of nature. The breathtaking waterfalls, wildlife, various plants and vegetation; not to mention historic urban settings. Our hikes run from September through June and cover an array of venues from the Shenandoah National Forest to urban hikes, and all points in between. Our hikes generally run between four and seven miles in length with varying degrees of difficulty and elevation change. We generally leave campus around 8 AM and return by 5 PM.

Fall/Winter Hike Schedule

Thursday, September 15th:
Powhatan State Park

Monday, September 26th:
Museum District/Scott's Edition

Thursday, October 13th:
Camp Hoover

Monday, October 24th:
Rivanna Trail

Thursday, November 10th:
Mary's Rock, Shenandoah National Park

Thursday, December 15th:
Lexington Urban Hike

Monday, January 16th:
Greenway Interpretive Trail/Williamsburg

For more information, contact the group coordinator; Tim Hanger at tmhang5@gmail.com. All participants are required to sign a liability release form.

Investments

Now is a great time to join the Investments group. Share your knowledge and gain new ideas that may help you in your personal portfolio. Participants assume any and all risks related to their investment decisions.

The group coordinators are:

Diane Andrews:
liasd1@gmail.com

Jerry Cooney:
jerrycooney@gmail.com

Dave Messenger:
ddmessenger87@gmail.com

Literary Dreamers

Osher members are welcome to join this group founded in 2001 by dedicated School of Professional and Continuing

Studies students. Readings range from academic non-fiction to literary fiction to popular fiction. The group coordinator is Kelly Winters at kwpw79@gmail.com.

Theatre Lovers

A love for live theatre is the only prerequisite for joining this interest group. This Osher interest group explores the Richmond theatre scene by selecting and attending various performances throughout the year. Here's what's in store for the 2016-2017 season:

Capitol Steps

Cultural Arts Center at Glen Allen
Saturday, 9/10/16, 5:00 pm

1776

Virginia Repertory Theatre
Sunday, 10/16/16, 2:00 pm

Scrooge in Rouge

Richmond Triangle Players
Sunday, 12/4/16, 4:00 pm

Complete Works of William Shakespeare: Abridged

Quill Theatre at the Cultural Arts Center at Glen Allen
Sunday, 1/29/17, 2:00 p.m.

A Time to Kill

VCU Theatre
Sunday, 2/19/17, Time to be announced

Something's Afoot

Swift Creek Mill Theatre
Sunday, 3/19/17, 2:30 pm

Beautiful

Altria Theatre
Sunday, 4/30/17, 1:00 pm

When There's a Will

CAT Theatre
Sunday, 5/21/17, 2:30 pm

Kinky Boots

Altria Theatre
Sunday, 6/4/17, 1:00 pm

In the Heights

Virginia Repertory Theatre
Sunday, 7/23/17, 2:00 pm

There is a wonderful social aspect to this group. When appropriate, we plan to gather after a performance for discussion and a meal. We also hope there will be occasions to go backstage and talk with local actors. To learn more and to join, please contact Linda Turner at lturner@richmond.edu.



Member Benefits at a Glance

- Membership is good for 12 months from date you join
- Several membership options
- Free Osher member orientation and tour

- Osher members receive a discount at the Modlin Center for the Arts
- Free parking on UR campus
- Unlimited borrowing privileges at the UR's Boatwright Library

- Use of more than 100 online databases at the UR Library
- UR 'One Card' used to access full privileges at the UR Library and discounts at some area retailers
- UR email address

- Daily 'SpiderBytes' notice of UR campus programs and events
- Access to UR help centers for preparing presentations and using technology
- Opportunity to audit credit classes
- Unlimited on campus Osher classes for Gold members

Explore your love of learning at UR's Osher Institute.

The Osher Lifelong Learning Institute combines intellectual stimulation and civic engagement with a vibrant community of like-minded students, age 50 and older.

We offer an extensive array of programs in the liberal arts in the fall, spring, and summer semesters. There are no entrance requirements, no tests, and no grades.

In fact, no college background is needed at all—it's your love of learning that counts. Join the fun today!

For more information, contact us today:

Margaret "Peggy" Watson, Director
 margaret.watson@richmond.edu
 (804) 287-6344

Debra Guild, Administrative Coordinator
 dguild@richmond.edu
 (804) 287-6608

